Light Hous keeping

By LULA MACKAY

At a femme sit-in, Saturday, the chatter got around (as it usually does) to the difficulty of getting household help . . . and a smart one came up with the best solution to the problem I have heard in an age of Sundays.

"The first thing," said Mrs. S. O., "the sooner you stop thinking of them as the hired help, the earlier you will be on the way to ending your problem. "Housekeeping, in this age, is a highly skilled profession. With hundreds of cleaners and polishes on the shelves, a worker has to know her chemistry as well as her metals. She has to know vinyls, cottons, linens and woolens, as well as a score of other man-made fabrics.

"She has a half-dozen kinds of floor coverings to cope with in the average house. She has to handle various types of cooking untensils and know how to care for your silver, china and glassware.

"In addition she has to know about mechanics, or woe to you over the appliance bills you will come up with. She often has to serve as secretary and give the right answers to the telephone callers and keep the messages to you straight.

"When you get a worker who masures up to these standards, you don't have a person who is just making a bit of time. You have found a jewel who likes her job and who has the same professional pride and satisfaction in it as you get in your job well done. She should have the same consideration, including the same pay rate, as other professionals."

Suddenly it dawned upon all of those hearing her, that that was the reason Mrs. S. O. has no turnover of help, and has an apartment that shines like a newly minted coin.

The Bargain Bit: The more skilled you are in purchasing, the longer you can stretch that food dollar. The Office of Information, U. S. Department of Agriculture, Washington D.C., 20250, has a series of publications on "How to Buy," that can be a great help.

The publications offer a wide range of information on how to shop for foods using the USDA grades, how to determine the quality of different foods, and what the various grades mean on meat, poultry, eggs, dairy products, fruits and vegetables.

You may have single copies of the nine publications by postcard request from the Office of Information.

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Recipe of the Week: For your next party add these shrimp to your hors d'oeuvres tray.

Shell and devein a pound of Shrimp. Split shrimp lenghtwise without cutting all the way through. Sprinkle with monosodium glutamate. Halve 30 small pimento-stuffed olives lenghtwise and place two halves in the center of each shrimp.

Wrap each with a half slice of bacon and fasten with toothpicks. Broil three to four inches from heat five minutes. Turn shrimp and broil four minutes, or until browned.

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What's New? — There's a special glass ceramic celled Hercuvit, which may lighten the burden of the housewife. The producer, PPG Industries say one use of the new material will be for cooking surface tops on gas and electric kitchen ranges, thus eliminating the need of cleaning burners and messy drip pan.

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Beautywise: One path to hair that is healthy and glossy is via the brush. but a clean brush. Otherwise you pick up dust from the hair of one part of your head and put it right back in another part. A brush frequently becomes soiled after just a single brushing. The reason is that no matter how clean your hair, even if you wash it frequently, by the end of the day, dust and grime begin to build up especially if you live in the city.

Therefore, unless you have a huge stock of brushes or wash your brush after each use, dirt picked up from one part of your hair will inevitably be brushed right back in.

Here's a neat trick. Use an old nylon socking as a filter. Just skip the stocking over the brush and run it through your hair a few times. One look at te dirt on the nylon will make you relieved that the dirt you see is there rather than back on your head or on the brush. Move the stocking about every 20 strokes so a fresh section covers the bristles. This doesn't excuse you, however, from washing your brush frequently.

beachcomber sandwiches
put a touch of the Tropics on your lunch table!

4 slices Blue Ribbon Bread
½ cup (approx.) mayonnaise
1 can (8½ oz.) sliced pineapple, drained
1 can (7 oz.) chunk-style tuna, drained and flaked
1 medium tomato, sliced
4 slices sharp Cheddar cheese
8 strips bacon, partially cooked

Toast Blue Ribbon (the fresher-tasting bread), on one side only using broiler. Lightly spread untoasted sides with mayonnaise; top with slice of pineapple. Moisten tuna with remaining mayonnaise; spread on pineapple. Top with one slice each tomato and cheese. Place 2 strips bacon over all and broil 6 inches from heat about 4 minutes or until bacon is crisp and cheese is slightly melted. (4 servings)

for freshness' sake go **Schmidt's Blue Ribbon Bread**

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COMBINATION PACKAGE CHICKEN LEGS & BREASTS lb. 39¢
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COME IN AND BEAT HIGH FOOD PRICES HERE

ALL-CRISP KOSHER PICKLES QT. JAR 39¢
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REG. BAG LIFEBOUY SOAP REG. BAG 10¢
KRAFT'S PURE GRAPE JELLY 2-LB. JAR 49¢
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DEL MONTE CATSUP 26-OZ. BOT. 39¢
SCOTTS PAPER TOWELS 2 REG. ROLLS 39¢
HUNTS PEACHES #2½ CAN 29¢
CAMPBELL'S CHICKEN NOODLE SOUP 2 REG. CANS 29¢
PET 99 EVAPORATED SKIM MILK TALL CAN 10¢

CLOROX BLEACH HALF GAL. 35¢
ALUMINUM FOIL 18-IN. 25FT. ROLL 49¢
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CORONATION FISH FILLETS
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ROCK LB. 59¢
FLOUNDER LB. 59¢
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PACKER LABEL BROCCOLI SPEARS 10-OZ. PKG. 19¢
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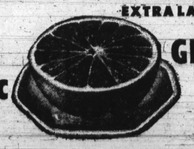
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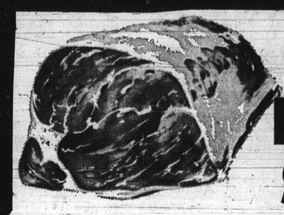

USDA Choice BONELESS ROUND STEAK lb. 89¢
USDA Prime ... lb. 99¢
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USDA Prime ... lb. 1.09
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Lean Meaty Small SMOKED PICNICS Whole lb. 39¢ Roast & Glaze like smoked hams. Sliced ... lb. 45¢

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Heidi-Rhubarb Strawberry Pie 1-lb., 8-oz. 49¢
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Heidi-Lemon Custard Filled Doughnuts 6 for 29¢
Heidi-12-oz. pkg. Hot Cross Buns pkg. of 6 35¢
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Giant Food-Diet Fruit Cocktail 3 1-lb. cans 79¢
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Giant Food-Red Kidney Beans 4 1-lb. cans 55¢
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Giant Food Cut Green Beans 3 1-lb., 12-oz. cans 69¢
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Butter Chip Crown Pickles 1-pt., 10-oz. jar 49¢
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Giant Brand-Medium or Hard Toothbrushes 3 for $1
Giant Brand-Red, Blue or Amber Mouthwash pt. bot. 33¢
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Tropicana Fresh (½-gallon jar) Orange Juice ea. 79¢

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FANCY DELICIOUS ST. PETER'S FISH
BAKED: Season St. Peter's fish with garlic powder salt, pepper and lemon juice. Season body cavity well. Place in aluminum foil, twist closed and bake at 450F for 25 minutes under broiler. lb. 65¢

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Jumbo Whitefish lb. 1.59
Goetze Half Moon Pickle Loaf ½-lb. 45¢
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