APRIL 29

Department of Maryland Reserve Officers Association Annual Convention to be held at Officers Club, Andrews Air Force Base, Camp Springs, Md. Registration at 0830 hours.

$1,500 to back 'Upward Bound'

To support the efforts of "Upward Bound Project," aimed at esuipping disadvantaged high school students for college, a local fraternity has given a check for $1,000 to Baltimore Junior College.

The professional and business fraternity, Pi Omega chapter of the national Omega Psi Phi, gave the money for college scholarships for high school students now enrolled in the project.

James Grant, president of the fraternity, presented the check to Dr. Harry Bard, college president.

The presentation is part of the civic program of the chapter, composed of college graduate members in the Baltimore area.

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THE UPWARD Bound program, directed by Dr. Clarence J. Fields, seeks to develop the skills necessary for college success among low-income high school students who come to the college afternoons and Saturday mornings.

The project, including an extensive summer program, has been in operation nearly a year.

"We are appreciative of the funds supplied by the Omega Psi Phi fraternity for the project," Dr. Bard said at the presentation ceremonies.

"This is the first check we have received for this purpose," he added. "The money will certainly go to a worthy cause, providing a college education for deserving students."

Other officers of the fraternity are: William Garner, vice president; Robert Johnson, keeper of records and seal and Malachi Darkins, treasurer.

UPWARD BOUND — James Grant (second from right), president of the local Omega Psi Phi fraternity, gives $1,000 to President Harry Bard, of Baltimore Junior College, for college scholarships to youngsters in the "Upward Bound Project." Looking on are Dr. Clarence J. Fields (left), director of the project, and L. Stanley Bowlsbey, dean of instruction at the college.

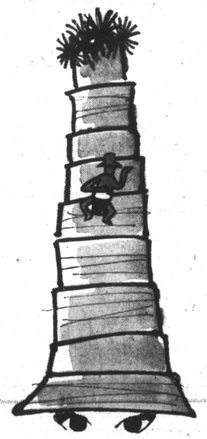
Study grants go to 3 Miles teachers

BIRMINGHAM, Ala—The Rev. Abraham Woods, John R. Davis, and Mrs. Lynn E. Davis, all of the Social Science Department at Miles College, have received fellowship grants to study under the Southern Fellowship Program for the 1967-68 academic year.

Selassie visits

BERMUDA (UPI) — Emperor Haile Selassie of Ethiopia will arrive Thursday for a two - day private visit before going on the United States government officials said.

Palm Trees
Carriage Rides
Limbo
Pink Beaches
Goombay Drums
Papaya
Water Skiing
Rum Punch
Sparkling Sun
Sailing
Island Hopping
Discotheques
Scuba
Banana Bread
Straw Market



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BY AIR: From Baltimore—3 hours flying time. From Miami—about 30 minutes. No passport or visa needed by U.S. citizens; some proof of citizenship is recommended.

Coppin choir to give annual spring concert

The Coppin State College Choir will present its annual spring concert on Thursday, April 27, at 8:15 p.m., in the Pullen Gymnasium on the campus, 2500 W. North Ave.

The 70 - voice group, under the direction of Henry N. Freeman, will sing the music of William Latham, Michael Ippolitoff Ivanoff, Palestrina, Gibbons, Beethoven, Thomas Morely and Orlandus Lassus.

The concert will also include spirituals arranged by William L. Dawson, Harry T. Burleigh, Jester Hairston and Hall Johnson.

Minister says Adam took ideas for book

NEW YORK (UPI) — An editor of the Christian Herald said Tuesday he has found some "curious duplications" between an anthology of sermons by Adam Clayton Powell and the writings of two veteran theologians.

In a review of Powell's book, "Keep The Faith, Baby!" published in the current issue of Saturday Review, the Rev. David Poling quoted 19 passages from the Powell book that are "fascinating parallels" to passages in books by the Rev. George A. Buttrick and the Rev. Halford Luccock.

"One of Powell's difficulties is giving credit to original sources," wrote Poling, noting that the Powell book is printed without footnotes except for direct Bible references. It is due to be published by Trident Press May 3.

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POLING, A Presbyterian minister and nephew of the noted Rev. Daniel A. Poling, said quotation marks in Powell's book were about as scarce as "his appearances in Harlem." He said Powell, like some of his colleagues, apparently "has discovered that it is one thing to preach and quite another to publish."

Poling gives an example of a passage from "Interpreter's Bible," written by the Rev. Buttrick, former minister of the Madison Avenue Presbyterian Church in New York, in 1951:

BUTTRICK: "JESUS might be able to startle a shallow generation out of its indifference into sudden belief. Noble spirits are tempted to be sensational for the sake of God. God is not improved by sleight of hand . . . how often we try!"

Powell: "Jesus might be able to shake a shallow generation out of its indifference. Its unbelief. Noble spirits are always tempted to be sensational for the sake of God. God is not proved by sleight of hand . . . How often we try!"

Poling quotes a similar example from "Marching off the Map," written by the Rev. Luccock, former professor at the Yale Divinity School, in 1951:

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LUCCOCK: "A small animal has great resistance to gravity relatively 10 times greater than the drivint force. Hence, flies can walk on the ceilling and a thousand foot fall, which would kill a man, or even a rat, will give a mouse only a slight daze."

Powell: "A small animal has resistance to gravity relatively 10 times greater than its driving force. That's why a fly can walk on a ceiling or a mouse can fall a thousand feet and only be slightly dazed."

Powell, recently reelected to the House seat from which he was excluded March 1, also is pastor of the Abyssinian Baptist Church in Harlem.

Shop okey asked at 4033 Bonner

An appeal asking the operation of a tailorshop in the basement at 4033 Bonner Rd. is to be heard Tuesday by the Board of Municipal and Zoning Appeals.

Among the others scheduled, beginning at 1 p.m. in Room 231 City Hall, is a case asking an embalming establishment in the integrated neighborhood at 3300 W. Belvedere Ave.

The past Tuesday, the board gave his approval to these appeals at these locations:

2920 Parkwood Ave. — continue to house three families; 3701 Edmondson Ave. — operate a dry cleaning clothes pickup; 1735 E. Biddle St. — operate first floor carry out shop; 1800 E. Chase St. — to allow the operation of a beauty and barber shop, and 702 Druid Hill Ave. — approved for the housing of two families.

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D. DOUBLE DOOR WARDROBE—Natural tan baked-on enamel finish accented with gleaming brass door pulls. Spring catches, smooth radius corners. 24" wide x 20" deep x 60" high. $12.
E. JUMBO UTILITY CABINET—Easy clean glossy baked-on enamel chrome pulls, spring catches. Extra deep shelves. 24" wide x 20" deep x 64" high. $24.
F. JUMBO SIZE WARDROBES—Tan Hammertone baked-on enamel. Holds a closet full of clothes (long and short. Reinforced center post and hanging rod. 2 mothball holders. Full depth hat shelf. 36" wide x 20" deep x 64" high. $24.
G. BASE CABINET—With deep divided cutlery drawer . . . white glitter top, white baked-on enamel finish, spring catches, chrome handles. 24" wide x 20" deep x 36" high. $24.
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Evening of song at Meridian Hill

The Women's Club of Meridian Hill Baptist Church at 3725 Kalorama Road, NW, will present Russell Williams in an Evening of Song, Sunday, 3:30 p.m. for the benefit of the building fund.

Mrs. Mary Buchanan is president; Mrs. Alberta Hart, secretary. Rev. Dr. R. McIntyre, pastor.

The Club Council of the church will sponsor a trip to Boston, in July. Mrs. D. Little, is president. Mrs. M. Buchanan, chairman.

Fish is answer to spring menu

BY VIRGINIA McLUCKIE
food economist

When the demand at the dinner table calls for a different dish, why not turn to the fish counter selections to add new zest to your table fare?

Two whole fish suggestions are shad and rockfish, which is also known as striped bass.

Rock is one of the most important and valuable fish found in Maryland waters. The fish on the Great Seal of Maryland is said to be the Rock, symbolic of Chespeake Bay. More striped bass is produced in this State than all of North America combined.

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RIGHT NOW the pan size rock, which runs from ¾ to 2 pounds, is in liberal supply and attractive in price. Rock is a relatively large fish always identified by the stripes of light and dark skin running vertically. It takes about two to three years for a rockfish to reach pan size, and the larger, 5 to 6 pound fish are five years of age or older.

Mostly, the larger fish — 6 to 9 pounds — are responsible for spawning, which takes place in the relatively quet, slightly brackish conditions of large tributaries of the Chesapeake. The very large fish are travelers. Tagged large rock have been located as much as seven hundred miles from the bay tagging area. Rock is a lean fish with sweet, tender, firm flesh. It may be broiled, fried or baked.

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SHAD IS a member of the herring family which means the flesh is laced with small bones in a herring pattern. Shad starts its season in Florida in the early months of the year and gradually moves north until April and May, when the Chesapeake waters yield a large catch of shad.

Two types of shad are sold, the male which is buck shad and the roe or female shad. Many markets sell the shad fillets with bones and the boned shad fillets. It is possible to soften many of the small bones by very long, slow baking, but the bones are never all dissolved. Shad is a spring treat. Since it is a fat fish, it may be broiled and baked as preferred cooking methods. Shad may be fried.

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WHEN SELECTING a whole fish count on one pound per person. If the fish is dressed, allow one half pound per person for reach serving. Look the fish over carefully. The fish should have bright, clear, bulging eyes, red gills, firm, elastic flesh with scales adhering tightly and a mild fish odor.

There is a heavy supply of frozen fish fillets and steak cuts of larger fish being offered in the markets. Count on having three to four servings per pound from these forms of fish.

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IN COOKING, fish might be considered quick cooking. The fork test is easy to use; as soon as the fish flakes easily with a fork it is done. Improper cooking causes toughness and dryness.

The produce counter recommendations are cabbage, carrots, celery, radishes, tomatoes, cooking greens, and new round red potatoes. In the fruit section, good buys are in oranges, grapefruit, lemons and bananas. Frozen orange juice is an economy.

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ROCKFISH AMANDINE is prepared with 2 pounds rockfish fillets, 1 teaspoon salt — dash pepper, ½ cup flour, and ¼ cup butter or margarine, melted, ½ cup blanched slivered almonds, 2 tablespoons chopped parsley.

Skin fillets and cut into serving-size portions. Sprinkle fish with salt and pepper. Roll in flour. Fry in hot fat at moderate heat until brown on one side. Turn carefully and brown the other side. Cooking time approximately 10 to 12 minutes, depending on thickness of fish. Remove fish to hot platter.

Fry almonds until lightly browned. Add parsley. Serve over fish. Serves 6.

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Made with 2 big dips of ice cream covered with thick, rich delicious chocolate, whipped cream and a cherry.
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PINTS AND ½ GALS.
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Mott's Apple Juice 3 quart bots. 69¢
Hawaiian Punch Red, Yellow, Low Calorie 3 46 oz. cans 89¢
Pork & Beans Campbell's 2 28 oz. cans 49¢
Pillsbury Flour 5 lb. bag 53¢
Instant Nescafe 6 oz. jar 75¢
Tea Bags McCormick With 7¢ Off pkg. of 48 43¢
Ivory Liquid With 10¢ Off 22 oz. bot. 45¢
Cut Green Beans Maryland Chief 2 16 oz. cans 29¢
Grape Jelly Old Virginia 2 18 oz. jars 49¢

EDDIE'S Fluff Fabric Softener ½ gal. bot. 39¢
CREST Tooth Paste Reg. 95¢ - 6¾ oz. Tube 69¢

CAMPBELL SOUPS Chicken-Noodle Cream of Mushroom 4 10½ oz. cans 59¢
HUDSON TOWELS Assorted Colors-3¢ Off giant roll 23¢
Spaghetti-O's With Franks 2 15½ oz. cans 49¢

REDEEM THESE VALUABLE COUPONS
PLAIN OR IODIZED MORTON SALT 2 26 oz. pkgs. 5¢ With Purchase of 5.00 or More of Other Merchandise. Limit One Coupon Per Family. Offer Expires Sat., Apr. 22, 1967
PURE BLACK McCORMICK PEPPER 4 oz. can 19¢ With Purchase of 5.00 or More of Other Merchandise. Limit One Coupon Per Family. Offer Expires Sat., Apr. 22, 1967

Brillo Soap Pads 2 pkgs. 49¢
Hunt Club Burgerbits 5 lb. pkg. 69¢
Strawberry Preserves Old Virginia 18 oz. jar 43¢

FROZEN FOODS
MORTON MEAT PIES Beef, Chicken or Turkey 6 8 oz. pkgs. 99¢
Freezer Queen in Gravy Sliced Meats Beef or Turkey 2 lb. pkg. $1.29
Cool Refreshing Birdseye Awake 2 9 oz. cans 59¢
Hanover Crinkle Cut French Fries 1½ lb. pkg. 19¢

"Always Fresh" PRODUCE
CRISP JUICY RED APPLES 3 lb. bag 49¢
Florida Full O' Juice Oranges doz. 29¢ 3 doz. 79¢
Western Carrots 2 cello. pkgs. 19¢
New Red Potatoes 5 lbs. 43¢
Spinach or Kale cello pkg. 23¢

ESSKAY QUALITY MEATS!
FRESH PORK
Center Rib Chops lb. 69¢
Center Loin Chops lb. 79¢
First Cut Chops lb. 45¢
Roast Loin End Up To 3 lbs. lb. 39¢
SMOKED NECKS Lean Tender Sugar Cured lb. 79¢
SILVER LABEL - FULLY COOKED HAMS
Shank Half lb. 49¢ Butt Half lb. 59¢
Whole Ham lb. 49¢
Center Slices lb. 99¢
CANNED HAMS Hickory Smoked Ready To Serve 3 lb. can 2.99
Prices Effective Thru Sat., Apr. 22. Quantity Rights Reserved
Frozen Chicken Legs 2½ lb. pkg. $1.29
Pure Pork Sausage 1 lb. pkg. 43¢
Tiajuana Tid Bits 5 oz. pkg. 49¢
Frozen Chicken Breasts 2½ lb. pkg. $1.49
Sliced Chicken Breasts 4 oz. pkg. 43¢
Midget Braunsweiger 10 oz. each 33¢

ESSKAY QUALITY Cold Cuts Bologna Pickle Pimento Olive Loaf Pizza Loaf 3 6 oz. pkgs. 89¢
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We don't want to be the biggest . . . JUST THE BEST!

Oatmeal Bread

Served warm, this golden brown yeast bread, flavored with honey and quick-cooking oats, makes a satisfying accompaniment for a spring or summer meal.

Homemakers who enjoy fresh breads, but are short of time, find this simple recipe a boon to their time schedule. Honey Oatmeal Casserole Bread does not require kneading and is "proofed" or allowed to rise once. The entire mixing-rising-baking process can be completed in a mere two hours.

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HONEY OATMEAL Casserole Bread is made with one package yeast, one-fourth cup warm water, one cup hot water, one-half cup softened butter, one-fourth cup honey, one teaspoon salt.

Also, three and one-fourth cups sifted enriched self-rising flour (about), two eggs, one cup quick-cooking oats, and melted butter.

Soften yeast in warm water. Blend hot water, butter, honey and salt in large bowl. Stir in about 1¼ cups flour and beat until smooth and elastic, about 1 minute on electric mixer or 150 strokes by hand. Beat in softened yeast, eggs and oats. Stir in enough more flour to make a stiff batter.

Beat until batter is smooth and elastic, about 1 minute with electric mixer or 150 strokes by hand. Cover and let rise in warm place (80-85 degrees) until light and bubbly, about 1 hour. Stir down and turn into well-greased 2-quart casserole dish.

Bake at once in preheated 375 degrees oven, 45-50 minutes, or until golden brown and bread begins to shrink from sides of dish. Cool 10 minutes before removing from dish. Brush with melted butter.

Firemen praised

Rosewood State Hospital honored five volunteer fire companies which respond to hospital alarms at its third annual Firemen's Testimonial Banquet Tuesday.

Also honored was Rosewood's own Fire Brigade, composed of 30 volunteer employees of the hospital.

The volunteer fire companies are those of Chestnut Ridge, Glyndon, Reisterstown, Owings Mills and Pikesville.

Nevin B. Merkle, Rosewood Hospital fire marshal, attributes the success in handling fires at the hospital to the quick response of the volunteers.