Light Housekeeping

If you are planning on seeding your lawn, the time is now, according to the U.S. Department of Agriculture. And you don't have to be an expert to grow a good lawn or to reseed your present lawn. You do have to follow sound lawn establishment and maintenance practices. First, you have to consider the construction of the lawn — how it is graded and drained and how the see be is prepared; selection of grasses, and how and when they are planted; and maintenance, which includes fertilizing, mowing, watering, and controlling weeds, diseases, and insects.

In order to establish a successful lawn you should select high-quality seeds of planting material, and select grasses that are adapted to your soil and climate. In choosing a grass or mixture of grasses, consult your county agricultural agent before you buy.

Late fall is the best time to consider putting lime on your soil. First check and make sure it is needed because acid sandy soils generally are the ones that require light applications of ground or pulverized agricultural limestone every two or three years — less often in areas where there is clay-type soils.

What's new? Well, new the sewing world faster than daffodils in April. Now it's a kit that contains a set of zig-zag transfer patterns to use to sew a Indian Antique look and a bit of imagination.

The kit includes transfers of Indian papers, chains, big eyes, and bass viol. Another kit includes transfers of Indian necklace, snake, heart and chain, spicer and spider web and fly.

The transfers are meant to be ironed on the cut but not sewn fabric, then outlined with a zig-zag machine stitch in a contrasting thread. Then you add braid, yarn, sequins or rick-rack.

Fashion Note: Color is now an established fact in hosiery and pantyhose world. Belle-Sharmeer is serving up "gourmet garden" colors, including the vegetable dyes, red onion and purple parsnip; the berry flavors, cranapple and flameberry; the herb greene, wintergreen, green thumb and emerald grass; thumb and emerald grass; the hothouse blooms, marigold and cornflower royal; the spice blends, cinnamon rose, brown bitters and ginger jelly.

Beauty Bit: Are black women really different?

"In several physical respects they certainly are," says Denise Nicholas, nationally known black star of the top-rated television series "Room 222" and authoress of the recently published "Denise Nicholas for that reason," she added, "that black women must learn to cultivate their own beauty according to black standards.

Having done research on the subject Denise discovered that there actually is a difference is the pelvic sizes of black women and white women. "It makes it a little difficult to find the right clothes," she admits, "but even if it takes a little longer it's worthwhile in the end to know you're really looking your best. woman is very challenging," says Denise, "but it presents its own unique set of problems, grooming and otherwise."

The "afro" or "natural" hairdo was, according to Denise a milestone for the black woman, indicating a new self-awareness and pride in oneself, but she adds, it must be styled to the individual. "If you decide on an 'afro,'" continues Denise, "don't think that it gives you an excuse for not caring about your hair, there is nothing more unsightly than a "natural" with lint and uncombed balls of hair in it."

Skin care ranks very high in Denise's beauty regimen and calls for extraspecial attention. "Black women are lucky in that they are not prone to acne, but that's no reason to be sloppy about cleaning and moisturing your skin," she said.

Halloween tricks turn into horrors

NEW YORK (UPI) — Beware of the tricky treats come Halloween.

In the last few years, the fun of what once was children's trick or treat has been marred by sadistic adults who put pins or razor blades in apples or candy, give laxatives instead of sweets, make popcorn out of mothballs and shap and in other ways turn the attack on the small goblins, in some cases causing severe injuries.

The National Safety Council, in a warning to parents and children, also takes a look at some of the spook hater incidents of last year.

"I was shocked — literally shocked," said Mrs. Margaret Best, of Oneida, N.Y., when her seven-year-old daughter returned home with an apple that concealed a sharp pin. "Explaining it to the children was impossible."

Oneida police also received reports of popcorn made with mothballs and soap, but luckily no illness was reported.

The Council said that in Syracuse, N.Y., Mayor Williams E. Walsh's daugther collected a candy bar with a needle hidden inside. That same night in Dayton, Ohio, a 12-year-old boy cut an apple to find a razor blade inside.

More than 400 Ventura, Calif. parents called police to report sabotaged fruit and tack-filled popcorn.

In Louisville, Ky., two girls, eight and 10, were in a group that knocked on the door of a 77-year-old homeowner. After being greeted with the familiar "trick or treat", he told them, "wait and I'll get you something." Police said he returned to the door with a shotgun and fired at girls as they ran. Both were treated at the hospital for pellet wounds in the back and legs and released. The man was charged with malicious shooting and wounding.

Can something be done to eliminate this incredible behavior of some adults? The Council, in its current issue of "Family Safety," gives a list of "do's" for parents of trick or treaters. The list is credited to Edward Davis, chief of police of Los Angeles.

Parents should always accompany children on their rounds. Stay in your own neighborhood; keep close to your children at all times, even if you have to follow closely behind in an automobile.

Visit only homes that are well lighted on the outside. Homeowners who antici-pate (and welcome Halloween visitors usually keep the outside illuminated.

Don't allow visits to homes of known cranks. Adults who are intolerant of children usually are known to the neighborhood.

Instruct your children not to eat treats until you have examined them. Unpackaged items such as popcorn should be discarded. Wash fruit thoroughly and cut into small sections before eating. Examine candy bars closely. Needles or pins can be inserted through the wrapper without disturbing it. Discard candy with loose or torn wrappers.

In another safety area, there is the matter of costuming, fire prevention and traffic.

The Council reminds that costumes should be made of a fabric that is not highly flammable or has been treated with flame reardant chemicals. Jack O'Lanterns should not have candles in them. Let the children travel by small flashlight.

Masks can obstruct vision. Use makeup instead.

Re-instruct children on traffic rules. Cross only at corners, never between parked cars, never diagonally across an intersection.

Look in all directions before crossing the street. Watch for and obey all traffic lights. Walk, never run across the street. Use the sidewalks, not streets, for walking.

By the way...

by Joe Black

Right now, Blacks are not equipped to survive as a separate, independent nation. Of course, the national Black community has an annual gross spendable income of more than 30 billion dollars. But most of this economic wealth is gained from the payrolls of white business and industry. Like it or not, the Black community does not have enough Black-owned businesses to employ all our people at a salary level commensurate with today's cost of living or the quality of our preparation.

While economic independence may be many years away, there is one area where Blacks can gain a greater voice today. That is in the political arena. We must adopt Education, Economics, and Politics as our power base.

When I say political power, I'm not merely talking about electing a handful of Black candidates to various offices. No, I'm talking about the importance of voter registration and placing your vote where it can reap the greatest returns for the Black community as a whole.

It matters not whether a political candidate is Black or white, as long as he has empathy with the Black community and its problems. We must stop using our ballots to put people into office who are only concerned with lining their own pockets with gold. We must learn to listen and evaluate the promises of those who are seeking our support. We have arrived at a time when we must stand up and let the world know that politicians can no longer count on our vote just because they promise us a bushel basket of food and fifteen dollars.

Your vote is your power. Use it wisely, or we shall always be fighting the poverty, hunger, and blight that prevails in our community today.

Joe Black
Vice President
The Greyhound Corporation

Exhibit

The Great American Cover-Up: Counterpanes of the 18th and 19th Centuries," will open at the The Baltimore Museum if Art on Tuesday, October 26th and remain through Sunday, December 5th.

The exhibit consits of approximately 100 examples of needlework and weaving including one of the first coverlets made on the Jacquard loom (introduced in the country in 1826); a calimanco quilt made about 1750 from rough homespun; several of the famous Baltimore "album" quilts made of appliqued squares; many variations of patchwork design quilts, and white "candlewicking"

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Esskay's Pork Chitterlings 10 lbs. $2.99

Pet Milk 4 tall cans 69¢

KOUNTY KIST CORN 6 303 cans $1

Assorted Hi-C Drinks 3 46-oz. cans $1

CAMELLIA TOILET TISSUE 4 roll pkg. 29¢

CREAM STYLE WHOLE KERNEL

CAMPBELL'S CHICKEN-NOODLE SOUP 6 reg. cans $1

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GREEN GIANT NIBLETS CORN 2 12-oz. cans 39¢
SAVE BLEND BLEACH 39¢
HEINZ KETCHUP 25¢
RAIN BARREL FABRIC SOFTENER giant size bottle 59¢

CRISCO VEGETABLE SHORTENING 3 lb. can 85¢

CHEER DETERGENT giant size box 79¢

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Musselman's Fruit Jelly Assorted 3 18-oz. jars $1

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HANOVER VEGETABLES CORN & PORKHOOK LIMAS, TINY EARLY PEAS, SHOE PEG CORN 3 16-oz. poly bags $1

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★ PRODUCE SPECIALS ★

FANCY RED APPLES 3 lb. bag 29¢

Western Carrots 10¢ cello bag

RED YAMS 10¢ lb.

DAIRY SPECIALS

DULANEY VALLEY FRESH MILK ½-gal. ctn. 54¢

FLUFF NEST EGGS SMALL doz. 29¢ MEDIUM doz. 39¢

Barclay Elementary sets ecology program

The St. Georges Garden Club will sponsor a series of lectures on ecology at the Barclay School, 29th and Barclay Street, this winter for 4th and 5th grade children. The first lecture was on Wednesday. Mrs. Randolph Jones, administrative assistant for "Keep Maryland Beautiful" showed a picture entitled "The Litter Monster" and enrolled the children to be deputies for the Governor's anti-litter program.

The second illustrated lecture willbe Wednesday, Dec. 1, at 1 o'clock in the school auditorium when Mrs. William Sladen will speak on "Who Needs Nature."

The St. Georges Garden Club will present a tree to the school; and following the lecture, the children will assist in planting it on the school grounds.

* * *

The third illustrated lecture, on Wednesday, Jan. 26, the speaker, Mrs. Robert Ganter, will talk "Insects and Birds in the Environment." Mrs. Ganter will bring specimens of birds for the children to examine.

Children who show a special interest in these nature lecture will be Wednesday, the St. Georges Garden Club members to Cylburn, Sherwood Gardens and other nature spots near Baltimore in the spring.

The St. Georges Garden Club will present the Barclay School with nature books, magazines and pamphlets to be used by teachers and the children.

Later in the winter after the lecture, the children Club will sponsor a nature poster contest for the children.

* * *

The committee from the St. Georges Garden Club is: Mrs. Alexander Harvey, Mrs. Walter Gray, Mrs. Decatur Miller, Mrs. George Pimey, Mrs. J. T. H. Johnson, Mrs. James Hundley, Mrs. Charles Albert, Mrs. Page Nelson, Jr., Mrs. W. Boulton Kelly, Mrs. William Reinhoff, and Mrs. C. Lee Packard, Chairman. Mrs. Coke Reinhoff is president of the St. Georges Garden Club.

-Dr. Trader raps

(Continued from Page C-2)

Nurses' Residence in 1946.

Chi Eta Phi Sorority is an organization of registered professional nurses organized at Freedmen's Hospital in Washington in 1932, with the two-fold purpose of elevating the plane of nursing and increasing the interest in the field of nursing.

* * *

At the luncheon, held in Meushaw's Restaurant, Saturday, Soror Sarah Lightfoot, anti basileus, presided. The invocation was by Soror Mildred Hugleit, chaplain and guests were welcomed by Soror Lucy Edwards, who heads the chapter. Soror Mabel Hawkins, first national anti basileus, gave the occasion.

Soloist was Matthew Fraling.

Other participants of the program were Soror Rose Hynes, who introduced Dr. Trader; and Soror Aliene C. Ewell, a founder.

In addition to Mrs. Edwards Hughlett and Lightfoot, officers of Gamma chapter are Sorors Cecelia Hughes, grammateus; Mabel V. Hawkins, tamias; Rosetta F. Sands, epistoleus; and Mildred Gambrill, historian.

Members are:

Sorors Nannie Bass, Lelia Davage, Anita Henson, Rose E. Lewis, Sandra Hines, Emily Hardy, Patricia Crump, Helen Mosely,

Sorors Phyllis Shamwell, Hazel Bailey, Earline Ford, Mary E. Peck, Lilyan Slater, Eleanor Willis, Rose Hynes and Barbara Harris.

The special guests at the luncheon were Miss M. Elizabeth Pickens, assistant director of Public Health Nursing, Baltimore City; and Doris Reese, assistant administrator, Provident Hospital; Mrs. Mary Rochen, NAACP.

Mrs. Cornelia Smith, first vice president Maryland League of Women's Clubs, Robert Phillips, Chi Delta Mu Fraternity.

Out-of-town guests at the luncheon were:

Mesdames Elois P. Ellis, Vashti Gilmore, Mattye Holmes, Anne Hurley, Hortense Johnson, Dorothy King, Marie Lewis, Mildred Lucas, Peola McCaskill, Betty McDowell and Edith Oliver of Washington;

Mesdames Claudia Gerald, Dana Lopez and Leota Brown of New York City.

Also attending the luncheon were:

Messrs. and Mesdames Thomas Beverly and Earl A. Smith; Melvin Cooper, Matthew Fraling, Edward Slater and William Smith; Miss Hean Holland;

Mesdames Katie Alexander, Ferline Bailey, Inez Bowyer, Dottie Brown, Cornland Brown, Evelyn Brown, Gladys M. Brown, Helaine Brown, Inez Brown, Ruth Brooks, Louise Bullock, D. Burgess, Charles Byrd, Addie Cannington, Delores Clayborne, Henrietta Chisholm, Mary Cooper, Anna Davage, Lelia Davage, A. Renata Davage,

Mesdames C. J. Dickson, Rosmond Diggs, M. Le Duff, Estelle Edelen, Bernice Farmer, Fanida Friend, Irma Givens, John W. Gray, Rose E. Gray, Agnes P. Green, Gertrude Harper, Cora Henderson, Ethel Hill, Vinella Hill,

Mesdames Gertrude Hodges, Devora Jenkins, Naomi Jenkins, Dorothy Jeyson, Grace Johnson, Elaine Jones, Florence Jones, Gloria Jones, Pocahontas Jones, Maggie Joyles, Angela Kelley, Bernice Kelly, Alma Leonard, Louise Lockerman, Melba Logan,

Mesdames Verbena Marine, Carolyn Martin, Frances Martin, Dollie Mason, Dorothy Mattison, Quincie Melvin, Mary E. Moody, Geneva Parker, Gladys Parker, Vivian Pendleton, Effie Pounders, Lelia Powell, Ernestine Press, Laura Randolph, William Rawlings, Rosalee Redmond, Loretta C. Richardson, Jessie Richardson,

Mesdames Cornelia Ringgold, Grace Robinson, Wendy Robinson, Jesse Ross, Clara Scott, Lurena C. Spence, Lillian Spencer, Doris Starks, Ada Veney, Ardella Vessells Clara West, Lillian White, Bertie Whyte, Dorothy Wiggins, Cynthia Willis, M. Wilson, Elsie Williams and Betty Wright.

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