Senior Forum luncheon 12:30 today

Mrs. John B. Ramsay, Jr., civic and political leader in Baltimore, will be the guest speaker at the luncheon forum at the Metropolitan Senior Citizens Center today Tuesday, Oct. 3 at 12:30 p.m.

The Center located at 1110 St. Paul St. is the pilot project for the activities section of the proposed Waxter Center for Senior Citizens. Mrs. Ramsay al speak on the Vietnam War.

The Waxter Center which has been in the planning stage for five years is to be located in the Mount Vernon area.

The $3.8 million Center will be presented to the voters of Baltimore City on Nov. 7 in the form of a municipal loan.

The Center will be a multi-purpose facility for the aged. The health section will have extended care facilities for the ill older person. Also, this part of the complex will provide out-patient services in medicine, psychistry and dental hygiene.

* * *

MANY MAJOR techniques known to the discipline of geriatrics will be available in the health section, and new ones will be tested and evaluated.

Rehabilitation will be stressed in the health section, and it will not be a nursing home in the usual sense of the term.

The other section of the Waxter Center will be an activities center in which many types of recreation, group work, adult education and counseling services will be found.

The Waxter Center will be administered by Baltimore City Hospitals. There will be a close tie with the Gerontological Institute of the National Institutes of Health now being constructed at Baltimore City Hospitals.

The Waxter Center will be the first of its kind in the country. Its unique concept of serving both the ill and well older person with the stress of rehabilitation was originally developed by the late Dr. Mason F. Lord, the Baltimore physician who gained world recognition in his field of gerontology.

Trainee chefs start careers

Forty trainees have launched careers in the food service industry by completing seven weeks of pre-apprentice schooling at Carver High School.

The class has now started its cook-chef apprenticeship phase, financed by Manpower Development Training Assistance funds, in local restaurants, hotels, motels and hospitals where they receive on-the-job training under the supervision of Rolland Joyall and Frank Volem, training supervisors assigned to the Maryland Restaurant Association.

The apprentices are aiming for journeyman cook papers at the end of the three-year training period. After five year's experience, they may become professional chefs.

The program, sponsored by the Maryland Restaurant Association and the Food Service Industry Training Project, was initiated because of a persistent shortage of competent cooks and chefs in the Baltimore area.

The trainees are guided by the supervisors, master chefs themselves, who conduct the pre-apprentice courses, make weekly instructional visits to the trainees and check on their weekly progress.

Once-a-week classes are held at Carver and a carefully planned curriculum, with continuous homework assignments, has been mapped out for the first year's program.

Oct. 15-21 set as 'PTA Week'

Gov. Spiro T. Agnew recently signed a proclamation declaring the week of October 15-21, 1967 as PTA Week in Maryland.

Citing the "increasing demands in the state of Maryland for new educational accomplishments and renewed commitments on the part of all groups toward providing educational opportunity and other services for all children," the governor urged all citizens interested in youth to join their local Parent-Teacher Association and use their weight in securing the best education for all.

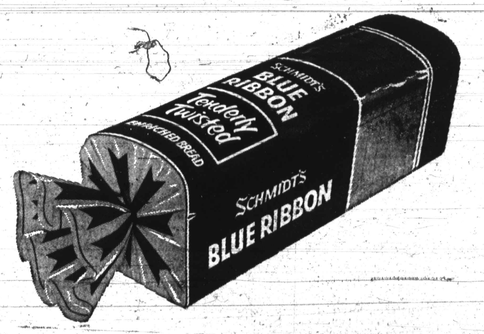
The National PTA has declared the month of October as PTA Membership Month.

Mrs. John D. Loizeaux, president of the Maryland PTA, stated, "Active membership in a local PTA is a 'Weight That Counts' in 'Balancing the Scales for Children and Youth.'"

And brother, that's Blue Ribbon Bread. Because Schmidt's Blue Ribbon is packed with action. The kind of energy that stays with you all through the day – doesn't burn up in a hurry.

Nourishing? And how! But loaded with real bread flavor, too. You see Blue Ribbon is baked to be better; baked from the finest ingredients and baked by Schmidt – the quality bakers of Baltimore for four generations.

Where there's action – there's Blue Ribbon. Buy Tenderly Twisted Blue Ribbon Bread, and get with it!



Get that Blue Ribbon action!

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Family Fare

WOMEN FACULTY members and wives of new faculty members at A and T State University, Greensboro, N.C., were honored last week at a reception in the home of President and Mrs. Lewis C. Dowdy. In photo, from left are Mrs. William Parker Jr., Mrs. Roy Moore, Mrs. Herbert Parker, Mrs. John Dillard and Mrs. Dowdy.

Mrs. Rice is 81 years old

GREENSBORO, N.C. — Mrs. Estelle Nicholas Rice celebrated her 81st birthday on Thursday evening in the home of her son and daughter-in-law, Dr. and Mrs. Waverlyn N. Rice, of this city.

Friends gathered for a dinner party in her honor. The celebrant wore a green and blue dress, her neck haloed by a special-designed blue Hawaiian lei with white Daisies and white satin ribbon. The decorations throughout the home followed a blue and white color scheme, including the archways and little white vases of white carnations tied with blue ribbons on each table for dining.

PATIE ANN and Machella Jordan pinned on each guest at the door a white card on which was a tiny blue Delphinium and the number "81" in blue representing the honored age of the celebrant.

During the dinner, the Rev. Father Robert B. Clifford, pastor of Our Lady of the Miraculous Medal Church, gave greetings. There followed a solo by Miss Beverly Burgess, soprano, and member of the Church's Adult Choir. She sang "For My Mother," by Albert Hay Malotte. After the celebrant was honored with the singing of "Happy Birthday" around a two-tiered white and blue cake decked by candles, cake, and ice cream exposing a raised "Happy Birthday" greeting in blue, confections and nuts were passed. The party then progressed to a song fest.

Guest included Miss H. Blanche Stephens, Mrs. Olive Cooper, The George R. Jordan family, Mrs. Nettie Houston, the Rev. Fathers Robert B. Clifford, and Ralph Eichmann, Mrs. F. A. Hargett, Mrs. Julia Spight, Miss Simone J. Vincens of Paris, France; Charles Henson of Mobile Ala.; Mrs. Carrie Mock, Miss Beverly Burgess, Mr. and Mrs. Wallace Phillips, and Miss Jean Dixon.

MRS. RICE now lives in Brooklyn, N.Y., with her son-in-law and daughter, Mr. and Mrs. C. M. Henson. She formerly resided in Jacksonville, Fla. and Mobile, Ala. She is the widow of Nathaniel Rice who died in 1956. Her six grandchildren are Mrs. Clarabelle Henson Gumbs, of Brooklyn; Miss Patricia Henson, law student at New York University; Miss Linda Henson, undergraduate student at New York University; Captain Vincent N. Rice of Kirtland Air Force Base, Albuquerque, New Mexico;

Turner J. Rice, Social Studies teacher at Douglass High School, Leesburg, Va.; and Philip A. Rice, junior student at Dudley High School in Greensboro. Karen Marie Gumbs is her only great-grandchild.

DRIVE RIGHT

U.S. VIRGIN ISLANDS — Drivers of government-owned cars in the U.S. Virgin Islands will view a film on safe driving this month. Traffic here moves on the left, which is a good thing to remember when cresting the many hills in the area.

INVISIBLE SHAMPOO TINT
RE-COLORS HAIR
IN 17 MINUTES

Invisible . . . because only you know it's there! So let everyone TINTZ Cream Color shampoo do change dark, old color to a gorgeous, lustrous, natural-looking shade that glows as natural and life-like as the color you were born with. TINTZ leaves hair soft, resilient, manageable. No harsh odor, no messy mixing, no skin irritation. Easy to use, gentle conditioner added. Only occasional touch-up needed. Select the precise shade your hair is in from the color chart on carton of TINTZ Cream Color. Ask for TINTZ Cream Color Shampoo at department, beauty bar, pharmacies.

TEETHING PAIN

Mothers of mothers rely on Baby ORA-JEL for relief. Put on — you'll feel the difference. Easy to use, many palatable uses. Easy to see. Brings prolonged relief. Ask your druggist for BABY ora-jel.

Light Housekeeping

By LULA MACKAY

Now it seems that the Federal Trade Commission is not only solicitous of man, but also looks to the protection of man's best friend. And any organization that looks out for dogs is tops with me for I'm convinced that dogs are the nicest people.

Last week FTA handed out a report that indicated that some of the nation's dog and cat food not be all it's advertised to be. FTC that some products advertised as containing high quality meats and vegetables contained only meat by-products and cereals. It proposed labeling and advertising guides for manufacturers.

* * *

WHAT'S NEW? I'm not sure I'm not doing the girls a disservice by reporting this (being of the conviction that we are taking over too much as is) but there's a snow plow, girl-size, another gadget to put women to work at masculine chores.

* * *

BEAUTY BIT: For those short hair cuts that must be absolutely flawless, latch on to tape to train the cowlicks, the bangs, the sides and the back.

An easy way to solve the problem is to apply setting lotion, comb smooth and use Dermicel Brand First Aid Tape to set in place until dry. The tape, which actually looks like pretty taffeta ribbons, will hold firmly while its porous surface allows hair to dry faster.

* * *

FASHION FRONT: Coats for fall and winter follow a variety of lines. You may be slim and neat in a single-buttoned number; or swinging in a capacious design that falls with fullness at the back. You can be sure with the fitted top, belted waistline and swinging out skirt.

As for suits, the new look is the number that looks like a two-piece dress; that is worn with a weskit under the tuxedo top or that swings low as to coat length.

* * *

BARGAIN MEMO: If you are buying your cosmetics because they are in a pretty jar or smell heavenly, you are not with it, Sabrina. Now that cosmetics as well as foods must be labeled intelligently, you should shop with your head as well as sight and smell.

So shop around. Read every line of what is on the jar or bottle. Check a lot of jars and bottles. Compare the ingredients. You just may be paying a big premium for a pretty package, which is doomed to be thrown away. For example, Witch Hazel may not smell so pretty, and the plain drug store bottle it comes in isn't decorative, but it's still a mighty good astringent, a druggist tells me. And it doesn't cost $2.50 a bottle.

RECIPE OF THE WEEK: Make your own garlic crackers to serve with cheese spread.

Combine two cups of pancake mix with a fourth teaspoon of garlic powder. Cut in a third cup of shortening until mixture resembles coarse crumbs.

Add a half cup of milk. Stir until blended. Turn out on lightly floured board, knead gently a few seconds. Roll to one-eighth-inch thickness. Cut with floured two-inch round cutter. Place on ungreased cooky sheet.

Prick with fork. Bake in a preheated 425-degree oven six to eight minutes. Makes five dozen crackers.

The small-sized plow is powered by gasoline, weighs 27 pounds, and according to the manufacturer, can clean a 60-foot driveway of four inches of snow in 10 minutes. It plows a 14-inch path.

* * *

Household Hints

A black lacquer effect can be simulated easily with a semigloss enamel intended for use on wood. Simply sand the surface smooth before painting, an dapply two coats of enamel.

Let each coat dry before applying the next coat. This touch will give your furniture a sophisticated, Japanese look.

* * *

Never leave a knife soaking in water. It can ruin the cutting edge.

* * *

STAINS SUCH as lipstick should be removed with a paper towel before washing. Glasses that held milk, tea or coffee should be rinsed soon after use. Gets rid of rings.

When spray painting the exterior of your house to prevent sagging with heavily pigmented paints, adjust pressure to assure a thin uniform coat.

Stir the paint frequently during spraying — especially if you turn the gun off for more than five minutes. Spray from a scaffolding for high areas. Ladders are clumsy for spraying and limit reach, causing uneven distribution.

* * *

AVOID WATER-spotting silks. If they can't be ironed while still uniformly damp, then don't try to sprinkle them. Instead, roll the silk garment in a very damp towel, so that the garment becomes evenly moist.

Then you can iron it smoothly without tell-tale

Mrs. Ruby Jackson Gainor given Teachers' citation

PENSACOLA, Fla. —Mrs. Ruby Jackson Gainer, formerly of Birmingham, Ala., was awarded a citation by the Classroom Teachers Department of the Florida Education Association for "Outstanding Contributions to Teachers and Youth of Florida."

The award was presented at a meeting of the association's executive board meeting held in Orlando, Fla. Mrs. Gainer is a member of the executive committee of the Classroom Teachers Department, of which she also serves as counterpart president.

* * *

MRS. GAINER presaheaded the struggle for salary parity of Jefferson County Public School System colored teachers. She served four terms as president of the Jefferson County (Birmingham, Ala.) Teachers Association which sponsored and financed the campaign to win equal salaries for colored teachers in Alabama.

She is the aunt of Dr. William A. Jackson of Park Forest, Ill., president of the Lovie Jackson Delgado Foundation.

Mrs. Gainer is married to Herbert Gainer and they are the parents of three adopted children.

Fast action required to erase stain

Immediate treatment is a key to easier stain removal, say clothing specialists with USDA and the Cooperative Extension Service at the University of Minnesota.

This rule applies to all fabrics, but since grease and water stains are harder to remove from some synthetics and treated cottons, fast action with them is especially important.

* * *

NON-GREASY stains, such as black coffee, tea, fruit juices, and carbonated drinks usually are no problem if they are flushed out with cold water before they dry. Use enough water to flush out the stain, and then use dry towels, or tissue to blot up water.

Coffee with cream may require a second treatment, with a dry cleaning solution to remove grease.

* * *

FOR GREASE stains, place the stained side of garment against a blotter of toweling. Apply cleaning solvent with a cloth and work from the underside of garment. Caution: Fumes from grease solvents are toxic and some are flammable. Use them only with adequate ventilation and away from open flames.

If it is impossible to flush out stains immediately, then as soon as possible soak color-fast washables in cold water 20 to 30 minutes and check the stain removal.

* * *

SOME STAINS require overnight soaking. After soaking, rub detergent into the stain, wash the garment and inspect. If necessary, apply detergent again, rub lightly as you wash, and rinse well.

Usually it's advisable to soak out as much stain as possible because hot water, or the heat of ironing can set stains so bleaching is necessary.

* * *

SOME TREATED fabrics turn yellow if cholorine bleached. Powdered peroxygen bleaches usually are suggested for permanent press and other treated fabrics. Follow label directions.

Peroxygen bleaches include sodium perborate and potassium monopersulfate bleaches. It's wise to test all fabrics for color-fastness before using any bleach.

METHODIST LAYMEN TO MEET IN INDIA

Church union, the Christian social witness, the mission of the Christian layman, and partnership in mission between Methodists in America and India are among the topics to be discussed at an all-India Methodist Laymen's Rally Oct. 10-13 in the city of Lucknow.

AFRO Patterns

Mini pants are the very maxi-most, marvelous fashion to underline a jumper. Practical too, cause blouse, shorts go out together to play.

Printed Pattern 4654: Children's Sizes 2, 4, 6, 8. Size 6 jumper 1 yd. 45-in.; blouse 1 yd. 35-in.; pants 7/8 yard.

* * *

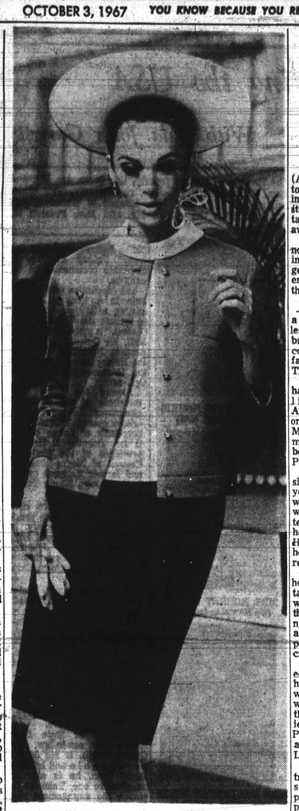
GO TO CLASS, class, cheer the team, dash off on a date looking great in this trio. Simple to sew, they're smart in checks, mini-pants, solids.

Printed Pattern 4727: Teen Sizes 10, 12, 14, 16. Size 12 jacket, skirt 2 yards 54-inch; blouse 1 yard 39 - inch.

FIFTY CENTS in coins for each pattern — add 15 cents for each pattern for first-class mailing and special handling.

Send to Anne Adams, Afro-American Pattern Dept., 243 West 7th St., New York, N.Y. 10011. Print NAME, ADDRESS, with ZIP, SIZE and STYLE NUMBER

Fall's New Fashions — see the best of the new styles for all sizes in our new Fall-Winter Pattern Catalog. Hurry, send 50 cents right now.



FASHION NOTE: Brass-sparked ensemblage . . . snap-to-attention in Susan Thomas' spirited three-part outfit in Ban-lon Wisp-o-knit in marvelous combinations of navy, vanilla and pimiryo and brown, vanilla and aqua.

Miss Sadie Chavis, Alvin L. Bragg wed

PETERSBURG, Va. — The wedding of Miss Sadie M. Chavis, daughter of Mr. and Mrs. Lonnie Chavis Sr., and Alvin L. Bragg, son of Mrs. Horatio Hayes and Marvin A. Bragg of Washington, D.C. and Fort Knox, Kentucky, respectively, took place in the Metropolitan Baptist Church here last week.

The double-ring ceremony was performed by the Rev. Davis A. Goodwyn. Mrs. Anna Percell, organist, and Miss Dollie Claiborne, soloist, gave the program of wedding music. Miss Chavis was given in marriage by her father and attended by her sister, Miss Maxine Chavis.

She wore a gown of silk faced peau de sole, with a reembroidered Alencon lace bodice. The hemline was embroidered with seed pearls, and her veil of illusion was secured by a crown of crystals and seed pearls. She carried a cascade of white roses and carnations.

The maid of honor wore a floor-length gown of royal blue peau de sole, featuring an A-line skirt. Her headpiece was a blue velvet circlet with veil.

Bridesmaids, wearing identical ensembles but in light blue, were Misses Germaine Ingram of Philadelphia, Mary Christian and Mary Gilliam of this city; Brenda Catlin of Ettrick, and Jacqueline Ruff and Cordell Bragg of Washington. All the attendants carried blue carnations.

Tammi Goodwyn and Tyrus Parham of this city were flower girls; and Michael Bragg of Washington ring bearer. James Thweatt of this city was best man. Ushers were David Thweatt of this city, Sam Percelal, Vaughn Harper, Theodore Kiamus and Claude Morgan of New York City, and David Stanley of New Haven, Conn.

The wedding reception was held at Union Hall. The newlyweds honeymooned in Puerto Rico.

The bride is a graduate of Virginia State College and has done additional study at Oberlin College in Ohio. She is a member of Delta Sigma Theta Sorority. Mr. Bragg is a student at Syracuse University, where he is majoring in political science.

Mr. and Mrs. Bragg are making their home in Syracuse, N.Y.

MRS. ALVIN L. BRAGG

College women to study charm

ELIZABETH CITY, N.C. — Elizabeth City State College Women's Government Association will present a Charm Clinic on October 2-6.

Appearing this year will be Mrs. Everee Clarke of the School of Charm and Dance in New Jersey and Florida.

Mrs. Clarke will present a five-day program which will be geared for the men as well as the women students.

THE PROGRAM will include discussion and demonstrations on visual poise, dating wardrobe, job interviews, dancing, etc.

Mrs. Clarke will also present skits, a fashionetta using E.C.S.C. students and a final graduation ceremony with a grand prize offer of a trip to Florida for the outstanding participant.

IRRITATED EYELIDS?

Bathe them with LAVOPTIK, the Medicinal Eye Wash. Soothes and refreshes sore, burning, irritated eyes; relaxes tired eyes. Get LAVOPTIK with eye cup included at your druggists. Satisfaction or money back.

Report From Europe

By OLLIE STEWART

PARIS — For most tourists (Americans, that is), a trip to Europe or Africa is a once-in-a-lifetime deal. They plan it, talk about it, and finally take off after a lot of going-away parties.

"I made it," they'll announce during a fast stopover in Paris, "but I'll be glad to get back home. And once is enough. This traveling is for the birds."

Then there are the ones —the ones who quietly take a trip every year. They spend less on status living, travel to broaden their outlook, and come back home without fanfare. These are not tourists. They're visitors.

ALBERT EDWARDS, Manhattan social worker who lives at 411 Stuyvesant Avenue, Brooklyn, is a visitor. I see him every year. Matter of fact, I see him more often than I see a number of people who live in Paris.

This has been going on since about 1960. And this year was no exception. Edwards simply telephoned when he arrived in late September, and I didn't even have to ask where he was. He always stays at the same hotel and eats at the same restaurant.

It's like being at home. The hotel people know him and take good care of him. The waiters smile and give him the best service. He's no stranger, and he doesn't ride on a bus tour with 40 other people. He walks around the city like he does in Brooklyn.

THIS YEAR Edwards visited Venice and Rome (which he also knows well). Then he went to Athens and spent a week. Madrid followed. And then came five days in Tangier (Morocco), and finally Paris. A relaxing week-end, and then home by way of London.

"It was my usual leisurely trip," he told me. "Nothing special. I saw some new places and revisited others. A pleasant three-week vacation."

I had to agree. But I noted that it was a well-planned trip. Edwards got in four world capitals — Rome, Athens, Paris, London — with Tangier as icing for the cake.

And as I said before, he's no tourist. I'll expect another visit from him next year. If not, I'll know that something's wrong.

WHEN IS a marriage not a marriage?

"When husband and wife are never together —alone."

So says an Italian woman whose husband is serving a life sentence in prison. They've been allowed to see each other, but with a guard always present.

"I want a child," said the woman recently. "And I can't have a child if they don't let me be alone with my husband."

So now her case has stirred up a lot of people in Italy, and a bill has been introduced in the Italian Senate which, if passed, will allow prisoners to enjoy a few hours in private with their wives —every now and then.

Hooray for the Italians! All over the world people are punished for crimes, but does punishment necessarily mean being deprived of marital bliss? And what about the wife? Does she have to be punished along with the husband? In Britain they're talking about letting prisoners spend every week-end with their families. And why not?

Officials return public schools' books they stole

NEW ORLEANS — (NPI) — Heads of the private and segregated school system in Plaquemines parish (county) had very red faces last week. This is Perez Country and the school authorities are accused of having stolen books from public schools and taken them to private segregated schools.

A federal judge took hold of the situation and told the authorities to either return the books to their proper places in the public school system or be held in contempt of court. The authorities fumed, fussed, howled, but the books got back in some manner.

DON'T BE SKINNY

WATE-ON