HAPPY COUPLE — Celebrating together his graduation from police training are Officer and Mrs. Cornelius Harston III. Officer Harston was one of 44 new officers graduated in a recent ceremony.

The Women's Division of Citizens for Russell held a rally Wednesday evening in the Caswell Room of the Lord Baltimore Hotel with over 350 members of the committee about.

Mrs. Catherine Adams, co-chairman, expressed her joy with the success of the Women's Division thus far. "I am overwhelmed by this wonderful turnout of the Women's Division in showing their full support for George L. Russell."

Mrs. E. Roz Zimmerman, also co-chairman, stated that thus far the Women's Division has recruited over 10,000 members who are willing to work voluntarily for the candidacy of George L. Russell.

Mr. Russell and his wife Marion were in attendance.

Thus far, the membership committee of the Women's Division has collected over $5,000 in $1 donations from the women in the committee.

Mrs. Adams and Mrs. Zimmerman estimated that by September 14, 1971 the Women's Division membership will swell to 20,000.

Termites are on the move

Termites have a "population explosion" of their own, and that's bad news for homeowners at this time of the year, when the destructive insects start swaming.

When an underground termite nest gets overpopulated, hordes of them sprout wings and on a warm day — usually right after a shower — drift on the wind as far as a mile until a queen and some of her followers find a site for a new colony.

• • •

Termites also are widening the field of their major activity. Beginning in the deep South states, the "termite belt" moves up to midwestern and northern states.

Areas as far north as Chicago are classified as moderately to heavily infested, says the U.S. Department of Agriculture.

• • •

Termite attacks have nothing to do with cleanliness or newness. Termites need wood and moisture to live.

The best defense against them is a chemical barrier, professionally applied inside and outside the foundation of the house.

Hearty — but not too filling, this marvelous dish is made with sliced ham roiled around golden cling peach slices and covered with a luscious cheese sauce then briefly baked to blend the flavors.

A GOOD citizen is registered and prepared to VOTE. Register today at Supervisors of Elections, People's Court Building, Fayette and Gay Sts.; so you are prepared to vote for the candidates who have your best interests at heart.

-Gadabouting

(Continued from Page C-4)

Dr. and Mrs. C. Dudley Lee.

The Baltimore Chapter of Delta Sigma Theta, Inc. will hold a "CLOSE-IN" meeting and banquet tonight (Friday) at the Holiday Inn, Northwest.

Flying in from Pittsburgh as special guest speaker for the occasion is Miss Marva Scott, Eastern Regional Director of the shrority and an outstanding musician and educator in her home city.

Expected to attend also are sorors from Washington, Cambridge, Annapolis, and Columbia City, as well as undergraduated from Alpha Gamma at Morgan State College and Zeta Epsilon from Coppin State College.

Miss Scott will also officiate at the installation of newly elected and re-elected officers of the chapter.

They are president, Thelma B. Cox; 1st vice president, Chapelle Armstead; 2nd vice president, Gloria Marrow; 3rd vice president, Dorothy Barrick; corresponding secretary, Jewell Duggins; recording secretary, Geraldine Blackwell; financial secretary, Charlene Cooper; treasurer, Aloha McCullough; assistant treasurer, Merrial Brinkley.

Also historian, Frances Lucas; journalist, Florence McDonald; chaplain, Louise Jackson; parliamentarian, Laura Fitch; sergeane at arms, Sarah Harty.

Directors of public service programs are Barbara Baden, education; Gloria Mae Chamberlain, economics; Bernita Fuller, community; Vashti Jade, Bashield, mental health; youth, and Cynthia Thomas, housing.

Members of the banquet committee are Sorors Chapelle Armstead and Laura Knight, co-chairmen; Patricia Carrington, Helen Carr, Barbara Ragland, Hazel Parks, Elsie Robinson, and Audrey Williams.

All plans have been finalized for the symposium on Early Childhood Education soonsored by the Krinon Club of the National Sorority of Phi Delta Kappa to be held on Saturday, June 12, at Holy Trinity, Lafayette and Wheeler Aves. from 2 to 5 p.m.

Speakers on the panel will be Mesdames Betty Showell; Margaret Beaman; Dorothy Mapp, Frances Chapman, and the Rev. Vernon Dobson, of Union Baptist Churih.

Joseph Showell who is representing the State in Education will be on hand to answer any pertinent questions that parents may have.

A very comprehensive handbook has been prepared by the members of the Krinon Club and will be distributed at this meeting. Krinons Elizabeth Young, Lorine Strange, Myrtie Cockrell, Ruth Johnson, Dorothy Cheery, Lois Kyler, Elizabeth Mason, Asalee Portee, Marie Berry, Bernita Conway, and Ruth Fauntleroy prepared the book and contacted area nursery schools they felt would be interested in this project. The group hopes that the public will attend.

FOOD-A-RAMA

3805 LIBERTY HEIGHTS AVENUE
801 WEST BALTIMORE STREET
2720 WEST NORTH AVENUE
3420 CLIFTON AVENUE
2045 WEST NORTH AVENUE
1000 NORTH MOUNT STREET
BALTIMORE & HILTON STREETS

WE ACCEPT U.S.D.A. FOOD COUPONS

PRICES EFFECTIVE FROM TUES., JUNE 8th thru SAT., JUNE 12, 1971.

U.S.D.A. CHOICE CHUCK STEAKS BLADE CUT lb. 65¢ CENTER CUT lb. 75¢

FRESH KILLED FRYING CHICKENS WHOLE ONLY lb. ¢

Esskay's lean fresh SHOULDERS ..... lb. 35¢
fresh cut turkey DRUMSTICKS ..... lb. 25¢
fresh HAM STEAKS ..... lb. 99¢
fresh cut Turkey NECKS & WINGS ..... lb. 25¢-29¢
delmonico STEAKS ..... lb. $1.99
tenderized cubed BEEF STEAKS ..... lb. $1.39
morrell's ready to eat CANNED HAMS ..... 3-lb. can $2.69 ..... 5-lb. can $4.49
morrell's pride palace brand thick SLICED BACON ..... 2-lb. box 98¢

VEAL OR BEEF STEAKS LANDLER'S FRESH FROZEN 1½-lb. PKG. 99¢

Esskay' Qwality All Meat FRANKS lb. pkg. 78¢
Esskay's Sweet Korn SLICED BACON lb. pkg 59¢
Goetze's Big Daddy WIENERS lb. pkg. 79¢
Goetze's *Bologna *Pickle Loaf *Spiced Luncheon VAC PAC 6-oz. pkg. 39¢
Goetze's Boneless SMOKED NECKS lb. 79¢
Goetze's by the piece BRAWNSWEIGER lb. 49¢
*All Meat or All Beef Bologna 8-oz. pkg. Oscar Mayer Sliced 49¢
*Head Cheese *Pickle or Pimento

Esskay's Fresh Frozen Boneless VEAL CUTLETS lb. $1.59
Combination Package Chicken LEGS & BREASTS lb. 39¢
Freshly Made Lean GROUND BEEF lb. 63¢
Esskay's U.S.D.A. Choice RIB STEAKS lb. $1.19
Esskay's Pure dixie maid or farm style PORK SAUSAGE lb. roll 59¢
Morrell's Pride All Meat FRANKS lb. pkg. 69¢
Esskay's Frozen Seasoned BEEF PATTIES 2½-lb. box $1.99

Fresh HAM STEAKS butt half lb. 99¢
Esskay's FRESH HAMS butt half lb. 59¢
U.S.D.A. Choice Boneless 3 cor. BEEF ROAST lb. 99¢
U.S.D.A. Choice California POT ROAST lb. 68¢
Esskay's Frozen Cubed BEEF STEAKS 2½-lb. box $2.49
Rath's Lean Fresh SPARE RIBS lb. 69¢
Esskay's whole or shank half Pork LOIN ROAST lb. 69¢

VALUABLE COUPON — OXYDOL DETERGENT King Size 99¢ — WITH THIS COUPON ONLY — Good only at Food-a-Rama & Self service mkts. Offer expires Sat. June 12, 1971. One per family.

VALUABLE COUPON — Final Touch FABRIC SOFTENER King Size 99¢ — WITH THIS COUPON ONLY — Good only at Food-a-Rama & Self service mkts. Offer expires Sat. June 12, 1971. One per family.

VALUABLE COUPON — JOY Liquid Lemon DETERGENT King Size 49¢ — WITH THIS COUPON ONLY — Good only at Food-a-Rama Self service mkts. Offer expires Sat. June 12, 1971. One per family.

FREE! 5-lb. BAG DOMINO SUGAR WITH PURCHASE OF ANY 6-ELECTRIC LIGHT BULBS

SWEET PEAS Del Monte 303 can 24¢
TOILET TISSUE Charmin 4 roll pkg. 39¢
TOILET TISSUE Hudson twin pack 25¢
TIDE DETERGENT giant size 79¢
FAB DETERGENT giant size 79¢
PINEAPPLE Gisha Sliced 20-oz. can 25¢
COFFEE Maxwell House lb. can 87¢
PET MILK 4 tall cans 69¢
Del Monte Drinks *Orange *Grape *Tropical Punch your choice 46-oz. can 28¢
HI C DRINKS Assorted 46-oz. can 34¢
BEEF STEW Dinty Moore 24-oz. can 65¢

TOMATO SOUP Campbell's reg. can 10¢
PORK N BEANS Campbell's 28-oz. can 28¢
DOMINO SUGAR 5 lb. bag 64¢
CATSUP Del Monte 3 20-oz. btls. $1.00
BLEACH Clorox 2½-gal. btl. 29¢
BLEACH Austin plastic gallon 39¢
LOTION Sweetheart pink liquid 3 22-oz. btls. $1.00
CRISCO OIL 24-oz. btl. 63¢
SWEET PEAS Mor Value 303 can 15¢
GOLDEN CORN Mor Value 303 can 16¢
Del Monte Corn Whole Golden or Cream Style 303 can 24¢

GREEN BEANS RADISHES CELLO CUCUMBERS Your Choice 10¢ 2 lbs. 49¢
Green Onions 3 ..... 25¢
New Onions 3 ..... 25¢

FROZEN FOOD SPECIALS
MORTON'S DINNERS °FISH °MEAT LOAF °TURKEY °CHICKEN °SALISBURY STEAK REG. pkg. YOUR CHOICE 39¢
CHEF'S CHOICE FRENCH FRIES 2 lb. cello bag 29¢
BIRDSEYE °Cut Corn °Sweet Peas °Peas & Carrots YOUR CHOICE 10-OZ. pkg. 19¢
Morton's Casserole Macaroni & Cheese 20-OZ. pkg. 39¢
DONALD DUCK ORANGE JUICE 12-OZ. can 37¢
BIRDSEYE Broccoli Spears 10-OZ. pkg. 29¢

DAIRY SPECIALS
FLUFF NEST Grade 'A' EGGS SMALL DOZ. 29¢ MEDIUM DOZ. 35¢ LARGE DOZ. 39¢ EXTRA LARGE 49¢
Borden's sliced ind. wrap American Cheese lb. pkg. 89¢
BORDEN'S FROZEN MILK SHAKES 2 reg. pkgs. 45¢
EAGLE BRAND Cream Cheese 8-OZ. pkg. 33¢
CLOVERLAND FRESH MILK plastic gallon $1.19

EASY MONEY

Windmere Products, one of the nation's largest importers, manufacturers and distributors of wigs, beauty products, and gift items is looking for representatives to earn easy money. Sell our fabulous products through direct sales, home parties, club meetings, etc. Guaranteed sales—guaranteed quality. The 25% commission you earn is included in the advertised price. You're a winner with Windmere. Send in Coupon today.

WINDMERE PRODUCTS 5300 N.W. 163 Street Hialeah, Florida 33014

SELL WINDMERE'S SYNTHETIC MODACRYLIC WIGS AT THESE LOW, LOW PRICES AND EARN 25% COMMISSION

WINDMERE PRODUCTS 5300 N.W. 163 Street, Hialeah, Florida 33014 MFI AA
YES! I WANT TO EARN A BIG 25%
☐ Enclosed is my check or money order in the amount of $_____
Send me my sample wig _____ (style) and _____ (color)
plus my FREE money-making kit immediately. Postage prepaid.
Colors available: Black, Off-black, Dk. Brown, Dk. Auburn.
☐ Please send me FREE catalog and hair colors chart.
NAME _____ AGE _____
ADDRESS _____ ZIP _____
CITY _____ STATE _____ PHONE _____

Babies need to be taught what to eat

By JOAN HANAUER

NEW YORK — Babies come in two varieties, besides the obvious — those who eat and those who do not eat.

It is very easy to cook for either variety of child. Those who eat usually will gulp down almost anything put before them, with the possible exception of vegetables.

Those who won't eat will turn down veal orloff with the same disdain as hamburger. So forget the gourmet menus.

Survey the books on child care and they all carry the same advice that my own pediatrician offered:

"No child ever starved to death in the midst of plenty."

• • •

Obviously, none of these learned men had ever met my daughter at dinner time. As a mid-dinner, she could do better on a bottle than W. C. Fields. But the first time I tried to spoon a taste of baby cereal into her mouth she gave me the kind of look usually delivered by Lucrezia Borgia's victims just before they breathed their last.

• • •

Over the last almost three years, I've developed my own methods which have the advantage of being kitchen and baby tested — and occasionally even work.

The early meals are pretty routine, prescribed in detail by the pediatrician. His prime rule is never introduce a new food until the previous one has been tested for several days. This has nothing to do with mother's taste buds — it's just to determine if any allergies are lurking beneath that pink and white exterior.

Many books suggest that by six to nine months, baby should be eating with the rest of the family. That's fine if the rest of the family wants an early dinner and if parents want to eat with children around.

But if Dad doesn't get home from work until 7:7:30 and wants dinner about 8:30-9 p.m., the family dinner is out of the question and baby will survive.

• • •

Baby foods are fine at first, and there also are toddler meals on the market. A word of advice — check the labels carefully. Monosodium glutamate (MSG) is not recommended for small children and most reputable baby food manufacturers have discontinued using it. But some supermarkets will have the old MSG — added food in stock and on shelves because apparently they are unwilling to lose a few cents by throwing it out. Check content labels.

Babies who are prior eaters don't like to chew, except perhaps on furniture legs. Some consider it corporal punishment. The only solution is to offer something that requires an absolute minimum of chewing. My own pediatrician recommended raw hamburger. This is best either ground at home or at a butcher's where you can watch and where you know rules against grinding pork and beef in the same machine are strictly observed. Buy lean beef.

• • •

Soup is another expedient, although it is not as nourishing as it might be for the amount of room it displaces inside baby.

All beef hotdogs (cooked, of course) are another possible baby pleaser. Boil them, don't grill them, for easiest chewing.

No matter what you serve, be sure it isn't hot. A baby who scalds his tongue on food once can easily become convinced the same thing will happen every time.

The experts agree that the key word in feeding reluctant eaters is "offer" — you "offer" baby food. If he turns you down, either eat it yourself or throw it out. Sometimes it helps you if you nibble a bit on his dinner, acting as a food taster to assure him he isn't being poisoned. But this seldom works for long.

• • •

Our family found proof of this slogan when baby had to take medicine. The first type, which she refused to drink, we disguised in grape juice. She didn't know what grape juice was supposed to taste like (it stains when spilled and had been taboo), so she drank it up without a problem.

LOVED ONE DEAD? — You can get a death notice in the AFRO Classified as late as 5 p.m., the day before publication of our Tuesday and Friday editions. Ask your undertaker to call your death notice in to 728-6300.

A GOTD citizen is registered and prepared to VOTE. Register today at Supervisors of Elections, People's Court Building, Fayette and Gay Sts., so you are prepared to VOTE for the candidates who have your best interests at heart.

$50 A WEEK is the total the AFRO pays for news tips. YOU may be a winner if you are FIRST to call and your tip wins. Simply dial 728-6350, and tell City Desk, "I've got a news tip."

PLEASE PATRONIZE AFRO advertisers. They welcome your support.

BIGVALU FOOD CENTERS

Now Open 'til 11 P.M., Thurs., Fri. & Sat.
BIG VALU GLEN BURNIE — BIG VALU Erdman Ave. & Sinclair La. — BIG VALU Merritt Park Shopping Center — BIG VALU Eastern Ave. & Eaton St.

BING CHERRIES LARGE, CALIF. lb. 59¢

BACON GAYLORD 1-LB. PKG. 46¢

LEAN 1-LB. PKG. Sliced Bacon FOOD CLUB 69¢ ESSKAY 89¢
1-LB. PACKAGE Hot Dogs ALL MEAT GOETZE 84¢ ESSKAY 84¢
FANCY, FRESH Pigs Feet, Neck Bones, Pork Tails lb. 29¢
U.S. CHOICE — LEAN Pork Shoulders lb. 48¢
JUICY — FROM CHUCK London Broil lb. $1.08
1-LB. PKG. Cubed Veal Steaks $1.29
FOOD CLUB — ALL BEEF Hot Dogs 1-lb. pkg. 74¢
TASTY IN THE PIECE Liverwurst lb. 55¢
IDA MAE — 2-LB. CONT. Assorted Salads 49¢
Riegel, Rossier's or Mash Semi-Boneless HAM PCS. lb. 88¢
SLICED TO ORDER Esskay Bologna ½ lb. 49¢
FRESH SLICED STEAK FISH lb. 49¢

LEAN Ground Beef SOLD IN 3-LB. UNIT lb. 68¢
ALL MEAT Armour Hot Dogs lb. pkg. 74¢
U.S.D.A. CHOICE — BONE-IN-FROM CHUCK Beef Pot Roast lb. 75¢
U.S. INSP. GRADE "A" 3-3½-LB. AVG. Roasting Chickens lb. 39¢
U.S. INSP. GRADE "A" QUARTERED Legs & Breasts 1/4's lb. 39¢
U.S.D.A. CHOICE BONELESS — FROM CHUCK 3-Corner Beef Roast lb. $1.08

U.S. GOV'T INSP. GRADE "A" WHOLE BROILING & FRYING Chickens CUT-UP 32¢ LB. 27¢ lb.

FOOD CLUB 100 Tea Bags box 69¢
ALL FLAVORS Gayla Sodas 1 pint bottle 10¢
OUR FINEST QUALITY, WHITE ENRICHED Jubilee Bread lb. 6 oz. loaf 25¢
TOPCO Clear Floor Wax 1-pt., 11-oz. can 55¢
FOOD CLUB — WHITE OR YELLOW PROCESSED American Cheese lb. twin pk. 79¢
GAYLORD CRINKLE CUT—FROZEN French Fries 9-oz. box 10¢

GOLD QUARTERS Mrs. Filberts Oleo 1-lb. pkg. 33¢
KRAFT Whipped Topping 8-oz. cont. 49¢
FOOD CLUB — SLICED Mozzarella 6-oz. pkg. 43¢
SAVE Sealtest Yogurt 8-oz. cup 25¢
6-PORTION Valio Gruyere 6-oz. pkg. 27¢
WELCH Grape Jelly 10-oz. jar 29¢
GAYLORD Pantake Syrup 1-pt., 8-oz. jar 43¢
SAVE Hunt's Catsup 14-oz. btl. 27¢
FOOD CLUB Mayonnaise 1-pt. 53¢
GAYLORD Shortening 3-lb. can 69¢
GAYLORD Pork & Beans 3-lb., 4-oz. can 39¢

GAYLORD — FROZEN Cauliflower 8-oz. pkg. 19¢
TOP FROST Froz. Cut Corn 10-oz. pkg. 19¢
GAYLORD — FROZEN Forkhook Limas 10-oz. pkg. 19¢
TOP FROST Frozen Peas 10-oz. pkg. 19¢
FOUR IN PKG. Roman Pizza 11-oz. pkg. 53¢
9¢ OFF LABEL — GEL OR CREAM Protein 29 3-oz. jar 76¢
DISCOUNT PRICED Excedrin - 36's 63¢
JOHNSON & JOHNSON Sheer Strips - 30's 65¢
LOTION OR OIL Coppertone 4-oz. btl. $1.29
JUBILEE French Apple Pie 1-lb., 6-oz. pkg. 39¢
JUBILEE Bobka Ring 1-lb. pkg. 59¢

FOOD CLUB Flour 5 lb. bag 39¢

U.S. No. 1 A SIZE 10-lb. bag Potatoes 69¢

Comet Cleanser 14-oz. can 17¢
LARGE BAR Ivory Soap 18¢ ea.
PERSONAL SIZE IvorySoap 4 bar pk. 28¢
LIQUID CLEANER 15-oz. Top Job 39¢ ea.
4-Oz. BAR Zest Soap 16¢ ea.
5-oz. BAR SOAP Safeguard 22¢ ea.
5-Oz. BAR Lava Soap 14¢ ea.

GOLDEN RIPE Bananas lb. 12¢

TANGY WESTERN APPLES 3-lb. bag Winesaps 59¢

MFC 50¢ Off on purchase of 10-OZ., JAR COFFEE NESCAFE — Limit 1 per shopping family. Offer expires Sat., June 12, 1971. BIGVALU
MFC 30¢ Off on purchase of 1-QT., 8-OZ. CONT. ALL-PURPOSE AJAX CLEANER — Limit 1 per shopping family. Offer expires Sat., June 12, 1971. BIGVALU
MFC 20¢ Off on purchase of 6.7½ TUBE MACLEANS TOOTHPASTE — Limit 1 per shopping family. Offer expires Sat., June 12, 1971. BIGVALU
MFC 7¢ Off on purchase of 5-LB. BAG DOMINO SUGAR — Limit 1 per shopping family. Offer expires Sat., June 12, 1971. BIGVALU
MFC 20¢ OFF ON PURCHASE OF No. 1276-2 5-lb. bag GAINS MEAL — Limit 1 per family. Offer expires Sat., June 12th, 1971. BIGVALU

ADJUST. GRIDS — DOUBLE 10"x17"x7" Hibachi $5.49
LUSTRO 5 PIECE SET 70-oz. Decanter ... 4-5½-oz. Tumblers 77¢
AVOCADO COLOR SET Dish Drain & Mat ... $1.33
All Discount Priced!