AMONG BALTIMOREANS who attended the educational seminar of District 2 of the National Funeral Directors and Morticians Association in Washington, recently, were, front row, from left, Mrs. Marshall W. Jones, Jr., Mrs. Mae C. Locks, Jr.; Jones, Jr., Mrs. Mae C. Locks, Joseph C. Locks, Jr.; back row, Marshall W. Jones, Jr., John M. Johnson and Arlington Phillips.

Economy meals for good eating

I try to be undaunted by the fact that people cry over me.

After all, I know I can bring happiness. Where would many soups, chowders, dips, spreads, salads, dressings, stews, hash, roasts, casseroles, gravies, pot pies, stuffings, and relishes be without me?

Perhaps you've figured out by now that I'm an onion. Just a humble little creature, that's me. I don't cost much. And there are ever so many other onions just like me in your supermarket. In fact, we're spotlighted as unusually plentiful by the U.S. Department of Agriculture this month.

Well, maybe I'm not really so humble. I guess I'm even conceited. I read about a survey of cooking habits in which 45 per cent of the recipes tallied used me either as a main ingredient or for the wonderful flavor and zing I impart to other foods.

• • •

I can't resist describing my magnificent appearance. I am firm and dry, with a small neck. I'm covered with papery outer scales and am reasonably free of green sunburn spots and other blemishes. USDA's Agricultural Marketing Service says that when you buy my brothers, make sure they have my excellent qualities.

But I'm still bothered by seeing people weep over me. If only they would learn to minimize tears by holding me under cold running water when they peel me!

I've prepared this menu for a day's delicious eating using me and other foods that are also plentiful and reasonable in price:

BREAKFAST
Grapefruit Juice
French Toast
Milk
Coffee or Tea

LUNCH
Chicken Salad
Sandwich
Fresh Orange
Coffee or Tea

DINNER
Broiled Fish
Elegant Stuffed Onions
Cooked Apple Slices
Tossed Salad
Ice Cream Parfait
Milk
Coffee or Tea

You and your guests will love me in Elegant Stuffed Onions, a savory dish that's perfect for the company special dinner in the above menu plan:

Six large mild onions, one fourth cup butter or margarine, one cup ripe olives, one cup soft bread crumbs, one-half cup shredded Cheddar Cheese, two tablespoons minced parsley, one half teaspoon salt, one fourth teaspoon poultry seasoning, one eighth teaspoon sage, dash of pepper, Paprika.

To prepare: Peel onions, removing the outer layer only. Slice off top of onions, making them as even in height as possible. Cover with boiling, salted water; simmer 30 minutes, or just until tender. Drain and cool. Chop onion tops to make 1/3 cup. Chop chopped onion; saute in butter until golden. Cut olives, bread crumbs, cheese, parsley, salt, poultry seasoning, sage and pepper; stir lightly.

Scoop out center portion of onions (save, chop and add to creamed peas for another meal, if desired). Do not cut through bottom of onion "shells." Fill with olive stuffing; sprinkle with paprika. Bake, covered, in moderate oven (350 deg. F.) for 20 minutes. Uncover and bake 10 minutes longer. Serve this delicacy piping hot.

BISHOP AND MRS. CHARLES E. WATERS celebrated the 21st anniversary of their marriage in Baltimore, recently.

'Skin of our Teeth'

"Civilisation," the highly-acclaimed series of programs presenting a vivid panoramic view of 1,600 years in the cultural development of Western man as seen through the eyes of British art historian Sir Kenneth Clark, will be broadcast on Sunday afternoons from 2 to 3 p.m. on WJZ-TV, starting June 4.

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LANCASTER BRAND BEEF!
LANCASTER BRAND Cubed Steaks . . . lb. $1.49
FROZEN MEATS & FISH!
LANCASTER BRAND FROZEN Beef Patties . . 2½-lb. pkg. $1.99
ARCTIC SEAL Haddock Fillets 1-lb. pkg. 95¢
BEACH HAVEN FISH STICKS OR Fish Fillets . . . 2½-lb. pkg. 95¢

LUNCHEON MEAT VALUES!
FAMOUS SKINLESS Esskay Franks . . 1-lb. pkg. 79¢
LANCASTER BRAND Skinless Franks 1-lb. pkg. 79¢
LEAN, SLICE READY (1-LB. OR MORE) Boiled Ham . . . . lb. 99¢
ESKRICH SMOKED Country Sausage . $1.17
OSCAR MAYER SLICED All Meat Bologna 12-oz. pkg. 79¢

SLICED 9 TO 11 CHOPS AVERAGE! FRESH...QUARTERED
PORK LOINS lb. 79¢

FRESH DAIRYLAND VALUES!
FUDGE BARS, NANDI POPS OR Ice Milk Bars (SEALTEST) pkg of 18 59¢
IMPERIAL BRAND Margarine . . . . . 1-lb. ctn. 49¢
KRAFT NATURAL SLICES Swiss Cheese . . 8-oz. pkg. 67¢
MRS. FILBERT'S (ALL FLAVORS) Take 'Em Tubs . pkg. of 6 65¢

FROZEN FOOD VALUES!
GREEN BEANS (1 lb. lb.), SUCCOTASH, PEAS OR Ideal Cut Corn 2 pkgs. 79¢
AUNT JEMIMA French Toast . 9-oz. pkg. 59¢
NEW! APPLE OR CHERRY Sara Lee Pies . 1-oz. pkg. 99¢
DELICIOUS BINGS EYE Cool Whip . . . . . 8-oz. ctn. 49¢

ACME'S GROCERY VALUES!
MODERN TEALESS Tea Bags . . . . . pkg. of 100 59¢
ASSORTED FLAVORS Hi-C Drinks . . 3 1-qt. 14-oz. cans $1.00
INSTANT CLOSEUP Maxwell House 10-oz. jar $1.49
WHOLE KERNEL GOLDEN Niblets Corn . . 12-oz. can 20¢
CAMPBELL'S Tomato Soup . 10½-oz. can 10¢
FAVORITE DOG FOOD Ken-L Ration 6 15½-oz. cans 77¢
PURE VEGETABLE 3-lb. can Crisco Shortening 85¢
CARNATION INSTANT PET Evaporated Milk 13-oz. can 17¢
CAMPBELL'S Pork & Beans 4 1-lb. cans 57¢

Prices Effective Thru Sat., June 3, 1972. Quart Ity Rights Reserved.

ACME

DOLLAR SALE!!

Marshmallows	ASSORTED FLAVORS, CURTISS	5 10-oz. pkgs. $1
Fruit Drinks	ASSORTED FLAVORS, FARMDALE	4 1-qt. 14-oz. cans $1
Tomato Catsup	IDEAL BRAND	5 14-oz. bots. $1
Vet's Dog Food	BEEF, LAMB OR HORSEMEAT	10 15½-oz. cans $1
Sliced Pineapple	OR CRUSHED DELISHA	4 1½-lb. cans $1
White Tuna	SEACALL GRATED	3 6-oz. cans $1
Peach Preserves	BOSTON FARMS GRAPE JAM, STRAWBERRY OR	3 12-oz. jars $1
Cling Peaches	TASTY RIPE	3 1-lb. 13-oz. cans $1
Pork & Beans	IDEAL BRAND	9 1-lb. cans $1
Heinz Ketchup	RICH TOMATO	4 14-oz. bots. $1
Banquet Pears	IN PIECES!	3 1-lb. 13-oz. cans $1
Fresh Bread	SAVE 16¢... FARMDALE SLICED WHITE	5 1-lb. loaves $1

GET AN 'EXTRA MEASURE' OF FRESH PRODUCE VALUES!
FRESH, RIPE TOMATOES
3 cello ctns. $1.00

Sunkist Lemons	LARGE JUICY CALIFORNIA	doz. 69¢
Crisp Cabbage	NEW. ALL-GREEN	10¢
Yellow Onions	MILD	3-lb. bag 49¢
Grapefruit Juice	PURE, FRESH	½-pt. jug 99¢
Roasted Peanuts	FRESH IN SHELL	12-oz. bag 39¢

THIS COUPON WORTH (CO) 100 S&H GREEN STAMPS WITH YOUR $10 PURCHASE (Excluding Cigarettes & Milk Products) One Coupon per Family Please Void After June 6, 1972 ACME

THIS COUPON WORTH (CO) 50 S&H GREEN STAMPS with the purchase of 1-lb. or more HEAT & EAT SEAFOOD One Coupon per Family Please Void After June 6, 1972 ACME

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THIS COUPON WORTH (CO) 25 S&H GREEN STAMPS with the purchase of a 1-lb. pkg. LANCASTER BRAND CHUB BRAUNSCHWEIGER One Coupon per Family Please Void After June 6, 1972 ACME

THIS COUPON WORTH (CO) 25 S&H GREEN STAMPS with the purchase of two heads ICEBERG LETTUCE One Coupon per Family Please Void After June 6, 1972 ACME

THIS COUPON WORTH (MFG-6) FREE! ONE 14-OZ CAN OF COMET CLEANSER with the purchase of 3 bath bars SAFEGUARD SOAP One Coupon per Family Please Void After June 6, 1972 ACME

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THIS COUPON WORTH (MFG-6) 15¢ CASH! toward the purchase of a 20-oz. refill AJAX WINDOW CLEANER One Coupon per Family Please Void After June 6, 1972 ACME

THIS COUPON WORTH (MFG-6) 15¢ CASH! toward the purchase of a 49-oz. pkg. COLD POWER DETERGENT (10¢ OFF LABEL) One Coupon per Family Please Void After June 6, 1972 ACME

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SUPER-RIGHT QUALITY BONELESS CROSS CUT ROAST PRICED LOWER THAN A YEAR AGO! NONE PRICED HIGHER! lb. 99¢
SUPER-RIGHT QUALITY N. Y. STRIP STEAKS PRICED LOWER THAN A YEAR AGO! NONE PRICED HIGHER! lb. 2.39
SUPER-RIGHT QUALITY GROUND CHUCK PRICED LOWER THAN A YEAR AGO! NONE PRICED HIGHER! lb. 87¢

PRICED LOWER THAN A YEAR AGO!
FRESH CHICKEN
LEG OR BREAST QUARTERS lb. 29¢
ROASTING CHICKENS lb. 39¢
NONE PRICED HIGHER!

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SUPER-RIGHT QUALITY RIB STEAKS (SHORT CUT) lb. 1.27 NONE PRICED HIGHER! PRICED LOWER THAN A YEAR AGO!

SUPER-RIGHT GRADE 'A' TURKEYS (16-LBS. & UP) NONE PRICED HIGHER! lb. 39¢ PRICED LOWER THAN A YEAR AGO!

RICH'S White Turkey Breast ¼-lb. 59¢ Available In Stores w/Deli. Dept.

FRESH SEAFOOD DEPT. Fancy Croakers lb. 39¢ Available In Stores w/Seafood Dept.

SUPER-RIGHT QUALITY BONELESS Chuck Steaks None Priced Higher! Priced Lower Than A Year Ago! lb. 89¢
FRESH Pork Butts Bone-in lb. 59¢ Boneless lb. 79¢
SUPER-RIGHT 1-lb. PKG. 57¢ Franks All Meat Skinless None Priced Higher! 2-lb. pkg. 1.17
ALLGOOD BRAND 2-lb. PKG. $1.37 Sliced Bacon ALLGOOD or GWALTNEY 1-lb. PKG. 69¢

ROGGER'S FRESH Rope Sausage lb. 89¢
Potato, Mustard Potato, Macaroni & Cole Slow A&P Salads 14-oz. ctn. 35¢ 38-oz. ctn. 69¢
Banquet Gravy & Salisbury Steak, Veal Parmesian or Sliced Turkey None Priced Higher! lb. 88¢
SUPER-RIGHT NONE PRICED HIGHER! Beef Steaks Frozen Chopped 2-lb. pkg. 1.98

FROZEN FOOD BUYS Banquet Dinners ALL VARIETIES EXCEPT HAM & ROAST BEEF 9-oz. pkg. 39¢

Cheese Pizza	13-oz. pkg.	79¢
Brussels Sprouts	10-oz. pkg.	33¢
French Fried Potatoes	3 2-lb. pkgs.	1.00
Cut Corn	8 10-oz. pkgs.	1.00
Orange Juice	4-oz. can 18¢	12-oz. can 35¢
Lemonade	4-oz. can 10¢	2 12-oz. cans 39¢
Libby's Fruit Drinks		4-oz. can 10¢
Fordhook Lima Beans	2 lb. pkgs.	75¢
Banquet Cream Pies	4 14-oz. cans	99¢
Broccoli Spears	4 10-oz. pkgs.	99¢
Spinach	3 10-oz. pkgs.	47¢
JANE PARKER Cherry Pie	22-oz. pie	49¢
JANE PARKER Pound Cake	10-oz. cake	39¢
JANE PARKER Cake Donuts	PLAIN, SUGAR, CINNAMON OR CONFABULATION 11-oz. box	29¢

JANE PARKER ENRICHED WHITE BREAD 4 22-oz. loaves 89¢
JANE PARKER SANDWICH AND FRANK ROLLS 4 10-oz. pkgs. of 8's 1.00

EIGHT O'CLOCK 100% BRAZILIAN COFFEE 3 1-lb. bag 1.99 1-lb. bag 69¢
CHEF'S CHOICE Charcoal 20-lb. bag 1.19 10-LB. BAG @ 66¢

Sultana Mayonnaise	1-qt. jar	49¢
Ann Page Italian Dressing	8-oz. btl.	49¢
Ann Page Mayonnaise	1-qt. jar	59¢
Temtee Kosher Gherkins	3 11-oz. jars	1.00
Temtee Dill Pickles	Fresh Kosher 32-oz. jar	45¢
Ann Page Barbecue Sauce	1-qt. jar	2.19
Ann Page Tomato Ketchup	2 14-oz. btls.	45¢
Ann Page Peanut Butter	Creamy or Crunchy 18-oz. jar	89¢
Old Virginia Apple Butter	2 12-oz. jars	41¢
A&P Grade 'A' Applesauce	4-oz. qt. jar	65¢
A&P Grapefruit Sections	3 8-oz. cans	31¢
Iona Peaches	YELLOW CLING 2 27-oz. cans	65¢
A&P Fruit Cocktail	2 17-oz. cans	53¢
Grapefruit Juice	A&P UNSWEETENED 46-oz. can	49¢
Red Hawaiian Punch	46-oz. can	29¢
A&P Fruit Drinks	(7 Flavors) 3 46-oz. cans	1.00
A&P Instant Dry Milk	20-qt. box	1.99
A&P Coffee	VACUUM PACKED Perk 2 lbs.	1.57
A&P Evaporated Milk	13-fl. oz. can	15¢
Our Own Tea Bags	100 in box	89¢
Our Own Instant Tea	100% Pure 1-oz. jar	49¢
Our Own Instant Tea	Lemon & Sugar 24-oz. jar	89¢
Ice Tea Mix	OUR OWN LEMON & SUGAR pack of 10 1½-oz. envs.	89¢
Bond Street Beverages	Canned 12-oz. can	8¢
Mason's Root Beer	½-pint. btl.	39¢
Funny Face	Pillsbury Group Orange, Cherry or Punch 2 3-oz. packs	29¢
Cheeri-Aid	Fre-Sweetened (w-Cal) 2 3-oz. packs	29¢
Cheeri-Aid Lemonade	pack of 10 3-oz. envs.	99¢
Ann Page Puddings	Assorted Flavors 4½-oz. pkg.	10¢
Hershey Instant	Chocolate Flavored 2 lb. ctn.	79¢

Iona Sweet Peas	5 17-oz. cans	79¢
Iona Tomatoes	5 14-oz. cans	1.00
A&P Golden Corn	Grade 'A' Whole Kernel 6 17-oz. cans	1.00
Mitchell Shoepeg Corn	17-oz. can	22¢
A&P Sliced Beets	2 16-oz. cans	35¢
Del Monte Cut Green Beans	2 16-oz. cans	53¢
A&P Asparagus Spears	Cut Green 14½-oz. can	45¢
Baked Beans	Campbell's Pork w/Tomato Sauce 4 16-oz. cans	57¢
Ann Page Noodles	Plain, Broad, Ex. Wide 3 1-lb. boxes	1.00
Kraft Macaroni Dinner	2 7.25-oz. boxes	45¢
Keebler (Fig Bars 1-lb.oz., Hi Ho 16-oz., Hydrox 15-oz.) Cookies	(Vienna Fingers 15-oz., And Peanut Butter Wafers 11-oz.) Your choice	43¢
Marvel Graham	SUGAR HONEY 1-lb. pkg.	35¢
Ann Page 100 Count Pops	Asst'd Flavors 30-fl. oz.	69¢
Ann Page Circus Peanuts	14-oz. pkg.	39¢
Ann Page Circus Peanuts	1-lb. pkg.	45¢
Marshmallow Animals	ANN PAGE 12-oz. box	39¢
Ann Page Gum Drops	(6 Varieties) 2 lb. box	49¢
Toilet Tissue	WHITE CLOUD White & Asst'd. 2 roll pack	27¢
Hudson Family Napkins	White 3 pkgs. of 70	1.00
Scot Towels	GIANT ROLL 3 120-ft. rolls	95¢
A&P Lawn & Leaf Bags	5-cu.ft. box	59¢
Shake & Bake	For Baking 2-oz. pkg.	23¢
A&P Table Salt	Plain or Iodized 26-oz. ctn.	9¢
Kellogg's Corn Flakes	12-oz. box	29¢
Kellogg's Mini-Wheats	Cinn. & Sugar 19-oz. box	40¢
Victor Medium Shrimp	4.5-oz. can	69¢
Chunk Light Tuna	Breast 'O Chicken 12.5-oz. can	79¢
Deep Blue White Tuna	Solid Pack 7-oz. can	49¢
A&P Charcoal Lighter	qt. can	39¢
Chef's Choice Charcoal	10 lb. ctn.	86¢

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CRISP Red Radishes	None Priced Higher!	2 6-oz. pkgs. 29¢
JUICY CALIFORNIA 'Sunkist' Lemons		12 in bag 69¢
CRISP Pascal Celery	LARGE STALK	23¢

FAMILY TREAT FUDGE BARS pkg. of 24's 99¢

SUNNY BROOK GRADE 'A' EGGS MEDIUM SIZE 3 Doz. 1.00