Liberian's ken to know spans globe, leads her to America

ROCHESTER, N.Y. — She lives and works in Monrovia, Liberia, travels in Europe, studies in America and communicate an international impression of the emerging African woman.

Mrs. Myrtle E. Bruce, a West African x-ray technician, has a relentless thirst for information which has taken her half-way around the globe at least twice.

In a Radiography Markets training course at Eastman Kodak Comany's Marketing Education Center here, she found the expertise she sought — the hows and whys in the technical operation of the Kodak X-Omat processor, used in processing x-ray film.

Mrs. Bruce's appointment as chief x-ray technician for the new 300-bed John F. Kennedy Memorial Hospital in Monrovia sparked her study tour to the U.S. and subsequent Kodak study.

* * *

To prepare her supervisory duties at J. F. K. Memorial, she has been in the country since July, 1971, as a foreign exchange student with the Agency for International Development working with Kodak radiographic equipment and studying department operations at the Washington (D.C.) Hospital Center.

"I was not content simply to put the film in one end of the processor and watch it come out the other," she explained in clarifying her choice of the Kodak Medical Operators' course. She not only gained the insight she sought, but also imparted valuable impressions of her culture.

* * *

Mrs. Bruce entered radiography in 1957. Receiving a scholarship from the Liberian government, she studied radiography at Manhattan Medical College in New York and returned to her country in 1958, where she advanced to chief x-ray technician for the Liberian Government Hospital.

Having worked with Kodak products throughout her 15-year career, Mrs. Bruce notes that they are widely used in Monrovia in the areas of amateur and professional photography and television production, as well as in radiography.

In her new post, she supervises a staff of x-ray technicians, determines equipment needs, and serves as department liaison to hospital management.

* * *

"A hospital is a vast complex in which people work cooperatively to serve the needs of a larger community," asserts Mrs. Bruce. "Since radiography is so vital to medical diagnosis and treatment, I would like to see its practice in Liberia developed on a par with that of other nations."

Health care in Monrovia centers around three hospitals, numerous private physicians, and several public clinics.

Sandbox set leads fashions for spring

By PATRICIA MCCORMACK

NEW YORK (UPI) — Not Paris, not the underground; not any pace-setting designer gets credit for the hottest trend in sportswear for spring.

Who does? The sandbox set.

Nifty nursery rhyme prints and happy pastels will show on everything from slacks to t-shirts to sweaters for guys and dolls.

Multi-color electric trains steam across denim jeans for the guys. Cute cutouts of kitty cats frolic on granny-inspire snuggle shirts for gals.

* * *

The kid-stuff clothes bring back the really good time of childhood when the day's most important decision was whether to buy a red or a blue hoola hoop.

Tricycles and airplanes figure on shrink sweaters worn layered over pants and skirts. Beach balls, building blocks, jack-in-the boxes adorn short and long sleeve t-shirt for guys and girls.

Taking a cue from fire crackers and festivals, wrangler does a ribbed cotton knit shirt for girls with a t 2 torpedo pattern bursting on a red background. For guys, the figure of a toads-tool sits serenely on a long sleeved, crew neck "Cartoon" shirt.

* * *

Jeans, socks and shoes that bring back the days of intense yo-yo contests tie up the little kid look. Color is all-important—ice cream colors, candy colors.

Traditional track shoes for guys, for instance, go wild in multi-toned versions. Knee socks get the raggedy Ann stripes. Jeans, of course, are rolled up to show the hot socks.

The newest thing in jeans will be baby prints in soft corduroy and brushed denim. Again the colors are bright and the decorations feature storybook animal figures, smiley faces, stars and stripes.

Peter Max has on deck a spirited little kid collection for one manufacturer. It features figures of doves and apples, dots and berries, pears and stars tumbling all over jeans for girls in cheariest pink, blue and grape backgrounds.

For the guys, Max did a cosmic jump group of jeans with decorations featuring planets, stars, dots and stripes.

Popping up everywhere

(Continued on Page 13)

Light Housekeeping

By LULA MACKAY

If you are the sort who feels compelled to make resloutions each New Year, you probably have yours all lined up already. I do hope it is a resolution to baby yourself. This is one resolution that will do you a lot of good since it involves you along . . . and will not discombobulate your family and friends, who just may not feel as loving towards your notions of what should and should not concern them.

What's new?..

A new concept for home sewing, the manufacturer calls this roll of tape, 10 yards long, ¾ inch wide and of a supple texture more like cloth than paper. The tape is vertically marked and invisibly perforated along the vertical lines, to serve as an adjustable guide to flawless topstitching. The horizontal markings are for measuring. On the back the tape is adhesive so it sticks firmly to the garment fabric while doing its several jobs. Then, it can be peeled off with one quick motion. The new tape helps guide every kind of topstitching, functional or decorative, including parallel rows, curves and zipper stitching. The width of the tape can be narrowed by pulling off one, two, three or four strips at the perforations, the manufacturer says.

* * *

Fashion note: John Weitz, the mojul of men's styles, predicts that while the men will not give up the freedom and color that now predominate their wardrobes, they are going to simmer down in the near future. He says they will "un-curl, un-fop and undandy themselves."

Why? Because, says he, the image of today is the image of the hard worker, the bright, commanding and dependable man. But, says he, after the "immediate future" the "peacocks" can strut once more.

* * *

The Beauty Bit: If you have been letting saleswomen sell you those deep bronze gels, tuck thumbs down on such a purchase the next time you buy. Our tawney skins obsolve color. Oft the pinks and peaches, the oranges do much more for us. The trick is to intensify your complexion, neither darkening nor lightening it with the base. And then, according to your own taste, slick it with a natural gloss or tone down with a colorless powder.

Recipe of the Week: Be kind to the kids week call for gradual lessening of the goodies, not a sharp cut off. Make one more batch of cookies, or the first rainy day let them pull some taffy.

The taffy pull candy is made with a cup of Grandma's Old-Fashioned Molasses, a cut of sugar and a tablespoon of butter.

Combine unsulphured molasses, sugar and butter in a two-quart saucepan. Place over low heat, stirring constantly, until mixture comes to boil. Boil until temperature on candy thermometer reaches 272 F., or when small amount of syrup dropped in cold water forms a hard ball. Remove from heat.

Pour onto a greased platter. Fold in as edges cool. When mixture is cool enough to handle, pull until light in color. Roll into long rope of half inch thick. Cut into one-inch pieces. Wrap pieces in individual pieces of waxed paper or transparent plastic wrap. Yield: one pound.

Moravian Cookies are also made with molasses. Use a cup of molasses, a half cup of shortening, a teaspoon baking soda, two and a fourth cups sifted all-purpose flour, one and three-fourth teaspoons baking powder, a teaspoon salt, a teaspoon ginger, a half teaspoon each of ground cloves, cinnamon and nutmeg.

Heat molasses to boiling in saucepan large enough for mixing cookies. Remove from heat. Stir in shortening and soda. Sift together flour, baking powder, salt and spices. Blend into molasses mixture.

Chill overnight. Roll out dough one-sixteenth inch thick on lightly floured board or pastry cloth. Cut with cookie cutter. Place on lightly greased baking sheet and bake in 350 F. oven five to seven minutes. Yields six and a half dozen cookies.

Household hints

When making coffee, start with a truly clean coffee urn, freshly boiled water and fresh coffee. One pound of coffee and two gallons of water makes 40 servings.

Wash refrigerator crispers thoroughly each time new edibles are added.

* * *

Wash leather furniture with soap and water. Then wipe with a fine furniture cream, the Cleanliness Bureau suggests.

—Sandbox

(Continued from Page 12)

with all the little kid fashions are "patriot" clothes. Red, white and blue are the colors. Stars, stripes, emblems and insignias are the motifs.

What it all adds up to: whether you tend toward kid stuff or flag stuff or a mixture of both — feel free, come spring. Pretend you're Raggedy Ann or a Musketeer or Uncle Sam for fashion fun.

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ASPARAGUS SPEARS PANTRY PRIDE FROZEN 10-oz. pkg. 67¢
BROCCOLI SPEARS PANTRY PRIDE FROZEN . . . 4 10-oz. pkgs. 99¢
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