PART OF THE large group of Baltimore Jacks and Jills who attended the Eastern Regional Teen-Age Convention in Philadelphia, included the above: Misses Juanita King, Audlyn Higgins, Grace Parks, Jackie Battle, Faulkner, Alfreda and Miram Hughes, Myrtle Jackson, Peggy Brandon, Judith Ann Grinnage, Ann Williams, Barbara Battle, Frances Perkins, Merle Rawlings, Ann Flanagan, Yondalee Patterson, Carol St. Clair, Senora Reckling, Ann Todd, Sylvia Julien, Lillian Powell, Mary Culver; Billy Nixon, Guy Bragg, Maxwell Chatman, Michael Monroe, Gordon Koger, Jimmy Julien, Tommy McPherson, Walter Shervington, Dudley Lee, Chandler Wynn, Earl Flanagan and John Grinnage.

Jack and Jill regional meet attracts over 200 delegates

PHILADELPHIA

The Fifth Annual Eastern Regional Teenage Conference of Jack and Jill of America, Inc. in Philadelphia, June 29 - July 1, attracted a large group of delegates and visitors from chapters all along the eastern seaboard.

An interesting and entertaining program was planned around the theme "Toward Better Understanding."

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THE CONFERENCE began with open house and registration at the residence of Mr. and Mrs. C. Franklyn Norris in Germantown.

A panel discussion on teenage problems on the topic "Toward Better Understanding" was held at the Broadwood Hotel on Saturday.

Panelists included Walter Shervington, Sylvia Stratton, Lowell Wormley, Faith Brown, and Carol Calloway.

Mrs. Gertrude Pollack, director Teenage Problems, Family Service of Philadelphia, served as moderator.

WORKSHOPS followed the panel discussion on the following topics: Workshop I, Love, Courtship Marriage. Workshop II, Friends - Dating; Workshop III, Community and World Neighbors.

Teenage chairmen were Walter Shervington, Carol Calloway; and Marian Gray.

Serving as consultants were Mrs. Hazel Gray, Mrs. Lenora Young, and Dr. Ruth Hayre. Recorders for the workshops were Cogley Jones Jr., Gail Tabourne, and Harold Robinson.

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LUNCHEON AT the John Wanamaker Store was followed by a sightseeing tour to the historic points in Philadelphia.

Highlight of the conference was the banquet and informal dance at the Ross House in Germantown. A short business meeting followed a worship service at St. Thomas Episcopal Church.

Closing the most successful conference of the region to date was the barbecue and picnic at the suburban residence of the conference general chairman, Mrs. Esther Winters.

JACK AND JILL parents were guests of the Philadelphia Chapter on Friday evening at the residence of Mr. and Mrs. Charles Chew. Mrs. Gertrude Pollack addressed the mothers on teenage problems.

At this meeting, Mrs. Sarah Scott was elected director of the Eastern Regional Teen-agers to succeed Mrs. Jewel Blow.

On Saturday evening, parents were entertained at an informal reception at the residence of Dr. and Mrs. Howard E. Towner.

Officers elected to serve Eastern Region were Carol Calloway, president; Isabel Johnson, vice - president; Marjorie Ann Scott, secretary; Charlene Drew, treasurer.

Delegates and visitors were as follows:

BALTIMORE

Mary Culver, James Jackson, Carol St. Clair, Joyce Parker, Juanita King, Carole Perkins, Patricia Chew, Myrtle Jackson, Ann Williams, Lillian Powell Charles Covington, Ann Todd, James Julian, Sylvia Julian, Dudley Lee, Thomas McPherson, Maxwell Chatman, William Marshall, Charles Baker, Chandler Wynn, John Grinnage, Juanita Grinnage, Linda Hall, Peggy Brandon, June Lottier, Virginia Lottier, Maxwell Chatman, Barbara Battle, Jacqueline Battle, Michael Myles, Grace Parks, Alfreda Hughes Faulkner Hughes, Miriam Hughes, Marjorie Flanagan, Audlyn Higgins, Angela Tash, Frances Perkins, Gordon Koger, William Wexon, Walter Shervington.

connecticut

Ann Collier, Lynne Elliott, Ronald Isaac, Barbara Cowan; PITTSBURGH

Carol Jones.

MASSACHUSETTS

Wesley James, Evelyn Stewart, Joyce Weaver, Alexander Mapp, Alyce Jones.

NEW JERSEY

Jean Woodson, Berkley Dugger, Barbara Jensen, Deana Porter, Carolyn Williams, Margie Jacobs, Sheila Gregory, Patricia Nevins, Dorothy Savoy, John Wallace, Wyatt Johnson, Norma Darden, Herbert Bagbuer, James Barbour, Deckles McLean, Boyd Savoy.

NEW YORK

Brenda Waters, Julia Grey, Joseph Dorsey, Carol Smith, Lynn Ford, Fred Richards, Wanda Watson, Philip Taylor, Patty Adams, Anskin Smith, John Yancey, Judy Seay, Darralyn Quinn, Gail Yancey, Judith Wilson, Shirlean Allen, Cornelius McDougald, Ardath Hairston, Janet Martin, Karen Day, Edna Jeffries, Hazel Jeffries, Judy Thompson, Barbara Jones, Alma Arrington, William Arrington, Barry Stanley, Irene Cooper, Norma Parham, Edgar Thomasson, Dawn Morgan, Fern Morgan, Hamil Willoughby, Rosita Stevens, Roberta Robinson, Joan Robinson, Minnette Dalph, Jacquelin Reid, Bernadette Carey, Yvonne Carey, Suzanne Delph.

WASHINGTON

William Coppin, Peter Bedley, Arthur Weisegger, Bebe Drew, Charlene Drew, Jean Robinson, Grevilla Hurley, Lowel Johnston, Melba Syphax, Hayle Pittbugh, Dolores Mouzon, Julianna Blutt, Jessee Lewis; Philip Alston, Judy Whitted.

PHILADELPHIA

Joan Anderson, Carol Anderson, Jesse Anderson, John Anderson, Mercedes Anderson, Bernard Anderson, Paige Anderson, Carol Bolton, Phyllis Rose, Johnnie Peter Bailey, Phyllis Rivens, David Rivens, Wesley Blondin, Betty Jane Blondin, Horace Bond, Amanda Booker, Faith Brown, George Brown, Samuel Brown, James Chew, Carole Cole, Andrea Coverdale, Patricia Crampton, Judith Cuyjet, Lorene and Victoria Douglas, Nancy Duckrey, Reagan Durham, Lane Fisher, Lawrence Foster, William Gassill, Frank Gilbert, Patsy Grady, Marjorie and Herbert Gray.

Judith Hall, Cornelia Hamblin, Terrol Hamilton, Judith Hawkins, Steven Hawkins, Shirley Hawkins, Sylvia Hayes, Leslie Harris, Harriet Hobson, Daniel Jones, Dorothy Jones, Sydney Jones, Cugsy Jones, Audrey Martiny, William Miller, Ramonde Minton, Bartoh Moore, Robert Murray, Alex and Jean Marriseey, Jack Newsome, Peter Morris, Vera and Ruth Powell, William Baugh, Rosemary Reed, Carleton Richards

Mana Rivero, Leon Robbins, Carol Robinson, Adele Sadtler, Marjorie Ann Scott, Peter Shelton, Charles and Carolyn Shorter, Isabel Johnson, Stephanie Stanford, Sylvia Stratton, Walter Sullivan, Bonnie Suthern, Gayle Tabourne, Terry Taylor, Alvin Thomas, Paul Terry, Alice and Ann Turner, Robert Vashon, Carol Calloway, Christine Wilson, Oliver Winters, Lowell Wormley, William Young, Nancy Wilson, Evelyn Graves, Ricki Stubbs, Pamela Powell, John Stanford.

Mrs. Dickerson heads sorority

Mrs. Maezell Davis Dickerson was elected president of Chi Eta Phi Sorority at the annual boule in Asheville, N. C., recently.

The national group of professional nurses was hosted by Lambda chapter.

During this, the 11th boule of the sorority, honorary membership were awarded to Mrs. Betty Jenkins Phillipe, former director of nurses at Provident Hospital, Baltimore; and Miss Jennie Jergensen, present director at Provident. These two nurses were presented for membership by Gamma Chapter of Baltimore.

The theme of this meeting was "United We Meet The Challenge." Using this as a topic, a panel in human relations was held at a luncheon meeting.

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MRS. ESTELLE MASSEY Osborne, who is also an honorary member of Chi Eta Phi, talked to the group confirming the National League for Nursing—its purpose, composition of its membership, and the N.L.N. Fellowship program.

Baltimore nurses attending this meeting were:

Sorrors Rose Lewis, Mildred Gambrill, staff nurse, Eastern Health District Leila Davage, staff nurse, Johns Hopkins Hospital, Female Health District; Phyllis Shamwell, Veteran's Hospital Loch Raven; Maezell Davis Dickerson, surgeons' office assistant.

Other Baltimore nurses elected to national offices, were Sorors Mabel Hawkins, executive secretary; Leila Davage, assistant executive secretary.

LITTLE LINDA'S PARTY — When Mr. and Mrs. Edward J. Brown of 607 Bridgeview Rd. gave their nine-year-old daughter, Linda Mae, a party recently, the following children attended: Craig Cottingham, Reginald L. Blanchard, Clyde Bethea, Ruth McCoy, Floretta Bronner, Donald Boone, Margaret Boone, Sidney Rauls, Leroy Graham, Sharon Blanchard, Leon Bellamy, Wesley Williams, Reginald Bellamy, Barbara Allen, Charles Henry, Lawrence Jordan, Sandra Turner, Frances Graham, Malinda Green, Willietta Green, Helen McCrackin, Sandra Washington, Linda Washington, Allen White, Diana Holly and Bettie Williams.

Gadabouting

(Continued from Page 11)

sisters' children, Mary Sue Welcome and Verda Mae Logan (Winston-Salem) gave a miniature dance recital for the guests —charmingly!

THE HOBBISTS held forth at their annual picnic, Sunday, at a lovely spot in Carroll County. Hosting the affair were Mesdames Charlotte McNeill, Loretta Nottingham, Louvenia Wilson, Jeanette Johnson, Laura Waller, Eugenia Young, Bertha Bell, Susie Myles, Martha Ellis.

LATE CITY —HENRY —ONE Thompson, Thelma Addison.

Their guests were Messrs. and Mesdames Raymond Brown, Cliff McKay, Edward Dudley, Claude Bruce, Vernon Johnson, Wesley McNeill, Edward Nottingham, Edward Wilson, Leslie Bell, James Addison, Raymond Young, Christo Waller and Otho Pinkett.

MRS. ODELL PAYNE hosted the closing session of the Mattiville Ensemble at her Catonsville home, Saturday.

There was a business session, a delectable dinner and games. Guests were Mesdames Theresa McIver, Ruth Brown and Gwendolyn Lee, each of whom received a prize.

Club prizes went to Mesdames Edgar Love, Hattie Smith and Miss Emma Bright.

Other club members about were Mesdames Violet Whyte, Bertha Winson, Jane Wilson, Virgie Waters and Violet Rideout.

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THE BIDDING WHEELS (that bridge playing group) ended their club season with a gala luncheon in the summer home of Julia McDaniel, at Arundel-On-The-Bay . . . and of course with members Nikki Randolph, Stevie Harris, Bermadine Harrison, Arnetta Lottier, Florella Clark, and Mary Mallon, about.

Their guests were Ruth Jennifer, Vivian Pendleton, Robbie Chissell, Phyllis Allen, Louise Robinson, Kay Carter, Ivy Harris and Ada Woodland.

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MESDAMES GWENDOLYN DECECILIO, May Lewis and Mayme Dorsey hosted that novel moonlight serenade outing, Friday evening.

The party was in the Falcon Rod and Gun Club at Waterloo, and guests gathered at six for an elaborate buffet . . . lingered until 2:30 a.m.

About were:

Messrs. and Mesdames Robert Brown, Ray Tilghman, Joshua Keiley, Nimrod Dodson, Sylvester Norris, William Rawlings, Edgar T. Mannis, Charles Dorsey, Roland Williams;

Messrs. and Mesdames Edward E. Evans, James E. Jones, Walter Eaton, Leonard Gamby, James T. Dorsey;

Messrs. and Mesdames John H. Murphy Jr., William E. Lewis, Michael Duntley, John DeCecilio, Samuel G. Lincoln, Howard Washington, Garnett Rawlings, Earl Bundara, John H. Murphy 3rd;

Mesdames Margaret Armstrong, Nellie Wright, Sarah Jones, Julia Franklin, Katherine Johnson, Sarah Lightfoot.

Clarence E. Cornish, Wilbert Thompson, Charles R. Noel Sr., Louis Pinkney, Harold Sydnor; Misses Susie and Ruth Lewis.

Out-of-town guests were Mesdames Elaine Bruce of Philadelphia; Ethel Swan of Boston, Mass. and Evelyn Fairfax of Pittsburgh.

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MRS. JOHN NEAL entertained at her Longwood Street home for Mrs. Wendell Harris of Flint, Mich.

Guests at luncheon and bridge included Mesdames Beatrice Butler, Yvette Murphy, Etta Pfifer, Victorine Adams, Shirley Diggs, Evelyn Bass and Mrs. Hargroves.

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GUESTS WITHIN our gates this week, include Mr. and Mrs. Philander Tiller (she's a NYC school marm) and their French daughter-in-law, Mrs. Philander Tiller Jr. . . . the latter enjoying immensely her first visit to America. They, with Mrs. Elizabeth Burnett of Lynchburg, Va., have been house guests of Mrs. Bertha Winston.

Mrs. Charles A. Jones, popular modiste of Charlottesville, Va., has been seeing the town from the rooftree of her cousins, the Bernard Parkers of Division St.

Mr. and Mrs. Leon Marshall of New York City, visiting with Mr. and Mrs. Raymond Hunt, and being entertained no end by town hostesses.

Mrs. Evelyn Fairfax of Pittsburgh, Richard Miller of Clairton, Pa. and Mrs. Ethel Swann of Boston have been guests of Mr. and Mrs. John DeCecilio the past week, and the coming week the DeCecilios will have with them Mr. and Mrs. Vernon Presley of Clairton.

Mr. and Mrs. Herman Osborne (Estelle) who had been vacationing in North Carolina, dropped in for a brief visit with Dr. and Mrs. Bruce Alleyne. Dr. and Mrs. Wendell (Helen) Harris of Flint, Mich. have been guests of Mr. and Mrs. John Neal.

The Lloyd Robinsons (now in California) are renewing acquaintances from the Morgan Park home of her parents, Mr. and Mrs. Howard Murphy. She's the former Patricia Murphy. Along with them are their daughter, Robin and their twins, Kim Howard and Christopher William.

Mrs. Emma Oliver came up from Winston-Salem, N.C., for a visit with her brother-in-law and sister, Dr. and Mrs. Henry Welcome. Brought along her friend daughter, Verda Mae.

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DR. MAYBELLE WEAVER'S summer home, Baycrest, was the scene of a recent birthday party for her mother, Mrs. Mary J. Thomas, with Dr. Weaver and her sister, Mrs. Marie Johnson as hostesses.

From Baltimore came Mr. and Mrs. Howard Murphy, Mrs. Annie Moses, Leroy Parker, Clarence Leiggs, Mr. and Mrs. James D. Williams, and Mr. and Mrs. Harry Ross.

Washington was represented by Mrs. Eva Scott, Mrs. Carrie Dennis, Miss Earline Phillips, Mrs. Mattie Tignor and Mrs. Gladys Moore.

New York visitors were Mr. and Mr. Julian Brown and Theodore Johnson.

• • •

ADA WOODLAND had a couple of tables of bridge players in to meet Louise Hall of Chicago, Wednesday evening.

The visitor is here to be with her father, Lewis Russell of Washington, who recently underwent surgery at Johns Hopkins Hospital. Mr. Russell is recuperating.

To meet Mrs. Hall were Catherine Robinson, Stevie Harris, Mary Maiden, Vashti Matthews, Doreva Stanley, Miriam Brown and Ivy Harris.

Glen Burnie Echoes

By CHARLOTTE W. DOWNIE

Rain failed to dampen the annual Fourth of July Picnic given by the Clifton Overtons of Cedar Hill last week.

Guests had oodles of fun "dashing" from the town to the club cellar between showers.

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Enjoying "Cliffs" and Delores goodies were:

Messrs. and Mesdames Florzel Wiley, Jerry Brooks and family.

Messrs. and Mesdames Lawson C. Brooks, Rudolph Levy, James Addison, Clarence Overton, Aron Travis, Norman Smith a Wilbert Brooks and family.

Mrs. Shirley Brooks and family, Miss Lillian C. Wiley, Mrs. Carrie Jackson and son.

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ALSO Mr. and Mrs Frank Nelson, Mrs. Freida Miller, Mr. Pleasant Brooks, Bill Stallings, Miss Rebecca Williams;

Mr. and Mrs. Sidney Stiles, Buffalo N.Y., Mr. and Mrs. Winfield Thomas and son of Philadelphia, Mr. and Mrs. George Taliferro, Mr. and Mrs. Archie Long and family and Family, and Samuel Mackell.

Mr. and Mrs. Edward I. Tibbs of Markley Park, Md. entertained for a number of guests at their lovely home on the 4th.

Having fun were Mesdames Bessie Smith, Anna Warfield, Grace Branch, Frances Stafford, Margaret Harris, Rosalee Chase Lillian Jones, Jessye N. Valentine and Miss A. M. Batson.

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MISS LORETTA BROOKS of Croin Highway entertained at a family picnic on the Fourth.

Joining in the festivities were Messrs. and Mesdames William Lewis and children, Gregory, Bradford, Stephen and David all of Philly;

Mr. Gertrude Parker, Uriar Brooks Sr., Mr. and Mrs. Edwin Williams, Mr. and Mrs. Loby Brooks, Morris Brooks, Nady Brooks.

Come and go to Atlantic City with Glen Burnie Chapter No. 13 OES in August.

Mrs. Maggie Nicholson is worthy matron.

Mrs. Rosetta Williams is chairman, and Mrs. Hazel is treasurer.

These ladies are spark plugs in the "Masonic Temple Fund Raising Drive" for Glen Burnie. Support this worthy cause.

Rudy and Bessie Levy of Morris Hill threw a swell Bar-B-Q Party Sunday for several friends.

"Living it up on their spacious lawn were Messrs. and Mesdames William Carter, Ike Carroll, Henry Whittington, Rayfield Whittington, Clifton Overton, John Patterson John Spencer, Dr. Basil Weaver;

Messrs. and Mesdames Nottingham, James Addison, Florzella Wiley, Sam Makel, George Taliaferro, Garland Thomas; Mesdames Gladys Hairston, Alice Paige, Monzella Brooks.

The Interdenominational Fellowship group met at the lovely home of President Ellsworth Matthews of Harmons, Md.

The group will soon be making plans for an anniversary celebration in September.

The spiritual inspiration of this group has done much to spread cheer to the sick and shut - ins.

Members attending included, Mesdames Florence Eldridge, Henrietta Johnson, Cora Green, Charlotte W. Downie, Virginia Baker.

Also Mr. and Mrs. Pinkney Sims, George Day, Lawrence Lawson, James Johnson.

Memory Verse — May God keep you in His care every day and every where.

Cooking Is Fun

By FANNIEJOE REID

I worked out this week, the most delicious Chow-Mein loaf! It was just the thing to spruce up the appetites of my family, which, with the heat, were becoming a bit jaded.

Here's the new "Reid's Chow Mein Loaf";

Assemble three cups milk, two tablespoons butter, two tablespoons corn starch, a teaspoon of pepper and a teaspoon of sugar.

These materials will make a white sauce.

Now get together twoo eggs (beat them well), a can of flaked tuna fish, a half cup toasted split almonds; two cups Chow Mein noodles, two egg whites (stiffly beaten), two tablespoons Worchestershire sauce, a tablespoon minced onion and a button of garlic.

To the one and one-fourth cup of white sauce add the egg yolks, tuna, Worcestershire sauce onion, garlic and almonds. Fold in egg whites. Sprinkle in Chow Mein. Pour into a well-greased loat pan and bake.

Unmold on warm platter and serve with remaining one and three-fourth cups of white sauce to which has been added two tablespoons capers or chopped crisp pickles.

It will take about 30 minutes and an oven at 350 degrees to bake the loaf.

THE FACT is the cans of tuna on your kitchen shelves can be real life savers, these hot days.

Try a casserole of Tuna another day.

In addition to the white sauce, as above, you will need a half onion, finely chopped, three-fourth pounds of medium-sharp cheese in chunks (save a few chunks for garnish) three cups toasted bread cubes, two cans of solid pack tuna.

You simply add the ingredients, in the order mentioned, to the white sauce, garnish with the chunks of cheese and bake in a casserole 20 minutes at 375 degrees.

I GO for casseroles during the summer, chiefly because I get a complete menu with a casserole, a crisp salad, a drink and a dessert.

One of the best, I think, is a crusty corn cassrole. This I make from one and one-fourth cups fine cracker crumbs, one-half cup melted butter, one-fourth cup finely chopped green pepper, one tablespoon finely chopped onion, two tablespoons butter, two tablespoons flour a cup of milk, a No. 2 can corn (2½ cups) a half teaspoon salt, a teaspoon sugar, two eggs, beaten slightly.

Blend the cracker crumbs and melted butter thoroughly and press evenly on bottom and sides of a deep 9-inch pie plate, reserving one-fourth cup for the top.

Now cook the green pepper and onion in the butter until the onion is transparent. Blend in flour and cook until bubbly. Add milk all at once. Cook, stirring constantly, until thickened.

Add corn, salt, sugar and eggs. Mix well. Pour into crust. Top with crumbs. Bake in a hot oven (400 degrees) until knife inserted halfway between center and outside edge comes out clean. This will take from 25 to 30 minutes.

Cut in pie-shaped wedges for serving.

HERE'S AN ECONOMY STORY . . . nutritious stuffed green peppers made with instant nonfat dry milk and served with a cheese nut sauce.

Stuffed green peppers make nutritious, economical dish

Make nutritious rhyme with delicious when planning family meals and at the same time keep your budget under control.

For example, Borden Test Kitchen recipe for stuffed green peppers used nonfat dry milk, and it is accompanied by a cheese sauce, also made with economical dry milk.

• • •

STUFFED GREEN peppers is made with:

6 green peppers.
1 pound ground beef.
2 tablespoons minced onion.
2 tablespoons finely chopped nut meats.
1 teaspoon salt.
¼ cup instant Starlac nonfat dry milk powder.
¼ cup water.
and Cheese Nut Sauce.

Wash peppers. Cut off tops and remove seeds. With a sharp knife, cut a scalloped edge around cut edge of each pepper. Cook peppers in boiling water for 3 minutes.

Remove from water immediately and drain thoroughly. Combine beef, onion, nut meats, salt and instant Starlac nonfat dry milk powder. Stir in water, blending well.

Stuff about 1/3 cup meat mixture into each pepper. Place in shallow baking pan. Bake in moderate oven (375 degrees F.) until peppers are tender when pierced with a fork and meat is browned, about 35 to 40 minutes. Garnish each stuffed pepper with sauteed mushroom slice and serve with Cheese Nut Sauce.

• • •

CHEESE Nut Sauce requires
2 cups water.
6 tablespoons instant Starlac nonfat dry milk powder.
4 tablespoons flour.
2 tablespoons butter.
½ pound sharp process cheese, shredded.
2 tablespoons chopped nut meats and ¼ teaspoon salt.

Pour water in top of double boiler. Sprinkle instant Starlac nonfat dry milk powder, flour and salt over surface. Beat with rotary beater until just blended. Cook over boiling water, stirring constantly, until thickened. Add butter and cheese; stir until cheese is melted. Fold in nut meats.

LIMA BEAF Bake is made with:

1 cup California large dry limas.
2½ cups boiling water.
2 teaspoons salt.
1 pound ground lean beef.
1 tablespoon shortening.
2 medium-sized onions.
¼ teaspoon pepper.
½ cup catsup.
1 tablespoon brown sugar.
2 tablespoons vinegar.
2 teaspoons Worcestershire sauce.
and 1 teaspoon mustard.

Rinse limas, add water and boil 2 minutes. Cover and let stand 1 hour. Add 1 teaspoon salt and simmer 1-to 1½ hours, until tender. Brown beef in shortening. Chop onions, add to meat, and cook until transparent.

Add remaining teaspoon salt and all ingredients, including limas and cooking liquid. Turn into baking dish. Bake in moderate oven (350 degrees F.) about 1 hour.

Makes 5 to 6 servings.

Beef bake

Summertime — when living is relaxed and casual, and hot dishes are prepared ahead in the cool of the morning.

Then, last minute baking is done just before serving out-of-doors. "Lima Beef Bake" is just such a casserole which can be made, all but the final baking, in the early morning hours and put in the oven an hour before eating.

A crisp tossed salad, refreshing iced tea and cool evening breeze are the perfect accompaniments.

• • •

1506 12-42

1498 9-18

Two-Piece Glamour-Top fashion news for fall is the well-mannered suit-dress that makes you looking your best and is so comfortable to wear.

Such a dress is No. 1506 with Patt-O-Rama included. This pattern comes in sizes 12, 14, 16, 18, 20, 40, and 42. Size 14, with short sleeves, requires 5 1/8 yards of 35-inch material.

• • •

JUNIORS ADORE the pretty long waisted frock. It's so youthful and shows off a slim figure to perfection.

No. 1498, with Patt-O-Rama included, is in sizes 9, 11, 13, 14, 16, and 18. Size 11, sleeveless, requires 4 7/8 yards of 35-inch material.

• • •

SEND 35 Cent in coins for each pattern to Iris Lane, AFRO-AMERICAN Pattern Department, Box 438, Midtown Station, New York 18, N.Y.

Plum salad

Fresh plums, golden cantaloupe balls and plump dark prunes make a delightful summer fruit salad.

A French dressing made with lemon juice, and slightly sweetened, is good with this "Prune Plum Salad."

Prune Plum Salad requires:
16 cooked prunes.
4 fresh plums.
2 cups cantaloupe balls.
French dressing.
and lettuce.

Pit prunes. Peel plums, cut from pits in wedges and stuff into each prune. Arrange stuffed prunes on each of 4 garnished salad plates.

Place several cantaloupe balls between prunes. Serve with French dressing.

Serves 4.

Clean rugs last, stay bright long

If rugs and carpets are to wear well and stay attractive they must be kept clean, a bulletin from the New York State Extension Service emphasizes.

Dirt on the surface dulls the color of the rug; embedded grit wears and cuts the fibers. Damage from clothes moths and carpet beetles is less likely to occur when rugs are kept clean. The time to spray rugs against these insects is after they have been thoroughly cleaned.

Where there is heavy traffic on a rug, daily cleaning with a vacuum cleaner or carpet sweeper may be needed. A light vacuuming will pick up much of the soil before it works down and becomes embedded in the fiber. Lee frequently give the rug a longer, more thorough vacuuming.

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ANYTHING SPILLED on the rug should be removed at once. Blot up as much as possible with a soft cloth or absorbent tissue. Then sponge the area with a soft cloth wrung out of a mixture of 1 teaspoon mild synthetic detergent to 1 cup lukewarm water. Use a circular motion, beginning at the outer edge and working in. Blot up the solution and rinse with clear water.

If the spot does not disappear, try a mixture of 1 teaspoon of white vinegar and 3 teaspoons lukewarm water. Finish by sponging with a cloth dampened in lukewarm water.

SURFACE SOIL can be removed from rugs with an absorbent cleaner or shampoo, but such home cleaning does not remove the embedded soil. Professional cleaners today are equipped to clean rugs thoroughly at the plant or to do on-location cleaning for most types of wall-to-wall carpeting.

Professional cleaning at the cleaning plant is most thorough because plans have special machines to wash, rinse and remove water from rugs and have drying rooms engineered for correct temperature and air circulation.

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For each free apron, just send two Breast-O'-Chicken labels (either chunk style or solid pack) to Box 2-A, Hollywood, California. Allow 2 to 3 weeks for delivery. Order now, for this offer expires September 15, 1956.

Clubs
LA CHARMAMATES — The social club had a gay party in the home of the president, Miss Catherine Edison, 2560 W. Lafayette Ave.
Attending were:
Misses S Shirley Davis, secretary; Jeanette Thelm, treasurer; Doris Jackson, business manager; Estelle Cephus, vice president;
Messrs. and Mesdames Harry Goodman, William Baker Mark Baker;
Mesdames Nancy Sewell, Lauretta Thompson, Dolores Jackson, Audrey Mack, Helen Griffin;
Preston Griffin, Alex Mathews, Karl Smith, Charles Bland.
WEEK-END STUDY
WASHINGTON — Miss Dorothy Day will direct a study weekend at Maria Laach Farm near Burnley, Va.

BROOKDALE FARMS
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MEATY HALF FRYERS
Large Size ..... 4 Halves $1.00
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Ritters Pork & Beans 15½-oz. Jar 10c
Esskay Lard 2 lbs. 25c
Ground Beef 3 lbs. 89c
Veal Breast lb. 19c
Md. Chief Kidney Beans 303 can 10c
U. S. Commercial ROUND or Sirloin Steak lb. 59c
Lean Sugar Cured Smoked Picnics 6 to 8 lb. average 33c lb.
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