EASTERN PASTRIES make a delightful summer dessert. Use flaky frozen patty shells for the pastry. A honey syrup made with chopped California figs is layered with bananas for the filling.

# Eastern honey pastries delightful summer dessert

Eastern honey pastries make a delightful dessert for summer meals, but it takes a left hand and patience to roll out the tissue-thin pastry and put it together with the honey filling. A very good substitute so the pastry can be found in flaky frozen patty shells.

In this recipe the syrup is made with honey mixed with California dried figs that have been chopped and simmered in the honey syrup. Layer the fig mixture with banana slices in the pastry shells . . . any remaining syrup is poured on top to give a shiny glaze.

The plump, moist California fig is perfect for cooking and eating out-of-hand. Not only are figs delicious but they are a storehouse of vitamins, minerals and natural fruit sugars.

BANANA FIG KATAIF

(Makes six servings)

One-half chopped California dried figs (stems removed), 2 tablespoons butter or margarine, three-cup water, one tablespoon fourth cup honey, one-half lemon juice, one package frozen patty shells, baked (one-half dozen), three medium bananas

Combine figs, butter, honey and water in saucepan. Boil 10 minutes, stirring occasionally, stir in lemon juice; cool to lukewarm. Slice bananas, and layer alternately with honey mixture in patty shells, ending with honey mixture. Chill.

FIG BUTTERSCOTCH SAUCE

(Makes One-One-Third cups)

One cup firmly packed dark brown sugar, Dash salt, one-third cup milk, two tablespoons light corn syrup, three tablespoons butter or margarine, one-half chopped California dried figs (stems removed), about four ounces, one-fouth cup nuts, coarsely chopped, one teaspoon vanilla.

Combine sugar, salt, milk, corn syrup, butter and figs in saucepan. Bring to a boil, stirring constantly; cook about 5 minutes, or until thickened. Remove from heat and add nuts and vanilla. Serve warm over ice cream.

WEEK'S BEST BUYS:

# Local vegetables fruit, later than usual this year

Local fruits, vegetables later than usual 36 pt.

Summer and the long awaited season for fresh produce from nearby or local areas is starting. The season this year is later than normal for many crops.

Prices tend to stay on the higher side, says Virginia McLuckie, Food Economist, Baltimore Office, Department of Markets, University of Maryland.

Receipts of produce from local and nearby states are increasing. The volume of cabbage from Maryland and Virginia is increasing making this one of the best buys. The first of the season green snap beans from Maryland reached the markets about a week ago.

Snap beans from the southern states are lower in price as their crops reach peak production. The asparagus season is declining, but some from New Jersey is still available. Greens for cooking are in good supply.

Maryland farms are supplying spinach, collards, turnip tops, mustard and kale. Keep in mind that these green leafy vegetables are excellent as a source of vitamin A.

Sweet corn from Florida is at its peak and prices are attractive. Florida Everglades is the principal producing area for the current sweet corn supply. Summer squash, yellow straightneck, zucchine and white scolloped are coming from Maryland and Virginia as well as North Carolina.

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The salad bowl vegetables are increasing in volume and some are lower in price. Green pepper, cucumber and tomato prices as the month of June is the peak crop producing period in Florida. Supplies of salad greens are generally below normal.

Good quality lettuces from the western areas and from New Jersey in the east are available. Iceberg, Big Boston and Romaine are available for your choice. Local green onions and radishes from Ohio and Michigan will add to your salad bowl vegetable variety.

The first of the season new potato crop from the Eastern shore of Virginia is showing up in markets. New potatoes have thin feathery skins and lack the keeping quality of old potatoes. Buy only amounts you can use within a week and store them in a cool dark place.

More fresh fruit is available. The short strawberry season has moved up the coast so we now have our local supply supplemented from nearby state crops. Blackberries and blueberries from North Carolina are in the markets.

We never get a large supply of fresh blackberries, the season is short and prices usually are higher than that of other berries. Local blackberries have not ripened and are not available. Blueberry prices have dropped considerably since the first berries reached the markets. Blueberries are always sold in pints.

Some peaches from Georgia are available. Sweet dark cherries are in season as the California harvest gets under way. While shippers estimate up to ten percent more volume than last year, only about 37 per cent of the crop is marketed fresh. The bulk of the crop is used for processing into canned and frozen packs.

Watermelons from Florida are at their peak in June and early July. While at the fruit counter you will also find selections of table grapes, pineapple, cantaloupe and honeydew melons, valencia and navel oranges and grapefruit.

For the best buys, make your selection on quality as well as price.

(Continued from Page C-2)

## Gadabouting

active and rewarding career in nursing and the church, She founded, organized, and served as president of the Manns Memorial Circle for more than 20 years.

She is a member of several church auxiliaries: senior choir, Senior Missionaries, Church School, Baptist Training Union, Ladies Guild, United Usher Board, White Cross Nurses Unit, and Bible Class.

Mrs. McCall holds membership in the NAACP, PTA of School No. 69, PTA of Garrison Junior High, High, Dorchester Community Association (president), Eastern Star (PHA), and the Foster Parent's Program.

She is married to Thomas McCall and is mother of four girls and one son, now deceased. Mrs. McCall is the proud grandmother of 13 grandchildren.

Club Note: The Executive Board of The Maryland League of Women's clubs met recently at the Bowers Ave. home of Miss Sandra East, The President.

The group formulated and discussed plans for the coming calendar year.

The program is a comprehensive ten point one. In the coming months well known speakers will discuss Housing, Public Affairs, Legislative Action, Institutions, health, intercultural relations, youth, education, employment and recreation.

The guide lines and goals for 1971 to 1973 were also outlined. The calendar year consists of quarterly, executive and annual meetings.

Members present were: Mesdames Lucy Edwards, Emma Lee Daniels, C. J. Rapston, Mary A. Roselle, Madie E. Williams, Cornelia Smith, Lacy O. Swain, Vivian Young, Phyllis E. Walston, Marian Jackson, Sandra East and Evelyn E. Byrd.

MRS. ESTHER WILLIAMS recently received her Master's of Education degree in Special Education from Coppin State College. She is an intermediate special education teacher in the Baltimore City Public Schools, and a member of Delta Sigma Theta Sorority, Inc. Mrs. Williams is the wife of Harold C. (Jim-Tom) Williams, and they are the proud parents of


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WESTERN BING CHERRIES lb. 57¢

CRISP GREEN PEPPERS 3 for 38¢

FIRM RIPE TOMATOES 3 CELLO CTNS 98¢

POTATOES SIZE 'B' 5-lb. bag 59¢

FANCY WESTERN HONEYDEWS [SIZE 9's] each 69¢

SENECA LEMONADE or FRUIT DRINKS 6-oz. can 10¢

FROZEN FOOD BUYS!!

POTATOES A&P French Fried Reg. or Crinkle Cut 9-oz. pkg. 10¢

Shoestring Potatoes SLIM JIM 8-oz. pkg. 10¢

MEAT PIES Banquet Beef, Tuna, Chicken or Turkey 5 8-oz. pkgs. 99¢

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ORANGE PLUS BIRDSEYE 9-oz. can 49¢

DONALD DUCK Limeade 6-oz. can 10¢

KOUNTY KIST PEAS 5 16-oz. cans 89¢

HAWAIIAN PUNCH RED 2 46-oz. cans 65¢

FRESH BEEF BRISKETS WHOLE ONLY lb. 79¢

HI-C DRINK ORANGE OR GRAPE 2 46-oz. cans 67¢

REYNOLDS ALUMINUM FOIL 25-ft. roll 27¢

MORTON SALT PLAIN 2 26-oz. pkgs. 19¢

CLOROX BLEACH ½-gal. jug 31¢

TOMATO SAUCE Hunt's 6 8-oz. cans 79¢

LIPTON TEA BAGS pkg. of 100's 1.15

CRAB SOUP Crosse & Blackwell 3 13-oz. cans 1.00

GREEN GIANT PEAS 2 17-oz. cans 45¢

CHARMIN BATHROOM TISSUE 4 roll pkg. 39¢

WALDORF BATHROOM TISSUE single roll 8¢

SHORTENING CRISCO 3-lb. can 89¢

CHOCOLATE SYRUP HERSHEY'S 2 16-oz. cans 37¢

H-L-H PORK & BEANS 16-oz. can 10¢

We Reserve The Right To Limit Quantities!! Prices in this advertisement effective thru Sat., June 26, 1971 in A&P A-Mart Discount stores only.





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☐ CHICKEN BREASTS PANTRY PRIDE GRADE "A" FRESH . . . . . Whole lb. 69¢

☐ CHICKEN WINGS PANTRY PRIDE GRADE "A" FRESH . . . . . lb. 35¢

☐ FRESH ROASTERS 3½-lb. AVG. PANTRY PRIDE GRADE "A" lb. 38¢

☐ BONELESS RUMP ROAST PANTRY PRIDE USDA CHOICE lb. $1.29

☐ QUARTER PORK LOIN SLICED, 9-11 CHOPS PANTRY PRIDE GRADE "A" . . lb. 65¢

☐ SLICED BACON FYNE TASTE LEAN . . . . . 1-lb. pkg. 49¢

☐ SWIFT'S SAUSAGE PREMIUM BROWN 'N SERVE LINKS or PATTIES . . . . 8-oz. pkg. 59¢

☐ VIRGINIA HAMS SOUTHAMPTON COUNTRY CURED WHOLE or SHANK HALF . . . . . lb. 79¢

☐ SMOKED HAM MASH'S FULLY COOKED SHANK HALF lb. 53¢ SEMI BONELESS BUTT HALF lb. 69¢

ALL MEAT FRANKS PANTRY PRIDE 2 1-lb. pkg. $1.29 1-lb. pkg. 69¢

CRACKER BARREL CHEDDAR CHEESE SALE SHARP 8-oz. 65¢ SHARP 10-oz. 75¢ EXTRA SHARP 10-oz. 79¢

CRISP ICEBERG LETTUCE 2 Heads 47¢

FIRM SLICING TOMATOES PKG. OF 8 1-lb. 6-oz. PACKAGE 49¢

☐ PEPPERS or CUCUMBERS 3 for 35¢

☐ RADISHES Crisp Red 3 bags 29¢

☐ HONEYDEWS Sweet eating California, size 9 ea 69¢

☐ BOSTON LETTUCE Fresh Tender 2 Hds. 38¢

TRUCKLOAD SALE FYNE TASTE FLAT TOP CANNED BEVERAGES ALL FLAVORS 24 12-oz. CANS $1.98 CASE

☐ SALTINES PANTRY PRIDE . . . . . 1-lb. box 25¢

☐ PRESERVES PANTRY PRIDE STRAWBERRY . . . 3 12-oz. jars $1.00

☐ KEN-L-RATION DOG FOOD . . . . . 6 15½-oz. cans 79¢

☐ TOP CHOICE BURGERS . . . . . 36-oz. pkg. 89¢

☐ LIBBY CORN WHOLE KERNEL FROZEN . . 3 1-lb. 8-oz. bags $1.00

☐ COOL WHIP BIRDSEYE FROZEN . . . . . 4½-oz. ctn. 29¢

☐ BOIL-N-BAG MEATS ALL VARIETIES FREEZER QUEEN FROZEN . 5 5-oz. pkg. 99¢

☐ CREAM PIES MORTON FROZEN . . . . . 4 14-oz. pkgs. 99¢

ARMOUR TREET LUNCHEON MEAT 12-oz. can 49¢

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FABRIC SOFTENER PANTRY PRIDE gallon JUG 59¢

FRENCH FRIES CHEF CHOICE FROZEN 5-lb. bag 69¢

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FREE! MONOGRAMMED SHEFIELD IMPERIAL GLASSES

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REDEEM THIS WEEK — REDEEM NEXT MONDAY and TUESDAY ONLY . . .

REDEEM THIS VALUABLE COUPON FOR FREE! 15-oz. MONOGRAMMED COOLER GLASS (ANY INITIAL) With A $5.00 Purchase. Limit One Coupon Per Shopping Family. Void after Sat., June 26th. Pantry Pride

REDEEM THIS VALUABLE COUPON FOR FREE! ONE 15-oz. MONOGRAMMED COOLER GLASS (ANY INITIAL) With A $5.00 Purchase. Limit One Coupon Per Shopping Family. VOID AFTER SATURDAY JUNE 26th. Pantry Pride

Additional Glasses Only 39¢ each

Also Featuring 'CAMEO' SATIN BRUSHED Stainless Tableware

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REDEEM THIS VALUABLE COUPON FOR 15¢ CASH ½-gallon JUG FINAL TOUCH FABRIC SOFTENER LIMIT ONE COUPON PER SHOPPING FAMILY. VOID AFTER SATURDAY JUNE 26th. R9815 Pantry Pride

REDEEM THIS VALUABLE COUPON FOR 25¢ CASH QUART BOTTLE JOY LIQUID LIMIT ONE COUPON PER SHOPPING FAMILY. VOID AFTER SATURDAY JUNE 26th. R9825 Pantry Pride

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REDEEM THIS VALUABLE COUPON FOR 20¢ CASH 20 PRINT CX 126 CARTRIDGE KODAK COLOR FILM REG. $1.49 only $1.29 WITH THIS COUPON LIMIT ONE COUPON PER SHOPPING FAMILY. VOID AFTER SATURDAY, JUNE 26, 1971. Pantry Pride