Citizens, Officials at Blue Crest Honor State Legislator

Mrs. Marvin Mandel (Governor's wife) — Hon. Joseph D. Tydings (U. S. Senator from Maryland) — The Rev. Arthur J. Payne (Ministers' Alliance) — Dr. Lillie M. Jackson (Past President NAACP) — Hon. Louis Goldstein (State Comptroller)

750 pay tribute to Sen. Verda Welcome; D'Alesandro urges group cohersion

Seven hundred and fifty friends and supporters filled the ballroom of Blue Crest North, Friday evening, for a "Pre-Campaign Salute" to State Senator Verda F. Welcome who was termed, in addition to astute politician, "a veteran public servant and churchwoman."

Guests came from every sector of the city's population, from the clergy to labor leaders; from club women to neighborhood groups, and from the Mayor of the City to out-of-town relatives.

* * *

For an hour prior to the seated banquet, guests filed past the receiving line, which included the Hon. Marvin Mandel, Governor of the State of Maryland; the honoree, her husband, Dr. Henry C. Welcome their daughter, Miss Mary Sue Welcome, an attorney in the Department of Housing and Planning, Washington; a brother-in-law and sister, the Rev. Mr. and Mrs. McKinley Wyatt of Salisbury, N.C.; and a brother, Dr. Paul S. Freeman of Orange, N.J.

The receiving line was headed by Mrs. Marice Adams, who with Mrs. Charles Michael, where chairmen of the testimonial, and guests were introduced to the line by Mrs. Charles Fletcher, chairman of the hostess committee.

* * *

While a history of the Senator was given in the program foreword, which listed accomplishments from the procurement of a $4,000,000 grant for Provident Hospital to repeal of Maryland's Miscegenation law and passage of a State wide Public Accomodations law, the story of Mrs. Welcome's career came from persons who have worked with her.

Said Dr. Emerson R. Julian, city councilman of the Fourth District, "Verda Welcome has been a giant in this community, a tower of strength, a symbol of decency and an inspiration to all of the people. She has represented not just a select few. She has represented you."

* * *

Senator Joseph D. Tydings told the audience: "Senator Welcome and I were together in Annapolis in 1959 and I saw her then fighting magnificently for the Public Accommodations Law, Maryland's first civil rights bill.

"Every since that year when I first got to know her well, she has been on the battlefront of the civil rights movement, pushing,shoving, pulling, pleading and browbealing Maryland to treat all of its citizens as decent individuals. It is a great record, one that a legislator at any level of government could be proud of."

Senator Tydings added that one thing was certain, Senator Welcome would not be resting on her laurels next day but would be out again in battle against the gun lobby, gerrymandering, tax loopholes, and of course the never ending struggle for civil rights. "We need her this year for we face some of the greatest challenges to our past accomplishements in equality," said the speaker.

Dr. G. James Fleming, of the Political Science Department of Morgan State College, added praise of another facet of Senator Welcome's personality.

Said he, "She is the most remembering politician... and I have known many women, who otherwise would not have an opportunity to attend, to the most prestigious affairs. She remembers the students who helped with office chores. She is not only a remembering politican, but she is a healing politician."

"MY HUSBAND on whom I constantly lean," said Senator Welcome (right) of Dr. Henry C. Welcome, left.

* * *

Dr. Lillie M. Jackson, president emeritus of the Baltimore Branch of the NAACP, who called Senator Welcome "sweet and wonderful," said that she had admired her from the start of her career. admired her for her intelligence, loyalty and courage; that she represented everything fine womanhood stands for. Dr. Jackson added a compliment for Dr. Welcome, adding that she believes in men standing back of their wives.

Mrs. Enolia McMillian, president of the Baltimore Branch NAACP, called Senator Welcome "The No. 1 Exhibit of What We Have Been Fighting For."

* * *

Mayor Thomas D'Alesandro, III, praising Senator Welcome as a "trail blazer who warrants retention in office," talked of his first meeting with the Senator in 1958 at a vote counting session at the end of her first campaign. It was here, he said, that he got insight of Mrs. Welcome's forthrightness and controlled calm.

Urging the group to solidity he said, "Don't undo what you have worked so hard to accomplish. All that is needed for someone else to come and pick up the cookies is to split."

* * *

The Mayor's remarks were one of three references made to a newly organized Democratic group

(Continued On Page 14)

ANNUAL SALE

CAPE COD GLASSWARE BY IMPERIAL

Brighten any serving table with attractive Cape Cod glassware in a delightful pressed glass design. Beautiful enough for your proudest occasion, and yet equally suited to daily mealtimes for your family and friends.

from group of traditional Cape Cod serving pieces ..... reg. $1.75 to $7.50 $1.29 to $5
sparkling 14" plate ..... reg. $5.75 ..... $4.50
cruet and stopper ..... reg. $3 ..... $1.75
convenient 10½" cake stand, reg. $7.50 ..... $5.00
salt and pepper set ..... reg. $2.25 ..... $1.75
elegant pint pitcher ..... reg. $4 ..... $2.50
handsome 9½" relish ..... reg. $3.75 ..... $2.75
sugar and creamer set ..... reg. $4.50 ..... $3.50

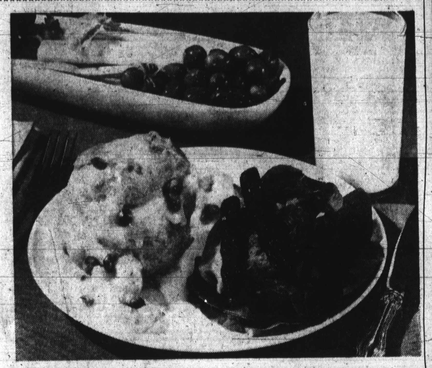
from a sparkling array of Cape Cod glassware, in choice of 12 sizes; each reg. $2.75 ..... $1.59

• 9-oz. goblet • 11-oz. goblet • tall sherbet
• low sherbet • 8-oz. plate • 5-oz. claret
• 10-oz. tumbler • 3-oz. wine • 6-oz. footed juice
• 12-oz. iced tea • 12-oz. highball
• 13-oz. double old fashioned

China Shop—all stores

HUTZLER'S

SATURDAY'S HOURS: Downtown 9:30 to 5:30 Westview, Towson, Southdale 10 to 5:30 Eastpoint 10 to 9:30 for telephone shopping call 727-4321



PUFFS, the magic pastry, is an elegant entree for your next bridge luncheon Shrimp filled cheese puffs have Cheddar cheese in the puffs as well as in the sauce, for extra appeal.

Best Buy —

Potatoes give value for money you spend

BY VIRGINIA MCLUCKIE
Food Economist

Of all the vegetables our food markets offer, the potato has long been and still is the favorite.

For the money you spend on them, potatoes give a high return in food value. One medium size potato can supply as much as one fifth of the vitamin C recommended for inclusion in diets every day; and worthwhile amounts of thiamine and niacin, and of the minerals iron, phosphorus and potassium

* * *

Persons who are reducing in weight sometimes shun potatoes because they believe them to be high in calories. Actually, potatoes are no higher in ctories than many foods, but added fat or gravy can greatly increase the calories in the potatoes as served.

A medium sized potato boiled, baked or pressure cooked provides only about 100 calories. Fried potatoes may be two to four times as high inctories as the plain boiled or baked potato.

* * *

Best quality potatoes are sound, smooth and well shaoed They are free from cuts, blemishes and decay. Look for potatoes that are reasonably clean. Washed potatoes are easier to judge thant those heavily covered with soil. For the least waste select potatoes that art regular in shape and have shallow eyes.

Avoid potatoes that show green color on some part of the surface; the green portions have a bitter taste. Store potatoes at home in a cool, dark place.

When buying potatoes, usually the larger the package or bag, the lower the cost per poind. If you do not use or have good storage facilities, the loss from shrinkag and spoilage may outweigh the amount of money saved.

* * *

You also have a choice between "bakers and boilers." Generally the round type or boilers are best suited for all general purpose use. Long or baker type potatoes are more mealy in texture and are not suited to uses wherethe shape of potato pieces need to be retained such as potato salad use. Abundant supplies will be available through February.

Though the major portion of the potato crop still goes to the fresh market, the amount tends to decrease as food processors use more potatoes. The many processed potato products on the morket range feom simple French fries to special gourmet itms. The convenience forms of potatoes generally cost more than the homemade product.

Other plentiful foods to select from during Februeryinclude apples, fresh oranges and orange products and fresh grapefruit. In the processed vegetable department, supplies of canned tomato products, canned and frozen sweet corn are well over normal market needs.

Fryer chicken marketing during Feburary is expected to run 12 percent greater than last February. Prices are expected to be near those of last year, as the competition from red meat continues.

Make a Potato-Cheese-Surprise with two cups seasoned mashed potatoes, one eggs, well beotten,one half teaspoon finely chopped onion, otehalf cup shredded cheese, four tomato slices, one fourth cup dry bread crumbs, two tablespoons melted butter or margarine, and one half teaspoon salt.

Combine potatoes, egg, salt, and onion. Mix well. Shape into 4 patties and place on a greased baking pan.

Make a depression in each patty. and fill with cheese. Cover with a slice of tomato. Mix breadcrumbs with the fat and salt and sprinkle over tomato. Bake in a moderate oven(350,F) minutes. Four servings.

Jay Jaxon breaks Paris Fashion bar

PARIS (UPI) — A 26-year-old named Jay Jaxon made his debut Monday as the first black couturier in Paris fashion history.

But it was Jaxon's clothes, not his skin color, that created the excitement as he showed his first collection for the old house of Jean-Louis Scherrer.

Jaxon, born and educated in New York City, brought more ideas with nim than the old house normally produces in several seasons, including some of the most newsworthy long skirts in the city.

Many designers who tried to drop the hemline looked as if they had reverted to their sketchpads from the mid-50s, but the slim, mustachioed New Yorker's long skirts are unquestionably 1970.

One model stepped out wearing a short-sleeved dark, brown suede bolero over a white silk blouse, with long, full sleeves and a soft grey-brown suede jumper dress. The dress had a wide midriff insert of the darker brown suede, with the waist defined by a narrow belt of the same dark brown, and another wide band at the bottom of the mid-calf hem.

Jaxon accessorized it with high heeled boots and a wide-brimmed gaucho hat.

His collection was filled with ideas that will be borrowed by other designers and ready-to-wear manufacturers almost immediately.

The wide midriff belts of straw that cover a good eight inches or more from the hipbone to bosom and are fastened together with another narrow belt, often braided, at waist height, were one idea to copy.

Your family deserves SILBERS quality

Fresh baked! COLONIAL COFFEE CAKE 89¢

Watch'em come running for breakfast! It's fresh baked from an old fashioned recipe with mouth-watering cinnamon streussel and plump pecans baked right in the cake. It's the wide awake breakfast treat for people on the go. Great for dessert and late night snacks, too!

SILBERS

FOOD-A-RAMA

3805 LIBERTY HEIGHTS AVENUE
801 WEST BALTIMORE STREET
3420 CLIFTON AVENUE
1000 NORTH MOUNT STREET
BALTIMORE & HILTON STREETS
COLD SPRING LANE & REISTERSTOWN RD

PRICES EFFECTIVE TUES., FEB. 3rd THRU SAT., FEB. 7th 1970

We Accept! U. S. D. A. Food Coupons.

FRESH SHOULDERS
ESSKAY'S SMALL LEAN lb. 45¢

IN 3-lb. PACKAGE OR MORE FRESHLY MADE GROUND BEEF lb. 59¢

MASH'S CENTER CUT SMOKED PORK CHOPS lb. 89¢

U.S.D.A. Choice Boneless CHUCK ROAST lb. 69¢
Fine For Bar-B-Que SHORT Ribs of Beef lb. 59¢
Esskay's U.S.D.A. Choice CALIFORNIA POT ROAST lb. 69¢
Esskay's Quartered Pork Loins 9-to-11 Chops lb. 85¢
Esskay's Boneless SHOULDER STEAKS lb. 99¢
Esskay's Sweet Korn SLICED BACON lb. pkg. 89¢
Fresh GROUND CHUCK lb. 79¢
Esskay's Tender BEEF LIVER lb. 49¢
U.S.D.A. Choice Boneless 3-CORNER BEEF ROAST lb. 99¢
Mash's CHITTER LINGS 10 lb Pail $3.99
Plate SOUP MEAT lb. 39¢
Goetze's Family Pack SKINLESS FRANKS 1½-lb. Pkg. $1.09

Goetze Vac Pac Spiced Luncheon Cooked Salami Bologna 12-oz pkg. 69

ESSKAY'S PURE PORK SAUSAGE DIXIE MAID OR FARM STYLE lb. pkg. 59¢

STORE COUPON
BOUNTY PAPER TOWELS GIANT ROLL 25¢ With This Coupon Only
Good only at Food-A-Rama, Self-Service & Save-Rite Markets. Offer expires Sat. Feb. 3rd 1970. Limit 1 coupon per family.

"MIX OR MATCH" CAMPBELL SOUPS
• CHICKEN NOODLE • VEGETABLE • SOUP • PORK N' BEANS 6 FOR $1.00

FREE! MEDIUM BARS IVORY SOAP WITH PURCHASE OF ANY BROOM

Asst. SODAS Franks 12-oz Can 7¢
PET MILK 6 Tall Cans 87¢
SPAGHETTI San Gorigio no. 9 lb. box 23¢
APPLESAUCE Shanendoah 6 303 Cans $1.00
Asst. COOKIES Mama's 4 9-oz Boxes $1.00
PORK n BEANS Gibb's 2 2½ Cans 49¢
SAUERKRAUT Libby's 2 2½ Cans 49¢
Fruit Cocktail Delmonte 2½ Can 39¢
Toilet Tissue Waldorf 4 Roll pks. 37¢
Soap Powder Fab 4¢ off reg. size 32¢
String Beans Kounty-Kist 6 303 Cans $1.00
SWEET PEAS Kounty Peas 6 303 Cans $1.00
Paper Napkins HUDSON 200-Count Pkg. 33¢
SALMON Peter Pan tall can 69¢
Cod Fish Cakes Gorton's reg can 29¢
APPLESAUCE Musselman's 50-oz Jar 59¢

GALVANIZED TRASH CANS 20-gal Size $2.69
PET NON-DAIRY COFFEE CREAMER 6-oz Jar 29¢
PETER PAN CHUNK LIGHT TUNA 3 reg-Cans $1.00
GRAPEFRUIT OR GRAPE DRINK Wagner's ½-gal Jug. 29¢

DAIRY SPECIALS
MRS. FILBERTS MARGARINE QUARTERS lb. PKG. 25¢
LAND O' LAKES BUTTER lb. pkg. 79¢
Salted CODFISH lb. 49¢
Salted Mackeral 12-oz. pkg. 49¢

FROZEN FOODS SPECIALS
Esskay SHRIMP FANCY 31-35 COUNT 2 lb. BOX $2.99
MRS. PAUL'S FISH STICKS 9-OZ. pkg. 39¢
LIMA BEANS Frosty Acres Fordhook reg pkg. 19¢
POT PIES Morton's Beef-Chicken-Turkey 8-oz pkgs 19¢
SWEET PEAS Packer's Label reg. Pkg. 10¢
ORANGE JUICE Donald Duck 12-oz Can 35¢
STRAWBERRIES Frosty Acres Whole 16-oz Pkg. 49¢

HARD RIPE TOMATOES CELLO PKG. 25¢
CRISP FLORIDA CELERY STALK 19¢
FANCY RED APPLES 3 lb. BAG 39¢
U.S. NO. 1 WHITE POTATOES 10 lbs. 69¢

Store Hour: Daily 9a.m. to 9p.m. • Open Sundays Plenty of Free Parking