Marriage permits

HUDSON-SHERMAN, John F., 51, 1004 Parkside, machinist; Lillian B., 46, 4305 Wilkins.

NICHOLAS-DEADLY, M., 21, 15 S. Collington, truck driver; Linda S., 18, 7325 Gough.

DIETRICH-YOUNGBAR, 20, 7109 E. Baltimore, printing; Jacquelyn, A., 20, 330 Gresham.

GRAY-SHIFFLETT, Carroll J., 48, 3730 E. Lombard, mechanic; Ella L., 44, Dundalk.

STRAUGHN-BROWN, William C., 23, Overlea, clerk; Deborah A., 21, 4656 Pall Mall.

Top post goes to Mrs. Shane

Mrs. Jiseph (Billie) Shamer has been selected to represent the Baltimore Parking Association Inc. as executive secretary.

Mrs. Shaner, who for 15 years was associated with her late husband's public relations company, The Joseph Shaner Company, is the mother of three children and belongs to numerous organizations. She is also executive director of the Allied Florists Association of Greater Baltimore.

In naming Mrs. Shaner to the post, Bruce Alexander, president of the association, said he felt he has found the right person to bridge communication gap between the "parking public" and other operators of the Baltimore Parking Association.

MISS US? — If your AFRO carrier fails you, you can'll get the AFRO by mail every Tuesday and Friday for just $7.25 for 26 weeks. Or, take advantage of the $3.65 and both issues will come to your door by mail.

A&P A&P MART DISCOUNT FOODS

DISCOUNT PRICES ON THOUSANDS OF ITEMS

PLUS WEEKLY MEAT SPECIALS!

Prices effective thru Sat., Oct. 16, 1971 in all A&P/A-Mart Stores in the Vicinity of Balto. (Including Aberdeen, Annapolis, Bel Air and Havre de Grace)

SUPER-RIGHT QUALITY FULLY COOKED SMOKED HAMS WHOLE ONLY!! lb. 49¢ ONE PRICE—NONE PRICED HIGHER!!

SUPER-RIGHT QUALITY BONELESS ROUND ROAST lb. 99¢ | STEAK lb. 1.09 ONE PRICE—NONE PRICED HIGHER!!

FRESH NONE PRICED HIGHER!! Boston Butts WHOLE lb. 59¢ BONELESS lb. 79¢

SLICED (1-lb. pkg. 69¢) Allgood Bacon 2 1-lb. pkg. 1.37

SIRLOIN TIP ROAST OR BONELESS RUMP lb. 1.29
FRESHLY GROUND ROUND lb. 99¢
EYE ROUND ROAST lb. 1.45
CUBE STEAK lb. 1.39 CHIP STEAK lb. 1.59

Beef Liver FANCY—SLICED lb. 49¢
Sausage Meat SUPER-RIGHT 2 1-lb. pkg. 89¢
Frankfurters SUPER-RIGHT ALL MEAT SKINLESS 2 1-lb. pkg. 1.29
Bologna SUPER-RIGHT BY-THE-PIECE lb. 55¢
Sausage Meat Gwaltney HOT or MILD 1-lb. pkg. 55¢

Brigg's Sliced Bacon 1-lb. pkg. 79¢
Ham Mash's SEMI-BONELESS BUTT HALF lb. 79¢ SHANK HALF lb. 59¢
Luter's Picnics FULLY COOKED BONELESS lb. 99¢
Eckrich Sausage Smoked lb. 1.09
Knockwurst HYGRADE 1-lb. pkg. 95¢

WHY PAY MORE!! TASTY BOILED HAM lb. 99¢ Available In Stores With Delicatessen Dept.!!
OCEAN PERCH FILLETS FANCY 5-lb. box 2.39 lb. 49¢ Available In Stores With Fresh Seafood Dept.!!

SUPER-RIGHT QUALITY GRADE 'A' TURKEYS (16-LBS. & OVER) lb. 39¢ NONE PRICED HIGHER!!

SUPER-RIGHT QUALITY QUARTERED PORK LOIN (SLICED 9-11 CHOPS) lb. 65¢ NONE PRICED HIGHER!

SUPER-RIGHT QUALITY Rib Steaks 7-INCH CUT lb. 97¢

SUPER-RIGHT QUALITY Delmonico STEAK OR ROAST lb. 1.99

IF UNABLE TO PURCHASE ANY ITEM IN THIS ADVERTISEMENT PLEASE REQUEST A RAIN CHECK!

WE RESERVE THE RIGHT TO LIMIT QUANTITIES!

NEW CROP FLORIDA PINK or WHITE SEEDLESS Grapefruit (PICK THE BEST!) 4 for 55¢ ONE PRICE—NONE PRICED HIGHER

APPLES! RED JONATHAN 4-lb. bag, RED DELICIOUS 3-lb. bag, GRIMES GOLDEN 4-lb. bag — YOUR CHOICE! 49¢ ONE PRICE—NONE PRICED HIGHER

NEW GREEN Cabbage (PICK THE BEST!) lb. 8¢ ONE PRICE—NONE PRICED HIGHER

FANCY WESTERN Bartlett Pears (PICK THE BEST!) NONE PRICED HIGHER! 2 lbs. 49¢

RED BLISS OR RUSSET POTATOES BAKING NONE PRICED HIGHER! 5 lb. bag 59¢

FANCY YELLOW ONIONS NONE PRICED HIGHER! 3 lb. bag 39¢

THE NATIONAL UNITED LICENCEES BEVERAGE ASSOCIATION convention banquet was held in Baltimore, Md. last week. Attending the affair were L-R: Leonard Evans, Chicago publisher, main speaker chatting with Mrs. Margaret Lee, Pittsburgh, Pa.; Major James Watkins, Baltimore Police Community Relations executive; Mrs. Ivy Harris and husband, Lt. Col. William (Box) Harris receiving awards from ULBA national president James Grant, Baltimore, who also gave awards to, from left: Chester Lee, executive secretary of NULBA; City Councilman Robert Marshall; Mrs. Ethel P. Rich and City Councilwoman Mrs. Victorine Adams, all of Baltimore.

Economy meals for good eating

Ancient Egyptians worshipped it as a god. The Greeks claimed it sprung up from the tears of an imprisoned prince. According to German tradition, if you eat it on New Year's Day—an abundance of food will be yours throughout the year.

And today, the U.S. Department of Agriculture says it's in plentiful supply at a moderate price. It's fresh, crisp, snappy cabbage.

Think of cabbage, and most of us think next of creamy coleslaw. Generally about ¾ cup of dressing is used for each three cups of shredded cabbage. To prepare a simple, tasty dressing, dissolve ½ cup sugar in 1/3 cup vinegar. Beat in ¼ cup evaporated milk until mixture thickens; then add ½ teaspoon salt.

• • •

Vary basic cabbage slaw by adding other crisp vegetables and fruits. Some very companionable cabbage mates are chopped green pepper, carrots, apples, or onion rings.

Now that cooler weather is coming, try hot, cooked cabbage as a savory dinner vegetable. Braising, steaming, and creaming are popular preparation methods. The cabbage should be cooked quickly to preserve its vitamin content.

For cole slaws, allow about ¾ pound of cabbage per person. The yield of shredded cabbage is slightly over three cups per pound, depending upon the fineness of the shredding. preparing cooked cabbage, note that four cups of raw cabbage cooks down to two cups.

This menu provides a day's good eating using cabbage and other foods that are abundant and reasonable in price:

BREAKFAST
Cranberry Juice
Drink
Scrambled Eggs
Corn Muffin
Milk
Coffee or Tea
LUNCH
Spaghetti and Cabbage with Cheese Sauce
Fresh Pear
Milk
Coffee or Tea
DINNER
Roast Chicken
Parslied Carrots
Fresh Vegetable Salad
Applesauce
Milk
Coffee or Tea

Spaghetti and Cabbage with Cheese Sauce is a nutritious luncheon main dish that is both hearty and economical. It is mad with ¾cup spaghetti broken in inch pieces, ¼ lb. cheese, grated (about 1 cup), one cup hot medium white sauce, two cups shredded cabbage and Crumbs mixed with melted butter or margarine.

Cook the spaghetti in lightly salted boiling water until tender. Drain. Add cheese to hot white sauce and stir until cheese is melted. Place alternate layers of spaghetti and cabbage in a greased baking dish or pan.

Pour sauce over the top and sprinkle with the crumbs. Cover. Bake about 40 minutes at 350 degrees F. (moderate oven), ing cover for the last 15 minutes. Makes 4 servings.

OCT. 24

The Goucher-Hopkins Community Symphony Orchestra will present a concert in the Kraushaar Auditorium of the Goucher College Center on Sunday, Oct. 24 at 8:30 p.m. the first concert under the direction of Daniel Abrams, concert pianist, composer and Associate Professor of Music without charge.

NOV. 2

Disney on Parade, an all-new and different version of the live 2½-hour stage musical traveling Mena and coliseum show featuring Mickey Mouse and scores of other Disney characters opening Tuesday, November 2, at the Civic Center for ten performances, is a totally fresh concept of an in-person family show.

TEETHING? for restlessness and crying accompanying teething, use time-tested, homeopathic medicine. HUMPHREYS #3

ORCHID SHOPPE Wadsworth Robinson FUNERAL DESIGNS OUR SPECIALTY 1304 E. MONUMENT 276-6274

"Supah! Gordon's London Dry Gin makes a smashingly brilliant martini, eh what?"

"Right you are! Mine's so delightful, I think I just saw the olive smile at me!"

Gordon's. It's how the English keep their gin up!

PRODUCT OF U.S.A. 100% GRAIN SPIRITS DISTILLED FROM GRAIN. 90 PROOF. GORDON'S DRY GIN CO., LTD., LONDON, ENG.

VALUABLE COUPON — 10¢ OFF — Toward the purchase of SALTS-SEA FROZEN FRIED CLAMS 5-OZ. PKG. GOOD ONLY AT TWO GUYS. One coupon per customer. Good thru Sat., Oct. 16, 1971. 10-15. Two Guys

VALUABLE COUPON — 27¢ OFF — Toward the purchase of CARNATION SLENDER 10-OZ. CAN FREE WITH COUPON GOOD ONLY AT TWO GUYS. One coupon per customer. Good thru Sat., Oct. 16, 1971. 10-15. Two Guys

VALUABLE COUPON — 15¢ OFF — Toward the purchase of HEFTY 20-COUNT TRASH CAN LINERS 99¢ WITH COUPON GOOD ONLY AT TWO GUYS. One coupon per customer. Good thru Sat., Oct. 16, 1971. 10-15. Two Guys

Two Guys more food for your money! PLUS YOUR MOST VALUABLE TRADING STAMPS FREE!

SALE TODAY THRU OCT. 16

THE FULL WEIGHT U.S. GOV'T. GRADE CHOICE BEEF

GOV'T. INSPECTED CHICKEN BROILING OR FRYER 29¢ lb. CUT OR SPLIT LB. 35¢ WHOLE LB.

CHICKEN BREAST QUARTERS WING ON / CHICKEN LEGS QUARTERS BACK ON Your Choice lb. 39

CHICKEN BREAST REG. STYLE LB. 59¢ | CHICKEN LEGS THIGH ON 49¢ LB. | ROASTING CHICKEN 3-LB. AVG. LB. 39¢

CARNATION EVAPORATED MILK 6 14½ OZ. CANS 99¢

SMOKED HAMS MASH SEMI-BONELESS BUTT-HALF LB. 69¢ SHANK LB. 49¢

APPETIZING DEPT. ESSKAY BOLOGNA LB. 79¢

LAND O LAKES WHITE OR YELLOW AMERICAN CHEESE ½ lb 45¢

PROGRESSO SALE! MINESTRONE-LENTIL-ESCAROLE OR MACARONI & BEAN PROGRESSO SOUPS CHICK PEAS, RED KIDNEY OR CANNELLINI BEANS 4 20 oz. cans 89¢

FRESH GROUND MEAT: FRESH ALL BEEF GROUND BEEF 3 lb. 69¢; FRESH LEAN GROUND CHUCK LB. 79¢; FRESH EXTRA LEAN GROUND ROUND LB. 89¢

FIRST CUT CHUCK STEAK LB. 55¢; TRIMMED SHORT CUT RIB STEAK LB. 99¢; BOLAR ROAST LB. 1.09

U.S.D.A. CHOICE TOP ROUND ROAST LB. 1.23; U.S.D.A. CHOICE THICK CUT SHOULDER LONDON BROIL LB. 1.19; GOETZE OR ESSKAY FRESH PICNIC ROASTING PORK LB. 49¢; CITY CUT COUNTRY STYLE SPARE RIBS LB. 69¢

U.S.D.A. CHOICE SILVER TIP ROAST LB. 1.23; U.S.D.A. CHOICE BONELESS RUMP ROAST LB. 1.39; STEER SLICED BEEF LIVER LB. 49¢; TWO GUYS DELUXE BRAND SLICED BACON LB. 69¢

HI-C FRUIT DRINKS 6 PAK 12 OZ CANS 59¢

MAYONNAISE Two Guys qt jar 49¢

FRUIT DEL MONTE OR GEL CUPS PUDDINGS 4 can pack 49¢

B.C. ORANGE-APRICOT JUICE DRINK 3 46-OZ. CANS 99¢

INSTANT BREAKFAST CARNATION 10 ENV. PACK 79¢

SWISS MISS INSTANT COCOA MIX 2 lb. can 1.29

TEA BAGS TENDERLEAF pkg. of 100 87¢

NON DAIRY COFFEE MATE CREAMER 16 oz. jar 69¢

CONTADINA SALE: ITALIAN STYLE TOMATOES 3 28 oz. cans 99¢; TOMATO PASTE 3 12 oz. cans 79¢

20¢ OFF IVORY LIQUID DISH DETERGENT 32 oz. size 49¢

HUDSON 3¢ OFF LABEL PAPER TOWELS 100 SHEETS 2 roll pack 33¢

FREE! GO CAR WITH EACH ITEM! MR. CLEAN HOUSEHOLD CLEANER 40 oz. btl. 89¢; DOWNY FABRIC SOFTENER 64 oz. btl. 1.39; BIZ PRE-SOAK 38 oz. size 99¢; ZEST BATH SOAP 5 bar pack 1.19

NABISCO NILLA VANILLA WAFERS 12 oz. 37¢

FFY. CHOC. DROP, LEMON CHIP OR OATMEAL COOKIES 3 15 oz. 1.19

HUDSON—PKG. of 60 TABLE NAPKINS 10¢

Two Guys BAKERY SPECIALS! ENRICHED WHITE BREAD 1 LB 5 for $1; LEMON MERINGUE PIE 22 oz. pkg. 55¢; STREUSEL CAKE BOATS pkg. of 6 49¢; JELLY COCONUT ½ LAYER 10 oz. 35¢; CHEESE TWISTS 7 oz. 29¢; LONG FRENCH BREAD lb. 29¢

PRODUCE DEPARTMENT: BANANAS GOLDEN RIPE lb. 10¢; CARROTS SWEET & TASTY 2 1 lb. cello pkgs. 17¢; FRESH NEW GREEN CABBAGE lb. 8¢; NEW CROP SWEET POTATOES 2 lbs. 21¢; FRESH FLORIDA SEEDLESS GRAPEFRUIT 3 for 35¢; U.S. #1 ONIONS YELLOW GLOBE 3 lbs. 33¢; CALIFORNIA SUNKIST LEMONS 10 for 39¢

FROZEN FOOD DEPT.: BANQUET COOKIN' BAGS TURKEY • BEEF • MEAT LOAF • CHICKEN A LA KING 5 OZ. BEEF CHOP SUEY CHICKEN CHOW MEIN 7 OZ. pkgs. 5.99¢; ORE-IDA POTATOES REG.-CRINKLE CUT-COTTAGE FRIES TATER TOTS—SHOESTRING 4 12 oz. to 16 oz. boxes 89¢; TWO GUYS NEW SIZE! ORANGE JUICE MARKS-DALE GAL. 45¢; MRS. T. POTATO CHEESE PIEROGIES 16 oz. 59¢

DAIRY DEPARTMENT: BORDEN'S SWISS STYLE YOGURT ALL FRUIT FLAVORS 8 OZ. 19¢; MARGARINE PARKAY MINI-CUP SOFT FOUR ¼-LB. TUBS 1 lb. pkg. 39¢; CRACKER BARREL SHARP YELLOW OR WHITE CHEDDAR CHEESE min. 10 oz. 69¢

TWO GUYS TRADING STAMPS ONE BOOK SPECIAL YOUR BOOK SAVES 4.99 TOWARD THE PURCHASE OF 5-PC. CUTLERY SET Stainless steel wave edged blades. Wide colorfied handles. 8" bread knife, carver (7½"), slicer (8"), paring knife (3½"), utility (5") pairs. Made in U.S.A. by Rada. YOU PAY JUST ONE FILLED TWO GUYS TRADING STAMP BOOK. REG. 4.99 GIFT DEPT.

WEEKLY BONUS SPECIAL "CARBONA" SPRAY RUG SHAMPOO 24 ounce size. REG.-1.19 77¢ WITH A FOOD PURCHASE OF $2 OR MORE. HOUSEWARES DEPT.

IVORY FLAKES 13 oz. 37¢ | DUZ FLATWARE 39 oz. 91¢ | BONUS DETERGENT 38 oz. 89¢ | GAIN WITH ENZYMES 49 oz. 87¢ | CHEER DETERGENT 54 oz. 87¢ | JOY DISH DETERGENT 22 oz. 57¢ | THRILL LIQUID DETERGENT 22 oz. 57¢ | SAFEGUARD DEODORANT SOAP 3½ oz. reg. size 2 for 37¢

Two Guys FOOD SUPERMARKETS — TOWSON JOPPA RD. & GOUCHER BLVD. OPEN DAILY 9:30 A.M. TILL 10 P.M. — DUNDALK MERRITT BLVD. & GERMAN HILL ROAD OPEN DAILY 9:30 A.M. TILL 10 P.M. — BALTIMORE 2401 BELAIR RD. OPEN DAILY 9:30 A.M. TILL 10 P.M.

WE RESERVE THE RIGHT TO LIMIT QUANTITIES NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS PRICES EFFECTIVE THRU SAT., OCT. 16, 1971.