Home economist helps 200 families prepare tasty meals

WASHINGTON — How she helped more than 200 low - income families of Kansas City, Mo., to prepare tasty meals with surplus commodities was related by Extenion Service Home Economist Ella B. Stackhouse last week at the annual convention of the National Home Demonstration Agents Association at the Mayflower Hotel.

I found homemakers looking at some of their surplus commodities with despair in their eyes when I went to Kansas City two years ago from two rural counties in southeast Missouri," said Mrs. Stackhouse, who received a U.S. Department of Agriculture Superior Service Award in 1963 for her work.

"One lady was feeding leftover canned chopped meat to her cat," she continued "because she didn't know how to prepare it in casseroles and other ways to reduce the saltiness.

"In another family a child was licking dry milk because the mother didn't know how to mix it with water and make fluid milk. And another recipient didn't understand how to scramble dried eggs" she explained.

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MRS. STACKHOUSE said she went to the welfare department and asked for surplus commodities for kitchen experiments to see if she could find ways of preparing the foods in appetizing ways.

The results: "Fun in the Kitchen with Commodity Foods," a cook booklet containing dozens of recipes for mouth-watering dishes made from chopped canned meat, cheese, dry beans, peanut butter, dried eggs, corn meal, and other commodities donated by USDA to welfare agencies.

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FOLLOWING HER participation in the convention program, Mrs. Stackhouse conferred with Mrs. Dorothy H. Jacobson, Assistant Secretary of Agriculture for International Affairs, and Dr. Magaret C. Browne, director of the Division of Home Economics of the Federal Extension Service.

Each was presented a copy of the recipe booklet. Assistant Secretary Jacobson who fills the highest post ever held by a woman in USDA, is constantly seeking ways to make U.S. surplus foods more appetizing to peoples in the developing countries of Africa and other areas.

Dr. Browne is encouraging more county home demonstration agents in urban areas to provide their homemakers with food preparation help similar to that supplied by Mrs. Stackhouse.

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A GRADUATE of Lincoln University with an M. S. degree from Cornell University, Mrs. Stackhouse works in an area of Kansas City known as Leds - Dunbar community. In addition to assisting the people with their surplus commodities, she also helps them make over old clothing as well as tailor new garments; and improve their home management as well as their homes.

Last year the community adopted a "yard of the month" contest and began sprucing up their places and hauling trash away. Mrs. Stackhouse hopes to obtain funds either from Government or private foundations to assist the families in making needed home repairs and improvements.

MEMORIAL TO HARRY WEISS

100 case workers needed now, McKeldin tells welfare meet

By BETTYE M. MOSS

The Maryland State Conference of Social Welfare Fall Institute on Wednesday at the Lord Baltimore was in a sense a memorial to Harry B. Weiss, director of housing management for BURHA (Baltimore Urban Renewal and Housing Authority.) Remember he died this past August?

Richard Steiner BURHA director, announced creation of a Weiss Memorial Fund which will annually give cash to the housing project resident who best exemplifies the things for which Mr. Weiss stood.

Mr. Steiner cited Mr. Weiss' ability to identify with others, and to consider everybody important. With all the problems he faced, he said, he was one with the gift of true wit.

William L. Slayton, Urban Renewal Commissioner, came over from Washington to give the keynote talk. It was his 48th birthday, and he was given a flower to wear in his lapel.

He reminded the 400 luncheon guests "My boss, Housing Administrator Weaver (our own Dr. Robert Weaver), has pointed out our urban areas are undergoing many changes that we can not stop, but we can guide.

"The test of any of these decisions if whether they contribute to fuller living and greater opportunity for all the community's people, irrespective of age, income, or race . . ."

JOBS OPEN: — Mayor McKeldin made a job announcement during the meeting.

There are openings for 100 case workers in the Baltimore Department of Public Welfare RIGHT NOW.

Call Mulberry 5-3600, Ext. 100 for details.

In a workshop session, Charles R. Curtis Sr. of the Harlem Park Neighborhood Council discussed the minuses and plusses of renewal in that area.

He stressed the need to release appropriate funds which would allow low interest loans for rehabilitation purposes which 'would do a lot toward solving some of the most pressing financial problems.'

SEEN IN the luncheon audience: Mrs. James L. Bundy (Sarah), wife of the attorney. (What a striking red hat she wore!) With her, Mr. Bundy's mother, Mrs. Clara Bundy, of Bluefield, W. Va.

Also spied Walter Dean, the recreation worker, who has been ill for quite a spell. He has been out since last month. Good for him!

Front table guest was the NAACP's Dr. Lillie M. Jackson, the city's most remarkable lady. At 75, she is still active fighting for equal rights for all.

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Orchids to Mrs. Alexander Stark, wife of the Fifth District Democrat who is a member of the House of Delegates.

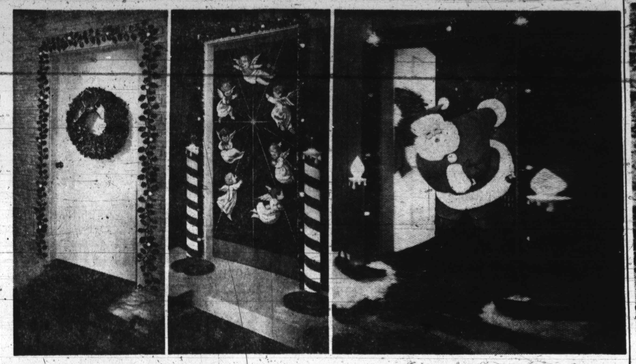
She handled planning for the conference.

Also spied: An attractive tan lady, with the blonde hair-do. She was Miss Kitty Broady on the staff of a local radio station.

CONFERS WITH AG ASSISTANT SECRETARY — Mrs. Ella B. Stackhouse, left, Missouri Extension Service home economist, tells the highest ranking woman ever appointed in the U. S. Department of Agriculture, Assistant Secretary Dorothy H. Jacobson, how she developed the cookbooklet she is holding to help low-income families prepare tasty meals with surplus commodities. Mrs. Jacobson's work in the international field keeps her on the lookout for recipes to help people in developing countries prepare shared American foods in more appetizing ways. Mrs. Stackhouse reported her work with low-income families recently at the annual convention of the National Home Demonstration Agents Association at the Mayflower Hotel in Washington, D. C.

FASHION NOTE — Fuzzy surfaced black and white wool coat dress by Jo Copeland for the Pattullo-Jo Copeland Fall collection. The skirt falls from a raised waistline circled and bowed with black grosgrain.

It's time to think of Christmas



ONLY 23 SHOPPING days left until Christmas, so it's not too early to plan on your Christmas decorations. Decorated dors are a bright and cheerful way to say, 'Season's Greetings,' to friends and neighbors. Sears-Roebuck's selection of indood-outdoor decorations ranges from traditional red and green holly to tiny angels and a joval, red-cheeked Santa.

Special for the holidays

As the holidays approach, pumpkin pie is again on the menu. If the rest of your menu requires oven time, you'll love this no-bake filling in a baked pie shell. Just a few minutes for the pie crust made from the mix and you can leave the oven to the turkey.

A pumpkin chiffon pie is such a pleasant change . . . it's so light and delicious that your guests will most certainly find room for it after the big meal. The fluffy filling nestled in tender and flaky pie crust will bring rounds of applause for the hostess . . . you!

Fashion note

FASHION NOTE — Shawl-collared in brown beaver and fastened fly front, a Winter Originala coat of double-faced navy American fleece.

Duchess of Windsor Pattern

#35

Summing up her definite taste for understatement, this Duchess of Windsor design is without a superfluous detail to its name, concentrating instead on a beautiful shaping mark at the natural line by a curving front waisthand that turns into softly looped sashing in back.

Here the fashion news is of the subtlest kind—the brief little sleeves fitted to perfection with side bodice inserts extended through the underarm, a pure neckline to dress up or down or wear as is according to your mood, a panelled skirt with smooth seamless sides and gentle ease below the waistline.

To put you in a spring frame of mind, even if it's snowing at the moment, we suggest making this simple almost-any-occasion dress in sheer wool, silk or rayon crepe, jersey, shantung, silk linen or surah. Spadea's exclusive ready-to-wear sizes produce a better fit. See chart for size best for you.

SIZES	BUST	WAIST	HIPS	*LENGTH
10	34	24	35	16½ inches
12	35	25	36	16¾ "
14	36½	26½	37½	17 "
16	38	28	39	17¼ "
18	40	30	41	17½ "

* From Nape of Neck to Waist

Size 12 requires 3 yds. of 36" fabric for dress. To order Pattern No. 35, state size, send $2.00. Pattern Books No. 23, No. 24, No. 25, No. 26, No. 27, No. 28 and revised Duchess of Windsor are available for 50c each OR any 3 for $1.25 OR all 7 for $3.00. Add 10c postage for each book.

Address SPADEA, Box 535, G.P.O, B-PW-2 New York, N.Y. 10001.

Holidays Special

PUMPKIN CHIFFON PIE
Makes one 9-inch pie
One-half 10-oz. pkg. (1 cup) Flake Pie Crust Mix
2 tablespoons cold water
1 envelope (1 tbsp.) unflavored gelatine
1-½ cups milk
1 cup firmly packed brown sugar
1-½ teaspoon pumpkin pie spice
1-½ cups cooked pumpkin
2 egg yolks
2 egg whites
Dash salt

For crust, follow package directions for making a single crust 9-inch pie. Bake in preheated hot oven (425 degrees F.) 10 to 12 minutes. Cool.

For filling, soften gelatine in milk in saucepan. Stir in ¾ cup of the sugar, pumpkin pie spice and pumpkin. Cook over medium heat until mixture boils, about 5 minutes. Add small amount of hot mixture to slightly beaten egg yolks; add to pumpkin. Cook an additional 3 minutes, stirring frequently. Cool. Beat egg whites and salt together until foamy. Add remaining ¼ cup brown sugar, a tablespoon at a time, beating until meringue is stiff and glossy. Fold pumpkin mixture into meringue. Pour into baked shell. Refrigerate until set. Garnish with sliced toasted almonds.

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Money-Back Guarantee! BIG VALU Markets guarantee 100% satisfaction on every item you buy or your money cheerfully refunded.
SPECIALS EFFECTIVE THRU SAT., DEC. 5th

MORTON FROZEN FRUIT PIES SAVE 38¢! BANANA, COCOANUT, LEMON, STRAWBERRY, NEOPOLITAN, OR CHOC. CREAM PIES 14-OZ. PIES 4 $1
DARTMOUTH FROZEN ORANGE JUICE . . SAVE 12¢! 5 6-oz. cans $1

IVORY SNOW SAVE 5¢! SAFE FOR EVERYTHING! REG. SIZE 12½-oz. 3 boxes $1
EASIER IRONING! QT. BOTTLE—SAVE 17¢! KING FLUFF RINSE
KELLOGG'S 18-OZ. BOX—SAVE 14¢! CORN FLAKES KING SIZE . .
DELICIOUS GRAPE—20-OZ. JAR WELCH'S JELLY SAVE 29¢ . .
DEVILS FOOD, YELLOW, OR WHITE—19-OZ. PKG.—SAVE 23¢! DUNCAN HINES CAKE MIXES
MIX OR MATCH! 3 for $1
ALL SPECIALS EFFECTIVE THRU SAT., DEC. 5

SAVE 27¢! DEL MONTE PINEAPPLE-GRAPEFRUIT DRINK 4 Qtns 46-oz. cans $1
4-IN-PAK—WALDORF WHITE or ASST.—SAVE 33¢ TOILET TISSUE
SAVE 14¢! LIBBY'S GIANT 46-oz. cans Tomato JUICE
BREAST O' CHICKEN CHUNK LIGHT MEAT 6½-oz. cans TUNA FISH SAVE 22¢!
MIX OR MATCH 4 for $1

FAMOUS FOR QUALITY HEINZ KETCHUP SAVE 8¢! 5 14-oz. BOTS. $1
16-OZ. PKG.—SAVE 10¢! SAN GIORGIO MACARONI OR SPAGHETTI (NO. 8 OR 9)
DEL MONTE 16-OZ. CAN—SAVE 25¢ Stewed TOMATOES . .
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ALL FLAVORS—AUTOCRAT ICE CREAM 59c ½-GAL.

6 to 8 lbs. Avg.—Lean Tasty, Sugar Cured SMOKED PICNICS or PORK SHLDS. (Your Choice) 19c lb. with purchase of $5.00 or more

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FOOD CLUB or BORDEN'S MEDICRATE LO-CAL CREAM CHEESE . . . 2 3-oz. pkgs. 49¢
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DELICIOUS SKINLESS Hygrade Franks 1-lb. pkg. 47¢
FRESH QUARTERED FRYING CHICKEN LEGS or BREASTS 32¢ lb.
Baked, Pickle & Pimento, or Olive Loaf, Bologna, Liverwurst, or Salami LUNCH MEAT Fresh Sliced Mix or Match 3 3-oz. pkgs. 79¢
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FLORIDA, SWEET 4 LB. BAG ORANGES
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$1.00 WILL HOLD ANY TOY 'TIL CHRISTMAS!
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