Woodlawn HIGHlights

MRS. GREEN

By MARJORIE R. GREEN

This column could not ignore the biggest news to emerge from the Social Security Administration since its conception in 1935.

In hushed, sad tones employees at Central Headquarters are discussing the announced departure of one who can well be referred to as the "God Father" of Social Security.

In order to successfully spearhead a program that services nearly 100 million people commissioner Robert M. Ball must certainly be the possessor of a golden wand.

In a letter of resignation submitted to President Nixon, Commissioner Ball, who has been at the helm for almost 11 years; stated that the Social Security program today is in excellent shape.

* * *

In spite of his personal preference for time to study and write, free from the pressures of a highly demanding administrative job, Mr. Bell said that he would have felt obligated to stay on to help implement the Social Security Amendments of 1972, had the President felt that it was of crucial importance.

Considered to be one of the nation's top authorities in the field of social welfare policy, Ball has been cited by committees of Congress and by every Secretary of Health, Education and Welfare, for his competence as a social thinker and planner.

His resignation has prompted the President to give nation wide recognition to his outstanding skills and as an administrator. It is well to note that he has indicated his intent to be available to help in any areas where his assistance may be requested.

A Federal career employee, Commissioner Ball started work as a field assistant in a social security district office in New Jersey in 1939. His entire working career has been spent in the field of social insurance.

For 10 years, before his appointment by President Kennedy to his present position, he served as Deputy Director of the former Bureau of Old Age and Survivor Insurance.

He is a recipient of the Rockefeller Public Service Award "for distinguished service in the field of administration," and the National Civil Service League Award which cited him as a top authority on social security and also for his "notable ability to lead and inspire those who work with him."

* * *

Many SSA employees were happy to learn this week that Deputy Commissioner Arthur E. Hess has consented to remain in SSA as a member of the executive staff.

* * *

Congratulations to Mabel Honemond, control clerk in the Correspondence Association Section of the Bureau of Disability Insurance. She has received a high quality increase in pay for her outstanding work.

Miss Honemond, who is engaged to Roland Harris, is a Coppin State College graduate. She has been with SSA for five years.

* * *

The newly married William Reddicks will gather around the television on Sunday afternoon with their favorite group of friends, the Touchdowners.

Mr. Redlick, a Supply Technician in the Bureau of Disability Insurance favors the Washington Redskins football team to win the Sunday game.

Mr. Reddick is the former Carolyn Nelson, a secretary in the Division of Field District Office Operations.

* * *

The Pitch and Putt Golf club held its annual awards and Christmas banquet at the Holiday Inn a Saturday ago.

Mrs. Audrey Hopkins, who works in the Bureau of Health Insurance was honored as the 1972 golf champion.

For her outstanding performance she was awarded a silver electric serving tray.

Former Pitch and Putt members participating in the fun were Mrs. Helen Tilghman and Mrs. Joannie Goldston.

Mrs. Goldston who has been with SSA for 30 years, announced her plans to retire from government service in February 1973.

Mrs. Estelle Flowers, certification clerk has added one more trophy to her collection. She was the recipient of the Wake-Robin Golf clubs "B" Flight award.

This award is presented to the club member who finishes on top after three rounds of golf play. The awards and Christmas banquet was held at the Shoreham Hotel in Washington.

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Pot pourri

MARIE PHILLIPS MURPHY COOKE
Woman's Editor

Plentiful foods for January, often featured at thrifty prices, are U.S.D.A. Specials — fresh oranges, orange juice, cranberry sauce, dry beans, and chicken. Take advantage of the fine quality chicken at your market, the National Broiler Council suggests, to keep down the high cost of food, and to maintain nutrition at excellent levels for your family.

Chicken is good cooked so many ways. Roast a pair of chickens for savory serving, and for delicious repast in creamed dishes, casseroles, or lunch-box packing. Simmer chicken to make old-fashioned pot pie with a flaky crust. Broil chicken for low calorie servings with no added fat. It's chicken time at everybody's table in these days of looking for delicious food at affordable prices.

LEFTOVERS

Leftover chicken looks so elegant in Chicken Cheese Pies that you might want to cook extra chicken on purpose . . . . Just to be sure you have some left over. These easy on the budget pies are made in individual baking dishes. They boast a variety of vegetable flavors plus the hearty crunch of celery and onion in a chunky chicken cream sauce.

The cheese biscuit topping begins with an easy-to-fix mix. You make it better by adding the goodness of golden Cheddar cheese and milk for flavor and nutrition. The portion of the mixture that isn't used to top the pies goes into flaky biscuits to complement your meal.

Salad in this menu is something special. Head lettuce and romaine combine with "in season" onions and oranges for an unexpected flavor and taste twist.

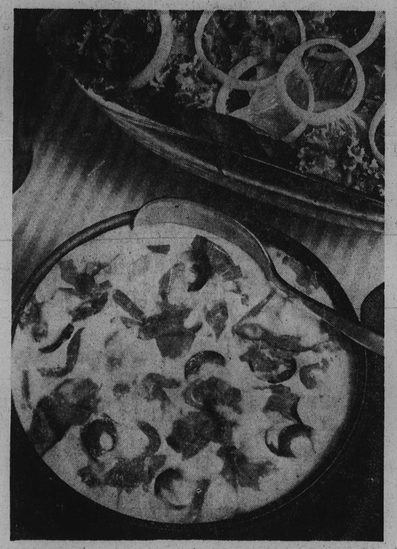
CHICKEN CHEESE PIES

2 tablespoons butter
¼ cup all-purpose flour
1 teaspoon salt
¼ teaspoon rubbed sage
1 cup water
1 cup milk
1 chicken bouillon cube
1 package (10 oz.) frozen mixed vegetables
2 cups chopped cooked chicken
½ cup sliced celery
¼ cup chopped onion

BISCUITS

1½ cups packaged biscuit mix.
1 cup (4 oz.) shredded Cheddar cheese
½ cup milk

To prepare chicken: In a 2-quart saucepan melt butter; add flour, salt and sage; cook over low heat until mixture is smooth. Remove from heat; gradually add water, 1 cup milk and bouillon cube. Heat to boiling, stirring constantly, until thickened. Add vegetables, chicken, celery and onion. Cover and cook over low heat 10-20 minutes or until vegetables are just tender. Divide evenly into 4 individual casseroles (1¾-cup each).



YOUR BEST BUY this month at the meat stand is chicken. For a surprisingly easy and economical luncheon or supper, try your hand at Chicken Cheese Pies. Top them off with tasty tossed salad with orange and onion.

To prepare Biscuits: In a bowl combine biscuit mix and cheese, add ½ cup milk and mix just until combined. Top each casserole with about 2 tablespoons biscuit mixture. Bake in preheated 375 degree oven 10-15 minutes or until biscuits are lightly browned. (Drop remaining dough on to buttered baking sheet as for drop biscuits. Bake 10-15 minutes). Yield: 4 servings.

TRY A STEW

A delightful budge' dish is Curried Chicken Stew, an Americanized version of Indian cookery. Unexpected ingredients such as raisins and thyme point up the curry flavor in a most interesting way. Here is an out-of-the-ordinary dish that is very thrifty and easy to cook, a combination not so easy to come by.

Served with rice and a favorite salad, this dish makes a fine meal. Cook it to celebrate the season of short cash and long bills.

HOLIDAY WEDDING — Pretty Miss Herberta Nichols and Quinton Jones exchanged vows Saturday at the New Providence Baptist Church. (AFRO photo by Benjamin Murphy Phillips, IV.)

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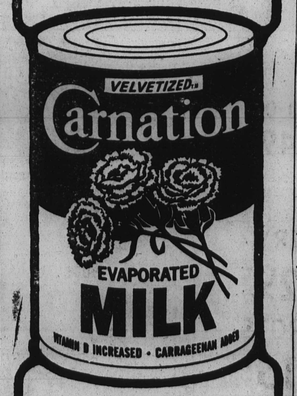

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2. USDA CHOICE RIB & CHUCK • Club Steaks • Rib Steaks • Spencer Steaks • Swiss Steak • Bar-B-Que Ribs • Skirt Steak • Brisket Roast • Bar-B-Que Steaks • Prime Rib Roast • Round Bone Roast • Chuck Roast • Stew Meat • Ground Beef • California Roast. EXAMPLE: 170 lbs. @ 59¢ lb. TOTAL PRICE $100.30 AVG. WGT. 135-199 lbs. Yield 3. $25.00 PER MONTH
3. USDA CHOICE LOIN & ROUND • T-Bone Steaks • Sirloin Steaks • Porterhouse Steaks • Filet Mignon • Top Round Steaks • Bottom Round • Breakfast Steaks • Eye Roast • Rump Roast • Sirloin Tip • Beef Stew • Minute Steaks • Heel Roast • Ground Round. EXAMPLE: 123 lbs. @ 80¢ lb. TOTAL PRICE $100.00 AVG. WGT. 121-198 lbs. Yield 3. $25.00 PER MONTH

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