LANCASTER BRAND QUALITY STEAK SALE

7-BONE BONELESS (FORMERLY BONELESS CHUCK) 99¢ lb.

7" CUT RIB STEAK LARGE END $1.29 lb.

MASH'S LEAN SMOKED FULLY COOKED HAMS
SHANK HALF lb. 59¢ | BUTT HALF lb. 69¢

ACME — You're going to like it here! SUPER SAVER

Prices Effective Thru Saturday, July 13, 1974. Quantity Rights Reserved.

Porterhouse Steaks	WITH TAIL	lb. $1.59
7-Bone Steaks	FORMERLY CHUCK STEAK	lb. 89¢
Blade Steaks	FORMERLY 1ST. CUT CHUCK STEAK	lb. 79¢
Under Blade Steaks	FORMERLY CALIF. STEAK	lb. 99¢
Tender Arm Steaks		lb. 99¢
Cross Rib Steaks		lb. 99¢
7 Inch Cut Rib Steak	SMALL END	lb. $1.39
Rib Eye Steak	FORMERLY DELMONICO	lb. $1.99

Farmdale Franks	1-lb. pkg.	69¢
Beef Franks	LANCASTER BRAND 1-lb. pkg.	89¢
Gwaltney Franks	12-oz. pkg.	69¢
Oscar Mayer Franks	BEEF OR REGULAR 1-lb. pkg.	$1.09
Sliced Bologna	FARMDALE 1-lb. pkg.	89¢
Lunch Meats	LANCASTER BRAND 6-VARIETIES 2 8-oz. pkgs.	89¢
Sausage Links	ESSKAY 2 8-oz. pkgs.	89¢
Esskay Sausage	DIXIE MAID, FARM STYLE OR PORK & BACON 1-lb. pkg.	79¢

IN OUR DELI! DOMESTIC BOILED HAM LEAN SLICED $1.39 lb.

QUICK AND EASY! FARMDALE POT PIES BEEF, CHICKEN OR TURKEY 4 8-oz. pkgs. $1

10-PACK ROMAN PIZZA SUPER SAVING PRICE! 1-lb., 11-oz. pkg. 99¢

SLICED TO ORDER IN OUR DELI!

Hormel Spiced Ham	½-lb.	79¢
German Bologna	ECKRICH ¼-lb.	39¢
Ham & Cheese Loaf	ECKRICH ½-lb.	79¢
Old Fashion Loaf	ECKRICH ½-lb.	79¢
Domestic Swiss Cheese	½-lb.	79¢

SUPER SAVING FROZEN FOODS!

Meat Dinners	LANCASTER CHICKEN, TURKEY, MEAT LOAF OR SALISBURY pkg.	49¢
Beef Dinners	LANCASTER BRAND pkg.	79¢
Seafood Platter	HEAT & SERVE COMMODORE 2-lb. pkg.	$2.09
Fish Fillets	HEAT & SERVE! lb.	89¢
Cod Fillets	INDIVIDUALLY QUICK FROZEN lb.	$1.39
Rich's Coffee Rich	3 1-pt. ctns.	$1
Layer Cakes	SARA LEE GOLDEN, CHOC., VANILLA OR WALNUT 1-lb., 2-oz. pkg.	$1.47
Ore-Ida Onion Rings	12-oz. pkg.	59¢
Bright & Early	IMITATION ORANGE DRINK 6 6-oz. cans	$1.3
	12-oz. cans	$1
Cut Green Beans	EMPIRE 1½-lb. pkg.	49¢
Chopped Spinach	OR LEAF IDEAL BRAND 5 10-oz. pkgs.	$1
Birds Eye Cool Whip	8-oz. cup	62¢

SAVE 20¢ ON CURITY DIAPERS DAYTIME 30's OR TODDLERS 24's $1.79 pkg.

SUPER SAVING PRICE! BREAST O' CHICKEN LIGHT CHUNK TUNA IN OIL 6½-oz. can 55¢

JOHNSON & JOHNSON'S BABY POWDER SAVE 20¢ 14-oz. can 69¢

VASELINE PETROLEUM JELLY SAVE 20¢ 7½-oz. jar 49¢

SOFT COTTON Q-TIPS SWABS SAVE 30¢ pkg. of 170 59¢

SAVE 30¢ WITH THIS COUPON (MFG-6) TOWARD THE PURCHASE OF A 2-LB. CAN ANY GRIND Chase & Sanborn Coffee. Limit: one per family, please. Offer expires July 13, 1974.

SAN GIORGIO ELBOW MACARONI SUPER SAVING PRICE! 2 1-lb. pkgs. $1

IDEAL BRAND TOMATO JUICE SAVE 15¢ 2 1-qt.-14-oz. cans 79¢

FRESH BAKED! SUPER LOAF SLICED WHITE BREAD 3 1-lb., 6-oz. loaves $1

KRAFT WHITE OR YELLOW AMERICAN CHEESE FOOD INDIVIDUALLY WRAPPED! 12-oz. pkg. 89¢

IMPORTED CLAD STEEL GOURMET COOKWARE THIS WEEK: 10" FRENCH SKILLET only $5.99 SAVE $1

SUPER SAVINGS ON FAVORITE FOODS!

Deviled Ham	UNDERWOOD 4½-oz. can	65¢
Corned Beef Spread	UNDERWOOD 4½-oz. can	65¢
Chicken Spread	UNDERWOOD 4½-oz. can	63¢
Ajax Cleanser	2¢ OFF LABEL! 2 14-oz. cans	41¢
Fabric Softener	AUSTIN 1-qt. jug	89¢
Acme Pretzels	THIN OR AMISH 3 8-oz. pkgs.	$1
Marshmallows	DAINTEE 1-lb. pkg.	37¢
Pork & Beans	IDEAL 2 1-lb., 5-oz. cans	69¢
Salad Crispins	ALL VARIETIES 2½-oz. pkg.	49¢
Ice Tea Mix	IDEAL WITH LEMON 12-oz. jar	59¢

SUMMERTIME OUTDOOR VALUES!

Citronella Candles	each	59¢
9½-Inch Playballs	each	69¢
Spoons, Forks or Knives	pkg. of 12	69¢
Eveready Batteries	C OR D CELL WESTINGHOUSE pkg. of 2	49¢
Bug-A-Way Bulbs	pkg. of 4	$1.06
Tablemate Placemats	pkg. of 48	49¢

SAVE 17¢ WITH THIS COUPON (MFG-6) Light 'N Lively Ice Milk ½-gal. ctn. $1.02. Limit: one per family, please. Offer expires July 13, 1974.

SAVE 40¢ WITH THIS COUPON (MFG-6) Secret Deodorant 9-oz. can $1.09. Limit: one per family, please. Offer expires July 13, 1974.

SKYLINE HEALTH & BEAUTY AIDS!

Skyline Toothpaste	7-oz. tube	49¢
Skyline Mouthwash	1-qt. btl.	59¢
Skyline Peroxide	1-pt. btl.	29¢
Baby Powder	SKYLINE 14-oz. can	59¢
Skyline Baby Oil	1-pt. btl.	69¢

SAVE 30¢ WITH THIS COUPON (MFG-6) TOWARD THE PURCHASE OF A PACKAGE OF 30 Stayfree Maxi Pads. Limit: one per family, please. Offer expires July 13, 1974.

SAVE 12¢ WITH THIS COUPON (MFG-6) TOWARD THE PURCHASE OF ANY SIX 3-OZ. PACKAGES OF Jell-O Gelatin Desserts. Limit: one per family, please. Offer expires July 13, 1974.

SUPER SAVINGS IN DAIRYLAND!

Low Fat Milk	BRIGHT & BREEZY ½-gal. ctn.	69¢
Fleischmann's Margarine	SOFT 1-lb. bowl	75¢
Lucky Whip	DESSERT TOPPING 9½-oz. can	59¢
Cheese Spread	CHEF'S DELIGHT 2-lb. box	$1.09
Ice Milk	LIGHT 'N LIVELY WITH 17¢ COUPON ON RIGHT ½-gal. ctn.	$1.02

FRESH BAKERY BARGAINS!

Vienna Bread	PLAIN OR SEEDED OR SLICED ITALIAN 2 1-lb. loaves	89¢
Cinnamon Buns	BIG BUY 9-oz. pkg.	59¢
Lemon Fingers	BIG BUY OR CHERRY SWIRLS 9-oz. pkg.	59¢

SAVE 15¢ WITH THIS COUPON (MFG-6) Tide Detergent 3-lb., 1-oz. pkg. 94¢. Limit: one per family, please. Offer expires July 13, 1974.

SAVE 25¢ WITH THIS COUPON (MFG-6) Cascade Detergent 3-lb., 2-oz. pkg. 88¢. Limit: one per family, please. Offer expires July 13, 1974.

SUPER SAVINGS ON SUPER FRESH PRODUCE!

Bing Cherries SWEET AND JUICY FROM THE GREAT NORTHWEST! lb. 59¢

Valencia Oranges	CALIFORNIA 113 SIZE! 10 for	69¢
Sweet Nectarines	lb.	45¢
Romaine Lettuce	OR ENDIVE lb.	25¢
Fresh Tomatoes	lb.	49¢
Grapefruit Juice	TROPICANA PURE ½-gal. jug	99¢

BIG VALU FOOD CENTERS

OPEN SUNDAY 9 A.M.-5 P.M. MON. THRU SAT. 8 A.M.-10 P.M.

U.S. GOVT. INSPECTED GRADE "A" TURKEYS 16 to 22 lbs. 35¢ lb. Ready-to-Cook. Sold Whole Only

FRESH REGULAR Crab Meat $3.99 lb.

FRESH GROUND Beef Plus Protein 69¢ lb.

U.S. CHOICE 1ST CUT Chuck Steaks 79¢ lb.

¼ LOIN 9-11 CHOPS PER PKG. Pork Chops $1.09 lb. ENDS & CENTER CUTS

WEAVERS BATTER DIP Chicken Breasts $2.69 1 lb. 6 oz. Pkg.

CROWN Minute Steaks $4.79 2 lb. pkg.

SEA KOVE Minced Clams 45¢ 6 oz. pkg.

HOWARD JOHNSON Fried Clams 99¢ 7 oz. pkg.

CARNATION RAINBOW Trout $1.19 8 oz. PKG.

PARKS ROLL Sausage $1.09 1 lb. pkg.

FRESH SLICED TO ORDER Boiled Ham 79¢ OSCAR MAYER ½ lb.

CAROLINA-FREESTONE Large Peaches .. 39¢ lb.

RED BLISS Potatoes ..... 19¢ lb.

Florida Limes Calif. Oranges 10¢ ea.

FRISCO Red Onions ... 19¢ lb.

SPANISH Onions ..... 19¢ lb.

SEALTEST OR KOONTZ Milk gal. $1.43

FOOD CLUB KOSHER Dill Pickles 69¢ qt.

FOOD CLUB-116 2 oz. btl. Bar-B-Q Sauce 39¢

We welcome U.S. Govt. Food Stamps

Amber Opaque Glassware: 16 OZ. ICED TEA GLASSES ea. 16¢; 25 OZ. ICED TEA GLASSES ea. 22¢; 85 OZ. MATCHING PITCHER ea. 99¢

JUBILEE Apple Tart Pie 85¢

JUBILEE SAVE 6¢ Lemon Pie .... 69¢

PRICES EFFECTIVE JULY 7 to 13, 1974