More holiday recipes from AFRO readers

Yulelide Pudding

(Mrs. Marcelline Hood, Baltimore, Md.)

¼ lb. beef suet finely chopped
½ cup pared chopped apples
¼ cup diced candied fruit
¼ cup finely choppde dates
1½ cup raisins
1 cup currants
3 cups bread crumbs
1 T. cinnamon
1½ tasp. ginger
½ tsp. nutmeg
¼ tsp. mace
1 tsp. salt
1½ cup dark brown sugar
6 eggs
½ cup whiskey
¼ cupmilk

Make at least one week in advance for proper aging.

Mix in a bowl (large) all the ingredients down through to the brown sugar. In a separate bowl beat eggs until foamy. Then stir in bourbon whiskey and milk. With a wooden spoon, combine contents of each bowl mix well and spoon into a well buttered two quart pudding tight-fitted lit. Place mold on a rack in a large pot add boiling water halfway up sides of mold. When done, place mold on rack, remove lid and let stand 5 mins. Invert onto rack and lift off mold. Wrap in a whiskey soaked cheesecloth. Then wrap in foil and store. Mositen cheesecloth every other day with 2 tblsp. whiskey.

To serve, remove cheesecloth, put buttered pudding in mold with lid and steam for 2 hours. Unmold to serve with a Bourbon Hard Sauce.

Bourbon Hard Sauce

½ cup soft butter
2 cups confectioner's sugar
2 tblsp. whiskey (some kind of bourbon)
1 tsp. vanilla

Whip butter until creamy. Slowly add sugar and beat until fluffy. Slowly mix in bourbon whiskey and vanilla. Pile in serving dish, cover and refrigerate several hours before serving.

Old Fashioned Gourmet Stew

(Mrs. Marcelline Hood Baltimore, Md.)

1 pint oysters
2 tblsp. butter
½ tsp. celery salt
One-eighth tsp. pepper
¼ tsp. worcestershire sauce
½ tsp. parprika
1½ cup milk
½ cup heavy cream
½ tsp. Tabasco, optional
4 tablsp. butter

Put oysters and their liquid in a blazer of chafing dish, heat until edges of oysters barely curl. Place butter, celery salt, pepper, worcestershire sauce, and paparik in a saucepan with a moderate heat until mixture barely comes to a boil.

Remove from heat add Tabasco and pour over oysters in dish. Butter placed in each bowl before ladling in the oyster stew. Sprinkle paprika over the stew.

Spanish Cream

(Viola Fields Baltimore, M.)

1 quart milk
3 eggs
1 cup sugar
2 tbsp. cornstarch
vanilla

Put milk in top double boiler. Let boil slowly. Beat egg yolks. Add to the milk. Add one cup sugar, 2 tblsp. cornstarch. Mix well.

Beat egg whites till stiff. Stir into custard. When cooled, put into sherbet glasses. Top with whipped cream. Put red cherry on top.

Protection Pointers

FOR YOU

Although a rental insurance policy will not pay your tenant's rent, it will protect your rental income in the event that one or more of your apartments are damaged and are no longer habitable.

If some of your apartments are inhabitable because of damage by an insured peril, this policy would continue your rental income until you are able to put the apartments back into a condition so the tenants can return to them. This insurance also will help you to continue to pay your bills even though your rental income has been temporarily reduced or discontinued.

This coverage is written as a separate item by attaching rent forms to direct property insurance policies.

For further information, consult your local insurance representative.

INSURANCE INFORMATION INSTITUTE
110 William Street, New York, N.Y. 10038

Holiday planning tips

Holiday time can completely upset a family budget. This year's higher cost of food and holiday needs will cause many of us to plan more carefully than ever before. There are many ways you can help keep the budget down.

Plan menus for all holiday entertaining, including those for desserts as well as full meals. Write it all down. Post the menus where they'll be a constant reminder. Go over all recipes carefully and list necessary ingredients.

Be sure to add the exact amounts to avoid overbuying. Check your supply on hand before making out a complete shopping list for needed items.

Whenever possible, purchase lesser grade foods for salads, casseroles, etc., where appearance is not all important. Lesser grade turkeys or turkey parts with minor defects are especially good for creamed dishes or sandwiches. "Grade B" eggs are probably just as good to eat as "Grade A." The lesser grade will have thinner whites and yolks may be flatter. They will give you the same results in cooking and baking.

Plan ahead of time for using appetizing dishes made from left-overs for family meals. Many such dishes can be frozen ahead of time. Foods to be frozen should be in moisture-vapor proof containers or wrappings.

Read the weekend food ads in newspapers and listen for radio ads of food specials. Don't buy more than you can use or properly store until used. A good tip for [illegible] is to properly handle fresh produce so as not to bruise and cause early deterioration.

Remember menu planning can be an art. Why not try for variety, contrast and eye appeal along with considering food preferences and cost?

Food clips

If you're packing food in bags for your freezer . . . Just make sure that the air is pressed out of the unfilled part of the bag first, then, seal immediately.

• • •

What is "enriched all-purpose flour?" It's usually the kind sold for home use and is suitable for most home baking. It's a blend of hard and soft wheat flours, but it can be milled entirely from soft wheat too.

• • •

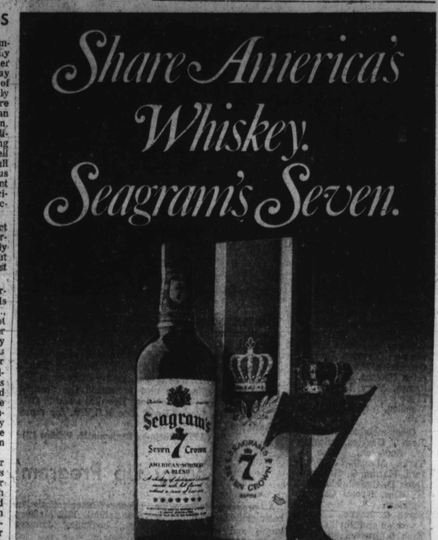
If you're using double-acting baking powder — it reacts and produces gas bubbles twice — first during mixing, and again during baking. Quick-acting baking powder (cream of tartar type) reacts to form gas bubbles only once — as soon as the batter is mixed.

• • •

Why are eggs important in baking? In addition to adding color, flavor, and nutritive value — beaten eggs act as leaving agents and the proteins in eggs coagulate when heated to strengthen the framework of batters and doughs.

• • •

Mixed fruit cocktail is one of the best known canned fruit mixtures. It contains five fruits: diced yellow peaches, diced pears, pineapple dices, green-white selesses, grapes and red maraschino cherry halves.



Beautifully Gift-Boxed at no Extra Cost.
SEAGRAM DISTILLERS COMPANY, N.Y.C.
AMERICAN WHISKEY — A BLEND. 86 PROOF.

EMERGENCY
EYEGLASS SERVICE

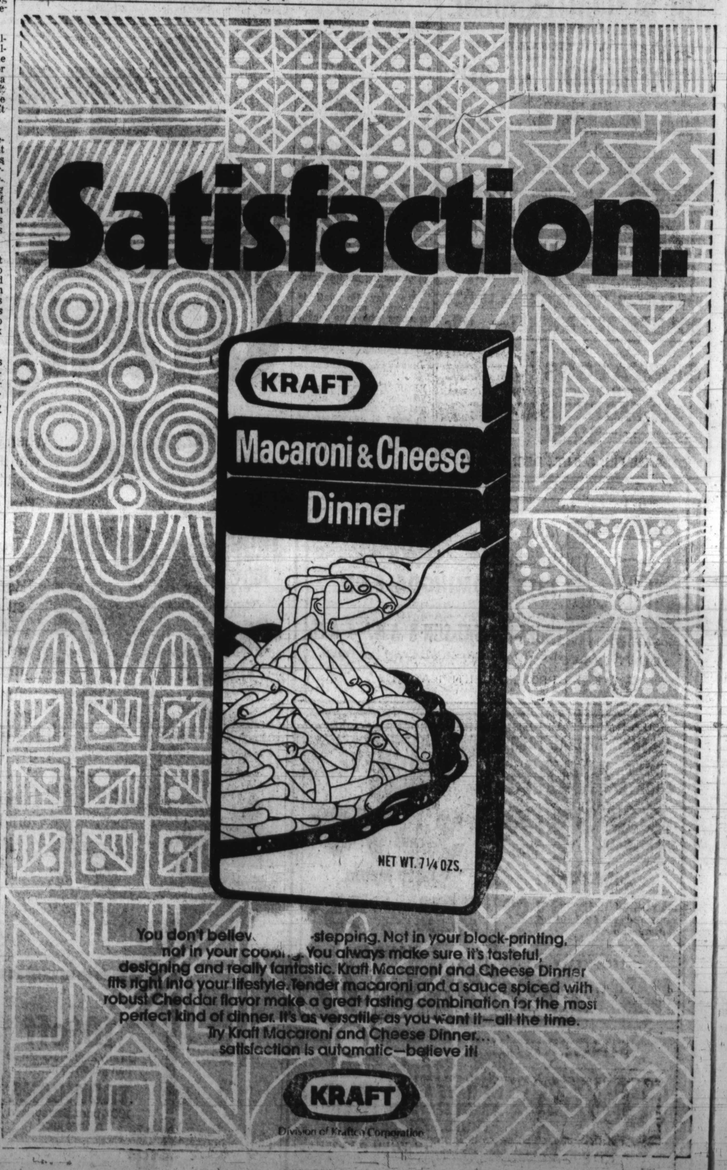
Medical Assistance, Medicare, and Union health plans accepted
- QUICK LENS DUPLICATION
- EYEGLASS PRESCRIPTIONS FILLED
- FRAME REPLACEMENTS WHILE YOU WAIT
- FRAMES ADJUSTED AT NO CHARGE

SPECIAL RATES FOR SENIOR CITIZENS
2 CONVENIENT LOCATIONS FREE PARKING
IN BALTIMORE BELTWAY EXIT 20

5506 REISTERSTOWN RD.
AT ROGERS AVE.

OPEN DAILY INCL SAT 9:30 AM TO 5:30 PM
TUES & FRI 9:30 AM TO 9 PM
IN PIKESVILLE
46 E. SUDBROOK LANE
OPEN DAILY INCL SAT 10 AM TO 6 PM
THURS TILL 8 PM

BUTLER OPTICAL CO.
358-7666 • 653-2777
All major credit cards accepted.



Hints For Homemakers

INEZ KAISER

Families across the nation are busy preparing for and enjoying the many festivities of this holiday season. Richard and I are happily preparing for our second Christmas holiday with our son and his bride of over a year.

'all' EVEN HELPS SET THE TABLE!

In keeping with the family tradition, I recently brought out the ancestral linens to decorate the table for the family Christmas dinner. As I examined the tablecloth and the matching dinner napkins, I noticed several stains that appeared to be almost impossible to remove.

Immediately I thought of my old standby, CONCENTRATED "all," my old dependable for removing greasy spots and stains that are most stubborn.

I set the machine to delicate wash and correctly measured the amount of "all," because it doesn't require as much powder per wash as other laundry detergents due to its concentrated form.

My linens came out just as bright as a Christmas candle. My spirits were brightened for I now knew that I would be ready for the diners—and that the table would look just right.

DOVE NEVER LETS YOU DOWN

During this holiday season and throughout the year, I am usually ready to come home and relax after a day's work. Then, after preparing dinner for the family, I take time to do something nice for myself.

One of the first things I think about is my complexion. Experience has taught me to reach for my bar of creamy DOVE.

I have learned to depend on DOVE to make my skin feel soft and moist. In fact, after a quick DOVE facial and bath, I am totally relaxed and ready for almost anything.

DOVE really helps me forget the busy day I have just had. And I am always confident of how my complexion will look because DOVE gives me that reassurance.

Even when traveling around the country I never have to worry about hard or soft water. I just keep DOVE close at hand whether I am traveling, preparing for a busy holiday event or just relaxing after a hard day's work.

A bright and creamy complexion can make your holiday or any day seem even more special.

LUX LIQUID TO THE RESCUE

It's true at my house and I'm sure the same situation exists at yours. After the holiday meal is finished, everyone seems to leave the kitchen and you have to wash the dishes.

LUX LIQUID is always useful whether it's a holiday or any other day. It works! Just one squeeze or capful of LUX provides long-lasting suds, enough to wash almost any amount of dishes that are left to clean.

LUX LIQUID'S cleansing ability will save you from having to wash all the plates, glasses, pots and pans separately. It will help remove leftover food from plates and lipstick stains from glassware.

LUX LIQUID has a lot of cleaning power, yet it is mild and very kind to hands. It leaves your hands feeling soft, smooth and lovely to touch. What's more, your family and friends will be surprised at how soon you join them after the cleanup.

And don't be surprised if you get a compliment about the bright appearance of your dishes at your next meal. Just extend a lovely hand and give thanks to LUX LIQUID.

IMPERIAL ADDS JUST THE RIGHT FLAVOR

In this holiday season there is another item we can all be grateful for — IMPERIAL Margarine. IMPERIAL will add just the flavor you enjoy to many dishes.

With IMPERIAL any turkey can become more appetizing; toast or hot biscuits taste even better. In fact, almost any holiday recipe you prepare will have that special buttery flavor, because IMPERIAL has the same basic flavor ingredients as butter.

When you use IMPERIAL you can feel confident that this brand of margarine really tastes like butter. It is that good.

IMPERIAL comes in stick or convenient Soft-Spread form. Its superior taste and flavor make it perfect to use in cooking many foods.

During this holiday season, millions of families across the country will be enjoying foods that were seasoned by IMPERIAL Margarine. It may be their vegetables, fruitcake or favorite holiday bread.

IMPERIAL adds to any meal, Lever Brothers Company is proud of its quality, and hopes that in some small way IMPERIAL will make your holiday season more tasteful as well as merry and happy.

Guests hear two women speak at annual luncheon

By Pinnie L. Ross
AFRO Columnist

The National Council of Negro Women, Howard County section, observed its third annual luncheon Saturday at Turf Valley Country Club in Howard County.

The luncheon brought over 100 members and friends to hear Mrs Mary Robinson, Coordinator of Early Childhood Education for the State of Maryland.

Mrs. Margaret Langford introduced the section president, Mrs. Leola Anderson. The Rev. Miss Aznes Alston, associate minister, Gillis Memorial Christian Community Church, gave a spiritually inspirational invocation. The occasion was highlighted by a poem given by lovely Mrs. Esther Warrick (Mother Warrick), who is retired school principal from the State of Georgia. It read:

An Ode to Mary McLeod Bethune

We salute you gracious lady for the light your dream has brought.

We salute you courageous pioneer for all the good your toil has brought!

Not on pleasant highways did you choose your niche.

You chose a dismal byway where dwelt ignorance dark as pitch.

You sought to join the training of the heart, the mind the hand;

You led the way to love and hope where in dignity all mankind may stand.

Love permeated your being; education was your goal;

Honest toil was your watchword;

Reverence and courage dwelt in your soul.

• • •

With these sterling virtues you plodded your weary way, sometimes walking, sometimes falling, but never forgetting to pray.

Outward beauty did not smile on you, but the beauty of your soul eclipses the sun; and your monument, the only one of its kind, stands to attest a nation's gratitude for all that you have done.

So on through the ages there you will stand, through winters' blasts or the refreshing zephers of spring, heralding to all races and all creeds that "Love Never Fails," that truth, love, compassion will victory bring.

(She graciously asked everyone to stand and hold hands, and she continued.)

"So today, we sisters of the NCNW accept your challenge with heads held high and hands joined that faith, courage, brotherhood, dignity, ambition, responsibility — these are needed today as never before. We must cultivate them and use them as tools for our task of completing the establishment of equality for the Negro.

We must sharpen these tools in the struggle that faces us and find new ways of using them. The Freedom Gates are half ajar. We must pry them fully open. Amen! Amen! Amen!"

• • •

Many embraces and appreciative comments from the audience behind Mother Warrick's message. Mrs. Delores Thomas, Human Relations Specialist for the Board of Education introduced the guest speaker. She was Mrs. Mary E. Robinson, former teacher, consultant and recipient of the 1973 Outstanding Citizen's Award from the Department of Health, Education, and Welfare, Region II.

Mrs. Robinson spoke on survival in terms of responsibility of the community in early childhood development.

She had this to say: "As Negro women concerned and involved in your participation in the community, take special care in scrutinizing all contingencies bearing upon a proposed project."

The educator put special emphasis on assurance (successful venture) and scrutinizing because, as she put it, successful persons enjoy their successes mainly because of those two concerns.

She said there were many concerns that successful persons need; some of the concerns are assessments, potential growth factors, motivation, gains, prognosis. The speaker continued, "In the matter of early childhood devel-

(Continued on Page 37)

Pettman's WORLD OF Fashions
NEW YORK LONDON PARIS ROME
We specialize in career girl clothes. Pant Suits Dresses, Coats and Holiday Floor Length Dresses.
Hours:
wkly.
6:00 P.M.-9:00 P.M.
Saturdays
12 Noon-7:00 P.M.
225-0166

ORCHID SHOPPE
Wadsworth Robinson
FUNERAL DESIGNS
OUR SPECIALTY
1304 E. MONUMENT
276-6274

ARBUTUS MEMORIAL PARK
BALTIMORE'S FINEST CEMETERY
Choice Crypts For Above Ground Burial Or Lots For Conventional Ground Burial
$125 and up
ALL CEMETERY CHARGES ARE AVAILABLE TO ANYONE UPON REQUEST
CALL 242-2700

Santa visited the wee ones at the Winnie The Pooh Day Nursery on Tuesday and brought loads of goodies on his sleigh. Afterwards the children and Jean Neal, owner, and her helpers, Barbara McKenny and Terrie Wooddell filled a basket with food for one of Mrs. Santa's families. In top photo (L to R): Keith Gordon, 3; Shaw Hendricks, 2; and Mrs. Neal. Bottom: Harold Richardson, 5. Crystal Carry, 3, and Sean Evans, 3.
(Reflections photo by Benjamin M. Phillips)

WOODLAWN HIGHLIGHTS

Government Girls at Playboy Club

By Marjorie R. Green

The Government Girls on the Go (GGOGS) held their 16th annual Christmas luncheon in the Playboy Club Penthouse last Friday. This year's recipients of the GGOGS Award certificates were Ms. Barbara Green, Ms. Betty Hubbard, Ms. Marjorie Green and Robert McKinley.

A previous commitment to attend the Winter Wonderland Banquet at Morning Star Baptist Church kept this writer away regretfully from the Girls' affair. A special effort to share a few months of the festivities would have been made if notification concerning the awards had been received.

However, it was a pleasant surprise to hear about the presentations on Saturday evening.

Featured on the club's program was two hours of soul stirring entertainment furnished by the Bureau of Data Processings song bird, lovely Janice Smith. Guests carried home prizes and pictures taken by J. D. Howard, photographer.

Operations building clerks, Betty Hubbard and Barbara Green coordinated this year's luncheon. They were assisted by Doris McKinley, Dickinson Building; Marcelene Holloway, 707 Calvert St. Building and Eileen Manning, Operations Building, Woodlawn.

Among those joining in the holiday fun were co-founders Mamie Jones and Hazel Wood, also Barbara Alcindor, Rachel Briley, Barbara Brown, Betty Brown, Karen Beitfield, Betty Bradshaw, Ella Byrd, Delores Bordley, Marian Counts, Mignon Del Valle Diaz, Carolyn Domneys, Martha Dotson, Peggy Evans, Edith Fauntleroy, Alma Gray Rita Glenn;

Yvonne Glenn, Phyliss Hall, Debbie Hendricks, Shirley Horton, Shirley Hanks, Marleelene Holloway, Brenda Jefferson, Ann Jordon, Mary James, Gloria Lee, Liz Johnson, Carolyn Mello;

Mary McCall, Shirley Myers, Alice McCready, Mary Neal, Dorothy Pettaway, Louise Parker, Rosetta Queen, Brenda Rigby;

Phyllis Reaves, Vivian Smith, Irene Smoot Geraldine Smoot, Earlene Smith, Jean Tolson, Willie Mae Tyson, Debbie Turner,

(Continued on Page 37)

HERE IS LIVING PROOF ON HOW MUCH OUR HAIRWEAVE CAN HELP YOU TO IMPROVE YOUR APPEARANCE. VISIT OUR SHOP TODAY OR FOR
FREE HOME SHOWING CALL 466-4200

I was dissatisfied with my looks, so I did something about it.
HAIRWEAVE MADE me look good. Now I am satisfied and gratified.
My hair was short and thin. I didn't like it at all.
HAIRWEAVE gave me long, full hair; now I feel good and look good and I love it.

SOMETHING NEW FOR LADIES AND MEN.
HUMAN HAIR AFRO WIGS. SHAPED WHILE-U-WAIT
THEY ARE BEAUTIFUL. ON SALE—ONLY $49.95
FINGERNAILS STILL ON SALE BY APPT. ONLY Call 466-4200 $15.00
HAIR WEAVE AND BEAUTY, INC.
3315 GARRISON BLVD.
OPEN 9-7 6 DAYS

CATONSVILLE NOTES

Golden Age Group

By Liz Williams
AFRO Columnist

Recipe For A Good Life

1 can of cheerfulness
1 bottle of ambition
1 quart of respect
1 box of humility
1 can of human thoughtfulness
1 can of human kindness

Now, mix the above ingredients with patience and smiles. Sprinkle well with a sense of humor. Wrap in love and bake in a steady fire of devotion. Serve a generous portion each day.

• • •

Folks often ask me what I do with my time now that I have retired from the Baltimore school system after having served thirty-seven very rewarding years.

Truthfully, I do not have the time to do the things that I really should be doing.

One of the activities that I have really enjoyed is the time that I spend with the members of the Golden Age Group Of Catonsville. It meets twice a week in the hall at Grace A.M.E. Church under the leadership of Mrs. Hattie Smith, the Director and the wife of Mr. Hawthorne Smith Sr., its founder.

It is such a pleasure to be with this group because each member has been using the above recipe throughout his/her life which has been long and beautiful.

• • •

Mr. Smith organized the Golden Age Group of Catonsville October 14, 1965. It was a new experience for many, so in the beginning, the folks were a little slow in joining. Mr. Smith spent days trying to get members.

Five members were in the original group. At the present time, there are 87 on the roll.

To see these "young at heart" folks is a real inspiration to this writer, hoping that my spouse and I may grow old, gracefully and actively, just as they are doing.

To see these "gals" in their pantsuits, jazzy boots and knits, and the "guys" in their mod clothes, would put many a youngster to shame. Just imagine, the ages range from the sixties through ninety plus.

One can learn so much from these wonderful people. Among the members are retired school principals, teachers, leaders in fraternal organizations, postal employees, government employees, railroad employees, secretaries, a pharmacist, recreational workers, and hospital employees.

• • •

Mr. Smith, the founder, was president for seven years. Dr. Ernest Johnson, the semi-retired pharmacist, was president for two years.

The present officers are: Mr. Thomas Flemming Sr., president; Mrs. Gladys Foreman, vice president; Mrs. Fannie Hayes, recording secretary; Mrs. Elizabeth Washington, financial secretary; treasurer, Mr. Leon Johnson; and Chaplain, Dr. Ernest Johnson.

The Wednesday meeting begins at noon with a delicious lunch served by John Miller, John Brown, and Elhana Washington. They are assisted by some of the ladies. Each member gives a nominal contribution for his fine meal.

Last week, Dr. Thomas Jones, Chief of Ophthalmology at Provident and Lutheran Hospitals and a staff member at Greater Baltimore Medical Center, addressed the group.

"Seeing Well As You Grow Older" was his topic. He showed two films, "Cataracts" and "Glaucoma." A question and answer period followed.

Mrs. Roxanne Bernert, chairperson for the program and staff member of the Maryland Society For The Prevention Of Blindness, a United Fund Agency, conducted vision screening and counseling. Literature on eye health and illness was available to the participants.

• • •

On Fridays, club members gather for games, arts and crafts and other activities, for two hours. This is followed by a business meeting and refreshments. Mrs. J. Shipman deserves a medal for the excellent job that she is doing in this area.

Among the group's activities are: two bus trips a year, a county picnic and a county conference with other Golden Age Groups, movies, lectures, sing-a-longs, and holiday parties. Belive it or not, yours truly is the pianist for the group, and they can really sing — could take first prize in any professional contest.

Each year the club selects a nursing home in the community to which they take colorful bags filled with assorted toilet articles and other goodies.

This Christmas, the patients at Forest Haven, a nursing home at Ingleside and Edmondson Aves., will be the recipients.

Today (Friday) the club has its annual Christmas dinner.

Santa Claus will be among the special guests. Members will exchange gifts and will honor Mr. Smith (87-years-young), for the services he has rendered this fine group.

More on club founder: Mr. Smith and his gracious wife of 55 years (Mrs. Hattie), live on Old Frederick Road. They have one daughter (Mrs. Lucy Swain — Math Department Head at Rock Glen Junior High School), three sons, Hawthorne Smith Jr. (Employment Counselor with the State Department), Bolling Smith (Co-ordinator at the University of Wisconsin); and William H. Smith (Public Relations and Commercial Artist — Langhorne, Pa.

There are ten grandchildren and two great-grandchildren.

• • •

Down Memory Lane: — From 1921-1935, Mr. Smith was the principal of the old Bragg School.

Bragg School was founded by the late Rev George F. Bragg and was first known as "The Maryland Home For Friendless Colored Children."

Within a year it become a parental school where truants were committed by the courts.

Two years ago when Mr. Smith was interviewed by a reporter from the Catonsville Times, he said "Children in those days were no different from today's children — Active." After Mr. Smith left the "Home," he taught school in Md. and Va., and then took a government post at Fort Meade.

Mrs. Smith has taught school and has worked in the department as a director and as a supervisor from 1936-1960.

Incidentally, when the Catonsville Times wrote a story about the present Bragg School No. 175 (now a part of the Baltimore City School System) the editor of that paper took Mr. and Mrs. Smith back to visit the school and to reminisce about the fourteen years that they spent there.

This writer is so sorry

(Continued on Page 37)

BRESSLER CLEANERS Inc.
1924-1974 OUR 40TH YEAR
SPECIALISTS IN THE CRAFT OF FINE DRY CLEANING
INCLUDING
• FUR • KNITS
• LEATHER • SPREADS
• SUEDE • BLANKETS
• PLASTIC • DRAPERIES
4002 W. BELVEDERE AVE.

WEACO
WINDOW & DOOR GUARDS
Burglary Protection Devices Approved
Commercial Residential Industrial
WEACO
467-1354.
7142 HARFORD RD.
If No Answer Call 433-8428

Christmas is for sharing...and so are flowers.
Flowers and plants are a very special way to share the joys of the season. No gift gives so much pleasure at first sight or says so much silently.
Come by or call early so we can help you select a colorful floral gift for those special names on your list.
Brighten your holiday with flowers and plants.
Allied Florists Association of Greater Baltimore

Brager Gutman
For quality no matter how Little it costs!
TOY LAND!
PHONE: 685-2222
Please add a 75¢ C.O.D. charge on all purchases plus a $1.00 delivery charge on all purchases under $10.00.

Save $4.50 on a Soul Trap Drum Set
Reg. $17.99 13.49
Includes bass drum, tom tom, cocktail drum, cowbells, wooden block, drum sticks and brushes.
Toy Dept. — 7th Floor — Downtown Only

COLECO
Speed Hockey
Reg. $13.99 10.49
Heavy duty playing table in wood grain. Complete with 4 hockey sticks and pucks. Table size is 40" long x 30" wide x 30" high.

Tyco Electric Train Set
H.O. scale. Ready to run. Complete with electric power pack, 26" circular track layout.
Reg. $18.99 12.99

RAGGEDY ANN
Portable Organ
Easy to play — follow the musical colored dots on song sheets.
Reg. $11.99 8.99

Jubilee Organ
24.99
Reg. $29.99
Two-tone brown cabinet 2 octaves—25 black and white melody keys, 8 piano chord keys. Instruction and song book included.

MARX
Chuckle Bug
Reg. $19.99 $10
Push button drive. Goes forward and reverse or spin it around. Complete with 4 volt battery and battery recharging unit.

Super Sport Rally Wagon
Reg. $9.99 5.99
A durable sidewalk wagon constructed of washable, safe, strong polyethylene plastic.