'If You Hear 2 Short Rings Prepare For An Emergency...'

Soldiers silent on combat trip

By MIKE DAVIS

AFRO Correspondent

TUY HOA — We boarded the weather-battered C-130, carrying a 40-pound pack and a three-day supply of food and water.

Forty young men in combat dress, a handful of officers and this correspondent were packed sardine-like into the giant cargo ship.

We were going to Tuy Hoa a small outpost on the beach of the South China Sea, 200 miles south of the DMZ and North Vietnam.

The men heading for the battle area slept on their combat packs and helmets. Space aboard the craft was at a premium and every available inch was used.

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MANY OF THE MEN had been in combat before. Most of them were assigned to the 173rd Airbourne Brigade and were going back to the forward area after a few days behind the lines.

The Air Force crew manning the craft were anything but cordial.

"All of you have flown these things before," an officer barked over a hand speaker.

"If you have to vomit, use your helmet. If you hear two short rings, prepare for an emergency landing. If you hear one long ring grab something and hold on. It will mean we are going to have a mid-air crash."

With those comforting words the tail of the aircraft was slammed shut and the brown and green plane taxies down the airstrip.

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MINUTES LATER the engines reached full pitch and we lifted off the run way and out high over the jungle.

From the windows of the plane we could see exploding mortars and helicopters going in for air strikes.

It's a very strange feeling to be flying over a battle field while men fight and die on the ground below.

The flight, which was about an hour, was one of apprehension. The men didn't talk very much among themselves. Most checked and rechecked their gear, cleaned their rifles and pistols, while a few attempted to write letters.

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THE TUY HOA air strips is right on the beach in a setting as picturesque as the most colorful post card.

The yellow, sandy beach is ringed by a mountain line and the various shades of jungle green add up to a story book setting.

After getting on the ground and out of the plane we were loaded on trucks and driven out to the tents on the perimeter.

Troops, tired and hungry were just coming back from mountain patrols.

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THE ENTIRE CAMP was on a combat alert status. Every one carried a weapon and everyone wore a helmet.

This was the last outpost. This was the place where the war was being fought in Vietnam. No one could get any closer.

PREPARING TO BOARD a weathered - battered C-130, carrying a 40-pound pack, are these men of the 173rd Airbourne Brigade in Vietnam. Read details in accompanying stories by AFRO's Mike Davis.

READY TO GO — Sgt. George Washington, left, of Houston, Tex., grabs a bite, and Pfc. Crawford Reese, Clemson, S.C. prepares to sip a soda. Frontline tropos were photographed by the AFRO's Mike Davis as they prepared to fly out to frontline in Vietnam.

No word came from 'the pilot'

By MIKE DAVIS

TUY HOA No one realized that something was wrong until we had been in the air for more than an hour.

The crew chief opened the forward window of the two-engine C-123 and looked at the engine.

The combat troops leaned out to see what the loud and unusual noise was.

We had been out over the South China Sea returning from Tuy Hoa near the DM in Vietnam.

The flight was initialy scheduled to have taken 45 minutes but because of bad weather and fog we were forced to follow the coast line to avoid the treacherous mountain range.

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AS WE PASSED through the heavy cloud south of Phan Thiet it looked as if the mountain top was parallel with the wing of the plane.

Most of the men sat in silence as the crew chief passed messages to the pilot. The troopers were instructed to secure the straps on their baggage and to put their weapons in the safe position.

Two soldiers sitting near the door bowed their heads in silent prayer.

UNLIKE THE modern airliner, the military troop carrier has no seats. It looks like the inside of a large box car. There is no pretty girl to reassure you when things get rough. No reassuring messages from the pilot. You have only each other to rely on.

After an hour and a half in the air, the plane came in off the water and headed inland. We were instructed to prepare for a "rough landing" and to again secure all loose baggage.

Everyone expressed relief as the plane landed on the base.

LATER THAT night one of the men who had been on the plane with this reporter confessed that he had been frightened.

"I knew we were in trouble when it took so long to come in off the water," he said. "I've made that run before and I know how those planes are supposed to fly. That one just wasn't acting right."

The C-123 is one of the older cargo planes in use in Vietnam. They are considered the work horses of the Air Force and are used as resupply ships and troop transports.

the Medal of Honor will read "It is obvious that Sgt. Holland sacrificed his life so that the remaining men on his patrol could escape alive."

Sgt. Holland was the son of Cornelius Holland of 430 Walnut Street, Elizabeth, New Jersey.

TRAVEL TO FRONTLINE action in Vietnam is by battered C-130 planes. Soldiers carry three-day supply of food, are packed like sardines in the giant cargo ship, says AFRO's Mike Davis who made this photo inside the plane.

N. J. hero lost life protecting his patrolmen

By MIKE DAVIS

AFRO Correspondent

TUY HOA —If any man ever deserved the Medal of honor that man is Sgt. Charles James Holland of Elizabeth, New Jersey. He was a soldier's soldier and in death a hero's hero.

Sgt. Holland was well-liked and admired by all of the men in the 173rd Airbourne Brigade. He was a leader of a long range recon patrol commonly called a LURP squad.

While on patrol in the mountanous terrain of Dak Tu, South Vietnam, Sgt. Holland and his men were fired upon by enemy forces hidden in the dense jungle foilage.

HE WAS recommended for the Medal of Honor after he lost his life while protecting his men.

Four other men who were on the patrol with Sgt. Holland said that he ordered them to draw back after he realized that they had met a superior enemy force and that he stayed behind to cover their retreat.

Two of the men said that it was obvious that Sgt. Holland would not make it back alive and that he must have known this when he took up the blocking position.

Then in the midst of the heavy fire Holland rushed out onto the battle field to retrieve the field radio. No one ever saw him return.

The recommendation for

Mail Viet packages before November 11

WASHINGTON (UPI) — Christmas packages weighing more than five pounds should be mailed before Nov. 11 to reach soldiers in Vietnam by regular surface mail in time for the holiday, the Defense Department said Thursday.

Other deadlines for mailing:

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DEC. 1 — for smaller packages and letters and cards at surface rates.

DEC. 11 —for air mail.

"Delivery is assured if the mailing dates and postal requirements are observed," the Department said.

"Post-Offices will accept mail destined for Vietnam only if it is addressed to a specific unit or specific service personnel by name, unit and five-digit APO (Air or Army Postoffice) or FPO (Fleet Post Office) address," the Department said.

"Mail addressed to a 'Serviceman in Vietnam' or with any similar indefinite address will not be accepted. Gifts or letters intended for armed forces personnel serving overseas should never be sent to the Pentagon."

$150,000 goal set by Md. Boys Town

With a goal of $150,000 the Boy's Town of Maryland Committee begins its first fund-raising drive in November, headed by Milton Miller and James Fanseen.

Boys' Town plans to establish ten In-Community Centers where boys, from 8 to 13, will live as residents and specialists will work with the youngsters' parents as a part of the rehabilitation program.

Jack Cohen, public relations director, said "Classes and case workers will help parents to understand that they are partially responsible for their sons' problems.

"The centers will be community-centered so they can give service to the community, keep the boys near their normal schools, churches and recreational facilities and keep the boys understand the environment in which they live," he added.

THE FIRST centers will be located on W. Pratt St. and in East Baltimore.

Each year over 800 troubled youngsters face the courts for guidance and correctional measures.

For want of a better place, they are often sent to training schools or hard-core penal institutions because there is nowhere to put them.

The Boys' Town will attempt to aid these boys before they are sentenced to a reform school.

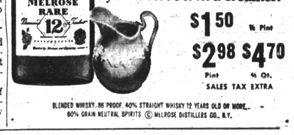
It will also serve as a halfway house for boys about to be released and will attempt to reduce the more than 70 percent return to crime which now occurs.

Protest held against blonde CORE worker

NEW YORK — Some Harlem young women are mad because they don't like the idea of CORE chief Floyd McKissick having a blonde secretary.

Last week, 25 angry women made a three-hour sit-in protest at CORE's national offices, 200 W. 135th St., demanding that the blonde secretary, Miss Irma Hellinger, be replaced, by a "soul sister." The protest was led by Mrs. Bonnie Barrow, former chairman of New Jersey's Morris County CORE.

McKissick could not be reached for comment, but Lincoln Lynch, CORE's associate national director, said Mrs. Barrow was mad because of the defeat she suffered when she ran for secretary of the national organization at CORE's national convention last summer in Oakland, Calif.



MELROSE RARE WHISKY

. . . if it were any smoother you'd serve it in a creamer!

$1.50 ½ Pint $2.98 Pint $4.70 Qt. SALES TAX EXTRA

BLENDED WHISKY. 86 PROOF. 40% STRAIGHT WHISKY 12 YEARS OLD OR MORE. 60% GRAIN NEUTRAL SPIRITS © MELROSE DISTILLERS CO., N.Y.

MISS BEATRIX-MARIE DAVIS, (standing) of Washington, D.C., the regional youth president of the Tots and Teens Clubs, presides at a business session of the organization's youth group during the Clubs' regional conference in Richmond, Va. Others at the officers' table with Miss Davis are (from left): Mrs. Irene Hill of Baltimore, national third vice president who heads the youth section; Miss Althea Lee of Baltimore, youth regional vice president; Mrs. Ethel Hunter of Baltimore, regional youth director. Youth members at the business session (center photo) are considering nominations for new officers. The adult members shown at a discussion group are (right photo, from left): Mesdames Wesleyne Pierce of Washington, D.C., regional publicity director; Florence Marshall of Baltimore; Ruth Marshall of Baltimore, national president; Edna Russell of Baltimore, national first vice president; and John Cyrus of Washington, D.C., chapter treasurer.

H. U. Dental College appoints woman dean

DR. JEANNE SINKFORD

WASHINGTON—Howard officials have named Dr. Jeanne Craig Sinkford, professor of prosthodontics, to the position of associate dean of the college of Denistry. Dr. Sinkford will assume the post immediately.

A native of Washington, wehre she received her early education, Dr. Sinkford has been a member of the dental faculty at Howard since 1958.

She is a 1953 graduate of the College of Liberal Arts at Howard and a 1958 graduate of the University's College of Denistry. As an under graduate, she was a charter member of the Howard chapter of Phi Beta Kappa national honorary fraternity.

DR. SINKFORD was granted leave from her teaching post in 1960 to pursue graduate studies in physiology at Northwestern University.

She earned her master's degree in 1962 and the Doctor of Philosophy degree one year later.

Dr. Sinkford returned to Howard in 1963, and was promoted to associate professor and head of the Department of Prosthodontics one year later. She attained the rank of professor is 1966.

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IN HER position as associate dean, Dr. Sinkford will direct the dental school's program of advanced education, including postgraduate studies in oral surgery, orthodontics, and pedonontics. She also will serve as coordinator of research.

Dr. Sindford is the wife of Dr. Stanley M. Sinkford, a physician. They live with their two daughters, Dianne Sylvia and Janet Lynn, at 144 G Street, southwest.

Family Fare

MRS. EVELYN K. JENKINS, second from left, guest speaker at Albany State College's annual capping ceremonies, is shown with Mrs. Eleanor H. Winder, far right, and two of the eight nursing students who received caps. At left is Miss Gwendolyn Lawrence of Cordele, Ga., and third from left, Miss Buretta Smith of Macon, Ga.

New 'Miss NCC' is professional model

DURHAM, N.C. — Fern Matthewson, a 21-year-old professional model and student leader, will be crowned as Miss North Carolina College at 8 p.m. Saturday, October 21, in the college's R. L. McDougald Gymnasium.

A senior psycology major, Miss Matthewson is a native of Princeville, N.C., and now lives in Tarboro, N.C. She is a graduate of the Philadelphia Career and Modeling School.

Miss Matthewson was the first non-white to win a beauty contest sponsored by the City of Philadelphia when she was chosen as Miss Hero Scholarship Thrill Show by members of the police and fire departments and the park guards last year.

The daughter of Mrs. Mary S. W. Matthewson, a school principal, and the late Glennie M. Matthewson, a former mayor of Princeville, Miss Matthewson was a head majorette for four years at W. A. Pattillo High School. She was also named the school's most outstanding student and most dependable student, and was the editor of the school's yearbook.

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AT NCC, Miss Matthewson was a majorette for two years, a Wisconsin exchange student, secretary of her sophomore class, Miss Junior Class, and the keeper of the grades for the Pan Hellenic Council in her junior year.

She is a member of Delta Sigma Theta sorority and lives in the college's Honor House with other outstanding senior women.

Her career plans include further modelling, but she also plans to do graduate work and to work in psychology or sociology.

MISS FERN MATTHEWSON, of Philadelphia, has been elected "Miss NCC" at the college in Durham, N.C.

Light House keeping

By LULA MACKAY

AFRO PATTERNS

Clever apron idea! This smart, side-buttoned style doubles as a blouse when you wear skirts or slacks. Easiest to fit—elastic nips waist.

Printed Pattern 4695: Half Sizes 12½, 14½, 16½, 18½, 20½, 22½, 24½. Sizes 12½ takes 2 1/8 yards 35-inch fabric.

FIFTY CENTS in coins for each pattern —add 15 cents for each pattern for first-class mailing and special handling.

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LOOK ON the sunny side of the season—sew this swinging princess in a brilliant blue, violent or yellow blend for school, parties, holiday dinners. Note pretty band neck.

Printed Pattern 4695: half Girls' Sizes 6,8, 10, 12, 14. Size 10 takes 2 1/4 yards 35-inch.

SIXTY-FIVE CENTS in coins each pattern for first-class mailing and special handling.

SEND TO ANNE ADAMS, are of AFRO-American Pattern Dept., 243 West 17th St., New York, N.Y. 10011. Print NAME, ADDRESS with ZIP, SIZE and STYLE NUMBER.

The Department of Defense will cooperate again this year with the Communications Workers of America in CWA's eleventh annual "Hi-Mom" Christmas Telephone Call Program. This year's "Hi-Mom" program is expected to exceed the 4,000 calls between overseas sevicemen and their stateside families made during the 1966 program. The program will be expanded in South Vietnam this Christmas.

For the past 10 years, CWA has provided funds to be used by USA Clubs overseas to pay for free telephone calls home at Christmas time by servicemen and women. CWA local unions participate by awarding free calls to families who have relatives in the Armed Forces.

Calls initiated overseas will be placed on a collect at home basis, and CWA will reimburse the families for the charges. Servicemen overseas will be responsible for alerting their families in the U.S. of the approximate time and date the call will be placed. And families will be responsible for notifying their servicemen when to place the collect calls.

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EACH YEAR about $10 billion is spent for convenience foods in the United States . . . and there has been occasional questions as to whether or not some of these billions might have been more wisely spent by homemakers. Many comparative studies have been going on, and now it seems to fairly well proved that convenience foods can also be bargain foods.

The U.S. Department of Agriculture did one study of 158 conienience foods comparing them price-wise to similar fresh or homemake products, and found 42 of the convenience foods less expensive than the other products.

Right now, surveys show that the greatest cost-savings are in instant coffee, frozen orange juice concentrate, frozen lima beans, canned orange juice, Chow mein, devils food cake mix, canned soups, frozen beef dinners, frozen cake mix, canned soups, frozen beef dinners, frozen fish, frozen vegetables and pork and beans.

These are dollar savings in addition to time savers. Hold on to this list and when and if other proved savings items come along, I'll tell you about them.

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RECIPE OF TIE WEEK: An especially good lamb curry contains mincemeat . . . and here's how to make this Mincemeat Curry.

In a skillet, brown one medium onion, chopped; one medium green pepper, chopped; in two tablespoons of butter. Add two cups of cooked cubed lamb, two and a half cups of chicken broth, three tablespoons of lemon juice, a cup of prepared mincemeat, teaspoon of salt and a dash of pepper. Bring to a boil add one cup of raw rice and one tablespoon of curry powder. Stir. Cover tightly and cook until rice is tender and liquid is absorbed, about 30 minutes. Serves four.

FASHION NOTE — Random striped leotard, with the newest of neck treatment, under pins this two-piece pant dress in a pale wool.

Boddies hold reunion

LOS ANGELES, Calif. — Plans which began in 1964 brought members of the J. B. Boddie family from across the country to their tri-annual reunion, here, recently.

The clan held a business meeting on Saturday evening, at which they selected Washington, D.C. for the reunion in 1970. Following this meeting, a program was held with Mrs. Lydia B. Peyton presiding.

Participants on the program included Dr. Bertrand Boddie of Pittsford, N.Y., Howard Peyton, Mrs. Dorcas Johnson, and Mrs. Lydia Boddie.

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CITATIONS went to Miss Drucilla Boddie, who will serve as the 1970 reunion chairman; to Mrs. Dorcas Johnson, who retired, this year, from the State Program for pre-school Blind Children after 14 years of service; and to Mayor J. T. Boddie for meritorious service in Vietnam.

Major Boddie, son of the late Rev. J. Timothy Boddie of Baltimore, and Mrs. Boddie, flew 201 missions during his 10 months' tour in Vietnam.

Oldest member of the clan present was Mrs. Rossye L. Moore, who lives with her daughter, Mrs. Boddie, in Baltimore. She is the widow of the late Rev. James A. Moore of Baltimore.

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THE FAMILY worshiped at Second Baptist Church on Sunday morning. Dr. Charles E. Boddie, president of the American Baptist Theological Seminary, Nashville, Tenn., was speaker.

An evening service at the same church featured the Rev. Richard Boddie of Fairfield, Conn., supported by a family choir directed by Allen Johnson and Mrs. Drusilla and with Emery M. Boddie of Baltimore as accompanist.

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FAMILY Happening this year included the marriage of David L. Boddie of Brooklyn, N.Y. and Miss Josephita N. LaRoche; that of Miss Wilma Boddie to James E. Beamon, of Rochester, N.Y.; Mr. and Mrs. William Conyard to whom a daughter, Shirl, was born; Richard B. Boddie, who entered law school at Syracuse University.

Also Miss Cythia Boddie of New Rochelle, N.Y. who graduated from high school and entered the University of Chicago, this term; Horace Dwiggins of Tucson, Ariz. who traveled in Europe during the summer and has returned to study, there.

Dr. William L. Boddie of Baltimore, who graduated from the School of Medicine of the University of Maryland and passed the board to practice in that State.

Members of the host committee also included Messrs. and Mesdames A. Allen Johnson, Wilbert Roberts and Ronald Washington of this city.

Members of the family are descendants of the late Rev. Jacob B. Boddie.

Know when to seek help

How does one know when he should consult a psychiatrist?

Today's Health, the magazine of the American Medical Association, reports that most people who should consult a psychiatrist are likely to consider themselves as someone not needing his services.

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MANY shun the psychiatrist, the AMA says, because they have the distorted concept that people who are under psychiatric care are "crazy."

Psychiatrists are physicians with a special training through which they are able to help people with mental illness or emotional problems, even as other physicians are qualified to assist in physical illness.

Often physical and mental ills are closely related.

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DEPRESSION, or what we could call the blues, is frequently an early sign of what can become a disabling mental illness.

Likewise, excitement and overactivity — although often completely normal—form an abnormal sign when they occur in the wrong place or for the wrong reason.

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OTHER suggestive symptoms include tantrums and exaggerated expressions of anger, hysterical attacks, unfounded fear, and guilt feeling which exist without an acceptable reason.

Any of these would justify discussing the need for psychiatric consultation with your physician.

Household Hints

A water rinsable paint remover should do the job if you wish to reduce painted bricks to their natural surface. Cover with remover and let stand for 10 minutes. Then rinse the area with rags soaked in clear water.

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Nonfat milk in the dry state keeps for several months in a tightly covered container stored in a cool, dry place.

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Plant shrubs at least three feet away from a building.

Clean Foggy Eyes

Float away dust, dirt, other irritants with refreshing LAVOPTIK, the Medicinal Eye Wash. Soothes, relieves itching and burning. Relied on by millions for dependable eye comfort. Insist on genuine LAVOPTIK with eye cup included, at your druggist.

ARTHRITIS RHEUMATISM MUSCULAR PAINS

Seal Rheumatism Arthritis Research

Maybe you've tried just about everything to get rid of such pains without any luck... but have you tried DOLCIN? If you aren't you should know there's nothing in all the world that's faster, safer, more soothing and more lasting than DOLCIN Tablets. They've helped many men and women come out from under the shadow of pain. They may do just the same for you. But you'll never know until you try. So get yourself a bottle of DOLCIN Tablets at the drugstore today. Take them regularly and faithfully. Don't put it off! Try DOLCIN® Tablets today! (c) 1967 Dolcin Corp. 41-2620. Dolcin Corp.

Science Shrinks Painful Hemorrhoids Stops Itch—Relieves Pain

Finds Way That Both Relieves Pain and Shrinks Piles In Most Cases

New York, N.Y. (Special): Science discovered a medication with the ability, in most cases — to actually shrink hemorrhoids and promptly stop the burning itch and relieve pain.

In one hemorrhoid case after another, very striking improvement was reported and verified by doctors' observations. Pain and itching were promptly relieved. Then this medication starts right in to gently reduce the swelling of inflamed, irritated piles.

Tests conducted on hundreds of patients by leading doctors in New York City, in Washington, D.C. and at a Midwest Medical Center proved this so. And it was all done without narcotics or stinging astringents of any kind.

The secret is Preparation H® — an exclusive formula for the treatment of hemorrhoids. There is no other formula like it! Preparation H also lubricates to make bowel movements less painful, it soothes irritated tissues and helps prevent further infection. Preparation H comes in both ointment or suppository form. No prescription is needed.