Light Hous keeping

By Lula Mackay

If you drive a car for swank (as against just to get there and back) then you will want to be one of the first there with, not only the model, but the color. You will learn here that the most fashionable colors for this year are in the yellow gold, yellow green, lime and olive hues. Come 1970, according to American auto makers, red orange will be in vogue and there will be an increase in the two-tone effects. Black will continue to be as dead as it has been for the past five years.

The Beauty Bit: If you have problem elbows, knees, or feet for that matter, a new cosmetic, Akimbo, just on beauty counters this month, is your dish. It's a Charles of the Ritz product and includes a friction cream and a lubricant follow-up that smoothes roughness away.

* * *

If you are a stickler about the quality of your shampoo. . . demanding that every trace of soap, shampoo, or whatever cleanser is used is removed, ask your hairdresser to not spare the rinses, and at the last rinse with a glass of water containing a teaspoon of baking soda.

* * *

What's new? Do discard Dad's old shirt as a dust cloth . . . and stop just scattering the dust to another location. There are new dust cloths that are chemically treated to make dirt adhere to them. And they do not leave an oil residue on the surface to catch and collect more dirt. Because they do not spread dust from one surface to another, they insure the ultimate in sanitary cleaning. And when they are completely soiled, just throw them away. No laundry problem either.

* * *

Recipe of the Week: You really should start early to put Spring into the menu. One way to begin is with escalloped vegetables. For this dish just shop the vegetables stalls, picking up whatever appeals to the eye . . . green beans, peas, celery, carrots, green peppers, leeks or onions.

Cook the vegetables (chop the carrots if you selected them) separately in salted water, but slightly. Make a cream sauce, which calls for two tablespoons butter, two tablespoons flour and a cup of milk.

When the vegetables are tender, but a little underdone, drain them well and add the cream sauce to them, turning and folding gently. Reseason with salt and pepper. Add a dash of Tabasco sauce. Place in casserole, top with grated cheese, then with buttered bread crumbs.

This casserole is wonderful with broiled trout. Here, in the East, strawberries are in the markets. So top this menu with the first strawberry shortcake of the season.

Budget Note: Save on your cleaning bill, especially that suede jacket. First brush thoroughly with a suede brush . . . the ordinary kind that cleans your shoes. Then go over the jacket with a washcloth that has been dipped in vinegar and wrung out well.

Job Corps Center seeks volunteers

The Baltimore Job Corps Skills Center at 103 East Mount Royal Ave., needs volunteers to supervise and instruct classes from 3:00 p.m. to 5:00 p.m. and 6:00 p.m. to 10:00 p.m.

Volunteers are needed for arts and crafts, ceramics, woodcraft, music, (vocal and instrumental), drama, leathercraft, sculpturing and ham radio.

Any organizations or individuals wishing to learn more about the volunteer program are asked to call Bill Gilliam at 962-2918, or Bob Laws at 962-4795.

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SOW BY APRIL 10th....
REAP FROM APRIL 1st.

It's spring planting time . . . and the best time for you to plant some security seed at Union Trust. Because onions saved here by April 10th earns our high interest from April 1st.

With regular additions to your account, your savings will sprout fast . . . boosted by our high interest. When harvest time comes, you'll reap considerably more than you've sown.

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FOOD-A-RAMA

3805 LIBERTY HEIGHTS AVENUE
801 WEST BALTIMORE STREET
2720 WEST NORTH AVENUE
3420 CLIFTON AVENUE
2045 WEST NORTH AVENUE
1000 NORTH MOUNT STREET
BALTIMORE & HILTON STREETS

PRICES EFFECTIVE WED. THUR. FRI. & SAT. APRIL 2, 3, 4 & 5th, 1969

ESSKAY'S QUARTERED PORK LOINS 9-11 CHOPS 69¢ lb.

MASH'S Fully-Cooked HAMS Whole or Shank ½ 53¢ lb.
CENTER CUT HAM SLICES 99¢ lb.

ESSKAYS LEAN FRESH SHOULDERS lb. 38¢
ESSKAYS EARLY JOY SLICED BACON lb. PKG. 59¢
LEAN, MEATY MEDIUM SPARE RIBS lb. 59¢
FRESH GROUND ROUND lb. 89¢
BONELESS BEEF CUBES lb. 89¢
FRESH GROUND CHUCK lb. 79¢
SELECT STEER BEEF LIVER lb. 39¢
U.S.D.A. CHOICE SIRLOIN STEAKS lb. 99¢
U.S.D.A. CHOICE CHUCK ROAST lb. 69¢
U.S.D.A. CHOICE CHUCK STEAKS lb. 69¢
SMOKED SHOULDER SLICES lb. 59¢

GOLDEN PLUMP ROASTING CHICKENS 49¢ lb.

CENTER CUT SMOKED PORK CHOPS lb. 99¢
GOETZE'S B. FAST SAUSAGE 21 lb. ROLL 79¢
GOETZES PROVEN-BEST ALL MEAT FRANKS 1 lb. PKG. 69¢
OVEN READY MATURED DUCKS lb. 43¢

CRISCO 3 lb. CAN 69¢

EASTER JELLY BEANS lb. PKG. 29¢

APRIL SHOWER OF FOOD VALUES

MAXWELL HOUSE COFFEE lb. CAN 69¢

CREAM of OATS LGE. BOX 19¢
DEL MONTE PEACHES 3 2½ CANS $1.00
HUDSON PAPER NAPKINS 200 COUNT PKG. 39¢
20-X SUGAR 2 3-lb. PKGS. 39¢
DEL MONTE UNSWEETENED GRAPEFRUIT JUICE 3 46-OZ. CANS $1.00
ARMOURS TREET 12-OZ. CAN 49¢

SUPERSUDS 2 REG. BOXES 39¢
HI C ASSORTED FRUIT DRINKS 8 12 OZ. CANS $1.00
REYNOLDS HEAVY DUTY ALUMINUM FOIL 38 IN 25 FT. ROLL 49¢
TAYLOR SWEET POTATOES SQUAT CAN 29¢
PET-99-EVAPORATED SKIM MILK TALL CAN 10¢
ALL CRISP SWEET MIXED PICKLES QUART JAR 49¢

FAB SOAP POWDER REG. BOX 29¢
HUDSON TOILET TISSUE 4 ROLL PKG. 45¢
KOUNTY KIST SWEET PEAS 6 303 CANS $1.00
McCORMICKS VANILLA 1-OZ. BOTL. 29¢
GIANT BOX COLD POWER 69¢
McCORMICKS FOOD COLOR PACK OF 4 33¢

PURE, FRESH MAYONNAISE QUART JAR 39¢

MISSION PEACHES NO. 2½ CAN 25¢

SILVER FLOSS SAUERKRAUT 2 lb. CELLO BAG 27¢

FROZEN FOOD' FOODS SPECIALS
PACKER LABEL °CUT CORN °SWEET PEAS °MIXED VEG. YOUR CHOICE 10¢ PKG.
MORTON'S APPLE PIES or CUSTARD PIES REG. PKG. 29¢
FREEZER QUEEN • BOIL IN BAG BEEF CHICKEN TURKEYS 5-OZ. BAG 25¢
DOLES PINEAPPLE JUICE 2 6-OZ. CANS 29¢
BIRDSEYE AWAKE 9-OZ. CAN 33¢

DAIRY SPECIALS
LAND-O-LAKES BUTTER (QUARTERS) lb. PKG. 79¢
Mrs. FILBERT'S MARGARINE SOLIDS lb. 19¢
PILLSBURY'S BISCUITS 4 CANS 35¢
FRESH MILK GALLON PLASTIC $1

Garden Fresh Produce

LARGE ORANGES 10 FOR 59¢
CALIFORNIA ICEBERG LETTUCE HEAD 17¢
GREEN ONIONS BUNCH 10¢
MAINE POTATOES 10 lb. BAG 55¢
GREEN LGE. PEPPERS EA. 10¢

STORE HOURS: DAILY 9a.m. to 9p.m. • OPEN SUNDAYS • PLENTY OF FREE PARKING

FREE! YOUR CHOICE OF ONE 8"x 10" ART TREASURES
WITH $5.00 PURCHASE AND COUPON FROM BOOKLETT YOU RECEIVED IN THE MAIL

AUTUMN SUNSET....WOOD
LAST SUPPER....DALI
STILL LIFE-PLUMS....BOS
STILL LIFE-EGGS....BOS
EARLY SPRING....WOOD
SUMMER....CURRIER & IVES
CLOWN WITH VIOLINS....LEE
SEA VIEW....POTRONAT
CLOWN WITH DOG....LEE
KITTENS-FLOWER....GIRARD
KITTENS-DOG....GIRARD
SPRING....CURRIER & IVES

Pantry Pride
DISCOUNT FOODS
PRICES EFFECTIVE THRU SAT. APRIL 5th, 1969 AT THESE PANTRY PRIDE STORES. WE RESERVE THE RIGHT TO LIMIT QUANTITIES

MONDAWMIN SHOPPING CENTER
LIBERTY HEIGHTS AVE. AND REISTERSTOWN ROAD
REISTERSTOWN ROAD PLAZA
REISTERSTOWN ROAD AND PATTERSON AVE.

ESSKAY'S SILVER LABEL SMOKED FULLY COOKED HAMS
SHANK HALF Some slices removed lb. 48¢
BUTT HALF WITH THOSE EXTRA SLICES lb. 58¢

U.S. GOV'T. INSPECTED CHICKEN QUARTERS
LEG OR BREAST lb. 37¢

U.S.D.A. CHOICE TOP ROUND STEAK lb. 99¢

SLICED QUARTER PORK LOIN 9-11 CHOPS lb. 69¢

U.S. GOV'T. INSPECTED PORK CHITTERLINGS 10-lb. PAIL $2.69

PEL-FREEZ BRAND FRYING RABBITS ALL WHITE MEAT lb. 99¢

REDEEM THIS VALUABLE COUPON FOR
IVORY SOAP 4 PERSONAL SIZE BARS 10¢
WITH A $5.00 PURCHASE. LIMIT ONE COUPON PER SHOPPING FAMILY. VOID AFTER SATURDAY APRIL 5th

REDEEM THIS VALUABLE COUPON FOR
50¢ OFF ANY 3-lb. COOKED CANNED HAM
WITH A $5.00 PURCHASE. LIMIT ONE COUPON PER SHOPPING FAMILY. VOID AFTER SATURDAY APRIL 5th

GWALTNEY'S VIRGINIA COUNTRY HAMS WHOLE or SHANK HALF lb. 85¢

U.S. GOV'T INSPECTED TURKEY WINGS OR DRUMSTICKS Lb. 29¢
GOETZE'S OLD SOUTHERN BREAKFAST SAUSAGE 2-lb. PKG. 79¢
FANCY PORK SPARE RIBS Lb. 59¢
TENDER SLICED LIVERS BEEF 39¢ CALF 99¢
VIRGINIA COUNTRY CURED PEPPER PICNICS WHOLE lb. 59¢
LEAN, TENDER GROUND CHUCK Lb. 79¢

FRESH CHICKEN LIVERS FROM YOUNG FRYERS lb. 49¢

CHIQUITA BRAND BANANAS 3 lbs. 35¢

LOUISIANA FANCY SWEET YAMS 2 lbs. 37¢

SLICING TOMATOES FANCY FIRM RIPE 2 Cello ctn. 45¢
PINK SEEDLESS GRAPEFRUIT 5 lb. BAG 55¢
WINESAP APPLES ALL PURPOSE 2 lb. 47¢
FIRM GREEN CUCUMBERS 3 FOR 29¢
CRISPY FOR SALAD ROMAINE LETTUCE HEAD 29¢
JUMBO TENDER GREEN PASCAL CELERY STK. 28¢
TENDER GREEN BRUSSEL SPROUTS PT. 39¢
CANADIAN YELLOW RUTABAGAS 3 lb. 19¢
GREEN TENDER ASPARAGUS lb. 48¢
FRESH BLOOMING EASTER LILLIES POT $2.48
EASTER SPRING CORSAGES WITH PIN EACH 49¢

FRANKS ALL BEEF lb. pkg. 69¢
GOETZE'S BOLOGNA ALL MEAT lb. 75¢
ESSKAYS OR GOETZES LARD 2 LB. 33¢
AMERICAN CHEESE lb. 75¢

PANTRY PRIDE BISCUITS 3 CANS 25¢
VIRGINIA ENGLISH MUFFINS 2 12-OZ. PKGS. 39¢
HUCDA MARGARINE 2 lb. QTRS 49¢
HOMO VITAMIN D FRESH MILK ½ GAL. CTN. 56¢

STEAKFISH FILLET FANCY SKINLESS HAKE lb. 38¢
FRESH BUCK SHAD lb. 13¢

WE CARRY A FULL SELECTION OF ALL YOUR EASTER NEEDS

CARRYING A FULL VARIETY OF EASTER FLOWERS
EASTER MUMS FRESH BLOOMING POT $2.19
MEMORIAL WREATHS WITH EASEL 36" EACH $2.48
EASTER CORSAGES WITH PIN EA. 49¢
MEMORIAL SPRAY CEMETERY EA. $2.18
SPRING CENTER PIECES COLORFUL LIFELIKE EA. $3.68

MAYONNAISE MRS. FILBERT'S 7¢ OFF QT. 49¢

SAVE INSTANT RICE PANTRY PRIDE 14-OZ. 37¢
SAVE PRUNE JUICE PANTRY PRIDE 3 QT. $1.00
SAVE SAUERKRAUT PANTRY PRIDE 4 1-LB. 11-OZ. 95¢
SAVE EVAPORATED MILK PANTRY PRIDE 6 14½-OZ. 79¢
SAVE HUDSON NAPKINS 3 PKGS OF 200 $1.00

PRUNE JUICE SUNSWEET QT. 44¢

SAVE INSTANT COFFEE PANTRY PRIDE 6-OZ. 69¢
SAVE MAYONNAISE PANTRY PRIDE 32-OZ. 46¢
SAVE GOLDEN CORN PANTRY PRIDE WHOLE KERNEL 6 7-LB. $1.00
SAVE SLICED CARROTS PANTRY PRIDE SMALL 6 7-LB. $1.00
SAVE SLICED PEACHES PANTRY PRIDE YELLOW CLING 4 1 lb. 85¢
SAVE RED KIDNEY BEANS PANTRY PRIDE LIGHT 7 1-LB. $1.00
SAVE CRUNCH DOG FOOD PANTRY PRIDE 3-LB. 49¢
SAVE GRAPE JELLY PANTRY PRIDE 2-LB. 49¢
SAVE PEANUT BUTTER PANTRY PRIDE 3 12-OZ. $1.00
SAVE COFFEE CREAMER PANTRY PRIDE 17-OZ. 49¢
SAVE PANTRY PRIDE BLEACH 1-GAL. 39¢
SAVE PANTRY PRIDE WHITE BREAD ENRICHED SLICED 4 1-LB. 2-OZ. $1.00 6 1-LB. $1.00

TOMATO SOUP CAMPBELL 10½-OZ. 10¢

SAVE MORTON DINNERS ALL VARIETY EXCEPT SHRIMP OR HAM FROZEN 2 11-OZ. 75¢
SAVE MORTON CREAM PIES FROZEN 4 14-OZ. 99¢
SAVE COSTA COFFEE LIGHTNER FROZEN 16-OZ. 13¢
SAVE PEAS & CARROTS PANTRY PRIDE FROZEN 5 10-OZ. 79¢
SAVE BANQUET BEEF, TURKEY AND SALISBURY STEAK FROZEN 2-LB. 99¢
SAVE POUND CAKE SARA LEE FROZEN 12-OZ. 69¢
SAVE 3-COURSE DINNERS MORTON FROZEN 17-OZ. 59¢
SAVE BRUSSEL SPROUTS PANTRY PRIDE FROZEN 3 8-OZ. 79¢
SAVE HOMEMADE WAFFLES DOWNY FLAKE FROZEN 12-OZ. 41¢
SAVE CUT GREEN BEANS ROSEDALE FROZEN 8 9-OZ. $1.00
SAVE PANTRY PRIDE CORN FROZEN 6 10-OZ. 89¢
SAVE MIXED VEGETABLES PANTRY PRIDE FROZEN 6 10-OZ. $1.00