Week's best buys

Holiday menus include sumptuous meals planned to suit the family's likes. This year shoppers find traditional foods combined with economy, says Virginia McLuckie, Food Economist, Baltimore Office, Department of Markets, University of Maryland.

Recommended buys at the meat counter for Easter are ham and turkey. Make your selection and plan your menu with foods that combine well with either entree.

There are really only two basic types of ham on the market; first, the smoked cured ham that must be thoroughly cooked before eating second, hams that are fully cooked that can be served warm. Canned hams fall into the fully cooked class. Read the labels to determine which type ham you are buying.

Hams are available in several styles: bone in, skinless, shankless, semi-boneless, boneless-hankless and canned hams. In addition to the styles you may purchase a whole or various parts of a ham depending upon your needs. Half hams means you are buying exactly one half, either the butt or shank half. When the center slices have been removed, the portions remaining are sold as ends or portions.

If hams are large the butt or shank end portions will contain more meat than the portion from a smaller whole ham. Count on two and one half servings from the ends or portions and three servings per pound from half hams.

The price of ham is influenced by many factors. The further ham is processed and the more waste in excess fat, skin and bone is removed, the higher the price per pound.

Turkey is in heavy supply. The carryover stock is running well above normal. You will find turkeys of almost every size range available at attractive prices. Thaw the frozen bird in the refrigerator, then roast the bird unstuffed for a festive meal. Garnish the turkey with fruits or vegetables in keeping with a spring theme.

Eggs play an important roll in the Easter celebration. For the colored decorated eggs use vegetable dyes which you know are approved and safe. Follow package directions for best results. Why not plan to start the Easter holiday with a family breakfast that features a special egg dish as the main part of the meal.

For your holiday salad greens the escarole endive Romain greens may be a better buy than iceberg lettuce. There are green onions and spring radishes available for salad or relish serving. Cabbage and medium size green peppers and onions are suggested. Turn to the supply of frozen green beans and canned or frozen sweet corn for colorful vegetables.

Frozen orange juice is the best citrus buy. Plan to make fresh pineapple one of your holiday fruits. Strawberries, rhubarb, bananas and imported melons offer variety for fruit desserts.

PEACHES FOR HAM...

Day before — combine syrup from No. 2½ can peach slices with ¾ cup vinegar; 1/2 cup packed brown sugar; 1 tsp. whole cloves; 1 stick cinnamon. Simmer 10 minutes. Add peaches bring to boil. Refrigerate. When baking ham use 1 cup of this syrup mixed with 1 teaspoon cornstarch to baste it. Garnish ham with spiced peach slices.

TURN IN A PUSHER

Do you know a dope pusher? Don't tell us your name. Just call 732-8046 and tell us what you know, where he is.

EAT ANYTHING WITH DENTURES

Do your loose dentures slip or cause sore gums? BRIMM'S PLASTI-LINER relines dentures snugly without powder, paste or pads. Gives tight, comfortable fit for months. YOU CAN EAT ANYTHING. Simply lay soft strip of PLASTI-LINER on denture. Bite and it molds perfectly. Easy to use, harmless to dentures and gums. Money-back guarantee from mfg. At all drug counters.

Two Guys FOOD SUPERMARKETS

SALE TODAY thru SAT.

FOR FAMOUS FINE CHINA ON SALE THIS WEEK!

BREAD & BUTTER PLATES ONLY 39¢ EACH with every $5 purchase. Regularly 75¢

4 SALAD PLATES SAVE 50¢ only $1.49 No purchase required

Next week, cups. Follow the weekly sale features and build a service for eight for only $15.60!

"OUR TRIM IS BETTER" BUYING IS BELIEVING

Two Guys TRADING STAMPS FREE WITH EVERY FOOD PURCHASE* ONE COMPLETE FOOD IN WORTH 2.25 *Sorry, we are not allowed to give stamps or redeem stamp books on alcoholic beverages, cigarettes or liquid milk.

CHARGE FOOD - ON FOOD PURCHASES OF $15 OR MORE AT ANY TWO GUYS FOOD SUPERMARKET

WE GIVE TRADING STAMPS

ONE BOOK SPECIAL 4.49 YOU PAY JUST

Sunbeam Electric ALARM CLOCK Popular compact size. Easy to read luminous dial. Antique white color blends with any decor. JEWELRY DEPT. PLUS ONE FILLED TWO GUYS TRADING STAMP BOOK REG. 4.99 50¢

WEEKLY BONUS SPECIAL "PINE-SOL" DEODORIZING CLEANER 66¢ 28 OUNCE REG. 89¢ WITH A FOOD PURCHASE OF $2 OR MORE. HOUSEWARES DEPT.

FROZEN FOOD

SAVE 20¢ BUITONI RAVIOLI WITH MEAT OR CHEESE BOX OF 50 19 oz. 59¢

SAVE 25¢ BANQUET ALL VAR. EXCEPT BEEF COOK N' BAG 4 5 oz. bags 89¢

SAVE 20¢ SAU-SEA SHRIMP COCKTAIL 3 4 OZ. 99¢

SAVE 36¢ PARTY-PARKERHOUSE POPPYSEED & SESAME SARA LEE ROLLS 3 7-oz. PKGS. 99¢

SAVE 6¢ TASTE'O SEA SEAFOOD PLATTER SHRIMP or DINNERS 7-oz. TO 9 OZ. 69¢

Broccoli Cuts SAVE 6¢ TWO GUYS poly bag 18 oz. 39¢
Eggo Waffles ROUND REG. or BLUEBERRY SAVE CASH & STAMPS 11 to 13 oz. 37¢
Whip Topping SAVE 10¢ PET CO. 10 oz. 39¢

DAIRY DEPT.

SAVE CASH & STAMPS LAND O'LAKES QUARTERS BUTTER 77¢ lb.

SAVE 40¢ SCHEP'S RICOTTA ITALIAN CHEESE, part skim 3 lbs. 1.29

SAVE 8¢ ORANGE JUICE ROYAL DAIRY OR WEISSGLASS ½ GAL. CART. 49¢

SAVE 33¢ Dinner Rolls BALLARD CRESCENT SAVE 38¢ 4 8 oz. 99¢
Horseradish SAVE 5¢ DAIRY FRESH WHITE OR BEET 2 4 oz. 29¢
ICE CREAM DEPT. SAVE 20¢
Borden's Ice Cream ALL FLAVORS ½-gal. Square 89¢

WHITE BREAD 4 22 oz. 99¢
ITALIAN BREAD 6 oz. loaf 10¢

BAKERY SPECIALS!
PINEAPPLE CHEESE PIE LARGE 8 INCH 49¢
JEWISH ROLLS HARD OR BLUNT PKG. OF 6 29¢
PRETZEL RINGS REG. or NO SALT 4 9-oz. $1
RAISIN BREAD 1-LB. 34¢
STREUSEL RING 12-oz. 35¢
CHOC TRIPLE ½ Layer 10-oz. 39¢

HYGRADE'S WEST VIRGINIA SEMI-BONELESS Smoked HAM
Smoked Ham Halves lb. 1.09
HAM STEAK SMOKED CENTER CUT lb. 1.19
14 TO 16 LBS. WHOLE LB. 95¢

ESSKAY PORK CHOP SALE!
HIP CHOP ESSKAY lb. 1.09
SHOULDER ESSKAY lb. 99¢
CENTER CUT ESSKAY lb. 1.49

MASH'S SEMI-BONELESS BUTT HALF lb. 1.09 Smoked Ham SHANK HALF lb. 89¢

"OUR TRIM IS BETTER" Chuck Steak FIRST CUT lb. 79¢

Swift Premium Canned Ham 3 lb. CAN 3.89

Pork Chops ESSKAY 9-11 CHOPS ENDS & CENTERS lb. 1.09
Spare Ribs ESSKAY COUNTRY lb. 1.09
Cross Rib Roast "OUR TRIM IS BETTER" U.S.D.A. CHOICE lb. 1.59
Bottom R'nd Roast "OUR TRIM IS BETTER" U.S.D.A. CHOICE lb. 1.59
Top R'nd Roast "OUR TRIM IS BETTER" U.S.D.A. CHOICE lb. 1.69
Silver Tip Roast "OUR TRIM IS BETTER" U.S.D.A. CHOICE lb. 1.69
Bolar Roast "OUR TRIM IS BETTER" U.S.D.A. CHOICE BONELESS lb. 1.59
Rib Steak "OUR TRIM IS BETTER" U.S.D.A. CHOICE lb. 1.39

"OUR TRIM IS BETTER" London Broil THICK CUT SHOULDER Shoulder Steak BONELESS Cube Steak LEAN & TENDER LB. 1.79

Kulbassy ARMOUR STAR SPECIAL EASTER lb. 1.39
Corned Beef COLUMBIA THIN CUT BONELESS BRISKET lb. 1.29 THICK CUT lb. 1.09
Smoked Ham COLONIAL BRAND BONELESS—2 lb. AVG. lb. 1.79
Roasting Pork ESSKAY FRESH PORK SHOULDER lb. 75¢

PRODUCE DEPT.
BANANAS GOLDEN RIPE LB. 12¢
LETTUCE FRESH CRISP EACH HEAD 39¢
Fresh Artichokes "GOURMET DELIGHT" 5 48 size $1
Grapefruits FRESH FLORIDA SEEDLESS 6 48 size bagged 79¢
Sweet Tasty Carrots 2 1-lb. cello bags 29¢
Juice Oranges FRESH FLORIDA 15 100 size bagged 89¢
Southern Yams GOLDEN 2 lbs. 39¢

APPETIZING DEPT.
BOILED HAM DOMESTIC ½ lb. 89¢
SWISS CHEESE VALIO IMPORTED FINLAND lb. 59¢
Turkey Breast Roll RICH'S WHITE ½ lb. 98¢
Luncheon Meat IMPORTED ½ lb. 59¢
Genoa Salami RATH ¼ lb. 59¢
Ham Capicola PLYMOUTH ROCK ¼ lb. 49¢
A&B Polish Kielbasi lb. 1.19

Two Guys ALL FLAVORS DRINKS 4 46 oz. cans $1
HEINZ KETCHUP 14 oz. bots 3 for 79¢

LA ROSA NAPLES STYLE MACARONI & SPAGHETTI 4 16 oz. boxes 99¢
HEAVY DUTY DETERGENT WISK 1 gal. 2.69

CORONET STUDIO PRINT TOWELS 4 135-ct. 99¢
CARUSO BLENDED OIL 48 oz. btl. 89¢

Dole PINEAPPLE IN SYRUP SLICED-CRUSHED OR CHUNKS 3 20 oz. 95¢
Grapefruit Sections Two Guys 4 16 oz. cans 99¢
Dole Pineapple Juice 3 46 oz. cans 89¢
Egg Noodles PENN. DUTCH FINE-MED.-BROAD 2 16 oz. 75¢
Scott Family Napkins 3 160 ct. pkgs. $1
Heinz PORK & BEANS or VEGETARIAN BEANS 2 16 oz. cans 33¢
Pream Coffee Creamer 16 oz. jar 69¢
Mushrooms Two Guys STEMS & PIECES 4 4-oz. cans 99¢
Peanut Butter Two Guys 18-oz. jar 49¢
Saltines Two Guys 2 16 oz. boxes 45¢

Tide DETERGENT 25¢ OFF LABEL 5 lb. 4-oz. box 1.09

Spaghetti Sauce PROGRESSO ALL VARIETIES 4 16 OZ 99¢

CLIP AND SAVE THESE COUPONS

SUNSHINE Vanilla Wafers 12 oz. 35¢
KEEBLER C.C. Biggs 14½ oz. 49¢
PEEP FREAN SHORTBREAD 4 7 oz. $1

Two Guys FOOD SUPERMARKETS VALUABLE COUPON — Toward the purchase of LIPTON TEA BAGS 100's. SAVE 25¢ WITH THIS COUPON. GOOD ONLY AT TWO GUYS. One coupon per customer. Good thru Sat., April 21, 1973. MFR. THOMAS J. LIPTON, INC. AA 4-20

Two Guys FOOD SUPERMARKETS VALUABLE COUPON — Toward the purchase of SPRY VEG. SHORTENING 42 OZ. CAN. SAVE 10¢ WITH THIS COUPON. GOOD ONLY AT TWO GUYS. One coupon per customer. Good thru Sat., April 21, 1973. MFR. LEVER BROS. AA 4-20

Two Guys FOOD SUPERMARKETS VALUABLE COUPON — Toward the purchase of 4 BOXES OF BETTY CROCKER LAYER & POUND CAKE MIXES. SAVE 22¢ WITH THIS COUPON. GOOD ONLY AT TWO GUYS. One coupon per customer. Good thru Sat., April 21, 1973. MFR. GENERAL MILLS, INC. AA 4-20

Two Guys FOOD SUPERMARKETS VALUABLE COUPON — Toward the purchase of CHEERIO'S 10 OZ. CEREAL. SAVE 8¢ WITH THIS COUPON. GOOD ONLY AT TWO GUYS. One coupon per customer. Good thru Sat., April 21, 1973. MFR. GENERAL MILLS, INC. AA 4-20

Two Guys FOOD SUPERMARKETS VALUABLE COUPON — Toward the purchase of TASTER'S CHOICE COFFEE 8 OZ. GOOD ONLY AT TWO GUYS. SAVE 50¢ WITH THIS COUPON. One coupon per customer. Good thru Sat., April 21, 1973. MFR. NESTLE CO. AA 4-20

Two Guys FOOD SUPERMARKETS VALUABLE COUPON — Toward the purchase of Spic and Span 54 OZ. WITH COUPON 89¢. GOOD ONLY AT TWO GUYS. SAVE 10¢ WITH THIS COUPON. One coupon per customer. Good thru Sat., April 21, 1973. MFR. PROCTER & GAMBLE CO. AA 4-20

Two Guys FOOD SUPERMARKETS VALUABLE COUPON — Toward the purchase of 4 BARS OF LUX Beauty Soap 3.5 OZ. 4/35¢ WITH COUPON. GOOD ONLY AT TWO GUYS. One coupon per customer. Good thru Sat., April 21, 1973. MFR. LEVER BROS. CO. SAVE 15¢ WITH THIS COUPON. AA 4-20

Two Guys FOOD SUPERMARKETS VALUABLE COUPON — Toward the purchase of GAINES DOG MEAL 5-lb. BAG 79¢ WITH COUPON. GOOD ONLY AT TWO GUYS. One coupon per customer. Good thru Sat., April 21, 1973. MFR. GENERAL FOODS CORP. SAVE 15¢ WITH THIS COUPON. AA 4-20

Two Guys FOOD SUPERMARKETS

TOWSON Joppa Rd. & Goucher Blvd. Open Daily 9:30 A.M. 'Til 10 P.M.

DUNDALK Merritt Blvd. & German Hill Rd. Open Daily 9:30 A.M. 'Til 10 P.M.

BALTIMORE 2401 Belair Rd. Open Daily 9:30 A.M. 'Til 10 P.M.

Prices effective thru Sat., April 21, 1973. Not responsible for typographical errors. We reserve the right to limit quantities.

BROWN'S B SUPERMARKETS

WHERE THE BARGAINS ARE BLOOMING FOR YOU

MASH'S SEMI BONELESS HAMS SHANK HALF 79¢ LB. BUTT HALF 89¢ LB.

MASH'S FULLY COOKED HAMS SMALL 10/12 LB. AVG. 99¢ LB.

ESSKAY SILVER LABLE HAMS SHANK HALF 79¢ LB. BUTT HALF 89¢ LB.

CENTER CUT HAM SLICES $1.39 LB.

PATRICK CUDAHY HAMS 3 LB. CAN $3.99
RIVERSIDE GRADE "A" TURKEYS 8/20 LBS. LB. 55¢
ESSKAY QUALITY PORK ROAST 4/6 LBS. LB. 99¢
GWALTNEY ALL MEAT OR PATRICK CUDAHY FRANKS 12 OZ. PKG. 69¢
GEOTZE'S SPICED LUNCHEON SALOMI BOLOGNA LUNCHEON MEATS 12 OZ. PKG. 89¢
GEOTZE'S BREAKFAST LINKS ½ LB. PKG. 49¢

OCEAN SPRAY CRANBERRY SAUCE 2 16 OZ. CANS 49¢
FIRESIDE SNACK CRACKERS 11 OZ. PKG. 25¢
RED HAWAIIAN PUNCH 3 46 OZ. CANS $1
GRANULATED DIMINO SUGAR 5 LB. BAG 69¢
TROPICAL FLAKE COCONUT 14 OZ. PKG. 49¢
PET or CARNATION EVAPORATED MILK 5 13 OZ. CANS 99¢

CHEF-BOY-AR-DEE SPAGHETTI WITH TOMATO & CHEESE 3 for $1
MT. ROSE PICKLES QUART JAR 49¢
DEL-MONTE PINEAPPLE JUICE 46 OZ. CANS 3 for $1
BETTY CROCKER CAKE MIX T8½ OZ. BOXES 3 for $1

OXYDOL DETERGENT 79¢ 49 OZ. BOX WITH FREE BAKE KING PAN

FROZEN FOODS
MORTON PARKERHOUSE ROLLS 3 24 OZ. PKGS. $1.00
MORTON CREAM PIES COCONUT BANANA LEMON CHOC. 5 14 OZ. PKG. $1.00
BANQUET POT PIES 5 8 OZ. PKG. $1.00
HANOVER HASH BROWNS 5 1-LB. PKG. $1.00

FRESH SEAFOOD
•ROCKFISH •CRAB MEAT •BUTTERFISH •STEAK FISH •SHRIMP
•MULLETS •HARDHEADS •SILVER TROUT •OYSTER TROUT •LAKE TROUT

PRODUCE SPECIALS!
CALIF. PT. 506 STRAWBERRIES 49¢
FLORIDA ORANGES 805 10 for 69¢
FLORIDA EXT. LARGE GRAPEFRIUT 27 SIZE 3 for 29¢
FLORIDA ORANGES 125 10 for 49¢
20 500 TOMATOES LB. 39¢

BROWN'S Big "B" Super Stores

•1400 NORTH MONROE ST.
•1607 NORTH WASHINGTON ST.
•424 NORTH BOND ST. BROADWAY SHOPPING CENTER
•4601 LIBERTY HEIGHTS AVE.
•Liberty Heights Store Open Every Night Till 9
WE ARE NOT RESPONSIBLE FOR PRINTING ERRORS.

WE ACCEPT FOOD COUPONS
PRICES EFFECTIVE AT ALL 4 STORES WED. APRIL 18 THRU SUN. APRIL 22, 1973
WE RESERVE THE RIGHT TO LIMIT QUANTITIES

BROWN'S B SUPERMARKETS
OPEN SUNDAYS