Light Housekeeping

By LULA MACKAY

Speaking of the fashion thing . . . cultured pearls and diamonds, which have always been marvelous playmates, just could be your particular thing this season. Spring finds them enjoying the game of ringing the finger with wonder. The sheen, luster and fragility of pearls are highlighted in gold settings of roughened textures shined over with diamonds. And wide cuff bracelet watches still are getting a fair share of attention. Some taper near the end while others remain wide all around the wrist.

What's new? Well, watches get more intriguing every day. For example take a new one which has what the manufacturer describes as "floating" hands.

The hour and the minute hands appear as bars unconnected to the center post while an orbiting satellite marks off the passing seconds. The unique design is made possible by the use of three clear discs instead of three hands.

The disks revolving on the center post have the hour, minute and second markers painted on them. Another unusual feature of the watch is a push-button date changer that eliminates the need to set the time forward in order to set a new date. Pressing the button changes the date automatically.

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Beauty Bit: If a woman is a beauty, she's a beauty from head to toe. However, too many women have been trying to get away with head to ankle and have been neglecting one of the most important ingredients of being beautiful. For when your feet are smooth as a baby's, the first place it shows is in your face.

In New York, Yolanda Brown's technique of deep compression food massage is one of the many beauty routines that metropolitan lovelies consider as important as a weekly facial. And when they're at one of the world's elegant beauty spas, the resident foot specialist is one of the busiest experts there.

"When you get a foot massage," Miss Brown said, "you help to relax your entire body. After all, with the strenuous and constant work expected of your feet, it is really amazing how many women practically ignore them until the corns and callouses are so high, they almost have to go barefoot.

"Personally, I put much of the blame on the shoes many women wear. Fortunately, in the past few years, they discovered that sensible shoes can be stylish as well.

"If your feet perspire," Miss Brown says, "try and keep them as dry as possible." Fungus grows best on wet feet stuck in tight shoes all day. Dry well between the toes and cover the foot with a light film of baby powder.

Take a few minutes each day to exercise feet. Roll the foot over a golf ball. Pick up small objects with toes.

good it is to relax with your feet up. Well, try getting them all the way up. Lie on the floor and put your feet on a chair.

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Recipe of the Week: There's no question about it. Macaroni and Cheese numbers its adherents by legions . . . and if your guests are among this multitude spring this new cheese and macaroni dish upon them.

You always hear how In this dish, there is onion mixed through the macaroni and cheese, crumbled bacon, tomato sauce, mustard and Worcestershire sauce and tangy canned apple sauce to add a hint of zest to the proceedings. Serve this either as the hot dish for a buffet supper party or the main feature of a family meal.

Apple-Cheese Macaroni requires a half pound sliced bacon, a large onion sliced, a half pound elbow macaroni, cooked and drained, a cup (eight-ounce can) tomato sauce, two cups canned apple sauce, a cup grated sharp cheese an eighth teaspoon dry mustard, a half teaspoon Worcestershire sauce, a half teaspoon salt and a fourth teaspoon pepper.

Fry bacon until crisp. Drain on paper towels. Reserve four or five slices for garnish. Crumble remaining slices. Saute onion slices in a little of the bacon drippings. Combine all ingredients, stirring in crumbled bacon. Place mixture into a two-quart greased casserole and bake in a 350 F. oven for 25 minutes. About five minutes before baking is completed, arrange reserved bacon slices on top of casserole mixture. Makes four to six servings.

LIVING DOLL — Kimberly Watkins, 5 months, daughter of Pfc. and Mrs. David A. Watkins, is a contestant in the NAACP Human Doll Baby Contest. Miss Watkins is sponsored by Mrs. Lillian Elszey, of 1917 McCulloh, in the contest which ends June 6.

Goucher to hear Mrs. Peterson

Mrs. Esther Peterson, former special assistant to the President for Consumer Affairs and Chairman of the President's Committee on Consumer Interests and former Assistant Secretary of Labor, will deliver the commencement address at Goucher College's eightieth commencement exercises on Sunday, May 30 at 10:30 a.m. on the Goucher campus.

Addresses also will be given by Dr. James Wm. McClendon Jr., Visiting Jeffery Lecturer in Religion and professor of religion at the Church Divinity School of the Pacific and Graduate Theological Union, Berkeley, Calif., and by Mrs. Elizabeth M. Massie, president of the Students' Organization in 1970-71 and a member of the senior class.

MAY 22

Steppenwolf, one of the recording world's best selling rock-groups, will be seen on "The Kerby Scott Show's" "Album of the Month" featuie scheduled for Saturday, May 22, at 5-6 p.m. in color on TV 11.

Martin Luther King Center benefit set

The Parent Involvement Group of the Martin Luther King Jr. Parent and Child Center will hold a benefit supper at the center, 560-N. Broadway, at 4 p.m. Friday, May 28. The public is welcome and tickets are $1.50 per person.

Proceeds from the supper, ($1.50 per), will support activities of the Parent Involvement Group. Tickets may be purchased at the center or in the corridors of the Johns Hopkins Hospital beginning the week of May 24th.

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Affiliated with Johns Hopkins Hospital and the Community Action Agency, the Parent and Child Center serves the inner city family by stimulating educational, recreational and social development of children from birth to three years of age.

A number of children are presently cared for during the day at the center, while a related outreach program serves a large number of families in the nearby Lafayette-Douglas housing project.

The Parent Involvement Group plays a key role in the operation of the center. One of its current projects is aiding nutritionally handicapped families in the area.

MAY 27

The Northwood Recreation Center will present a dance recital entitled "School Daze," in the auditorium at Winford Road and Loch Raven Boulevard.

A&P Sells U. S. Gov't. Inspected Meats and Poultry Only!

Fresh, Ready-For-The-Pan BROILING or

FRYING CHICKENS

Whole Only 28¢ lb. | Cut-Up or Split 33¢ lb. | Fresh Chicken Leg or Breast Quarters 38¢ lb.

ONE PRICE—NONE PRICED HIGHER! (U.S.D.A. Inspected)

HAMS SUPER-RIGHT FULLY COOKED [Shank Portion] lb. 43¢ [Butt Portion] lb. 49¢ [Whole Only] lb. 49¢

NEWPORT ROAST SUPER-RIGHT QUALITY lb. 1.19
LUTER'S SAUSAGE SKINLESS LINK 8-oz. pkg. 39¢
BEEF STEAKS SUPER-RIGHT Chopped Frozen 2-lb. pkg. 1.89
Braunschweiger SUPER-RIGHT BY-THE-PIECE 1-lb. pkg. 39¢
Breaded Shrimp Cap'n John's 2-lb. pkg. 2.89 10-oz. pkg. 95¢
FISH STICKS Cap'n John's 1-lb. pkg. 79¢ 10-oz. pkg. 49¢
Flounder Fillets CAP'N JOHN'S 1-lb. pkg. 79¢
COD PORTIONS CAP'N JOHN'S Breaded 2-lb. pkg. 1.49
Ocean Perch CAP'N JOHN'S Breaded Portions 2-lb. pkg. 1.49
FANCY WHITING 5-lb. pkg. 1.59 lb. 33¢
RICE PUDDING 1-lb. pkg. 49¢

A&P MART DISCOUNT FOODS

We Reserve The Right To Limit Quantities!! Prices in this advertisement effective thru Sat., May 22, 1971 in A&P A-Mart Discount store only.

PORK LOIN Super-Right Quality QUARTERED 9-11 Chops lb. 69¢
FRESH PICNICS [WHOLE ONLY] lb. 39¢
TURKEYS SUPER-RIGHT GRADE 'A' [16-LBS. & OVER] lb. 39¢
BACON ALLGOOD BRAND SLICED 1-lb. pkg. 59¢ 2-lb. pkg. 1.17
Lunch Meats Super-Right 8 Varieties [Mix or Match] 6-oz. pkg. 43¢
FRANKS SUPER-RIGHT All Meat Skinless 2-lb. pkg. 1.39
A&P SAUSAGE WHOLE HOG 1-lb. pkg. 59¢
FRESH BRISKETS BONELESS WHOLE lb. 89¢
SAUSAGE MEAT GWALTNEY Hot or Mild 1-lb. pkg. 69¢
KNOCKWURST HYGRADE 1-lb. pkg. 93¢
GOETZE "Big Daddy" WIENERS 1-lb. pkg. 79¢

GARDEN FRESH FRUITS AND VEGETABLES!

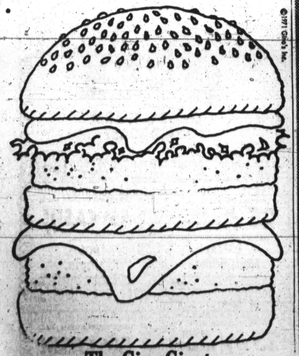
FLORIDA GOLDEN SWEET CORN 10 Ears 79¢
FRESH PINEAPPLE each 29¢
APPLES 3-lb. bag 59¢
FRESH CUCUMBERS 2 for 29¢
FRESH GREEN ONIONS 3 bunches 29¢
FIRM RIPE TOMATOES 3 cello ctns. 97¢

QUALITY FROZEN FOOD BUYS!!

BANQUET DINNERS [ALL VARIETIES—EXCEPT HAM OR ROAST BEEF] 9-oz. pkg. 39¢
A&P FRENCH OR CUT (28-oz. pkg. 59¢) GREEN BEANS 4 9-oz. pkgs. 85¢
BIRDSEYE AWAKE DRINK 9-oz. can 29¢
MORTON (ALL VARIETIES) CREAM PIES 14-oz. pkg. 29¢
MACARONI & CHEESE (2—20-oz. pkgs. 85¢) A&P CASSEROLE 5 8-oz. pkgs. 99¢
ROMAN PIZZA CHEESE 14-oz. pkg. 65¢ SAUSAGE 14-oz. pkg. 75¢
A&P FRENCH FRIED POTATOES REGULAR OR CRINKLE CUT 5-lb. bag 79¢

SPAGHETTI SAUCE ANN PAGE With Meat 32-oz. jar 59¢
SPAGHETTIOS FRANCO-AMERICAN 2 15½-oz. cans 37¢
MAYONNAISE ANN PAGE 1-qt. jar 59¢
GREEN BEANS IONA CUT 5 15½-oz. cans 85¢
A&P WHOLE BEETS 2 16-oz. cans 31¢
VEGETABLE SOUP ANN PAGE 10¾-oz. can 12¢
MARVEL SALTINES 16-oz. pkg. 25¢
NOODLES ANN PAGE FINE—WIDE—EXTRA WIDE 3 16-oz. pkgs. 1.00
CRISCO SHORTENING 3-lb. can 89¢
KOUNTY KIST PEAS 6 16-oz. cans 93¢
NIBLETS GOLDEN CORN 12-oz. can 20¢
IONA TOMATOES 4 16-oz. cans 89¢
PEANUT BUTTER ANN PAGE CREAMY OR KRUNCHY 18-oz. jar 59¢
OUR OWN TEA BAGS 100 in box 1.09

A&P FANCY GRADE 'A' APPLE SAUCE 5 16-oz. cans 89¢
BEVERAGES YUKON CLUB (ALL FLAVORS) 10 12-oz. cans 89¢
JANE PARKER ENRICHED WHITE BREAD 4 1-lb. 6-oz. loaves 1.00



The Gino Giant: It's the most you can get on a bun for your dough.

Gino's

Gino's sparkles! The food. The place. The people.

THE NO. 1 LOW PRICE LEADER IN TOWN!

Pantry Pride HOT LINE

QUESTIONS TO Marilyn

WRITE: HOT LINE
3325 Duncanwood Lane
Balto., Md. 21213

Dear Miss Barnett:

I am going to serve cocktails and canapes to a group from our temple and wonder if you have some recipes for dairy canapes. Maybe something in the form of a cheese puff.

Mrs. Herbert Bieberfeld, Harleysville, Pa.

Dear Mrs. Bieberfeld:

Did you ever ask the right person. Here is one of my favorite recipes of all time.

1 cup grated natural sharp cheese
8 tbl. soft butter or margarine
½ cup sifted all purpose flour
¼ tsp salt
½ tsp. paprika
24 stuffed olives

Blend cheese with butter. Stir in flour, salt and paprika; mix well. Wrap 1 tsp. cheese dough around 24 stuffed olives, completely covering olive. Arrange on ungreased cookie sheet. Bake at 400 for 10-15 minutes or until golden. Makes 24.

Not only are they fabulous tasting but they can be frozen until you are ready to use them.

Hope your party is a success.

Marilyn

Dear Marilyn:

. . . After 35 years of cooking with almost no fats, gravies, sauces or strong seasoning, I now must change to none at all. Searching everywhere, I find most recipes include these or cheese, which is out. Can you help? . .

Mrs. Mildred Moore, Bellmawr, N. J.

Dear Mrs. Moore:

First, from someone who introduces garlic to almost every conceivable recipe, let me offer my sympathies.

I have one really good suggestion. Take a frying chicken that has been cut up, put it into a baking dish. Set oven at 325 and bake for 2 hours.

To be honest, I don't know why, but chicken prepared this way tastes really good.

Marilyn

I get letters:

Okay, the battle is on! Bring out your teflon coated equipment ladies and gentlemen. Mrs. Isabelle McCue wants to know if she should grease and flour a teflon coated tube pan. Do I tell her yes or no?

Mrs. J. Steney of Arundel Avenue, Philadelphia, would like a good recipe for "Honey Dipped Chicken." Be sweet, someone out there and help.

Mrs. George Horshoff of Randallstown, Md. would like a recipe for Red Cherry Sauce to be used over chicken. Has anyone ever, ever made chicken with red cherry sauce? I certainly haven't. In fact, I haven't made chicken with with blue, green or yellow cherry sauce, either!

Dear Marilyn:

I would like to get a recipe for Chinese Spare Ribs. Could you help?

Mrs. Sandra Colonna, Pennsauken, N. J.

Dear Sandra:

I dont have a recipe, I have the recipe.

Combine one 12 oz. jar orange marmalade with ⅓ cup soy sauce, 3 tbsp. sliced scallions, 1 tbsp. Worchestershire sauce, 1 clove crushed garlic and ¼ tsp. ginger.

Cut 4 pounds spare ribs into 2 or 3 rib pieces. Cover with marmalade sauce and marinate in the refrigerator 6 hours or overnight.

Drain the ribs and reserve the sauce. Arrange ribs in 13x9 inch baking dish—don't worry, it's OK to overlap the ribs. Bake in 400 degree oven for 1 hour, then drain the fat.

Reduce the oven to 325 and spoon the reserved marmalade sauce over the ribs. Bake for 45 minutes, turning ribs and basting with sauce frequently.

Marilyn

Dear Marilyn:

Perhaps you can help. I would like a good recipe for a dozen deviled eggs.

Jerry Foster, Chester, Md.

Dear Jerry:

I have never been able to figure out why anything this good is called 'deviled' but here goes:

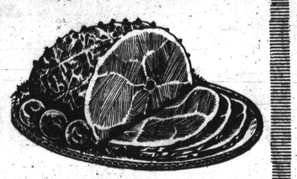
12 hard cooked eggs
2 tbsp. cream
1 tbsp. vinegar
1½ tsp. prepared mustard
⅜ tsp salt
⅛ tsp. pepper
2 tsp. grated onion
2 tbsp. mayonnaise

Halve the eggs lengthwise. Remove yolks; put through sieve. Add remaining ingredients. Mix well. Fill egg whites with yolk mixture using a pastry tube with rosette tip. Sprinkle with paprika. Or else use a fork to push yolk into white. This will create a design. How good of a design depends on how artistic you are. Personally, I stick to the pastry tube!

Marilyn

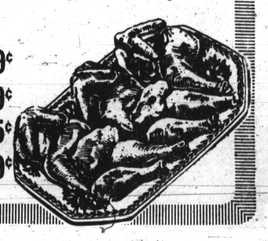
Pantry Pride HOT LINE

CALIFORNIA STYLE BEEF POT ROAST lb. 68¢



Fully Cooked MASH'S HAMS
FULL SHANK HALF lb. 49¢
SEMI-BONELESS BUTT HALF lb. 68¢

'FRESH POULTRY SALE'
FRESH FRYERS Whole lb. 28¢
Pantry Pride GRADE "A" The Sign of Quality Meat



FRESH CHICKEN LEGS lb. 59¢
FRESH CHICKEN BREASTS lb. 69¢
FRESH CHICKEN WINGS lb. 35¢
FRESH 3½-lb. AVG. ROASTING CHICKENS lb. 39¢

USDA CHOICE BOLAR ROAST lb. $1.19
USDA CHOICE BONELESS WHOLE FRESH BRISKETS lb. 89¢
USDA CHOICE CHUCK FILLET STEAK lb. $1.19
USDA CHOICE SHOULDER ARM ROAST lb. 89¢

PANTRY PRIDE SLICED BACON Vac. Pac lb. Pkg. 69¢
IN OUR BAKERY DEPT. LEMON PIE FRESH BAKED 22-oz. pkg. 49¢
PANTRY PRIDE FRESH EGGS MEDIUM GRADE 'A' DOZ. 29¢

PRICES ARE LOWER IN PANTRY PRIDE COUNTRY

When you walk through our doors, we want you to feel completely at home, even if it's your first visit to Pantry Pride. All our stores are sparkling clean, every department is neat and shining fresh, stocked to capacity with newest grocery products, finest U.S.D.A. Choice quality meats, frozen foods, dairy products, and tons of garden-fresh produce!

PANTRY PRIDE GRADE 'A' PORK LOIN SLICED 5-11 CHOPS QUARTER lb. 65¢
FYNE TASTE LEAN SLICED BACON 1-lb. pkg. 53¢
FARMER GRAY CORNED BEEF BRISKETS THICK CUT lb. 79¢ OUR FIRST CUT lb. 89¢
PANTRY PRIDE GRADE 'A' SPARE RIBS PORK lb. 69¢
IN OUR APPETIZER DEPT. CHICKEN ROLL Available At Most Stores ½ lb. 79¢
IN OUR BAKERY DEPT. WHITE BREAD PANTRY PRIDE SLICED ROUND TOP 16-Oz. Loaf 19¢
FANCY SKINLESS TURBOT FILLETS lb. 59¢

CANTALOUPES SWEET EATING Large 36 Size 2 for 79¢
CHERRY TOMATOES SWEET pint 43¢
RHUBARB FANCY TENDER 2 lbs. 33¢
ROME APPLES CRISP RED 3 lb. bag 59¢
SUNKIST LEMONS THIN SKIN 10 in bag 65¢

IT COSTS LESS IN PANTRY PRIDE COUNTRY
REFRESHING PEPSI-COLA 6 16-Oz. No Return Bottles 69¢ Available At Most Stores
CHARCOAL BRIQUETS 10 lb. bag 66¢
BEVERAGES PANTRY PRIDE ASSORTED 3 No Return 28-oz. btls. 59¢
REYNOLD'S WRAP HEAVY DUTY ALUMINUM FOIL 25-ft roll 49¢
PANTRY PRIDE TEA BAGS pkg. of 100 75¢
CLEANSER PANTRY PRIDE 14-oz. can 10¢
PRESERVES PANTRY PRIDE STRAWBERRY 3 12-oz. jars $1.00
YELLOW PEACHES DIET DELIGHT 3 1-lb. cans 79¢
PAPER CUPS or WHITE PLATES pkg. of 100 69¢

PRICES EFFECTIVE THRU SAT., MAY 22nd. WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

REDEEM THIS VALUABLE COUPON FOR 10¢ CASH 1-lb. 4-oz. PKG. PUNCH DETERGENT 5¢ OFF #09810 LIMIT ONE COUPON PER SHOPPING FAMILY VOID AFTER SAT., MAY 22nd. Pantry Pride

REDEEM THIS VALUABLE COUPON FOR 15¢ CASH 10½-Oz. JAR HEINZ 57 STEAK SAUCE #09815 LIMIT ONE COUPON PER SHOPPING FAMILY VOID AFTER SAT., MAY 22nd. Pantry Pride

REDEEM THIS VALUABLE COUPON FOR 25¢ CASH 16-oz. Jar COFFEE MATE #9925 LIMIT ONE COUPON PER SHOPPING FAMILY VOID AFTER SAT., MAY 22nd. Pantry Pride

REDEEM THIS VALUABLE COUPON FOR 50¢ CASH 10-Oz. Jar MAXWELL HOUSE INSTANT COFFEE #09850 LIMIT ONE COUPON PER SHOPPING FAMILY VOID AFTER SAT., MAY 22nd. Pantry Pride

REDEEM THIS VALUABLE COUPON FOR 20¢ CASH 1-lb. 8-oz. PKG. WEAVER'S DUTCH FRYE CHICKEN In Our Meat Dept. #09820 LIMIT ONE COUPON PER SHOPPING FAMILY VOID AFTER SAT., MAY 22nd. Pantry Pride