Open concert Aug. 2

The Department of Recreation and Parks, Bureau of Music will hold a concert on Friday, Aug. 2 on the grounds of Good Samaritan Hospital Hospital.

Good Samaratan Hospital, located in the Northwood community at 5601 Loch Raven Blvd., believes in involving itself with a variety of community oriented activities.

Dr. Leigh Martient will conduct the Municipal Concert Band which will perform music ranging from popular classics to themes from Broadway shows and participation "sing along" motion pictures.

There will be an audience of old and currently popular favorites, as well as a guest soloist for the evening. The concert will begin at 8 p.m. and is open free of charge to the public.

Frederick Douglass life film

Senators J. Glenn Beall, Jr. and Charles McC. Mathias announced that the Maryland Institute has received $20,000 in federal funds to produce a biographical film on Frederick Douglass entitled In Search of Frederick Douglass.

The grant was awarded by the National Endowmwnt for the Arts as part of the Expansion ARTS Program.

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Jeffrey Banks, 20, of Washington, D.C., thinks that "mink should be a combination of practically and eye-appeal." This philosophy is clearly demonstrated by the camel-dyed black cross mink "jogging" jacket above which is completely reversible to tweed. Bank's jacket took top honors in the recent Saga Mink Design Competition. (Cap and knickers designed by Jeffrey; jacket manufactured by Ben Kahn)

JEFFREY BANKS, WASHINGTON, D.C.

Young fashion designer wins Saga Mink award

NEW YORK — Mink is marvelous for the young. It is versatile, practical and it is terribly chic.

That is what young fashion designers are saying these days, including Jeffrey Banks 20, son of Mr. and Mrs. Clarence Banks of Washington D.C.

Mr. Banks, a student at Parson's School of Design here in New York was named a finalist in the 1973-74 Saga Mink Design Competition for his strikingly versatile jogging jacket worked in camel-dyed, black cross mink teamed with tweed. Young men and women in their late teens and early twenties submitted over 375 designs to a jury of prominent fur and fashion authorities.

This is the first year that Parson's students have had an opportunity to design in mink and the results of the Saga contest were sensational.

Mr. Banks' design was so exciting that it was immediately selected for production by Ben Kahn, one of the world's leading fur manufacturers.

"I think that the future of mink lies in the 'Young Designer" feeling which combines practicality with eye appeal," says Mr. Banks. "Mink should be treated as a warm luxurious fabric rather than the traditional concept of fur.

"It is this particular approach that would give the 'New minks' the versatility, the morning to midnight appeal, women are looking for today."

Banks came to New York two years ago with the hope of one day becoming a designer of better ready-to-wear for men and women. He started working a Ralph Lauren's assistant at Polo and then decided to continue his education full time at Parson's School of Design. The Saga Design Competition has now given him an opportunity to expand his experience to mink.

"Fresh young designs like Jeffrey's are the life's blood of the fur industry," says a representative of the Scandinavian Mink Association, producers of over half the world's mink supply. "We are delighted by the results of the Saga Design Competition and are looking forward to promoting the student designs at retail in the fall."

Other finalists named were Carolyn Myers, 19, Morton, Ill., and Shielah Gell 19, of North Bergen, N.J.

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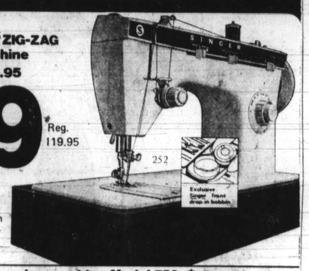

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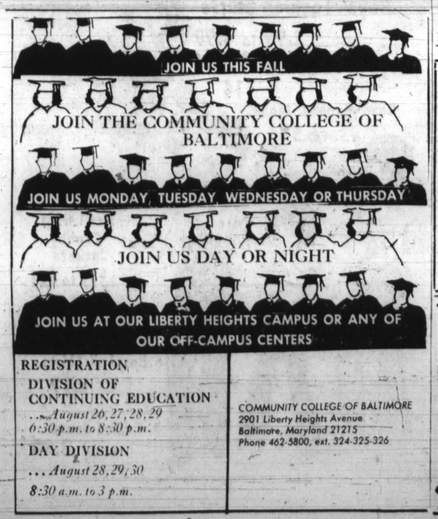

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Cookin with Soul

By Marie P. Cooke
AFRO Women's Editor

When the weather is hot, cooking can really be a chore . . . the kitchen is hot, the food is hot and you are uncomfortable. You dream of preparing a cool, light and easy-to-fix meal without having to turn on the oven.

New on the small appliance markets is the toaster oven which can help get your cooking chore done faster. It's great for small baking jobs and is easy to clean. Temperatures can be regulated the same as on your oven and many models have see-through windows so you can watch the food while it's cookin'.

And don't think toaster ovens are only for little "jive" things like toast, hamburgers or grilled sandwiches. You can fix just about anything in small amounts in one. They are great for warm-ups, too.

is toasted waffles topped with a Cook cool this summer says this career woman. A toaster oven eliminates the use of a full size oven for quick, easy and appetizing meals. Waffled Ham 'n Eggs which slice of ham, egg mixture and Swiss cheese is then baked in the toaster-oven. That's coll cooking. (Photo features Proctor's Toaster Oven

Macaroni never tasted so good in my household than when it came out of my toaster oven last week.

You start with ordinary macaroni but you spice it up with curry powder, chopped onion, chopped green pepper and sliced summer sausage.

• • •

Then surround it with a creamy cheese and mushroom sauce and bake it and serve with a crisp green salad and a refreshing drink.

You think of macaroni always teaming up with Cheddar. This time it's different—Swiss is the cheese to add the flavor.

For variety, make Spicy Sausage-Mac Dinner another time substituting smoked sliced beef for the sausage. Smoky Beef-Mac Dinner will make a big hit with your family too.

Either way, it's a perfectly delicious dish snapping out of the dull dinner routine. And your family will tell you ordinary macaroni never tasted so good.

SPICY SAUSAGE-MAC DINNER

Two cups (7 or 8 oz.) elbow macaroni; one-quarter cup (one-half stick-butter; one-quarter teaspoon curry powder; one-half cup chopped onion; one-half cup chopped green pepper one can (10 one-half oz.) condensed cream of mushroom soup; one-half cup milk; three-quarter pound sliced summer sausage cut up; one cup (4 oz.) shredded Swiss cheese; four hard-cooked eggs, sliced; egg slices for garnish.

Cook macaroni according to package directions; drain and set aside. Meanwhile, in small skillet melt butter; stir in curry power. Saute onion and green pepper until tender. In a large bowl combine soup and milk; add sausage cheese, eggs, sauteed vegetables and macaroni. Turn into a 2-½-quart buttered casserole. Bake in a preheated 350 degree toaster oven 45 minutes or until heated through. Garnish with egg slices. Makes 6-8 servings.

Note: One package (3 oz). smoked sliced beef, chopped, may be substituted for the summer sausage.

Here's another easy summer dish . . . A perfect way to end the day.

WAFFLED HAM 'N' EGGS

Four hard-boiled eggs, chopped; one-half teaspoon prepared mustard; one-quarter teaspoon caraway seeds; pepper; mayonnaise; two Swiss cheese slices; one tablespoon mayonnaise; one-quarter teaspoon granulated sauteed onion; salt; two double frozen waffles; two cooked ham slices.

Combine eggs, mayonnaise, mustard and caraway seeds. Add salt and pepper to taste. Toast waffles according to package directions in Pop-Up Toaster slot. Spread each double waffle with mayonnaise. Top with a ham slice and half of the egg mixture.

Set oven control at 350 degrees F. and bake on baking tray for 10 minutes. Top with cheese slices and continue cooking until cheese melts.

Serves 2.

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