Naval Academy plebe wants more challenge

Julius Caesar, a Cleveland All-City football player, says he entered the U.S Naval Academy because, "I wanted more of a challenge than I thought I would get at a regular college." He's a plebe (freshman) at Academy in Annapolis, Md.

Julius is one of 200 black midshipmen at Annapolis, the largest number of blacks to attend the Academy in its 123-year history. The plebe class alone includes 110 blacks, the most black midshipmen to enter with one Naval Academy class.

Like most of the men who are accepted at Annapolis, Julius Caesar, he says his name is a real icebreaker, was a good student in high school and active in sports and extra curricular activities.

Julius joined the Navy as an enlisted man right after high school graduation so he could attend the Naval Academy Preparatory School (NAPS) in Bainbridge, Md to beef up his academic background.

After Navy boot camp and a year at NAPS Julius reported to the Academy for Plebe Summer, two months of training and indoctrination for new midshipmen.

"The mental aspects of Plebe Summer were the most difficult," says Julius.

"You have to memorize and be able to recite on a moment's notice. But Plebe Summer is necessary to teach you to think under pressure. You develone a lot of self-discipline during this time."

When the academic year began in September things didn't let up for Julius and his classmates. In addition to their military duties midshipmen take an average of 18 hours of classes each semester. The curriculum is a combination of academic and professional courses. Also, midshipmen may choose a major from 27 areas of study. Midshipmen Caesar plans to major in oceanography.

Sports and Navy football in particular were one of the main reasons Julius Caesar chose Annapolis. At 6'1" and 215 pounds Caesar was one of only several plebes to be named to the varsity team when practice began in the fall. He worked on at the linebacker position.

Though he didn" play in a varsity game this season he says, "I reaped a lot of benefits from being on the team, and I'll be out there next year."

REAL ICEBREAKER, Julius Caesar (left) is an all-star busy trainee in the Annapolis Naval Academy. He poses with one of 200 black freshmen, Randall Pritchett of Lancaster, Ohio. In addition to studying Julius also plays football and carries out a number of military duties.

Reads gives check to cancer group

Read's Drug Stores on Jan. 16 presented the American Cancer Society Baltimore City Unit a gift check. The gift was received for the society by Dr. Harold E. Ramsey, president of Board of Directors and Norman Polovoy, vice-chairman of the Board of Directors.

George P. Timberlake, executive director and Mark Lorenzetti, program director for the American Cancer Society Baltimore City Unit were also present.

The contribution was made by Read's Drug Stores, Inc, on behalf of the physicians of the Baltimore metropolitan area.

Both the Cancer Society and Read's stress the importance of prevention and early diagnosis of Baltimore's number one killer - cancer. For free cancer detection information, see your Read's Pharmacist at the Read's Drug Store nearest you.

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TIME: 1 to 8 PM/Free Parking

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Ms. Dandridge at UMBC

MS. HARRIET DANDRIDGE
director of financial aid office at UMBC

Ms. Harriet Dandridge has been appointed director of the office of financial aid at the University of Maryland Baltimore County (UMBC) according to a recent announcement by UMBC chancellor Dr. Calvin B. T. Lee.

Ms. Dandridge comes to UMBC from Towson College, where she served as assistant director of financial aid. She received her B.S. in Elementary Education from Towson and holds a M.S. in student personnel administration from Howard University.

As director of UMBCs financial aid office, she will be primarily involved in securing financial aid funds from federal and state sources, making application for and administering the funds. Other aspects of the job involve identifying eligible financial aid applicants, making loans and grants available to eligible students and informing UMBC's student population, now exceeding 5,000, in availability of financial aid.

In announcing Ms. Dandridge's appointment, Dr. Lee expressed his confidence that "her experience and training in the area of financial aid would prove most valuable to UMBC's growing student population."

Social Calendar

MARCH 9

Delta Sigma Theta Sorority, Inc., Monte Carlo Night, Eastwind, 9000 Pulaski Highway, 10 p.m.-2 a.m.

MARCH 10

The Maryland Pharmaceutical Society Banquet honoring senior black pharmacists, LeFontaine Bleu, 3120 Erdman Ave., 7:30-10 p.m.

MARCH 22

Tau Gamma Delta Sorority, Inc., Pi Chapter, Annual Scholarship Ball, 6812 Dogwood Rd., 10 p.m.-2 a.m.

When Woman Power held its annual membership tea at Enon Baptist Church on Sunday, two of the officers and committee members were on hand to meet new members. From left: Mesdames Vera Le Cato, assistant treasurer; Betty Warren, recording secretary; Bertha Anthony, tea chairman; Ruby Anderson and Miss Marion DeLillian, junior hostess.

Marriage permits

LOCKLEAR-ORUNDAHL — Harvey L., 24, 2106 E. Baltimore; Dorine A., 17, 602 S. Decker
WHITLEY-HAWKINS — Geofrey, 22, 1646 N. Smallwood; Sylvia, 20
POPPELLWEASE — Bruce D., 18, 3524 St. James; Lynn C., 18
KING-HAMILTON — Donald F., 38, Gloria S., 37, 2870 W. Garrison
CHAMBERS-POTEE — Paul, 26, 4 St. Louis; Patricia I., 22, 514 Sylvan
CONNER-ZERMO — David, 19, 5106 Brookwood; Maria, 16
SHUPE-MURPHY — Eugene C., 18, 1342 Nursery; Jacqueline M., 15, 4 Woods
DORSEY-JOHNSON — Kenneth E., 21, Phila., Pa.; Roslyn L., 15, 1329 Silverthorne
BARRY-GOODMAN — Herbert, 23, 820 McDonough; Delsey, 23, 901 Broadway
SOMERS-CAMPAGNOLI — Michael L., 24, 414 S. Bentalou; Tina M., 15, 316 Pulaski
BOECKER-OMELIA — George C., 20, 3010 Lorena; Pamela G., 17, 235 Hazel
REHM-KELLOGG — John W., 19, 3323 Chestnut; Filene A., 19.
WILKES-ROSE — Harvey, [illegible] Robert B., 46.
KNAPIK-MNAR — Frank C., 20, 5201 Plainfield; Theresa, 19, 5117 Eugene.
KRAMER-NESSLEIN — John P., 23, 3202 Puddyhill; Catherine A., 21, 6823 Youngstown.
DAVIS-JOHNSON — Larry D., 21, 2863 W. North; Dorothy L., 30.
MCCOY-MARGRUDER — James, 22, 1147 Argyle; Linda, 25, 600 Cator.
SHOEMAKER-TURNER — Adam G., 21, Thiresa L., 17, 2501 Yarkway.
MUNZNER-DOBSON — Emory C., 28, 7 Guildball; Elaine C., 28, 6719 Graceland
SMITH-MULHERIN — Thomas J., 23, 789 Mesa; Kathleen M., 22, 210 W. Arden.
COX-LOUIS — Donald, 48, 2125 Ridgehill; Helen O., 33.
WASHINGTON-SCOTT — [illegible] A., 23, 901 N. Rogedale; Denise M., 20, 3 Reisterstown.
JARVIS-BELLAMY — Edwin B., 18, 337 E. 29th; Brenda R., 20, 3918 Grantley.

Divorces filed

Marianna Emery vs. Bernie Emery Jr.; Glenn A. Harris vs. Jennie L. Harris; Bernardine Johnson vs. Eligah Johnson; Johnny Lawson vs. Kernestine Lawson; Otis McCullers vs. Hattie M. McCullers; Janness M. Kujawa vs. Thomas J. Kujawa; Lauretta Dickey vs. Stanley B. Dickey; Vernon White vs. Carlyn A. White;

DIVORCES GRANTED

Barbara Jenette Smith from Otha James Smith Jr.; Andrea C. Meyers from Robert L. Meyers; Susan E. Asplotis from Spiro K. Asplotis; John W. Massar from Mary F. Massar; Elizabeth A. Carlan from James J. Carlan; Guinevere R. Robinson from Charles H. Robinson Jr.; Joan K. Thim from Anthony J. Thim Jr.; [illegible] Robert Ball; Frederick P. Dampiel from Dorothy Dimpfel;

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Week's Best Food Buys

An exotic fruit? Perhaps we needn't go further than the nearest produce corner and consider the banana. It is grown outside our shores and imported from a foreign country. There isn't anything excitingly strange about bananas — we've been eating them all our lives, since babyhood, says Virginia McLuckie, food economist, Baltimore Office, Cooperative Extension Service, University of Maryland.

We eat about one banana per week per person which is around 18 pounds annually. This consumption is exceeded only by oranges and apples as the most popular fruits. Because bananas are so easy to eat and require no refrigeration, it is possible that families help themselves as they pass by a fruit bowl of bananas.

One unique feature of bananas is the price remains fairly steady throughout the year. Since bananas are available every month of the year, they are a good buy for food value, dollar value and eating enjoyment. Bananas grow on a plant, not a tree, and each plant grows 15 to 30 feet in height and bears one stem or bunch of fruit.

Today — the science of growing, shipping and distributing bananas has been developed into a high point. In order to get maximum flavor, the fruit must be ripened off the plant under scientifically controlled conditions. No longer do "Banana Boats" bring bunches of bananas to be ripened in storage rooms. Instead, hands of bananas are cut from the stalk, placed in 40 pound cartons lined with film at the point of demarcation and shipped to North American ports. From the boats, they travel by rail and truck to controlled readiness rooms for retail distribution.

Choose bananas in the stage of ripeness that suits your needs. For cooking or future table use, yellow bananas with green tips are the best kind to buy. For immediate use as a fresh fruit, yellow bananas flecked with brown are more quickly digested and have more flavor than do the yellow type.

Store bananas at room temperature. If bananas are fully ripe and must be kept for a day or two, refrigeration may possibly retard or prevent spoilage. If you have a lot of bananas left, why not peel and mash them into pulp, add some lemon juice or ascorbic acid powder and freeze the pulp for later use in muffins, breads, cakes, tasty milk shakes or fruit sundaes over ice cream.

Banana Sweet Potato Balls

Two pounds fresh sweet potatoes, one tbsp. butter or margarine, one teaspoon salt, one-eighth tsp. ground black pepper, one-fourth tsp. grated lemon rind, one-fourth cup sugar, one egg, beaten, two medium bananas, three cups crushed cornflakes

Scrub potatoes. Boil whole in sufficient water to cover until tender. Remove skins and mash. Add butter or margarine, salt, pepper, lemon rind, sugar and egg. Mix well. Shape potato mixture into 8 balls, each round a 1½-inch chunk of banana. Roll in cornflakes. Place on a lightly greased cooky sheet.

Bake in a preheated moderate oven (350 degrees F.) for 15 minutes. Serve with pork or ham.

YIELD: 8 sweet potato balls.

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CATONSVILLE, MD. ROUTE 40 WEST — Exit 10 East on the Beltway Catonsville, Maryland. OPEN DAILY INCL. SAT. 10 A.M. 'til 9:30 P.M.
GLEN BURNIE, MD. GOVERNOR PLAZA — Cole - Kinloch Highway Next to the Motor Vehicle Bureau. OPEN DAILY INCL. SAT. 10 A.M. 'til 9:30 P.M.
TOWSON, MD. PERRING PLAZA — Joppa Road & Perring Parkway (Exit 30 on the Beltway). OPEN DAILY INCL. SAT. 10 A.M. 'til 9:30 P.M.
BEL-AIR, MD. HARDFORD MALL — 400 Bel-Air Road Bel-Air, Maryland. OPEN DAILY INCL. SAT. 10 A.M. 'til 9:30 P.M.