Light Housekeeping

There is gathering evidence that the high cost of buying a home will go still higher in the last half of this year.

Various segments of the real estate industry are cautioning the word—buy now, even allowing for the industry's understandable bias, there is much to be said for its position.

Mortgage interest rates have declined sharply from the record levels that prevailed last year. But the downward trend appears to have run its course.

The falling interest rates have largely offset rising housing prices. There seems to be little chance of a break in the steady increase in the cost of houses.

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National Property Outlook, a real estate market newsletter, recently commented: "Families planning to purchase a home this year will do better this spring and summer than they will in the fall when several factors may produce higher prices."

The newsletter predicted the cost of a new house would increase 5 per cent by the end of the year. It cited rising wage and material costs as the primary reason.

What's new? A new permanent-press drying center designed to complement any automatic washer has been introduced. It is built 10 inches higher than conventional units, allowing room for a storage drawer at the bottom.

The manufacturer says the dryer has a self-closing hide-away rod for hanging permanent press clothing.

The drawer is designed to be a convenient place to keep small laundry-room items such as brushes, hang tags and special laundering instructions, accessories and personal items such as tissues and clothes hangers.

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Recipe of the week: Fresh corn on the cob is Claire! Everyone can eat his fill. And when there are still a few ears left over, don't be upset. There are all sorts of interesting ways to serve cooked corn and one of the best is this Corn and Olive Salad.

Cut the corn from the ears and measure it.

If it is less than what you need to finish the salad, add some canned or frozen corn to fill in. Of course, you can make the salad with all canned or frozen corn, so your's not limited to just corn season.

This salad is a beautiful combination of yellows and greens, so it is quite attractive, with a flavor combination that tastes as good as it looks.

Sliced Spanish olives add not only color, but a tangy flavor and some extra crunch.

For the salad you will need: 2 hard cooked eggs, 3 cups whole kernel corn (fresh or about two 12-ounce cans), ½ cup sliced pimiento-stuffed olives, 2 tablespoons snipped chives, ¾ cup mayonnaise.

A teaspoon chilli powder, 1/4 teaspoon salt, 1/4 teaspoon ground cumin, pepper, lettuce and whole pimiento-stuffed olives.

These ingredients will make six servings.

Coarsely chop 2 eggs; reserve third egg for garnish. Combine chopped eggs, corn, sliced olives, chives, mayonnaise and seasonings in bowl. Cover and chill.

Mound salad in lettuce-lined bowl olives.

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Beauty tip: Surrounded by the recent controversy over women's rights, many of today's young women find themselves face to face with quite a dilemma—how exactly does one handle being a "liberated female?"

While there are many different opinions on this and hundreds of different avenues of choice, don't overlook one very important fact: Equality doesn't mean de-feminization!

Nowhere has it been decreed that a woman must look like a man to be considered his equal.

The essential thing to bear in mind is that you build a self-image for yourself, not the boy or man next door.

Buy the clothing and makeup that please and appeal to you. And if you feel like pampering yourself, there's no harm in relaxing in a tub full of frothy bubbles for an hour or two.

Nor will anyone arrest you if you throw a few capfuls of baby oil in that tub along with a drop of your favorite perfume to soothe and relaxing you. Deodorants shouldn't be on the taboo list either.

Decorate your summer salad plates with fresh green onions. Cut the green onions into 3 to 4 inch lengths. Trim the base slightly and with a sharp knife slit the onions vertically about four times, leaving a 1-inch base.

Drop them into ice water and they'll curl up, giving you curly flowers to freshen the look of any salad. The mild flavor of the green onions adds taste appeal when the onions are chopped into salads, too.

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The peach has been prized as a delicacy throughout history, and it's still a delicacy, but one that everybody can afford. You can enjoy fresh, juicy peaches every day for a refreshing lift when summer weather gets you down.

Eat them out of hand as quick desserts or snacks, or try a fresh peach pie or parfait. Any way you choose, you'll be enjoying fresh, natural flavor and nutrition.

Not just for eating out of hand or in salads, try something different — Stir Fry Radishes. Slice and cook the radishes for one minute in butter or oil in a skillet over high heat, sprinkle with salt and pepper and serve.

FOR THE SUMMER — Spain's colorful green olives lend color and flavor to a fresh corn salad. It is a perfect salad for warm weather meals.

Girl Scouts open Curbside center

The Girl Scouts of Central Maryland are reaching out to the community in an innovative and dynamic way through their new Curbside Services Center, which started last month in Baltimore City.

Housed in a small light-green van, the Curbside Service Center will bring program supplements, supplies, and on-the-job help to adult Girl Scout volunteers in five center city neighborhoods on a regular weekly basis.

Its staff will also be equipped to recruit and train volunteers and to offer consultation on a wide variety of community matters.

Director of the Curbside Service Center is Michael Johnson, a native of Baltimore. Johnson graduated from Douglass High School and received an athletic scholarship to Norfolk State College, where he majored in health and physical education.

He was recently given an honorable discharge from the Army after returning from a tour in Vietnam.

Johnson, who did volunteer work with the Norfolk YMCA recreation program while in college, says he was drawn to the Girl Scouts because of his desire to work with young people.

My main personal objective," he says, is to help young people achieve their goals and fulfill their potential, wherever it lies—in academics, in sports, or in a job.

I've seen so many youth blow their opportunities for fulfillment, and I would like to help them avoid doing that."

The Curbside Service Center will make weekly visits to the following locations:

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Tuesdays—American Indian Studies Center, 200 block of South Broadway; late afternoon and early evening.

Wednesday — Cherry Hill all day.

Thursday—Kirk Center, 22nd and Kirk Ave.; late afternoon and early evening.

Fridays — Lexington Terrace Elementary School, 700 block of W. Lexington; early afternoon. Westside Shopping Center, 2400 block of Frederick Ave.; late afternoon and early evening.

Saturdays—Mondawmin all day.

Conference on health careers here

The Fifth Annual Conference on Health Careers for teen-age hospital volunteers in Maryland, Virginia, and Pennsylvania will be held at the University of Maryland at Baltimore on Tuesday, July 6.

It is sponsored by the Maryland Association of Hospital Auxiliaries, the Maryland Council of Directors of Volunteer Services, and the Maryland State Department of Health and Mental Hygiene in collaboration with the Woman's Auxiliary Board of the University of Maryland Hospital.

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"With the sharply increasing demands for professional and paramedical services, we need more trained personnel on every front," explains Mrs. Vivian Raskin, coordinator of the Health Careers Conference. "To help meet this need, we conduct the career conference each year to interest youth in the health professions."

According to a three-year study that Mrs. Raskin conducted, 81 per cent of the young people who had attended the conferences in those years are now involved in educational pursuits leading to a health career.

Doctor warns against sun, skin cancer

"I enjoy a sunny day as much as anyone else but I am concerned that some people might enjoy the sun too much to be careful," said Dr. Harry L. Berman, president of the Baltimore City unit of the American Cancer Society.

"Over-exposure to the sun can lead to skin cancer. If you turn that thought around, you arealize that by protecting yourself from too much sun, you can prevent most skin cancer," he added.

Approximately 115,000 Americans will develop skin cancer this year. Deaths run to about 5,000 a year.

Skin cancer is both largely preventable and highly curable, The American Cancer Society estimates that about 95 per cent of skin cancer cases could be cured if people heeded early warning signals and reported promptly to a physician.

Any sore that does not heal; any change in the size or color of a mole or wart should be brought to a physician's attention.

REGISTER TO VOTE
AUG. 16, 1971 LAST DAY TO REGISTER TO VOTE IN SEPT. 14 PRIMARY ELECTION

FOOD-A-RAMA

3805 LIBERTY HEIGHTS AVENUE
801 WEST BALTIMORE STREET
2720 WEST NORTH AVENUE
3420 CLIFTON AVENUE
2045 WEST NORTH AVENUE
1000 NORTH MOUNT STREET
BALTIMORE & HILTON STREETS

PRICES EFFECTIVE TUES., JUNE 29 THRU SAT., JULY 3, 1971

WE ACCEPT U.S.D.A. FOOD COUPONS

GOETZE'S BIG BABY WIENERS 79¢
SELECT TENDER BABY BEEF LIVER 49¢
SUGAR'S CENTER CUT RIB PORK CHOPS 99¢
GOETZE'S VAL PAC Assorted Lunch Meats 2-oz. pkg. 39¢
TURKEY LEGS 29¢
Bakery's Bologna 69¢
ESSKAY'S SWEET CORN or 1st QUALITY HICKORY SMOKED SLICED BACON lb. pkg. 69¢
THE ORIGINAL JOSEPH PHILLIPS SLICED BACON 3 1 lb. pkgs. 89¢
MORRELL'S PRIDE ALL MEAT FRANKS lb. 69¢
SHORT RIBS OF BEEF 59¢
GROUND CHUCK 89¢
Bakery Glazed Beef Steaks 49¢
MASH'S or ESSKAY'S SILVER LABEL FULLY COOKED HAMS WHOLE or SHANK HALF lb. 49¢
TOBIN'S SPARE RIBS lb. 69¢
For Bar-B-Que Broiling (Splits Only) 33¢
HOLLAND BRAND Breakfast Sausage 89¢
FOOD-A-RAMA OUTDOOR SPECIALS
★ U.S.D.A. CHOICE ★
• Shoulder STEAKS
• SIRLOIN STEAKS $1.09
• RIB STEAKS lb.
Combination Package Chicken LEGS & BREASTS lb. 39¢
Center Cut HAM SLICES lb. 99¢
• CHIPS AHOY • NAVAIR ASSORTMENT • PRIDE ASSORTMENT 49¢
LIQUID GETAGON 49¢
HOME SPAGHETTI SAUCE 3 for $1
CHOW MEIN NOODLES 29¢
PAPER PLATES 69¢
FRANK'S or MOR-VALUE SODAS ASST. FLAVORS 8¢
IVORY LIQUID 49¢
LUZIANNE TEA BAGS box of 100 69¢
Paper Napkins 35¢
Potatoes 10 lb. bag
FRANK'S ASST SODAS 2 43¢
HANDI WRAP TRASH CAN LINERS 39¢
FAB DETERGENT 79¢
STEAK SAUCE 3 29¢
ORANGE DRINK 27¢
25¢ OFF DRIVE DETERGENT $1.09
LADY SCOTT FACIAL TISSUE 25¢
Bang-Up Buys!
ASSORTED Heinz Relish 4 $1
KRAFT'S Bar-B-Que Sauce 39¢
REYNOLDS ALUMINUM FOIL 25 ft., 18-in. roll 49¢
KRAFT'S FRENCH DRESSING 29¢
MACARONI & CHEDDAR 19¢
HOLSUM ENRICHED WHITE BREAD 4 $1 jumbo loaves
SCHMIDT'S REAL GOOD ROLLS HOT DOG or HAMBURGER pkg. 25¢
Hawaiian Punch 3 $1 46-oz. cans
McCORMICK'S BLACK PEPPER 4-oz. can 39¢
MUSSELMAN'S APPLE SAUCE 50-oz. jar 59¢
HOLLAND DUTCH ASSORTED FLAVORS ICE CREAM ½-gal. 55¢
McCORMICK'S MAYONNAISE 48¢
SCOTT - PAPER TOWELS 29¢
FOOD-A-RAMA SUPER MARKETS
VALUABLE COUPON BIRDS EYE AWAKE 19¢
PET MILK 4 tall cans 69¢
Sweet Solid Cantaloupes 39¢
Delicious Firm Ripe Tomatoes Calif. of 4 33¢
★ HOLIDAY FROZEN FOOD BUYS ★
BUFFET BANQUET DINNERS Your Choice Beef Stew, Chicken N Dumpling, Salisbury Steaks, Turkey Slices 2 lb. box 99¢
BANQUET BUFFET DINNERS Your Choice BBQ CHICK BBQ or CHICKEN CHOW MEIN 2 lb. box 89¢
BIRDS EYE AWAKE 19¢
FRENCH FRIES 10¢
MINUTE MAID LEMONADE 12¢
The FRESHEST PRODUCE BY FAR AT FOOD-A-RAMA!
★ COUNTRY FRESH DAILY BUYS ★
DULANEY VALLEY FRESH MILK half gallon carton 54¢
LUCKY WHIP DESSERT TOPPING 43¢
Parkay Margarine 39¢
CRACKER BARREL 59¢
PILLSBURY BISCUITS 4 39¢
HOLIDAY FRUITS & VEGETABLES
WESTERN BING CHERRIES lb. 43¢
RED PLUMS SWEET CALIFORNIA lb. 39¢

THE NO. 1 LOW PRICE LEADER IN TOWN!

MASH'S FULLY COOKED HAMS 14-16 lb. AVERAGE WHOLE or SHANK HALF lb. 45¢
SMOKED CHICKEN QUARTERS PANTRY PRIDE GRADE "A" LEG or BREAST lb. 34¢
U.S.D.A. CHOICE BEEF SALE—For That Holiday Cook Out!
PANTRY PRIDE U.S.D.A. CHOICE SIRLOIN STEAKS
PANTRY PRIDE U.S.D.A. CHOICE PORTERHOUSE STEAKS TAIL REMOVED lb. $1.59
PANTRY PRIDE U.S.D.A. CHOICE CUBED BEEF STEAKS lb. $1.39
PANTRY PRIDE U.S.D.A. CHOICE LONDON BROIL TOP SIRLOIN CUT lb. $1.49
PANTRY PRIDE U.S.D.A. CHOICE CHUCK FILLET STEAKS lb. $1.19
PANTRY PRIDE U.S.D.A. CHOICE EYE ROUND ROAST lb. $1.39
PANTRY PRIDE U.S.D.A. CHOICE CHUCK STEAK CALIFORNIA lb. 97¢
PANTRY PRIDE U.S.D.A. CHOICE SHOULDER ARM STEAK lb. 99¢
☐ BONELESS HAM HORMEL'S CURE "81" FULLY COOKED lb. $1.29
☐ QUARTER PORK LOIN PANTRY PRIDE GRADE "A" SLICED B-11 CHOPS lb. 69¢
☐ PORK ROAST PANTRY PRIDE GRADE "A" • BONELESS RIB SIDE lb. 99¢
☐ SPARE RIBS COUNTRY STYLE PANTRY PRIDE GRADE "A" lb. 69¢
☐ ROCK CORNISH HENS U.S.D.A. GRADE "A" FINE FOR BARBECUE lb. 49¢
☐ FRESH BRISKETS U.S.D.A. CHOICE BONELESS whole lb. 79¢
☐ FRESH ROASTERS PANTRY PRIDE GRADE "A" 3½ LBS. AVG. lb. 38¢
☐ CHICKEN BREAST PANTRY PRIDE GRADE "A" FRESH lb. 69¢
MEDIUM—GRADE "A" FRESH EGGS dozen 29¢
AMERICAN CHEESE WISCONSIN SLICED 1-lb. PKG. 79¢
CANNED HAMS SWIFT'S PREMIUM COOKED 3-lb. CAN $2.59
☐ KRAFT'S CHEEZ WHIZ 8-oz. jar 49¢ 16-oz. jar 89¢
☐ CREAM CHEESE PANTRY PRIDE 8-oz. pkg. 27¢
☐ ALL MEAT FRANKS PANTRY PRIDE 2-lb. pkg. $1.29
☐ ALL MEAT BOLOGNA OSCAR MAYER SLICED 12-oz. pkg. 79¢
HAMBURGER or HOT DOG ROLLS PANTRY PRIDE PKG. OF 8 $1.00
CANTALOUPES SWEET EATING each 39¢
YELLOW CORN WESTERN SUGAR SWEET 10 for 77¢
☐ TOMATOES FIRM SLICING pkg. of 8 1-lb. 6-oz. pkg. 59¢
☐ THINSKIN LIMES JUICY 6 for 33¢
☐ RED RADISHES FRESH TANGY 3 cello bags 29¢
☐ BOSTON LETTUCE or ROMAINE Fresh Tender 2 Hds. 38¢
TRUCKLOAD SALE
FYNE TASTE FLAT TOP CANNED BEVERAGES ALL FLAVORS 12-oz. CANS CASE OF 24 CANS $1.98
VET'S DOG FOOD 6 15½-oz. cans 59¢
ROYAL GELATINS 4 3-oz. pkgs. 39¢
MAYONNAISE PANTRY PRIDE 32-oz. jar 53¢
KOSHER DILL CHIPS PANTRY PRIDE FRESH qt. jar 44¢
CRAB SOUP GROSSE & BLACKWELL 3 13-oz. cans $1.00
RINSO DETERGENT 10¢ OFF 2-lb. 2-oz. 69¢
SUNSWEET PRUNE JUICE qt. btl. 47¢
SENECA APPLE SAUCE 3 1-lb. 9-oz. $1.00
STUFFED OLIVES PANTRY PRIDE SPANISH 3 5¾-oz. JAR $1.00
POTATO CHIPS PANTRY PRIDE 1-lb. BAG 59¢
☐ FABRIC SOFTENER PANTRY PRIDE gal. jug 59¢
☐ BENNETTS CHILI SAUCE 8-oz. jar 25¢
☐ VEGETABLE SOUP PANTRY PRIDE 10½-oz. can 12¢
☐ BLACK PEPPER PANTRY PRIDE GROUND 4-oz. can 35¢
PAPER PLATES SWEETHEART WHITE 9-INCH PKG. 100 58¢
FRUIT DRINKS or LEMONADE LIBBY FROZEN 10¢

PANTRY PRIDE COUNTRY
PANTRY PRIDE HAS THE LOWEST PRICE POLICY AND TO PROVE IT
PANTRY PRIDE WILL NOT BE UNDERSOLD
Advertised Food Items from any Major Food Chain
CHECK STORE FOR DETAILS
STOCK-UP FOR THE HOLIDAY WEEKEND AHEAD. WE WILL BE CLOSED MONDAY, JULY 5, 1971.

REDEEM THIS WEEK
REDEEM THIS VALUABLE COUPON FOR FREE! ONE 15-OZ. COOLER GLASS (ANY INITIAL) With A $5.00 Purchase. Limit One Coupon Per Shopping Family. Void After Sat., JULY 3-d. Pantry Pride
REDEEM NEXT WEEK
REDEEM THIS VALUABLE COUPON FOR FREE! ONE 11-oz. MONOGRAMMED BEVERAGE GLASS (ANY INITIAL) With A $5.00 Purchase. Limit One Coupon Per Shopping Family. Effective JULY 6th-10th. Pantry Pride
FRESH CRAB MEAT BACKFIN 1-lb. CAN $3.09 REGULAR 1-lb. CAN $2.29 AVERAGE 60 COUNT
FANCY SHRIMP SAVE 30¢ 5-lb. BOX ONLY $4.75 99¢
REDEEM THIS VALUABLE COUPON FOR 45¢ CASH PKG. 4 INSTANT SLENDER R9845 LIMIT ONE COUPON PER SHOPPING FAMILY. VOID AFTER SATURDAY, JULY 3-d. Pantry Pride
REDEEM THIS VALUABLE COUPON FOR 10¢ CASH 18-oz. JAR TANG INSTANT DRINK R9810 LIMIT ONE COUPON PER SHOPPING FAMILY. VOID AFTER SATURDAY, JULY 3-d.
REDEEM THIS VALUABLE COUPON FOR 10¢ CASH PKG. HANDI WIPES R9810 LIMIT ONE COUPON PER SHOPPING FAMILY. VOID AFTER SATURDAY, JULY 3-d.
REDEEM THIS VALUABLE COUPON FOR 30¢ CASH 5-lb., 4-oz. BOX OXYDOL DETERGENT R9830 LIMIT ONE COUPON PER SHOPPING FAMILY. VOID AFTER SATURDAY, JULY 3-d.
REDEEM THIS VALUABLE COUPON FOR 10¢ CASH FOUR 5¾-oz. PKGS. PILLSBURY FUNNY FACE DRINK MIX R9810 LIMIT ONE COUPON PER SHOPPING FAMILY. VOID AFTER SATURDAY, JULY 3-d.
REDEEM THIS VALUABLE COUPON FOR 20¢ CASH QUART BOTTLE IVORY LIQUID DETERGENT R9820 LIMIT ONE COUPON PER SHOPPING FAMILY. VOID AFTER SATURDAY, JULY 3-d.