In Her Honor — Mrs. Laura J. Nottingham, secretary at the AFRO-AMERICAN, is pictured here at a baby shower given in her honor by some editorial and administrative AFRO employees on Friday. Wife of Whitt Nottingham, baby Nottingham is expected to arrive next month. (AFRO photo by Benjamin Murphy Phillips, IV.)

Mrs. Marie Fraser, a prized asset

By GEORGE P. BUSH

Mrs. Marie Fraser is an extraordinary individual, a delightful person with boundless energy and amazing personality.

Not only is she an excellent teacher of reading but a thoughtful and far-seeing person.

Mrs. Fraser is a reading resource teacher who has amassed numerous skills.

Recently she took on a difficult task at Broadway Elementary School No. 109-109A, where we have boys and girls who have program in school.

These pupils were organized into a school chorus by Mrs. Fraser, and it was a joy to see them stand proudly and sing songs, hymns, and spirituals.

* * *

Forming the chorus wasn't easy.

The pupils were little volcanoes who would erupt at the slightest provocation.

She was their confidante and counselor who doubled as teacher-in-charge whenever the principal (Mr. Bush) attended meetings or was out of the building.

There were many times she calmed a sobbing youngster, "cooled off" a defiant pupil, or solved a persistent problem which had been nagging a child.

They felt here was a person to turn to as second mother.

In the reading classroom, there were no favorites. Everyone had to produce.

Under her, reading problems were observed, diagnosed, and usually the solution began to unfold.

She made the classroom come alive and children felt impelled to strive to the utmost.

They felt that here was someone who understood our needs and wanted to do something about it.

This meant more effort on their part.

As work progressed, her room became a workshop containing charts, learning stations, interesting books, reading games, listening posts, filmstrips, films, records, and the like.

They made charts, wordlists, bulletins, pictures, and booklets to show how much they had learned.

Wonderful habits of independence were developed as each person realized that here was a teacher in whose room I was respected but also expected to do my best.

Marie Fraser is an excellent teacher.

* * *

To show versatility Mrs. Fraser has aided me as principal many times.

I appreciate her experience, general knowhow, and managerial technique and have put them to use for the betterment of the school.

There are countless times that she has been asked to help solve many problems involving school situations, serve on committees to improve learning conditions, to demonstrate some new techniques to an eager faculty, or to plan for the best way to infuse new material into the curriculum.

She has continued to take courses in her beloved field, reading, under the best instructors to gain new knowledge or refresh the knowledge already accumulated.

An evidence of this is registration during the current year in two graduate courses at Johns Hopkins University.

* * *

Pupils and adults as well seem to migrate to her room for many purposes.

It is truly a Mecca at our school in the early morning hours and the late afternoon hours.

Little children rush in to her room to tell of their baby sisters or brothers at home or how well their scratches have healed.

She has solved the great mysteries of the five, six, or seven year olds as they try to expand their worlds. Just as seriously she has helped soothe the stormy life of many pupils at age ten to twelve as they are allowed to vent their rage before settling down to the how, why, and where of their problems.

Each individual has been dealt with fairly and in enough detail to make him feel wanted and his problem important.

Nor are the adults ignored.

Personal problems and educational problems are all handled with the same aplomb.

People are helped to look at their misunderstandings or problems from every angle and to talk out their feelings in an effort to get a new approach or see a possible solution.

She is a fine conversationalist whether educational, religious, or every day subjects are engaged in.

The staff at Broadway Elementary School No. 109-109A is justly proud of having her on the faculty and claiming her as a friend.

healthy buy

Carnation

INSTANT NONFAT DRY MILK FORTIFIED WITH VITAMINS A&D

Delicious for drinking

At about 17¢ a quart, this nourishing milk is the ideal one for drinking.

Carnation Instant Nonfat Dry Milk

SAN JUAN
6 DAYS 5 NITES $199
Group Departs Ev. Thurs., Sat., Sun.
INCLUDES:
- Round trip jet via Pan Am
- Junior suite in the New Caribbean Beach Club Hotel
- Sightseeing tour
- One buffet luncheon
- Airport/hotel transfers

Children under 12 $75
See your travel agent or
SINGER TRAVEL AGENCY
6118 Liberty Rd. 655-1000

Save Why PAY MORE

food-a-rama

2700 WEST COLD SPRING LANE—20S. HILTON STREET — 3805 LIBERTY HEIGHTS AVENUE — 3420 CLIFTON AVENUE —2040 HARFORD ROAD — BALTIMORE ST. AND FREMONT AVE.

GOETZE'S VAC PAC LUNCHEON MEATS BOLOGNA, PICKLE LOAF & PICKLE LUNCHEON 49¢

FRESH FROZEN - GOETZE'S CROAKERS lb. 69¢

★ DELICATESSEN DEPT. ★ HOLLY & BARNELL STYLE SPICY BREAKFAST SAUSAGE COOKED HAM ½-lb. 79¢

PICKLE OR PIMENTO OLIVE LOAF ½-lb. 69¢

SPICED PIMENTO LUNCHEON ½-lb. 69¢

CYPRESS BACON SLICED lb. pkg. 79¢

BONELESS BEEF CUBES $1.29 lb.

GOETZE'S SCRAPPLE 2 lb. pkg. 79¢

READ ALL FOUR PAGES SAVE!

FRANCO-AMERICAN SPAGHETTI 6 cans $1

BOUNTY PAPER TOWELS 3 jumbo rolls $1

HANOVER PORK N' BEANS 16-oz. can 49¢

BREAST O' CHICKEN CHUNK LIGHT TUNA 2 reg. cans 89¢

Bar-B-Que Sauce 18-oz. btl. 39¢

Kosher Pickles quart jar 49¢

ESSKAY'S PORK LOIN WHOLE OR HALF lb. 99¢

SMITHFIELD or MORRELL'S - PORK CHITTERLINGS 10 lb. pkg. $3.99

ESSKAY'S or GOETZE'S Breakfast LINKS 12-oz. pkg. 49¢

FULLY COOKED MASH'S HAMS WHOLE OR SHANK HALF lb. 79¢

CENTER CUT HAM SLICES $1.29 lb.

MORTON WHOLE FRIED CHICKEN IN A BASKET 2 lb. pkg. $1.39

ESSKAY'S TENDER CHUCK STEAKS lb. 99¢

FRESH KILLED FRYING CHICKENS WHOLE ONLY lb. 39¢

DONALD DUCK PURE ORANGE JUICE 64-oz. btl. 39¢

YELLOW PILLSBURY CAKE MIX 3 pkgs. $1

MOR VALUE SALT 2 round boxes 23¢

OVERNIGHT PAMPERS package of 12 89¢

ESSKAY'S SWEET KORN SLICED BACON lb. pkg. $1.09

ESSKAY'S PURE PORK SAUSAGE HOT or MILD lb. roll 85¢

ESSKAY POLISH RINGS lb. 99¢

NORFOLK'S SMOKED NECK BONES lb. 49¢

FRESH CUT TURKEY PARTS NECKS lb. 39¢ WINGS lb. 49¢

BREAST O' CHICKEN CHUNK LIGHT TUNA reg. can 39¢

SNOW PEAK SWEET PEAS reg. pkg. 9¢

VENUS TOILET TISSUE 10 rolls 79¢

GOLDEN GRAIN MACARONI & CHEESE DINNERS 7-oz. pkg. 19¢

SAN GIORGIO ELBOW MACARONI lb. pkg. 27¢

VALUABLE COUPON — BRILLO SOAP PADS pkg. of 10 19¢ — WITH THIS COUPON — Good Only At Food-A-Rama Markets — OFFER EXPIRES NEXT WEEK. COUPON PER FAMILY

VALUABLE COUPON — AJAX LIQUID TOP BRANDS 32-oz. btl. 29¢ — WITH THIS COUPON — Good Only At Food-A-Rama Markets — OFFER EXPIRES NEXT WEEK. COUPON PER FAMILY

VALUABLE COUPON — AJAX CLEANSER 2 14-oz. cans 25¢ — WITH THIS COUPON — Good Only At Food-A-Rama Markets — OFFER EXPIRES NEXT WEEK. COUPON PER FAMILY

VALUABLE COUPON — AJAX LAUNDRY DETERGENT giant size 59¢ — WITH THIS COUPON — Good Only At Food-A-Rama Markets — OFFER EXPIRES NEXT WEEK. COUPON PER FAMILY

DEL MONTE CATSUP 2 14-oz. btls. 49¢

VALUABLE COUPON — DOWNY FABRIC SOFTENER 40-oz. btl. 99¢ — WITH THIS COUPON — Good Only At Food-A-Rama Markets — OFFER EXPIRES NEXT WEEK. COUPON PER FAMILY

VALUABLE COUPON — IRISH SPRING SOAP 3 bath size bars 69¢ — WITH THIS COUPON — Good Only At Food-A-Rama Markets — OFFER EXPIRES NEXT WEEK. COUPON PER FAMILY

CHEF'S CHOICE FRENCH FRIES 9-oz. pkg. 10¢

★ WHY PAY MORE? ★ SWEET PEAS 9¢

OPEN SUNDAY

MORTON'S WHOLE FRIED CHICKEN IN BASKET 2 lb. $1.39

Banquet Buffet Suppers Chicken N' Dumpling, Salisbury Steak or Turkey Slices in Gravy 2 lbs. 99¢

FRIONOR BREADED HADDOCK STEAKS 89¢

FISH STICKS 89¢

DAIRY SPECIALS

SOFT SPREAD IMPERIAL MARGARINE 39¢

COOPER'S SLICED CHEESE INDIV. WRAPPED 12-oz. pkg. 69¢

CHEF'S DELIGHT CHEESE SPREAD 2 lb. loaf 79¢

DULANEY VALLEY FRESH MILK ½-gal. carton 59¢

PILLSBURY BISCUITS 4 reg. cans 39¢

MRS. FILBERTS MARGARINE QUARTERS 1 lb. PKGS. 2 lbs. 69¢

TIP TOP CITRUS PUNCH ½-gal. carton 59¢

ASSORTED FLAVOR MOR VALUE ICE CREAM 59¢

PRODUCE BUYS

YELLOW COOKING ONIONS 3 lb. bag 59¢

FLORIDA ORANGES 49¢

CALIFORNIA CELERY 25¢

PINK SWEET GRAPEFRUIT 5-59¢

Super Savings Everyday!!

Prices effective in Balto., Annap., Bel-Air and The Delmarva Peninsula markets

ACME You're Going to Like it Here! SUPER SAVER

LANCASTER BRAND QUALITY PLUS SAVINGS

Steak Sale

BONE-IN CHUCK STEAK lb. 99¢

CALIFORNIA STEAK lb. $1.29

7" CUT RIB STEAK lb. $1.19

DELMONICO STEAK lb. $2.19

LANCASTER BRAND, BLADE BONE REMOVED CROSS CUT ROAST lb. $1.38

GWALTNEY, FULLY COOKED Boned 'n Tender HAMS BONE-LESS lb. $1.59

BEEF, CHICKEN OR TURKEY BANQUET MEAT PIES 4 8-oz. pkgs. 89¢

ALL FLAVORS, BETTY CROCKER SUPER SIZE TUNA HELPERS 7½-oz. pkg. 49¢

LIGHT CHUNK Breast O' Chicken Tuna 6½-oz. can 45¢

FULLY COOKED! Semi Boneless WHOLE OR HALF Hams

OLD HICKORY WATER ADDED lb. 89¢

LANCASTER BRAND DRY, NO WATER ADDED lb. 99¢

Country Ham WILLIAMSBURG SLICES 12-oz. pkg. $1.69

LENTEN SEAFOOD FAVORITES!

Fish Sticks OR PERCH FILLETS HEAT & EAT, COOKED lb. 79¢

Fish Cakes HEAT & EAT FULLY COOKED lb. 69¢

Flounder Fillets OR HADDOCK FILLETS HEAT & EAT, COOKED lb. 97¢

Cooked Scallops HEAT & EAT FULLY COOKED lb. $2.39

Dressed Porgies INDIVIDUALLY QUICK FROZEN lb. 79¢

Dressed Flounder INDIVIDUALLY QUICK FROZEN lb. 89¢

OPEN SUNDAY
2801 FOSTER AVE. 9 A.M. - 4 P.M.
401 FT. SMALLWOOD RD. 9 A.M. - 4 P.M.
2905 HAMILTON AVE. 10 A.M. - 5 P.M.
530 TAYLOR AVE. (ANNAPOLIS) 10 A.M. - 6

Save 23¢ WITH THIS COUPON (CO) ON YOUR PURCHASE OF BLUE Speed-Up Detergent 3-lb., 1-oz. pkg. 39¢ — Limit one per family, please. Offer expires March 24, 1973.

POTATO CHIPS ACME 1-lb. 2-oz. canister 79¢ WITH COUPON BELOW

Save 10¢ WITH THIS COUPON (CO) ON YOUR PURCHASE OF FRESH ACME Potato Chips 1-lb., 2-oz. Canister 79¢ — Limit one per family, please. Offer expires March 24, 1973.

Prices Effective Thru Sat., March 24, 1973. Quantity Rights Reserved.

DAIRY & BAKERY SAVINGS!
DELICIOUS IMPERIAL Margarine 1-lb. qtrs. 47¢
COUNTRY STYLE, OR BUTTERMILK Pillsbury Biscuits 4 8-oz. cans 42¢
SUPER SAVINGS IN DAIRYLAND! Ideal Margarine 4 1-lb. qtrs. $1
INDIVIDUALLY WRAPPED SLICES OF WHITE OR YELLOW American Cheese 1-lb. pkg. 87¢
PLAIN, SEEDED OR ITALIAN STYLE Vienna Bread 3 1-lb. loaves $1
DELICIOUS FRESH Jelly Buns pkg. of 6 45¢
VIRGINIA LEE English Muffins pkg. of 8 31¢

FROZEN FOOD SAVINGS!
NEW, NO CHOLESTEROL, FLEISCHMANN'S EGG SUBSTITUTE Eggbeaters 1-pt. can 69¢
NON-DAIRY COFFEE CREAMER, RICH'S Coffee Rich 4 1-pt. cns. $1
MRS. SMITH'S GOLDEN DELUXE Apple Pies 2-lb., 14-oz. pkg. 89¢
DELICIOUS BIRDS EYE Corn on the Cob pkg. of 8 49¢
SUPER SAVING FAVORITE Ellio's Pizza 1-lb. pkg. 69¢
REFRESHING DONALD DUCK Orange Juice 5 cans $1
JAPANESE, SAVARIAN OR HAWAIIAN 10-oz. pkg. Birds Eye Vegetables 45¢

SUPER SAVINGS ON FARMDALE*
Bacon Ends 3-lb. pkg. $1.29
WILLIAMSBURG BREAKFAST Link Sausage 12-oz. pkg. $1.09
REGULAR, POLISH OR ONION Esskay Franks 1-lb. pkg. $1.19
OSCAR MAYER BEG. OR ALL BEEF BOLOGNA, PAP, LIVER CHEESE OR COUNTRY STYLE Spiced Luncheon 9-oz. pkg. 74¢
LANCASTER BRAND, B-ALL Beef Steaks 1-lb., 2-oz. pkg. $1.29
CHICKEN, TURKEY, SAUSBURY OR MEAT BALL Swanson Entrees pkg. 45¢

HEALTH & BEAUTY AIDS!
WON'T PULL OFF THE STICK Q-Tips Swabs pkg. of 24 29¢
JOHNSON & JOHNSON, NO MORE TEARS Baby Shampoo 7-oz. btl. 98¢
SOOTHING TALCUM POWDER Cashmere Bouquet 4½-oz. can 63¢
NEW TOOTH POLISH Pearl Drops 2¾-oz. btl. $1.29
COLGATE INSTANT Shave Cream 11-oz. can 49¢
ANALGESIC HEADACHE RELIEF Bufferin Tablets btl. of 60 75¢
CHILDREN'S STRENGTH Bayer Aspirin btl. of 36 29¢

IN OUR SERVICE DELI!
MEDIUM RARE Cooked Beef ¼-lb. 69¢
DELICIOUS VIRGINIA Baked Ham ¼-lb. 69¢
SONGACHE ROLL Chicken & Bacon ¼-lb. 59¢

Free* JUMBO Card Table
* WITH YOUR PURCHASE OF 4 CHAIRS!
24" SQUARE WOOD GRAIN VINYL TOP FOLDING
New for the first time in this area, you can get this beautiful card table regular $14.98, Value Free with the purchase of 4 chairs. (Just save your register tapes). Compare the Quality ... compare the price ... you just can't beat it anywhere. $7.77 each

Singer Sewing Series
This week, get volumes #3 & #4 "Dressmaking with Knits, Part 2" and "Dressmaking, how to fit your Patterns." This handy book gives you many helpful hints to make even the most difficult jobs seem easy ... and they're yours for the low price of only ... 29¢ each
DELUXE 3-RING BINDER ... $1.99

COOL AND CRISP, FRESH Iceberg Lettuce 3 large heads $1.00
Crisp Red Radishes 1-lb. pkg. 19¢
Fresh Asparagus lb. 59¢
Seedless Grapefruit INDIAN RIVER 6 in. bag 79¢
Strawberry Jam FANCY FRUIT FARMS 14-oz. jar 69¢
Fresh Salad or Cole Slaw 2 10-oz. pkgs. 69¢
Sweet Potatoes YELLOW lb. 19¢
Grapefruit Juice SUN FRESH, h.-gal. jug 99¢

CONVENIENT, IDEAL BRAND SUPER SIZE COFFEE CREAMER 1-lb. jar 59¢

SLICED WHITE ENRICHED SUPER LOAF BREAD 3 1-lb., 4-oz. loaves 85¢

DELICIOUS ICE CREAM TREATS SUPER SIZE SEALTEST NOVELTIES pkg. of 18 85¢

FROZEN FOOD SAVINGS! SUPER SIZE SARA LEE POUND CAKE 11¼-oz. pkg. 77¢

ALL DELICIOUS FLAVORS BALA CLUB SODAS 12-oz. can 8¢

GET YOUR FREE GIANT KITE
42" WIDE BY 48" TALL
With labels from Green Giant canned or frozen products
YOUR CHOICE, MIX OR MATCH
Niblets Corn GREEN GIANT (12-oz.) or Peas (17-oz.) 5 cans for $1
FRESH FROM THE VALLEY ... GREEN GIANT French Cut Green Beans 1-lb. can 25¢

10¢ OFF LABEL! DISHWASHING DETERGENT SUPER SIZE IVORY LIQUID 1-pt., 6-oz. btl. 45¢

25¢ OFF LABEL! LAUNDRY BOLD DETERGENT 5-lb., 4-oz. pkg. $1.24

NEW LOW PRICES! BUTTER
FARMDALE QUARTERS lb. 73¢
LOUELLA QUARTERS lb. 77¢
LAND O' LAKES QUARTERS lb. 79¢

SLICED, YELLOW CLING Farmdale Peaches 1-lb. 13-oz. can 29¢
CHICKEN NOODLE Ideal Soup 8 10½-oz. cans $1
IDEAL UNSWEETENED Grapefruit Juice 6 6-oz. cans 67¢
FLO-THRU STYLE Lipton Tea Bags pkg. of 48 69¢
IDEAL ORANGE OR GRAPEFRUIT Breakfast Drink 1-qt. btl. 29¢
TASTY SILVER FLOSS Sauerkraut 1-lb. 11-oz. can 31¢
ALL FRUIT FLAVORS Hi-C Drinks 3 14-oz. cans $1

FOR FISH, HANDY Shake & Bake 2-oz. pkg. 23¢
McCORMICK BEEF STEW Bag & Season ½-oz. pkg. 39¢
ALL DELICIOUS FLAVORS Shasta Sodas 4 1-pt. 12-oz. btls. $1
OLD VIRGINIA BRAND Grape Jelly 2-lb. jar 79¢
JACK O' LANTERN BRAND Candied Yams 1-lb., 7-oz. can 36¢
BREAKFAST FAVORITE, POST Sugar Crisp 15-oz. pkg. 56¢
FRENCH'S INSTANT IDAHO Mashed Potatoes 6½-oz. pkg. 34¢

Save 25¢ WITH THIS COUPON (MFG-6) ON YOUR PURCHASE OF A PKG. OF 10 Baggies Trash Bags — Limit one per family, please. Offer expires March 24, 1973.

Save 20¢ WITH THIS COUPON (MFG-6) Lestoil Cleaner 1-pt., 12-oz. btl. 47¢ — Limit one per family, please. Offer expires March 24, 1973.

Save 20¢ WITH THIS COUPON (CO) ON YOUR PURCHASE OF A 1-LB. PKG. OF FIRESIDE OR LANCASTER BRAND LEAN Sliced Bacon — Limit one per family, please. Offer expires March 24, 1973.