THE SENIOR USHER BOARD of St. Matthews United Methodist Church in Turner Station raised $3,000 to buy the fence which is shown on the picture. (left to right) Mesdames Marion Welborn Lillie M. Harrison, Thelma Evans, Elizabeth Anderson, Nettie Jones, Eva McCoy, the Rev. Leslie A. Dyson, Barara Newton, Annette Dyson, Helen Benjamin, Messers Fred Newton, president; David Barne and Mrs. Viola Cross.

Second row: Mesdames Elizabeth Shelton, Minnie Burman, Willie M. Third row Mesdames Sarah Williams, Mr. Samuel Godsen, Josephine Fisher, Roberta Moore and Mr. Johnny Young.

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Monday Thru Saturday
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'Calories Do Count' Course

Residents interested in counting calories are invited to enroll in the free "Calories Do Count", nutrition for weight control course conducted by the Baltimore Regional Red Cross beginning Tuesday, January 28 at the chapter's St. Paul and 23rd Streets headquarters.

Classes will meet for four consecutive Tuesdays thereafter through February 25 room 10:00 11:30 a.m.

Mrs. Joseph B. Lambert, volunteer Red Cross Nutrition Service chairman is the instructor for the free course which includes lectures, films, demonstrations and exercises.

Persons interested in enrolling or obtaining further information concerning this course may do so by calling Red Cross at 467-9905.

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AFRO Patterns

One quick zip does it — gets you dressed for trips here, there, everywhere. Sew this nicely, neatly detailed dress in Dacron-cotton blends.

Printed Pattern 4773: Misses' Sizes 10, 12, 14, 16, 18, 20. Size 14 (bust 34) takes 3 yards 35-inch fabric.

• • •

Take it easy in a flaring shape that makes it so easy to keep fresh and pretty all day. Flare sleeves are the most fashionable. Very easy.

Printed Pattern 4501: Women's Sizes 34, 36, 38, 40, 42, 44, 46, 48. Size 36 (bust 38) requires 2½ yards 45-inch.

Sixty-five cents in coins for each pattern — add 15 cents for each pattern for first-class mailing and special handling. Send to Anne Adams, care of AFRO-AMERICAN Pattern Dept., 243 West 17th St., New York, N.Y. 10011. Print NAME, ADDRESS with ZIP SIZE and STYLE NUMBER.

• • •

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February 2

A multi-media event will be presented by students of the Peabody Conservatory and the Maryland Institute College of Art in the Peabody Dormitories, 606 St. Paul Street, on Feb. 2, from 5:00 to 8:00 PM. The event will feature music, dance, film and lights used to create an environment which relates the media of their time. A special invitation has been extended to students of other college in the area and to interested members of the community, who may come at any time during the event and may participate if they wish. There is no charge for admission.

If a runner starts in your hose, spray with hair spray.

Here's a great chance to PILE UP BIG SAVINGS!
DOLLAR SALE
SAVE 10¢... IDEAL PORK & BEANS 8 1-lb. cans $1
SAVE 25¢ IDEAL TOMATO SOUP 10 10½-oz. cans $1
shop ACME MARKETS

SAVE 15	Mixed Vegetables KING COLE	9 1-lb. cans	$1
SAVE 15	White Potatoes KING COLE	9 1-lb. cans	$1
SAVE 20	Ideal Apple Juice	4 1-qt. bots.	$1
SAVE 10	Ideal Prune Juice	2 8-oz. bots.	$1
SAVE 5	Ideal Kidney Beans	6 15-oz. cans	$1
SAVE 35	Washington Cake Mixes	10 7-oz. pkgs.	$1
SAVE 45	Frosting Mixes WASHINGTON	10 7-oz. pkgs.	$1
ACME VALUE!	Fruit Drinks FARMDALE ORANGE, GRAPE, PINEAPPLE-GRAPEFRUIT or PUNCH	4 1-qt. 14-oz. cans	$1

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Boneless Chuck Steaks lb. 85¢
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TENDER STEAKS Delmonico lb. $1.79
OVEN-READY Rib Roast (1st cuts slightly higher) lb. 85¢
LEAN, FRESH Ground Chuck lb. 79¢
BONE-IN Cross Cut Roast lb. 79¢
LANCASTER BRAND Skinless Franks 1-lb. pkg. 65¢
OLD FASH. 3-CORNER OR Boneless Cross Cut lb. 95¢
GWALTNEY SMITHFIELD Sausage REGULAR or HOT 1-lb. pkg. 59¢
ACME FRESH Rockfish lb. 49¢

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Play Acme's Game CASH IN THE MARKET
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THIS WEEK'S FEATURE WEEK'S
DESSERT DISH each 29¢ With Each $5.00 Purchase
COMPLETE YOUR SETS
HEAVY DUTY CERAMIC-CLAD EKCO COOKWARE

LEAN, FULLY-COOKED HAMS
SHANK PORTION lb. 39¢ | BUTT PORTION lb. 49¢
WHOLE OR EITHER HALF lb. 55¢
LANCASTER BRAND, WHOLE OR HALF SEMI-BONELESS Hams lb. 79¢
FRESHLY SHUCKED! SALT WATER OYSTERS STANDARDS 12-oz. can $1.19

U.S. NO. 1 FAMOUS IDAHO POTATOES 10-lb. bag 79¢
SWEET, JUICY FLORIDA ORANGES 2 dozen 79¢
FRESH CRISP ICEBERG LETTUCE 2 large heads 35¢
FANCY EATING APPLES STAYMAN OR RED ROME 3-lb. bag 49¢

MORE GROCERY VALUES!
PURE VEGETABLE Crisco Shortening 3-lb. can 75¢
CARNATION or PET Evap. Milk 6 14½-oz. cans 87¢
LOUELLA Evap. Milk 6 14½-oz. cans 81¢
SAVE 30¢ Ideal Tea Bags 10¢ OFF pkg. of 100 79¢
ALL GRINDS Ideal Coffee 1-lb. can 69¢
WHITE or ASSORTED COLORS Waldorf TOILET TISSUE 4-roll pkg. 31¢
PLAIN, VAN. or CHOC. ICED POUND CAKES VIRGINIA LEE 3-lb. cake 99¢ SAVE 26¢
IDEAL HOMOGENIZED, VITAMIN "D" FRESH MILK ½-gal. ctn. 56¢ NO DEPOSIT NO RETURN
IDEAL FRESH-FROZEN VEGETABLES BROCCOLI SPEARS BRUSSELS SPROUTS CAULIFLOWER FORDHOOK LIMAS 5 10-oz. pkgs. $1

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THIS COUPON WORTH (CO) 30 S&H GREEN STAMPS with the purchase of any 2 loaves SUPREME FRESH BREAD WHITE or DARK VARIETIES Void After Jan. 28, 1969. One Coupon per Family Please. ACME
THIS COUPON WORTH (CO) 30 S&H GREEN STAMPS with the purchase of a bag of 6 INDIAN RIVER GRAPEFRUIT Void After Jan. 28, 1969. One Coupon per Family Please. ACME

What's going on in Calvert County

By MELVINA EDWARDS

Mrs. Aurthela Hurley of Dunkirk is a patient at Calvert County Hospital. She is the wife of James Hurley and the daughter of Mr. and Mrs. Otha Franklin.

• • •

Sympathy is extended to the family of Mrs. Mary Rickson, who formerly visited the churches in Calvert County. Funeral services were held at the Ames Church, Baltimore, on Tuesday with the pastor, the Rev. Irving Moye, officiating.

• • •

Mrs. Sadie Wilson of Dunkirk continues to improve.

• • •

The name of Miss Janice Pumphry, a student of Morgan State College, daughter of Mr. and Mrs. Methealah (Mary) Pumphry was left out of a list published here last week. The writer regrets the omission.

• • •

Residents of Calvert County were shocked and saddened when Julius Chase was killed by a car.

Funeral services were held Tuesday at Patuxent where he was a member. The Rev. Paul P. Johnson, pastor, officiated.

• • •

Get well cards to Henry Evans of Dunkirk, husband of Mrs. Maybelle Evans.

• • •

Continue your prayers for the sick including Mrs. Harriet Smith, wife of William Smith Sr. of Dunkirk.

• • •

St. Edmonds United Methodist Church and Cooper United Methodist Church worshipped in a joint service, Sunday at Cooper. Sermon was by the Rev. Howard Brown.

Those who participated in the services were: Miss Phyllis Holland, president of the St. Edmond's Junior Choir, Mrs. Elizabeth Brown, president, Senior Choir; Methodist Men of St. Edmonds, Dury Brooks, president; Cooper Junior Choir, president, John Henry Gray, Mrs. Gervine Ford and Miss Jean Pumphry sang. Carroll Freeland presided. Mrs. Melirna Edwards sponsored the program.

Also present was the Rev. Benjamin Collins of Hope Methodist Church.

• • •

More on the shut-in and sick list: George Rice, the Rev. Everett Gray, Alvin Plater, Mrs. Lillie Duppin, Mrs. Lucy Rice, Mrs. Agnew Gray, Mrs. Annie Wills, Mrs. Lena Jones, Mrs. Hamilton Chambers, Mrs. John Chambers.

Miss Elnora Smith who was a patient at Calvert County Hospital, returned to her home in Dunkirk.

• • •

Birthday greetings to Mrs. Peggy Marsh of Carrollton Ave., Baltimore. She is the wife of Vernon Marsh.

• • •

Miss Zara Coates, daughter of Herman Coates and the late Mrs. Dolly Coates, has returned to her home in Chesapeake Beach.

Another subscriber to the AFRO is Mrs. Martha Clarke Davis of Duvall Ave. in Baltimore.

Dr. John Fischer here 24 pt.

Dr. John H. Fischer, former superintendent of Baltimore schools, now president, Teachers' College, Columbia University, New York, speaks here Monday.

He will address the annual meeting of Boy Scouts at Eastwind. He is an Eagle Scout.

January 29 9pt

Assefa Meherutu, a native of Ethiopia and lecturer at Morgan State College and Johns Hopkins University will give the opening lecture in an eight week course on African History and Culture at 8 p.m. at the North Area YWCA, 21 West Susquehanna Avenue in Towson.

School lunches

Elementary Schools

MONDAY
Favorite of William S. Baer School
Spaghetti with Meat Sauce
Cole Slaw
Buttered Green Beans
Hot Roll and Butter
Fruit Jello
Pt. Milk

TUESDAY
Favorite of Rutland School
Submarine Sandwich
French Fried Potatoes
Buttered Chopped Spinach
Chocolate Cup Cake
½ Pt. Milk

WEDNESDAY
Favorite of Samuel Coleridge Taylor School
Manager's Choice:
Diced Turkey with Gravy
or
Turkey Square Whipped Potatoes
or
Potato Salad
Buttered Chopped Kale
Hot Roll and Butter
Harvest Pudding
½ Pt. Milk

THURSDAY
NO SERVICE

FRIDAY
SCHOOLS CLOSED

High Schools

MONDAY
Same as Elementary Schools

TUESDAY
Submarine Sandwich
French Fried Potatoes
Buttered Cabbage
or
Buttered Chopped Spinach
Chocolate Cake
½ Pt. Milk

WEDNESDAY
Insert 8 pt. here
Hot Turkey Sandwich
or
Turkey Square
Whipped Potatoes
or
Potato Salad
Buttered Chopped Broccoli
or
Kale
Hot Roll and Butter
Harvest Pudding
½ Pt. Milk

THURSDAY
NO SERVICE

FRIDAY
SCHOOLS CLOSED

ALTERATIONS—REPAIRS
Wholesale Retail
WE ALTER LEATHER & SUEDE
INDUSTRIAL SEWING SCHOOL
1836 W. North Ave. — 728-0612

Household Hints

If you have trouble making whipped cream hold its shape for an hour or two, add 3 tablespoons of unsifted powdered sugar and one-half teaspoon of vanilla to one-half pint of cream in the mixing bowl. Since whipping is easiest when the cream is between 35 and 40 degrees Fahrenheit, chill the mixture. Also chill the beater if possible, suggests the Nebraska Extension Service.

• • •

To make boiled eggs easier to peel, add 1 tablespoon of vinegar to the boiling water.

• • •

To remove stains from plastic or other cups, fill cups with water and add a couple of tablespoons of liquid bleach. Let stand for a few minutes, then wash thoroughly.

• • •

Penn State extension specialists say household and home garden pesticides can be helpful aids when used according to directions and precautions on the label

• • •

Lipstick marks, hair dye stains and coffee rings on bathroom walls, floors and countertops surfaced with ceramic tile are easily removed with soapless detergent.

• • •

To keep as many of the nutrients as possible, don't wash rice before cooking. Packaged rice is clean. Use only the water that the rice will absorb during cooking and don't rinse rice after cooking.

January 26 9pt

The M. J. Naylor Chapter of the Morgan State College Alumni Association will hold its regular monthly meeting on Jan. 26, at 6:00 p.m., in the Alumni Office Room 110 Ground Floor of Soper Library, Morgan State College campus.

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10¢ SALE!
TOMATO SOUP HEINZ ¼ CAN 10¢
MIXED VEG. KING COLE 303 CAN 10¢
GREEN BEANS BLUE HEN 303 CAN 10¢
SWEET PEAS BLUE HEN 303 CAN 10¢
CORN BREAD COTTON PICKIN 8½-OZ. CAN 10¢

ESSKAY FRESH SHOULDERS 4-8 lb. AVERAGE lb. 39¢
BIG TOP PEANUT BUTTER 12-OZ. JAR 39¢
MISSION PEACHES LARGE 29-OZ. CAN 19¢
SMOKED PICNIC SHOULDERS 5-7 lb. AVG. lb. 39¢
SUNSHINE CHOC. CHIP or BUTTER COOKIES 8-OZ. BOX 25¢
GOETZE'S SCRAPPLE 2 lb. PKG. 49¢

FROZEN FOODS SPECIALS
SWEET TREE ORANGE JUICE 6-OZ. CAN 2 FOR 35¢
HARVEST WAFFLES 5-OZ. PKG. 10¢
OLD VIRGINIA APPLE JELLY 18-OZ. ICE TEA GLASS 19¢
ESSKAY or GOETZE'S PURE LARD 2 lbs. 29¢

FRESH PRODUCE
GOLDEN RIPE BANANAS lb. 15¢
FANCY NEW CABBAGE lb. 10¢
PET, PEARL or CARNATION MILK 6 CANS 99¢
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FRESH DAILY!
*LAKE TROUT *OYSTER TROUT
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*CRAB MEAT OYSTERS *SHRIMP

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LISTERINE TOOTHPASTE THRIFT PAC 2 TUBES 69¢
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