H & R Block will teach tax course

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A basic income tax course will be conducted here beginning September 14 under the supervision of H and R Block, the nation's largest tax service, according to Alvin A. Jones area manager.

"The Block tax course is designed for people who want to save money on their income tax, or make money as tax preparer," said Mr. Jones.

"Anyone may enroll," he continued, "and there are no restrictions or qualifications of any kind. It is not necessary that applicants have any previous financial knowledge or tax experience."

Mr. Jones pointed out that the tax course is ideally suited for housewives, teachers, retired workers, and anyone else wanting to improve their tax knowledge or increase their family income.

The curriculum provides for a minimum of two three-hour sessions per week for twelve weeks — making a total of 72 hours of classroom work. All instructors are veteran Block employees.

"The H and R Block tax course covers all major areas of tax return preparation, with actual practice in preparing individual returns," Mr. Jones said, "and it's programmed to teach the student increasingly detailed tax problems as study progresses.

Mr. Jones pointed out that, for the first time, all 1970 tax returns (to be filed prior to April 15, 1971 will reflect the sweeping changes brought about by the controversial Tax Reform Act of 1969. This year's tax course will therefore be especially valuable, he said, because students will learn exactly how this new legislation really affects things.

"We think everyone will find the course interesting and challenging from beginning to end," said Mr. Jones.

Diptheria Epidemic Feared

SAN ANTONIO, Texas — The director of the city Health Department said Friday the diphtheria epidemic which has been confined to the West Side is spreading throughout San Antonio. Four more cases were reported Friday bringing the number to 29 this month and 59 for the year.

"The disease is not seeking any particular street or block," said Dr. William R. Ross, city health director. "It has been like a checkerboard. You never know where it is going to strike next."

The bulk of the cases [illegible] in the p[illegible] Mexican-American and black west and southwest sides of town. A total of 45 cases have been found there.

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Clorox Bleach 1-GALLON plastic btl. 45¢
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Gayla Fruit Drink 1-qt. 14-oz. can 24¢
FOOD CLUB TUNA CHUNK LIGHT 6½ OZ. CAN 29¢
Tropi-Cal-Lo Drink 2-qt. cont. 37¢
Gaylord Apple Sauce 1-lb. jar 15¢
American Cheese THIN-SLICE YELLOW STACK PACK 1-lb. pkg. 75¢
Mrs. Filbert's 4¢ OFF LABEL! SOFT MARG. 1-lb. pkg. 41¢
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Golden Quarters 1-lb. pkg. 29¢
GAYLORD FROZ. POTATOES CRINKLE CUT 9 OZ. PKG. 10¢

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Beef Pot Roast BONE-IN lb. 68¢
U.S.D.A. CHOICE BEEF
3-Corner Roast BONELESS lb. 98¢
LEAN, FRESH
Pork Shoulders lb. 48¢
U. S. GOV'T INSPECTED CHICKEN
Legs & Breasts ¼'s lb. 38¢
1-LB. PKG.
Bacon GAY-LORD 79¢ | FOOD CLUB 89¢ | ESS-KAY 99¢
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MASH'S FULLY-COOKED
Smoked Ham lb. SHANK OF HAM 58¢
SEMI-BONELESS BUTT OF HAM . . . lb. 78¢

ENDS & CENTER CUT CHOPS
¼ Loin Pork Chops 9 to 11 chops per pkg. 78¢
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Boneless Pork Roast lb. 78¢
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SLICED TO ORDER
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Campbell's Beans With Pork 14¢
BAYLORD
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FROZEN CRINKLE-CUT
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5¢ OFF LABEL! DIET SPREAD
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JUBILEE
Fresh Apple Pie 1-lb. 6-oz. pkg. 39¢
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Hot Dog or Hamburger rolls . 8 in pkg. 25¢

NON-SUCH FARMS (BUCKINGHAM, PA.)
Fresh, Gold Corn EACH EAR 5¢
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Going Group Binder Ensemble Binder, Themes Book and 6 "A" Notebk. Asst. Des. $2.44
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Overnights Pkg. of 12 89¢ | Newborn 30 in pkg. $1.45 | Daytime 15 in pkg. 89¢ (30 in pkg. $1.67)
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10¢ OFF 3-lb., 1-oz. box TIDE XK 69¢
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Sealtest Ice Cream TWIN POPS FUDGE BARS ICE MILK BARS ORANGE TREAT BARS 12 IN PKG. 44¢
NOVELTIES—15¢ OFF
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SAVE CRISCO OIL 1-pt. 6-oz. btl. 85¢
DUNCAN HINES ANGEL FOOD CAKE MIX 14½-OZ. BOX 62¢
DUNCAN HINES LAYER CAKE MIX 1 LB. 2½ OZ. BOX 38¢
10¢ OFF GAIN w/MICRO ENZYME ACTIC. 3-LB., 1-OZ. BOX 71¢
10¢ OFF DASH DETERGENT 3-LB., 1 OZ. BOX 65¢

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Northeast Erdman Ave. & Sinclair Lane
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Highlandtown Eastern Ave. & Eaton Street
Gwynn Oak Liberty Hghts. Ave. & Hillsdale Rd.
Pulaski Mart Pulaski Hwy. & Mohr Lane Open Sun. Noon 6 P.M. Wed. 10 A.M. 6 P.M. Thur. 10 A.M. 11 P.M. Fri. & Sat. 11 A.M. 11 P.M.
Ritchie Mart Ritchie Hwy. & Robinson Rd. OPEN Sunday—Noon 6 P.M. Wed. Thru Sat. 10 A.M. 10 P.M.

Church ladies host boat ride

The Women's Day committee of John Wesley AME Zion Church is sponsoring a boat ride Sunday, August 30 on the S. S. George Washington.

Leaving pier four at 7 p.m., the group will go to Marshall Hall and return. Those wishing to purchase tickets should call Mrs. Etta Wooten, committee chairman, 726-0906 or 433-5811 or call Mrs. Pocahontas Outlaw, 563-7805 or call the church at No. 7-3824.

New Jobs Needed For 'Workfare'

WASHINGTON — Two Democrats on the Senate Finance Committee recommended last week that the Nixon administration's welfare reform program include the creation of 30,000 public service jobs.

Sens. Abraham Ribicoff, Conn., and Fred R. Harris, Okla., introduced an amendment to the House-passed family assistance Plan which would create at least 30,000 jobs in the fields of education, health, public safety, fire prevention, and recreation.

As many as 60 percent of heart attack deaths occur within one hour of the onset of symptoms, the Washington Heart Association says. It is vitally important for you to recognize the symptoms and know what to do when a "coronary" occurs. Call 296-4697 for a free copy of the leaflet titled "Heart Attack."

U.S.D.A. GOV'T INSPECTED READY FOR THE PAN ! !
FRYERS OR BROILERS
WHOLE ONLY lb. 26¢ | SPLIT OR CUT-UP lb. 30¢
U.S.D.A. GOV'T INSPECTED FRYING CHICKENS LEG OR BREAST QUARTERS lb. 39¢

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CHOPPED CHUCK SUPER-RIGHT QUALITY lb. 85¢
DELMONICO STEAKS lb. 2.09
HAMS READY-TO-EAT 3-lb. can 3.19 5-lb. can 4.99
SAUSAGE MEAT SUPER-RIGHT 2-lb. pkg. 1.09
SLICED BACON ALL GOOD 2-lb. pkg. 1.79
SLICED BOLOGNA SUPER-RIGHT 1-lb. pkg. 75¢
FRANKS SUPER-RIGHT ALL-MEAT SKINLESS 2-lb. pkg. 1.29
A&P SAUSAGE COUNTRY TREAT 1-lb. pkg. 69¢
SCRAPPLE [RAPA BRAND] 1-lb. pkg. 43¢ 2-lb. pkg. 79¢
Fancy Spareribs [UNDER 3-LBS.] lb. 85¢
GOETZE WEINERS ['BIG DADDY'] 1-lb. pkg. 85¢
TURKEYS SUPER-RIGHT GRADE 'A' (10-16 lbs.) lb. 45¢
LUTER'S FRANKS 1-lb. pkg. 69¢
HAHN'S SAUSAGE BREAKFAST LINK lb. 99¢
SAUSAGE MEAT GWALTNEY 1-lb. pkg. 55¢
BRIGG'S FRANKS SKINLESS 1-lb. pkg. 79¢

SUPER-RIGHT FULLY COOKED SMOKED HAMS [WHOLE OR SHANK HALF] lb. 59¢
SUPER-RIGHT QUALITY BONELESS ROAST CHUCK lb. 79¢ CROSS CUT lb. 1.09
SUPER-RIGHT QUALITY CHUCK STEAKS (BONELESS) lb. 89¢
U.S.D.A. GOV'T INSPECTED CHICKEN PARTS LEGS with THIGHS lb. 53¢ BREASTS w/RIBS lb. 63¢

VEAL STEAKS FRENCH'S BREADED 1-lb. pkg. 89¢
DEVILED CRABS EAT-ALL 14-oz. pkg. 1.35
PAN READY BEEF AND VEAL STEAKS 1-lb. pkg. 99¢
STEAKS TABLE TREATS OBLONG—SANDWICH 14-oz. pkg. 1.35
OCEAN PERCH CAP'N JOHN'S FILLETS 1-lb. pkg. 59¢
COD PORTIONS CAP'N JOHN'S BREADED 2-lb. pkg. 1.29
FRIED FISH CAP'N JOHN'S FILLETS 14-oz. pkg. 69¢
BEEF STEAKS SUPER-RIGHT FROZEN CHOPPED 2-lb. pkg. 1.79
ESSKAY BOLOGNA SLICED 6-oz. pkg. 43¢
ESSKAY SAUSAGE RING POLISH lb. 99¢
FOREMOST SALAMI MIDGET lb. 1.29
GWALTNEY BACON 1-lb. pkg. 79¢
FRESH STEAKFISH (HAKE) lb. 29¢
FANCY PORGIES lb. 59¢
FANCY BUCK SHAD lb. 39¢
LOBSTER TAILS FANCY ROCK (4-6-oz. AVG.) lb. 2.49
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IF UNABLE TO PURCHASE ANY ITEM IN THIS ADVERTISEMENT— PLEASE REQUEST A RAIN CHECK!!
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Prices in this advertisement effective thru Sat., August 29, 1970.

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Morton Rolls PARKERHOUSE 2 24-oz. pkgs. 69¢
Pudding BIRDSEYE Cool n Creamy 2 17½-oz. cups 79¢ 35-oz. cup 69¢
CHEESE RAVIOLI KRAFT 12½-oz. pkg. 39¢

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EASTERN NEW POTATOES 10 lb. bag 53¢
RED RIPE WATERMELONS [LARGE SIZE] each 98¢
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GRAPES WESTERN SEEDLESS lb. 39¢
TOMATOES VINE RIPE lb. 23¢
ONIONS YELLOW 3 lb. bag 39¢
CELERY CRISP PASCAL 2 stalks 29¢
CARROTS WESTERN FRESH 2 lb. bag 29¢
CUCUMBERS [FRESH GREEN] each 7¢
PEPPERS [FRESH GREEN] each 7¢

FREE A whole month's menu computer-matched to your family size and budget
Please send to: Computer Meal Planning Center P.O. Box 1368, Dayton, Ohio 45401
I'd love to eat a whole month's menus planned for my family. I understand it's free and I need all the help I can get. Thank you for helping me make it.
MY WEEKLY FOOD BUDGET IS: (PLEASE CHECK ONE, EXCLUDE LIQUOR, CIGARETTES, TOILETRIES.)
___UNDER $20.00 WEEK
___$20.00 TO $30.00 WEEK
___$30.00 TO $40.00 WEEK
___$40.00 TO $50.00 WEEK
___OVER $50.00 WEEK
MY FAMILY AGE GROUPS ARE: (PLEASE NUMBER IN EACH APPLICABLE GROUP)
___NUMBER OF ADULTS
___NUMBER OF CHILDREN 2-5 YEARS OLD
___NUMBER OF CHILDREN 6-9 YEARS OLD
___NUMBER OF CHILDREN 10-14 YEARS OLD
___NUMBER OF CHILDREN 15-18 YEARS OLD (OVER 18 IS CONSIDERED ADULT)
NAME: ___
ADDRESS: ___
CITY: ___ STATE ___ ZIP ___ (Must have zip to fulfill request)
GROCER'S NAME ___ (Please allow 4 weeks for delivery) Limit one per family

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ANN PAGE MAYONNAISE 1-qt. jar 59¢
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O&C ONIONS FRENCH FRIED 4 3½-oz. cans 1.00
Stuffed Olives ANN PAGE SMALL OR LARGE 12-oz. jar 79¢
STOKELY GATORADE 32-oz. btl. 39¢
BEVERAGES YUKON CLUB (Asst'd Flavors) 2 12-oz. cans 99¢
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HAWAIIAN PUNCH RED 2 46-oz. cans 55¢

SHENANDOAH APPLE JUICE 3 46-oz. cans 1.00
JAM or JELLY ANN PAGE GRAPE 3 1-lb. jar 85¢
APPLE SAUCE APPLE BAY (PINK) 6 16-oz. cans 95¢
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CHEERI-AID LEMONADE MIX 10 3-oz. pkgs. 89¢
PEANUT BUTTER ANN PAGE 28-oz. jar 79¢
Sparkle Gelatin ALL FLAVORS 4 3-oz. pkgs. 35¢
LUNCH MEAT SUPER-RIGHT 12-oz. can 61¢
LIBBY SAUSAGE VIENNA 2 4-oz. cans 55¢

DAD'S ROOT BEER 2 ½ gal. btls. 95¢
KIDNEY BEANS ANN PAGE 3 37-oz. cans 1.00
Mueller MACARONI 2 8-oz. pkgs. 35¢
KRAFT DINNER MACARONI 2 7.3-oz. pkgs. 49¢
MORTON SALT PLAIN OR IODIZED 2 26-oz. ctns. 25¢
DEXOLA OIL VEGETABLE 38-oz. btl. 85¢
OPEN PIT BARBECUE SAUCE 18-oz. btl. 39¢
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STORE COUPON
SAVE 3.00 | 8"x24" shelf Price Without Coupon $3.99 NOW ONLY 99¢ with this coupon
Coupon Expires Sat., September 5, 1970
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Hunt's TOMATO PASTE 6-OZ. CAN 5 for 81¢
Hunt's TOMATO JUICE 46-oz. can 37¢
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