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BONELESS PORK **Roasts** Boston Butt 89¢ lb.

BELTSVILLE **Turkeys** 6 To 9 Lbs. 55¢ lb.

U.S.D.A. CHOICE BEEF **Sirloin Steak** $1.39 lb.

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U.S. Choice Chuck Steak lb. 79¢

Oscar Mayer Bologna (12-OZ. PKG.) All Meat All Beef 85¢

U.S. Choice Petite Steak lb. $1.49 from Chuck

ALL MEAT Armour Bologna OR PICKLE LOAF 1-lb. pkg. 95¢

Rappa Scrapple 2 POUND UNIT 89¢

Asst. Smoked Meats FOOD CLUB CHIPPED 3-oz. pkg. 39¢

LIVERWURST GOETZE IN THE PIECE 59¢ lb.

SAUSAGE FOOD CLUB HOT OR MILD 65¢ 1-lb. Roll

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FRANKS GOETZE BIG DADDY 89¢ 1-lb. Pkg.

Big Valu & Dale's Welcome U.S. Govt. FOOD STAMPS!

GAYLORD ½ GAL. ICE CREAM 49¢

Jubilee White Bread 1-lb. 4-oz. loaf 25¢

IN REUSEABLE MUGS Mrs. Filbert Oleo ½-lb. 25¢

Fresh Cherry Pie 1-lb. 4-oz. pkg. 49¢

Topco Window Cleaner 15-oz. spray can 29¢

Cream Cheese FOOD CLUB 8-oz. pkg. 29¢

Gaylord Mayonnaise qt. jar 49¢

ELNA Cut Green Beans 13½-oz. can 17¢

ALL FLAVORS Gayla Soda 12-oz. can 8¢

ALL FLAVORS Gayla Drinks 1-qt. 14-oz. can 29¢

RED 1-QT. 14-OZ. CAN Hawaiian Punch 2/69¢

15-OZ. JAR Mott's Apple Sauce 28¢

DEL MONTE Fruit Cocktail 1-lb. 1-oz. can 30¢

FOOD CLUB Instant Rice 14-oz. box 42¢

FOOD CLUB Pork 'n Beans 1-lb. can 15¢

CAMPBELLS Pork 'n Beans 2 1-lb. cans 33¢

ELNA Can Sweet Peas 1-lb. 17¢

1-LB. 11-OZ. CAN Libby Sour Kraut 33¢

WALT DISNEY CHARACTER CHILDREN'S Tooth Brush 49¢ & 59¢

TOP FROST FROZEN MEAT PIES CHICKEN, BEEF, TURKEY, TUNA 8-oz. pkg. 19¢

TOP FROST FROZEN DINNERS CHICKEN, SALIS. STEAK, MEAT LOAF 11-oz. pkg. 39¢

Check or Letter File $2.39

7 PIECE PORCELAIN SET Cookware $4.99

COUPON 20¢ OFF ON PURCHASE OF 6-OUNCE JAR NESCAFE LIMIT 1 PER SHOPPING FAMILY. Offer Expires Sat., Feb. 3, 1973. MFC

COUPON 15¢ OFF ON PURCHASE OF 10-LB.-BAG OF PILLSBURY FLOUR LIMIT 1 PER SHOPPING FAMILY. Offer Expires Sat., Feb. 3, 1973. MFC

COUPON 10¢ OFF ON PURCHASE OF 4-OUNCE CAN FRENCH'S GROUND BLACK PEPPER LIMIT 1 PER SHOPPING FAMILY. Offer Expires Sat., Feb. 3, 1973. MFC

COUPON 10¢ OFF ON PURCHASE OF 1-LB. 1-OZ. BOX GIANT CHEER DETERGENT LIMIT 1 PER SHOPPING FAMILY. Offer Expires Sat., Feb. 3, 1973. MFC

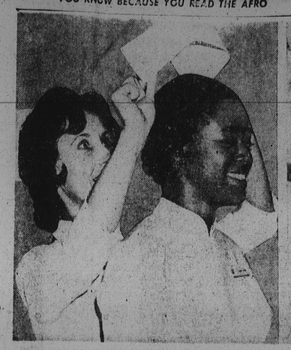
FANCY U.S. #1 Potatoes 10-lbs. 89¢

TENDER GREEN Broccoli bunch 39¢

PINT BOX CHERRY Tomatoes lb. 49¢

KALE OR COLLARDS Greens 1-lb. bag 49¢

FANCY PLUMP Egg Plants lb. 19¢



NURSING CAPPING — In ceremonies at the Community College of Baltimore, 51 young women became nurses. Instructor Mrs. Jane Fox (left) caps dental assistant Miss Dianne Johnson. Dr. Harry Dressel, Jr., Dental Department head, and Dean Leone S. Morris of Student Personnel Services congratulate Miss Lillian Buster and Miss Debbie Newby, dental assistants.

Sen. Abrams addresses CCB nursing graduates

DR. SIDNEY KOBRE

State Senator Rosalie S. Abrams, who has a nursing background herself, urged students in the dental program at the Community College of Baltimore to become involved with the community and to support projects which provide greater health care and service for citizens.

Sen. Abrams spoke at the formal ceremonies in the campus theater of the college, when 51 girls were capped. Some are enrolled in the dental assisting program, others in the dental hygiene program both of which are part of the CCB Allied Health Services.

In her address, Sen. Abrams told the young dental aides they should seek to have established adequate clinics and hospitals to serve the health needs both medical and dental of the Baltimore metropolitan area.

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The speaker urged the students to follow important health bills in the Maryland legislature and to support actively those which benefit the profession and the patients.

"The Hearing Committees of the Senate and House are anxious always to listen to members of the health profession when such measures are being considered," she pointed out. "At present a dental hygiene bill has been introduced which clears the way for the hygienist to be considered for additional duties in a dentist office. This measure would widen the scope of the work of the hygienist."

Presenting the candidates for the dental assisting program was Mrs. Barbara E. Eburg, coordinator, after which Mrs. Jane Fox, instructor, did the capping.

Miss Elizabeth E. MacQuarrie, coordinator of the Dental Hygiene Program, presented the candidates in her division who were capped by Mrs. Gloria Riley.

The Rev. William A. Collins, associate pastor, Holy Family Church, gave the invocation and benediction.

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Congratulations to the dental students were extended on behalf of President Harry Bard and the college staff by Dean Leona S. Morris, of Student Personnel Services.

The dental assistants who were capped included: Ms's Debbie L. Barton, Riva Berman, Beverly Brennish, Lillian Buster, Mindy K. Cavalier, Phyllis Denton, Carroll Dunn, Char Dwyer, Kathie T. Fox, Sharon Frieman, Penny Lyn Gordon.

Also Ms's Pam Heisler, Mary Jane K. Heuer, Dianne Barnette Johnson, Debbie A. Kernan, Susan C. Knight, Nancy F. Kress, Lou Ann Leary, Bonnie D. Miller, Ellen T. Scherr and Karen Beth Sibel.

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The dental hygiene class who were capped included: Ms's Mary Dianne Estes, Marsha Ellen Feldman, Wendie Frankle, Ellen Linda Galoon, Karen Downs Garrett, Joan Yvonne Gilmore, Cynthia Lou Hedrick, Sallie Ann Hollinger, Carla Ann Holmes, Nancy Christine Jorgenson.

Also Ms's Barbara Ann Kiefler, Joyce Kolodny, Kathryn Ellen McDermott, Paula McKewen, Krista Anne Miller, Loui G. Miller, Linda Lee Moran, Deborah Kay Newby, Arlene Marie Peterson, Melinda Lee Peterson, Judith Ann Richardson, Ina Leslie Rivers, Mildred Marie Sampson.

Also Ms's Nancy Lee Streele, Janet Lorraine Tiahrt Betty Lou Tucker, Patricia Anne Vonask, Barbara Joan Wolf.

ACTIVE TEEN is 15-year-old Sheryl Greene a tenth-grader at St. Paul's School for Girls in Brooklandville, Md. A honor student at her school young Sheryl enjoys meeting people, music and foreign languages. Sheryl stated her main ambition in life is to help in the survival of mankind and especially of the black man.

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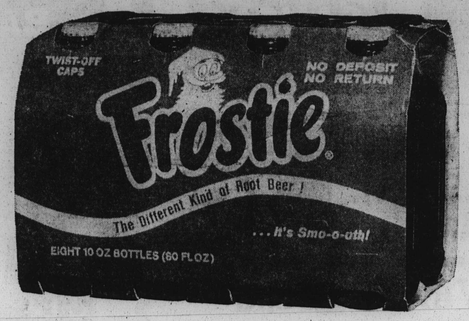

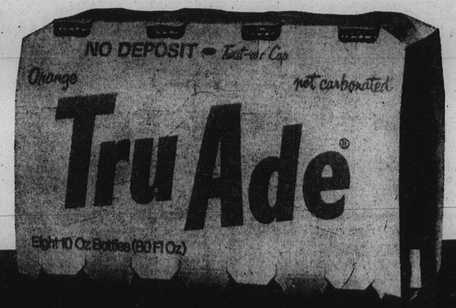

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