Super Savings Everyday!

ACME — You're going to like it here! SUPER SAVER

Redeem U.S.D.A. Food Stamps at Acme & Super Saver!

Prices Effective thru Sat., July 27, 1974. Quantity Rights Reserved.

LANCASTER BRAND BEEF CHUCK
BONELESS 7-BONE Chuck Steak
$1.19 lb.

LANCASTER BRAND BEEF ROUND
BOTTOM BONELESS Round Roast
$1.39 lb.

CALIFORNIA WEST SIDE LARGE 27 SIZE! SWEET
Cantaloupes each 49¢

SWEET CALIFORNIA
Nectarines lb. 39¢

7-Bone Steaks	lb. $1.09
Blade Steaks	lb. 99¢
Cross Rib Pot Roast	lb. $1.39
Arm Steaks	lb. $1.29
Under Blade Steaks	lb. $1.19

Bottom Round Steak	lb. $1.59
Eye Round Roast	lb. $1.89
Rump Roast BOTTOM ROUND	lb. $1.59
Top Round Roast	lb. $1.69
Top Round Steak 1ST. CUT	lb. $1.79

Medium Onions	3 lb. bag 59¢
Sunkist Lemons 165 SIZE!	10 for 79¢
Celery Hearts	pkg 39¢
Breakfast Drink TROPICANA ORANGE, GRAPE, PUNCH OR GRAPEFRUIT	3 1-qt. btls. $1.00

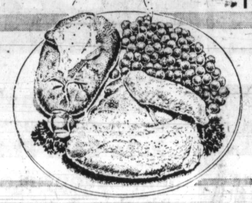
LEAN FRESH **GROUND CHUCK** 1-lb. 99¢

FARMDALE BRAND **SKINLESS FRANKS** 1-lb. pkg. 79¢ 2-lb. pkg. $1.57

IN OUR DELI! **ESSKAY BOLOGNA** OR LANCASTER BRAND ½-lb. 59¢

FRESH BAKED **Bar-B-Q or Frank Rolls** 2 pkgs. of 12 $1

QUARTERED Fryers LEG OR BREAST lb. 49¢



LANCASTER BRAND Cubed Steak	lb. $1.79
LANCASTER BRAND Beef For Stew	lb. $1.39
LANCASTER BRAND Round Ground	lb. $1.29
WILLIAMSBURG COUNTRY Ham Slices	12-oz. pkg. $1.89
ESSKAY QUALITY Sausage Links	lb. $1.09

MORE SUPER SAVINGS!

FARMDALE BRAND Sliced Bologna	1-lb. pkg. 99¢
GWALTNEY BRAND Frankfurters	12-oz. pkg. 69¢
GOETZE-BIG DADDY Frankfurters	1-lb. pkg. $1.09

FRESH SLICED IN OUR DELICATESSEN DEPARTMENT!

ECKRICH BRAND Beef Bologna	¼-lb. 69¢
ESSKAY QUALITY Braunschweiger	lb. 69¢
ESSKAY QUALITY Barbecue Loaf	¼-lb. 79¢
HORMEL BRAND Spiced Ham	¼-lb. 79¢
RATH'S LEAN Chopped Ham	¼-lb. 69¢

SAVE! MUELLER'S **ELBOW MACARONI** 1-lb. pkg. 39¢

IDEAL BRAND **PORK & BEANS** 4 1-lb. cans $1

CHOCOLATE FLAVORED **HERSHEY'S SYRUP** 2 1-lb. cans 65¢

IDEAL BRAND **ICE TEA MIX** 10-pack 89¢

PRINCESS BRAND **ALUMINUM FOIL** 2 25-ft. rolls 45¢

SAVE ON IMPORTED PORCELAIN CLAD COOKWARE
10-IN. COVERED CHICKEN FRYER ONLY $7.99 SAVE $2

Clip and Save! Bonus Coupons Worth an Extra $1.82

SAVE 10¢ WITH THIS COUPON (MFG-6) TOWARD THE PURCHASE OF A 1-LB., 2-OZ. JAR OF **Skippy Peanut Butter** Limit: one per family, please. Offer expires July 27, 1974.

SAVE 12¢ WITH THIS COUPON (MFG-6) TOWARD THE PURCHASE OF A 15-OZ. PACKAGE OF **General Mills Cheerios** Limit: one per family, please. Offer expires July 27, 1974.

SAVE 40¢ WITH THIS COUPON (MFG-6) TOWARD THE PURCHASE OF AN 8-OUNCE JAR OF **Sanka Instant Coffee** Limit: one per family, please. Offer expires July 27, 1974.

SAVE 10¢ WITH THIS COUPON (MFG-6) TOWARD THE PURCHASE OF A PACKAGE OF **Keebler Cookies** C.C. BIGGS (14½-OZ.) OR COCONUT CHOCOLATE DROPS (14-OZ.) Limit: one per family, please. Offer expires July 27, 1974.

SAVE 15¢ WITH THIS COUPON (MFG-6) TOWARD THE PURCHASE OF A 1-LB. CAN (ANY GRIND) **Maxwell House Coffee** Limit: one per family, please. Offer expires July 27, 1974.

SAVE 30¢ WITH THIS COUPON (MFG-6) **Efferdent Tablets** pkg. of 60 $1.29 Limit: one per family, please. Offer expires July 27, 1974.

SAVE 25¢ WITH THIS COUPON (MFG-6) **Final Touch** FABRIC SOFTENER ½-gal. jug $1.38 Limit: one per family, please. Offer expires July 27, 1974.

SAVE 40¢ WITH THIS COUPON (MFG-6) **All Detergent** 9-lb., 13-oz. pkg. $2.75 Limit: one per family, please. Offer expires July 27, 1974.

FRESH BAKERY BUYS!

Super Loaf Bread	3 1-lb.-6-oz. loaves $1
Homestyle Bread OLD FASH.	2 1-lb.-6-oz. loaves 95¢
Rye Bread PLAIN OR SEEDED	2 1-lb. loaves 89¢

FROZEN FOOD SUPER SAVINGS!

Broccoli Spears IDEAL	4 10-oz. pkgs. $1
Shoestring Potatoes IDEAL	3-lb. bag 89¢
Frosty Acres Waffles	6 8-oz. pkgs. $1
Boston Cream Pie MRS. SMITH'S	1½-lb. pkg. 79¢
Ideal Cheese Pizza	15-oz. pkg. 79¢
Orange Juice SNOW CROP	12-oz. can 49¢
Pot Pies	4 8-oz. cans $1
Meat Dinners FARMDALE BEEF, CHICKEN OR TURKEY	4 8-oz. pkgs. $1
Stuffed Peppers LANCASTER BRAND MEAT LOAF OR SALISBURY	pkg 49¢
Beef Burgers LANCASTER CHICKEN, TURKEY, OR CABBAGE	2-lb. pkg. $1.29
Deluxe Dinners TABLE TREAT	1½-lb. pkg. $1.99
Green Beans LANCASTER PORK, HAM, OR VEAL STEAK	pkg. 69¢
Green Beans IDEAL CUT OR FRENCH STYLE	4 9-oz. pkg. $1.00

SAVE 30¢ **BUFFERIN TABLETS** btl. of 100 99¢

SAVE 32¢ **PEPSODENT TOOTHPASTE** 15¢ OFF 7-oz. tube 59¢

SAVE 8¢ **LOUELLA BUTTER** 1-lb. qtrs. 75¢

MORE GROCERY SUPER SAVINGS!

Bala Club Sodas ASST'D. FLAVORS	½-gal. jug 59¢
Pet Evap. Milk	2 13-oz. cans 59¢
Cider Vinegar IDEAL	1-gal. jug $1.49
Old Bay Seasoning	6-oz. pkg. 47¢
Tagless Tea Bags	pkg. of 100 69¢
Salad Crispins ALL VARIETIES	2½-oz. pkg. 49¢
Black Pepper IDEAL	4-oz. can 49¢
Ideal Tomatoes STEWED	1-lb. can 33¢
Ajax Cleanser 34 OFF!	2 1-lb.-5-oz. cans 57¢

VALUES FROM DAIRYLAND!

Ice Milk or Sherbet IDEAL	½-gal. ctn. 69¢
Fleischmann's DIET MARGARINE	pkg. of two 8-oz. cups 67¢
Fleischmann's SOFT MARGARINE	pkg. of two 8-oz. tubs 79¢
Cheese Food WHITE OR YELLOW AMERICAN	12-oz. pkg. 79¢
Ballard Biscuits OVEN READY OR BUTTERMILK	4 8-oz. pkgs. 57¢
Ideal Horseradish	4-oz. jar 25¢
Fresh Yogurt LIGHT 'N LIVELY	3 8-oz. cups 89¢

Week's best buys

Summer, with its variety of fresh fruits, is delightful, but the season is all too short for berries and small fruits. Fresh is best when you shop for fruit in July, says Virginia McLuckie, food economist, Cooperative Extension Service, University of Maryland.

Pick plump, fresh berries that are well sized for value. Years of research have gone into producing large, powdery blue coated berries with small seeds. This berry has a long season, starting in late May and extending into late August.

Maryland blueberry crops are in harvest during late June and early July, but compared to N.C., N.J., N.E., and Mich. our local crops are small. Of all the berry family, blueberries are the ones that last for up to 10 days after purchase if they are properly refrigerated. Wash the berries just before using to avoid deterioration from moisture. Without sugar added, berries are low in calories. Serve them plain, with milk oor cream, in a pie or pudding, in muffins, or on ceral. You can be plain or fancy with your serving of the berries is a good nutritious snack food. The wild blueberries from Maine are famous are famous for their favor and are used in many processed forms.

If you enjoy the delicate flavor of raspberries, red or black, dbeuberries, blackberries and currants, July is the peak season. To get top quality, try to locate a local source of supply, since this soft fruit category does not ship well. Actually, the price range of these berries is in the luxury class, but they are so good for fresh out of hand eating, make excellent jellies and jams, and they freeze well.

Additional small fruits to eat out of hand or mix with other fruits for use in fruit salads or fruit cups are seasonal offerings of peaches, nectarines, plums, bananas, cherries, small cantaloupe, and for larger fruit, the watermelon. Also in good supply for the summer is the citrus fruits, especially lemons and limes.

Dewberry Roll

One and one-half cups flour, one-half tsp. baking powder, one-half tsp. baking powder, one-half tsp. salt, four tbsp. shortening, one-half cup cold (ice) water, three to four cups dewberries, one cup sugar, one tbsp. lemon juice, nitmeg, two tbsp. butter or margarine.

Sift together flour, baking powder and salt. Chop in the shortening. Add enough cold water to hold mixture together. Roll in ¼ inch thick into a rectagle. Place berries in center of rectangle. Sprinkle with sugar, lemon juice and nxmeg. Dot with butter or margarine. Bring ends together to for a roll and seal edges.

SAVE $2.08 WITH THESE VALUABLE COUPONS

Two Guys FOOD DEPARTMENT SALE TODAY THRU SAT.

FOR A DISCOUNT WHERE IT COUNTS, CHECK OUT THE NEW FOOD STAMPS PROGRAM FOR INFORMATION CALL TOLL FREE 800-792-8660

We Accept USDA Food Coupons

Two Guys FOOD DEPARTMENT SAVES YOU 30¢ YOU PAY 59¢ WITH THIS COUPON — Two Guys OR FARMSTEAD ICE CREAM ½-GAL. SQUARE GOOD ONLY AT TWO GUYS One coupon per customer Good thru Sat., July 27, 1974. B.S.

GOV'T INSPECTED **FRYING CHICKENS** WHOLE lb. 39¢ SPLIT OR CUT ..... lb. 45¢

GRADE-A-SELF BASTING **TURKEY BREAST** GOV'T INSPECTED 4 to 8 LB. AVERAGE lb. 69¢

Two Guys FOOD DEPARTMENT VALUABLE COUPON — SAVE 30¢ WITH THIS COUPON — 1-LB. CAN YUBAN COFFEE GOOD ONLY AT TWO GUYS One coupon per customer Good thru Sat., July 27, 1974. MFR. GENERAL FOODS

Two Guys FOOD DEPARTMENT VALUABLE COUPON — SAVE 40¢ WITH THIS COUPON — 8-OZ. JAR SANKA INSTANT COFFEE GOOD ONLY AT TWO GUYS One coupon per customer Good thru Sat., July 27, 1974. MFR. GENERAL FOODS

Two Guys FOOD DEPARTMENT VALUABLE COUPON — SAVE 25¢ WITH THIS COUPON — KING SIZE 84-OZ. BOX TIDE w/COUPON 1.59 GOOD ONLY AT TWO GUYS One coupon per customer Good thru Sat., July 27, 1974. MFR. PROCTER & GAMBLE

Two Guys FOOD DEPARTMENT VALUABLE COUPON — SAVE 20¢ WITH THIS COUPON — KING SIZE IVORY 32-OZ. BTL. w/COUPON 71¢ GOOD ONLY AT TWO GUYS One coupon per customer Good thru Sat., July 27, 1974. MFR. PROCTER & GAMBLE

Two Guys FOOD DEPARTMENT VALUABLE COUPON — SAVE 6¢ WITH THIS COUPON — 4 BARS PERSONAL SIZE IVORY 3.5 OZ. BAR W/COUPON 4/39¢ GOOD ONLY AT TWO GUYS One coupon per customer Good thru Sat., July 27, 1974. MFR. PROCTER & GAMBLE

Two Guys FOOD DEPARTMENT VALUABLE COUPON — SAVE 15¢ WITH THIS COUPON — GIANT 54-OZ. BOX SPIC & SPAN W/COUPON 94¢ GOOD ONLY AT TWO GUYS One coupon per customer Good thru Sat., July 27, 1974. MFR. PROCTER & GAMBLE

Two Guys FOOD DEPARTMENT VALUABLE COUPON — SAVE 12¢ WITH THIS COUPON — ALL FLAVORS 75-OZ. ALBA 77 FIT N FROSTY 10 SERVINGS GOOD ONLY AT TWO GUYS One coupon per customer Good thru Sat., July 27, 1974. MFR. WELDON FOODS, INC.

Two Guys FOOD DEPARTMENT VALUABLE COUPON — SAVE 30¢ WITH THIS COUPON — FAMILY SIZE DOWNY FABRIC SOFTENER W/COUPON 1.99 96-OZ. GOOD ONLY AT TWO GUYS One coupon per customer Good thru Sat., July 27, 1974. MFR. PROCTER & GAMBLE

U.S.D.A. CHOICE "OUR TRIM IS BETTER" **CHUCK STEAK** FIRST CUT lb. 75¢

BONELESS CROSS RIB **ROAST BEEF** U.S.D.A. CHOICE lb. 1.49

"OUR TRIM IS BETTER" **London Broil** THICK CUT SHOULDER **Shoulder Steak** BONELESS **Cube Steak** LEANA TENDER lb. 1.79

GOV'T INSPECTED **CHICKEN** BREAST QUARTERS WING ON LEGS QUARTERS BACK ON ROASTING 3½ LB. AVG. LB. 49¢

Chicken Legs GOV'T INSPECTED REG. THIGH ON	LB. 69¢
Esskay Franks ALL MEAT VAC PACK	LB. 99¢
Swift Premium Franks MEAT OR BEEF	LB. 89¢
Brown & Serve Sausage SWIFT PREMIUM	8-oz. PKG. 79¢
Esskay Roasting Pork FRESH PORK SHOULDER	LB. 75¢
Swift Premium Smoked Daisys BONELESS BUTTS	LB. 1.29
Swift Premium Sliced Bacon OR LAZY MAPLE	LB. 1.09
Esskay Bologna BY THE PIECE	LB. 99¢
Liverwurst BY THE PIECE	LB. 69¢

PRODUCE DEPT.

CALIFORNIA CRISP ICE BERG LETTUCE	EACH HEAD 33¢
SUMMER EATING PLEASURE PEACHES	3 lb. 87¢
SUMMER EATING PLEASURE Fresh Tomatoes	each cello carton 39¢
SUMMER EATING PLEASURE Sweet Nectarines	lb. 35¢
GARDEN FRESH Green Cabbage	lb. 14¢
SUMMER EATING PLEASURE Sweet Pears	lb. 39¢
SUMMER EATING PLEASURE Sweet Plums	3 lbs. $1

FROZEN FOOD DEPT. TROPICANA 100% FLORIDA **ORANGE JUICE** SAVE 24¢ 5 6-oz. 99¢ — SAVE 10¢ 12-oz. 39¢

SAVE 46¢ BANQUET ALL VARIETIES **COOKIN BAGS** 5 to 7 oz. pkgs. 99¢

SAVE 16¢ BIRDSEYE **TASTI FRIES** 1½-lb. bag 49¢

SAVE 16¢ Two Guys **Cauliflower** 3 10-oz. pkgs. 89¢

CAMPBELL'S CHICKEN NOODLE SOUP 2 10¾-oz. cans 37¢

Two Guys **CORN** VAC-PACK CREAM-OR WHOLE 4 12 to 16-oz. cans 89¢

APPETIZING DEPT.

IMPORTED BOILED HAM	½ lb. 89¢
IMPORTED FINLAND SWISS CHEESE	½ lb. 79¢
READY TO EAT Imported Pork Loin	½ lb. 89¢
RICH'S OVEN ROASTED Dark Meat Turkey	½ lb. 69¢
A&B LEBANON Bologna	½ lb. 79¢
MIX OR MATCH POLISH Plain or Dutch Loaf	½-lb. 69¢
ALL BEEF AMERICAN KOSHER MIDGET OR SLICED TO ORDER Salami or Bologna	½-lb. 89¢
LITTLE BROWNIE 6 in 1 Assortment pkg.	18-oz. 89¢
SUNSHINE CHEEZ 'IT'	10-oz. pkg. 49¢

Two Guys **FRUIT DRINKS** ALL FLAVORS 46-oz. can 29¢

CHICKEN OF THE SEA CHUNK LIGHT **TUNA** 6½-oz. can 49¢

Two Guys ALL PURPOSE **DETERGENT** 84-oz. box 99¢

KOSHER OR POLISH Two Guys **PICKLES** ½-gal. jar 69¢

UNCLE BEN'S FLAVORED **RICE** 5½-TO 6-OZ. BOX 39¢

FLAVOR ICE **ICE POPS** 24 pack 69¢

Crisco Shortening	3 lb. can 1.59
Reynolds Wrap HEAVY DUTY	2 37½-sq. ft. 89¢
Kraft Mayonnaise	16-oz. jar 53¢
Two Guys Dog Food CHOPPED OR CHUNK	4 14½-oz. cans 99¢
Two Guys Sauerkraut	4 16-oz. cans 95¢
Manhattan Coffee Soda 6-PACK	12-oz. can 99¢
Two Guys Mushrooms SLICED BUTTON OR WHOLE	4½-oz. glass 39¢
Two Guys Cup-of-Soup ALL FLAVORS	4 1-oz. 5/16-oz. BOX 99¢
Wyler's Fruit Drinks FAMILY SIZE	45-oz. can 1.59
Baggies Jumbo Bags	25 ct. 39¢
Lindsay SPANISH OLIVES PITTED	3 5½-oz. can $1
Two Guys Apple Juice	64-oz. btl. 69¢
Two Guys Bubble Bath Liquid	3 12-oz. btls. $1

HOUSEWARES DEPT.

Chopping Block LAMINATED HARDWOOD 10-inch reg. $1.49 99¢

Burger Maker Ideal way for making and freezing hamburger patties. Heavy-duty plastic, dishwasher safe. reg. 89¢ pkg. of 2 64¢

Janitor In A Drum	32 gallon 69¢
Utility Stool HARDWOOD	99¢
Stainless Steel Egg Beater	99¢
Liquid Rug Shampoo By Glamorene	48 oz. 99¢

TOILETRIES DEPT.

Wernets Dentu Creme CLEANS DENTURES 4.2-oz. tube Reg. 87¢ 59¢

Pepto Bismol Liquid FOR STOMACH DISTRESS 12-oz. btl. Reg. 1.39 99¢

Great Lash Mascara BY MAYBELLINE Asst. Shades to choose from Reg. 1.09 99¢

Cough Drops ASSORTED VICKS-PINE BROS. AND HALLS	3-oz. reg. 39¢ 29¢
Ponds Talc 6½-OZ CONTAINER	reg. 79¢ 39¢
Two Guys Styptic Pencil	reg. 25¢ 17¢

DAIRY DEPT.

SAVE 12¢ PARKAY **MARGARINE** QUARTERS 1-lb. pkg. 45¢

SAVE 17¢ ROYAL DAIRY **COTTAGE CHEESE** SMALL OR LARGE CURD 1-lb. cup 49¢

SAVE 23¢ **TROPICANA ORANGE JUICE** ½-gal. carton 59¢

Two Guys BAKERY SPECIALS!

ROUND OR SQUARE WHITE BREAD	3 22-oz. loaves $1
HAMBURGER AND HOT DOG ROLLS	3 pkg. of 8 $1
STREUSEL OR FILLED Coffee Ring	In box 10-oz. 79¢
ITALIAN Bread	5½-oz. loaf 15¢
EXTRA THIN Pretzels	foil bag 18-oz. 79¢

ICE CREAM DEPT. SAVE 20¢ GOOD HUMOR ICE WHAMMY SWIRL OR STRIPE 10-pak 69¢

WEEKLY BONUS SPECIAL — BATHROOM CLEANER LYSOL 17-oz. With a food purchase of $2 or more. HOUSEWARES DEPT. 63¢

Two Guys FOOD DEPARTMENT

TOWSON Joppa Rd. & Goucher Blvd. Open Daily 9:30 A.M. 'til 10 P.M.

DUNDALK Merritt Blvd. & German Hill Road Open Daily 9 A.M. 'til 10 P.M.

BALTIMORE 2401 Belair Road Open Daily 9:30 A.M. 'til 10 P.M.

We reserve the right to limit quantities. Not responsible for typographical errors. Prices effective thru Sat. July 27, 1974. c Vornado Inc., 1974