IT'S 'GO EASY ON MOM'

WITH BARGAINS ON MOM-SAVING QUICK FIX FOODS.

We know, mothers, what a hectic month December is for you. What with lists to make . . . shopping to do . . . presents to wrap and hide . . . cards to send . . . plans to plan. And the less time you spend in the kitchen fixing family meals, the more time you'll have for all those important holiday doings.

So all this month, we're featuring extra special savings on quick-fix frozen dinners and convenience foods that go easy on you.

Pantry Pride

you win, because we don't play games

CONSUMER CORNER

REMEMBER WHEN A NICKEL BOUGHT . . .

A pickle? It still buys a serving of our own frozen orange juice, and 1¢ more gets you a serving of Pantry Pride tomato or grapefruit juice while 7¢ brings Hawaii into your kitchen via a glass of pineapple juice. Milk costs somewhat more, but still doesn't approach the cost of a serving of nationally advertised colas — depending on the size of the can or bottle, these cost 10-13 cents per serving. Madness! Isn't it strange that restaurant prices are backwards with juice and milk costing more than soda? Their prices are in line with nutritional values, even if they are out of line with costs.)

THE SUGAR DEMON

Besides pushing up the price of cola and drinks, sugar prices play havoc with many foods we don't think of as "sweets". Those of us who have become label readers in recent years have learned that sugar is an ingredient in a great many foods. Stop and think about what a many-armed octopus sugar is: not only jams and cookies but canned corn, applesauce, sweet potatoes, frozen strawberries, and catsup — all packed with sugar, all facing rising costs. The present cost of the sugar that goes into one case of catsup (24-14-oz. bottles) is close to $2.00 last year it was under 50¢. No wonder nickels work best on unsweetened juices.

MYNA DUYLE
DIRECTOR OF CONSUMER AFFAIRS

open sunday

9 a.m. 'till 4 p.m. except where noted

- ARBUTUS SHOPPING CENTER, MAIDEN CHOICE LANE
- FRANKFORD PLAZA SHOPPING CENTER, 6025 MORAVIA RD.
- 7048 WISE AVE. - AT LYNCH ROAD
- HARUNDALE MALL - GLEN BURNIE, MD.
- MIDULESEX SHOPPING CENTER-10 a.m. 'til 6 p.m.
- MONDAWMIN SHOPPING CENTER, REISTERSTOWN RD. & LIBERTY HEIGHTS AVE.
- SEVERNA PARK - RITCHIE HIGHWAY, OLD ANNAPOLIS RD.
- 4210 FRANKFORD AVE. - AT BELAIR RD.
- PAROLE PLAZA - ANNAPOLIS, MD. 10 a.m. 'til 6 p.m.
- PERRING PARKWAY - 10 a.m. 'til 6 p.m.

at McCLEAN BLVD.

- CEDONIA MALL - 10 a.m. 'til 6 p.m.
- PADONIA VILLAGE SHOPPING CENTER

TIMONIUM 10 a.m. 'til 6 p.m.

- OAKLAND MILLS SHOPPING CENTER

COLUMBIA 10 a.m. 'till 6 p.m.

- HARFORD MALL, BELAIR, RD. - 10 a.m. 'til 5 p.m.

PRODUCE

florida tangerines OR TANGELOES YOUR CHOICE 12 for 69¢

SWEET EATING **d'anjou pears** lb 33¢ — CALIFORNIA **fresh broccoli** bunch 49¢

onion sale! U.S. NO. 1 YELLOW PICK YOUR OWN BULK ONLY lb. 10¢ — 3-lb. bag 39¢ — 5-lb. bag 59¢

U.S. NO. 1 IDAHO (BULK ONLY) **baking potatoes** PICK YOUR OWN lb 19¢ — LARGE 32 SIZE, WHITE **florida grapefruit** 6 for 99¢

winesap apples CRISP TANGY OLD FASHION 3-lb. bag 79¢

SEAFOOD

flounder fillet FANCY ARROWTOOTH lb. 69¢

FANCY-TEXAS BROWN **extra large shrimp** AVG. 23 PER LB lb $2.59

BOOTH'S GOLDEN BROWN **shrimp sticks** 14-oz. pkg. $1.39

WAKEFIELD-GOOD FOR FISH OR FOWL **crabmeat stuffing** 1-lb. pkg $1.49

APPETIZER

EVERYTHING SLICED TO ORDER AVAILABLE AT MOST STORES

spiced ham HORMEL'S ½-lb. 89¢

OLIVE OR PICKLE & PIMENTO **baked loaves** ½-lb. 69¢

SLICED TO ORDER **goetze's bologna** ½-lb. 59¢

SLICED TO ORDER **american cheese** ½-lb. 69¢

carrying a complete selection of Christmas Candy . . .

schraft's chocolate 2-lb box $2.99 — 1-lb box $1.69
hellar candy 1-lb pkg. 85¢ — ALL HARD 1-lb pkg. 79¢
glider candy canes pkg of 6 39¢
marshmallow trees OR SNOWMEN RODDA BRAND 4-oz pk. 45¢

tide detergent 3-lb., 1-oz. box $1.32

DAIRY

margarine PANTRY PRIDE lb. in qtrs. 59¢

FRIGO **mozzarella cheese** 16-oz pkg. $1.39 — 8-oz pkg. 75¢
CHEF DELIGHT **cheese spread** lb. pkg. 69¢
PANTRY PRIDE **american cheese singles** 12-oz. s pkg. 87¢
SOFT PARKAY **margarine** 2 8-oz cups 79¢

DELI

FYNE TASTE franks MOM SAVING QUICK FIX 2-lb. pkg. $1.55

PANTRY PRIDE **beef franks** 1-lb pkg 79¢
COOKED **canned picnics** 3-lb can $3.69
IMPORTED **salami sticks** 7-oz each 89¢
PANTRY PRIDE **sliced bacon** lb pkc $1.35

BAKERY

white bread VALU LOAF SLICED 3 22-oz. loaves $1.00

FRESHLY BAKED **apple pie** PANTRY PRIDE 22-oz pkg 85¢
ALL VARIETIES **pantry pride donuts** pkg. of 16 55¢

FROZEN

• CHICKEN • TURKEY • BEEF **meat pies**

MORTON 3 8-oz. pkgs. 89¢ — way to save — PANTRY PRIDE 3 8-oz. pkgs. 79¢

COFFEE RICH **coffee lightner** 3 pints cont $1.00 — PANTRY PRIDE 4 pints cont $1.00
BIRDSEYE COOL WHIP 9-oz cont 73¢ — PANTRY PRIDE 16-oz cont 59¢
LIBBY'S **broccoli spears** 10-oz pkg 45¢ — PANTRY PRIDE 3 10-oz pk pk $1.00

100% PURE FROZEN **orange juice** MINUTE MAID 12-oz. can 49¢ — way to save — PANTRY PRIDE 3 12-oz. cans $1.00

Here's Proof of Pantry Pride Quality . . .

PANTRY PRIDE VS. MOTTS APPLESAUCE

Average Score:	Pantry Pride	National Brand
% Preferred:	4.63 70%	3.95 30%

Here's a sample from our official TASTE TEST BOOK showing how just one Pantry Pride brand product (apple sauce) scored in impartial customer taste tests against the best-selling national brands. For complete test results on 128 different Pantry Pride products, ask to see the TASTE TEST BOOK — now in your Store Manager's office.

PRICES EFFECTIVE THRU SAT. DEC. 14th. WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

MONTH AT PANTRY PRIDE

PANTRY PRIDE — 36¢ CASH — WITH THE PURCHASE OF **pillsbury flour** 5-lb. bag 69¢ — WITH THIS COUPON AND A $7.50 PURCHASE EFFECTIVE FROM MON. DEC. 9th THRU SAT. DEC. 14th, 1974. THIS OFFER NOT AVAILABLE TO EMPLOYEES OR THEIR FAMILIES. ONE COUPON PER SHOPPING FAMILY. — LIMIT ONE COUPON

Pantry Pride DISCOUNT FOODS

BEEF

MOM-SAVING QUICK FIX **sirloin steaks** TOP NO TENDERLOIN BEEF LOIN lb. $1.29

BONELESS RUMP ROAST BEEF ROUND lb $1.59
EYE ROUND ROAST BEEF ROUND lb $1.89

round roast BONELESS BOTTOM BEEF ROUND lb. $1.39

CHUCK FILLET ROAST BONELESS UNDER BLADE BEEF CHUCK lb $1.29
CROSS RIB ROAST BONELESS BEEF CHUCK lb $1.29

fresh brisket BONELESS WHOLE lb. 99¢

BEEF RIB ROAST OVEN READY 5th cut lb. $1.49 — 7th cut lb $1.29
BEEF RIB STEAK SHORT CUT lb $1.49

boneless roast BLADE CHUCK lb. 99¢

RIB EYE STEAK BONELESS DELMONICO lb $2.39
GREAT GROUND PANTRY PRIDE, A BLEND OF 75% GROUND BEEF & 25% HYDRATED VEG. PROTEIN lb 69¢

no extra fat game here

We don't play the extra-fat, extra-bone game at Pantry Pride. All of our meat is trimmed to our careful standards to give you more meat and less fat—no matter what the price.

PORK

fully cooked mash's ham WHOLE OVER 18-LB. AVG. lb. $1.09 — SEMI-BONELESS BUTT HALF lb. $1.29 — UNDER 17 LBS. SLIGHTLY HIGHER

ASSORTED PORK CHOPS QUARTERED LOIN 99¢
SLICED BACON FYNE TASTE lb $1.09
FRESH PORK LOIN WHOLE OR HALF lb 99¢
FRESH PORK SHOULDER ARM PICNIC WHOLE 69¢

semi-boneless ham ESSKAY SILVER LABEL FULLY COOKED WHOLE OR HALF lb. $1.29

WHOLESALE BEEF CUTS

ALL BONELESS, YOU CAN CUT THEM YOURSELF OR HAVE OUR MEAT CUTTER CUSTOM CUT THEM TO YOUR SPECIFICATIONS.

BONELESS WHOLE **bottom round** lb. $1.29

INCLUDES:
- EYE ROAST OR STEAKS
- RUMP ROAST
- BOTTOM ROUND ROAST
- ROUND CUBES; GROUND MEAT

20 to 25 LBS. AVG.

INCLUDES: ROAST, STEAK, CUBED STEAKS & GROUND MEAT. WHOLE 18 to 22 LBS **boneless top round** lb $1.49

INCLUDES: STEAK, ROAST, & GROUND MEAT WHOLE (BEEF ROUND) 12 to 14 LBS **boneless sirloin tip** lb $1.49

INCLUDES: STEAKS & GROUND SIRLOIN. WHOLE 18 to 20 LB. BEEF LOIN **boneless n.y. sirloin strip** lb $2.29

INCLUDES, FILLET STEAKS OR ROAST. BEEF LOIN. WHOLE 6 to 8 LBS **fillet of beef** lb $2.99

POULTRY

chicken parts LEGS WHOLE lb. 59¢ — BREASTS lb. 79¢

U.S.D.A. GRADE "A" NON-BASTED **young turkeys** 17-lbs. & over lb. 55¢ — 10 to 16-lb avg lb 59¢

save $1.36 WITH THESE COUPONS

PANTRY PRIDE — 15¢ CASH — WITH THE PURCHASE OF **hellman's mayonnaise** qt. jar — WITH THIS COUPON ONLY VOID AFTER SAT. DEC. 14th, 1974 — LIMIT ONE COUPON

PANTRY PRIDE — 35¢ CASH — WITH THE PURCHASE OF **sure spray deodorant** HEG. OR UNSCENTED 14-oz. can — WITH THIS COUPON ONLY VOID AFTER SAT. DEC. 14th, 1974 — LIMIT ONE COUPON

PANTRY PRIDE — 15¢ CASH — WITH THE PURCHASE OF **red rose tea bags** pkg. of 48 — WITH THIS COUPON ONLY VOID AFTER SAT. DEC. 14th, 1974 — LIMIT ONE COUPON

PANTRY PRIDE — 10¢ CASH — WITH THE PURCHASE OF **pfeiffer cocktail sauce** 8-oz btl — WITH THIS COUPON ONLY VOID AFTER SAT. DEC. 14th, 1974 — LIMIT ONE COUPON

PANTRY PRIDE — 15¢ CASH — WITH THE PURCHASE OF **lux soap** on four bath bars — WITH THIS COUPON ONLY VOID AFTER SAT. DEC. 14th, 1974 — LIMIT ONE COUPON

PANTRY PRIDE — 10¢ CASH — WITH THE PURCHASE OF **easy off oven cleaner** 16-oz. can — WITH THIS COUPON ONLY VOID AFTER SAT. DEC. 14th, 1974 — LIMIT ONE COUPON

top job cleaner LIQUID 28-oz. bottle 97¢

MOM-SAVING QUICK FIX MEALS!

sardines UNDERWOOD IN OIL, MUSTARD OR TOMATO SAUCE 2 3¼-oz. cans 89¢

PANTRY PRIDE soups • CHICKEN NOODLE • CHICKEN RICE • CREAM OF MUSHROOM 5 10½-oz. can $1.00

pizza mix CHEF BOYARDEE CHEESE pkg. 79¢

spaghettios FRANCO AMERICAN 2 15¼-oz. cans 49¢

CHEF BOYARDEE, REG. OR MEAT **spaghetti dinner mix** pkg 79¢
CHEF BOYARDEE REG. OR MINI **meat ravioli** 15-oz can 49¢
FRANCO AMERICAN **ravioli "O's"** 15-oz can 49¢
CAMPBELL'S **vegetable soup** 5 10½-oz cans $1.00
ARMOUR **vienna sausage** 3 5-oz cans $1.00
LIBBY'S **corned beef hash** 15½-oz can 69¢

armour treet LUNCHEON MEAT 12-oz. can 89¢

panburgers DINNERS PANTRY PRIDE pkg. 49¢

diet sodas 4 28-oz. bots. $1.00 — 4 15-oz. bots. PANTRY PRIDE ALL FLAVORS 59¢

CORONET BATHROOM **tissue** 330-2 ply sheets pkg. of 8 rolls $1.19