Editorials

Not Until This Board

Communication is the science (or art) of faithfully and accurately transferring factual and opinionated thoughts.

Often, different people use the same words to transfer entirely different ideas.

The majority of the members of the Baltimore Board of School Commissioners doubtless would say there was "peace and tranquillity" at board meetings before the advent of member Nicholas "Boy" Mangione.

Those who would so characterize the meetings would have in mind that different opinions could be and had been expressed in good temper and judgment without insults and with a general forward movement of educational programs for the city's children — black and white.

The fair-minded observer would have to concede that educational progress has been the hallmark of this board when he remembered that not until its majority came into being has the lid been pried loose from student repression.

Until this board, there had been no relaxation of century-old rules to permit involvement of parents and citizens in school activities.

Not until this board, had black administrators been able to move into leadership positions in numbers now enjoyed — not until this board met and said, "yes, yes, yes" to each other.

Not until this board, did Baltimore schools have the improved curriculum and new educational program it is now commencing to have.

And all of this came with the "peace and tranquillity" of open discussion and good humor — until Mr. "Boy" Mangione.

It seems to us that much of what the Baltimore community is suffering from relates to that commodity about which we first spoke: communication — or, more specifically, a lack of communication between the people of the city and the board.

In these times of electrical recording devices of staggering quality, the board must wait months before seeing, for even itself, the record of what is previously did.

It was not until the meeting of Dec. 3rd that the board approved the minutes of its July 16th meeting.

Had the November 5 and 10th meetings been televised in its entirety, the public would be in a position to make its own judgment about who is or is not disruptive of, "peace and tranquillity."

The public would know that Mr. "Boy" Mangione was the culprit with his insults to female and male black members. And if the devices were sufficiently unobtrusive and present in the corridors outside the meeting, the public would see and hear lame duck Mr. "Boy" Mangione's four-letter words and other vituperative remarks.

We have been using an expression, "peace and tranquillity," which we did not originate. It was, unfortunately, originated in this context by black City Councilman Dr. Emerson R. Julian, whom, we imagine, may be seeking political favor.

Since we know him and of his experiences in trying to make progress in "peace and tranquillity," we believe that if and when his communication is perfected, he will see the light clearly and regret, if not retract, his remarks about the present school board.

And on the politics of the matter, we repeat what we have said heretofore in these columns: If the school board becomes crinpled in the near future, the fault will lie at the door of Mayor Thomas J. D'Alesandro III, who will be revealed as one who was willing to go just so far with progress, and then was willing to contribute to deterioration of the educational process and polarization of the community by playing political football with school board appointments.

The way the mayor can save his political name is by re-appointing Samuel Daniels to the board when his term expires and by appointing another person of progressive temperament, preferably a black person.

Since the school population of Baltimore is now almost 70 per cent black, we subscribe to the position that the majority of the Board of School Commissioners ought to be black also, and have added a plank to "What We Stand For" to this effect.

We think Prof. Norman Rawlings of EMBC put it in a nutshell when he said, "Not only should there be a black majority on equitable grounds, but sound educational principles dictate this because it is well recognized that people who are essentially alike tend to do a more adequate and progressive job of imparting knowledge to those who seek to learn."

The Tribunal

The AFRO was pleased to learn of the apparent effort the local chapter of CORE and TCYP, Target City Youth Program, recently made to resolve their differences.

As we have said before, we think it gives substance to the term "together" when black people are able to meet—though in disagreement—and resolve their differences.

The formation of "The Tribunal," we thought, was an effort to get "together."

Now, however, it appears that these two contesting factions are still apart despite the work of The Tribunal.

CORE officials and The Tribunal spokesman say both sides agree to be bound by The Tribunal's verdict.

Officials of TCYP say they did enter preparatory stages of submitting the controversy but soon recognized that they were being tricked into appearing before a "kangaroo court."

They say they wanted to impanel a group of professional black judges to hear the case.

The AFRO cannot characterize the actions of either faction, nor can we make a judgment as to the judicial temperament of The Tribunal.

We have doubts as to whether TCYP's alternate proposal on black judges would be feasible.

We continue to believe, however, that it is desirable for CORE and TCYP, if at all possible, to get together.

Views Of Police

In recent weeks the AFRO has carried stories which imply criticism and approval of police actions in several specific cases.

Two about which the discerning reader could infer approval deal with the activities of the STOP Squad in its efforts to make a dent in the drug traffic, and the tactical unit's alert to saturating shopping areas for increased protection during the holidays.

The stories that have reported alleged actions of police in brutalizing youthful citizens, on the one hand, on Harford Rd. and a young mother on Old York Rd., or the other, may be recognized as condemnatory of police actions.

But as we see it, there is no conflict in our attitudes which inevitably show through the news columns.

As demonstrated last year when the AFRO, through its Hunter Rolle, solicited Police Commissioner Donald Pomerleau, we stand four-square behind police when they protect citizens with dignity, efficiency and fairness.

But in the courageous AFRO tradition, we are angry guardians on the wall when we have reason to believe that police are mistreating citizens.

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In the cases of youth and women, there seems to us to be constantly present the extra dimension of physical and emotional inequality between those accused of breaking the law and the enforcers of the law.

Most youth and most women are just not in the same class with burly, well-trained, physical policemen.

The latter, it seems to us, ought always be aware that the task of law enforcement should be characterized mainly by restraint and wisdom in these kinds of confrontations.

We hope our local courts, as they have occasion to make individual judgments in this latter class of case will be rigidly fair and scrupulously discerning in judging who is guilty of what.

There can be no adequate law enforcement where justice and restraint are absent.

'Later For Mickey Mouse'

Baby, the Army isn't what it used to be.

We mean, man, it's been talking it over and decided to get with it.

You might almost say, baby, that the Army has gone and liberated itself.

And no less than the top man himself, Army Chief of Staff, Gen. William C. Westmoreland, is responsible.

He has ordered rapid and positive action to improve Army life including beer at supper, an end to reveille formations and the elimination of bed checks.

All of these, in the memory of most of us, have been standard earmarks of the harsh discipline of Army life heretofore.

But in order to meet the challenge of today's young men who are "putting down" the Army in droves, something new had to be done, baby, and quick.

Soldiers have always spoken of these G.I. rules as the "Mickey Mouse" bit.

What the Army is now saying — and we admire its spunk — is, later for "Mickey Mouse," baby.

We Stand For

Equal justice, not only in theory, but in fact before the courts of the city and state.

Adequate black representation on all public boards and commissions of Maryland cities, counties and the state itself, including colleges and universities.

Extensive and untrammeled black political power.

Equal job opportunities in fact as well as theory.

Equal housing opportunities in fact as well as theory.

Black judges on all benches of the city, county and state court systems.

Open and free election of judges, except those constitutionally authorized.

A black owned and operated taxicab company.

A black owned and operated bank.

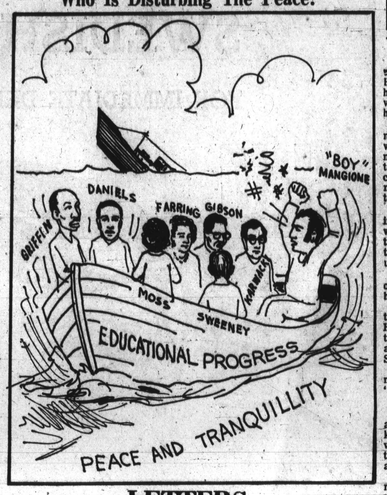
A black majority on Baltimore City Board of School Commissioners.

"Let us not seek to satisfy our thirst for freedom by drinking from the cup of hate and bitterness." — MARTIN LUTHER KING, JR.

Baltimore Afro-American

May we let our light so shine that it will illuminate that which is good and beautiful, and magnify our Faher which is in heaven. May we stand strong and firm against despair, falsehood, rudeness, hatred, pessimism and prejudice.—Carl Murphy, Editor-Publisher—1889-1967

Who Is Disturbing The Peace?



LETTERS

Readers are invited to submit letters for publication. All letters must be signed, but signature will be omitted if requested. Letters should be no more than 300 words in length. Address them to "Our Readers Say," Baltimore AFRO-AMERICAN, P.O. Box 1857, Baltimore, Maryland 21203. . .

Good Will To City

Dear AFRO:

The inner city has been the place of protest. It has also been the place of proclamation and peace. Two thousand years ago the angels proclaimed the birth of the Prince of Peace in the city of Bethlehem. Today we proclaim the rebirth of the "good news" in the city of Baltimore.

"Peace on Earth" must be heralded if it is to be heard. "Good Will" must be proclaimed as well as practiced. This is our proclamation: "Peace on Earth, Good Will to Men." But our proclamation must come out of the churches into the city, into the marketplace, into the streets. We are not protesting against something. We are proclaiming the renewed birth of the Prince of Peace in our time in our city.

Our proclamation will be made by way of a parade on Sunday, Dec. 13 at 1:30 p.m. The Star and the Wise Men will lead the people of Saint Gregory along Baker Street to Pennsylvania and Fremont. The Shepherds, the donkey, Joseph and Mary will lead the people of Saint Peter's along Pennsylvania Avenue to Mosher Street. Simeon the prophet and Ann the prophetess along with the people of Immaculate Conception will welcome us to the house of the Lord for a final prayer and proclamation.

The purpose of the parade is simply to proclaim that "Christ is Coming" and that we who are marching are committing ourselves to bring the spirit of that first Christmas — peace and good will — to our lives and our community. In the 1960's scientists put a man on the moon. In the 1970's we must re-proclaim the old news and the good news that God has come to our earth. Walk with us and proclaim the good news on Sunday.

Rev. EUGENE FARRELL, S.S.J,

Board Assistance

Dear AFRO:

Wonder why Miss Adele M. Hicks didn't bother to get facts when she wrote her letter to the editor of the Morning Sun, Wednesday, Nov. 25, 1970?

If Dr. Sheldon's plans for education in Baltimore are thwarted by the majority of the school board then the obvious question should be maybe there is something wrong with Dr. Sheldon's plans and he should move on.

Five of the nine school board members have requested full time assistants. Three other board members do not feel they need school board assistants. Let's speak to the question of the president of the school board and his assistant.

Mr. Karwacki violated the rules of the school system when he hired Mr. Beck as his assistant by actually employing him before other candidates for the position had completed interviews with him.

All board members voted to approve Mr. Karwacki's choice because we believe all commissioners should have the right to select his or her personal choice for assistants.

When the five school commissioners made her choice of Antioch students for assistants, Mr. Karwacki, in collusion with the superintendent and the other conservative board members, decided to stall our appointing them by hiding behind personnel policies.

The Karwacki clan employed double standards in questioning the right of the liberal portion of the board to have assistants. Mr. Beck, Karwacki's assistant, was hired at an annual salary of $14,861.

His secretary is paid a salary of over $7,000 plus equipment such as typewriter, desk, etc. Mr. Karwacki's assistant costs the school system almost $25,000 yearly.

Our five assistants will cost less than $20,000 total for the remainder of the year.

Mr. Karwacki, as president of the school board, has essentially the same duties as other board members. Why should he have an assistant and other members, who desire them, not be allowed the same right . . . unless racism exists on the school board?

JAMES M. GRIFFIN, Member,
Board of School Commissioners

For Merit

Dear AFRO:

Douglass High School has been promoting a program honoring students who have made outstanding achievements during the school year. We feel you would be interested in knowing that the first student who was chosen for this year as the "Outstanding Citizen of Douglass" was Mark Saunders of class 12-1.

He was selected on the basis of his scholarship and accomplishment as semi-finalist in the National Merit Scholarship Examination. The second student to receive this honor, who was crowned "Miss Douglass" for the homecoming activities, was Miss Zelda Williams of class 12-7.

We shall appreciate any assistance you can give us by bringing to your readers' attention the accomplishments of these students. If you should wish to call the school, the telephone number is HO 7-4000 ext. 2210, 11,13.

ANNE WILSON, Chairman
Outstanding Citizen of Douglass
Selection Committee

Union Victory

Dear AFRO

Two thousand employees in some twenty-one nursing homes have been attempting to negotiate a contract with their employers for six months or more. The negotiations reached an impass and the Union began taking strike votes.

Rather than depriving so many patients of care, the Union agreed to submit the unsettled questions to a fact-finding panel to be appointed by the governor. Members of the panel appointed in late July were Judge Robert Watts, chairman; Dr. Wallace Mandel of Johns Hopkins University and Mr. Leon Sacks of the Associated Jewish Charities.

After many months of deliberation the fact-finders released local award on Friday, November 20, 1970, that entails tremendous wage increases for the employees involved. Wages as high as 40 cents across the board are due the employees retroactive to July 1, 1970. Also increased holidays, increased vacations and a comprehensive sick benefit program that nursing home employees never had before.

A very important accomplishment of these unionized workers was the inclusion in the award of a health and welfare plan that will provide free hospitalization and life insurance covering themselves and their families.

The employees of the unionized nursing homes are guaranteed a bright Christmas due to the fact that their employers have to pay them back pay amounting on the average of $400. This is quite a boom for people living off of $1.50 to $1.60 per hour.

FRED A. PUNCH
President
Local 1199-B

COLUMNS

NOW And THEN
The Politics Of Words

with G. JAMES FLEMING

DR. FLEMING

Whole books have been, and can be, written about politics and words: How words have made politicians and how words have broken them; how words have helped and how words have hurt, ad infinitum.

All, except the very young, will remember President Eisenhower's words as a candidate in 1952, in the midst of the Korean War. "I shall go to Korea," he said. These words caught fire throughout the nation; so much so that soon after he was elected, he felt compelled to visit Korea.

Sometimes the words that stand out in politics are the result of serious work by political pros, public relations men, even psychologists; sometimes they just happen — a lucky or unlucky slip.

A slogan that is expected to help one candidate or group, is intended to hurt another.

Thus, "I shall go to Korea," thought up by journalist Emmet Hughes, was intended to both boost the electoral chances of Eisenhower and to reduce the chances of Adlai Stevenson and the Democratic Party.

In the post-Truman days, another notable combination of words was "Had Enough?—Vote Republican."

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Woodrow Wilson won a second term as President under the hypnotic "He kept us out of war." But, just a few weeks after his second inauguration, the United States entered the conflict against Germany.

Wilson similarly became a hero to most of the world by his program which was verbalized to "Make the World Safe for Democracy."

These same words, however, in a contest with other verbalized ideas, later were rejected with much of Wilson's program, by the U.S. Senate and the American people.

"Your home is your Castle," intended to make George Mahoney governor of Maryland, failed him, but, instead they made Spiro T. Agnew governor, with all that has followed since in Mr. Agnew's life and the life of the nation.

Suppose Mahoney had used different words for his principal campaign slogan; suppose he had used a home-grown appeal, rather than the, perhaps computerized, invention of an out-of-state publicity firm .... suppose . . .

One of the word combinations that has paid off well for its users, until lately, has been "Would you like your daughter to marry a N —r?"

The reports are that Governor George Wallace was not always so openly anti black. But once he lost to a candidate who outdid Wallace in race-baiting. From then on, Wallace promised to "out N — r" any other opponent.

Calvin Coolidge's oft-quoted words, "I do not choose to run," so "did him in" that he was not able to change his mind and run for a second full term in the White House.

The slogan used against Franklin D. Roosevelt, "Clear everything with Harry (Hopkins)," caused great embarrassment to the then President, who could not afford to have the people feel he was not his own man.

One of the most often quoted slurs against a candidate is "Rum, Romanism and Rebellion," aimed at Grover Cleveland, Democrat, in 1884, but which back-fired. Cleveland won; James G. Blaine, Republican, lost.

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Perhaps the tamest and most versatile words in politics are "No comment." They cannot be used all the time, of course, but they can save a candidate embarrassment, prevent his lying, or give him—or his friends—more time to find the right answer.

Sometimes, supporters of a candidate or aspirant, may have to resist the temptation to show they are kingmakers and just say "I don't know," or "Ask Mr. —, himself."

In fact, this whole column came into being because of the people who declared George L. Russell, Jr., a sure candidate for mayor of Baltimore at his recent testimonial.

It was no secret why the testimonial was held, but (undoubtedly for good reasons) Mr. Russell chose not to announce his candidacy. But, as the press and TV roamed about, they tempted some kingmakers to say things at a time and place, and under circumstances, that might, or might not, have helped their protege.

Sometimes "No comment" is the most useful combination of words for a politician, candidate or non-candidate.

For a candidate-to-be, sometime his most helpful words may be: "Dear God, please save me from my friends; I'll take care of my enemies."

Perspective
Where To By 2020

By DAVID E. SLOAN

I think something that most of us sense but not many are willing to put into words is the fact that the cherished, beloved and once-dynamic Civil Rights Movement has been displaced.

This historical fact became very clear recently when young, black lawyers for the Legal Defense Fund of the NAACP had a tiff with director Jack Greenberg, a Jewish man who cut his legal teeth under Justice Thurgood Marshall's guidance.

Greenberg is reported to continue to want to keep LDF in the field of attacking inequities which are clearly immoral while the young blacks want to lay the organization on the line as active defenders of such unpopular activists as the Black Panthers and Angela Davis.

The blacks, when they state their case, say the action now is not in the field of protecting civil rights, but rather in the field of advancing the cause of Black Liberation.

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This assertion leads to a reflective glimpse of what has happened to us in perspective since black people attained legal freedom in the middle part of the 19th century.

Some may argue, but we may generally classify the years from 1865 through the end of World War I as being those of orientation.

Those were the years when our leaders were acquainting our people with what it means to operate as free men within a sophisticated, industrial society rather than as slave cared for in a farm setting.

It took 50 years for us to shed this period of development and to move into the second period which began right after our fathers came back from France, around 1920.

We had discovered what living as Americans was going to be all about and now we looked around ourselves and recognized the handicaps under which we operated as distinguished from the pattern of life other's experienced in our land.

This gave birth and advancement to the 50 years of Civil Rights development, a process in which we were content to point out to established authority the inequities that we found and to demand that something, by law, be done about them.

This process was successful, so that by the year 1965 or shortly thereafter—following enaction of the Civil Rights Act—there was firmly established in American culture and law the principle that race is not a ground for official inequitable treatment of citizens.

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As we enter the seventies, we have left behind our orientation and paper undergirding and have entered a period of active implementation.

If we were a race of doctors or lawyers, we would have finished going to school, passed our examinations and received certification. Now we become ready to practice.

Practice on the socio-political level may be called in today's vernacular, "liberation."

Since both these other periods have taken roughly an equal number of 50 years, the question comes to me whether or not the period to be required for total practice of our citizenhood—for liberation—too is to take another 50 years.

Practice of professions becomes fruitful and meaningful as they get under way—the new technique is discovered for performing an operation, a new and liberating principle is written into law so that people are made freer and happier in their daily lives.

What great new contributions will black people make as they practice citizenhood? What great, new things will we do as we liberate ourselves?

Where shall we be by the year 2020?

AFRO Credo

A newspaper succeeds because its management believes in itself, in God and in the present generation. It must always ask itself—

Whether it has kept the faith with the common people;

Whether it has no other goal except to see that their liberties are preserved and their future assured;

Whether it is fighting to get rid of slums to provide jobs for everybody;

Whether it stays out of politics except to expose corruption and condemn injustices and prejudice, or compromise.

JOHN H. MURPHY SR. — 1920

Family Fare Food, Fashions and Homemaking

Best buys: Sweet potatoes plentiful and cheap

By VIRGINIA McLUCKIE
Food Economist

Sweet potatoes are a colorful, tasty, nutritious vegetable, and supplies are seasonally large and price tags attractive.

December 9 to 19th is the National Sweet Potato celebration period. Although the total United States sweet potato crop is estimated to be three percent below last season when supplies were burdensome in several states, it will be five percent above 1969. Prior to Thanksgiving most of the crop from Maryland, Virginia and New Jersey come to market fresh from the harvest fields. These we call green or uncured potatoes.

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From now on the markets will have sweet potatoes cured and stored in controlled temperature and humidity until they are shipped to market. The curing consists of holding the sweets seven to ten days at 85-90 degrees with 85 per cent humidity. Following this period the temperature is dropped 65-70 degrees for holding the humidity remaining at 85 per cent.

The process thickens the potato skin and makes the vegetable much less perishable and subject to less bruising and scaring in handling. Cured sweet potatoes have a longer storage life at home than fresh ones. New curing houses have been constructed and put into use this year on the Eastern Shore of Maryland.

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Two important types of sweet potato are grown in the U.S. One has a seemingly dry, mealy flesh, the other a soft, moist, sugary consistency when cooked. Actually, the so called dry type contains more water than the moist type. The real difference being that when cooked, one is firm and the other soft.

The moist or soft when cooked type is usually called yam. The greatest percentage of sweet potatoes used for food is in the fresh raw form, however, the canned frozen and dhydrated products are gaining consumer acceptance.

Sweet potatoes are among the most easily preapred of all vegetables. They may be cooked in the jackets, baked, fried, mashed and used in combination with other vegetables and fruits. The flesh may be used in making breads, cakes and pies and even candy confections. Sweet potatoes have a special affinity for poultry, fresh or cured pork. The flavor blends well whether the potatoes are served in acombination dish or as a side dish vegetable.

The food value of a medium sized sweet potato is in the energy value and the amount of vitamin A it supplies. Deep yellow vegetables should be included at least every day in everyones food intake. Sweet potatoes also contain an amount of vitamin C, and iron and thiamine. They taste good and are good for you.

Sweet Potato Puff Almon Dine is made with one fourth cup whole blanched almond, tow cups mashed cooked sweet potatoes, one half teaspoon grated orange rind, two thrid cup orange juice, one fourth brown sugrar, packed, three tablespoons melted butter or margarine, three fourth teaspoon salt, and two eggs, separated.

Coarsely chop almonds. Combine potatoes, roange rind and juice, sugar, butter, salt and egg yolks; beat until light. Beat egg whites until stiff but not dry; fold with all but 1 tablespoon almonds into potato mixture. Turn into greased 1 quart casserole and sprinkle with reserved almonds. Bake at 375 degrees about 30 minutes. Makes 6 servings.

FASHION NOTE: If winter comes can spring be far behind? The answer, fashion wise, come from the American Designer Showings in New York, last week, where the American collections for spring, 1971, were seen. In Cell Chapman's collection was this gown which has a close, small-looking bodice of black jersey and full skirt of printed silk chiffon. The scrolled patterning of the purple, yellow and white print on black emphasizes the fluid movement of the dress from a wide belt.

Economy meals for good eating

A surprise bounty in the weeks ahead will be the addition of cabbage to the long list of foods expected to be in abundant supply.

It's a pleasant surprise, indeed, for the economy-minded homemaker because this popular vegetable rates high in all the virtues of a household staple.

Versatile? Yes. Scan through your recipe file and if you have less than a dozen tempting cabbage dishes, then it's time to check out some new ones.

Cole slaws and salads with cabbage come in infinite variety, and then there's braised, fried, scalloped, and steamed cabbage, plus cabbage soups, cabbage au gratin, cabbage with spaghetti and cheese, cabbage and corned beef, stuffed cabbage, and many others.

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Nutritious? Yes. A good source of vitamin C, especially needed now to help ward off winter infections, cabbage is also endowed with vitamins A and G, thiamine, riboflavin and naicin, minerals, and some protein. To preserve precious vitamin C, cook cabbage quickly in the small amount of salted water.

Tasty? Easy to prepare? Easy to serve? Combine well with many foods? Economical in cost? The answer to these questions is also "yes."

When shopping for cabbage, look for firm or hard heads that are heavy for their size. Outer leaves should have good color, whether green or red. Early crop "new" cabbage should have fresh, crisp leaves. This is the cabbage that's now plentiful — the crop is the largest in many years.

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Here's a menu for a day's good eating, using foods that are plentiful and reasonably priced:

BREAKFAST
Orange Juice
Hot Cereal
Cinnamon Toast
Milk
Coffee or Tea

LUNCH
Tomato Soup
Tuna burgers on Toasted Roll
Fresh Apple
Milk

DINNER
Stuffed cabbage
Leaf Rolls
String Beans
French Fries
Citrus fruit cup (Orange, grapefruit, tangerine)
Milk
Coffee or Tea

This recipe for Stuffed Cabbage Leaf Rolls is for the main dish of the dinner meal.

You will need eight cabbage leaves, two and one-half cups ground meat (beef or pork or a combination of both), one small green pepper, minced, one small onion, minced, one-half cup cooked rice, one teaspoon salt, one-eighth teaspoon pepper, one and one half cups, stewed, canned or fresh tomatoes.

Remove leaves from the head of cabbage. Drop into boiling, salted water for 2 minutes; then drain. Mix meat, onion, green pepper, seasonings and rice. Place about two tablespoons of the mixture on each cabbage leaf; folding the leaf around the meat mixture.

Arrange the stuffed leaves, folded-side down, in a casserole and pour the tomatoes around the leaves.

Bake in a moderate oven 375 degrees for 45 to 60 minutes. Yields four servings.

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CATONSVILLE SHOW

Two programs of entertainment for the community-at-large have been scheduled by the Catonsville Community College for the pre-holiday period. On Saturday and Sunday, December 12 and 13, the Barnstormer's, college theatrical group, will present "An Experiment in Sound and Color", a "montage of stimulation" which will feature an adaptation of Carl Sandburg's poem, "The People, Yes". Two performances have been set for each evening, one at 7:30 P.M. and one at 9 P.M., in the Barn-Theatre on the college campus at 800 S. Rolling Road.

Light House keeping

By LULA MACKAY

This time of the year just naturally brings on little people thoughts what with the shops filled with "little" things, like small chairs, dolls and tiny animals. All of which should remind mothers that baby people live in a miniature world all the year around, and there are many things that can be done to accommodate them.

For example, give him a butter spreader instead of a regular sized knife to spread his peanut butter and jelly. Let him eat with a salad fork. It much wider and shorter than a dinner fork and much easier for him to handle. Serve both his milk and his soup in a coffee mug with handles that he can grasp. You will save slopping over the soup and turning over milk glasses.

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Dollars and sense: If you are like many of us, your weekly cleaning bill is the bane of your existence. And I shudder to think of what our suedes are costing a upkeep this fall. You can cut on cleaning costs with this tip. Go over your jacket, skirt, tunic, or whatehave-you with a suede brush (the same kind used to clean shoes with). Dip a washcloth in vinegar and wring out well. Go over the garment. You will find you can clean it beautifully. Of course this should be a regular routine after wearing so that their will never be very badly soiled spots.

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The Beauty Trick: Tendril curls dropping from the hairline of a coiffure, now one of the newest hair styles, is also one of the newest hair products.

The tendril is a corkscrew drop of permanently curled synthetic hair sewn onto a bobby pin. The bobby slips into and becomes a part of the hairline, while the tendril remains outside for all to seek. It's produced by Leon Buccheit, 565 Fifth Avenue, New York.

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What's new? Make way for "a treasured, opulent creation of gleaming golden-tone metal work, richly fashioned as the perfect jewelry wear-with-all." The manufacturer says this opulent creation is suspended from a luxurious golden-link chain. The product itself is expressly designed "to scent and surround today's modern woman with the long-lasting, free-spirited aroma of creme perfume. In case you haven't guessed it, the "treasured, opulent creation" is a creme perfume locket.

Fashionette: Like the Arab who consulted for merely the head of the camel being allowed in his tent, you gals did it!

So the men, who first took over our gay plumage, then our long hair, to follow, with our wigs, have now moved in on our jewelry.

Shake a man's hand these days and you're likely to withdraw yours in pain — not from the heartiness of his grip, but from the collection of hardware he's sporting on a minimum of two to a maximum of four fingers per hand. The ring is the thing, and like rings for the gals, the more the merrier.

The rings for "him" range from combinations of everything from writhing snakes (perfect for pinkies) to bold metallic nuggets, mythological animals, Zodiac signs, genuine gem stones, not-so-genuine gem stones, Indian beaded bands, leather thongs, and, of course, for the unlibbed man, the wedding band.

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Recipe of the Week: Just because Thanksgiving has passed, do not forget the pumpkin. Make a Spicy Pumpkin Pound Cake for the coming holiday.

The Spicy Pumpkin Pound Cake has an especially appealing aroma with the addition of spice and rich dark rum. Its firm buttery texture and not-too-sweet flavor make it ideal to serve at late afternoon tea or with strong black coffee after a holiday dinner.

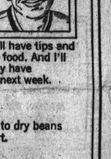
Make it now and wrap in foil or saran and keep frozen for use as an emergency dessert during the coming season.

The cake requires three cups sifted flour, one tablespoon baking powder, one teaspoon salt, one half teaspoon baking soda, one tablespoon Spice Islands Pumpkin Pie Spice, one teaspoon Spice Islands Orange Peel, three large eggs, two and one fourth cups sugar, one one pound can pumpkin, three fourth cup melted butter, one fourth cup milk, one fourth cup dark rum, and one cup chopped walnuts.

Preheat oven to 375 degrees. Sift together flour, baking powder, salt, baking soda, Pumpkin Pie Spice and Orange Peel. Beat eggs until light and fluffy. Bat in sugar until blended. Beat in pumpkin and butter. Combine milk and Rum. Add alternately with four mixture. Stir in walnuts.

Pour into a well-greased Bundt pan or 2-quart cake mold. Bake 55 to 60 minutes.

the little cookbook column



Hello, I'm Esther Coley, Home Economist for Hunt-Wesson Foods, Fullerton, California. Read my column every week. I'm sure you'll find something to interest you. I'll have tips and hints about buying and preparing food. And I'll answer any questions you may have about cooking. See you next week.

This week's tip:
A few drops of vinegar added to dry beans prevents gastric discomfort.

Hunt's Handy Hint:
For a something special dish, add an (8 oz.) can of Hunt's Tomato Sauce with Mushrooms to skillet drippings after frying cube steaks, pork chops or hamburgers. Heat, then stir in 2 tablespoons sour cream. Result: a sauce that's something else.

Dear Esther:
I'm not doing very well in the omelet department. Mine are a little dry and heavy. What's your secret?
Mrs. Annie L. Scott, Atlanta, Georgia

Nothing to it. To make a tender, delicate omelet just use water instead of milk, cook over moderate heat; lift omelet as it cooks so uncooked portion flows underneath.

Dear Esther:
My family likes biscuits so much they could eat them every morning. But I don't have the time to make them. Do you have a quick, easy way?
Miss Cora Davis, Covington, Georgia

You can use your recipe and save time, too. Double or triple the dry ingredients and vegetable shortening measurements; store in covered container or in refrigerator for handy use.

Dear Esther:
I get my syrup in the store but I know I could make some if I had a recipe. Can you please give me one?
Beverly Burkhalter, Oakland, California

This one's easy and tastes together. Simmer together for 5 minutes some water with brown sugar, a little margarine and maple flavoring.

Dear Esther:
Is there really that much difference between large and small eggs? How do you decide which size egg is the best buy?
Claudia Pate, Cleveland, Ohio.

When the price difference between two sizes is seven cents or more, the smaller size can be considered more economical. Actually, the best buy would be the lowest cost per pound, no matter the size.

Hassling with cooking? Ask Esther for help. Write:
Esther Coley,
Home Economist,
Hunt-Wesson Foods,
P.O. Box 1002,
Fullerton,
California 92634.

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