# Economy meals for good eating

When cultures are added to milk, the tasty treats we know as cultured milk products result.

Buttermilk, cottage cheese, sour cream and yogurt: each of these has its own unique delicious flavor and is readily adaptable to a variety of menu roles.

Cultured milk products are in good supply right now, according to the U.S. Department of Agriculture's Consumer and Marketing Service.

In days gone by, buttermilk was the variable liquid left after cream had been churned into butter. Today it is produced by scientifically adding bacteria cultures to pasteurized skim or partially skimmed milk. The yellow flecks in some buttermilk are real butter granules, added to improve the flavor.

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Use buttermilk as a beverage or add it to cooked and baked dishes. It's highly nutritious and can easily be made from non-fat dry milk at home.

To make one quart of buttermilk, use the following method: sprinkle ¾ cup non-fat dry milk over 3¾ cups warm water. Stir or beat until well mixed. Then stire in ½ cup commercial buttermilk or homemade buttermmilk and cover. Let stand at room temperature 8 hours. Stir until smooth, then cover and refrigerate.

In this way, after the initial outlay for your half cup of commercial buttermilk, you can save pennies by using a little of the last batch you made for your next one.

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Here's a menu for a day's good eating using buttermilk and other plentiful and reasonably priced foods:

BREAKFAST
grapefruit Juice
Cottage Cheese
Whole Wheat Bread
Coffee or Tea
Milk
LUNCH
Chopped Egg Salad
Plate
Cookies
Milk
DINNER
Fried Chicken
Rice Creole
Buttered Broccoli
Buttermilk Biscuits
Coffee or Tea
Milk

Here's an easy and economical recipe for Buttermilk Biscuits.

Sift together 2 cups sifted flour, 1 tablespoon baking powder, 1 teaspoon salt and ½ teaspoon baking soda. Cut in ¼ cup shortening. Add ¾ cup buttermilk and blend lightly until well mixed.

Knead gently ½ minute on a floured board, roll until ½-inch thick and cut with a floured biscuit cutter. Bake on a cook sheet 12 to 15 minutes at 425 degrees F. Makes 1½ dozen biscuits.


Woolworth
THE FUN PLACE TO SHOP FOR THE ENTIRE FAMILY

14" Baby Doll in Cradle
12" Pam Doll, hair care accessories.

6 DAY DOLL SALE
$3.33 each

And one of them can cost only $2.83 with coupon below! Cuddly baby and toddler dolls...the choice is all yours.

17" Robin Toddler Doll
15" Judy Baby Doll
A JOLLY DOLL

Nothing to wear? Woolworth has a complete selection of doll-size clothes.

VALUABLE COUPON BRING IN THIS COUPON IT'S WORTH 50¢ TOWARD THE PURCHASE OF ANY DOLL IN SALE Woolworth
Limit: one coupon per customer. 5½ days only.

SATISFACTION GUARANTEED REPLACEMENT OR MONEY REFUNDED



# FOOD-A-RAMA

3805 LIBERTY HEIGHTS AVENUE
801 WEST BALTIMORE STREET
2720 WEST NORTH AVENUE
3420 CLIFTON AVENUE
2045 WEST NORTH AVENUE
1000 NORTH MOUNT STREET
BALTIMORE & HILTON STREETS

PRICES EFFECTIVE TUES., JULY 27th THRU SAT., JULY 31, 1971

WE ACCEPT U.S.D.A. FOOD COUPONS

FRESH KILLED FRYING CHICKENS WHOLE ONLY lb. 28¢

THE ORIGINAL JOSEPH PHILLIPS SLICED BACON 3 1-lb. PKGS. 89¢

ESSKAY'S LEAN FRESH PORK SHOULDERS 35¢ lb.

Small Lean SPARERIBS lb. 69¢
Freshly Made GROUND BEEF lb. 63¢
Lean Fresh GROUND CHUCK lb. 89¢
U.S.D.A. Choice Boneless SHOULDER STEAKS lb. $1.09
Center Cut HAM SLICES lb. 99¢
Esskay's PORK LOIN ROAST Whole or Half lb. 79¢
Esskay's Sweet Korn SLICED BACON lb. pkg. 69¢
GOETZES VAC PAC 6-oz. pkg. 39¢
*Bologna *Pickle Loaf *Spiced Luncheon

Goetze's MIDGET BROWNIES 10-oz. pkg. 39¢
Morrell's Pride Place Brand Thick SLICED BACON 2 lb. pkg. 99¢
U.S.D.A. Choice Tender CHUCK STEAKS lb. 79¢
Fresh GROUND ROUND lb. 99¢
Fresh PORK LIVER lb. 39¢
Esskay's Pure PORK SAUSAGE Dixie Maid or Farm Style lb. roll 59¢
Morrell's Pride ALL MEAT FRANKS lb. pkg. 69¢
Esskay's Quality lb. pkg. ALL MEAT FRANKS lb. 79¢

3-Cor. OR CROSS CUT ROAST U.S.D.A. CHOICE BONELESS lb. 99¢

MIX 'EM or MATCH 'EM
*LIBBY'S SWEET PEAS
*LIBBY'S CREAM STYLE CORN
*LIBBY'S GREEN BEANS
5 303 CANS $1.00
CRISCO SHORTENING 3 lb. CAN 87¢

TIDE DETERGENT Giant Size 79¢
MASHED POTATOES Pillsbury Instant 3-oz. pkg. 10¢
LIBBYS PEACHES Libby's Sliced or Halves 3 no. 2½ Cans $1.00
TOMATO SAUCE Mission (packed by Del monte) 8-oz. can 7¢
FACIAL TISSUE Hudson 200-2ply Box 25¢
ICE TEA MIX Nestea with Sugar 12-oz. Jar 49¢
STRECH & SEAL 100-Feet 49¢
DOG FOOD Vets Reg. Can 10¢
PINEAPPLE JUICE Del Monte 3 46-Oz. Cans $1.00

FRENCH DRESSING Kraft's Lo-Cal 8-oz. Btl. 29¢
PAPER TOWELS Scott 3 Giant Rolls $1.00
BARBEQUE SAUCE Kraft's 18-oz. Btl. 35¢
DISH DETERGENT Austin's Pink Liquid 3 32-oz. Btls. $1.00
PAPER NAPKINS Hudson 180-Count pkg. 35¢
BLACK PEPPER Mc Cormick's 4-oz. Can 39¢
APPLE SAUCE Musselman's 50-oz. Jar 59¢
PORK N BEANS Campbell's 6 16-oz. Cans $1.00
TOMATOES Mor Valu 5 303 Cans $1.00

HOLSUM ENRICHED WHITE BREAD 6 1-lb. LOAVES $1.00

NEASTEA ICE TEA MIX 10-PACK PKG. 69¢
With This Coupon only. Good only at Food-A-Rama & Service Markets. Offer expires Sat., July 31, 1971. Limit 1 coupon per family.

BAGGIES TRASH BAGS 30-PACK PKG. 39¢
With This Coupon only. Good only at Food-A-Rama & Service Markets. Offer expires Sat., July 31, 1971 & Limit 1 Coupon per family.

FARM FRESH PRODUCE SPECIALS

CALIFORNIA SEEDLESS GRAPES lb. 39¢
VINE-RIPE TOMATOES lb. 29¢
GREEN CRISP CABBAGE lb. 7¢
CRISP INDIVIDUAL LETTUCE head 19¢
U.S. NO. 1 POTATOES 10-69¢
Yellow Cling Peaches lb. 19¢

FROZEN FOOD SPECIAL
BIRDSEYE BABY LIMA BEANS 2 REG. PKGS. 49¢
PET RITZ FARM CAKES 39¢
BANQUET COOK-IN-BAGS ASST. VARIETIES 4 REG. PKGS. 89¢ SINGLE PKG. 23¢
HANOVER *MIXED VEG. *SHOE PEG CORN YOUR CHOICE 16-OZ. POLY BAG 29¢

DAIRY SPECIALS
KRAFT'S PHILA. CREAM CHEESE 3-OZ. PKG. 12¢
PILLSBURY BISCUITS 4 REG. CANS 39¢
FLUFF NEST GRADE 'A' SMALL EGGS DOZ. 29¢
Parkay Maxie Cup Margarine lb. 39¢
Mozzarella Cheese—8 oz. Pkg. 49¢
Kraft's Pure Orange Juice—½ Gal. 69¢


# Hints For Homemakers

INEZ KAISER

All of us are concerned about protecting the environment these days, especially the air we breathe and the water we drink and wash with. We're also concerned about getting our clothes nice and clean.

In this respect DRIVE detergent has a lot of new things going for it. It has a brand-new stain-fighting formula with no enzymes and only 8.7% phosphorus. But one thing that still remains is its deep-down cleaning action.

The new DRIVE also contains perborate (oxygen) bleach to keep white clothes white and colors clear and bright.

Be sure to read the special stain-removal directions on the new package, which assures consumers that DRIVE "gets out the tough stains to give you the best clean."

DRIVE is still a regulated-suds product which works safely and effectively in all types of machines.

When you start looking on your grocers' shelves for DRIVE, don't forget that it comes in four convenient sizes to suit all family needs. Buy a package today and start giving your wash a treat with a laundry detergent that's as efficient and nice to use as any you can buy.

"TWICE AS NICE" FOR HAIR CARE

Speaking of "nice" brings to mind another Lever Brothers product that is really unique in its field —TWICE AS NICE shampoo.

If ever a name amply described a product, it's this one! That's because TWICE AS NICE performs two jobs at once.

First it shampoos the hair, leaving it thoroughly clean and shiny. But the big added plus in this shampoo is that it contains a layer of golden conditioner that you can actually see, so that it conditions your hair as you wash it.

That's right, you need only to shake the bottle to mix the shampoo and conditioner. Then, you shampoo as usual to get clean, soft and shiny hair that is easy to comb.

TWICE AS NICE comes in three formulas—pink with protein added and extra golden conditioner for dry hair; green with extra cleaning agents for oily hair; and blue for normal hair.

I know it sounds too good to be true, but it really works. TWICE AS NICE is the answer for the woman who cannot do anything with her hair right after shampooing.

TWICE AS NICE comes in a shatterproof clear bottle, shaped to fit the hand. Three convenient sizes fill all the family needs—3½ oz., 7 oz. and 10½ oz.

A lustrous head of hair is sure to bring added attention and attractiveness. Will you be ready?

Talk about attractiveness, all you have to do is use another Lever Brothers product that also provides two-in-one benefits. Of course, I'm talking about CLOSE-UP toothpaste.

CLOSE-UP is a totally new kind of product—a toothpaste and mouthwash in one. Its exclusive formula whitens and brightens your teeth and also acts as a mouthwash by freshening your breath at the same time!

CLOSE-UP tastes good, too, with a refreshing cinnamon flavor in the regular red product and now a delightful new mint-flavored green companion product.

You never have to worry about offensive breath. CLOSE-UP freshens the breath—giving as good protection as the leading mouthwash.

And, even with its fine whitening power, there's no worry because CLOSE-UP is no more abrasive than other leading toothpastes with a long history of safe use.

CLOSE-UP is a clear toothpaste, almost clear enough to read through. It really gives you that needed confidence in close-up situations.

That's why they say "CLOSE-UP is for close-ups." And it's effective after eating, too.

LESS CALORIES WITH DIET IMPERIAL

Ahh, eating! Whenever I think about eating, I think of good things served with IMPERIAL margarine. Now there's a margarine made for royalty!

Of course, I realize that this is the season when everyone is thinking in terms of watching his weight. That's one of the really great features about IMPERIAL's companion product, DIET IMPERIAL.

Now, don't start thinking that just because a product says "diet" that it does not taste good. DIET IMPERIAL tastes just as good as regular IMPERIAL, and we all know how good that is.

DIET IMPERIAL has many special features—like easy spreading and coming in a reusable server tub with a beautiful floral design. But that isn't all.

DIET IMPERIAL has 50% less calories than regular margarines because it has half the fat content.

Although created as a spread, DIET IMPERIAL can be used for frying and cooking. For frying, simply melt DIET IMPERIAL with low heat in a covered pan until sizzling stops, before adding food.

How's that for convenience? You'll also enjoy the delicious flavor of DIET IMPERIAL served as a garnish atop the wonderful summertime vegetables now available. Its low-calorie advantage is especially appreciated by those who enjoy generous servings of margarine on tender, sweet corn.

MISS GWENDOLYN HOLLAND and Ronny L. Diggs were married in St. Peter Claver Roman Catholic Church, Saturday afternoon.

BEST BUYS:

# Serve corn on cob, all time favorite

By VIRGINIA McLUCKIE, food economist

Corn-on the cob is an all time American favorite.

For the next few weeks local corn will be in abundance, so plan to serve it often and enjoy every delicious bite says, Virginia McLuckie, food economist, Baltimore Office, Department of Markets, University of Maryland.

From the middle of July until the last of September is the normal local season. This is the time when you can get the best quality corn at the most attractive prices. Corn has been improved by the development of hybrid varieties that are superior in flavor, appearance and yield to the older varieties.

New techniques for handling corn has been responsible for the improved quality of the corn you purchase particularly in supermarkets. Coldness and refrigeration along with rapid transportation means corn is fresher and better quality when it is offered for sale.

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Most commercial growers of corn give corn an ice water bath known as hydro-cooling at the farm. This removes the foil heat and slows down the process of sugar changing to starch which results in tough, hard kernels. After hydrocooling the corn is packed in ice and kept refrigerated until you place it in your shopping cart.

If you buy from a roadside stand, select freshly picked ears. If the corn is he'd it should be kept refrigerated or in a cool, shady spot rather than layout out in the sun's heat for hours. Look for corn with bright green, glossy husks indicating ears have been kept cool after harvest. Dark brown silks indicate the ears have well filled kernels. To be tender the kernels should be in the milk stage.

Hurry the corn from the garden or market to the refrigerator or the store. The sooner you use it, the sweeter and juicier the corn. You may leave the corn in the husks until just before you use it. If you must husk the corn ahead of time, place it in a moisture-proof bag or container to keep the kernels from drying out.

• • •

Corn is done as soon as the milk in the kernel is set. Overcooking makes a dry, tough product. Usually 5 to 8 minutes in boiling water is sufficient cooking time. Roast corn on the outdoor grill either in the husks which you dampen by soaking in cold water 30 to 60 minutes or husk it and place each ear in heavy duty foil. Turn the corn frequently so it cooks uniformly when roasting on the grill. Season the corn, white or yellow varieties, with butter and salt and the result is delicious eating.

We are in the season when more local vegetables are available. Choose a number of vegetables from the displays of cucumbers, green peppers, cabbage, eggplant, summer squash, new potatoes and tomatoes. Nearby grown salad greens are reasonabl priced.

At the fruit counter the summer season selections suggested are cantaloupe, Santa Rosa plums, peaches, nectarines and apricots. This is the time of year when it is easy to obtain and eat the recommended four servings of vegetables and fruits daily.

Recipe for the week is for Fresh Peach and Blueberry Ring.

You will need three peeled, sliced fresh peaches, one tablespoon lemon juice, one cup fresh or frozen blueberries, one package peach-flavored gelatin, one cup boiling water and three-fourth cup cold water.

Peel and slice peaches. Sprinkle with lemon juice. Dissolve gelatin in boiling water. Add cold water and chill until partially set. Arrange fruits in lightly oiled 1½ quart ring mold or 8 inch square pan. Spoon gelatin over. Chill until firm. Unmold on a large platter lined with crisp salad greens.

Be a Clean Blocker. AFRO Clean Block Campaign is now on. Enroll your block today. Call 728-3200, Ext. 77, for details.


TEETHING PAIN
Many baby doctors tell mothers to use mild, safe, gentle relief, helps teething baby and you sleep.
baby ora-jel


# Mrs. Campbell at Y meet in Africa

Mrs. Abdella J. Campbell will be among 400 women from some 60 countries attending the World YWCA Council quadrennial meeting to be held August 7 to 21 at the University of Ghana at Legon, Africa.

Mrs. Campbell, who is a volunteer for the YWCA of the Baltimore Area, will attend the meeting as an accredited visitor.

Representative of varied life and age groups, participants will study the role of women and girls in the world today, problems of human environment, the issue of disarmament and peace, and the YWCA's local, national and international role in social and economic development.

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The Council is the World YWCA's main legislative body. In the last 20 years, it has met in Australia, Denmark, Mexico, England and Lebanon but this will be the first time on the continent of Africa. The Council will elect officers and an executive committee for 1971-1974 and adopt policy and program for this four-year period.

Mrs. Athena Tsouderos Abanassiou of Greece, current World YWCA president, will chair the meeting. Dr. K. A. Busia, Rt. Hon. the Prime Minister of Ghana, will preside at the opening. Addresses will be given by Ambassador Mrs. Inge Thorson of Sweden, whose subjec will be "Development"; Dr. Roy Neehall of Trinidad, who will discuss education; the Rev. Alan Brash of New Zealand, who will introduce the theme of morning discussion group, "Involved in Being Christian."

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Other subjects on the agenda will include refugees, racism and the role of voluntary organizations. Dorothy I. Height, director of the Office of Racial Justice of the National Board of the YWCA of the USA, will be among those making special reports in the area of work being done to eliminate racism.

Two pre-Council consultations also are scheduled for August 5-7. Miss Edith M. Lerrigo, executive director, YWCA of the U.S.A., will chair the consultation on the question, "Is There a New Role for Women?" Other U.S. participants will be Miss Ida Belle Chambliss of Seattle, Washington, and Mrs. J. Dwight Patterson of Dallas, Texas. The second consulation on the question, "How Relevant Are Our Structures?" and will include as participants from the U.S., Mrs. Ambrose L. Cram Jr., of McMinnville, Oregon, and Miss Doris Wilson of Chicago.

The World YWCA is headquartered in Geneva, Switzerland. Program today occurs in 30 countries, including the U.S.A., with worldwide activities focusing on leadership and vocational training, citizenship, helath and nutrition, education including citizenship, health and elimination of racial discrimination, nurseries for children of working mothers, camping, work with youth including early school leavers, and refugee work.

# Allied Florists out for a beauty queen

beauty queen 36 pt

A beautiful girl is being sought by the Allied Florists' Association of Greater Baltimore to serve as Maryland's 1972 Queen of Flowers.

Richard Andrews, president of the Allied group, states that the candidates for the crown must be between 18 and 25 years of age and single. There is no talent competition and entry is free.

Interested young ladies are requested to mail photographs for consideration to the Allied Florists, 209 E. Lake Avenue. Each picture should be accompanied with these facts:

Name, address, telephone number, name of parents, place of birth, name of school or business and any other details as to hobbies and interests which might be helpful to the committee. Deadline is Sept. 14. All photographs will be returned.

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According to Mr. Andrews, the queen will be chosen Friday, September 24 at the "Baltimore City Fair", a three day exposition to be held at Charles Plaza featureing parade of neighborhoods, neighborhood booths, institutional displays, entertainment and amusement center.

She will be crowned at the twenty-third annual Festival of Flowers to be held at Hunt Valley, Saturday, October 16.

The queen will reign for a full year and will make numerous public appearances and will appear on radio and television. She will also be awarded a cruise on the Greek Line, Queen Anna Maria. The current queen is Karen Balrunas.

## Samaritan opens allergy clinic

Good Samaritan Hospital has opened an out-patient Center for Allergic Diseases to treat the thousands of Marylanders who suffer during the late summer hayfever season.

The Center, which is in operation in mid-July, is expected to serve 800 patients during its first year of operation, not counting an anticipated 2,000 follow-up visits.

The Center for Allergic Diseases will operate in a separate building east of the main hospital on the grounds at Loch Raven Boulevard and Belvedere Ave., included are six examining rooms, doctors' and nurses' offices, a conference room, and laboratories for testing research.

## Library branch will reopen

A special appropriation of $16,000, approved by the Board of Estimates for the Enoch Pratt Free Library, will permit the reopening of branch library No. 15 at Gorsuch and Kirk Aves., Edwin Castagna, library director, announced today.

The Pratt agency, to be known as the Gorsch Avenue Library Center, will reopen on Thursday, August 5, and offer service to the public between the hours of 1 and 9 p.m., Monday through Friday.


25¢ OFF WITH THIS COUPON MFR. WILL REDEEM VALUABLE COUPON Toward the purchase of DECAF 4 OZ. JAR INSTANT COFFEE GOOD ONLY AT TWO GUYS One coupon per customer. Good Sun., July 25 thru Sat., July 31, 1971. AA 7-30 Two Guys

50¢ OFF WITH THIS COUPON MFR. REDEEMS FOR STANDARD BRANDS VALUABLE COUPON Toward the purchase of CHASE & SANBORN INSTANT COFFEE 10 OZ. JAR VALUE 1/50th OF 1¢ GOOD ONLY AT TWO GUYS One coupon per customer. Good Sun., July 25 thru Sat., July 31, 1971. AA 7-30 Two Guys

15¢ OFF WITH THIS COUPON MFR. WILL REDEEM VALUABLE COUPON Toward the purchase of NESTEA GOLD LABEL ICED TEA MIX 12 OZ. JAR GOOD ONLY AT TWO GUYS One coupon per customer. Good Sun., July 25 thru Sat., July 31, 1971. AA 7-30 Two Guys

15¢ OFF WITH THIS COUPON MFR. WILL REDEEM VALUABLE COUPON Toward the purchase of NESTEA CANNED ICED TEA 12 OZ. SIX PACK GOOD ONLY AT TWO GUYS One coupon per customer. Good Sun., July 25 thru Sat., July 31, 1971. AA 7-30 Two Guys

25¢ OFF WITH THIS COUPON MFR. WILL REDEEM VALUABLE COUPON Toward the purchase of 3 CANS CONTADINA TOMATO PASTE 12 OZ. CANS GOOD ONLY AT TWO GUYS One coupon per customer. Good Sun., July 25 thru Sat., July 31, 1971. AA 7-30 Two Guys

7¢ OFF WITH THIS COUPON MFR. WILL REDEEM VALUABLE COUPON Toward the purchase of 2 CANS OF 16-OZ. HEINZ BEANS GOOD ONLY AT TWO GUYS One coupon per customer. Good Sun., July 25 thru Sat., July 31, 1971. AA 7-30 Two Guys

15¢ OFF WITH THIS COUPON MFR. WILL REDEEM VALUABLE COUPON Toward the purchase of 5 CANS OF 14¾-OZ. GREAT AMERICAN SOUPS GOOD ONLY AT TWO GUYS One coupon per customer. Good Sun., July 25 thru Sat., July 31, 1971. AA 7-30 Two Guys

10¢ OFF WITH THIS COUPON MFR. WILL REDEEM VALUABLE COUPON Toward the purchase of 2 PKGS. LADY SCOTT 175 COUNT FACIAL TISSUE Good Only at Two Guys One coupon per customer. Good Sun., July 25 thru Sat., July 31, 1971. AA 7-30 Two Guys

10¢ OFF WITH THIS COUPON MFR. WILL REDEEM VALUABLE COUPON Toward the purchase of 2 PKGS. LADY SCOTT 2 PACK BATH TISSUES Good only at Two Guys One coupon per customer. Good Sun., July 25 thru Sat., July 31, 1971. Two Guys

WE SELL ONLY U.S. GOV'T. GRADED CHOICE BEEF

Two Guys

PLUS YOUR MOST VALUABLE TRADING STAMPS FREE!

more for your money!
SALE TODAY thru SAT.

BONELESS ROAST BEEF SALE!
BOLAR ROAST OR BOTTOM ROUND ROAST lb. 1.09
WHOLE ROAST - TOP - BOTTOM OR CROSS RIB PRICED HIGHER
U.S.D.A. CHOICE TOP ROUND ROAST lb. 1.23
U.S.D.A. CHOICE BONELESS RUMP lb. 1.29
U.S.D.A. CHOICE SILVER TIP ROAST lb. 1.19

FRESH ALL BEEF GROUND BEEF lb. 69¢
FRESH LEAN GROUND CHUCK lb. 79¢
FRESH EXTRA LEAN GROUND ROUND lb. 89¢
SMOKED NECKS ESSKAY BONELESS BUTTS LB. 79¢
CHUCK STEAK FIRST CUT LB. 55¢
SMOKED HAM SHANK BUTT lb. 69¢ 49¢
MARYLAND FINEST CHICKEN LEGS THIGH ON LB. 49¢
THICK CUT SHOULDER LONDON BROIL lb. 1.19
ESSKAY ROASTING PORK FRESH PORK SHOULDER 49¢ LB.
SMOKED PICNICS MASH PORK SHOULDER 49¢ lb.
U.S.D.A. CHOICE THICK CUT ROUND LONDON BROIL lb. 1.39
STEER SLICED BEEF LIVER ESSKAY (BY THE PIECE) lb. 49¢
SLAB BACON lb. 49¢
TWO GUYS BLUE LABEL OR BONNIE MAID SLICED BACON CITY CUT COUNTRY STYLE lb. 45¢
SPARE RIBS ESSKAY ALL MEAT OR ALL BEEF FRANKS lb. 69¢ lb. 79¢
TWO GUYS HAWAIIAN PINEAPPLE JUICE 4 46 oz. cans 99¢
DUNCAN HINES LAYER CAKE MIXES 3 18½ oz. boxes 97¢
Two Guys FRUIT COCKTAIL 3 30 oz. cans 99¢
TWO GUYS CALIFORNIA TOMATO SAUCE 10 oz. cans 69¢
CHOCK FULL O'NUTS COFFEE 1 lb. can 83¢
LITTLE FRISKIES DRY CAT FOOD 14 oz. 19¢ 2 lb. 39¢
WEEKLY BONUS SPECIAL AUTOMATIC VANISH BOWL CLEANER 12 oz. REG. 89¢ 68¢ WITH A FOOD PURCHASE OF $2 OR MORE HOUSEWARES DEPT.
HUNT TOMATO JUICE 3 46 oz. cans 99¢
GAIN DETERGENT 75¢
WESSON OIL 38 oz. btl. 79¢
PRINCE SPAGHETTI 5 99¢
NABISCO COOKIE BREAK 15 oz. 43¢
JIFFY LIQUID SOAP qt. btl. 59¢
CRISCO SHORTENING 3 lb. can 89¢
VIVA NAPKINS 3 pkg. of 140 89¢
ALL VARIETIES PROGRESSO SPAGHETTI SAUCE 3 89¢
BUREY FUNWICHES 11 oz. 39¢
ONE BOOK SPECIAL $9 LADIES' OR MEN'S CAR BAG Folds for convenient storing. Rigid frame. Foam styling. REG. 15.99 YOU PAY 6.99 FILLS ONE FILLED TWO GUYS TRADING STAMP BOOK. JEWELRY & GIFT DEPT.

PRODUCE DEPARTMENT
BANANAS GOLDEN RIPE lb. 10¢
WATERMELONS WHOLE RED RIPE lb. 5¢
FRESH CALIFORNIA - LARGE HEAD ICEBERG LETTUCE 25¢
FRESH ELDORADO PLUMS LARGE SIZE lb. 35¢
DAIRY DEPARTMENT
TROPICANA FROM FLORIDA ORANGE JUICE ½ GAL. CARTON 59¢
PILLSBURY BISCUITS COUNTRY STYLE OR BUTTERMILK 4 8 oz. 35¢
DAIRY FRESH LEMON, ORANGE ICE TEA FRUIT DRINKS ½ gal. carton 25¢
FROZEN FOOD DEPT.
RANCHERS PRIDE U.S.D.A. CHOICE BEEF BURGERS 10-2 OZ. PATTIES 1¼ lb. bag 99¢
PEPPERIDGE FARM LAYER CAKES GOLDEN DEVILS FOOD FUDGE VANILLA COCONUT 17 OZ. 69¢
BIRDSEYE ORANGE PLUS 2 9 oz. cans 89¢
POLY BAG TWO GUYS PEAS ¼ lb. 39¢
APPETIZING DEPT.
IMPORTED POLISH CHOPPED HAM ½ lb. 69¢
RICH ALL WHITE MEAT TURKEY ROLL ½ lb. 79¢
TWO GUYS BAKERY SPECIALS
SQUARE THIN SLICED WHITE BREAD 4 1 lb. 2 oz. $1
HAMBURGER or HOT DOG ROLLS PKG. OF 8 29¢ PKG. OF 12 39¢
ITALIAN STYLE TORPEDO ROLLS 29¢
HORN & HARDART GRILLED PEACH PIE 24 oz. 69¢
PLAIN CINN. OR SUGAR DONUTS 3 pkg. of 12 $1
PRETZEL RODS 30 oz. 29¢

Two Guys FOOD SUPERMARKETS
TOWSON Joppa Rd. & Goucher Blvd. Open Daily 9:30 A.M. Till 10 P.M.
DUNDALK Merritt Blvd. & German Hill Rd. Open Daily 9:30 A.M. Till 10 P.M.
BALTIMORE 2401 Belair Rd. Open Daily 9:30 A.M. Till 10 P.M.
We reserve the right to limit quantities. Not responsible for typographical errors. Prices effective thru Sat., July 31, 1971