MRS. MARY VALINTINE

Mrs. Valentine N.J. AFRO advt.

Kenneth Wilson, AFRO-AMERICAN Newspapers vice president in charge of advertising, in Baltimore, announced the appointment of Mrs. Mary Valentine of Newark, N.J., as director of advertising for the New Jersey AFRO-AMERICAN, 190 Clinton Ave., Newark.

Mrs. Valentine, formerly a credit investigator for the E. J. Korvette Co., succeeds Charles Breese in the Newark office. Mr. Breese has accepted the post of assistant director of public relations at the New Jersey College of Medicine and Dentistry.

Mrs. Valentine, who recently completed her first week of employment in the AFRO's Baltimore home office, assumed her duties in Newark last week.

Besides her position at E. J. Korvette, she taught for over a year in the Sumpter County, Ga., board of education; served as an insurance agent for the Atlanta Life Insurance Co.; Staff nurse's aide at Rockland State Hospital, N.Y.; and Medical Secretary, Newark's St. Barnabas Hospital.

She attended Albany State College, Albany, Ga., formerly Georgia Normal; The Ornata School of drama, New York City; completed supervisor and management training courses at Rockland State Hospital. She was also a young columnist for the Albany Star, and currently writes a column for the N. J. AFRO.

Since residing in Newark, she has served as public relations chairman of the Newark Center of Performing Arts; and is a member of the NAACP and PTA.

She has three daughters, Miss Anese Valentine, who will enter Southside High this month; Miss Maria Johnson, a junior at Shaw University, and Mrs. Susan Simmons of 110 Somerset St., Newark. She has two grandchildren.

Household Hints

During heat waves, it is easier on the air conditioner to let it run continuously, keeping the temperature down consistently. Letting the indoors warm up puts an extra strain on the unit to pull the temperature down repeatedly. Steady operation also keeps the humidity down.

* * *

STRAWBERRY MIST is an early American recipe from the New England colonies. Crumble 24 stale almond macaroons and combine with 1½ cups of ground toasted almonds. Whip 1 cup of heavy cream and fold in. Chill. Puree 1 quart of fresh strawberries. Pour over macaroon mixture just before serving. Makes 6 servings.

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A new three-way portable mirror does a shadow-free lighting up for cosmetics application.

It is designed to be moved and plugged in anywhere around the house the woman wishes or to travel with her, a good idea when you consider some of the poorly planned lighting found in hotel and motel rooms.

Just pack it in its foam and carrying case. The mirror weighs four oz. and is a fraction less than 13 by eight inches.

* * *

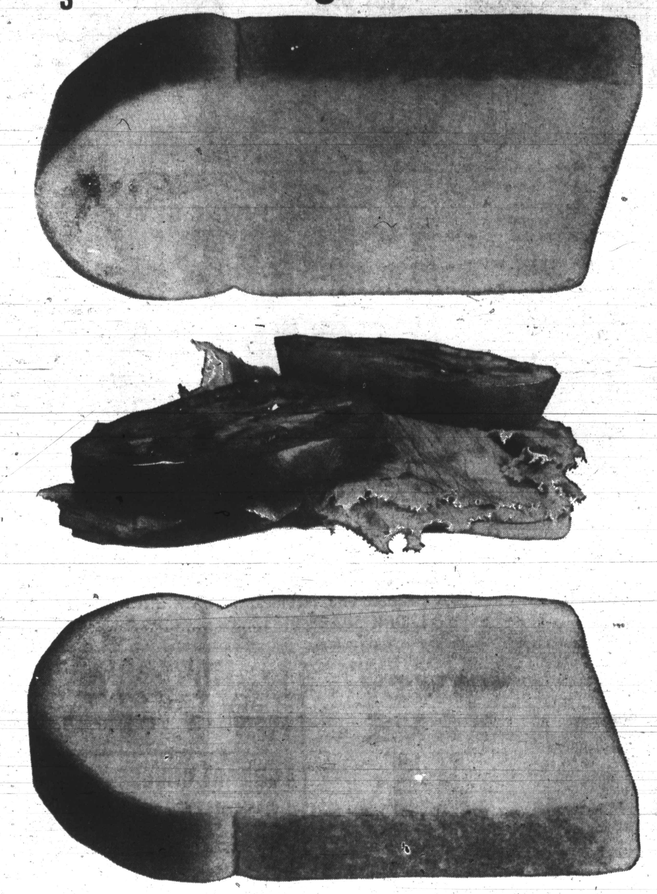
Pears are picked while hard so they will withstand long shipping distances. In the markets select pears with a creamy or yellow background.

Look for plumpness and smooth skin with somewhat of a red blush. Avoid bruised fruit, as decay appears as brown spots which develop rapidly and spread to other peaches.

* * *

KEEP PEACHES at 75 to 80 degrees while they ripen. Then store them in the refrigerator, using the ripest ones first.

since $\frac{2}{3}$ of the average sandwich is bread



...use the bread that's the freshest

Some people lavish a lot of care on their sandwich fillings . . . but don't pay much attention to the bread they use. Yet there's more bread than filling in most sandwiches. A good reason to make sure you've got Blue Ribbon Bread on hand. It's baked to be fresher. Baked from specially selected quality ingredients. And baked by Schmidt. Makers of premium breads for four generations. All of this means a special kind of freshness. Get the fresh one. Get Blue Ribbon. It's the making of a really good sandwich.

For freshness' sake go Blue Ribbon

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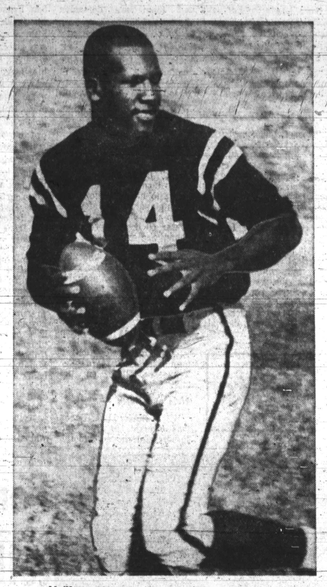
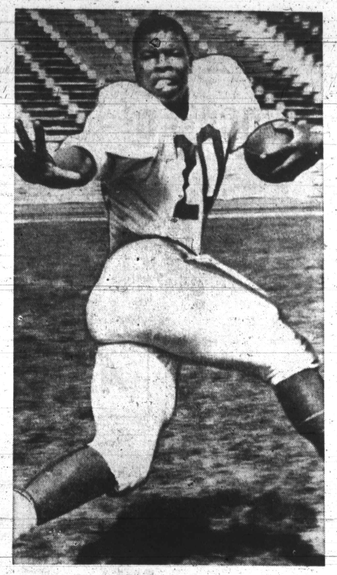
CAMERA'S-EYE VIEW OF TOP OF SPORTS

Coach of the year in '66
Grambling's Ed Robinson



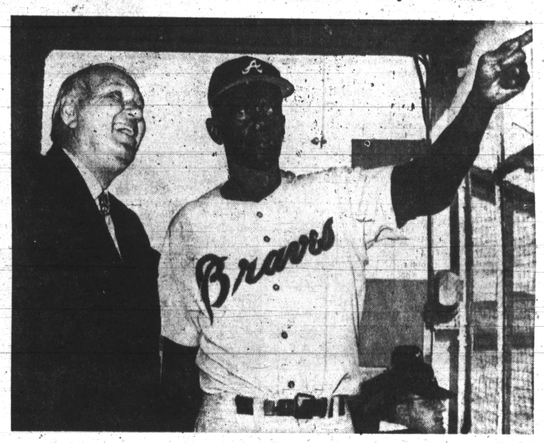
He'll test Morgan defense in New York
Grambling quarterback James Harris



Grambling tacklers better be quick Sept. 28
Morgan's Will Brooks is fine runner

Coach of the year in 1967
Morgan's Banks cited

Boston youngsters get helping hand from trio of major league stars
Red Sox Ken Harrelson, Joe Foy, Reggie Smith aid Jimmy Fund

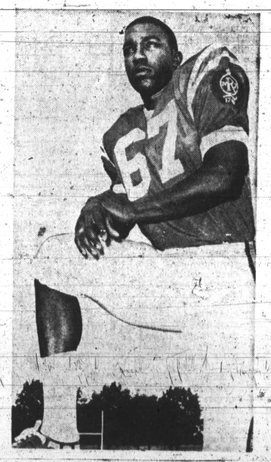


Did this pair of pitching greats argue who was the best?
Dizzy Dean visits Satchel Paige in Atlanta Braves Stadium

AFRO Sports Bonus

No doubt the Swedes love the former Heavyweight king,
Floyd Patterson cheered by natives awaiting Monday fight

Time out for VP hopeful for game of golf
GOP's Spiro Agnew tangles with sandtrap



Baltimorean on Rutgers eleven
Chuck Bowers, linebacker