Gadabouting U.S.A.

by Lula Jones Garrett

Rosalyn Camille Swayze, daughter of Dr. and Mrs. B. C. Swayze of Raleigh, N.C., has been elected "Miss Scabbard and Blade" for the 1968-69 school year by the cadets of the ROTC unit of Florida A&M University, Tallahassee, Fla. She's a freshman English major at FAMU. Scabbard and Blade is a military fraternity for advanced cadets.

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Five Knoxville College (Knoxville, Tenn.) women have been selected for inclusion in the new edition of "Outstanding Women of America."

"Outstanding young women," which honors these women for excellent service in religion and political activities and professional endeavors, names Mrs. Loretta L. Bradley, '61, Knoxville; Mrs. Jacqueline Faulcon, '67, Oak Ridge; Mrs. Julia Fields Lawrence, '61, Scotland Neck, North Carolina; Mrs. Virginia Locke Smith, '57, Bloomington, Indiana and Mrs. Marva La Gretta Walton, '58, also of Oak Ridge.

Mrs. Bradley is employed by the Knox County Community Action Committee as a Neighborhood Center Associate Director. Married to Alfred Bradley, Jr., she is the mother of two children, Bernard, age 9 and Vincent Eugene, age 11. Mrs. Bradley has done additional work at the University of Tennessee and she is a member of Shiloh Presbyterian Church.

Mrs. Faulcon is a music teacher in the Oak Ridge city schools and the mother of two children. Her husband is a biologist with Oak Ridge National Laboratories.

Mrs. Lawrence is currently a visiting poet at East Carolina University. She has had several anthologies of her works published and she has travelled extensively in Europe presenting her poems. She is the mother of one daughter.

Mrs. Smith is currently working as a kindergarten Instructor while her husband is completing his work for a Ph.D. in guidance at Indiana University. Mrs. Smith is the mother of two children and lives with her husband, William David Smith, at Hoosier Courts.

Mrs. Walton, a native Knoxvillian, is employed at Oak Ridge National Laboratories as a research chemist. She is the mother of one child.

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Carla Denise Washington, 17-year-old daughter of Mr. and Mrs. Frank B. Washington of Columbia, S.C. made her bow to society during the Delta Sigma Theta Sorority Cotillion December 20th.

Miss Washington was among twenty-eight young ladies presented at the festive Christmas affair.

The Debutante is currently a senior at C. A. Johnson High School where she is also very active in extra-curricular activities. She is a majorette, sings with the Johnsonaires, plays the B-Flat Clarinet on the Concert Band, is treasurer of the school's chapter of the American Red Cross and is a member of Future Teachers of America — an honor organization.

Last year Miss Washington was a recepient of a physical fitness certificate as well as a certificate in physical education. She received a school letter for her activities as a majorette and an award for having a straight "A" average in U. S. History.

In addition to academic achievements, Miss Washington finds time for social and personal interests. She is president of Les Jeune Femmes, a social club. Her hobbies are reading, collecting records and swimming.

Next year the Debutante tentatively plans to enter Howard University and major in physical education as she plans to be a physical thyrapist.

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With the ladies: Dr. Bennetta B. Washington, of Washington, director of the Women's Centers of the Job Corps program, will be speaker for the 25th anniversary George Washington Carver Week luncheon in Pittsburgh, Pa. on January 6. The luncheon will take place in the Georgian Room of Hotel Webster Hall. A reception for Dr. Washington will be held that evening.

Well-known Harlem beauty products and wig businesswoman Natalie Haskill, and Don Phillips, both of New York were in South Carolina over the holiday to visit relatives.

Dishmen Carroll's hair do, this week, won for her a niteh on the "Best Coiffured Women of 1968" list. She's listed among the 10 chosen by a guild of professional beauticians. Miss Carroll, among the most beautifully dressed women of the country, has blazed a star-studded trail through careers of modeling, on stage, in filmdon and now on TV, wears her hair in a feather cut with a whisk bang, and guiches over the ears.

ROSALYN SWAYZE (ROTC's Choice)

MISS CARLA WASHINGTON (Columbia debutante)

Others on the list are Barbara Bain, TV; Ann Jackson, actress; Mrs Rebekah Harkness, ballet patroness; Designer Olga Singer-actress Petula Clark; Barbara Eden, TV Merle Oberon, actress; Mrs. Bob Hope; and News woman Barbara Walters.

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The Youth Program and Scholarship Fund of the Boys of Yesteryear, Inc. will be the beneficiary of proceeds from the annual dance of the group's annual dance on the 10th.

The affair will be in the Renaissance Casino, New York City The club is headed by Harold Weaver. Eric Hildge, who has developed many youngs athletes through the fund over the years, is chairman of the dance committee.

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Miss Pauline Young, former Wilmington, Del school teacher, who, for a decade has been researching and publishing history of colored Americans, was the first speaker on the program inaugurated recently in St. Andrew's Church devoted to "black culture and history."

Nutritionist plans battle for rights

By CONRAD CLARK

BERKELEY, Calif. — Miss Mary Elizabeth Hall, a nutrition education specialist now working with the University of California Agricultural Extension is planning to battle for equal rights for women. As a member of the Extension staff her role will be "to interpret and help the home advisers to understand the people in the poor communities," she said.

Miss Hall's plans will be in her next "reincarnation." When asked, "why not now?" her reply was, "Because, I've got other problems that need to be settled first," but that sometimes "I think the day will come when the whole world will be free — and women still won't realize that they are being treated as inferior." This attitude, she said, is what led her to become a nutritionist instead of a doctor.

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When she got out of undergraduate school at Hampton Institute in Virginia, she said there were very few places that women — particularly black women — could go for a medical education. Instead she went to work managing a school lunch room in her native Pittsburgh, Pa., where her father was a pharmacist.

Later she moved to Detroit, served as a staff dietician in the Department of Health's tuberculosis hospital, and went to graduate school at Wayne State University at night.

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Miss Hall says that it's a course "I don't always recommend, but it will do if you can do no other. It was far from ivied walls, contemplative sort of study, but in some ways I think it was more relevant. As a result I have the dubious distinction of having one of the few master's degrees in nutrition, which is still an adolescent in science."

Miss Hall later moved from Detroit to Northern California and accepted a job as staff dietitian at Mills College. She said that the change was a peaceful base from which to look around, and "I had the opportunity to work with Chinese people for the first time. I had been told they did not like black people, and I didn't find this to be true."

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Her project, the Bay Area Neighborhood Development Foundation (BAND) which was closer to her primary concern as a nutritionist, was from Mills, and as she said, "It was a two-year consumer education and organization project to help low income consumers make the most of their money, I ran the Oakland program."

Miss Hall went on to say that "We did some good, though — we left two viable credit unions, in North and East Oakland, and a buying club in East Oakland area. People learned that if you buy things for a dollar down and 50 cents a week for the rest of your life, that adds up to 200 per cent, whereas if you pay one percent a month to the credit union, this benefits the individual and the credit community too.

"And through the buying club people's diets were improved some, because they were able, for the first time, to get better cuts of meat and other foodstuffs through bulk buying."

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The club was launched through the personal efforts of both Miss Hall and a few others who put up their own money for the project, and it helped its members through some otherwise trying times.

They started in September, Miss Hall said, which was a bad time because the members had to get the kids into shoes for school. They started out buying shoes, socks and lunch boxes, which made some sense, she added.

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"Then there was Christmas — that's another bad time for poor people," she went on. "There are all the ads and Santa Claus, and they want things for their kids, just like anyone else. Christmas baskets for the needy just don't work.

"People who give them are just playing up to their phony guilt feelings — I got very upset about the whole idea. It's humiliating, and besides — how do you know if someone has a roasting pan or even an oven in which to cook that turkey?"

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In stating that "Self-Help" is the only answer, she said that a big toy purchase was made with her office as headquarters. To many families this meant for the first time there was something in addition to the practical things like clothes that are part of Christmas among the poor," she went on.

"Where there might have been one toy per child, that year there were two and the family was not in debt on Jan. 1. They had an outlet for the emotions that come with holidays, and they didn't have to go on a spending binge," she concluded.

In explaining the Agricultural Extension, which in fact, the whole university "is interested in, is working on some of the problems in the urban crisis, its programs includes nutrition education, money management, getting the most out of food stamps and donated commodities, and special courses for migrant families and ethnic groups."

Her final words were, "I hope I don't get as emotionally involved in this as I did in the BAND program."

Feminine Front

MISS JOYCE GREEN, 19-year-old sophomore at City College, New York City, gets the undivided attention of the children she works with in a Harlem community center.

Protect your child against criminals

By DAVID NYDICK

NEW YORK — Steps must be taken to protect children from individuals who might commit sexual or other crimes against them. Parents needn't become panicky nor should they frighten their children. They should take instruct the children accordingly.

The young child tends to be friendly with everyone deranged person takes advantage of this situation. This shouldn't discourage friendliness, but should lead the child to observe several rules for his protection. The best protection is actually prevention. Once an incident has occurred the physical or psychological harm has been done.

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An older child faces similar problems. Teenagers are more capable of protecting themselves and preventing incidents. On the other hand they are also more open to criminal attack since they are not as closely supervised. They are also outside at later hours and in more dangerous places.

What advice should be given to children? It is important that they understand the dangers, but should not become constantly tense and frightened. With this in mind, you should consider making the following recommendations to your child with the appropriate adjustments depending upon his age.

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Never hitch hike or accept a ride from a person you do not know. Politely express thanks, but refuse the ride. If possible obtain the license number and a description of the car and person. The offer of a ride should be reported to parents, police or teachers.

Don't take money, candy, or gifts of any kind from a stranger. The promise of some exciting gift is often used to tempt someone into an improper or dangerous act.

Avoid going with a stranger who asks for directions to some place. It is even advisable to avoid getting into a conversation with a stranger. This would eliminate any problems.

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be informed of visits to another person's home. In addition parents should check carefully before you do any kind of work for a stranger.

It is dangerous to play alone in alleys, in woods, on the beach or in other deserted areas. Try to be with one or more friends when going to playgrounds, to movies, on hikes, etc. There is usually greater safety in numbers.

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Don't stay around public toilets, schools, theaters, or other public buildings. Always leave immediately. Individuals who wish to do harm of any kind will often wait around public places looking for strangers.

If you refain in school past the normal hours arrange for your parents to pick you up. In other situations, always call ahead when detained for any reason.

Never allow a stranger to touch you. Parents should be told immediately of any such attempt.

It is also a good idea to report the presence of any strangers who might be loitering in a neighborhood with no apparent purose.

"It takes heart to inspire Ghetto kids"

NEW YORK — "It takes heart to inspire 26 ghetto kids," said 19-year-old Joyce Green, speaking of her experiences working with a group of youngsters with whom she is currently working.

Miss Green is one of six girls Seventeen magazine cites in the current issue.

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Speaking of her own experiences as a child of the ghetto, Miss Green says "I didn't want the kids in my community to be destroyed by the myth of the 'select few,' or feel the frustrations and anger I had felt. I hope to help them use their abilities to the fullest."

She is already on her way to doing that. Last summer, under her guidance, the children held a dance and talent show and raised $500 toward a trip to Nantucket Island. A sophomore at New York's City College, Miss Green looks forward to a career teaching emotionally disturbed youngsters.

The five other girls cited in the national publication are:

Misses Linda Chestnutt, 14, of Saint Albans, N.Y., Veronica Prescott, 17, of Queens Village, N. Y., spotlighted in the beauty feature; Paula Parker of Indianapolis, Ind., who is Governor of Indiana Girls State; Judy Patton, 18, Cleveland, Ohio, a National Merit Scholar; and Reba Pittman, 17, of Washington, regional vice president of Future Homemakers of America.

MRS. HANNAH BENNETT of Gary, Ind., who was born in Midtown, Ala. in 1862, celebrated her 106th birthday in the Wild Hill Manor Nursing Home in Gary, has outlived four husbands and three children.

Win, Place, Show in row for Motown

DETROIT, Mich. — Motown's blazing records again this week were one-two-three on the national charts, and accounted for five of the top ten. This makes the Berry Gordy Jr.'s top record company just about the hottest hit-producing operation in the history of the industry.

Ironically, each of the four three has enjoyed the top spot, only to be replaced at the pinnacle by still another Motown product.

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Number one is Marvin Gaye's "I Heard It Through The Grapevine," number two is Stevie Wonder's "For Once In My Life"; and number three is Diana Ross and The Supremes' "Love Child."

The other two Motown records in the top ten (five in all) are Diana Ross and The Supremes and The Temptations' "I'm Gonna Make You Love Me"; and The Temptations' "Cloud Nine." All five have topped the million sales mark, with "Love Child" and "I Heard It Through The Grapevine" approaching two million.

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Motown also is chalking up impressive sales in the LP area. Currently represented by fourteen albums on the charts, ten of the Motown LP's are reported to have passed the million-dollar retail milestone, the industry guideline for a gold record.

The top four of this group are "Love Child"; "Diana Ross and The Supremes Join The Temptations"; "TCB"; and "The Temptations Live At The Copa." One of the 14 LP's representing Motown on the charts is "The Supremes Greatest Hits" which is now going into the three-million-dollar retail area, making it an all-time smash.

ELDER CONWAY GREEN, minister of Christian Community Church of God, Baltimore, and Mrs. Green celebrated the 50th anniversary of their marriage with a reception in the church, Monday evening.

Miss Mary Byrd becomes bride of James A. Smith

BALTIMORE — Miss Mary E. Byrd, daughter of Mr. and Mrs. Earl Byrd, was married to James A. Smith, Jr., here Saturday.

The bridegroom is the son of Mr. and Mrs. James A. Smith, Sr.

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The ceremony took place in the Church of God, with Elder Houston Scott officiating.

Miss Byrd was attended by Miss Priscilla Mae Byrd and Mrs. Sherry Butler, maid and matron of honor, respectively. Bridesmaids were Misses Margaret A. Walker, Jean Robinson, Bernice Bennette, Anna M. Byrd, Edna M. Smith, Lucy Smith and Jacelyn Butler.

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Nathan Butler was best man.

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Ushers were Carlton Thomas, Jacob Butler, Gregg Presbury, Carl Smith, Wellington Gray, Frederick James and Leon Thornton.

Richmond Social Whirl

By ESTELLE CLARKE

The holiday festivities were ushered in Saturday when the Richmond Medical Association held forth with their annual dinner-dance at Holiday Inn.

A joyous Christmas spirit prevailed as echoes of Merry Christmas were in evidence as exquisitely gowned ladies caused currents of excitement as they were whirled around a beautifully decorated Christmas tree which centered the floor.

Lanterns and canes added to the cavalcade of soft lights also a part of the decorations.

A delicious course dinner was served before the merriment began.

And back to the ladies who wore the most dazzling cocktail dresses — imaginable.

The frosted whites, some sequined, others plain were all around as were the dashing reds, exotic blacks, hot pinks and soft blues. There were many unusual hair-does among the ladies.

Down from Washington for the occasion were Dr. and Mrs. Tinsley Spraggins.

Hugo Jackson and his band kept everyone in a gay mood, tipping until the wee hours.

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The Mother's Club entertained in a gay cocktail dinner-dance on Thursday at the Virginia Inn.

Dinner, dancing and honoring outstanding people were among the things that kept this merry group on the go.

The ladies at this affair caused a furor of excitement in their elegant gowns in a fashion of colors and styles.

Mrs. Claudella Clarke, a club member, served as toastmistress and kept the jovial spirit going.

Mrs. Louise Freeman, a club member and Alvin Epps were honored for their accomplishments. Mrs. Freeman, in the field of Education, and Mr. Epps, for being the "first" Magistrate in Richmond.

George Ross and his orchestra were at their best. Y. B. Williams and Jerome Binford added to the gaiety of the occasion with the rendition of vocal numbers.

Mrs. Josephine Furman, president of the club, presented gifts to the honorees.

Out-of-town guests included Mrs. Jacquelin Fowlkes of Baltimore and Dr. Charles Barnes of Washington, also Dr. and Mrs. Bernard Woodson of Virginia State.

Mrs. Evelyn Hatcher of Atlantic City visited her sisters, Mrs. Lavinia Tyler, Mrs. Mary Neal and Miss Ominee Coghill for the holidays. . . .

Wendell F. Foster Jr. visited his family and friends during the holiday. Mr. Foster is presently enrolled in San Jose (Calif.) State College.

Miss Eloise T. Foster, daughter of Mr. and Mrs. Wendell T. Foster Sr. of 2416 Rosewood Ave., spent the holiday with her parents. Miss Foster is enrolled in American University in Washington, D.C.

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The La Bella Donnas Social Club entertained their husbands and friends at their Christmas party at Club 533. Members are Ernestine Green, president; Sally Daniels, secretary; Nancy Robinson, treasurer; Barbara Allen, publicity; Deloris Cooper, Lois Johnson, Gracie Richardson, Madeline Williams, Vivian Hawkins, Nora Green and Elayne Demonbreun.

Community aids Henryton shut-ins

Dr. Edgar M. Maculans, superintendent, Henryton State Hospital, Maryland State Department of Mental Hygiene, said Friday community participation in the hospital's Christmas and Chanukah activities enabled the residents of the Center the pleasure of enjoying the spirit and festivities of the season.

Among the highlights of the holidays were the celebration of religious services conducted by clergy of all faiths and the annual presentation of the Resident's Christmas Program followed by gifts presented by the Henryton Auxiliary who were assisted by members of local churches and civic organizations.

Also a Christmas dance and party with music provided by the Musicians' Association of Metropolitan Baltimore was held, and special events and parties sponsored by individuals, churches, high schools, homemakers clubs, girl and boy scout troops and civic groups.

Another highlight of the season was a Christmas Bazaar sponsored by the Henryton Association for Residents. Proceeds from this and future affairs is being placed in a special fund which will be used to construct a swimming pool for the residents.

Peace award is given Mrs. King

LONDON — According to a Reuters dispatch from the Hague, the 1968 Wateler Peace Prize was awarded to Mrs. Martin Luther King Jr. last week.

The annual award, given to the person or institution considered to have rendered the most valuable service in the cause of peace, carries a cash award worth about $7,400.

The Carnegie Foundation, which made the award, said it was given for the successful way in which Mrs. King opposed violence in the world.

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900,000 persons drowned in 1887 when China's Hwang-Ho River flooded.

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California's first gold discovery was made in 1842.

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200 enrolled at Job Corps center

By LULA SHEFFEY

More than 200 trainees attend the Baltimore Job Corps Skills Center housed in the former Mt. Royal Hotel, on Mt. Royal Ave. near N. Calvert St.

Of the total 173 corpsmen are non-resident (commuters) and the remaining 55 are in-resident students who live at the center seven days a week, 24 hours a day.

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"We hope to have 325 corpsmen to be trained on a rotating basis by the end of January, and at no time will there be less than 325," said William Gilliam, public relations spokesman when the AFRO visited the center this week.

The nine-story building was completely renovated which converted it from a hotel to a self-sustaining institution of learning.

The top three floors are used for resident-living and the remaining floors are utilized as classrooms, administrative offices, an auditorium and a complete commercial kitchen (they must feed the corpsmen).

The Burroughs Corporation, a manufacturer of large scale computers, business machines and business forms, was contracted to operate the center by the state.

Burroughs successfully operated a similar Center for girls in Nebraska, in 1965, and they were granted a two-year contract which is funded for one year, Mr. Gilliam said.

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The Baltimore Job Corps Skills Center is totally responsible for the center other than the contract, he explained.

The corpsmen receive complete medical and dental care, and out-patient care has been set-up with the local hospitals.

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Horace Ashby, program coordinator, was recently appointed.

The Center, in operation since last July 15, has four special areas to work with the corpsmen

1. Research and Evaluation — The Center will seek the correlation of those who stay 24 hours a day, at the center, as opposed to those who commute.

2. Employment Survey, Recruitment and Placement — This is where the corpsman is reassessed after completion of training to find out if he is ready to be employed at the various sites.

It is hoped that his performance has been accomplished so well that the employer of the site will ask the corpsman to stay on permanently.

3. Interface (with the State Education System) — As the young men progress in education, it is hoped by the center to have students welcome in and assist from Morgan, Coppin and Towson State Colleges, as tutorial-aides, sometime during the first of February, 1969.

4. Family Interface — This is the area where a social worker from the Center visits the homes of the corpsmen to let the parents know what their son is actually doing, and to seek help in helping the corpsman adjust at home and the Center.

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Out of the 228 corpsmen, there have been only 46 drop-outs. They were all commuters, and termination was due to assessive absenteeism, some enlisted in the service, medical discharge and some found employment on their own.

The responsibility of recruitment is handled by the Baltimore Job Corps Demonstration Project, located around the corner from the center, only after the student has dropped-out of other schools, Mr. Gilliam said.

He is then screened, assigned and enrolled as a corpsman.

Mr. Gilliam added that, "The corpsmen receive $1 per day or $30 a month."

"We are proud to announce that over 97 per cent of the 154 employees are from Baltimore," he said.

The three basic objectives of the Center are:

1. To give the young men basic education.

2. To give the corpsmen workable occupational training.

3. To improve their social skills.

Mr. Gilliam explained, that Rupert Hoover, director of the center, feels that from these three basic objectives the center has taken in everything the corpsman needs to work with to make progress on his own, and without having to be told every step of the way.

"The Center was specially designed to help them to achieve at their own rate, but to achieve profitably."

In summation, Mr. Gilliam said:

"We sort of feel that the center offers the corpsmen a second-chance to find themselves through no fault of their own."

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FRUIT COCKTAIL DEL MONTE 2 303 CANS 49¢
CORN DEL MONTE WHOLE GOLDEN 2 303 CANS 49¢
TUNA DEL MONTE CHUNK LIGHT 3 REG. CANS $1.00
ORANGE DRINK DELMONTE 4 46-OZ. CANS $1.00
BUCKET OLIVES JAR 39¢
CHERRIES RED MARSCHINO 21¢
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POP CORN 2 PACK TYPE PKG. 25¢
BLACKEYE PEAS SUPER FINE 8 303 CANS $1.00
MAYONNAISE MRS. FILBERTS QUART JAR 59¢
PET MILK 6 TALL CANS 95¢
APPLE GRAPE JELLY KRAFTS 18-OZ. PKG. 29¢
HARD PRETZELS SNYDER'S LARGE BAG REG. 59¢ 49¢
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