WHEN YOU FINISH READING YOUR AFRO PASS IT ALONG TO A FRIEND

MRS. AND MRS. JAMES GABRIELLE, formerly of New Orleans, were presented to Massachusetts Governor John Volpe, in Boston, last week, by the Boston branch of the NAACP. The Gabrielles, now residents of Rhode Island, were forced to leave Louisiana because they braved the segregationists by enrolling their daughter in an integrated school. Left to right above are Mrs. Melnea Cass, president of the Boston Branch NAACP, Mrs. Gabrielle, Gov. Volpe, Edward L. Cooper, executive secretary of the Boston NAACP; Mr. Gabrielle, and Mrs. E. Alyde Taylor, board member of the NAACP.

Family Fare

COOKING IS FUN

Try these 'tricks of the trade' to increase your fish cookery IQ

By BETSY PATTERSON

If you live anywhere on the Eastern Seaboard, it's dollars to donuts that you are a seafood enthusiast.

So the Lenten season, whether you are a strict observer or not, is just another reason to refresh your prowess in preparing this highly nutritious food.

* * *

FISH AND SHELLFISH, you know, contain a high level of Vitamin B6 and a goodly amount of Vitamin B12, both of which act as catalysts in the body metabolic functions.

The mineral content of the edible parts of most fish includes satisfactory sources of iron, copper and iodine.

As people grow older, their physiological capacity for digesting and utilizing food is reduced. They need to consume foods that are of good nutritive quality, and are also less than easily digestible. This is why fish are such valuable foods for older persons.

BOB FINELY of the Bureau of Commercial Fisheries was in the AFRO-AMERICAN office, Friday, in response to my call for help on Lenten dishes.

Mr. Finely, an expert on fish—from where they are hatched to where they are caught, is also an exceptionally talented cook. He demonstrates fish — cookery throughout the area.

He came up with two methods of cooking that I am going to pass one to you this week. One is for any of the fish that may be fried. Another is for preparation of our famed shad, which should be running any day now.

* * *

THE FIRST, so - called fried fish, isn't fried at all and thereby eliminates that question, cholesterol.

Here the fish is dipped in salted milk, rolled in bread crumbs, dipped in the milk again and again, rolled in bread crumbs, laid on a cookie sheet and shoved into an oven pre - heated to 350 degrees. Cook until the fish flakes easily when tested with a fork.

Best of all, you avoid all smoke and smell which sometimes accompanies the cooking of fish.

The finely trick is to brown the bread crumbs before you give the fish a more eye - appealing color.

I served the fish with lemon wheels, a medley of peas, and tiny white onions and baked potatoes.

THE OTHER RECIPE that Mr. Finely passed along for preparing shad, eliminating the bones.

I had tried the use of lemon and wine and cooking in foil ... all of which, of course, melt the bones.

But this new method is so easy, as well as economical, that I think you will prefer it.

The secret is in slow cooking. He seasons the shad and bakes it at 250 degrees F. for six hours. It is just as simple as that!

FOR THAT SATURDAY night supper, this week, why not try a crab gumbo?

For this you will need a half pound crab meat, a half cup chopped onion, a half cup chopped celery, one clove garlic, finely chopped, a fourth cup butter or other fat, melted, two teaspoons salt, a fourth teaspoon crushed whole thyme.

Also a fourth teaspoon sugar, one whole bay leaf, a dash of pepper, a package of frozen okra, sliced, two cans (one pound, four ounces each) tomatoes and one and a half cups cooked rice.

Remove any shell or cartilage from crab meat. Cook onion, celery, and garlic in butter until tender. Add seasonings, okra, and tomatoes. Cover and simmer for 45 minutes. Remove bay leaf. Add crab meat. Heat. Serve over rice. This will serve six.

Painful BURNS Heal Faster with Nature's Best Petroleum Jelly MOROLINE 25¢

Has CHANGE-OF-LIFE Built a Wall Between You and Your Husband?

Special medicine relieves these miseries so effectively 8 out of 10 women tested found a happy middle-age again!

Too many women "give in" to change-of-life! Instead of enjoying middle-age they spend those years in misery ... nervous as a cat, smothered by hot flashes, so weak they feel only half alive! Result? They're too tired, too tense to give their husbands real companionship.

Don't let it happen to you! Today, most women can go "smiling through" those trying years—with Pinkham Tablets! This clinically tested combination of medicines (including iron), was specially developed for the ailments women alone suffer.

No Costly Shots! In doctors' tests, women after woman found new relief from those awful hot flashes, tense, nervous feelings. Women who felt miserably weak, tired, irritable, blue, found this medicine helped them feel like themselves again, a happy family life could be resumed. 8 out of 10 tested got striking relief with Pinkham Tablets alone—no expensive shots!

So don't let change-of-life bring tragedy to your home. Get Lydia E. Pinkham Tablets from druggists. Take them daily, like a tonic. See if tension and physical distress aren't both relieved! See if you don't find new peace-of-mind too!

IF YOU PREFER A LIQUID all druggists also have famous Lydia E. Pinkham's Vegetable Compound.

Milady's Memos

BY HELEN HALE

THAT SICK CHILD

This is the season when children may spend a day or two or three in bed. What's a mother to do?

One of the main problems may be to keep the child in plenty of liquids. Try to get a rainbow of colors as well as flavors. Serve them in pretty or interesting glasses with straws or the curved hospital-type tubes.

If a child is on soft foods, select those that are swallowed easily: custards, ice cream, jellied molds and cream soups or puddings.

Is the child having trouble keeping interested in food? Make up menus and let him select from these as though he were in a restaurant.

Once the child starts getting better it's a job to keep him in bed.

You might invest in inexpensive gadget - type toys that will keep him busy for hours. Give him one at each meal time.

All portions of food should be kept small. He's more apt to clean his plate.

To help families decide on a plan that meets their particular laundry needs, the Ohio Experiment Station — with the support of the American Institute of Laundering — made a study of time and money costs and quality of finished products in home and commercial laundering.

TWENTY - FOUR Ohio families provided information for the study. These families, averaging five persons, were accustomed to doing their own laundry at home.

The four plans they tried out for three-week periods were: (1) all washing and ironing done at home, (2) flat work finished by commercial laundry and other items done at home, (3) flat work and shirts finished and other items "rough" or "fluff" dried by commercial laundry, (4) all items finished by commercial laundry.

* * *

HOME LAUNDERING cost the least in money but the most in time, records kept by these families showed. Home laundering costs varied according to the equipment. The more equipment used—and the more expensive the equipment — the more cost is added.

Use of an automatic dryer, for example, brought cost above average while use of a non - automatic washer brought it below. Average cost was divided between current operating expenses and investment in equipment. No money for family time and labor was included.

* * *

LAUNDERING COSTS increased as commercial services were used. When flat work was finished by commercial laundry and other items done at home, weekly cost of laundry averaged twice that of home laundering. As more commercial laundry service was used, money costs increased.

Five hours a week was the average time spent on home laundering. Ironing took half the total time. More time was used in gathering, checking and sorting clothes for commercial than home laundering. Time saved by "sending laundry out" was in washing and ironing. Employed homemakers spent less time on laundry than fulltime homemakers.

* * *

HOMEMAKERS in this study rated commercially laundered items higher than their own home laundered items in whiteness, softness and cleanliness of heavily soiled areas in colored clothes. They rated their home laundering higher than commercial work for preventing fading, wrinkling and shrinkage.

Homemakers generally were well satisfied with the service of commercial laundries. They agreed that time-saving was the chief advantage.

SIX OF THE FAMILIES tried self-operated laundries for washing and drying clothes. Their records showed that cost of laundering depended on counting transportation. Was somewhat higher than for doing a load at home but that time used averaged the same.

The Ohio Station suggests this small study may help other families make similar tryouts in deciding on the plan that best suits their needs.

HELEN'S FAVORITE:
Green Beans, Swiss Style
(Serves 8)

2 1-pound cans green beans
4 eggs
½ teaspoon dried tarragon
1 tablespoon instant minced onion
1 cup small curd cottage cheese
1½ cups grated Swiss cheese

Drain green beans well and arrange half in bottom of a greased, two - quart baking dish.

Beat egg, blend in salt, pepper, tarragon and onions. Mix in cottage cheese and Swiss cheese. Spoon half of this mixture over green beans, add remaining beans and top with remaining cheese mixture.

Bake in moderate (350 degrees F.) oven for 35 to 40 minutes or until eggs are set and cheese melted.

WINNERS — Mrs. Janie Sanders, left, local beautician, holds trophy she won Monday for the hair style holds trophy she won Monday for the hair style shown by her model, Mrs. Dorothy Pugh, right. The event features competition of more than 50 hair styles at the Bethel AME Church Women's Day benefit given by Miss Mayme Tilghman and her committee. The hair style?—Soft European line.

Chinatown Eggs

Dress up an old favorite—serve Chinatown Eggs. It's a quick, creamed egg recipe—delicious and crunchy.

Double - rich Carnation Evaporated Milk blends with the soup to give a wonderful, creamy - smooth sauce, the easiest you've ever made!

* * *

CHINATOWN EGGS are made with 6 hard - cooked eggs, 1 can (10½ ounces) cream of celery soup, two - third cup (small can) undiluted Carnation Evaporated milk, ½ cup chopped celery, 2 tablespoons chopped onion, one - third cup coarsely cut pimiento, and two three-ounce cans chow mein noodles.

Cut eggs in quarters. Blend the soup and Carnation together in saucepan. Add the eggs, celery, onion and pimiento.

Heat to serving temperature. Serve over chow mein noodles.

For curried eggs add 1 teaspoon curry powder and ¼ teaspoon ginger.

Balanced diet is based on food variety

Just what constitutes a balanced, nutritious diet?

Everyone needs a wide variety of nutrients each day for good health, and no one food supplies all of them, points out an advance report from the National Food Conference, to be held in Washington Friday.

Four groups of foods make up the foundaton for a good diet, according to the report.

The milk group, which consists of milk and such milk products as cheese and ice cream, is a leading source of calcium, essential to the development of good bones and teeth.

* * *

FOR PROTEIN, the body's great tissue builder, the meat group consisting of beef, veal, pork, lamb, poupltry, fish and eggs is essential. Many of the items in it also supply iron and needed minerals and vitamins.

The vegetable and fruit group make up an important source of both vitamins and minerals and also provide roughage. Dark - green and deep - yellow vegetables are rich in vitamin A, the citrus fruits and others in vitamin C and still others, such as potatoes and sweet potatoes, contribute nutrients needed in a good diet. All three of these vegetable and fruit categories are needed every day for well-balanced meals.

* * *

THE FOURTH food group required for good nutrition consists of whole grain, enriched nad "restored bread, flour products and cereals. These supply protein, such B group vitamins as thiamine and niacin, iron and small amounts of other vitamins and minerals to the diet.

Rounding out meats and making them more appealing are butter, fortified margarine and other food oils. These contribute flavor and give many dishes more appetite appeal.

Samples from Embassy Row will spark food Festival

WASHINGTON — "Embassy Row" is destined to be one of the outstanding features of the third annual Brotherhood Food Festival, sponsored by the National Council of Negro Women, at Presidential Arms, Feb. 22, 12 to dinner.

Exciting foods of various countries will be displayed along with exhibits of historical treasures, novelties and gifts.

* * *

FROM CHILE will come South American strudel, a unique thick Chilean dish more like the American stew. From Israel, Egg Bread —served on holidays and the Sabbath.

In anticipation of the Pulitzer Prize Holiday, as described in the Book of Esther, the Iranian Embassy will share with guests some traditional pastries including poppy seed yeast filled pastry, apple strudle, pecan balls, nut cakes and other interesting delicacies.

* * *

CHINA WILL feature famous chow dishes including Egg rolls, sweet and sour pork. New Zealand has chosen a rare delicacy — anzac Biscuits (cookies) for its dish and traditional fruit cake. The Embassy of Norway will serve famous dishes from their country. Explanation of the foods will be given in guests by charming Norwegian hostesses dressed in native attire.

* * *

THIS YEAR, again, the wife of the Liberian Ambassador, Charles Dunbar Burgess Smith, and a committee of Embassy ladies, will serve Jolloff Rice and Plantain Chips, made by Mrs. Padmore in her own kitchen. Ingredients for the Liberian dishes were directly from Liberia. Mrs. Padmore purveyors her own herbs so as to give all dishes that authentic African flavor.

Pakistan will enter the Food Festival for the first time and will serve Pulao and Halwa. Sierra Leone, who will gain her Independence in April, will join Embassy Row with a "Pepper Independence Table" of African dishes. Germany will serve German coffee and cookies; the Netherlands will feature an array of beautiful "favorite" dishes.

* * *

HAMENTASHCEN, an exciting triangular shaped pastry delicacy filled with fruits, will be sold by B'nai B'rith Women's Council of Metropolitan Washington, under the direction of Mrs. Louis J. Frank, chairman of the Brotherhood Festival Participation Committee. An educational exhibit of the meaning and history of Hamentaschen will be an outstanding feature of the display.

More than 1,000 guests will have the opportunity to see the elaborate "Glamour Bar" of Daggett and Ramsdell Cosmetics Company, and to make purchases from an extensive line of beauty preparations. Guests will have the chanee to participate in the "Art of Make - Up, Face Care, Hair-Care and styling.

* * *

THE PLANNING committee of this phase of the festival including:

Mesdames Virginia Whisonant, Ruth Anderson, Ora Collins, Doris Dykes, Rosa Murphy, Lithitia Knox, Minnie Hall, Julia Marshall, Jeniretta Jackson, Dorothy Reeves, Catheline Teixeira, Jennie M. Walburg, Rose Shade, Eslanda T. Cogwell.

Misses Helen E. Mathis, Marian Hood, Margaret Hatch, Dorothy E. Reeves, Daisy B. Harper, Loreathea A. Crutchfield, Johnnie Mae Glover, Goldie Cornelius, Miss A'Ellevne Perkins, district manager of Daggett and Ramsdell, will supervise the demonstrations.

As friends and associates come together at the Brotherhood Food Festival, they will express the richness of unity in diversity and find new ways to give reality to ideas of Brotherhood in every aspect, during this annual observance of National Brotherhood Week.

Spadea's Personalized Pattern

NA-2045

Ben Barrack

Ben Barrack moulds a posy splashed print into a delightful fashion, its simplicity and subtle touches promising long lines for petite figures.

Everything about this wide necked sheath is soft and easy.

Tg wit, the moderately blouson bodice with its gentle collar bow, the slender skirt eased with released pleating below the sashed waist, and, equally important to the busy gal who makes her own clothes, the effortless way the design goes together in double-quick time!

FOR A DRESS that buds in Spring and blossoms all Summer, choose the prettiest silk, rayon or cotton print that you can find. And we're sure that you'll like the results equally well when you make a second edition in plain fabrics such as linen, shantung or pongee.

From these corresponding body measurements select the one size best for you. Our sizing is comparable to ready-to-wear.

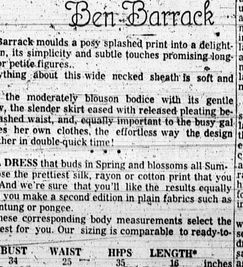
SIZE:	BUST	WAIST	HIPS	LENGTH*
10	34	25	35	16 inches
12	35	26	36	16½ inches
14	36½	27½	37½	16½ inches
16	38	29	39	16¾ inches
18	40	31	41	17 inches

Size 12 requires 3 5/8 yards of 36 inch fabric for dress. To order Pattern No. NA-2045, state size, send $1.00. Add 25¢ for first class postage and special handling. Books No. 17 and No. 18 available at $1.00 each.

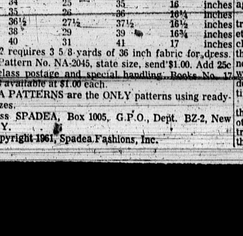
SPADEA PATTERNS are the ONLY patterns using ready-to-wear sizes.

Address SPADEA, Box 1005, G.P.O., Dept. BZ-2, New York 1, N.Y.

(c) Copyright 1961, Spadea Fashions, Inc.



7490



7326 7115

Alice Brooks Designs

7490 — EXTRA - EASY-TO-CROCHET AFGHAN — Use multi - color scraps of knitting worsted for diamond medallions. Make gay, matching pillow. Directions for 6 x 8 - inch medallion.

* * *

7115—CHILDREN'S FAVORITE PRAYERS beautiful by illustrated by embroidered pictures. Ideal for nursery. Transfer of two pictures 10 x 14 - inches - color charts; framing directions.

* * *

7326—PLAY - OR - PARTY SUNDRESS — sewing, easy —embroidery, a cinch. Use two - color or plaid 'n' plain remnants. Children's sizes 2, 4, 6. Printed transfer; pattern directions, stitch size.

* * *

SEND THIRTY-FIVE cents (coins) for each pattern—add 10 cents for each pattern for first-class mailing. Send to AFRO - AMERICAN, Household Arts Dept., P. O. Box 163, Old Chelsea Station, New York 11, N.Y. Print plainly name, address, zone, pattern number.

* * *

JUST OUT! Our 1961 Needlecraft Book. Over 125 designs for home furnishings, for fashions — knit, crochet, embroider, weave, sew, quilt — toys, gifts, bazaar items. Free — Six designs for popular yell caps. Quick — send 25 cents today.

WHEN YOU FINISH READING YOUR AFRO PASS IT ALONG TO A FRIEND

MISS KATHLEEN LAMBIRTH, daughter of Mr. and Mrs. William E. Lambirth, and Charles Dennis Jr. were married in Baltimore, recently.

"She's Engaged"

By Ida Murphy Smith

SIMPSON - HASKINS

Miss Ida Haskins, daughter of Mrs. Mamie Haskins is engaged to Charles M. Simpson, son of Mrs. Alice Simpson.

The wedding is planned for 6 p.m. on March 4, at the Rutland Ave. home of the bride's mother.

WILMER - JONES

Miss Sandra Maxine Jones, daughter of Mr. and Mrs. Robert Jones is engaged to Howard Edward Wilmer, son of Mr. and Mrs. Augustin Wilmer.

Miss Jones is a senior at Morgan State College where she is majoring in history and where she is a member of Gamma Beta Epsilon.

The wedding is planned for the first Sunday in May at the Windsor Avenue home of the bride - to - be. The Rev. Nathaniel Wicks will perform the ceremony.

SOCIAL EIGHT — The savings club met in the home of Mrs. Mildred Dennis, 814 Edmondson Ave.

The next session will be with Mrs. Annie Jackson of 1936 Mosher St. Mrs. Mable Lawson is president of the club which meets on Tuesday of each week.

EVERYTHING FOR YOUR WEDDING!
* Wedding Invitations — Paper and Printing of your choice.
* Wedding Reception Invitations.
* Ring Bearer's Pillow
* Bride's Knife
* Place Setting * Napkins
Call MU 5-2218
Ask for Mr. Thomas — Our Rep. will call on you
OPPORTUNITY SERVICE
P.O. Box 1292 Balto. 3

PHOTOGRAPHY by LEWIS
* Weddings * Christenings * Babies
Let Us Visit You in Your Home and Show You Our Beautiful Albums
LO. 6-7985
Member of Professional Photographers of Maryland

ADLER'S FORMAL WEAR FOR HIRE
* Evening Tails * Tuxedos
Complete Line of Accessories
405 W. Franklin St. LE. 9-3348

WEDDING INVITATIONS
★ ENGRAVED ★ RAISED LETTERING ★ PRINTED
100 Personalized Wedding Napkins printed FREE with every 100 or more invitations
MADDOX PRINTING CO.
705 DRUID HILL (Arlington 9-0235)
(1 Location Only)

Stieff Bridal Service
Stieff-trained consultants are always on hand to help you make your selection of Sterling, China and Crystal.
They will be happy to register the pattern you select in your bridal registry. Whether you prefer modern or traditional you will be certain to find it at Stieff's.
229 N. Howard St.
Wyman Park Drive
516. E Belvedere
Eastpoint — Westview
Harundale Mall

SCHAEN'S BRIDAL SHOP
219 N. LIBERTY
MU. 5-9529

ROSENTHAL'S Wonderful Weddings Start Here!
After you've set the date consult our Miss Key for the wedding gown and bridal party fashions designed to make yours an unforgettable wedding day. Rosenthal's has a wide selection to choose from.
ON FRIENDLY TERMS
See our Huge Selection of Bridesmaids', Flower Girls' and Mothers-of-the Brides' Gowns!
PLUS A FREE GIFT
A string of simulated pearls to every bride-to-be who registers in our Bridal Salon. Nothing to buy!
ROSENTHAL'S DOWNTOWN'S LARGEST FAMILY CREDIT STORE
EUTAW AND SARATOGA STREETS
SHOP MONDAY AND THURSDAY 'TIL 9 P.M.

Are You ENGAGED?
The AFRO WANTS TO KNOW
. . . AND WE HAVE GIFTS FOR YOU!
There's no charge. Just write us or call us giving full details of your wedding plans. If you have a good clear photo—send that also.
TO "SHE'S ENGAGED"
628 N. Eutaw St., Baltimore 1, Md.
or CALL MRS. IDA SMITH — MU. 5-6015
AFTER 6 P.M. — LA. 3-0302

Gadabouting In Baltimore

Valentine motif for Saturday party

with Lula Jones Garrett

Ultra modern Union Hall in Cherry Hill was utterly lovely, Saturday night when Wives held forth at their annual Valentine supper dance.

Hostesses presided at tables draped in white; centered with clusters of white and pink mums and marked with red hearts bearing the hostess's name.

Add to this red and white chairs. . . and a smorgasbord across the front of the room loaded with the most delectable viands. . . and members and women guests, ultra fashionable, and you get something of the picture

This affair always brings out the desire to shine, sartorically, in towns folk. This night was no exception. Joe Brown was chic in all white, while mink trimmed, and Cleo Diggs in all black, embroidered with jet beads.

Wilda Mae DeShields had picked up an elegant number in Kelly green chiffon, and Member Agnes Reeves wore white satin with Kelly green cummerbund falling into a panel at the back.

That exquisite diamond on a chain worn by Ella Phifer had been a birthday gift from husband, Dr. Ted Phifer. And an elegant apricot velvet dinner gown, very, very decolete at the back was worn by Gwendolyn Tarter

Iris Mapp and Adelle Foeman both chose midnight blue dinner frocks. . . Adelle complementing her's with a sequin muff. Pauline Blackwell chose champagne brocade with matching slippers, Inez Henson a charming print, chiefly in the purples; and Georgiana Chester, sleek black sequin sheath.

Localites, a few, were stymied by the thick curtain of smog that descended in the early evening. The Charles Hiekses made an effort but didn't get out of Frederick. The William P. Graysons started down from New York. Bill completed the trip by train but Mrs Grayson gave up half way.

The Bill Curtises (he's of the Negro License Beverage Association, Philadelphia) and the Albert Bryants of New Brunswick turned up, to the joy of their hosts, the Joe Browns. Ida Smith took over hostess duties (along with her own) or sister, Bettye Phillips, who was basking in the sun at Montego Bay.

And happiest (and as chic as could be in white satin, swagged in red) was President Vernieee Reynolds, who greeted each guest upon arrival.

* * *

WHEN CATHERINE ADAMS said that in planning the 15th anniversary party of the Baltimore chapter of Jack and Jill of America, her committee's intention was for an evening when Moms and Dads could just let their hair down and have a relaxing evening, she must have meant it.

They had a couple of the cutest skits . . . one which featured the founding of the chapter and another which, in a parody set to the tune of "Love and Marriage" depicted the various stages parents go through in bringing up their children.

And the girls sort of let down a fashion barrage too, and none more so than Madam-Chairman-herself, Mrs. Adams wore a delectable shade of pale green satin, the deep collar forming a cape of a sleeve, and accessorized in matching color, including cherrie earrings. She added a white orchid.

Grace Scott, who heads the chapter, was charming in white wool and Verda Welcome, who was being honored that evening, was as chic as ever . . . her black frock looking ever so demure from the front, but oh, when she turned her back. The deep oval of the top was saved from complete decolletee by a wide curved band which continued from the neckline at front.

Althea Cornish, who is taking time out from doing a multitude of things for others to create her own wardrobe, this year, wore green brocade. The top was fitted and with a portrait neckline, the skirt full and short. And with it she wore one of the new, very tiny hats.

Rebecca Carroll's beige brocade frock also had a portrait neckline, fitted bodice and full skirt. Her hat of Schreiber's Leopard satin added touch that was picked up in the green necklace she also wore.

Guests dined from tables centered with arrangements of sweet peas and iris . . . picked up little cellophane bags of favors tucked against the background of soft music.

* * *

TOWN HOSTESSES these past two weeks have had many of the matrons reaching for their "Metracal".

Take Bea Nixon, who is famed for her cooking, who entertained the Firesiders recently. Her browned rice brook.

REFUSING TO HEED his insistence that the position should go to someone else, members of the Couples Club Sunday unanimously elected James Murphy to his third term as president.

Mr. Murphy, one of the founders of the investment group and its first president, had expressed the wish that the honor should be passed around, but was vetoed by an avalanche of ballots.

The election highlighted the February meeting at the Braddish Ave. residence of Tom and Delaphine Warrington. But the pleasant surprise was the well-loaded and beautiful table prepared by the genial hosts.

Beside Mr. Murphy, other officers elected were William Stanford, vice president; John Rich, financial secretary; Charles Law, treasurer, and Ethel Rich, recording secretary

Guests speaker was Jack Gloster of Securities Inc., who explained in detail the advantages of mutual funds in today's stock market.

Couples present were: Bea and Firnet Butler, Mary Elizabeth and Charles Law; Ethel and John Rich, Verniece and Medford Reynolds, Doris and Ruby Wheeler, Yvette and James Murphy, Edna and William Stanford and M. Francis and Cliff Mackay.

* * *

ALPHA CHAPTER of the Sorors of Delta Sigma Theta Sorority recently held its Annual Evaluation and Constitution Study Day at the Hall on the campus of Morgan State College.

The Delta program was evaluated, the sorority constitution was studied, and plans and ideas were discussed for fostering a more dynamic program. Consultant and resource person for the session was the Eastern Regional Director Mrs. Dorothy S. Proctor

Members in attendance were:

Jocelyn Coleman, Judith Gordan, Anita Stewart, Gloria Williams, Alice Gettys, Wilhelminia Goff;

Maybelline Carroll, Phyllis Wyatt, Barbara Solomon, Patricia Robinson, Mae R. Hall, Shirley Washington;

Charlene Walker, Norma Brown, Andrea Coverdale, Jewel C. Fierce, Billie Anne Davis, Ophelia Gilmer, Rose Keith, Sylvia Plummer, Sue Poole, Catherine Ruffin, Joan Tull and Lillian Yearwood.

Visitors from the Baltimore Sororities were:

Sorors Lucille Venture, Catherine Greene, Ellen Fisher, Alpha Kappa Mu Sorority and Lula Jupiter Kennedy.

* * *

PHI DELTA KAPPA Sorors made plans for their annual education seminar, which will be held on Saturday, March 4, when they met this week

Virginia Hobbs is chairman. At the recent meeting speaker was W. Emerson Brown Jr., attorney, who discussed the Advance Savings and Loan Association.

This year, the National Scholarship Examination, sponsored by Phi Delta Kappa, will be held on Saturday, March 18. Melba R. Logan is chairman of this program. Gladys E. Wallace and Dorothy Washington are delegates to the Eastern Regional

(Continued on page 11)

'We Wives' hostesses to supper guests

We Wives, club of popular young matrons held their annual Valentine supper dance in Unity Hall, Cherry Hill, Saturday night.

The We Wives are Mesdames Gwendolyn Tarter, Ada Weaver, Ida Smith, Margaret Frye, Margaret Armstrong, Mae Dyson, Rubye Reid;

Also Mesdames Iris Mapp, Priscilla Lansey, Lillian Ross, Josephine Brown, Verniece Reynolds, Agnes Reeves, Bettye Phillips, Adele Foreman and Ivy Grinage.

THEIR GUESTS included: Messrs and Mesdames Charles Brown, Shirley Clements, Nixon, Charles Thomas, Wilson Henson, Paul Scott, Lloyd Davis, Henry Phillips;

Messrs. and Mesdames Robert Payne, Howard Collins, Robert Diggs, Bernard Bell, Willie Adams, Albert Bryant, David Driver, William Curtis, Rudolph Wheeler James Murphy;

Messrs. and Mesdames Franklin DeShields, Archie Williams, Harry Gail, Clarence Dyson, William Wilson, Samuel Blackwell, Jerome Todd, Levi Lipscomb;

MESSRS. AND MESDAMES Frederick Johnson of Washington, William Berry of Washington, Paul Chester, Bernard Rusk, William Harris, Randolph Tucker, Edward Shipley;

Messrs. and Mesdames John Wood, Samuel Daniels, Leonard Underwood, Carl Roland White, Roland Williams, Marshall Pyles, John Gloster, William Smith, William West, Abraham Russell;

Messrs. and Mesdames Rufus Hackett, Robert Brown, Henry West, George Lottier, Maurice Owens, John H. Murphy, 3rd, Milton Dugger, Wilbur Valentine;

* * *

MESSRS. AND MESDAMES Lloyd McDonald, Edward Williams, Warren Shaw, David Wright, Errol Taylor, Joseph Felton, Irving Lockerman, William Gardner;

Messrs. and Mesdames Melvin Callaman, Charles Lynch, John Hargrove, Clinton Pierce, Maxwell Chatman Charles Covington, James Dennis, Avon Wright;

Messrs. and Mesdames Vic Reeves, Leon Bates, Manassie Lassiter

Drs. and Mesdames Louis Harmon, William Hall, Raymond Gray, John Holmes 3rd Ted Phifer, Herbert Moseley, Vernell Lockwood, William Garner;

Drs. and Mesdames Ralph Reckling, Glenford Mussenden, A. U. Forte; Dr. Basil Weaver;

Mrs. Monzella Brooks, Miss Ovella Dorsey, Mrs. Norma Dillard, Mrs. Frances Wood, Mrs. Vera Hudnell, Miss Eula Watkins, Miss Alverta Smith, Miss Josephine Lansey, Mrs. Audrey Butler, Leste Norris, Sr., Thomas Mallory, Mrs. Alma Burley and John Holmes.

MR. AND MRS. STANLEY BRACEY were married in Baltimore, Saturday. The bride is the former Miss Carole Newsome.

Kappas entertain at Valentine fete

The Kappa Alpha Psi Baltimore Alumni Chapter entertained at an informal sweetheart party recently.

The affair also served as a kick - off for the 50th anniversary celebration.

Those present were Mr. and Mrs. Donald Rigby, Gerald Davis, Charles Stills, Bill Stanford, Roland Henson, Charles Rice, Alonzo Lancaster, Edward Thomas, Joseph Boston, Edward Thornton, Walter Carr, Walter Fowlkes, Stuart Dougoass, Norman Uncles, Llewellyn Woolford, Enos Roberts, Elwood Brown and Claude Urquhart;

Mr. and Mrs. William E. Day, Ray Gray, Tyson Tildon, Donald Matthews, Errol Taylor, Robert Bradshaw, John McQueen, Thomas E. Johnson, Albert James, Thomas Wallace, Charles Hawkins, Randolph Tucker, John Gaskins, Joseph Hobbs and John Chissell.

Also, Jean Tucker, Tummie Sellers, Barbara Harris, Ann Moore, Maxine Turner, Faye McDaniel Gwendolyn Busch, and Sara Stroud.

Roland Sullivan, Ralph Ross, Samuel Adams, Sidney Burnett, John S. Wood, Joseph Sims and William Contee.

For BACKACHE Caused by Sluggish Kidneys
DeWitt's Pills help flush kidneys to relieve backache, body or joint pains, mild bladder irritations and restlessness. DeWitt's Pills use direct diuretic action for improved kidney activity, and a mild analgesic for fast pain relief. Double-action DeWitt's Pills often mean a more active life.
DeWitt's Pills

APPLICATIONS NOW BEING ACCEPTED BY
BALTIMORE SCHOOL OF PHYSICAL CULTURE AND MASSAGING
Reasonable Rates
SPARETIME TRAINING PROGRAM
INDIVIDUAL INSTRUCTION
3020 Reisterstown Road
LA. 3-5909
BR. 6-7603

"FLOWERS FOR ALL OCCASIONS"
Reasonably Priced — Expertly Arranged
J. J. CUMMINGS & SONS
PHONE: PLAZA 2-1374, 1375, 1376
1123-25 W. BALTIMORE ST.
MEMBER FLORIST TELEGRAPH DELIVERY ASSN.
NO BRANCH STORES

WATCH FOR THE COMING OF THE GREAT EDUCATOR, LECTURER AND WORLD TRAVELER
DR. DEBORAH PARTRIDGE WOLFE
Professor of Education, Queen's College, Flushing, New York, and Grand Basileus, Zeta Phi Beta Sorority Guest Speaker
17th ANNUAL BLUE RIBBON TEA
SUN., MARCH 5, 1961
4:00 p.m.
Dunbar High School
DR. DEBORAH PARTRIDGE WOLFE
Sponsored by Women's City-Wide Committee of the Eastside Community Committee, Inc.

Cold Sufferers!
HOW MANY COLDS SYMPTOMS ARE TREATED BY YOUR PRESENT COLD MEDICINE?
Special-purpose 666 is effective against all symptoms of the common cold

PRODUCT	STUFFINESS	ACHINESS	FEVER	CONSTIPATION	GENERAL "UNDER THE WEATHER" FEELING
A		X	X		
B		X	X		
C		X	X		
666	X	X	X	X	X

Medical authorities recognize that there are 5 major symptoms of the common cold: stuffiness, achiness, fever, constipation, and general "under-the-weather" feeling. Only one product, and proven cold medicine, fights all 5. No "one ingredient" product, advertised for "colds" can possibly do this. 666 is a broad-activity, multi-ingredient medicine, developed and marketed expressly for the treatment of colds ... and not for any other ailment.

A SPECIAL COMBINATION PRODUCT
666 is a dependable, proven combination of medicinal ingredients, which are used by many doctors in their prescriptions. It is especially designed to give fast, positive relief from all cold symptoms ... not just one or two. 666 is more effective in the treatment of colds, because it hits more symptoms than any "general" product. That's why 666 is guaranteed. It's got to work ... or your money will be refunded. Join the thousands of families who trust and rely on 666 ... and see what real relief can be like. 666 comes in two ways ... liquid or tablets. Take your choice ... the same fast relief is in both.

FREE...
Scalp treatment will each shampoo, press and curl.
BLANCHE'S BEAUTY BOX
1702 W. NORTH AVE.
LA. 3-3920
Operators:
GRACE TERREY MAMIE ALLEN
RUBY RANDALL
BLANCHE WHITE, Proprietor

CHECK Your Itching, Stinging Skin Misery
☐ Ugly Bumps ☐ Acne Pimples
☐ Simple Ringworm ☐ Eczema
☐ Burning, Irritated Feet ☐ Tetter
☐ Red, Irritated Hands ☐ Scaly Skin Discomfort
Famous Skin Ointment Has Helped Thousands
Don't go on suffering, follow the example of thousands of people all over the world who have proved to their complete satisfaction that Black and White Skin Ointment brings quick soothing relief to itching, stinging skin misery.
You, too, can enjoy this same blessed relief. No matter how many other lotions and ointments you have used without success, try Black and White Ointment.
And to keep your skin clean, use Black and White Skin Soap. It thoroughly removes surface germs, leaves skin feeling fresh.
So Good—Over 51 Million Packages Sold! Large 75c size contains 4½ times as much as regular 35c size. Trial size 25c
Genuine BLACK AND WHITE OINTMENT SOLD ALL OVER THE WORLD
BLACK AND WHITE OINTMENT

IN BALTIMORE BLACK SUNDAY will be at the NEW ALBERT