STUDENT TOUR — John R. Ryea (left), a technician in the Army Environmental Hygiene Agency, demonstrates the use of noise measurement equipment to Carlos Stanley and Denise Blake as their teacher, Theodore Russell, looks on. The children were among a group of 63 students and teachers from Arundel Elementary School in Baltimore who recently toured the Agency, on the Edgewood Arsenal site.

She's New Jersey's first woman building inspector

BRIDGETON, N.J. — Margy Rodgers and several hundred kids in and around Bridgeton understand each other.

In Washington in December this homemaker — who also is probably New Jersey's only woman building inspector — explained her knack for narrowing the generation gap.

She told her story at the prestigious White House Conference on Children, held only once every 10 years. Her audience at a forum session included psychologists, sociologists, and all kinds of experts on children.

She described the 'magic touch' that draws 180 people — from 4 to 23 years, plus several sets of parents — to a 4-H meeting every Thursday night in the Cherry Street School here. Attractions at such meetings are the classes in clothing, cooking, electrical work, social know-how and other subjects, plus African culture.

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Then there was the formal 4-H dance that attracted 500 boys and girls. And the roller skating party that packed 'em in until there was no room for two busloads of kids from the country.

It's one thing to get out a crowd, but something else to handle it. Mrs. Rodgers freely shares the credit for her success as a 4-H leader with her three daughters, Jeanna, 16; Sandra, 13, and Cheryl, 12, all 4-H'ers, and her husband, John, a willing chaperon.

He is also a community leader, serving as an organizer and public relations man for SCOPE (Southwest Committee on Poverty Elimination).

Both Mr. and Mrs. Rodgers were honored for their longtime service at a recent 4-H awards dinner.

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In Washington Mrs. Rodgers was not particularly representing Bridgeton or Cumberland County, or New Jersey for that matter. She was a delegate of the Council of National Organizations for Children and Youth, and the Cooperative Extension Service of the U.S. Department of Agriculture.

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She was the only woman speaking for the 5,000 or so nutrition education aides throughout the United States who teach food values and skillful buymanship in their own neighborhoods. Many of these also work with children and teenagers.

Mrs. Rodgers served as a nutrition aide in Bridgeton about two years and induced some of her friends to serve also.

The Nutrition Education Program is being carried on by the Cooperative Extension Service of the College of Agriculture and Environmental Science.

One of the unexpected results of the nutrition program is that many of the women "graduate" to better jobs, according to Miss Anne L. Sheelen, who directs it at Rutgers. This happened to Mrs. Rodgers.

About two months ago she became a building inspector for the City of Bridgeton.

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A spokesman for the Department of Civil Service in Trenton could find no record of any other woman every applying for a building inspector position, let alone passing the exam. And so Mrs. Rodgers may be the first of her sex to hold such a job in New Jersey.

Whatever gave her the notion of becoming a building inspector?

"Well," says Mrs. Rodgers, "I've always been interested in building. I carried bricks and laid floors and did other work when my mother was building her house, and I just tried to remember what I did when I wrote answers to the questions."

When she's on duty, Mrs. Rodgers wears two badges, the big, gold official-looking building inspector symbol of her authority, and a round plastic one of the Neighborhood Improvement Association, a highly successful Bridgeton organization.

She looks for violations of the city housing code and in general makes suggestions to maintain safety and livability.

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She recently began a series of classes in homemaking for women in Burlington Manor, a new town house development for former residents of substandard housing. She looks forward to doing more of this kind of work in the future.

"The ladies value what they have, and I had no refusals when I invited them to come to the classes," she says.

MRS. "INSPECTOR" — Mrs. Margy Rodgers looks over a map of her hometown of Bridgeton, N.J., where she is the state's first and only woman building inspector — and may be one of the very few in the U.S. Mrs. Rodgers and her husband, John, are the parents of three daughters. She is also the moving force in an active 4-H county program and last December at the White House Conferance on Children, addressed the delegation on nutrition education — on which she is also an expert.

Economy Meals

Back in 1890, a physican in St. Louis was in need of a nutritious, easily digested, high-protein food for some of his patients.

Being an ingenious man, he simply invented a new food.

Peanutbutter!

Of course, if his discovery hadn't had zippy flavor to match its good food value, it probably would be unknown outside of St Louis. Far from meeting such a fate, however, by the 1920's peanut butter was known and enjoyed across the country.

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The 1970 peanut crop is reported to be large and of excellent quality, according to the U.S. Department of Agriculture's Consumer and Marketing Service. So stock up on versatile peanut butter — smooth or chunk-style — and on crunchy, finger-licking-good peanut candies.

Peanut butter, an excellent source of food energy, protein, and B vitamins, blends smoothly into cooked dishes while adding tasty variety to common foods. That's why it's a valuable addition to every meal. At breakfast, peanut butter mixed into muffin batter revitalizes the finished product. An omelet is a new dish when made with peanutbutter.

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At lunch, unlimited variations are possible on the always-popular peanut butter sandwich. A few peanut butter sandwich mates are: jams, jellies, cranberry sauce, bananas, bacon, cream cheese, prunes, pineapple, or shredded carrots. If the mixture seems dry, moisten it with fruit juice or salad dressing.

At dinner peanut butter sauce is a savory treat on vegetables. Potatoes — either white or sweet — are zestier when crunchy peanut butter is mashed with them. Meat loaf takes on unusual nutty goodness with peanut butter as an ingredient.

And to top it all — try peanut butter in vanilla, chocolate, or butterscotch puddings. And peanut butter or crushed brittle combines with chocolate sauce for a memorable ice cream topping.

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Here's a menu for a day's good eating, using peanut butter and other plentiful and reasonably priced foods:

BREAKFAST
Grapefruit Juice
Peanut Butter
French Toast
Milk
Coffee or Tea
LUNCH
Split Pea Soup
Egg Salad
Sandwich
Fresh Orange
Milk
DINNER
Pork chops
and Applesauce
Baked Potato
Broccoli
Prune Whip
Milk
Coffee or Tea

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Have a sensational breakfast — serve Peanut Butter French Toast. You will need one half cup peanut butter, one fourth cup honey, one fourth teaspoon salt, eight slices bread, two eggs, beaten; one half cup milk, and two tablespoons butter or margarine

Blend peanut butter, honey, and salt. Place about 2 and one half tablespoons peanut butter-honey mixture between 2 slices of bread to make a sandwich. Combine egg and milk. Soak sandwiches in egg mixture. Melt butter or margarine in a baking pan or fry pan.

Bake sandwiches at 400 degrees F. (hot oven) about 40 minutes. Turn sandwiches to brown both sides. Or cook slowly in fry pan on top of range. Four servings.

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Here's a recipe for Peanut-Cheese Loaf that will make mighty good eating for a main dish dinner or luncheon feature:

Use one cup cooked oatmeal, wheat cereal or rice, one fourth cup finely chopped green pepper, three tablespoons finely chopped onion, one and one-half teaspoons salt, two teaspoons lemon juice, one half teaspoon Worchestershire sauce, if desired. One and one-half cups chopped salted peanuts, one cup dry bread crumbs, one and one-half cups grated cheese (about 6 ozs), one egg, and one half cup milk.

Combine all ingredients. Bake in a greased loaf pan at 350 degrees Moderate oven) for about an hour. Serve hot with a mushroom or tomato sauce. Make 6 servings.

MARCH 27 The 4th Annual Bird House Making Contest will be held at the Patterson Park Pavilion, Luzerne Avenue and Baltimore Street on Saturday, March 27, 1971 at noon.

Winning Bird Houses will be placed at the Children's Zoo.

Entry blanks and patterns are available by calling Miss Virginia Baker, Bureau of Recreation at MU. 5-5826.

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CHICKEN QUARTERS
FRESH LEGS OR BREASTS lb. 39¢
CHICKEN WINGS
FOOD FAIR GRADE 'A'
FRESH lb. 33¢
Quartered — Sliced PORK LOIN 1/9-11 Chops lb. 69¢
Legs or Wings TURKEY QUARTERS lb. 39¢
Merrill's PORK SAUSAGE MEAT 1-lb. Roll 39¢
By The Piece FAT BACK lb. 29¢
By The Piece SMOKED BACON lb. 49¢
Feet, Tails, Neck Bones FANCY PORK PARTS Your Choice lb. 25¢
Fancy PORK SPARE RIBS lb. 69¢
U.S.D.A. Grade 'A' BAKING HENS 4-5 lb. Avg. lb. 49¢
U.S.D.A. Choice Bone-in CROSS RIB ROAST lb. 89¢
U.S.D.A. Choice Shoulder Arm POT ROAST lb. 89¢
Smoked Center Cut PORK CHOPS lb. 99¢
Greendell's — Your Choice FROZEN STEAKS Chuckwagon *Cubed Beef *Breaded Veal lb. 89¢
HICKORY SMOKED PICNICS
WHOLE lb. 49¢
FOOD FAIR
SUPERMARKET
STAYMEN APPLES
RED CRISP AND TANGY 3 lb. BAG 47¢
YELLOW GLOBE ONIONS BULKY ONLY 3 lb. 25¢
RUSSET U.S. #1 Baking Potatoes 5 lb. BAG 49¢
CHEF'S DELIGHT CHEESE SPREAD 2 lb. LOAF 69¢
Barden's Big 10 BISCUITS 2 9½-oz. CANS 39¢
OSCAR MAYER SLICED BOLOGNA ALL MEAT 8-OZ. PKG. 49¢
Geetse's LIVER WURST Piece lb. 39¢
FANCY SKINLESS Turbot Fillets lb. 69¢
FRESH Shucked Oysters Stand. 12-OZ. $1.25 Select 12-OZ. $1.35
"BONUS COUPON SAVINGS"
BR 9B07 Redeem This Valuable Coupon For 7¢ CASH 1-lb. CAN HEINZ Baked Beans
Limit-2 We reserve the right to limit quantities. Prices effective thru Sat. Feb. 13, 1971
Redeem Valuable Coupon For BR9B25 25¢ CASH 4-OZ. NESTLE'S Decaf Coffee
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Redeem This Valuable Coupon For 10¢ CASH PKG. OF 48 TENDERLEAF Tea Bags BR 9B10
Limit-1 We reserve the right to limit quantities. Prices effective thru Sat. Feb. 13, 1971
Redeem This Valuable Coupon For 30¢ CASH 3-LB. CAN Chase & Sanborn REGULAR COFFEE BR 9B 20
Limit-1 We reserve the right to limit quantities. Prices effective thru Sat. Feb. 13, 1971
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