## What Do Doctors Advise First For Painful Hemorrhoids?

Conservative treatment usually recommended in most cases of simple, common piles.

New York, N.Y.: Many doctors who keep up with modern practices feel a more conservative treatment (such as sitz baths, and proper medication) should first be tried to relieve hemorrhoids. And what more effective medication could one desire than this exclusive formula which doctors found in most cases—actually shrinks inflamed, swollen hemorrhoids, and promptly relieves pain and burning itch.

Tests on hundreds of patients by leading doctors in New York City, Washington, D.C. and at a Midwest Medical Center proved this so.

This doctor-tested medication also helps check the discharge (embarrassing 'seepage') that causes itching and irritation. It soothes inflamed tissues and spreads a protective coating over the injured area to help guard against further irritation and infection. In addition, it lubricates, softens and makes bowel movements less painful.

The name of this hemorrhoid treatment is *Preparation H®* and there's no other treatment like it. Preparation H is so effective it outsells all other hemorrhoid remedies combined and no prescription is needed. In ointment or suppository form.

CITED — Mrs. Lillian Matthews Murphy, who was honored a retirement banquet Sunday is shown here with her daughter Mrs. Marvin C. Davis, and grandchildren, Marjean and Marvin Davis.

EASTER at G. C. Murphy — Mondawmin. Fascinated by the display are Marchele Robinson, 5; Brenda Robinson, 8; and Louis Robinson, 3. They are children of Mrs. Helen Robinson, 3000 Seabury Road.


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GREAT DAY FOR THE IRISH

## Sentimental reception honors Mrs. Murphy

It was a great day for the Irish on Sunday at Blue Crest North.

Occasion was a sentimental reception for Mrs. Lillian Matthews Murphy, marking her retirement from the Baltimore public schools.

Because of her Irish surname, and because it was the day before St. Patrick's Day, there was frequent reference to the Irish.

The 400 well wishers gathered to salute Mrs. Murphy for her 'dedicated service as an outstanding educator, church and community leader and distinguished contributor to cultural advancement.'

* * *

Mayor Thomas J. D'Alesandro 3rd, set the tone when he praised her as 'a truly fine lady who always personifies a person of class and style who will be missed by the Department of Education. Thank you for a job well done."

He asked her permission to allow him to use her talents on boards and commissions.

School Board President Francis D. Murnaghan Jr., School Superintendent Thomas D. Sheldon and Assistant Superintendent Sidney N. Chernak expressed thanks for her example, her dedication and her ability to make people feel they were needed.

* * *

A plaque attesting to her contributions was presented by Miss Dorothy M. Kell, principal of Western High.

Noting her 'unquestioned and distinguished leadership,' Mrs. Edna Over Campbell, Douglass High principal, presented roses and gift on behalf of faculty and students at Douglass, where Mrs. Murphy was former principal.

Charles E. Brown, Pimlico Junior High, gave a color television set on behalf of the testimonial sponsors, 'with our best wishes for happy viewing and love from all of us.'

* * *

In acknowledgement, Mrs. Murphy modestly exclaimed, "I am completely overwhelmed. I can't believe this is happening to little ole me.'

She assured the well wishers the 'splendid occasion' would "keep me going all the rest of my days."

She recalled happy association with associates and relatives, several of whom came from out-of-town, and with parents and children she had served.

There was a tear in her voice when she concluded, 'Thanks to all of you for your encouraging support and belief in me. You have done so much to make my life a happy one.'

* * *

Carroll S. Rankin, principal of Edmondson High was toastmaster.

Dinner music was by Benjamin Durant, Robert A. Smith, Cline Otey and Miss Delores Plum.

Mrs. Murphy was director of the western division for Baltimore's secondary schools when she retired last December after 44 years in the system.

She began her career in 1921, when she became an elementary teacher at Waesche St. School No. 110.

Shortly afterwards, she joined the faculty of the old Colored High School, then at Pennsylvania Ave. and Dolphin St.

She moved later to the new junior high school site at Lafayette and McCulloh, where she became teacher of English.

There followed assignment to Dunbar High, where the late Carrington L. Davis was principal. It was under her direction that the school newspaper, 'The Broadcast,' was created in 1930.

* * *

There followed six years as teacher of English at Douglass, after which she was made supervisor of English in 1947.

Later, she served as special assistant to the late Elmer Henderson, then director of colored schools and later assistant superintendent of colored schools.

When Houston R. Jackson succeeded Mr. Henderson, Mrs. Murphy became his special assistant.

In 1955, she became principal of Booker Washington Junior High No. 130.

* * *

The following year, she was named principal of Douglass High, where she remained 9 years until her promotion to director of secondary schools.

She is a graduate of the Berkeley, Calif. high school, studied a year at the University of California, before her family returned to Baltimore, where she earned her degrees at Coppin Teachers and Morgan State.

She holds a master's degree from New York University and has done additional study at Columbia, Oxford University and Catholic U.

She is a former teacher of English at Morgan State's Extension Division.

* * *

In the banquet audience were the honoree's daughter, Mrs. Jean Parrott Davis; her husband, Marvin C. Davis, who was vice principal of Patterson Park High until last week when he assumed a new post at Baltimore Community College; and their two children, Marvin and Marjean Davis.

Also, her stepdaughters, Mrs. Ida Smith, Mrs. Elizabeth Moss and Mrs. Frances Henderson and their children.

In private life, Mrs. Murphy is the widow of Dr. Carl Murphy, long chairman of the board of the AFRO-AMERICAN Co.

Here from out of town were Mrs. Murphy's cousins, Mr. and Mrs. Rufus Hackett (Charlotte), of Durham, N.C., where he is N.C. Mutual Life Insurance Co. executive; and Mr. and Mrs. Clarence Young, D.C. Mrs. Young is a former Douglass High head of social studies department — B. MOSS

THE NEW leather boot made in Spain worn by Benjamin Phillips and is part of David Chester of Mondawmin's new collection from Spain. Cost. $35.

Mary West Miller as Margaret and Horace Smith as her son, David, in "THE AMEN CORNER," opening at the Arena Playhouse, 406 Orchard Street, today. This comedy by James Baldwin is directed by Joseph P. Wilson. Curtain 8:30.

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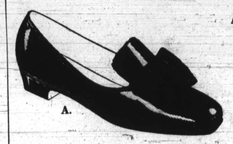

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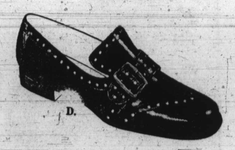

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## Scott, Maloy, McMillian join Lew on All-America

NEW YORK, — Six colored college stars — including repeat selections Lew Alcindor of UCLA, and Calvin Murphy of Niagara — have been named to the Look All-American basketball team.

The 10-man squad, chosen by the United States Basketball Writers Association, is announced in the current issue of Look Magazine.

Other colored choices are: Jim McMillian, Columbia; Charlie Scott, North Carolina; Mike Maloy, Davidson and Spencer Haywood, Detroit.

The balance of the team is comprised of Rick Mount, Purdue; Dan Issel, Kentucky; Pete Maravich, LSU, and Bud Ogden, Santa Clara.

Alcindor and Ogden are the only seniors on the squad. Olympic star Haywood is the lone sophomore. The rest of the members are juniors.

A three-time selection for All-America honors, Alcindor is still the great intimidator. A mild man for such a large person, Alcindor gives the impression of not going all out through a game sometimes, but the coaches say he can turn it on when it counts.

Murphy, the diminutive, rapid-fire shooter, won acclaim despite the fact that his team did not post a good record. The selectors were impressed with his speed, dexterity and scoring power.

Versatility was a main consideration in the selection of Scott. Charlie can drive, rebound, pass off and play all corners of the court as a forward or guard, the magazine observed.

Physical strength, if nothing else, won attention for McMillian. Jim often outrebounded men much taller than himself in addition to being Columbia's leading scorer.

Maloy, a 6-7, 200-pounder with pro credentials, has a reach of eight feet, nine inches and blacksmith's arms. He is also speedy enough to block a shot, recover the ball, pass it off and race down the floor on a fast break, the article notes.

* * *

Haywood, was the leading scorer and rebounder on the U.S. Olympic Team, had an international reputation before he played his first college game. According to his coach at Detroit, the Titans lost some early season games because Haywood was too quick for members of his own team.

The All-America selections were made by the USBWA's nine-man awards committee representing the eight NCAA districts.

Each of the All Americas will receive a Stars-for-the-Stars ring in honor of his achievement.

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The smooth Scotch
Born 1820 ... still going strong



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## Sifford moves up in bid for Masters

JACKSONVILLE, Fla. (UPI) — Charles Sifford is now in the running to become the first colored person ever to play in the U.S.-English Ryder Cup Golf matches after being awarded an extra 35 points for his victory last January in the Los Angeles Open.

PGA President Leo Fraser confirmed by telephone from Atlantic City, N.J. Thursday that a decision was reached late Wednesday to raise Sifford's Ryder Cup points from 35 to 70 for the Los Angeles victory.

Originally, because of the split in the pro golf ranks last fall, it had been decided to split the usual Ryder Cup point between the Los Angeles Open and the Alameda County Open, which was held the same week.

Fraser said that both Sifford and Ick Lotz, who won the Alameda County Open, will now receive a full 70 points for their victories. In addition both also now will receive 35 instead of 17½ points toward Masters eligibility.

The change in the points shot the 45-year-old Sifford from 17th place to 10th place on the Ryder Cup list and from 9th to 8th on the Masters list.

The top 12 players as of the conclusion of the PGA championship in mid-August will make up the next U.S. Ryder Cup team. The top 6 players on the Masters list, not otherwise already eligible, will receive an invitation to the Masters at the conclusion of the Greensboro (N.C.) Open the first week in April.


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DOUBLE ACTION
7 COLORS GRAY HAIR BLACK
2 DRESSES HAIR IN PLACE
AT YOUR DRUGGIST


## Simpson gets 400G CFL bid

INDIANAPOLIS, Ind. — Heisman Trophy winner O. J. Simpson might play next season for the Indianapolis Capitols of the Continental Football League, if he fails to come to terms with the Buffalo Bills of the American Football League.

A local newspaper, in a story by executive sports editor Cy McBride said owners of the Capitols are willing to invest $400,000 in the Southern California star for one year if the Bills don't meet Simpson's price, reportedly $1.1 million over four years.

Simpson and his business manager, Chuck Barnes of Indianapolis, met here with Al Savill, president of the Capitols, and James Dunn, CFL commissioner.

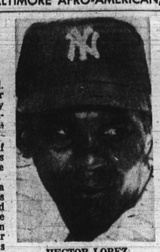
The All-American told a snews conference earlier he prefers to be traded to a Wes Coast team unless he gets a "fair" deal from the AFL entry.

## Lacrosse action opens MSA spring

The Maryland Scholastic Association spring program gets under way today (Friday) with lacrosse occupying the attention of those schools which participate.

The stickmen have a full week of competition before the track and field teams swing into action next Thursday.

In today's varsity schedule, City plays at Northwestern, and Patterson visits St. Paul's. The JV. tens of Northwestern and City meet at City.



HECTOR LOPEZ

## Lopez to manage Buffalo farm club

POMPANO BEACH, Fla. (UPI) — The Washington Senators named Panamaborn Hector Lopez to pilot their buffalo farm club Thursday, making him the first colored person to ever manage an organized baseball team in the Continental United States.

The hiring of Lopez, the 36-year-old former Kansas City and New York Yankee player, was announced by Washington Club President Robert E. Short.

Short said the move to make Lopez manager of the International League Club with which the Senators have a working agreement was recommended by new Washington manager, Ted Williams.

Lopez played from 1955 through 1966 with the Kansas City Athletics and the Yankees as an infielder and outfielder. He played in the minors with Hawaii in 1967 and with Buffalo last season.

With the Yankees, the new Buffalo manager hit .286 in 15 World Series contests.

* * *

Veterans released from active duty after January 1955 must complete GI Bill education by May 31, 1974, or eight years after discharge, whichever is later.

* * *

More than 25,000 sons and daughters of deceased or permanently disabled veterans were receiving Veterans Administration educational assistance in January 1969.

## Wilma Rudolph denies Italian poverty story

LOS ANGELES — Wilma Rudolph vigorously denies an Italian newspaper report that she is living in abject poverty, abandoned by her husband and country.

The former world champion woman sprinter told the AFRO Wednesday night that she and her three children are living in this city, "happy and not wanting for anything."

* * *

Miss Rudolph had been described in a newspaper published in Rome, as "Living in destitute circumstances — penniless and abandoned by her husband with their three children."

The article further stated that no attempt has been made, or is being made, by the U.S. government to help relieve her woes. The implication was that the nation for which she won three gold medals in the 1960 Olympic Games, was now, characteristically, indifferent to Miss Rudolph's welfare.

* * *

"I have no idea where such a story could have originated," Wilma told the AFRO. "There isn't a bit of truth in it, and the line sounds typically Communistic to me.

"I'm not working at the moment, if that can be interpreted as being penniless and destitute," Wilma continued.

"However, I'm going down tomorrow (Thursday) to pick up passport for a trip to Rome. I'm going over and taking my to do a series of lectures.

* * *

"As for the jobs here, I could walk into one tomorrow. But I see no advantage in spending five years in college for the type of work that's immediately available.

"I don't mean to sound smug or anything like that." Wilma concluded. "It's just that I'm waiting until I am forced to accept anything I can get. I don't wish to leave the children, otherwise."

* * *

As for her husband, Wilma said: "There was no apparently doing well."

WILMA RUDOLPH

abandonment. we decided we'd separate, and we did so on a quite friendly basis.

"He's in a new job and SA MLACY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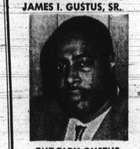

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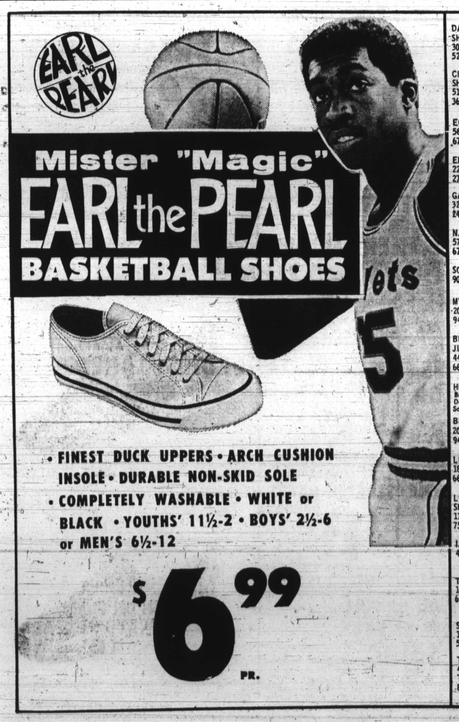

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