TJD sets history week

Mayor Thomas D'Alesandro issued a proclamation Wednesday declaring the week February 9-15 Afro-American History Week.

The proclamation will be presented to representatives of the William L. Moore Foundation at 9:30 a.m. in the Mayor's office at City Hall.

The Foundation, an educational and cultural institution which focuses on the history and heritage of Black Americans, requested the special week in order "to encourage an appreciation for the cutture and contributions of Afro-

(Continued on Page 24)

New Provident project, ADAPT, to help addicts

The Provident Hospital began its expanded Drug Abuse Program—Project ADAPT (Anti-Drug Abuse Program and Therapy) at 548 Mosher St the beginning of this month.

The program will be part of the out-patient department.

Project ADAPT is a threefold program encompassing:

1. Drug abstinence
2. Drug detoxification
3. Methadone maintenance

Under the project, the staff cooperates to decide which approach or combination of approaches is best for a particular patient.

The project will be the largest comprehensive one in the city, and Provident officials believe it will be the first to employ drug de-

Making up the staff are: A clinical psychologist, Dr. S. Kurland, who attends the Center once weekly; a physician, Dr. Richard Kuton, who also attends once weekly, Tuesday;

An addict counselor and former patient, Milburn Bell; a program coordinator, who also is Chief Pharmacist at Provident, James E. Hodges;

A vocational rehabilitation specialist, who also is a former patient, Henri Lamount Courtney; two pharmaceutical aides, Mrs. Lilian Watts and Laurie Butler (a Laboratory Technician); and an office manager, Mrs. Milburn Bell.

There are patient group leaders and advisors, who change periodically.

To take part in Project ADAPT, a patient must be over 21 years old, willing to follow the prescription as set forth by the physician and able to pay the $7 per week charges.

PHASE I is Drug Abstinence, which is simple to describe, but not so simple to follow, for the patient, involves stopping all drug usage, that is, no methadone at all.

This method requires a great deal of strength and conviction from the very beginning, on the part of the patient.

PHASE II is Drug Detoxification, the method of treatment chosen for certain patients. In these cases the physician decides not to stop drugs abruptly, but to taper them off slowly. This is done with a diminishing dosage of methadone over a period of two weeks to one month.

PHASE III of Methadone Maintenance, is used if the first two methods are determined unfeasible.

In this instance a daily dosage of methadone is determined and administered. The dosage may vary over a period of time, but it is not expected, when methadone maintenance is decided upon, that dependence on methadone will ever cease entirely.

Methadone maintenance is used in the case of heroin addicts.

Methadone is a synthetic drug developed in Germany during the 1940's to be used instead of the opiates which were unobtainable during that time.

It was found that the harm to the body from Methadone was less than that of opiates, as it does not cause as much damage to the central nervous system.

There is no buildup of body tolerance and the withdrawal symptoms are less severe.

Opiates generally produce a three-fold effect—euphoria, sedation, and analgesia. Methadone according to hospital officials produces no euphoria and in fact, blocks the euphoric effect of heroin.

However, the sedative effect of Metadone is high. On methadone maintenance, the dosage must be high enough to completely block the euphoria of heroin, but not high enough to completely sedate the patient.

The Center is open on Monday, Tuesday, Thursday, and Saturday. The official hours are from 10 a.m. to 2 p.m. and from 6 to 10 p.m. However, usually there is someone there from 10 a.m. to 10 p.m. on these days.

The methadone is taken orally in Tang. From the urinalysis it is determined whether or not they have taken any drugs since their last visit.

Center by referral, which keeps the center very active, as there are 160 patients there now, about 10 percent of them Caucasian and about 10 percent female.

New patients can call the Center at LA. 3-4421 to find out details.

Ordinarily, the program counselor is the first person a patient sees upon entering the Center. He then fills out an application.

On the following Monday night the new patient attends an orientation session.

On Tuesday night he has an interview and an examination with the physician.

The program requires patients to attend at least one group therapy session per week.

In the instance of the patient without a family, the "Group" (which is usually composed of about ten persons) provides a pseudo-family for the initial period when group depen-

(Continued on page 31)

City pledges 15,000 youths summer jobs

At his mid-week press conference, Mayor D'Alesandro announced the formation of a business and government coalition which will "seek to provide job opportunities for 15,000 young people during the summer of 1969."

"This quota," the mayor said, "is almost double last year's total which placed 8,200 disadvantaged youths in summertime jobs . . ."

Joining with the mayor's administration in the program are the Maryland State Employment Service, the Baltimore Community Action Agency and the National Alliance of Businessmen.

The original crash-job program came under the former administration in 1967 when only about 900 of the several thousand unemployed teenagers who registered for work found jobs.

"When you look at the whole picture," the mayor urged, "you see that the increase from 900 in 1967 to 8,200 in 1968 represents a giant step in progress."

When asked whether or not the number 15,000 was a practical goal in light of the fact that industry's par-

(Continued on page 31)

Public invited to visit, find out where jobs are

The Lafayette Square Community Center, in cooperation with the Maryland State Employment Service, is inviting the public to take part in the second of a series of Employment Counseling Workshops.

Aim is to inform the community of the job opportunities available to them.

Representatives from the Baltimore Gas and Electric Company and Bethlehem Steel Corporation will be at the St. James Guild Hall, West Lafayette and Arlington Avenues, on Tuesday, February 11, at 10 a.m.

There will be an informat discussion hour. An employment counselor and interviewer from the Maryland State Employment Service will be present to aid in the discussion.

BOY SCOUT WEEK, Feb. 7 - 13, is a family affair for Mr. and Mrs. Raymond Gough and son, Darrell, 12, of Etting St.

FEBRUARY 7-13:

Family of good scouts will mark Scout Week

The Gough family is totally involved in scouting.

With National Boy Scouts of America Week beginning today (Friday), Mr. and Mrs. Raymond Gough, and their son, Darrell L., proved to be good examples of the effects of scouting.

Mr. Gough has been active in scouting for the past 17 years, first as a boy scout, a cub leader, an explorer, and now an adult leader who participates as a member of the district training committee.

He meets with Troop No. 521, each Monday night, at Ames United Methodist Church, at Carey and Baker Sts., and assists other troops needing help.

"What I got from the scouts as a youth I felt was worth passing on to other boys," he said.

He explained: "From scouting I learned camping, what makes a good citizen, the tact of meeting and associating, and understanding people."

He has taken his troop on camping trips to Boy Scout camps in Whiteford, Md., where they usually spend at least one week, and Camp Cone in Harford county, where they stay overnight and weekends.

In arts and crafts, the scouts are taught about camp equipment, rope and lashing, fire building, use of the campass, identifying trees, tracking and stalking, nature studies, cooking, use of the axe and knife, swimming and hiking.

"I intend to remain active in scouting as long as I can help to advance boys," said Mr. Gough.

"My wife, Ardeen, became involved in scouting five years ago. She started as den mother and is now a den leader coach."

She aided her husband in his secretarial duties, and thus became interested in scouting.

"It is my wish to see more youth involved in scouting along with parents and young adults," she said.

Mrs. Gough explained,

(Continued on page 31)

Teachers will vote Wednesday

By Wednesday night the lines should be drawn in the teachers' contract question, according to Baltimore Teachers Union officials.

Teachers will be asked to vote Wednesday on whether they will accept the contract worked out by union negotiators and rejected by the Union's Executive Council.

The BTU will distribute a flier to teachers Friday explaining why the contract was turned down. By Monday or Tuesday each of Baltimore's 9,000 public school teachers is expected to have a copy of the contract. Cost of printing the documents went up to $1,800, Dennis Crosby, union president, told the AFRO, by school officials when the

The union was criticized Council rejected the contract because of what was called "bad faith."

However, Mr. Crosby told the AFRO, "I think it's unfortunate that the press and much of the public didn't understand—it the negotiating team's responsibility is to do what they can and then bring the report back to the Council and finally to

(Continued on page 31)

OIC to list names of 14 to new board

The beleaguered Board of Directors of the Opportunities Industrialization Center met this week at Shiloh Baptist Church and voted to expand the board's membership from nine to 23.

The vote came as a climax of several weeks of conflict within the OIC in which instructors and students called for the resignation of board president, the Rev. Sidney Daniels, claiming the minister stood in the way of OIC progress.

The conflict began when Rev. Daniels and the board, fired former Executive Director Robert Holt, a local businessman and replaced him with Rev. Harold Dobson, pastor of St. Mark's Baptist Church.

Midway in the crisis, representatives from the national headquarters of OIC visited Baltimore and demanded that the Baltimore Chapter either adjust the board's membership to represent the ministry, the

(Continued on page 31)

A SWEET TOOTH?

Dentist's office plagued by unwanted night visits

By ADAM KLINE

"What's the best time of day to go to the dentist?"

"Why, at tooth-hurty, of course!"

• • •

It's nothing unusual for dentists to have some kind of trouble with patients who come to their offices at all hours of the day without making an appointment—usually when their schedules are already overcrowded.

But for Dr. Fabian Desbordes, a young dentist who came to Baltimore last September from his native New Orleans, such unscheduled visits have become one giant pain-in the tooth.

Dr. Desborde's office in the 4300 block Liberty Heights Ave. has been entered at night three times in the last month and a half—and, he suspects, his nightly visitor has had more on his mind than a sensitive tooth.

• • •

The most recent of the three visits was discovered Monday morning by Dr. Desbordes' dental assistant, Mrs. Katherine Koonce, when she came to work at 9 o'clock.

Mrs. Koonce phoned Northwestern District police immediately, and reported that all three rooms in the djentist's office had been thoroughly ransacked.

Papers and dental tools were strewn all over the floors, she told them, several hundred dollars worth of Dr. Desbordes, own stereo equipment was missing, along with a number of syringes and eight mouth-mirrors.

• • •

The question arises; what is anybody going to do with eight mouth-mirrors?

• • •

This wasn't the first time this had happened it was the third.

The young doctor has a very good idea of just who the culprit might be, too.

"I remember just before Christmas, a young boy—oh, he couldn't be more then 16—came into my office and told he wanted a gold crown put on his front tooth.

"Fine, I said but that is a pretty big and costly operation—are you sure you can afford it?

"Well, he told me he could

(Continued on page 31)

JOSEPH P. HEALY, long general manager of Swift and Co., and active in civic affairs, was buried in Baltimore on Monday. He was 85. Mr. Healy served on a number of state and local commissions. He was chairman of Governor O'Conor's Commission on Problems Affecting Colored People created after an epochal march on Annapolis by Baltimore's colored citizens demanding social reforms. He was also a member of the Commission on Higher Education For Colored People. This is a 1949 AFRO photo.

FEB. 7-8

Girl Scout Field Directors serving Baltimore City and six surgounding counties are attending an adult education planning session at the Bell Manor Program Center located on the Girl Scout Council of Central Maryland's Conowingo Site

Feb. 10 checks

Baltimore City Department of Social Services officials announced today that checks to persons receiving assistance in the following categories will be mailed on February 10th: Old Age Assistance (OAA); Public Assistance to the Needy Blind (PANB); General Public Assistance (GPA); Aid to Permanently and Totally Disabled (APTD); and Foster Care.

Afro-American center plans history symposium

A week-long symposium commemorating AFRO-American History Week will be held at the William L. Moore Foundations Center For AFRO-American Studies, 433 E. 25th St., Feb. 9-15.

The theme of the symposium, which examines current issues relating to the Afro-American's struggle for identity is "I Am, I Am!

Speakers include activists involved in all areas of social, economic and political action affecting the block community.

Panel topics this year include a book discussion of "Black Rage," "The Church and the Black Churchman," "Black Capitalism," "Community Schools and Black Studies" and "The Role of the Black Woman in the Struggle for Liberation."

The Foundation was established in 1966 as a memorial to the Baltimore postman who became the first martyr in the non-violent civil rights movement when he was murdered in Gadsden, Ala., while on a freedom walk to Jackson, Miss.

AFRO-AMERICAN WEEK—Shown in the mayor's office at the official proclamation of Afro-American History week are (from left): George Russell; Mrs. Johnnie Hicks; Mayor D'Alesandro; Norman Reeves, chairman of the Bill Moore foundation; Mrs. Frank A. DeCosta Sr., Mrs. Vivian Pendleton; Mrs. Barbara Ferguson and Frank Hunt, vice chairman of the foundation. History week is Feb. 9 through 15.

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$50
That's right each and every week, the AFRO pays a total of $50 for news tips. YOU can share in this prize fund. Just be First to call AFRO City Desk, 728-8200 as soon as you witness a newsworthy event. Bring photos of news events to City Desk and qualify for a special prize.

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Family Fare

Food, Fashions and Homemaking

FEBRUARY 8, 1968 Food—1

MISS EVA DUCAN, one of six graduates from the MITRE Corporation's training program in Bedford, Mass., opens special award presented to her for "near perfect attendance" during the six-month period.

Six finish course of MITRE training

BEDFORD, Mass. — The first six graduates of the MITRE Corporation's training program for core city unemployed received certificates last week on completing more than 1000 hours of classroom and on-the-job training in secretarial or offset reproduction skills.

The graduates are Misses Eva Duncan, 38 Norfolk St., Roxbury; Maggie Davis, 22 Browning Ave., Dorchester; Carol Shea, 15 Walden St., Jamaica Plain; Lois Wright, 140 Seaver St., Dorchester; also Arabie Goss, 151 Homestead St., Roxbury; and Miss Clementine Dendy, 53 Washington, Dorchester.

• • •

Each of the graduates received a certificate of achievement from Dr. John L. McLucas, MITRE president who complimented them on their achievement. Dr. McLucas said, "We feel it is significant that most of the people who started in the program are finishing it." Only one person was dropped from the program.

Three other members, studying to be computer operators under a separate program, are slated to graduate in April.

"This program is only a beginning for MITRE," added Dr. McLucas. "We plan to continue this kind of activity to help people improve themselves."

• • •

Miss Duncan, speaking for the graduating trainees indicated that each had received more from the program than just business skills. Miss Duncan said that the training had sparked her interest in herself and had given her poise.

Miss Duncan added that, thanks to the training, she plans to enroll in evening courses at Northeastern University this spring to continue her program of self-improvement.

Miss Duncan was also awarded a memento by MITRE in recognition of her near perfect attendance during the more than 1000 hours of instruction and work experience.

The MITRE training program, developed and financed by MITRE, began in July, 1968. Trainees were selected in cooperation with Action for Boston Community Development, Inc. (ABCD).

Exhibition

An exhibition of prints and water-color drawings from the Cator Collection of Baltimore Views will continue at the central Enoch February 28.

Organize for food freezer

Marking meats and baked goods for your freezer?

To avoid confusion, label each parcel carefully — naming the contents of the package, the weight (if it's meat), the date it was frozen and its approximate storage life.

• • •

A porcous point pen, such as Flair by Paper Mate, marks clearly and neatly.

You could get completely organized with a color code — a red pen marks meats and poultry items, blue labels pies and cakes.

• • •

Black pen could designate breads and muffins and perhaps green porous point pens could be your home-packaged vegetables. It's a good way to freeze with ease.

Fish calls for Tartar Sauce

We can thank the French for the invention of Tartar sauce — the mayonnaise-based sauce that is nearly always served with fish and is ideal with this Marinated Pan Fried Fish.

Marinated Pan Fried Fish requires two-thirds cup

Mazola corn oil, one-third cup tarragon vinegar, one teaspoon salt, one teaspoon Worcestershire sauce, one-fourth teaspoon pepper, one bay leaf, one (1-pound) package frozen fish fillets, flour, and one-fourth cup corn oil.

• • •

Mix together two-thirds until lightly browned and cup corn oil, vinegar, salt, Worcestershire sauce, pepper and bay leaf in shallow dish. Add frozen block of fish. Cover and refrigerate, turning frequently, until fish is thawed, 5 to 6 hours. Remove from marinade.

Cut into serving pieces. Dip into flour, coating evenly. Heat one-fourth cup oil in medium skilet. Fry fish in hot oil over medium heat, turning once, easily flaked with fork, 4 to 5 minutes on each side.

Drain on absorbent paper. Serve with Hellmann's or Best Food tartar sauce. Makes 4 servings.

Orange Drops

Treat your children to Chocolate Orange Drops in their lunch box.

The rich, flavorful cookies stay moist and delicious. Evaporated milk keeps the frosting creamy and smooth. The recipe makes enough for the whole family so enjoy Chocolate Orange Drops soon.

• • •

require one cup shortening, two cups firmly packed brown sugar, two eggs, two and one-half cups sifted flour, one-fourth teaspoon salt, one teaspoon soda, one cup undiluted Carnation Evaporated Milk, four squares (1 ounce each) melted unsweetened chocolate, two teaspoons vanilla, and four teaspoons grated orange rind.

Blend shortening, brown sugar and eggs together in large mixer bowl. Beat until fluffy. Sift flour, salt and soda together. Add dry ingredients alternately with Carnation Evaporated Milk to shortening mixture.

Stir in melted chocolate, vanilla and orange rind until-blended. Drop by teaspoonfuls on buttered cookie sheet 2 inches apart. Bake in moderate oven (350 degrees F.) 12-15 minutes. Cool on wire racks. Frost with Orange Frosting.

• • •

Orange frosting: Combine 3 cups sifted confectioners' sugar, 3 tablespoons soft butter, one-fourth cup undiluted Carnation Evaporated Milk, three-fourth teaspoon orange or vanilla extract and a few drops orange food coloring in small mixer bowl. Blend until smooth. Frost cookies.

FEBRUARY 10

Recommendations of a special task force appointed by the Governor of Maryland to study public employee-employer relations will be the focal point of a one-day conference at the Center of Adult Education on the College Park campus of the University of Maryland.

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