# New, new strawberry ideas

You might not think of maple and strawberries as likely companions, especially as you don't see too many maple trees adjoining the strawberry fields of sunny California, where most of our fresh strawberries are grown.

But you will find the flavor of maple syrup and fresh strawberries much to your liking, especially when the two are teamed in a Strawberry-Maple Syrup Pie. It's a very pretty pie, indeed, with the strawberries peeking through a circle of whipped cream.

If you're in an extra-special hurry, you might want to try quick-and-easy Strawberry Ladyfinger Pie. Instant Pudding and ladyfingers and a topping of strawberries form the filling for this unusual pie. A purchased pie shell makes it even more of a snap to prepare.

**STRAWBERRY-MAPLE SYRUP PIE**
**(Makes 9-inch pie)**

2½ pints fresh California strawberries
2½ tablespoons quick-cooking tapioca
½ cup water
½ cup maple syrup
1 tablespoon butter or margarine
1 teaspoon vanilla
Few drops red food coloring (optional)
9-inch baked pie shell
1 cup heavy cream, whipped
1 tablespoon maple syrup

Puree 1 pint of strawberries and strain through a fine wire sieve or cheesecloth. (Makes about 1 cup puree). Combine strawberry puree, tapioca, water and the ½ cup maple syrup in a saucepan. Stir over medium heat until mixture comes to a boil; continue cooking, stirring frequently, 6 to 8 minutes. Remove from heat and stir in butter and vanilla. Cool.

Arrange remaining whole strawberries in cooled pie shell. Spoon cooled puree over whole strawberries and chill 3 hours or longer. Blend whipped cream and the 1 tablespoon maple syrup and spoon around edge of pie.

**STRAWBERRY LADYFINGER PIE**
**(Makes 9-inch pie)**

1 package (3-¾ ounces) instant vanilla pudding mix
1½ cups milk
9-inch baked pie shell
4 ladyfingers, split
½ tablespoons cream sherry
1 pint fresh California strawberries
6 tablespoons currant jelly

Prepare pudding mix according to package directions, using only 1½ cups milk. Pour half of pudding into cooled pie shell; arrange ladyfingers, cut-side up, on pudding and sprinkle with sherry. Spoon remainder of pudding over ladyfingers and spread evenly. Chill about 2 hours.

Arrange whole strawberries on top of filling. Melt jelly over low heat, stirring constantly. Spoon jelly over strawberries to glaze. Serve pie immediately or chill until serving time.

The flavor of maple syrup and fresh strawberries will be much to your liking, especially when combined in a delicious Strawberry-Maple Syrup Pie. Fresh strawberries from California are in season right now, so plan to try this brand new recipe right now.

## Food Clips

Cheese with an aromatic or a strong odor such as Limburger should be stored in a tightly covered jar or container. The fast curing cheese should be used within a reasonable time after purchase, according to U.S. Department of Agriculture home economists.

Chilling cheese? You shouldn't! Most cheese should be served unchilled in order to help bring out its distinctive flavor and texture characteristics. Twenty minutes to one hour or more at room temperature is the best way to serve most cheeses. Cottage cheese and cream cheese, of course, are not in this category.

"Coldpack cheese food" may contain pimentos, fruits, vegetables or meats—or may even have a smoked flavor, according to USDA. "Coldpack cheese" does not spread as easily and it is somewhat stronger than the "coldpack cheese food." The label will tell you which you are selecting if you read it.

### Leftover eggs

A good way to use leftover Easter eggs (hard-cooked, of course) and at the same time get calcium into the family's diet is to make your regular egg salad but use cottage cheese and sour cream to hold it together. For each three eggs, use one-half cup of cottage cheese with one tablespoon of dairy sour cream.

### Zippy dressing

It's the season for salads as the weather turns warmer. But a salad is often only as good as its dressing. Here's a zippy recipe that will bring out the best in your crisp vegetable combinations: blend 1½ cups of cottage cheese with ½ cup French dressing, ¼ cup crumbled Blue Cheese and 1 tablespoon prepared mustard. Chill well before using. Keep covered in a jar.

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# Woodlawn Highlights

By Marjorie E. Green

The Social Security Administration observed National Volunteer Week, April 22-26, by inviting representatives from community agencies that frequently use the services of volunteer workers, to join in panel discussions on volunteer needs and contributions to the community.

Participating agencies included: Taylor Manor Hospital, Volunteer Action Center of Maryland, Community Action Agency, Big Brothers of Baltimore, Fish and Hot Lines, Inc.

The week long activities were climaxed with a program and reception given in honor of all SSA volunteers on Friday, April 26.

A worker in the volunteer program is not required to have any special talents other than a commitment to the idea of people helping people. The program is similar to that of some church missionary groups except that no one has ever been denied membership in VOSSA. There is no room for jealousies or personal ambitions in SSA's "Help Thy Neighbor" program that has gained national attention and has been cited by the President of the United States.

Mrs. Bernice S. White, Community Relations officer, opened the program with a salute to the volunteers. A proclamation from the Baltimore City mayor's office was presented by Quentin Lowson, educational liaison officer. Mr. Lawson commended those who had given so much of themselves to the community in the past year. Commissioner Cardwell added a personal note of thanks to those who were being recognized and encouraged others to follow.

In his closing remarks the Rev. James H. Cain, minister of Mt. Vernon Place United Methodist Church, stated that "SSA volunteers have put a human face on bureaucratic government."

According to Mrs. Kitty Smith, VOSSA coordinator, and the only paid full time staff member, there are an estimated 8,000 persons in central headquarters who are community volunteers. "It is difficult to exist in today's society and not become involved. The low income black worker is the most constant volunteer. No longer is "volunteer" a white middle class word used in reference to the rich woman doing charity work."

There are many reasons why people first join with a group. Some join to further career development, others may simply want to meet people, or it may be because one's lifestyle has been threatened. Whatever the reason, they soon find themselves totally committed to "volunteerism."

Mrs. Smith states, "The community has reaped in a very positive manner to the program by continuing to renew their requests for help. We feel as though VOSSA members are 'Ambassadors of Goodwill,' representing big government. People are beginning to realize that the Social Security complex is not just a brick structure sitting on a hill. We are interested in the community and will continue to serve its critical needs."

* * *

Any non-political organization or group that needs help can call 594-7400 Monday through Friday between the hours of 8:30 a.m. and 5:30 p.m. The volunteer need must be set up according to SSA work schedules because the work is done on the volunteers own time.

* * *

Send news items c/o: Woodlawn Highlights, P.O. Box 785, Baltimore, Maryland 21203.

GROUP PRESIDENT — Mrs. Margaret Mitchell, president of the Md. State Beauty Culturist Assoc. Inc., willpreside at the 24th annual convention-15th annual Trade Show to be held May 4-7 at the Baltimore Sheraton Motor Inn.

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