Economy meals for good eating

Now that beef is again more plentiful and reasonably priced, according to the U.S. Department of Agriculture's Consumer and Marketing Service, beef dishes will undoubtedly appear more frequently on many homemakers' menu plans.

Should your food budget need watching, it's especially important for you to be a wise beef buyer.

Here are a few helpful suggestions to keep in mind when it's your turn at the meat counter:

* * *

FIRST, LOOK for the grade. The purple, shield-shaped USDA grade mark — which means that the meat has been examined and graded for quality by highly trained federal graders — is your guide to the quality of the beef you are buying.

The USDA grade most commonly found in retail markets is USDA Choice. USDA Prime, the highest quality beef, is also available in some stores, but it is the most expensive quality. You'll also find many stores selling USDA Good, a popular grade with thrifty shoppers. While it lacks some of the juiciness and flavor of Prime and Choice, it's just as nutritious and may even be preferred by those who are looking for a leaner meat.

* * *

SECONDLY, CONSIDER the cut of meat you want. Cuts vary in tenderness. Some, whether USDA Prime, Choice or Good, are tender enough to be cooked with dry heat — oven roasted, broiled or pan-fried. Other cuts, regardless of grade, are less tender and must be cooked with moist heat — braised or pot roasted.

In steaks, some of the most tender cuts are porterhouse, T-bone, club, sirloin, rib and top round. Tender roasts include rib roasts, sirloin and blade chuck. Among less tender steaks and other cuts that call for moist heat cooking are shoulder arm, bottom round, flank and brisket.

* * *

THIS RECIPE for Little Pot Roasts With Peas is for the main dish of the dinner meal:

Use one flank steak, about one and one-half lbs., scored diagonally, one tblsp. prepared mustard, one tsp. salt, one or two slender whole carrots, pared, two tblsps. shortening, one 17 ounce) can peas, one-fourth cup liquid from peas and one-half cup catsup.

Spread steak with mustard, sprinkle with salt and cut crosswise into 4 equal strips. Cut carrot into 4 pieces, each as long as meat strips are wide and roll each carrot up in a strip of meat.

Fasten meat rolls with wooden picks or string and brown on all sides in hot fat. Drain liquid from peas and mix with catsup, pour over meat. Cover pan tightly and simmer 1½ to 2 hours, or until fork tender.

Add more water as needed. Prepare gravy, if desired, from cooking liquid. Serve with hot seasoned peas.

Today's Menu

HERE'S A menu for a day's good eating using foods that are in plentiful supply and reasonably priced:

BREAKFAST
Sliced Orange
Jelly Omelet
Toast with Margarine
Milk
Coffee or Tea

LUNCH
Tomato Soup
Grilled Cheese Sandwich
Fresh Apple
Milk

DINNER
Little Pot Roasts with Peas
Parsleyed Potatoes
Tossed Salad
Peach Custard Tart
Milk
Coffee or Tea

Peck picked by Community Chest

J. Stevenson Peck, senior vice president of Union Trust Company of Maryland, has been elected president of the Community Chest of the Baltimore area Inc., for a one-year term.

The election was held during last week's 31st annual meeting of the Chest.

Mr. Peck succeeds Walter Sondheim Jr., who has held the office for the past two years.

Womens' Day at Olivet

The Women of the Greater Olivet Baptist Church at 3500 Edmondson Ave., are planning a Spiritual Feast at 11 a.m. Sunday.

The Rev. Irene C. Dutton, pastor of the Mother Union American Church of Wilmington, Del., will deliver the morning message.

Mrs. Mabie Gee, president of the BTU and a member of the Fulton Baptist Church will be the 3 p.m. speaker.

AFRO PATTERNS

Often, the simplest dress prove to be most slenderizing. For example, this quiet, lovely flow of lines. Choose linen, and look fresh always.

Printed Pattern 4556: Half Sizes 12½, 14½, 16½, 18½, 20½, 22½. Size 16½ requires 2-5/8 yards 39-inch fabric.

SIXTY-FIVE CENTS in coins for this pattern.

* * *

SUBTRACT TWO INCHES from your waist —the happy result of angle seaming! Sew this slip of a dress in shantung, crepe, cotton for your spring-summer travels.

Printed Pattern 4710: Misses' Sizes 10, 12, 14, 16, 18. Size 14 takes 2-5/8 yds. 35-in.

FIFTY CENTS in coins for this pattern.

Add 15 cents for each pattern for first-class mailing and special handling. Send to Anne Adams, care of AFRO-AMERICAN Pattern Dept., 243 West 17th St., New York, N.Y. 10011. Print Name, Address with Zip, Size and Style

* * *

SPRING'S Fashions are a TOY FOR ALL SIZES! See 115 styles, 2 free hat patterns, fabrics, accessories in new Spring-Summer Pattern Catalog.

Gift Coupon for free pattern in Catalog. Send 50 cents.

Gold filled beef loaf

There's regular high seas piracy at the table when you serve this Gold-Filled Beef Loaf. Yet it's a kind of gold you can afford to pass among a hungry crew, for economy always keynotes a meat loaf dinner.

Chopped onion combines with shredded carrots to make a good-tasting, bright-colored filling that remains a secret until you slice. And there's another well-kept secret — rolled oats. They hold in the meat juices, making the loaf both moist and flavorful.

* * *

GOLD - FILLED BEEF LOAF is made with 1 cup shredded carrots, ¼ cup chopped onion, 1½ lb. ground beef, 2 cup rolled oats (quick or old fashioned, uncooked); 1 egg, 2 cup milk, ½ cup chopped celery, 1½ teaspons salt, and ½ teaspoon pepper.

* * *

SAUTE CARROTS and onion in butter in heavy fry pan about 10 minutes.

Combine remaining ingredients; mix thoroughly. Pack half of mixture into bottom of an 8½ x 4½ x 2½-inch loaf pan. Make well across center about ½ inch deep. Fill center with carrot-onion mixture. Pack remaining meat mixture on top pressing down to seal edges.

Bake in preheated moderate oven (350 degree F.) about 1 hour and 15 minutes. Let stand 5 minutes before slicing. Hold piece upright with wide spatula while slic-

In matters of good taste...trust the Scotch that never varies!

DEWAR'S "White Label"

BLENDED SCOTCH WHISKY - 86.8 PROOF
©SCHENLEY IMPORTS CO., N.Y., N.Y.

$2.35 ½ Pt. $3.72 ¾ Pt. $7.25 ¼ Qt. $8.79 Qt. $16.63 ½ Gal.
Sales Tax Extra

How to make sure of accommodations in Montreal for Expo 67

An attraction as great as Expo 67 is bound to put very heavy pressure on accommodations in the Montreal area. Nevertheless, you are *assured* a place to stay by LOGEXPO, the official Expo 67 accommodation bureau.

LOGEXPO has listings of over 79,000 rooms, in hotels, motels, tourist homes, efficiency apartments, special trailer motels and private homes. Every room has been inspected and approved by an agency of the Government of Quebec, and a government-controlled rate established.

If at peak periods, such as holiday weekends, certain kinds of accommodations are not available, LOGEXPO can offer you alternatives which we are sure you will find satisfactory. All you have to do to make a reservation is fill out the coupon below, and mail it to LOGEXPO. You will receive a reply within a few days, followed by a confirmation of reservation direct from the management of the hotel, etc., or the homeowner.

Or you may phone EXPOVOX at (514) 397-8397 for full information about availability of any of the accommodations listed below. Make your reservations as early as possible—the sooner you write or call, the wider your choice.

Private Homes. Over 30,000 hospitable Montrealers are welcoming visitors into their homes. The locations have been picked to make it easy for you to get to and from the Expo 67 site. RATES: from $8 to $14 a day for two people, $10 to $18 for three, or $12 to $22 for four.

Efficiency Apartments. Accommodations, mostly in central Montreal, for 10,000 people, with kitchen facilities and maid service. RATES: $18 to $25 a day for two persons, plus $3 a day for each additional person.

Hotels. There are still vacancies in downtown hotels during some periods, also in resort hotels within easy reach of Expo 67. RATES: from $12 to $30 a day (double occupancy).

Motels. Available in many periods, particularly early in the season, and after September 4th. RATES: $12 to $30 (double occupancy).

Tourist Homes. The position is similar to that of hotels and motels, with some vacancies in all periods. RATES: $10 to $18 (double occupancy).

Motels (Trailer type). 1200 units offer another attractive alternative, are ideal for families; kitchen facilities and maid service included. RATES: from $25 a day for two persons, $30 a day for four, or $49 a day for eight. Children under 12, free.

Trailer Sites. There are ample trailer sites within easy driving distance of Expo 67, all with 3-way hook-up. RATES: $3.50 to $5 a day.

Camp Sites. 20,000 sites, in 120 separate locations, in the area around Montreal. RATES: $2.50 to $3.50 a day.

All these accommodations are government-inspected, approved, and price-controlled.

To LOGEXPO, Expo 67, Montreal, P.Q., Canada. Phone (514) 397-8397,
Please reserve accommodations as follows:
Name
Address Apt.
City State Zip
Arrival Date Departure Date Number of nights Price range to
Number of adults (over 12) Number of children (under 12) Means of transportation
Type of accommodations required: (preference one, two or three)
PRIVATE HOME ☐ APARTMENT (efficiency) ☐
HOTEL ☐ MOTEL ☐ TOURIST HOME ☐ MOTEL (Trailer type) ☐ TRAILER SITE ☐ CAMP SITE ☐
Remarks

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The Universal and International Exhibition of 1967, Montreal, Canada/APRIL 28—OCTOBER 27, 1967

JOIN THE ACME "PRICE FIGHTER" FOR ALL YOUR

Holiday Favorites

STOCK-Up NOW! OPEN UNTIL 9 P.M. MONDAY May 29th. CLOSED TUES., MAY 30TH.

PRICES EFFECTIVE THRU MON., MAY 29, 1967

shop ACME MARKETS

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S&H GREEN STAMPS

WITH THIS COUPON DOMINO GRANULATED SUGAR 5-lb. bag 39¢ WITH YOUR $5.00 OR MORE PURCHASE. Void After May 29, 1967. One Coupon per Family Please.

WITH THIS COUPON COFFEE WITH YOURS $5.00 OR MORE PURCHASE IDEAL or MAXWELL HOUSE 1-lb. can 49¢ 1-lb. can 59¢. Void After May 29, 1967. One Coupon per Family Please.

THIS COUPON WORTH 100 S&H GREEN STAMPS WITH YOUR $10 OR MORE PURCHASE (excluding cigarettes & milk products). Void After May 29, 1967. One Coupon per Family Please.

LANCASTER BRAND, TENDER CHUCK RIB (7-INCH CUTS) DELMONICO
STEAKS 47¢ lb. 79¢ lb. $1.59 lb.

Chuck Roast BONELESS .... lb. 59¢ Cross Cut Roast BONE IN lb. 69¢ BONELESS lb. 79¢
California Roast ..... lb. 59¢ Fresh Ground Chuck ... lb. 59¢
Rib Roast OVEN-READY (1st. cuts slightly higher) ..... lb. 69¢ Fresh Ground Beef lb. 49¢ 3-lb. pkg. $1.39

LEAN SMOKED, FULLY-COOKED SHANK PORTION BUTT PORTION WHOLE OR HALF
HAMS 32¢ lb. 42¢ lb. 49¢ lb.

FRESH, PAN-READY CHICKEN PARTS WHOLE LEGS 49¢ lb. FRESH BREASTS 55¢ lb.
BARBECUED Fryers (1-lb., 6-oz. minimum) ... each $1.19

PICNIC FAVORITE! ... SKINLESS FRANKS FIRESIDE BRAND 2-lb. pkg. 99¢ LANCASTER BRAND 1-lb. pkg. 59¢
LANCASTER BRAND, FULLY-COOKED, WHOLE OR HALF Hams SEMI-BONELESS ... lb. 67¢
LANCASTER BRAND Lunch Meats . 3 6-oz. pkgs. 85¢

MORRELL'S, READY-TO-EAT CANNED HAMS 3-lb. can $2.59
LANCASTER BRAND, READY-TO-EAT Hams CANNED 2-lb. can 2nd 1¢ $2.99 3-lb. can 2nd 1¢ $2.99

SWEET, FIERY RED RIPE WATERMELONS Whole Melon 79¢

JUICY, CALIFORNIA SUNKIST LEMONS ..... dozen 39¢
FRESH, CRISP ICEBERG LETTUCE ... 2 large heads 35¢

KINGSFORD Charcoal Briquets 10-lb. bag 59¢
DAINTER Marshmallows ... 1-lb. pkg. 23¢
PRINCESS Aluminum Foil .. 2 25-ft. rolls 45¢
SHOESTRING Potato Sticks ... 3 7-oz. cans 89¢
PRINCESS Paper Plates ..... pkg. of 100 89¢
PRINCESS Cold Cups .. pkg. of 100 69¢
IDEAL Mustard ... 1-qt. jar 19¢
PRINCESS Napkins ... pkg. of 250 25¢
ALL GRINDS IDEAL Coffee ..... 1-lb. can 73¢
FRESH, CRISP MARBIS Saltines .... 1-lb. pkg. 19¢
MARBIS ASSORTED Cookies ..... 2-lb. pkg. 49¢
VIRGINIA LEE Potato Chips ..... 12-oz. pkg. 49¢
TERRYBROOK Mixed Nuts ..... 12-oz. can 59¢
BEACH'S Circus Peanuts .. 10½-oz. pkg. 29¢
52-OZ. SIZE $3.69 Picnic Chests LIFOAM . . each $17.79
40-qt. $17.79

VIRGINIA LEE BARBECUE or FRANKFURTER ROLLS pkg. of 8 26¢
FARMDALE ENRICHED, SLICED WHITE Bread ..... 2 1-lb. loaves 39¢
ASSORTED SENECA FROZEN DRINKS or SENECA LEMONADE 6-oz. cans 10¢
LANCASTER BRAND B-ALL 1 1/2-lb. pkg. Beef Steaks... 93¢
CREAMY SMOOTH ICE CREAM GLENSIDE ½-gal. ctn. 65¢ IDEAL ½-gal. ctn. 75¢
IDEAL HOMO., VIT. "D" (gal. ctn. $1.03) NO DEP., NO RETURN Fresh Milk..... ½-gal. ctn. 52¢

IDEAL CHUNK Light Tuna ... 6½-oz. can 25¢
10-OFF IDEAL Mayonnaise ..... quart jar 49¢
10-OFF IDEAL Salad Dressing ... quart jar 45¢
KRAFT'S Miracle Whip ..... quart jar 57¢
IDEAL FRESH Kosher Pickles ... 1½-qt. jar 49¢
FARMDALE Stuffed Olives .... 4-oz. jar 39¢
IDEAL Tomato Catsup . 2 1½-qt. bots. 59¢
CROSSE & BLACKWELL Relishes ..... 2 10½-oz. jars 39¢
IDEAL SWEETENED OR UNSWEETENED Grapefruit Juice 2 1-qt. 14-oz. cans 49¢
IDEAL KIDNEY OR Pork & Beans ... 2-lb. 2-oz. can 39¢
IDEAL FANCY Apple Sauce . . 2-oz. jar 49¢
MUSSELMAN'S Apple Sauce ..... 2-lb. 2-oz. jar 59¢
RED OR YELLOW Hawaiian Punch 3 1-qt. 14-oz. cans 89¢
IDEAL GRAPE, ORANGE OR Honolulu Punch . 4 1-qt. 14-oz. cans 99¢
RED WOOD Picnic Tables ..... each $18.88

ASSORTED FLAVORS... BALA CLUB BEVERAGES 12 12-oz. cans 79¢ NO DEPOSIT ... NO RETURN!

IDEAL GRADE "A" MEDIUM SIZE FRESH EGGS 3 doz. 89¢

DELICIOUS HOT OR COLD!... HORMEL SPAM 12-oz. can 48¢

Science grants to 16 teachers

Sixteen National Science Foundation grants have been awarded to teachers of the Baltimore City Public Schools. These grants are for study at colleges and universities outside of the Baltimore area and are in addition to the 31 grants awarded for study at Morgan State College.

The study grants cover tuition and carry a $75.00 weekly stipend as well as a $15.00 a week allowance for each dependent up to a maximum of four dependents.

National Science Foundation grants are made in recognition of the important role teachers play in the development of our potential scientific manpower. Awards are made to science and mathematics teachers. The following Baltimore public school teachers were awarded grants for the summer of 1967:

Brown University, Lawrence Parker, School No. 400; Temple University, Grace Copeland, School No. 75; University of Kentucky, John Cooper, School No. 408; Wilkes College, James Kinnos, School 230; Duke University, Robert Frantz, School So. 42; William and Mary College, Janet Bowman, School No. 407; Virginia State College, Calvin McCleary, School No. 76; Colbey College, Calvin Parham, School No.57;

Syracuse University, Gordon Browning, School No. 70; New York University, Melvin Boardley, School No. 43; State University College, Bernice Nickens, School No. 181; St. Augustine College, Herbert Jones, School No. 239;

Frostburg State College, Charles Foreman, School No. 403; Bucknell University, Shirley Bergofsky, School No. 76; Hampton Institute, Floyd Tillar, School No. 452 and Southern Connecticut State College, Glascoe Catlin, School No. 453.

Arena Players honoring Hughes

"Tambourines to Glory," a play by the late poet and playwright, Langston Hughes, will open at the Arena Playhouse, 406 Orchard St., on June 2, at 8 p.m.

Under the direction of Victor Myrick, recently returning from the Armed Forces in Germany, the Arena Players will sing the music and enact the drama of Hughes' creation.

The play will serve as an unexpected tribute to the New York artist who died on Monday, at the age of 65.

BURHA job clinic

The Baltimore Urban Renewal and Housing Agency will hold a job opportunities meeting for girls in junior high school and high school who are seeking employment for the summer.

The meeting will be held Thursday, May 25, at 3:30 p.m., at the BURHA headquarters, 1313 Druid Hill Ave.

A&P MARKETS CLOSED TUESDAY, MAY 30, 1967 MEMORIAL DAY

A&P Having a Picnic?

WE GUARANTEE EVERYTHING . . . but the Weather!

Here's a handy "Picnic Pick List" we hope will make this weekend's picnic the one picnic when nobody says, "Darn it we forgot . . ."

MEAT DEPT.: Cold Cuts, Frankfurters, Ground Beef, Chicken
BEVERAGES: Yukon Club Canned Soda, Our Own Instant Tea, Fruit Juices
DAIRY DEPT.: Cheeses, Butter, Eggs, Milk
JANE PARKER DEPARTMENT: Rolls, Breads, Cookies, Potato Chips, Cakes, Pies
ANN PAGE PICNIC ITEMS: Salad Dressings, Ketchup & Mustard, Barbecue Sauce, Olives, Peanut Butter & Jelly, Beans
FRUIT & VEG. DEPARTMENT: Tomatoes, Lettuce, Radishes, Fruits, Cucumbers, Watermelons
MISCELLANEOUS: Charcoal, Paper Plates, Paper Cups, Charcoal Lighter, Sandwich Wrap, Napkins, Crackers, Pickles, Aluminum Foil

As always, everything you buy at A&P is completely guaranteed to please. We're sorry we can't guarantee the weather—but, with you, we'll wish for a perfect day. Lots of us will be picnicking, too. P.S. Don't forget the can opener.

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DOWN TO EARTH LOW PRICES and You CAN WIN UP TO $1,000 CASH!

PLAY BILLFOLD BINGO!

Thousands of New Winners Weekly—Win $1,000, $500, $100, $10 Instant Cash and A&P Products

No Purchase Necessary To Participate

HERE ARE EXTRA PRIZE SLIPS TO HELP YOU WIN CASH PLAYING BILLFOLD BINGO

SERIES 5894 BILLFOLD BINGO $100 GAME B-14 A&P
SERIES 5894 BILLFOLD BINGO $10 GAME I-30 A&P

★ RECENT CASH WINNERS ★

$1000 WINNER MRS. CARLTON KESSLER — $1000 WINNER MARTHA BOLTON — $1000 WINNER MRS. G. PANDOLFINI — $500 WINNER DORIS JOHNSON

"Super-Right" Meats — Great Holiday Buys!

SUPER-RIGHT QUALITY BONELESS ROUND ROAST OR STEAK lb. 79¢ NONE PRICED HIGHER
BONELESS RUMP ROAST lb. 95¢ EYE OF ROUND ROAST lb. 1.19 CHIP STEAKS lb. 1.19
SIRLOIN TIP ROAST BONELESS lb. 95¢ GROUND ROUND lb. 79¢ CUBE STEAKS lb. 1.09

SUPER-RIGHT FULLY COOKED (14-18 LBS.) SHANK PORTION BUTT PORTION WHOLE OR EITHER HALF
SMOKED HAMS lb. 32¢ lb. 42¢ lb. 49¢

Oven Ready TURKEYS (5 TO 15-LBS.) lb. 35¢
Boneless Chuck Roast NONE PRICED HIGHER lb. 59¢
RIB STEAKS SUPER-RIGHT QUALITY 7-INCH CUT lb. 79¢
CHICKEN PARTS FRESH CUT-UP Whole Legs with Thighs lbs 49¢ WHOLE BREAST lb. 55¢
FRANKFURTERS Super-Right Skinless 1-lb. pkg. 57¢ 2-lb. pkg. 99¢
SLICED BACON ALL-GOOD 1-lb. pkg. 69¢ 2-lb. pkg. 1.37

Delmonico Steaks lb. 1.59
New York Strip Steaks lb. 1.79
Salami or Bologna FOREMOST MIDGET lb. 99¢
Boneless Cross Cut Roast lb. 79¢
Boneless Turkey Roast lb. 89¢
Lunch Meat SUPER-RIGHT Mix or Match 8 Varieties 3 6-oz. pkgs. 89¢
Assorted Salads 1-lb. cup 29¢ 2-lb. cup 49¢
Rapa Scrapple 1-lb. pkg. 35¢ 2-lb. pkg. 65¢
Sliced Cheese WHITE, YELLOW OR PIMENTO lb. 69¢
Barbecued Chicken lb. 49¢

PACKERS BRAND CANNED HAMS 3-lb. can 2.59 5-lb. can 4.25 10-lb. can 8.29
Rath Hickory Smoked 4-lb. can 3.99

Boneless Hams SUPER-RIGHT OR HORMEL lb. 1.19
Country Ham VIRGINIA FARMS BRAND lb. 89¢
Excelsior PEPPER OR ONION Beef Steaks 1-lb. pkg. 89¢
Dinner Franks SUPER-RIGHT SKINLESS 1-lb. pkg. 59¢
Sausage Meat SUPER-RIGHT 2 -lb. pkg. 77¢
Breaded Shrimp CAP'N JOHN'S 10-oz. pkg. 69¢ 2-lb. pkg. 2.09
Ocean Perch Portions Cap'n John's Breaded 2 -lb. pkg. 99¢
Haddock Fillets CAP'N JOHN'S 1-lb. pkg. 49¢
King Crabmeat CAP'N JOHN'S 1-lb. pkg. 1.69
Fish Sticks CAP'N JOHN'S 1-lb. pkg. 49¢

Great Eating for the Holiday—A&P's Groceries!

A&P CUSTOM GROUND COFFEE
EIGHT O'CLOCK 1-lb. bag 59¢ 3-lb. bag 1.73
RED CIRCLE 1-lb. bag 63¢ 3-lb. bag 1.85
BOKAR VIGOROUS AND WINEY 1-lb. bag 69¢ 3-lb. bag 1.99

YUKON CLUB (All Flavors) Beverages Canned 12 12-oz. cans 79¢
A&P GRAPE OR TROPICAL PUNCH FRUIT DRINKS 4 1-qt. 14-oz. cans 99¢

SULTANA BEANS IN TOMATO SAUCE 4 1-lb. cans 47¢
SALAD DRESSING SULTANA 1-qt. jar 39¢
CHARCOAL BRIQUETS REGAL BRAND 10-lb. bag 59¢ 20-lb. bag 89¢
WONDERFOIL A&P'S OWN ALUMINUM FOIL 12 inch 2 25 ft. rolls 43¢

MAYONNAISE ANN PAGE 1-qt. jar 59¢
LUNCHEON MEAT SUPER-RIGHT 2 12-oz. cans 89¢
OUR OWN INST. TEA 2 4½-oz. pkgs. 39¢
DRINKS ROUND-THE-CLOCK Apricot-Orange Grape-Apple Pineapple-Orange Apple-Cherry 3 1-qt. 14-oz. cans 89¢

Barbecue Sauce ANN PAGE 1-lb. 2-oz. btl. 35¢
Chicken Chow Mein LA CHOY BI-PACK 4½-oz. pkg. 99¢
Chicken Chow Mein LA CHOY 15-oz. can 59¢
Bean Sprouts LA CHOY 2 1-lb. 13-oz. cans 49¢
La Choy Soy Sauce 15-oz. btl. 35¢
Mr. Chip Choc. Chip Cookies BURRY'S 15-oz. pkg. 55¢
Hydrox Cookies SUNSHINE 1-lb. pkg. 45¢
A&P Instant Coffee 10-oz. jar 99¢
O&C Potato Sticks 3 7-oz. cans 89¢
Y&Y Caramel Corn 1-lb. bag 39¢
Hawaiian Punch RED OR YELLOW 6 46-oz. cans 89¢
Broiling Foil REYNOLD'S WRAP 18 inch 30 ft. roll 45¢
Realemon Lemon Juice 1-qt. btl. 57¢
Candy Bars 5¢ SIZE 24 in box 89¢
Ann Page Mustard Relish 12-oz. jar 25¢
Cherri Aid Drink Mix ANN PAGE All Flavors 6 pkgs. 99¢
Vita FRESH PACK Kosher Pickles CHIPS 1-qt. jar 29¢
Doumak Marshmallows 2 1-lb. bags 39¢
Hudson Paper Napkins FAMILY PACK pkg. of 200 29¢
Paper Plates WHITE 9 INCH pkg. of 100 75¢
Fonda Styro Foam Cups 9-OZ. SIZE pkg. of 16 39¢

Farm-Fresh Holiday Produce!

Tomatoes FANCY HOT HOUSE lb. 39¢
Cantaloupes WESTERN SIZE 36 each 39¢
Red Radishes 4 6-oz. bags 29¢
Barlinka Grapes lb. 39¢
Rhubarb FANCY WESTERN lb. 19¢
Winesap Apples FANCY WESTERN 2 lbs. 39¢
Valencia Oranges CALIFORNIA (SIZE 200) doz. 49¢
Pineapples FANCY WESTERN each 29¢
Avocado Pears 2 for 39¢
BANANAS GOLDEN RIPE NONE PRICED HIGHER lb. 10¢
CORN SWEET FANCY FLORIDA YELLOW NONE PRICED HIGHER 12 ears 69¢
WATERMELONS LARGE RED RIPE 24-lb. avg. 98¢
JUICY LEMONS CALIFORNIA (SIZE 200) doz. 39¢
GREEN BROCCOLI FANCY CALIFORNIA bunch 29¢

Jane Parker Bakery Features!

Sandwich BREAD SPECIAL! Save 5c on two loaves 2 1½-lb. loaves 59¢
Apple Pies 8 INCH PIE SPECIAL! (Save 10c) 1½-lb. pkg. 39¢
Holiday Pound Cake 2-lb. 7-oz. pkg. 79¢
Jewish Rye Bread PLAIN OR SPECIAL! SEEDED (Save 9¢) 2 1-lb. loaves 45¢
Rolls HOT DOG OR HAMBURGER 10-oz. pkg. of 8 26¢ 15-oz. pkg. of 12 36¢
Potato Chips TWIN PACK PLAIN OR RIPPLE 12-oz. box 49¢

Thrifty, Convenient Frozen Foods!

MT. BAKER GREEN PEAS PEAS & CARROTS CUT CORN Your Choice! 4 10-oz. pkgs. 49¢
A&P FRENCH FRIED GRADE 'A' POTATOES REGULAR OR CRINKLE CUT 5 -lb. bag 79¢
A&P Baby Lima Beans 5 10-oz. pkgs. 99¢
Libby's Lemonade 6-oz. can 10¢
Tip Top Fruit Drinks 6-oz. can 10¢
Banquet Cream Pies ASSORTED 14-oz. pkg. 29¢
Banquet Meat Pies Chicken, Beef, Turkey or Tuna 4 8-oz. pkgs. 69¢
Orange Juice MINUTE MAID (3-12 OZ. CANS 89¢) 6 6-oz. cans 95¢
Green Beans A&P FRENCH OR CUT 1 7-oz. pkgs. 89¢

Holiday Seafood Selections!

FANCY (21-25 Count) JUMBO SHRIMP lb. 1.49
Fancy Dressed Whiting 5-lb box 1.29 lb. 27¢
Swordfish Steaks FANCY lb. 69¢
Fresh Porgies lb. 33¢
Shrimp Cocktail CAP'N JOHN'S 3 6-oz. jars 89¢
Crab Meat FRESH REGULAR 1-lb. can 1.29 BACK FIN 1-lb. can 1.99
Prices in this advertisement effective thru Mon., May 29, 1967.

Guaranteed Good Dairy Buys!

SUNNYBROOK GRADE 'A' EGGS MEDIUM SIZE 3 doz. 89¢ LARGE SIZE 2 doz. 75¢
ICE CREAM MARVEL All Flavors ½-gal. ctn. 65¢
Butter SUNNYFIELD GRADE 'AA' FRESH CREAMERY ¼ LB. PRINT lb. 77¢ SOLID LB. PRINT lb. 75¢
Cheese Slices MEL-O-BIT White, Yellow, Pimento or Swiss 12-oz. pkg. 49¢
Cottage Cheese A&P 1-lb. ctn. 25¢ 2-lb. ctn. 49¢
Cheese Spread CHED-O-BIT Processed American 2 -lb. loaf 93¢

La Choy Chow Mein Noodles 5-oz. can 19¢ 6-oz. can 29¢
Mrs. Filbert's Margarine GOLDEN QUARTERS 3 1-lb. pkgs. 79¢
Hi-C Fruit Drink ALL FLAVORS 3 1-qt. 14-oz. cans 89¢
Scot Paper Towels 3-ply roll 31¢
Reynolds Wrap ALUMINUM FOIL HEAVY DUTY 18" x 25 ft. roll 49¢
Reynolds Wrap ALUMINUM FOIL 12" x 25 ft. rolls 49¢
Yuban Coffee 1-lb. can 89¢
Hormel Spam LUNCHEON MEAT 12-oz. can 55¢