SUMMER FRUIT DELIGHTS

Make This A Fruity Summer

Even if you don't eat much fruit the rest of the year the delicious fruits that abound in summer are too good to resist.

Peaches, melons, grapes, blueberries — fruits in rainbow colors — just beg to be enjoyed.

Here are three recipes that team these fruits with Florida citrus products: frozen orange juice concentrate, and chilled orange and grapefruit sections.

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Orange Peach Crumble combines sliced fresh peaches with thawed, undiluted, fresh-frozen orange juice concentrate, sprinkled with a crumbly mixture of brown sugar, rolled oats and spices.

"Florida Fruit Bowl" is a pretty potpourri of chilled Florada orange and grapefruit sections, undiluted orange concentrate, and fresh fruits such as melon balls, halved grapes, blueberries — and anything else that strikes your fancy!

Orange Blueberry Sauce, to be served warm over ice cream, pudding or cake, is as easy to prepare as 1-2-3. Fresh blueberries cook with undiluted Florida orange concentrate and cornstarch just until the mixture comes to a boil.

For the Florida Fruit Bowl you will need:

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Four cups (one quart) chilled Florida orange and grapefruit sections, one can (six-ounces) frozen Florida orange juice concentrate, thawed, undiluted; one-quarter cup sugar, three cups fresh fruit in season (melon balls, halved grapes, blueberries, etc.) and orange liqueur, optional.

Turn chilled sections into 2-quart serving bowl. Add undiluted concentrate. Stir in sugar. Add other fruit; mix lightly and chill for flavors to blend. If desired, add orange liqueur at serving time. This should make eight servings.

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For the Orange Peach Crumble get:

Four pounds peaches, sliced (approximately six cups), six tablespoons (one-half six ounce can) frozen Florida orange juice concentrate, thawed, undiluted; one cup firmly packed brown sugar, one-half cup all-purpose flour, one-half cup uncooked rolled outs, one-quarter teaspoon salt, one-half teaspoon cinnamon, one-quarter teaspoon nutmeg and one-third cup soft butter or margarine.

Put sliced peaches in two-quart baking dish; sprinkle with undiluted concentrate. Mix brown sugar, flour, rolled oats, salt, cinnamon and nutmeg; cut in butter until crumbly. Sprinkle over peaches in baking dish.

Bake in 375 degree oven 20 minutes, until peaches are tender. Serve warm with Orange Cream Topping. This will Yield six to eight servings.

To make the Orange Cream Topping, whip one cup heavy cream until stiff. Fold in two tablespoons frozen Florida orange juice concentrate, thawed, undiluted.

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And for an Orange Blueberry Sauce gather:

Three-quarter cup sugar, two tablespoons cornstarch, one-quarter teaspoon salt, two-third cup cold water, six tablespoons (one-half six-ounce can) frozen Florida orange juice concentrate, thawed, undiluted, and one cup blueberries.

Mix sugar, cornstarch and salt in saucepan. Stir in water and undiluted orange concentrate. Add blueberries.

Cook over moderate heat, stirring constantly, until mixture thickens and comes to a boil. Serve warm over ice cream, pudding or cake. This should make approximately two cups.

Love fresh vegetables Summer is time to buy

A vast amount of fresh vegetables and fruits is eaten annually in this country.

Shoppers always look forward to the summer season when locally grown produce is available says, Virginia McLuckie, food economist, Baltimore office, Department of Markets, University of Maryland.

This year the local season is running late due to cool and wet weather. However the marketings are increasing seasonally, quality is generally good and prices reflect the reduced yields of many crops.

From the vegetable counters look for local or nearby snap beans, cabbage, cucumbers, beets, summer squash. New potatoes are also in the markets.

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It may be of help to check the quality point for selection of some of these fresh vegetables.

Snapbeans, most of the offerings are of the common green podded varieties.

Look for a fresh, bright appearance with good color. Get young, tender beans with pods in a firm, crisp condition.

Avoid wilted or flabby bean pods. Thick, tough, fibrous pods indicate over maturity.

Beets, many beets are sold in bunches with the tops still attached, while others are sold on the bases of weight with tops removed. Look for beets that are firm, round with a slender top root, a rich deep red color, and smooth over most of the surface.

The tops on bunched beets will indicate freshness but the leaves wilt so easily that they usually are unfit for cooking as a green leafy vegetable.

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Summer squash, this includes the yellow straightneck, yellow crookneck, the greenish-white, patty pan or scalloped and the slender green zucchini and Italian Marrow.

Look for squash that are tender and well developed, firm, fresh appearing and well formed. You can identify a tender squash because the skin is glossy instead of dull and it is neither hard nor tough.

Cucumbers, good cucumbers typically have many small lumps on their surfaces. They should have a good green color over the entire length. They should be well shaped and well developed but should not be too large in diameter.

Avoid cucumbers that are turning a dull yellowish color or those with withered or shriveled ends.

Many commercial growers apply an oil treatment to the skin to seal the pores to prevent moisture loss.

If your family can't wait to get it home, we've got tables.

Gino's

Gino's sparkles! The food. The place. The people.

Pick-up for bulky trash 539-5151

BULKY ITEMS — Too big for regular collection, call Customer Service for free pickup, 539-5151 (limited to three big items or their equivalent per house). Phones are answered 24 hours a day.

PRICES EFFECTIVE FROM TUESDAY JULY 18 THROUGH SUNDAY JULY 23, 1972.

Freshest Meats in Town!

• 2700 WEST COLD SPRING LANE • 20 S. HILTON STREET • 3805 LIBERTY HEIGHTS AVENUE • 3420 CLIFTON AVENUE • 4715 GWYNN OAK AVENUE • BALTIMORE STREET AND FREMONT AVENUE

WE ACCEPT U.S.D.A. FOOD STAMPS

FOOD-A-RAMA

Goetz's VAC PAC ★ Bologna ★ Cooked Salami ★ Spiced Luncheon 12-oz. pkg. 79¢

MASH'S FULLY COOKED HAMS whole or shank half 59¢ lb. Butt Half lb. 69¢

Esskay's USDA Choice BONELESS Chuck Roast 89¢ lb.

Gwaltney of Smithfield Dry Cured Pepper Coated PICNICS lb. 89¢

3-Corner or Cross Cut Beef Roast — Esskay's USDA CHOICE BONELESS lb. $1.19

SLICED BACON	Gwaltney of Smithfield Hickory Smoked	lb. pkg.	89¢
GROUND CHUCK	Lean Fresh	lb.	99¢
LOIN ROAST	Esskay's Pork	whole or half lb.	89¢
GROUND BEEF	Freshly Made	lb.	79¢
POT ROAST	Esskay's U.S.D.A. Choice California	lb.	79¢
CHITTERLINGS	Esskay's	10 lb. pail	$2.99
BEEF LIVER	Select Steer	lb.	59¢
CHUCK STEAKS	Esskay's U.S.D.A. Choice Boneless	lb.	99¢
SLICED BACON	Esskay's Sweet Corn	lb. pkg.	89¢
FRANKS	Esskay's Quality All meat	lb. pkg.	89¢
SAUSAGE	Esskay's Pure Pork... Hot or Mild	lb. roll	69¢
CHICKENS	Esskay's Golden Plump Roasting	3½–lb. Average lb.	39¢
SLICED BACON	Rath Cedar Farms Thick	1½–lb. pkg.	99¢
SLICED BACON	Rath Canadian	7–oz. pkg.	79¢
FRANKS	Morrell's York Shire All meat	lb. pkg.	69¢
BOLOGNA	Morrell's Pride Sliced	lb. pkg.	89¢
WEINERS	Big Daddy	lb. pkg.	89¢
BOLOGNA OR BRAWN	Goetze's Club by the piece	lb.	59¢
SCRAPPLE	Goetze's	2 lb. pkg.	79¢
CROAKERS	Goetze's Frozen Fresh	lb.	59¢
SLICED BACON	J.P.	lb. pkg.	39¢
SLICED BOLOGNA	Brigg's Economy	12–oz. pkg.	49¢
PORK CHOPS	Center Cut Smoked	lb.	$1.09
SPARERIBS	Lean Meaty	lb.	79¢

Earth Shaking Grocery Discounts

FAB DETERGENT	GIANT SIZE		59¢
TEA BAGS	MC CORMICK'S	BOX OF 48	43¢
ORANGE DRINK	WAGNER'S	½–GAL. JUG	49¢
DOMINO SUGAR		5 LB. BAG	68¢
ORANGE DRINK	DEL MONTE	5 46–OZ. CANS	$1.00
NOODLE SOUP	CAMPBELL'S CHICKEN	6 REG. CANS	$1.00
GREEN BEANS	MOR–VALUE CUT	6 303 CANS	$1.00
COMET CLEANSER	2¢ OFF	6 REG. CANS	$1.00
TOMATOES	LIBBY'S PEELED WHOLE	3 NO. 2½ CANS	$1.00
POTATOES	JACK O' LANTERN SWEET NO. 3	3 SQUAT CANS	$1.00
POTATOES	PILLSBURY MASHED	2–OZ. PKG.	10¢
DOG FOOD	VET'S BEST		REG. SIZE 10¢
FLOUR	GOLD MEDAL		LB. BAG 49¢
TOILET TISSUE	WALDORF OR CHARMIN	4	ROLL PKG. 39¢
PET MILK			TALL CAN 17¢
IVORY LIQUID	FOR DISHES		KING SIZE 59¢
GRAPE JELLY	OLD VIRGINIA PURE		18–OZ. JAR 35¢
SALMON	PETER PAN PINK		7¾–OZ. CAN 49¢
CATSUP	RITTER'S	5	14–OZ. BOTTLES 45¢
GOLDEN CORN	TORSEN'S WHOLE	5	303 CAN $1.00
SPRAY STARCH	ZIP	3	18–OZ. CANS $1.00
TRASH BAGS	TOTEM	10	PACK PKG. 59¢

IRISH SPRING SOAP Save 3¢ 3 = 25¢ WITH THIS COUPON Limit one at Acme stores this coupon Offer expires Saturday, July 22, 1972.

LIQUID AJAX Save 34¢ 39¢ WITH THIS COUPON Limit one at Acme stores this coupon Offer expires Saturday, July 22, 1972.

NESTEA Save 10¢ 89¢ WITH THIS COUPON Good only at Acme stores this coupon Offer expires Saturday, July 22, 1972.

NESCAFE Save 40¢ 79¢ WITH THIS COUPON Good only at Acme stores this coupon Offer expires Saturday, July 22, 1972.

AJAX Save 42¢ 49¢ WITH THIS COUPON Good only at Acme stores this coupon Offer expires Saturday, July 22, 1972.

TOMATO SAUCE Save 10¢ 5 = 59¢ WITH THIS COUPON Good only at Acme stores this coupon Offer expires Saturday, July 22, 1972.

Dairy Specials

Margarine	PURE ... SOLIDS	LB. PKG.	19¢
Soft Spread	IMPERIAL SOFT	POUND TUB	39¢
Large Eggs	MARYLAND FRESH GRADE 'A'	2 DOZEN.	89¢
Cheese Slices	COOPER'S IND. WRAPPED AMERICAN	12–OZ. PKG.	59¢
Biscuits	PILLSBURY	4 REG. CANS	39¢
Sauerkraut	KISSLINGS	2 LB. CELO BAG	39¢
Cole Slaw or Potato Salad		15–OZ. CONT.	39¢

Dulaney Valley Fresh Milk ½-gal. carton 55¢

PRODUCE BUYS

NEARBY CABBAGE 7¢ lb.

WESTERN ICEBERG LETTUCE 19¢ head

CALIFORNIA ORANGES 10 for 59¢

SUNKIST LEMONS 10 for 59¢

SOLID COOKING ONIONS 3 lbs. 69¢

GREEN PEPPERS 10¢

Frozen Food Specials

MORTON'S PARKERHOUSE ROLLS 37¢

MORTON'S PIE CRUST SHELLS 3 $1

MORTON'S PIES APPLE • PEACH • CHERRY • COCONUT 29¢

MEAT BALLS & SPAGHETTI, FRANKS & BEANS, MACARONI & CHEESE 3 $1

Chicken in Basket MORTON'S 2-lb. 8-oz. 1.79

Birds Eye Cut Corn or Sweet Peas 19¢

VISIT OUR NEW GWYNN OAK LOCATION NEXT DOOR TO LENNY MOORE'S Cocktail Lounge

How much will Total Discount Save You?

At Acme Super Saver you get savings in every aisle, in every department. Savings that add up to an extra bulge in your shopping budget at the end of the week. And at Acme Super Saver the only thing more spectacular than the savings is Acme Super Saver's uncompromising quality. That's what sensible food shopping is all about. It's all at Acme Super Saver . . . where the smart shoppers shop.

ACME SUPER SAVER

100% U.S. GOV'T. INSPECTED Fresh WHOLE Fryers EVERYDAY LOW PRICE! lb. 29¢

LANCASTER BRAND, 7-INCH CUT Rib Steaks EVERYDAY LOW PRICE! lb. $1.18

Roasting Chickens	100% U.S. GOV'T. INSPECTED	lb. 39¢
Cornish Game Hens		lb. 49¢
Tender Arm Roasts	LANCASTER BRAND	lb. 98¢
Cross Cut Roast	LANCASTER BRAND BLADE BONE REMOVED	lb. $1.08
Rib Roasts	LANCASTER BRAND CENTER CUT	lb. $1.06
Delmonico Steak	LANCASTER BRAND	lb. $1.99
Legs of Lamb	NEW ZEALAND	lb. 89¢

LEAN, WHOLE OR HALF OLD HICKORY Semi-Boneless Hams EVERYDAY LOW PRICE! lb. 79¢

LANCASTER BRAND, BONELESS Chuck Roast EVERYDAY LOW PRICE! lb. 88¢

Country Style Bacon	SLICED	lb. 69¢
Cubed Steaks	LANCASTER BRAND	lb. $1.49
Fireside Franks	SKINLESS	2-lb. pkg. $1.17
Oscar Mayer	VARIETY PAK LUNCH MEATS!	12-oz. pkg. $1.17
All Beef Franks	OSCAR MAYER	lb. pkg. 98¢
Smokie Links	OSCAR MAYER SAUSAGE	12-oz. pkg. 94¢
Flounder Fillets	HEAT & EAT FULLY COOKED	lb. 89¢

*SERVICE DELI!**

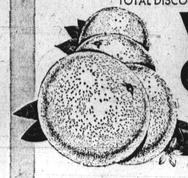
Boiled Ham	LEAN (5-LB. OR MORE)	$1.08
Sliced Bologna	GWALTNEY, ALL MEAT EVERYDAY LOW PRICE! SLICED LOAF	79¢
American Cheese		89¢

*Available in Stores With Deli.

FROZEN MEATS!

Beef Steaks	LANCASTER BRAND OR SUPER SAVER 8-ALL ALL VARIETIES BUT BEEF, FROZEN!	1-lb. 2-oz. pkg. $1.15
Banquet Dinners	EVERYDAY LOW PRICE! IN A BASKET	8-oz. pkg. 39¢
Morton's Chicken		2-lb. 8-oz. pkg. $1.19

TOTAL DISCOUNT PRODUCE! LARGE 88-SIZE, CALIFORNIA



Valencia Oranges doz. 89¢

Bing Cherries	NORTHWESTERN	lb. 69¢
Fresh, Crisp Carrots		2 1-lb. pkgs. 33¢
Crisp Celery Hearts		pkg. 39¢
Juicy Nectarines		3 lbs. $1.00

EVERYDAY LOW PRICE! (3-OZ. PKG.)

Lipton Drink Mix		14¢
Fruit Cocktail	DELICIOUS DIET DELIGHT (1-LB. CAN) IDEAL OR SUPER SAVER (1-LB. CAN)	35¢
Fruit Cocktail	IDEAL OR SUPER SAVER (1-LB. CAN) PARMADALE OR SUPER SAVER (1-QT., 14-OZ. CAN)	27¢
Fruit Drinks	DELICIOUS WELCH'S (1½-PT. BTL.)	4 for $1
Grape Juice		46¢

FAMOUS MUELLER'S (1-LB. PKG.)

Elbow Macaroni	IDEAL OR SUPER SAVER BRAND (1-LB. CAN)	25¢
Pork & Beans	FAMOUS CAMPBELL'S (1-LB. CAN)	13¢
Pork & Beans	HORMEL SPAM (12-OZ. CAN)	15¢
Luncheon Meat	CHUNK LIGHT (6½-OZ. CAN)	52¢
Starkist Tuna		39¢

FAMOUS SKIPPY BRAND (12-OZ. JAR)

Peanut Butter	LOUELLA OR SUPER SAVER BRAND (12-OZ. CAN)	47¢
Evaporated Milk	CARNATION BRAND (12-OZ. CAN)	15¢
Evaporated Milk	PURE VEGETABLE (5-LB. CAN)	17¢
Crisco Shortening	EVERYDAY LOW PRICE! SUCREST (5-LB. BAG)	85¢
Granulated Sugar		57¢

BEECHNUT STRAINED BABY FOOD ASSORTED VARIETIES jar 10¢

ASSORTED FLAVORS ROYAL GELATINS TOTAL DISCOUNT PRICE! 3-oz. pkg. 9¢

QUICK STARTING LONG BURNING! CHARCOAL TOTAL DISCOUNT PRICE! 10-lb. bag 59¢

Lemon Juice	RECONSTITUTED REALEMON (1-QT. BTL.) IDEAL OR SUPER SAVER FRENCH STYLE OR CUT (1-LB. CAN)	52¢
Green Beans	GREEN GIANT, WHOLE KERNEL (12-OZ. CAN)	19¢
Niblets Corn	EVERYDAY LOW PRICE! (½-GAL. JUG)	20¢
Clorox Bleach	EVERYDAY LOW PRICE! REG. (14½-OZ. CAN)	31¢
Alpo Dog Food	EVERYDAY LOW PRICE! (14-OZ. PKG.)	27¢
Minute Rice		49¢

Pamper Diapers	DISPOSABLE OVERNIGHT (PKG. OF 12)	87¢
Vlasic Pickles	KOSHER SPEARS (1-PT. JAR) FARMDALE OR SUPER SAVER BRAND (1-QT. JAR)	45¢
Creamy Mayonnaise	KRAFT SALAD DRESSING (1-QT. JAR)	49¢
Miracle Whip	IDEAL OR SUPER SAVER BRAND (1-QT. BTL.)	59¢
Tomato Catsup	IDEAL OR SUPER SAVER CREAMY (12-OZ. JAR)	22¢
Peanut Butter		41¢

Waldorf Tissue	ASSORTED COLORS (4 ROLL PKG.)	39¢
Kleenex Napkins	LARGE DINNER SIZE (PKG. OF 50) NINE INCH SIZE, WHITE (PKG. OF 100)	29¢
Paper Plates	IDEAL OR SUPER SAVER HALVES OF YELLOW (7-LB. CAN)	59¢
Cling Peaches	IDEAL OR SUPER SAVER BRAND (1-QT. BTL.)	23¢
Apple Juice	IDEAL OR SUPER SAVER BRAND (1-LB. CAN)	29¢
Sliced Carrots	ASSORTED FLAVORS (7-OZ. PKG.)	17¢
Hamburger Helper	EVERYDAY LOW PRICE (6-OZ. JAR)	57¢
French's Mustard	TOTAL DISCOUNT BAKERY! SLICED WHITE ENRICHED (1-LB., 6-OZ. LOAF)	14¢
Super Loaf Bread	FRESH BAKED BARBECUE (PKG. OF 8)	4 for 88¢
Hot Dog Rolls	DELICIOUS BIG BUT (PKG. OF 9)	4 for $1
Cinnamon Buns	DELICIOUS PLAIN (LARGE SIZE)	45¢
Angel Food Cake		59¢

Prices Effective Thru Sat., July 22, 1972. Quantity Rights Reserved

New RINSO PHOSPHATE FREE COLOR BLEACH with chlorine Bleach Clean • Bleach Bright

A 3-LB., 1-OZ. PKG. OF Rinso Detergent 69¢

DISCOUNT IN DAIRYLAND!

Margarine	PRINCESS OR SUPER SAVER (1-LB. QTRS.)	18¢
Creamery Butter	LOUELLA OR SUPER SAVER (1-LB. QTRS.) BUTTERMILK OR COUNTRY STYLE (8-OZ. PKG.)	79¢
Pillsbury Biscuits	DELICIOUS MRS. FILBERT'S (1-LB. BOXES)	4 for 39¢
Soft Margarine	WHITE OR YELLOW SUGAR (1½-OZ. PKG.)	51¢
American Cheese	SOFT (1-LB. PKG.)	69¢
Parkay Margarine	LEHIGH VALLEY OR FRONTIZ ASSTD. FLAVORS (½-GAL. JUG)	51¢
Fruit-Ades		3 for $1

FROZEN FOOD DISCOUNTS!

Orange Juice	DELICIOUS SNOW CROP (6-OZ. CAN)	12-oz. can 29¢
Jeno's Pizzas	WITH CHEESE, DELICIOUS (PKG. OF 12)	95¢
Cream Pies	BANQUET BANANA, COCONUT, CHOCOLATE OR LEMON	14-OZ. PKG. 4 for $1
Orange Juice	IDEAL OR SUPER SAVER BRAND (12-OZ. CAN)	35¢
Broccoli Spears	IDEAL (10-OZ. OR FROSTY ACRES (8-OZ. PKG.)	5 for $1
Morton Donuts	EVERYDAY LOW PRICE! (10-OZ. PKG.) DELICIOUS BIRDS EYE (9-OZ. CUP)	45¢
Cool Whip		49¢

SAVE 25¢ WITH THIS COUPON (CO) TOWARD YOUR PURCHASE OF ANY 3-LBS. OR MORE, PAN-READY Fresh Chicken Parts Limit one per family, please. Effective July 17 through 22, 1972. ACME

SAVE 24¢ WITH THIS COUPON (MFG-6) Zest Bath Soap TOTAL DISCOUNT SAVINGS 3 bars 39¢ Limit one per family, please. Effective July 17 through 22, 1972. ACME SUPER SAVER

SAVE 22¢ WITH THIS COUPON (MFG-6) Mr. Clean Cleaner ALL PURPOSE CLEANER 1-pt., 12-oz. btl. 45¢ Limit one per family, please. Effective July 17 through 22, 1972. ACME SUPER SAVER

SAVE 25¢ WITH THIS COUPON (MFG-6) Betty Crocker Cake Mixes ALL DELICIOUS FLAVORS 3 1-lb., 2½-oz. pkgs. 89¢ Limit one per family, please. Effective July 17 through 22, 1972. ACME SUPER SAVER

SAVE 34¢ WITH THIS COUPON (MFG-6) Ajax Liquid Detergent CLEANS DISHES EASIER 1-pt., 6-oz. btl. 25¢ Limit one per family, please. Effective July 17 through 22, 1972. ACME SUPER SAVER

SAVE 14¢ WITH THIS COUPON (CO) Kosher Dill Spears IDEAL OR SUPER SAVER BRAND 1-qt. jar 39¢ Limit one per family, please. Effective July 17 through 22, 1972. ACME SUPER SAVER

SAVE 40¢ WITH THIS COUPON (MFG-6) Right Guard Deodorant EFFECTIVE ANTI PERSPIRANT 5-oz. can 49¢ Limit one per family, please. Effective July 17 through 22, 1972. ACME SUPER SAVER

SAVE 10¢ WITH THIS COUPON (CO) ON YOUR PURCHASE OF ANY 1-LB. VAC PACK Super Saver Lunch Meats Limit one per family, please. Effective July 17 through 22, 1972. ACME SUPER SAVER