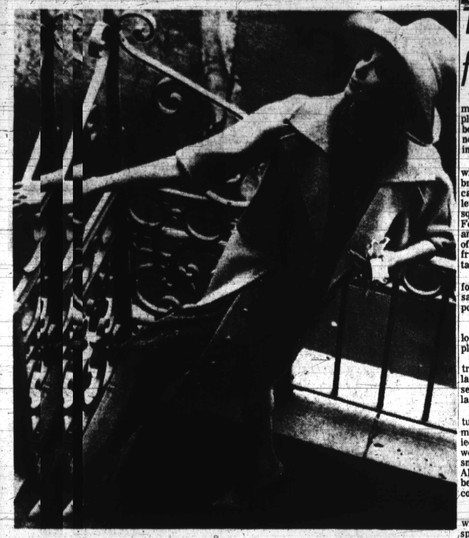

PAUTRIUERNE TRIGERE presents this "tripl" inipler treat" in her new 1965 Early Sprinrt cinleResort collection shown in New this w ebrk, this week. The chic three-piece costcenravel costume features a short fwingt, a ngrcacket, a wrap-around button skirt with a slight flare, and a supple cotton chiffon dress. The three can be worn together, the jacket and skirt as a suit, or the filmy dress for cocktails.

BEST BUYS

Turnips tops on food budget list

Food shoppers will find meat counters featuring plenty of turkeys, hams, and beef roasts for family dinners and company entertaining.

Fresh produce counters will offer a coloful array of brussels sprouts, broccoli, cabbage, carrots, celery, lettuce, onions, radishes, squash, and sweet potatoes. For fruit cocktail appetizers and salads there are plenty of apples, bananas, grapefruit, grapes, oranges, and tangerines.

For the fish course, look for plenty of canned pink salmon, fish sticks, and fish portions.

• • •

NOW HERE'S a closer look at foods in plentiful supply in this area:

Northeast—(Delaware, District of Columbia, New England, New York, New Jersey, Pennsylvania, Maryland, West Virginia):

Fresh hams will be featured at Northeast meat markets this weekend. Carried over from the Christmas weekend as top buys will be smoked hams and turkeys. Also, good values will be beef ribs and steaks, and cold cuts.

• • •

BEST VEGETABLE buys will include brussels sprouts, broccoli, large-size artichokes, beans, beets, carrots, florida clery, endive-escarole, eggplant, iceberg and romaine lettuce, mushrooms, parsley, medium size yellow onions, radishes, spinach, Italian type squash, tomatoes, turnips, Maine and long island potatoes, and sweet potatos.

Top fruit values will be apples, bananas and strawberries.

FILLETS, SCALLOPS, oysters, shrimp, and king crab are the top fish buys.

Southeast — (Alabama, Florida, Georgia, Kentucky, Mississippi, North Carolina, South Carolina, Tennessee, Virginia):

Food shoppers will find generous supplies of pork roasts, chops, hog jowls, sausage, and hams at southeastern food stores this week. The prices are attractive. Beef is also a good buy including steaks, ground beef, and chuck roasts.

At produce counters economy - minded food shopper will find plentiful supplies of sweet potatoes, lettuce, carrots, and cabbage.

Eggs are also in good supply.

The southeastern fish shopper will find abundant supplies of oysters, sea trout, spanish mackerek, whiting, mullet, shrimp, and crabmeat.

ODORIFEROUS

NEW YORK (UPI) —For a delightful air freshener in milady's sick room, rub her favorite stick cologne on the light bulbs, suggests Nurse Minnie C Weinstone, of Tacoma, Wahs.

The warmth of the lighted bulb seems to carry the scent throughout the room, she reports in "Squibbs Nurses Notes."

Gibson-LeGrand ceremony held

ROCKINGHAM, N.C. — Ashley Chapel Methodist Church was the setting for the recent wedding of Miss Dorothy Carolyn LeGrand became the bride of Jesse Gibson Jr.

The bride is the daughter of Mr. and Mrs. Price LeGrand, of this city. Mr. Gibson is son of Mr. and Mrs. Jesse Gibson Sr. of Asheville, N.C.

The church was decorated with a background of floral arrangements of white gladiolias and large mums and green palms, and seven-branched candelebras with lighted white tapers. The family pews were marked with white satin bows. Wedding music was furnished by Miss Grace Ingrid Beard, Miss Delores McInnis, and Lee W. Rush.

THE BRIDE was given in marriage by her father. She wore a short dress of chantille lace and peau satin. The bodic was fashioned with a scooped neckline and long sleeves. The semi-full skirt had an over lay of lace and removable type train attached to the waistline in the back.

Her shoulder length veil of bridal illusion floated from a small tiara of pearl and crystal. She carried a bouquet of white orchids with miniature white carnations with white streamers. The double - ring ceremony was used and the Rev. J. Asbury officiated.

Miss Lucille LeGrand of Washington, D.C. sister of the bride, was maid of honor. Brides maids were Misses Wanda, Elmira and Rachel LeGrand, sisters of the bride; and junior bridesmaid was Miss Melba Gibson, sister of the groom.

The maid of honor a rose colored taffeta, with scooped neckline and long sleeves. The brides maids wore dresses of the same pattern, aqua. They carried nosegays of white shasta daises and white carnations with better time stems.

The bride's cousin Darrel McInnis was ring bearer.

CHARLES TENEANT served as best man. Ushers were James LeGrand, brother of the bride, Thomas D. Hager and Ellsworth Ingram.

The bride's mother chose for her daughter's wedding an aqua taffeta dress with lace overskirt and matching accessories. She pinned a lavender orchid at her shoulder. The groom's mother wore a navy dress with matching accessories and a lavender orchid.

Following the wedding a reception was held at the home of the bride's uncle and aunt, Mr. and Mrs. J. H. McInnis.

The young Mrs. Gibson is a graduate from Leak St. High School, and Livingstone College. She is a science teacher in the public school system of Rocky Mount, N.C.

Needlecraft

7114—COZY SCARF-HELMET keeps you warm and pretty; protects your hairdo. Simple to knit, then just sew up the back. Wear it tucked in or over coat collar. Easy directions. 7104—BUTTERFLY-BRIGHT QUILT—a delight in many-colored scraps or shades of one color. Embroider body, feelers. Charts! patch patterns; directions; yardages. 7151—BE A GLAMOROUS HOSTESS in this party-pretty apron. Small flowers on heart pockets and matching potholder are lazy daisy. Transfer, pattern in medium size.

Thirty-five cents (coins) for each pattern—add 15 cents for each pattern for first-class mailing and special handling to Alice Brooks, Afro-American, Needlecraft Department, Box 163, Old Chelsea Station, New York, N. Y. 10011. Print **Name, Address, Zip, Pattern Number.**

1965 NEEDLECRAFT CATALOG — 200 designs, 8 free patterns! Newest knit, crochet fashions, embroidery. 25c.

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Duchess of Windsor Pattern

The real strength behind the Duches of Windsor's stature as a fashion leader is her unerring eye for the line that does the most good for the most women, and her faultless taste in editing the news to get he best out of it.

This three piece costume is an ideal example of this special talent:

Note that the blouse has buttons, the jacket none; note the soft role of the low cut neckline on the blouse; and particularly note how she has designed the blouse sleeves with shaped darts to mould it into a cape that covers just the right amount of upper arm.

The slim, separate skirt has tiny gathers that start at the sides and continue around to the back to give a perfect hang.

The jacket is designed to be reversible if you wish and this fact leads to all sorts of possibilities. Navy will be back this spring, so consider a lightweight wool with pique or linen for blouse and lining.

A silk print lining the blouse with linen, wool or a heavily textured surface fabric would be extra smart. Raw silk in two weights is another notable combination, as is suiting jersey with a shantung or crepe lining and blouse. Spadea's exclusive ready-to-wear sizes produce a better fit.

See chart for size best for you.

SIZES.	BUST	WAIST	HIPS	*LENGTH
10	34	24	35	16½ inches
12	35	25	36	16¾ inches
14	36½	26½	37½	17 inches
16	38	28	39	17¼ inches
18	40	30	41	17½ inches

*From Nape of Neck to Waist

Sizes 12 requires 3¼ yards of 36" fabric with nap for Jacket & Skirt. Blouse & lining contrast require 2 5/8 yards of 42" fabric without nap. To order Duchess of Windsor pattern No. 45, state size, send $2.00.

Pattern Books No. 23, No. 24, No. 25, No. 26, No. 27, No. 28 and revised Duchess of Windsor are available for 50c each OR any 3 for $1.25 OR all 7 for $3.00. Add 10c postage for each book.

Address SPADEA, Box 535, G. P. O. Dept. B, D. W-2 New York, N. Y. 10001.

Household hints

Drape a clean terrycloth towel over baby's high chair to absorb perspiration and protect his bare back and legs from sticking.

• • •

Insert an old burned out fuse in outdoor empty electric light sockets to keep them clean and dry.

• • •

Place an electric iron on cracked or worn pieces of asphalt or plastic floor tile to remove them easier.

• • •

Bathe diamonds with lukewarm water and ammonia, then scrub with an old toothbrush.

• • •

Pre-soak prunes in left-over fruit juices instead of water before cooking to give an appetizing flavor.

• • •

Use a hack-saw or meat-saw, instead of a knife, when cutting hard-shelled squash.

• • •

Use a meat baster to change the water in a flower bowl without disturbing the flower arrangement.

• • •

Put small items in an old nylon stocking and tie knot in open end for machine washing.

• • •

Pencil marks the shells of hardboiled eggs "H-B" before putting them in the refrigerator: No one will mistake them for fresh eggs.

• • •

from insects with a coat of varnish.

• • •

Protect rustic furniture Soak glassware with hard water stains in sour milk for a day or so to remove stains.

• • •

Remove crusted lime deposit from class cookware by biling a cup of lemon and water together.

VARY SANDWICHES

WASHINGTON (UPI) —If a sandwich is to be the "main dish" packed in a lunch-box, give it a high - protein filling, says US Department of Agriculture nutritionists.

Vary the fillings to avoid monotony. Try flaked cooked fish with chopped raw cabbage and salad dressing, or cold baked beans moistened with thick chill and thinly sliced onion or cucumber.

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TRUE, CHILI is a main ingredient in Chili Beans, shown above, but use chili's delightful flavor to enhance many other recipes. Recipes are given below.

Certain herb or spice will brighten ordinary recipe

A certain herb or spice may be just the secret ingredient a cook will use to enhance an ordinary recipe. The famous chef uses a pinch of this and a dash of that to step up the flavor that makes a dish his very own. Don't be afraid to experiment. Perhaps you've always thought of chili simply as hot. There's much more to this tropical herb than that. Although there are different varieties, the chili we buy at our grocers is pungent, tangy with only a bit of snap.

This delightful flavor, not really hot at all by ordinary standards, is a fine addition to many dishes. Try these appetizing recipes and see.

• • •

CHILI BEANS require one lb. dry Michigan navy beans, one - lb. salt pork, diced, one cup chili sauce, one table - spoon chili powder, one tea - spoon ginger, one - half cup molasses, one onion, chopped, and salt, pepper to taste.

Cover beans with water and boil for 2 minutes. Cover and let stand one hour. Add salt pork and simmer one to one - half hours. Mix in all other ingredients and turn into two - qt. casserole. Cover and bake at 300 degrees about two hours or till beans are tender, adding a little more water if necessary. Remove cover and continue baking about 25 minutes longer. Makes six servings.

• • •

FOR BURGER CASSEROLE use one lb. ground beef, two tablespoons butter or margarine, one - half cup onion, chopped, one teaspoon garlic, minced, four cups (two one-lb. cans) Kidney beans; one tablespoon chili powder, one teaspoon paprika, one teaspoon salt, one-third cup grated Cheddar Cheese, one - fourth tea - spoon oregano, dash pepper, one cup (8 oz. can) tomato sauce, and three - fourth cup crushed corn chips.

Brown meat in heavy skillet and turn into two - qt. casserole. Melt butter in skillet. Add onion and garlic and saute till onion is clear. Add and mix together all other ingredients except cheese. Spoon over meat and sprinkle with cheese. Bake in moderate oven (350 degrees) for 30 minutes—or till heated through and bubbly. Makes 4 servings.

• • •

MAKE BACON CONCARNE with one onion, chopped fine, one - half clove garlic, chopped fine, one - half lb. bacon, cut fine, one can (1 lb.) baked beans, two med. tomatoes, sliced, one tablespoon soy sauce, one tablespoon tomato puree, one teaspoon chili powder, and one - half teaspoon dried mixed herbs.

Gently fry onion and garlic in a little shortening till tender but not browned. Add bacon and cook lightly. Add remaining ingredients and stir well together. Cover pan and cook very gently for one-half hour. Serve in a border of freshly cooked rice. Makes four servings.

Prize Potluck

The dictionary defines potluck as "whatever the family meal happens to be."

Well, if it just happens to be "California Prize Potluck," everyone who eats it is going to be mighty lucky indeed. Here's a hearty, old - fashioned, truly tasty casserole the likes of which you may not have savored recently. It's ideal for casual entertaining at home or for taking along to a church or club supper.

LARGE DRY lima beans are the base for this down - to - earth main dish. Large husky ripe olive wedges give it special character and unique nut - like flavor. Chopped onion provides zest and diced green pepper supplies crunch. Sliced frankfurters are in it, too, not to mention molasses, chili sauce and zippy seasonings. All in all, a great combination!

Heating ripe olives is merely one way to enjoy this wonder fruit from California. Eating them out - of - hand is still another way. To make them glisten handsomely, roll the eolives lightly in olive or salad oil for a party treat.

CALIFORNIA PRIZE POTLUCK is made with two quarts water, four cups large dry lima beans, two tea - spoons salt, one can (7 oz.) ripe olives, three table - spoons butter or margarine, two medium - size onions, coarsely chopped, one green pepper, diced, three - fourths cup chili sauce, one - half cup molasses, two tablespoons vinegar, few dashes Tabasco, two teaspoons dry mustard, and one and one - half to two lbs. frankfurters, sliced.

Bring water to boil in large saucepan or kettle; add limas. Boil 2 minutes. Remove from heat. Soak one hour. Add salt; boil gently one hour or until limas are tender. (Refrigerate overnight if you wish, then reheat slightly.) Cut olives into large wedges. Melt butter in large skillet. Stir in onion and green pepper; saute until onion is golden. Stir in chili sauce, molasses, vinegar, Tabasco, mustard and olives. Remove from heat.

In four - quart casserole or bean pot, layer one - third each of beans, olive mixture and frankfurters; repeat layering twice. Bake uncovered in 350 - degree (moderate) oven one and one - half hours. Serve with heated French bread if desired.

Makes 10 to 14 servings.

Deal early with chubbies

Supermarket managers are rearranging their merchandise to tempt customers to buy more.

U.S. Department of Agriculture studies show the best way to increase sales is to induce customers to go up and down each of the aisles. The stores do this by spotling certain "power" items—things people buy most often.

FOR EXAMPLE, 35 per cent of all shoppers buy paper products; 30 per cent buy cookies and crackers; 27 per cent, soap; and 25 per cent, coffee. With a little maneuvering, the store can place these items so you travel the entire supermarket to buy the four of them.

And if you're a typical shopper, you'll probably pick up a lot more items than those on your shopping list.

How to wash fiber glass

Fiberglas draperies are easy to launder because the tiny, non - absorbent glass rods hold soil on the surface and don't stretch or shrink.

However, they should not be bent or twisted because the glass is more brittle and less flexible than other fibers.

EVEN WITH an abrasion - resistant finish added, keep mechanical action during washing to a minimum; avoid tumbling, wringing, and ironing.

Just dip fiberglas draperies up and down in deep soap or detergent suds and rinses. They will drip dry quickly because no water is absorbed.

AFRO pattern

LIGHT, not tight, is fashion's shape story. Just two main parts — whip up this fresh style swiftly with a high, round or V neckline.

Printed Pattern 4701: Misses' Sizes 10, 12, 14, 16, 18. Size 16 requires two and seven - eighths yards 39 - inch fabric.

• • •

ISN'T IT wonderful? Pin tucks are so easy to sew, and they turn a simple sheath into one of this season's gala fashions. Choose shantung weave rayon, crepe, wool.

Printed Pattern 4922: Misses' Sizes 10, 12, 14, 16, 18. Size 16 takes two and one - fourth yards 45 - in.

• • •

FIFTY CENTS in coins for each pattern — add 15 cents for each pattern for first - class mailing and special handling.

Send to Anne Adams, care of Afro - American Pattern Dept., 243 West 17th St., New York 11, N.Y. Print plainly NAME, ADDRESS with ZONE, SIZE and STYLE NUMBER.

NEW! 300 sparkling designs, 5 exciting fashion and fabric features plus coupon for ONE FREE PATTERN — any one you choose! Send for new Fall - Winter Pattern Catalog, 50 cents.

Avoid hazzards of painting, decorating

NEW YORK (UPI) — An insurance safety study for painters and decorators pinpoints the danger spots in these occupations and offers some safety hints the workman — professional or amateur — would be wise to heed.

The study, by the New York Insurance Conference on Occupational Safety, says although painters and decorators have been falling and hurting themselves for centuries, most of the accidents could have been avoided with a little care.

It spells out as chief hazards:

• • •

LADDERS. Ladders in poor condition never should be used. Ladders should be inspected frequently for cracks, split or missing rungs.

They should be set for use so that the distance from base to wall is one - fourth the length of the extended ladder and should be secured safely at top and bottom.

Work at least three steps below the top of the ladder and do not lean over too far attempting to cover an extensive area.

SCAFFOLDS. Falls constitute three - fifths of all scaffold accidents; guardrails can prevent the majority of these. Handrails and toe boards should be provided.

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