SENATOR WELCOME PROFILE

'Not enough hours in day,' says busy lady Senator

"There are not enough hours in the day . . ."

These are the words of Maryland State Senator Verda F. Welcome (Balto. City, 4th), who finds the job of legislator a challenging one.

Although by law, Maryland has only a part time legislature, the senior State Senator from Baltimore City's Fourth District devotes full time to her job, and still finds there is not enough time to complete her tasks.

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Of primary concern during the 70 day General Assembly session in Annapolis, which starts the third week each January, is consideration of the Executive Budget.

Senator Welcome, who sits on the powerful Senate Finance Committee, spends long hours with her fellow committeemen, reviewing the requests and allotments of each department.

All other bills presented to the Legislature which have fiscal implications are heard by this committee also. Approximately one-half of the bills submitted each year have some financial implication.

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Besides functioning as a member of the Finance Committee, each year, Senator Welcome sponsors a number of bills which are of importance to her constituents.

The list of bills she is preparing this year includes:

1. Prohibition of the sale of cough medicines containing codine without prescription, statewide.

2. To require that a person apprehended for a crime be brought to trial within a designated period of time.

3. To require that a person being incarcerated be told of his right to ask for a speedy trial.

4. To provide amnesty for persons convicted of only one criminal offense.

5. To limit deposits utility companies may charge new subscribers

6. To permit city and counties to cooperate in construction of schools close to mutual borders

7. To lower the age requirement for voting to 19

8. To require registration of all guns and ammunition and licensing of gun owners

9. To abolish capital punishment in Maryland

10. To determine whether this state should institute a program permitting payment of taxes through credit cards.

* * *

Senator Welcome is hopeful of adding some of these proposals to her already noteworthy list of legislative accomplishments.

This impressive list includes procurement of a $4,800.00 grant for the Provident Hospital, compensation by the state for persons erroneously jailed, regulation of financing of insurance premiums,

Plus, repeal of Maryland's Miscegenation Law outlawing mixed marriages, creation of a Negro History and Culture Commission, and passage of a statewide public accommodations law.

In addition to her duties during the legislative session, Senator Welcome serves on the Legislative Council, which is the interim policy making body of the legislature.

Meeting throughout the year, the standing committees of the Legislative Council consider bills which have been referred to it by the General Assembly.

Senator Welcome served on the Judicial Proceedings Committee, this year. She also served on committees on Constitutional Revision, Housing at the University of Maryland, Childhood Nutritian, and Correctional Administration.

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Legislative responsibilities are only part of the many obligations which Senator Welcome fulfills as an elected representative.

She is also President of the Fourth District Democratic Club, a group which has worked arduously to educate and interest citizens of that district politically through town meetings and workshops.

This year's programs include discussions on sex education, narcotics and police protection.

Senator Welcome was also a founder of the Valiant Women's Democratic Club, City-County Democratic Club, and the Mondawmin Improvement Association.

She serves on the board of the Provident Hospital and Citizens Planning and Housing Association.

* * *

In addition, she is an active member of the Pierians, an organization which provides cultural programs for 16 schools; the League of Woman Voters, Americans for Democratic Action, the National Order of Women Legislators.

She is an NAACP life member and belongs to the National Council of Negro Women, and the International League for Peace and Freedom.

Baltimore City's first woman senator not only keeps in touch with the community, she represents through participation in many organizations, she also maintains an office with a full time secretary for receiving and handling requests from her constituents.

* * *

Her office serves, too, as a local lending library for neighborhood children. A supply of attractive books from the Enoch Pratt Library is always available.

She is also a sponsor of the Harlem Park Community School Information Center, an experiment in bringing government services to a community.

The list of awards Senator Welcome has received during her ten years in the legislature includes citations on the AFRO Honor Roll, and awards from the Business and Professional Women's Club; from Howard University, Coppin State College, Morgan State College, the Delta Sigma Theta Sorority, Iota Phi Lambda Sorority, the Elks.

Also, she has received national recognition from the American Emancipation Centennial Commission of Illinois and the National Council of Negro Women.

The Senator is married to Dr. Henry C. Welcome, a surgeon. They have one daughter, Mary Sue Welcome, who, following in her mother's footsteps, recently received her degree in law from Howard University.

SENATOR VERDA F. WELCOME
Ready for State Legislature

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Lancaster Brand 100% U.S. GOVT. INSPECTED CHUCK ROAST BONELESS lb. 79¢

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100% U.S. GOVT. INSPECTED FRESH, WHOLE FRYERS lb. 29¢ FRESH LEG OR BREAST QUARTERS lb 39¢ CUT UP lb. 33¢

BONELESS Chuck Steaks lb. 89¢
BLADE BONE REMOVED California Roast lb. 79¢
TENDER Arm Steaks lb. 99¢
7-INCH CUTS Rib Steaks lb. 99¢
BONE-IN Cross Cut Roast lb. 79¢
OLD FASH. 3-CORNER ROAST OR BONELESS Cross Cut Roast lb. 99¢
LEAN, FRESH Ground Chuck lb. 79¢
OVEN READY Rib Roast (1st Cuts Slightly Higher) lb. 85¢

Fresh Roasters lb. 39¢
Pork Loins QUARTERED SLICED 9-11 CHOPS AVG. .85¢
Roggers Rope Sausage FRESH COUNTRY .85¢
Buddig's Beef, Ham OR CORNED BEEF 3 3-oz. pkgs. $1.00
Pizza Pies TAMBELLINI CHEESE 14-oz. pkg. 69¢ PEPPERONI 1-lb. pkg. 89¢
Scrapple LANCASTER BRAND 1-lb. pkg. 39¢ 2-lb. pkg. 69¢
Braunschweiger LANCASTER BRAND CHUB 1-lb. chub 69¢

FRESH & FANCY SEAFOOD SELECTIONS!
FRESHLY SHUCKED, STANDARD Oysters 12-oz. can $1.19
FRESH Rock Fish lb. 49¢

Prices Effective Thru Sat., Jan. 10, 1970. Quantity Rights Reserved.

FAMOUS CAMPBELL'S TOMATO SOUP 10½-oz can 10¢

BREAST O' CHICKEN CHUNK LIGHT TUNA 3 6½-oz. cans 85¢

IDEAL ORANGE OR GRAPEFRUIT BREAKFAST DRINK 4 1 qt bots. $1

YOUR KIND OF PLACE FOR GROCERY VALUES!

MARTHA WHITE MIXES SPUD FLAKES (2½-oz.) FLAP STAX (6½-oz.) BIX MIX (8½-oz.) CORN MUFFIN MIX (7½-oz.) CORN BREAD MIX (6½-oz.) YOUR CHOICE 10¢

Tomato Soup IDEAL BRAND 10½-oz. can 9¢
Fresh Saltines MARBIS CRISP 1-lb. pkg. 18¢
Prune Juice IDEAL BRAND 1-qt. bot. 39¢
Hawaiian Punch RED 3 1-qt. 46-oz. cans 85¢
Table Syrup FARMDALE 12-oz. jar 29¢
Instant Coffee IDEAL BRAND 10-oz. jar $1.09

FRESHEST PRODUCE UNDER THE SUN!
JUICY, TEMPLE Oranges doz. 49¢
NEW GREEN Cabbage lb. 15¢
FRESH WASHED Carrots 2 1-lb. pkgs. 29¢
TENDER WASHED Fresh Kale 10-oz. pkgs. 29¢
U.S. NO. 1 WHITE POTATOES 20-lb. bag 89¢

FANCY SLICED IMPORTED Swiss Cheese T-lb. pkg. 99¢
CREAMERY FRESH, FARMDALE Butter 1-lb. solids 78¢ 1-lb. qtrs. 79¢

SUPREME PLAIN, SEEDED OR OLD FASHIONED DUTCH SESAME VIENNA BREAD 2 1-lb. loaves 53¢
VIRGINIA LEE BROWN 'N SERVE CLOVERLEAF OR Sesame Rolls 3 pkgs. $1
SAVE 10¢... VIRGINIA LEE PLAIN Angel Food Cakes each 59¢
ALL VARIETIES, VIRGINIA LEE Fresh Donuts 3 pkgs. $1

IDEAL BRAND, IN CONVENIENT POUR AND STORE POLY BAGS VEGETABLES
CUT GREEN BEANS (1¼-lb.) CUT CORN, PEAS OR PEAS AND CARROTS 2 1¼-lb. bags 79¢
SNOW CROP (2—12-oz. cans 85¢) Orange Juice 4 6-oz. cans 89¢
TENDER GREEN Birds Eye Peas 6 10-oz. pkgs. $1
WHOLE KERNEL GOLDEN Birds Eye Corn 6 10-oz. pkgs. $1

THIS COUPON WORTH (CO) 100 S&H Green Stamps WITH YOUR $10 OR MORE PURCHASE (Excluding Cigarettes & Milk Products) Void After Jan. 10, 1970. One Coupon per Family Please. ACME

THIS COUPON WORTH (CO) 50 S&H GREEN STAMPS with the purchase of 5-lb. or more FRESH, PAN-READY CHICKEN PARTS Void After Jan. 10, 1970. One Coupon per Family Please. ACME

THIS COUPON WORTH (CO) 25 S&H GREEN STAMPS with the purchase of a 1-lb. pkg. FRESHSON OR LANCASTER BRAND SLICED BACON Void After Jan. 10, 1970. One Coupon per Family Please. ACME

THIS COUPON WORTH (CO) 25 S&H GREEN STAMPS with the purchase of a 3-lb. pkg. FIRESIDE SKINLESS FRANKS Void After Jan. 10, 1970. One Coupon per Family Please. ACME

THIS COUPON WORTH (CO) 25 S&H GREEN STAMPS with the purchase of a 3-POUND BAG APPLES Void After Jan. 10, 1970. One Coupon per Family Please. ACME

THIS COUPON WORTH (CO) 25 S&H GREEN STAMPS with the purchase of 5-lbs. FRESH, FIRM TOMATOES Void After Jan. 10, 1970. One Coupon per Family Please. ACME

THIS COUPON WORTH (CO) 25 S&H GREEN STAMPS with the purchase of two 1-lb. loaves SUPREME FRESH BREAD Void After Jan. 10, 1970. One Coupon per Family Please. ACME

THIS COUPON WORTH (CO) 25 S&H GREEN STAMPS with the purchase of a pkg. VIRGINIA LEE ICED CINNAMON BUNS Void After Jan. 10, 1970. One Coupon per Family Please. ACME

THIS COUPON WORTH (50¢) 30¢ CASH! Second Coupon of a 2-Coupon pkg. BIZ PRE-SOAK You Pay Only 9¢ Void After Jan. 10, 1970. One Coupon per Family Please. ACME

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ALL BEEF SOLD AT PANTRY PRIDE IS U.S.D.A. CHOICE (USDA CHOICE)

NO FINER MEAT SOLD ANYWHERE

PRICES EFFECTIVE THRU SATURDAY, JANUARY 10th, 1970 -- WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

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REDEEM THIS VALUABLE COUPON FOR 10¢ OFF 1-Lb. Zesta Saltines VOID AFTER SATURDAY JAN 10th 1970 LIMIT ONE COUPON PER SHOPPING FAMILY. Pantry Pride

REDEEM THIS VALUABLE COUPON FOR 15¢ OFF 3-Lb. 1-Oz. PKG. Drive Detergent VOID AFTER SATURDAY JAN 10th 1970, LIMIT ONE COUPON PER SHOPPING FAMILY. Pantry Pride

ROUND TOP ENRICHED WHITE BREAD Sliced
FYNE TASTE 6 One lb. Loaves $1
PANTRY PRIDE 4 1 lb. 6 oz. Loaves $1

PANTRY PRIDE HOMOGENIZED VITAMIN D FRESH MILK 1/2 Gal. 58¢

U.S. GOV'T INSPECTED FRESH POULTRY SALE

FRYERS WHOLE lb. 29¢
FRESH FRYERS SPLIT OR CUT UP lb. 33¢
CHICKEN QUARTERS LEGS OR BREASTS lb. 39¢
CHICKEN BREASTS OR THIGHS lb. 63¢
FRESH ROASTERS 3½-LB. AVG. CHICKEN lb. 39¢
CHICKEN LEGS OR DRUMSTICKS lb. 59¢

FRESH PORK BUTTS U.S. GOV'T INSPECTED WHOLE lb. 69¢
SLICED-9-11 CHOPS PORK LOIN lb. 85¢
USDA CHOICE BONELESS CROSS RIB ROAST lb. 99¢
USDA CHOICE CHUCK BONELESS STEAK lb. 89¢
TENDER SLICED LIVERS BEEF lb. 49¢ CALF lb. 99¢
MAGIC KITCHEN'S SCRAPPLE 3LB PKG. $1.49
'PEL - FREEZE FRYING RABBIT ALL WHITE MEAT lb. 99¢

USDA CHOICE SIRLOIN STEAKS lb. 99¢

FLORIDA TEMPLE ORANGES 18 FOR 77¢
POTATOES MARYLAND GOLDEN SWEET 4 LBS. 48¢
APPLES RED OR GOLD DELICIOUS 2 LBS. 39¢
LETTUCE CRISP ROMAINE lb. 19¢
RED RADISHES CELLO PKGS. 3 35¢
FIRM RIPE Danish Variety CABBAGE 2 lb. 27¢

FRESH SAUSAGE ITALIAN HOT or SWEET lb. 99¢
SLICED BACON PANTRY PRIDE LB. PKG. 89¢
PRESSED HAM IMPORTED lb. 69¢
TURKEY ROLL DARK MEAT lb. 69¢

SWISS CHEESE KRAFTS SLICED 8-oz. 49¢
CREAM CHEESE PANTRY PRIDE 2 3-oz. 23¢
BISCUITS PANTRY PRIDE 4 8-oz. 33¢
COTTAGE CHEESE LES CAL 2% FAT FREE 12-oz. 29¢

OYSTER TROUT FRESH (LINGS) 33¢
FANCY SHRIMP TEXAS BROWN 50 TO 60 COUNT lb. 1.09

SAVE ANY DAY and EVERYDAY WITH THESE LOW PRICE ITEMS!

TOMATO JUICE LIBBY 8 1-PT. 2-OZ. 99¢ SAVE 49¢
SAVE 45¢ LIBBY CUT BEETS 10 1 lb. 1 oz. $1.00
SAVE 15¢ LIBBY PEACHES YELL OR CLING 3 1 lb. 1 oz. 85¢
SAVE 21¢ PINEAPPLE GRAPEFRUIT DE MONTE DRINK 3 1-qt. 14 oz. 79¢
SAVE 23¢ APPLE SAUCE MUSSELMAN 5 15 oz. $1.00
SAVE 6¢ CORNED BEEF HASH LIBBY 15½ oz. 39¢
SAVE 36¢ CRAB SOUP Cream and black well 3 10½ oz. $1.00
SAVE 30¢ OVEN CLEANER JIFFOAM 8 oz. 49¢

FRUIT COCKTAIL LIBBYS 4 1-lb. 1-oz. 89¢ SAVE 18¢
SAVE 13¢ REALEMON LEMON JUICE 46¢
SAVE 6¢ ONION SOUP WYLER'S 1½ oz. 10¢
SAVE 13¢ MAYONNAISE PANTRY PRIDE 32 oz. 46¢
SAVE 46¢ MUSHROOMS QUAKER STATE STEMS AND PIECES 4 4 oz. $1.00
SAVE 17¢ GREEN BEANS HANDSER CHOP CUT 4 1 lb. 99¢
SAVE 11¢ HUNTS CATSUP 4 14-oz. 99¢
SAVE 4¢ DOG FOOD KENL RATION 6 15½ oz. 84¢

SLICED MEATS FREEZER QUEEN BEEF TURKEY SALISBURY STEAK 2-lb. 1.09 SAVE 20¢
SAVE 5¢ CHOPPED SPINACH BETTER REFVES FROZEN 10-oz. 10¢
SAVE 20¢ POUND CAKE SARA LEE FROZEN 12-oz. 69¢
SAVE 25¢ ORANGE JUICE LIBBY FROZEN 5 12-oz. 99¢
SAVE 16¢ JULIENNE POTATOES FROZEN HANDSPUN 2 lb. 39¢
SAVE 10¢ GOLDEN CORN LIBBY WHOLE KERNEL FROZEN 6 6-oz. 35¢
SAVE 4¢ MORTON MEAT PIES TUNA, BEEF, CHICKEN, TURKEY FROZEN 4 3¢
SAVE 10¢ FISH FILLETS MRS. PAUL-FRIED FROZEN 2 8 oz. 89¢

KOUNTY KIST PEAS 6 1-lb. 1-oz. 89¢ SAVE 11¢
CAMPBELL SOUP CHICKEN NOODLE 2 10½-oz. 29¢ SAVE 4¢
CREAM PIES MORTON FROZEN 4 14-oz. 99¢ SAVE 33¢