You Win. Because We Don't Play Games...

Pantry Pride

No Hidden Bone Game

Our meat is packaged best-side down. No bad surprises when you get it home.

PANTRY PRIDE
SAVE 19¢ CASH
ENRICHED gold medal flour 5-lb. bag 79¢
WITHOUT COUPON ..... 98¢
LIMIT ONE
WITH THIS COUPON AND ANY OTHER PURCHASE EFFECTIVE FROM MON. MAR 3 THRU SAT. MAR 8 1975
461 BV10 M9
LIMIT ONE COUPON

PANTRY PRIDE
SAVE 40¢ CASH
DELICIOUS max pax coffee 12-oz. can 99¢
WITHOUT COUPON $1.39
LIMIT ONE
WITH THIS COUPON AND ANY OTHER PURCHASE EFFECTIVE FROM MON. MAR 3 THRU SAT. MAR 8 1975
462 BV30 M10
LIMIT ONE COUPON

CONSUMER CORNER

NATIONAL NUTRITION WEEK

This is National Nutrition Week, but here at Pantry Pride it's our intention to be nutritious every week.

This year more of our good intentions are being realized. More of you are talking nutrition while you shop, reading labels, comparing nutrient values.

And more Pantry Pride product labels are carrying nutrition information that's really informative and worth reading.

We published a delightful pamphlet (pardon my pride) on Nutrition labels a few months back. It explains the new labels and has lots of examples in an easy-to-read style. If you missed it in our stores and would like a copy send your name and address to: Nutrition Labels, P.O. Box 7375, Philadelphia, Pa., 19101.

Mona Doyle
Director of Consumer Affairs

SEAFOOD

fresh sea trout WISE BUYS lb. 49¢

breaded shrimp	ELDORADO, READY TO FRY 2-lb. box	$2.65
	MINI, ROUND 1-lb. box	$1.35
extra large shrimp	AVG. 22 PER LB. FROZEN FRESHWATER lb.	$2.19
flounder n' deviled crab	WAKEFIELD FROZEN 8-oz. pkg.	$1.39
snow crab meat	WAKEFIELD FROZEN COOKED-READY TO EAT 6-oz. pkg.	$1.69
deviled crab	WAKEFIELD HEAT & SERVE 10-oz. pkg.	$1.39
cooked shrimp	ELDORADO, CLEANED & PEELED READY TO EAT 8-oz. bag	99¢

fresh spanish mackerel WISE BUYS DELICIOUS BAKED OR BROILED lb. 55¢

THE ABOVE PRICES DO NOT APPLY IN OUR SELF-SERVICE SEAFOOD DEPT. AT OUR LIBERTY COURT STORE WHERE FRESH FISH ARE CLEANED, PACKAGED AND OPEN DATED DAILY

DELI

sliced bologna PANTRY PRIDE REGULAR OR BEEF 1-lb. pkg. 99¢ WISE BUYS

FRANKS OR KNOCKWURST american kosher	12-oz. pkg.	$1.19
PICKLE & PIMENTO OR OLIVE LOAF pantry pride meats	8-oz. pkg.	59¢
PANTRY PRIDE sliced bacon	lb. pkg.	$1.39
AMERICAN KOSHER midget salami OR MIDGET BOLOGNA	12-oz. pkg.	$1.19

BAKERY

white bread VALU LOAF SLICED 3 22-oz. loaves $1.00

PANTRY PRIDE VS. MAXWELL HOUSE INSTANT COFFEE

TASTE TEST RESULTS

Average Score % Preferred	PANTRY PRIDE 4.66 70%	NATIONAL BRAND 4.26 30%

Here's a sample of our official TASTE TASTE BOOK showing just how one Pantry Pride brand product (instant coffee) scored in impartial Customer taste tests against the best selling national brands. For complete test results on 128 Pantry Pride products ask to see the TASTE TEST BOOK — now in your Store Manager's office

PRODUCE

navel oranges SUNKIST 88 SIZE WISE BUYS 10 for 99¢

idaho baking potatoes	U.S. NO 1 (The Real Thing!) 5 lb. bag	69¢
tender crisp carrots	2 lb. bags	49¢

seedless grapefruit FLORIDA WHITE LARGE 27 SIZE WISE BUYS 5 for $1.00

crisp celery hearts	bunch	39¢
western d'anjou pears	lb.	33¢

winesap apples CRISP TANGY WISE BUYS 3 -lb. bag 79¢

APPETIZER

EVERYTHING SLICED TO ORDER AVAILABLE AT MOST STORES

turkey roll WHITE MEAT ½-lb. 99¢

OLIVE, PICKLE & PIMENTO baked loaves	½-lb.	59¢
LARGE goetze's bologna	½-lb.	59¢
SLICED TO ORDER american cheese	½-lb.	69¢
POTATO OR MACARONI fresh salads	lb.	49¢

DAIRY

american CHEESE FOOD SLICES PANTRY PRIDE INDIVIDUALLY WRAPPED 12-oz. pkg. 79¢ WISE BUYS

FLUFFY pantry pride biscuits	4 8-oz cans	59¢
KRAFT whipped cream cheese	8-oz cup	59¢
BOWL pantry pride margarine	lb.	69¢
PANTRY PRIDE cottage cheese	lb. pkg.	53¢

bold detergent FOR HOME LAUNDRY NEEDS 49-oz. box $1.39

open sunday 9 a.m. 'til 4 p.m. EXCEPT WHERE NOTED

- ARBUTUS SHOPPING CENTER MAIDEN CHOICE LANE
- FRANKFORD PLAZA SHOPPING CENTER 6625 MORAVIA RD
- 7046 WISE AVE., AT LYNCH RD.
- HARUNDALE MALL, GLEN BURNIE, MD
- HILLENDALE SHOPPING CENTER
- SEVERNA PARK - RITCHIE HWY. OLD ANNAPOLIS RD.
- 4210 FRANKFORD AVE. - AT BELAIR RD.
- PAROLE PLAZA - ANNAPOLIS, RD. 10 a.m. til 6 p.m.
- PERRING PARKWAY - AT MCCLEAN BLVD. 10 a.m. til 6 p.m.
- CEDONIA MALL 10 a.m. til 6 p.m.
- PADONIA VILLAGE SHOP. CNTR. TIMONIUM 10 a.m. til 6 p.m
- OAKLAND MILLS SHOP. CNTR. COLUMBIA 10 a.m. til 6 p.m
- MIDDLESEX SHOPPING CENTER 10 a.m. til 6 p.m.
- HARFORD MALL, BELAIR RD. 10 a.m. til 5 p.m.
- SECURITY SHOPPING CENTER 10 a.m. til 5 p.m.
- WESTVIEW SHOPPING CENTER 10 a.m. til 5 p.m.
- LIBERTY COURT DISCOUNT CENTER 10 a.m. til 5 p.m.
- ROUTE 40 — HAVRE DE GRACE 10 a.m. til 5 p.m.
- REISTERSTOWN SHOPPING CENTER, REISTERSTOWN 10 a.m. til 5 p.m.
- SEMINARY SHOPPING CENTER, LUTHERVILLE, 10 a.m. til 5 p.m.

HEALTH & BEAUTY AIDS

breck shampoo NORMAL OILY OR DRY 15-oz. bottle $1.49 BRECK CREME RINSE 15-oz. bottle $1.29

35¢ OFF LABEL prell concentrate shampoo	7-oz. tube	$1.39

secret deodorant SUPER SPRAY 4-oz can ANTI-PERSPIRANT 6-oz can $1.05 each

SAVE 50¢

SUGAR

PANTRY PRIDE GRANULATED $1.99 WISE BUYS 5 -lb. bag

WITH A $10.00 PURCHASE OR MORE AND COUPON ON RIGHT

PANTRY PRIDE
SAVE 50¢ CASH
PANTRY PRIDE GRANULATED sugar 5 -lb. bag $1.99 LIMIT ONE
WITHOUT COUPON $2.49
WITH THIS COUPON AND A PURCHASE OF $10.00 OR MORE, EFFECTIVE FROM MON. MAR 3 THRU SAT. MAR 8 1975
444 M56
LIMIT ONE COUPON

Pantry Pride

WE RESERVE THE RIGHT TO LIMIT QUANTITIES

BEEF

sirloin steak TOP NO TENDERLOIN BEEF LOIN WISE BUYS lb. $1.29

TAILLESS PORTERHOUSE STEAK	lb.	$1.69
beef rib eye steak WISE BUYS	lb.	$1.99
great ground 3-LB. PKGS & OVER A BLEND OF 75% GROUND BEEF & 25% HYDRATED VEG. PROTEIN	lb.	65¢

bottom round roast BONELESS BEEF ROUND WISE BUYS lb. $1.29

boneless cross rib roast BEEF CHUCK WISE BUYS	lb.	$1.29
eye round roast BEEF ROUND WISE BUYS	lb.	$1.79

fresh brisket WHOLE BONELESS BEEF WISE BUYS lb. 99¢

boneless rump roast WISE BUYS	lb.	$1.49
flat cut beef brisket WISE BUYS	lb.	$1.39
chuck underblade steak BONELESS BEEF WISE BUYS	lb.	$1.49

FROZEN

PANTRY PRIDE vegetables YOUR CHOICE
- CAULIFLOWER
- BRUSSEL SPROUTS
- PEAS & CARROTS
- SUCCOTASH

3 10-oz. pkg. $1.00

morton honey buns FROZEN	8-oz. pkg.	59¢

cheese pizza CHEF BOYARDEE FROZEN 13½-oz. pkg. 79¢

chopped broccoli PANTRY PRIDE FROZEN	4 10-oz pkg.	$1.00

morton dinners
- CHICKEN & NOODLE
- SPAGHETTI & MEATBALLS
- MACARONI & BEEF
- MACARONI & CHEESE

FROZEN 11-oz. pkg. 39¢

25¢ OFF LABEL **wisk liquid** DETERGENT ½-gal. cont. $2.24

PORK

FULLY COOKED

smoked ham SHANK PORTION lb. 79¢ RUMP PORTION lb. 89¢

assorted pork chops	QUARTER LOIN WISE BUYS	99¢
fresh pork shoulder	ARM PICNIC WHOLE WISE BUYS	69¢
smoked picnic shoulder	WHOLE WISE BUYS	69¢

WHOLESALE MEAT CUTS

WHOLESALE CUTS OF BEEF AND PORK, CUT TO YOUR ORDER INTO STEAKS, CHOPS AND ROASTS AT NO EXTRA CHARGE

whole bottom round	lb.	$1.19
whole top round	lb.	$1.39
whole pork loin	lb.	$1.09
whole beef tenderloins	lb.	$2.29
whole sirloin strip	lb.	$2.29
esskay silver label ham WHOLE	lb.	89¢

GROCERY

apple sauce MUSSELMAN 50-oz. jar 89¢

vlasic kosher dills pickles	32-oz jar	79¢
vlasic kosher spears	24-oz jar	79¢
ken l ration chicken dog food	2 15½-oz cans	49¢
libby tomato juice	46-oz can	59¢

fruit cocktail PANTRY PRIDE 30-oz. can 59¢

green giant cream gold corn	17-oz can	39¢
green giant green beans KITCHEN SLICED OR FRENCH	16-oz can	39¢
pantry pride soups CREAM OR MUSHROOM OR CHICKEN NOODLE	5 10½-oz cans	$1.00
pantry pride assorted napkins	pkg. of 180	49¢

POULTRY

fresh fryers WHOLE WISE BUYS lb. 43¢ CUT-UP lb. 49¢

OUR PREMIUM BRAND farmer gray fryers	WHOLE lb.	49¢ CUT UP lb. 55¢
FARMER GRAY - OUR PREMIUM BRAND self basting turkeys	10-lbs & UP lb.	POP-UP-SELF TIMER 59¢

turkey drumsticks U.S.D.A Grade "A" WISE BUYS lb. 39¢

PANTRY PRIDE
SAVE 12¢ CASH
BETTY CROCKER instant mashed potatoes 5-oz pkg. 33¢ LIMIT ONE
WITHOUT COUPON ..... 45¢
WITH THIS COUPON AND ANY OTHER PURCHASE EFFECTIVE FROM MON. MAR 3 THRU SAT. MAR 8 1975
463 BV7 M5
LIMIT ONE COUPON

PANTRY PRIDE
SAVE 10¢ CASH
AEROSOL wizard air freshener 9-oz. can 59¢ LIMIT ONE
WITHOUT COUPON ..... 69¢
WITH THIS COUPON AND ANY OTHER PURCHASE EFFECTIVE FROM MON. MAR 3 THRU SAT. MAR 8 1975
464 BV10
LIMIT ONE COUPON

PANTRY PRIDE
SAVE 15¢ CASH
15¢ OFF DOUBLE EDGE wilkinson chrome blades LIMIT ONE pkg of 10
WITH THIS COUPON AND ANY OTHER PURCHASE EFFECTIVE FROM MON. MAR 3 THRU SAT. MAR 8 1975
485 BV15
LIMIT ONE COUPON

PANTRY PRIDE
SAVE 40¢ CASH
40¢ OFF REG. OR WITH IRON flintstones vitamins LIMIT ONE PKG OF 60
WITH THIS COUPON AND ANY OTHER PURCHASE EFFECTIVE FROM MON. MAR 3 THRU SAT. MAR 8 1975
488 BV40
LIMIT ONE COUPON

PANTRY PRIDE
SAVE 15¢ CASH
15¢ OFF IN THE SHELL READY TO EAT FROZEN jumbolina shrimp 1-LB BAG
WITH THIS COUPON AND ANY OTHER PURCHASE EFFECTIVE FROM MON. MAR 3 THRU SAT. MAR 8 1975
481 M19
LIMIT ONE COUPON

PANTRY PRIDE
SAVE 10¢ CASH
10¢ OFF FRESHLY OPENED SALTWATER FRESH stewing or frying oysters (ANY SIZE CAN)
WITH THIS COUPON AND ANY OTHER PURCHASE EFFECTIVE FROM MON. MAR 3 THRU SAT. MAR 8 1975
482 M18
LIMIT ONE COUPON

downy FABRIC SOFTENER 25¢ OFF LABEL 3-qt. bot. $2.30