RACE PROGRESS ALONG PENNSYLVANIA AVENUE

Many Enterprises Operated By Colored Business Men Along This Thoroughfare.

A stroll down Pennsylvania avenue these days reveals interesting signs of race progress. Besides the many eating places and barber shops that abound on that thoroughfare, there are a numer of other enterprises run by men and women of the race.

Starting south at Lafayette Market, one encounters the offices of Who was tendered a testimonial the Peoples Beneficial Society, and on the second floor of the same building is located Lane's photograph studio. A little further on is the office of the Baptist Voice, is the office of the Baptist Voice, and just before Lafayette avenue is reached is the Smith Tea and Coffee store. Near Lanvale street is the well appointed tailoring establishment of Nixon Brothers and the Renard moving picture parlor. In the next block is Daly's Palm Gar- Preparing to Elect New D. den, with the largest soda fountain in the city and moving pictures to attract patrons. Across the street just now, Mrs. Annie E. Brown is holding evangelistic services night-

Passing Hoffman street there are several soda fountains maintained and operated by colored proprieseem to think that the day of other sentatives.

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children will be kept there a week, places. Owing to the fact that the soceity has just paid off its mortgage on the Delight property, it is cratic. greatly in need of funds and will appreciate any assistance from those charitably disposed.

An excursion was given Wednesday to Brown's Grove to raise funds for the work. Miss Ida R. Cummings, of 1234 Druid Hill avenue, is president.

Dr. Scott's Appointments

dent of the colored Methodist Pro- M. C., two years; Jerre Harrison, testant Conference, has announced M. C., two years; Benjamin S. Turthe following assignments of minner, M. C., two years; Benjamin S. Tur(Special to The Afro-American Ledger.) 118 W. LEXINGTON St isters: Tyson Church, West Roland Rapier, M. C., two years; Joshua Park, Alfred Baker; Lutherville, T. Walls, M. C., six years; Robert members of St. Luke M. E. Church W. H. Bradley; Gillis Memorial D. Large, M. C., two years; John are making great preparations to Stockton street, Dr. B. H. Knight; H. Hyman, M.C., two years; James Towson, J. H. Manokey; Lock Ra. E. O'Hara, M. C., four years; H. Meeting at their closing session at ven, J. H. Smith; Easton and P Cheatam, M. C., four years; the church next Wednesday. An Greensboro, C. H. Handy; Bayview, George H. White, M.C., four years; all day program will be presented Mrs. AnnieE. Johnson; Anne Arun- John R. Lynch, M. C., six years; and a dinner served the ministers. W. Dowry; I street, Washingon; J. John M. Langston, M. C., two ing their new home E. Meredith; Washington mission-years. ary, J. E. Scott; West Phialdelphia, J. A. K. Boyd; South Philadelphia, J. H. Handley, Rodman street, Philadeplhia, W. P. Howard; and Washington evangelist, Mrs. Mary Demby.

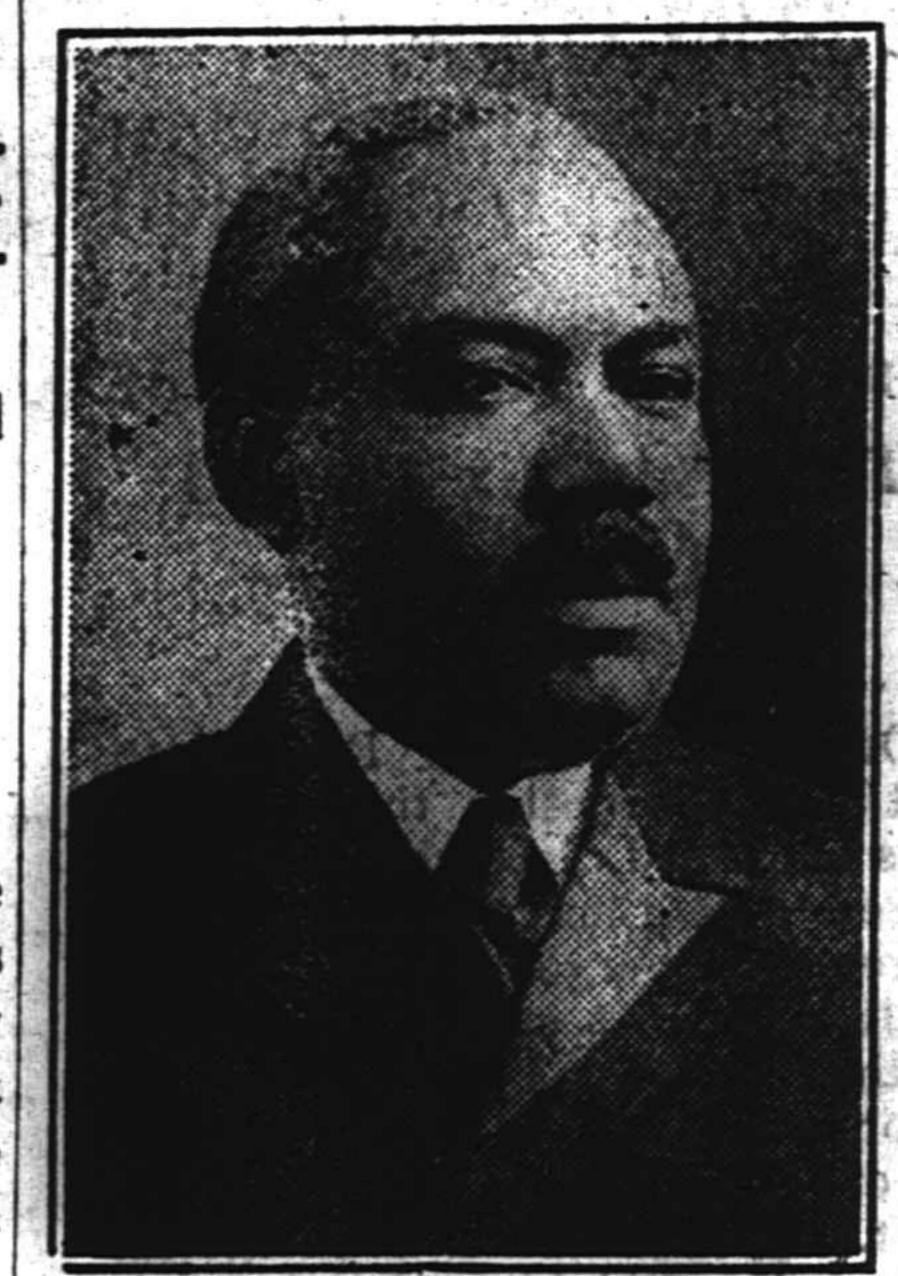
Gun Club Elects Officers

ed officers for the year as follows: have courage to face the issue of Dr Richard Baker, president; H. every day life. Williams, vice president; William Taking the virtues of St. Paul as Murray, secretary; Daniel H. Mur- an example, he advised that the phy, assistant secretary; William young man cultivate a life for fam-Bowers, treasurer; W. B. Madden, ily, for God, for the weak and suffassistant treasurer; William A. ering. White, captain; Luther Tucker, "God has always raised leaders committee.

Weekly meets will be

To Make A Trip Abroad

Prof. D. S. S. Goodloe, principal of the Maryland Colored Normal ingelder of the Washington dis-School, at Bowie, will make a trip trict, will preach at the church this through France, Switzerland, Ger- Sunday morning. many, Algiers, Italy, and other points abroad this summer. He plans for increasing the usefulnes Georgia Green, or Richmond, Va. of the school.



banquet by citizens of Baltimore.

President And Members of House of Representatives.

As the whole country is now They gave the collection, amounttors and near the corner Greenwiltalking politics and preparing to ing to \$46.20, to the pastor of the Where you can SHOES Repaired select the next President and memchurch.

Get Your SHOES Equal to New. ing picture and vaudeville house. bers of the next House of Repre- Messrs. James E. Howard, Chas. The changing aspect in favor of ra- sentatives, it may be interesting Spriggs, and Mrs. Nash, and Jones cial enterprises has been noticed to note that two colored men have are still on the sick list.

A number of colored men were home Tuesday attendom.

also elected to Congress, including C. Curtis, D. D. officiated at the funeral.

Pinchback but they funeral.

Pinchback but they To Begin Its Summer Work failed to get seated. The first col- Hon. W. H. Bates and Messrs. The Fresh Air and Empty Stock- Senate was H. R. Revels, who, ceeding nicely in their business. ored man to serve in the United Downs and W. H. Brown are sucing Circle will begin its summer by the irony of fate, succeeded Drs. Millener, Norwood, and work today by taking a party of Jefferson Davis, president of the Gashchire are doing a good practice children to the farm of the society Confederacy. The last man was and have the well wishes of the Hon. George H. White, who rep- people of Annapolis. resented a North Carolina district when another party will take their from 1907 to 1911. The disfranchisement law, passed by that State in 1898, made the district Demo-

71; B. K. Bruce, six years, 1875- given by the Baltimore county Bridge Work \$5.00. Fillings 50 cents 1881; Joseph H. Rainey, M. C., Teachers Association. Forty-first to Forty-fifth Congress, The trustees of Bazel Chapel A.M. ten years; R. B. Elliot, M. C., two E. Church will give a lawn fete on years, ten months; R. H. Caine, M. July 23. They had a successful C., four years; Robert Smalls, M. rally Sunday. C., six years; Thomas H. Miller, Rev. Dr. Edward W. Scott, presi- M. C., two years; Alonzo J. Rainer

Bishop Walters At

In a sermon at the Pennsylvania A. M. E. Zion Church last Sunday night, Bishop Alexander Walters The Rod and Gun Club has elect- declared that young men should

R. H. Butler, Augustus Gross Sam- for the race," he said, "whether uel Waters Frederick Leon Alex- they were to be workers along reander Freeman B. Hall, board of ligious, educational or political governors; S. H. Boston, W. T. lines. The great need for the race Turner, Henry Brown, Charles today is that we have men of cour-Page, and Robert Woods, house age to fight for that which they believe is right and against that The Club held a shoot on the which is wrong. The religious, political, and educational needs of held on Saturday during the sum- the race need men of courage, not strong, to lead them, and the young man who would be in the fore front in that work has a great fu-

ture before him."

has just completed a successful first | Miss Mary Nash, of 561 Mosher year as principal of the Normal street, gave a reception in honor School, and has already perfected of her cousins, Misses Maire and Thursday of last week.

Snow Hill Notes

(Special to The Afro-American Ledger.)

Rev. A. J. Green, a recent graduate of Clayton Will am University, preached all day at the Mt. Zion Baptist Church.

Mr. John Edward Ginn, is still on the sick list. The children's day exercises at

the Mt. Wesley M. E. Church, were a success. Mr. Charles Waters took a party

of friends to Mt. Wesley in his handsome automobile. Mrs. Celia Dale gave a card

party Friday night. Several people have gone to Ocean City, Md., to spend the sum-

Mrs. I. D. Paine was the guest BISHOP JOHN HURST, D. D. of Mrs. Lizie Meyers last week. Mrs. Alice Robins has opened an ice cream parlor on Wharf street.

Annapolis Jottings

(Special to The Afro-American Ledger.) Annapolis, Md., July 1, 1912.— PRESIDENT THE TALK The Fairbanks Society had their annual sermon preached in Mt. Moriah A. M. E. Church last Sunday

night by the Rev. L. C. Curtis, D.

The society was founded by Rev. some years ago and today it is one of the largest societies in the city see you. including some of the leading men and women here in its membership It has over one hundred juvenile members.

Cockeysville Items.

(Special to The Afro-American Ledger.) The full list of colored senators | Cockeysville, July 4.—Many perand congressmen follows: Hiram R. sons of this community enjoyed the Revels, United States senator, served trip to Greenwood Electric Park twelve months and ten days in 1870- Monday, June 24, to the picnic

Reisterstown, Md.

del County missionary, H. H. Jeff Long, M. C., two years; Rev. and Mrs. L. A. Carter, who Thomas; F. Street, Washington, R. Charles E. Nash, M. C., two years; were married last week, are occupy-

> The Misses Emma and Gertrude Gough of 907 Mrytle avenue, and Miss Grace Alexander, of 510 Druid Penna. Ave. Zion Church Hill avenue, left the city July 2 for the North, where they will spend their summer.

DIET AND HEALTH HINTS

By DR. T. J. ALLEN Food Specialist

DISADVANTAGES OF BEING

"Fat people are not healthy," says Dr. F. M. Pottinger. "They are considered poor risks from the standpoint of longevity, prone to suffer from diseases of the heart, arteries and kidneys. Any person with reasonable powers of digestion can be made fat by overfeeding, but when this has been done little has been gained." It is better to be ten pounds under than over weight. Persons who live to be old are nearly always lean. The vitality required to circulate the blood and carry on the other processes of nutrition in fifty pounds of superfluous flesh is a serious handicap, not to mention the loss of muscular energy required to carry the superfluous weight. Copious water drinking, simple diet and exercise are the natural means for reducing weight, drugs being aiways injurious in such case. .

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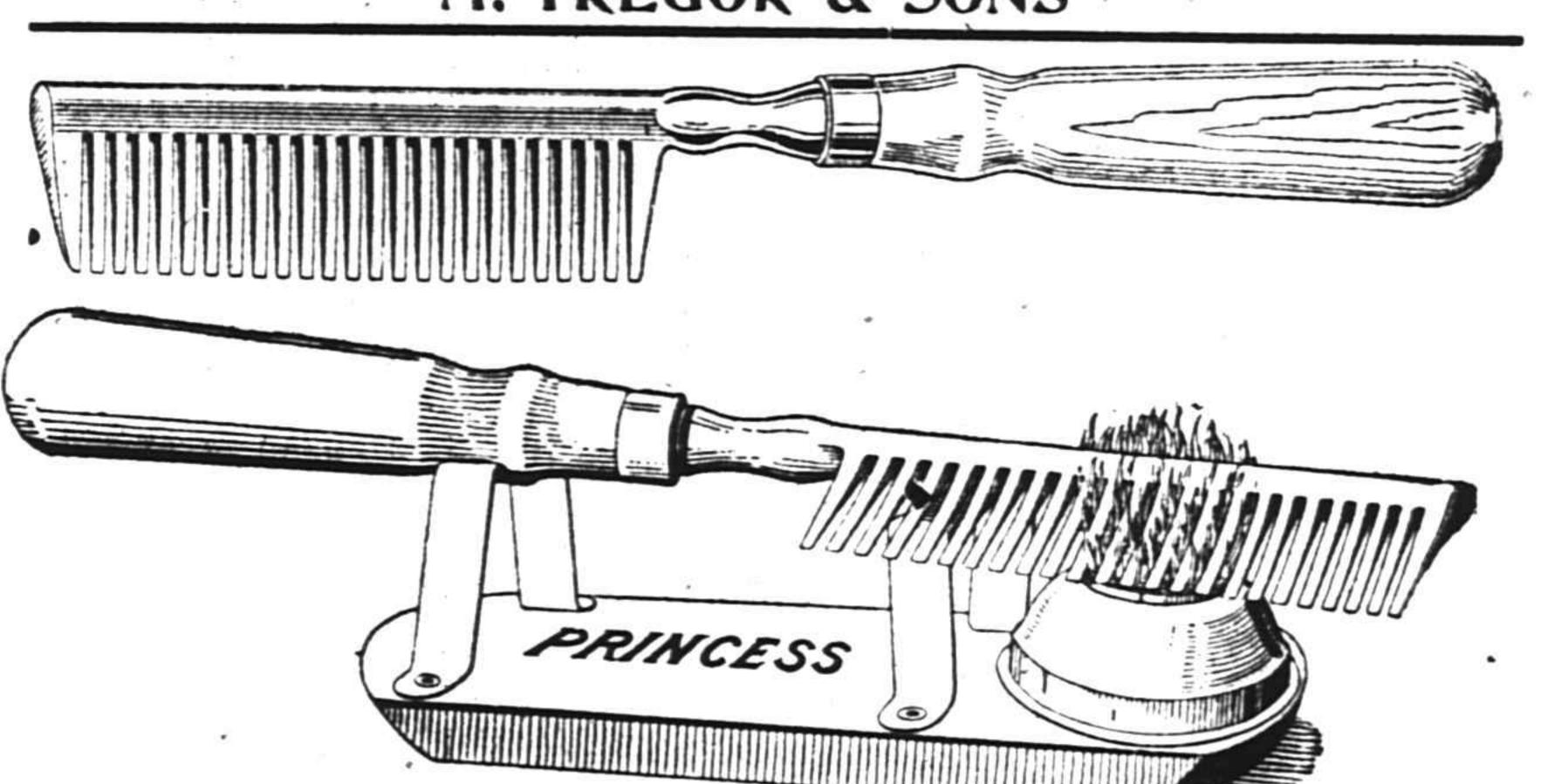
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