HOME ECONOMICS SEMINAR

Games people play

Have you ever had to go back in spaces because you did not know rice was a member of the bread and cereal group?

Then, maybe you were told to go fish for a vegetable.

No, well if you play one of the food games created by Morgan State College student teachers, you may experience that.

When the Maryland Home Economics Association held its Annual Spring Meeting, Morgan students took part in the last day of a three day symposium entitled "For the Individual." During this time, there was a meeting of the Maryland Home Economics Association's executive board members, research symposium on advertising effects of new loan consumer credit and personal development experiences.

The key speaker for Friday's banquet was Dr. Hiltgunt Zassenhaus, author and 1974 Nobel Peace Prize nominee.

Morgan's presentation was entitled, "The Games People Play."

Coranetta Jones and Mary Freeman were present to demonstrate seven original food and nutrition games.

"The games prove to be an extention of what is learned in school," said Ms. Jones, game instructress and student teacher.

One of the games on display was called "Labelation" by Marcia Brown. It teaches a student the parts of package labels and how to effectively read and evaluate food value. The matching principle is used to carry out the objective of this game.

The "Basic Four" by Vicki Ujcic can teach the food groups. Through memorization of each food group's daily requirement, the student improves his game. Consequently, he/she will have no difficulty remembering three pieces of fruit are needed daily for good health.

Joyce Valenza invented "Vary the Vegetables" which instructs the student in the variety of ways vegetables can be prepared.

The object of "Mouse Bait" is, "to acquaint the student with cheeses—their color and texture," says Joycelyn Trammell, inventor and student teacher. She added, "they can learn easier if they play."

The remaining three games and their investors not mentioned are: Sweet Tooth Old Maid, Gloria McCleary; Name That Food Group, Alice Murray; Madison Avenue, Janet Taylor.

Norma Maiden, home economics department head of Morgan State College, was on hand to converse with this reporter.

In her words, the purpose of the meeting was, "to provide suggestions for teachers for informal instruction methods . . . games provide an excellent informal method."

Though some games are designed for the junior and senior high levels, adaptation for elementary pupils can be made. This particularly refers to the custom made games, there were also nine commercial games on display. Names, addresses and prices of both types may be obtained by calling or writing Norma Maiden at Morgan State.

For a small fee, the original games will be reproduced.

Public forum

The Fourth District Democratic Organization will hold a public forum on April 28. The topic will be "Baltimore's Mass Transit Plan."

Featured speakers for the meeting will be Harry Hughes of the Department of Transportation and Larry Reich, director of Planning for the City of Baltimore.

The district headquarters at 1524 W. North Ave. will be the site for the 7:30 p.m. meeting.

Two Guys FOOD DEPARTMENT

Help Yourself to Values!

SALE TODAY thru SAT., APRIL 26,1975

PRODUCE DEPT.
FRESH FLORIDA Green Cabbage lb. 12¢
FRESH CALIFORNIA Strawberries pint 49¢
TANGY Florida Egg Plant 29¢
FRESH CRISP California Carrots 2 lb. cello bags 49¢
CRISP AIRE 2"-IN MIN McIntosh Apples 3 lbs. bags 69¢
FLORIDA INDIAN RIVER Seedless Grapefruit 5 bags 79¢

U.S.D.A. CHOICE Chuck Steak FIRST CUT lb. 69¢
U.S.D.A. CHOICE-SEMI-BONELESS CALIF. BOTTOM CHUCK Pot Roast lb. 1.19
U.S.D.A. CHOICE BONELESS CROSS RIB Shoulder Roast lb. 1.49

APPETIZING DEPT.
A&B GERMAN Bologna lb. 89¢
RICH'S Chicken Roll ALL WHITE MEAT 1/2-lb. 89¢
Mix or Match Loaves FRESH-ITALIAN KIELBASI OLD FASHION OR PEPPER LOAF 1/2-lb. 59¢
LANDO'LAKES-WHITE OR YELLOW American Cheese ½-lb. 65¢
ESSKAY BARBEQUE OR Ham & Cheese Loaf ½ lb. 79¢
AMERICAN KOSHER-ALL BEEF Skinless Franks lb. 1.19
IMPORTED Polish Picnic Roll ½-lb. 89¢

London Broil THICK CUT SHOULDER
Shoulder Steak BONELESS
Cube Steak LEAN & TENDER lb. 1.69

GOV'T INSPECTED Chicken Breast or Leg QTRS.—WING ON QUARTERS BACK ON lb. 59¢

ESSKAY FROM YOUNG PORKERS
Roasting Pork FRESH PICNIC SHOULDER lb. 59¢
Pork Roast LOIN PORTION lb. 99¢ RIB PORTION lb. 89¢
Pork Chops or Roast CENTER CUT lb. 1.39
COUNTRY STYLE Spare Ribs lb. 99¢
QUARTER LOIN 9-11 Chops ENDS & CENTERS lb. 1.19

Esskay Franks—ALL VARIETIES lb. 1.09
ESSKAY Smoked Pork Picnic lb. 75¢
HYGRADE SEMI BONELESS Smoked Ham—CRYVACK HALVES lb. 1.29
U.S.D.A. CHOICE Bottom Round Roast lb. 1.59
GOV'T INSPECTED Chicken Legs THIGH ON lb. 69¢
HYGRADE'S Beef or Meat Franks lb. 89¢
HYGRADE'S Ball Park Franks MEAT OR BEEF lb. 1.19
SWIFT PREMIUM Meat or Beef Franks lb. 89¢
SWIFT PREMIUM Smoked Daisy BONELESS NECKS lb. 1.49

DAIRY DEPT.
ROYAL DAIRY-LARGE OR SMALL CURD SAVE 19¢ Cottage Cheese 2 lb 99¢
SAVE 20¢ PROMISE-QUARTERS Margarine 1-lb. pkg. 69¢
SAVE 20¢ BORDEN'S ALL VARIETIES Cheez-Kisses 7-oz. bag 69¢
SAVE 10¢ DAIRY FRESH Orange Juice ½-gal. glass 79¢

ICE CREAM DEPT. FARMSTEAD Ice Cream ALL FLAVORS ½ Gal 99¢

FROZEN FOOD DEPT.
Green Giant Vegetables WITH BUTTER SAUCE Niblets Corn or Med. Peas SAVE 48¢ 3 10-oz. pkg 99¢
SAVE 18¢-JOHN'S Cheese or Sausage Pizza 14-oz. pkg 79¢
SAVE 10¢-MOORE'S Onion Rings 1-lb. bag 69¢
SAVE 10¢ Ronzoni Baked Ziti 20-oz. pkg 79¢
SAVE 14¢ TASTE OF SEA Flounder or Sole Dinners 9-oz. pkg 55¢
SAVE 20¢ TEMPLE CHICKEN OR SHRIMP Chow Mein 2-lb. pkg 1.39
HEINZ REG OR CRINKLE CUT SAVE 36¢ Deep Fries 3 12-oz. pkg 99¢

DEL MONTE YELLOW CLING Peaches SLICES OR HALVES 29-oz. can 49¢
BREAST O' CHICKEN Chunk Light Tuna IN OIL 6½-oz. can 39¢
Two Guys Mayonnaise 32-oz. jar 89¢

HESTLE'S CRUNCH-MILK CHOCOLATE, ALMOND OR CHOCOLITE King Size Bars 6-oz. bar 59¢
ALL FLAVORS Shasta Soda 3 28-oz. bottle $1
Gina Blended Oil gal. tin 3.99
Ivory Liquid Detergent 48-oz. bottle 1.19
Two Guys Low Suds Detergent 49-lb. 9.59
Bounty Jumbo Towels 120 ct 49¢
WAGNER Juice Drink -ALL FLAVORS 32-oz. bottle 39¢
Cold Power Detergent 49-oz. box 1.09
Hunt's Tomato Sauce 2 15-oz. cans 59¢
HERSHEY'S Instant Chocolate 2-lb. can 1.49

SPRING CLEANING SPECIALS!
COMET-2¢ OFF LABEL Cleanser 6 14-oz. cans 99¢
10¢ OFF LABEL Top Job 28-oz. btl. 69¢
10¢ OFF LABEL Spic & Span 54-oz. box 89¢
DEL MONTE Peas or Cream Style Corn 3 16-oz. cans $1

ANN DALE Peanut Butter Creams 14-oz. 69¢

BAKERY SPECIALS
Two Guys WHITE BREAD 22-OZ LOAF 3 FOR $1
Two Guys English Muffins 4 pkg of 8 99¢
Two Guys REAL JEWISH Rye & Pumpernickle 1-lb. 6-oz 59¢
Two Guys Blueberry Pie LARGE 8-inch 79¢
Two Guys Pretzel Thins 3 7-oz bag $1

TOILETRIES DEPT.
Ban Roll-On Deodorant 77¢ EA. Reg. 1.09 Choose reg. or unscented 1¼-oz. btl.
Tylenol Tabs For people who can't take aspirin box of 100 1.88 Reg. 2.40
Kotex Sanitary Napkins Reg. or Super box of 30 1.39 EA.
Clairol Condition 2-OZ TUBE Hair Conditioner Reg. 1.25 99¢
Myadec Hi-potency multi vitamins box of 100 3.97 Reg. 5.98
Lanacane Cream 99¢ Reg. 1.25 Helps stop itching 1-2-oz tube

HOUSEWARES DEPT.
"Vanish" Toilet Bowl Cleaner 48-oz. crystals 79¢ Reg. 89c
"Windex" Refill 49¢ Reg. 69c 20 ounce liquid
Lysol Spray Disinfectant 77¢ Reg. 89c 7 ounces
WEEKLY BONUS SPECIAL DOW 17-OZ. Bathroom Cleaner YOU PAY 66¢ WITH A FOOD PURCHASE OF $2.00 OR MORE HOUSEWARES DEPT

Two Guys WITH THIS COUPON YOU PAY 5¢ Chef's Choice-Crinkle Cut 9-oz. pkg. Potatoes One coupon per customer. Good thru Sat., April 26, 1975
Two Guys COUPON save 10¢ Toward the purchase of ANY BAG OF Florida Oranges One coupon per customer Good thru Sat., April 26, 1975.
Two Guys COUPON save 40¢ Toward the purchase of ANY FLAVOR-1/2-GAL. Borden's Ice Cream One coupon per customer Good thru Sat., April 26, 1975.

Two Guys VALUABLE COUPON SAVE 25¢ WITH THIS COUPON Toward the purchase of MAXWELL HOUSE COFFEE 1-LB. CAN GOOD ONLY AT TWO GUYS
Two Guys VALUABLE COUPON SAVE 10¢ WITH THIS COUPON Toward the purchase of WHEATIES 12-OZ. BOX GOOD ONLY AT TWO GUYS
Two Guys VALUABLE COUPON SAVE 15¢ WITH THIS COUPON Toward the purchase of FINAL TOUCH FABRIC SOFTENER 33-OZ. BTL. GOOD ONLY AT TWO GUYS
Two Guys VALUABLE COUPON SAVE 15¢ WITH THIS COUPON Toward the purchase of KEEBLER ZESTA SALTINES 16-OZ. BOX 39¢ W/COUPON SAVE 24¢ GOOD ONLY AT TWO GUYS
Two Guys VALUABLE COUPON SAVE 25¢ WITH THIS COUPON Toward the purchase of 2 BOXES HAMBURGER HELPER-ALL VARIETIES AND SIZES GOOD ONLY AT TWO GUYS
Two Guys VALUABLE COUPON SAVE 10¢ WITH THIS COUPON Toward the purchase of GOLD MEDAL FLOUR 5-LB. BAG GOOD ONLY AT TWO GUYS
Two Guys VALUABLE COUPON SAVE 10¢ WITH THIS COUPON Toward the purchase of SEVEN SEAS FRENCH DRESSING 8-OZ. JAR GOOD ONLY AT TWO GUYS
Two Guys VALUABLE COUPON SAVE 18¢ WITH THIS COUPON Toward the purchase of 3 BARS PHASE III 5-OZ. SOAP BATH SIZE GOOD ONLY AT TWO GUYS

Two Guys FOOD DEPARTMENT
TOWSON Joppa Rd. & Goucher Blvd 9:30 A.M. Til 10 P.M. CLOSED SUNDAY
DUNDALK Merritt Blvd. & German Hill Rd. Open Daily 9:30 A.M. Till 10 P.M. CLOSED SUNDAY
BALTIMORE 2401 Belair Road Open Daily 9:30 A.M. Til 10 P.M CLOSED SUNDAY

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