Illustrious Women

IF A FAMILY IS LOVE, then little Miss Vickie Tyson, just three weeks old (born June 25), has been well provided for. She is held by her uncle, George Hill, who is 13, and she has a great uncle, Sean Stevens, who is 6, not to count numerous other aunts and uncles. To top the family list Miss Tyson has two grandmothers, Mesdames Barbara Hill and Margaret Tyson; four great-grandmothers, Mesdames Alberta Stevens, Sarah Hill, Rachel Franklin and Louise Barry, and four great grandmothers, Mesdames Katherine Stanley, Ophelia Hill, Carolyn Shorter and Alberta Jackson.

Hero, friend, human servant, community leader, wife, mother, mother-in-law, grandmother.

All descriptions of one person — Mrs. Emmie Lee Moore.

Mrs. Moore, who lives with her husband, Toney Moore, in the 900 block of N. Washington St., was honored with a surprise appreciation program at the Little Ark Baptist Church recently.

Over 250 persons were present to participate in the program sponsored by Mrs. Moore's club, the Friendly ored her for her community and club leadership and because she is a "living example of Christianity in action."

Mrs. Moore has been president of the club since 1952.

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During the program, representatives of 14 churches.

Appreciation tokens included patron ads from 150 persons, a telegram, a corsage of money, an engraved plaque and $120 cash.

A hero? Mr. Moore's well wishers said she deserves that title for steering a "runaway" car over 100 feet in the 900 block of N. Washington St., saving the lives of children and adults in the area.

For that unselfish feat, Mrs. Moore received citations from Gov. Marvin Mandel by Baltimore's Mayor Thomas J. D'Alesandro 3rd.

In 1942, Mrs. Moore came to Baltimore from Aiken, S.C. where she taught at the Red Hill Elementary School.

She joined the Nazarene Baptist Church and served as president of the Senior Choir, as church clerk and president of the Deaconess Board.

Mrs. Moore later joined Little Ark, where the Rev. Matthew Marcus is pastor. There she sings in the Senior Choir, serves as president of the Deaconess Board, advisor to the Sunbeam Choir, chairman of the NAACP Membership Campaign and member of the Sick Committee.

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A devoted member of her community, Mrs. Moore led her block's Neighborhood Garden Association three years and continues to strive to keep her neighborhood beautiful.

June was a big month for Mrs. Moore since she also celebrated her 37th wedding anniversary.

Mr. Moore is on the Little Ark Deacon Board and is a foreman at the Consolidated Engineering Co.

Mrs. Moore is the mother of Mrs. Beulah Moore Horne, the mother-in-law of Lewis Horne, and the grandmother of four-month-old Beavette Horne.

A few words of wisdom to others from a woman who devotes her life to helping others: "To make the world a better place, we must strive for the betterment of our neighborhood and children; pray together and keep God before us."

Other officers of the Friendly Helping Hand which presented the program are: Mrs. Magline Brown, chairman; Mrs. Oler B. Britton, co-chairman; Mrs. Lena Bell, vice-president; and Mrs. Virgie Donaldson, secretary.

MRS. EMMA LEE MOORE

City chosen for emergency health care

Senator J. Glenn Beall Jr. (R.-Md.) has announced that Baltimore has been chosen for a national demonstration project in round-the-clock emergency health care.

"A communications and transportation system linking hospitals and ambulances in the Baltimore area will be set up to improve the speed and efficiency of emergency medical care.

"It will focus on the acutely ill — such as trauma patients, coronary victims, the severely burned, and infants with serious illnesses," Senator Beall said.

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Senator Beall said a final contract for the system will be negotiated this month between a coalition of metropolitan health officials acting under the auspices of the Regional Planning Council and the Health Services and Mental Health Administration.

The proposal calls for a three-year program, during which a communications network would be planned, installed and evaluated.

How to use GI insurance dividends to buy additional paid up life insurance is explained in Veterans Administration pamphlets and forms now being mailed to four million eligible veterans, George A. Davis, Director of the Baltimore VA Regional Office, said today.

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A JAR OF GROWER WITH YOUR FIRST TREATMENT!

Mrs. Edna Kennedy Waynesboro, OPERATOR OF THIS SECTION

By the way...

by Joe Black

There's an important, fourteen letter word in our language today that too many of us tend to overlook. A word that some of us even seem to forget.

The word isn't necessarily Black jargon. Nor, even exclusively created for Black usage. But it is a word that applies to all of us. And one we should never forget.

What's the word? Responsibility. Your and my responsibility to today's and tomorrow's society.

During the trials and troubles of today, too often too many of us sit back and let someone else do all our talking for us. (It's understandable why.) But too often, the people who we let talk are merely seeking popularity through the manipulations of emotions. People who spend all their time shouting racism and hatred.

You know them. Sure you do. People who would just as soon shoot off some heads, while they're shooting off their mouths. People who, in the long run, could be leading us all down the road to nowhere. And, incidentally, perhaps getting a little rich along the way, too.

I don't know about you, but I for one am mighty tired of living in a society that, instead of being filled with love, and brotherhood, and cool heads, and understanding, seems more abundant in hate, and tension, and greed, and jealousy.

What can we do? Well, that's where the word responsibility comes in. As Malcolm X once said, "If you don't think for yourself, if you don't see for yourself, then you will end up hating your friends, and loving your enemies."

Do you want to be responsible for something like that happening? I doubt it. But the question then remains: do you want to be responsible for something better happening?

I think we all do.

Joe Black
Vice President
The Greyhound Corporation

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GREAT GROCERY BUYS

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PET OR CARNATION EVAP. MILK 5 TALL CANS 89¢

Dutch Farms Margarine 1-lb. 19¢

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Kellogg's CORN FLAKES 2 12-oz. box 49¢

GIBB'S Pork n' Beans 2 30-oz. cans 49¢

QUALITY MEAT VALUES

Esskay Quality ROUND STEAK lb. $1.19

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Goetze's Lunch Meats Bologna Spiced Pickle 6-oz. pkg. 39¢

ESSKAY SLICED BACON lb. 59¢

Esskay's Fresh Sausage Dixie Maid/Farm Style lb. 59¢

TURKEY PARTS NECKS lb. 25¢ WINGS lb. 29¢

Kleenex FACIAL TISSUE 200 pkg. 29¢

HI-C Drinks ★ Orange ★ Grape ★ Punch 12-oz. 10¢

MA'S ROOT BEER ½-gal. 49¢

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CAPITOL HILL VISITOR — Congressman Goodloe Byron chats with Mrs. Lena Bailey of Catonsville during her recent trip to Washington. The two held an extensive meeting in which they discussed local and national issues and problems.

Fruits plentiful and popular now

Fruits are popular, well-liked foods, refreshing and satisfying when served in any way at all. They are bright in color, light in calories and right in nutrition says, Virginia McLuckie, food economist, Baltimore office, Department of Markets, University of Maryland.

The ability to recognize the outstanding characteristics of fully mature, good quality fresh fruits is an aid to wise choice, and economy.

Largest size may not always be indicative of best eating quality and interior quality may be affected by skin damage due to rough handling, squeezing, and the like with resultant loss in usuable portions of the fruit as well as flavor.

Modern home refrigeration makes it possible to keep an adequate supply of most perishable fruits on hand, but never buy more than you can properly refrigerate and use without waste, even if the product cheaper in quantity.

• • •

Quality is usually higher, and prices more reasonable when you buy fruit in season.

Supplies this year are shorter in some peaches, apricots and sweet cherries but larger in cling peaches, plums and tart cherries.

In season, from western areas we are receiving shipments of nectarines, a variety of plums and dark sweet cherries.

Nectarines are an interesting fruit, delicious served as fresh fruit, just as peaches are served. They are wonderful for eating out of hand, perfect in lunch boxes.

Nectarine shortcakes, pies and salads are treats.

In fact, nectarines are delicious prepared in just about anyway you would peaches.

You seldom need to peel nectarines. Their red-gold skins are smooth and tender.

Remove it only when actual cooking would loosen skin. If the fruit is to be heated through leave the skin on.

In buying nectarines look for deep yellow flesh with high blush cheeks and a firmness that has started to soften slightly along the seam line on the side of the fruit. This fruit is a fuzzless peach.

Plums belong to two classes, Japanese varieties and European type. The Japanese varieties are medium to large.

They are famous for their juiciness, and are flat, round, or heart-shaped; bright red, crimson or yellow. These will be the Santa Rosa, and Formosa and Durate plums.

The European type are always blue or purple in color, milder in flavor and have a firmer texture. Tragedy is the best of the early European varieties.

Most of these plums are clingstone which means they are ripe even if the flesh sticks to the pit.

• • •

Look for good color for the variety and a slight softening of the flesh for a ripe plum. Over-ripe plums will be very soft and often leak juice at the stem end.

Plums make excellent cobbler, plum sherbet, and meat garnish.

Enjoy plums from now until September.

Big black sweet cherries, often called Bing cherries however, there are several other varieties should be dark red, glossy and have firmly attached stems.

Look for signs of deterioration at the stem end when cherries are starting to go down in quality.

RUBY FRUIT SALAD RING

Sparkling red gelatin with 3 fresh fruits.

Two pkgs. (3 oz. each) raspberry or strawberry gelatin, three and one-half cups boiling water, one-half tsps. grated lemon rind, one-fourth cup lemon juice, three or four fresh nectarines, one cup fresh raspberries or strawberries and one large banana, sliced.

Dissolve gelatin in the water. Stir in lemon rind and juice. Chill until mixture begins to thicken. Slice nectarines to get 2 cups; fold fruits into gelatin mixture.

Turn into 1½ quart mold. Chill until firm. Unmold onto platter; garnish with lettuce if desired. Serves 8.

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CAA installs new delegates

New delegates to the Community Action Agency East-West Advisory Council will be installed Sunday, July 16 at 4 p.m. in Mondawmin Mall.

Combined with the installation ceremony will be an appreciation ceremony for those delegates who have served on these councils.

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Shirley Rogers Before — 175 After — 160
Wayona Chambers Before — 180 After — 160

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PRETTY AS A PICTURE, at recent ceremony that saw her daughter, Marilyn, wed to Raymond J. Finch, is Mrs. Almeta V. Debyns of Baltimore. The hot pink gown of silk organza, which was custom made, was embroidered with silver threads, also of silk. Austrian jewel stones, crystals and pearls trimmed the neckline and the V-back. The chiffon insert, which gave the illusion of transparency, was studded with the ruby Austrian stones.

Dr. Tildon to be speaker at medical meeting

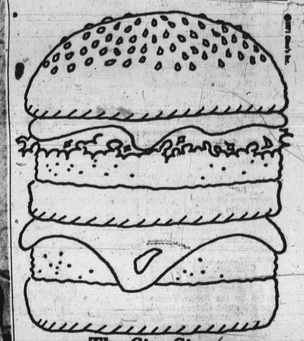
Dr. J. Tyson Tildon will be the speaker at the National Medical Association's annual meeting in Kansas City on August 17.

His topic will be "The Gift of a Black Experience in the New Horizons of Medicine."

Dr. Tildon has written a book which will come out this fall entitled **The Anglo-Saxon Agony: Depreciation of the Black Experience.**

He is the director of pediatric research at the University of Maryland at Baltimore and last year discovered a new disease in infants.

Dr. Tildon's numerous activities include: chairman of the academic freedom committee of the American Civil Liberties Union, active participant in black student and faculty groups at the university, member of the board of directors of Center Stage and member of the Livelier Baltimore Committee.



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Arr. 5:45 a.m.	Fayetteville	Lv. 9:20 p.m.
Arr. 7:30 a.m.	Florence	Lv. 8:00 p.m.
Arr. 9:10 a.m.	Charleston	Lv. 6:10 p.m.
Arr. 10:05 a.m.	Yemassee	Lv. 5:18 p.m.
Arr. 11:15 a.m.	Savannah	Lv. 4:25 p.m.

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