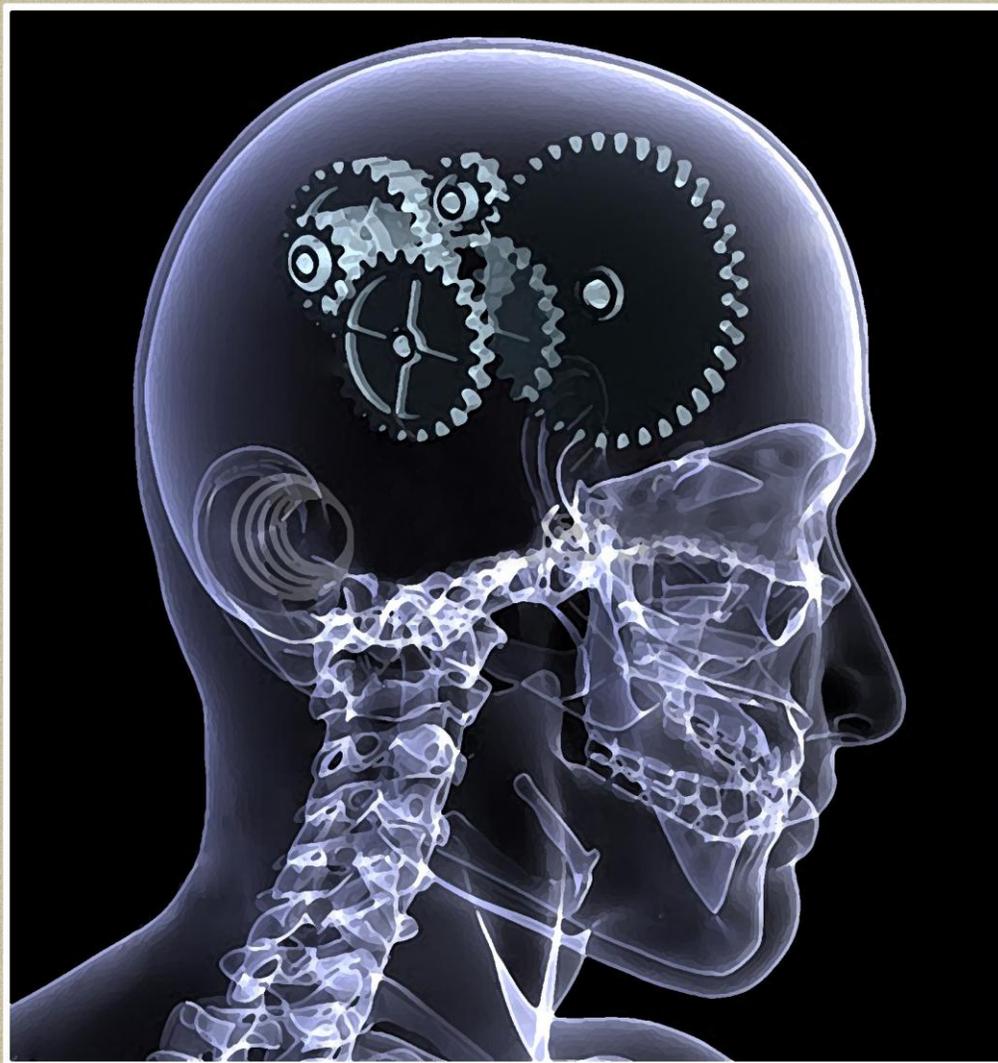


Maryland  
**Traumatic Brain Injury  
Advisory Board**



2010  
**Annual Report**

November 29, 2010

c/o Mental Hygiene Administration  
Spring Grove Hospital/ Dix Building  
55 Wade Avenue  
Catonsville, MD 21228

The Honorable Martin O'Malley, Governor  
State House - 100 State Circle  
Annapolis, Maryland 21401 - 1925

Thomas V. Mike Miller, Jr., President of Senate  
State House, H-107  
Annapolis, Maryland 21401 - 1991

Michael Erin Busch, Speaker of House of Delegates  
State House, H-101  
Annapolis, Maryland 21401 - 1991

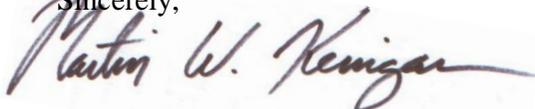
Dear Governor O'Malley, Senator Miller, and Delegate Busch:

The Maryland State Traumatic Brain Injury Advisory Board is required to issue an annual report to the Governor and the General Assembly by §13-2105(6) of the Health General Article in accordance with § 2-1246 of the State Government Article. The enclosed report summarizes the actions of the Advisory Board and contains recommendations pertaining to the unmet needs of Marylanders with traumatic brain injury and appropriate services to best meet those needs. The State of Maryland has an opportunity to address the long-term care and medical care needs of individuals with brain injury as it implements the provisions of the Affordable Care Act and reforms Maryland's long term care system.

The enclosed report contains five recommendations which the Board believes represent the needs of individuals with brain injuries and their families and significant others living in the state of Maryland. It is critical that the State of Maryland implement these recommendations, which are essential to improving the lives of individuals with brain injuries and their families living in the state. The recommended actions will lead to better outcomes for individuals with brain injuries, and can ultimately save the state of Maryland money

If you have any questions or require additional information, please contact me through Stefani O'Dea, Chief of Long Term Care, Maryland Mental Hygiene Administration at (410) 402- 8476, or by email to [sodea@dhhm.state.md.us](mailto:sodea@dhhm.state.md.us)

Sincerely,

A handwritten signature in dark ink, reading "Martin W. Kerrigan". The signature is written in a cursive style with a long, sweeping underline.

Martin Kerrigan, Chair

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<b>3</b>	Develop a continuum of care to meet the complex neurobehavioral and medical needs of individuals with moderate to severe brain injuries.
<b>4</b>	Fully Fund Brain Injury Resource Coordination Services Statewide
<b>5</b>	Properly identify, place, and provide services for students with Traumatic Brain Injury (TBI).

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## **Executive Summary:**

***There were a total of 48,372 emergency department visits, hospitalizations and deaths for TBI in 2008/09, an increase of 53% over 2004/05.***

The Maryland Traumatic Brain Injury Advisory Board has five recommended actions for the State of Maryland in the coming year. Though there are many issues affecting Marylanders living with brain injury and their families and caregivers, the Advisory Board feels that these five recommendations are crucial to the continued improvements in successful outcomes for residents of Maryland living with brain injury.

## **Recommendations**

1. Establish the State of Maryland Brain Injury Dedicated Trust Fund;
2. Modify Eligibility for the Home and Community-Based Services Waiver for Adults with Traumatic Brain Injury to include: (a) change in the definition of traumatic brain injury, and (b) inclusion of individuals in private nursing facilities in program eligibility;
3. Develop a continuum of care to meet the complex neurobehavioral and medical needs of individuals with more moderate to severe brain injuries;
4. Fund brain injury resource coordination services statewide; and
5. Properly identify, place, and provide services for students with Traumatic Brain Injury (TBI).

## **Overview:**

The Maryland TBI Advisory Board (The Board) feels it is important to address the needs of all Marylanders affected by brain injuries. Brain Injuries can be caused by traumatic events such as motor vehicle accidents or falls or acquired as a result of a medical condition or problem such as anoxia or brain tumors. Regardless of the cause, the impact of a brain injury can be devastating. The severity of brain injury is measured from mild to moderate to severe. The result of a brain injury can be chronic, debilitating and progressive in nature. The Brain Injury Association of America ascertains in their March 2009 position paper, *Conceptualizing Brain Injury as a Chronic Disease*, that traumatic brain injury impacts multiple systems, is a disease causative and a disease accelerative, and should be paid for and managed on par with other diseases.

For many individuals who experience a moderate to severe brain injury, and a minority of those who sustain a mild brain injury and continue to experience lingering symptoms, the effects of the brain injury can be severe and long lasting. Individuals with brain injury, especially those with moderate to severe injuries, are at risk of a wide array of social and health related problems such as unemployment, substance abuse, social isolation, criminal activity, suicide, homelessness, co-morbid medical and behavioral health conditions and may ultimately require long-term services and supports to promote the on-going recovery process. This subset of individuals with brain injury is also likely to utilize public healthcare such as that offered through Medicare and State Medicaid programs.

***Nationally, TBI (during 1st year post injury) is associated with an estimated \$642 million in lost wages, \$96 million in lost income taxes and US dollars, \$353 million in increased public assistance. (Source: D. Burnhill, Maryland Division of Rehabilitation Services ABI Initiative)***

The potential high cost of care and services for individuals utilizing public healthcare systems presents the State of Maryland with an opportunity to implement programs and opportunities that will promote recovery and reduce the long term financial burden on public programs. Thirty years ago, only 50% of all people who sustained a brain injury survived. That number has now been increased to 78%. Trauma centers continue to save more individuals with brain injury, and advances in emergency medicine and improvements in diagnostic procedures, monitoring devices, and treatment methods have increased the survival rates from catastrophic injuries including brain injuries.

Maryland has a fragmented system of high quality services and programs. Valuable resources exist but the complexity of the system and the lack of coordination between public and private programs often precludes Marylanders from receiving the optimum care and support to promote recovery from brain injury. Maryland's existing community service system is complex and difficult to navigate. People with brain injuries may receive services from programs designed for other targeted populations with limited to no specialized services for their particular injury and resulting disability. Maryland lacks adequate data necessary to provide a comprehensive assessment of the number of individuals with brain injury currently served by providers, state agencies, hospitals, and school systems, their service utilization and related costs to the State of Maryland. Maryland state agencies providing services to individuals with disabilities do not currently disaggregate data to track individuals with brain injury, making it difficult to measure the effectiveness of the programs for this population or to plan for its growing needs.

***The lifetime cost of TBI is \$39 billion for fatalities; \$17 billion for hospitalization and \$4 billion for non-hospital care. (Source: Finkelstein, Corso, Miller, et al. Incidence and Economic Burden of Injuries in the United States. Oxford Press, 2006.***

### **Data:**

#### **MARYLAND**

In Maryland, an estimated 61,970 individuals are living with a long-term disability as a result of a brain injury, based on the Center for Disease Control (CDC) prevalence estimate of 1.1% applied to the state's 2008 population.

The Maryland Department of Health and Mental Hygiene, Family Health Administration, collects data on TBI-related deaths, hospitalizations, and emergency department (ED) visits, and recently completed an analysis of this data for the years 2004-2008/09.

#### **The available figures describe an escalating public health issue.**

- During /2009, nearly 7,000 Maryland residents were discharged from a Maryland hospital after inpatient treatment for TBI - an average of 19-20 discharges daily. The number of annual TBI-related discharges in 2009 had increased by about 5% over the number in 2005.
- Maryland residents have increasingly sought treatment for TBI in the state's Emergency Departments. During 2009, 40,725 TBI-related visits were recorded. This number is dramatically greater (68%) than the 24,312 observed just 4 years earlier (2005).
- During 2008, Maryland averaged a loss of nearly two residents to TBI-related death every day. Despite the evidence of rapidly increasing, medically significant TBI, the

number of TBI-related deaths of Maryland residents has not risen as dramatically. In 2004, TBI-related deaths numbered 667 while 2008 saw the loss of 701 Maryland lives, an increase of 5% over the total 5-year study period. This is still larger than the estimated population growth in Maryland for the same period (less than 2%).

## **UNITED STATES**

*Every 19 seconds in the United States a brain injury occurs.* A CDC funded study reported in Dec 2008 found that a conservatively estimated 1.1% of the U.S. civilian population or 3.17 million people were living with a long-term disability from TBI at the beginning of 2005.

According to the CDC, each year there are an estimated 1.7 million people in the United States that sustain a TBI including:

- 51,538 deaths
- 275,146 non-fatal hospitalizations (not resulting in death)
- 1,364, 797 ED visits not resulting in hospitalizations or death
- Total 1,691,481 estimated annual average number of emergency department visits, hospitalizations and deaths for TBI

TBIs comprise 4.8% of all injuries seen in emergency department visits and 15.1% of all hospitalizations. Of all the injury related deaths in the United States, TBI was a contributing factor 30.5% of the time.

During the period 2002 through 2006:

- TBI-related emergency department visits increased by 14.4%,
- hospitalizations increased by 19.5%, and
- deaths increased by 3.5%. The estimated population in the United States increased by 3.8% during the same period.

(Source: Statement at bottom of Blue Book page 14).

# Recommendations

## RECOMMENDATION # 1

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### Establish the State of Maryland Dedicated Brain Injury Trust Fund

**FACT:** In 2010 more than 40,000 Marylanders will sustain a life-altering Traumatic Brain Injury (TBI) requiring an Emergency Department and/ or Hospital visit. More than 7,000 people will be hospitalized. In addition, many wounded warriors receiving treatment in Maryland for TBI will choose to remain here once separated from the armed forces.

#### **JUSTIFICATION:**

**These staggering statistics put a large burden on an already revenue-strapped state budget.** To help alleviate that situation, the Maryland Traumatic Brain Injury Advisory Board to the Governor (The Board) urges the immediate creation of a State Dedicated Brain Injury Trust Fund (The Trust Fund) to provide services that are urgently needed now for the increasing numbers of our residents who have, or will have, a TBI and who have exhausted all other resources. The need for The Trust Fund has been demonstrated, the revenue funding sources are available, and grassroots support is strong; **Maryland cannot afford to wait any longer to create The Trust Fund; its creation will save the state money by minimizing Maryland's rising financial burden with respect to TBI.**

Based on review of the other 21 state TBI Trust Funds (with 7 additional states actively considering a similar fund), the Trust Fund Committee of The Board, with input from members of the Legislature, the Brain Injury Association of Maryland, the Maryland Brain Injury Providers Council, and Brain Injury Support Groups throughout the state, developed legislation for creation of The Trust Fund. The Board recommends the main source of funding be a 25% additional charge to persons fined under Maryland Motor Vehicle Laws, and to also include convictions from speed and red light cameras in all Maryland jurisdictions. Some of the urgently needed services/supports include: cognitive and physical rehabilitation, neuropsychological evaluations, specialized transitional services, nursing home and institutional diversion services, neurobehavioral health services, individual case management, assistive technology assessment and equipment, community re-entry services, housing/residential needs, transportation services, and support of prevention and awareness programs. These critical services are essential to the rehabilitation and recovery of individuals with a brain injury, allowing them to reach their full potential and return as productive members of our communities.

A strong coalition is in place to support the establishment of The Trust Fund. The Governor has given us his commitment to continued collaborative efforts to improve the lives of Marylanders living with brain injury. The Board is strongly recommending the Governor submit Recommendation #1 as an Administrative Bill in the 2011 legislative session. The Board looks forward to working with the Governor and legislators with these continuing collaborative efforts to secure the creation of The Trust Fund.

#### **RECOMMENDED ACTION:**

- The Governor should require the introduction of legislation in the upcoming legislative session to establish a Brain Injury Trust Fund in Maryland and create an oversight board to administer the funding.

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## RECOMMENDATION # 2

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### **Modify eligibility for the Home and Community-Based Waiver for Individuals with Traumatic Brain Injury.**

- Change the definition of traumatic brain injury to a functionally based definition that is inclusive of non-traumatic injuries and illnesses that result in deficits and needs that are similar to the traumatic brain injury population.**
- Include individuals with brain injury residing in private nursing facilities in the technical eligibility criteria for the program.**

***Fact:** On June 22, 2009, the Center for Medicare and Medicaid Services (CMS) published in the Federal Register an advanced notice of proposed rules making two major changes to the HCBS Waiver program. One is to offer States the option to develop waivers based on need as opposed to waivers based on categorical or diagnostic conditions. CMS noted that many States have used a HCBS waiver as a component of their Olmstead Plan compliance to provide options for community services and supports in lieu of institutionalization. CMS has proposed this rule to remove barriers so that services and supports are based on needs, rather than diagnosis or existing dedicated funding streams.*

#### **JUSTIFICATION:**

The Medicaid Home and Community Based Services Waiver for Adults with Traumatic Brain Injury (TBI Waiver) was established in July of 2003 and renewed by CMS for an additional 5 years in July of 2006. The program will be renewed again in 2011. This presents an opportunity for the Maryland Department of Health and Mental Hygiene to implement needed changes and modifications to the program design including eligibility criteria and available services.

While the Department of Health and Mental Hygiene (DHMH) has expanded access to the TBI waiver via Maryland's Money Follows the Individual policy, the TBI waiver remains closed to individuals with non-traumatic brain injuries such as anoxia or brain tumors even if the service needs of the individual mirrors the needs of an individual who sustained a traumatic brain injury such as a closed head injury resulting from a fall or motor vehicle accident. Additionally, the TBI Waiver remains closed to individuals with brain injury residing in private nursing facilities, yet over 2000 Marylanders with TBI currently reside, and receive long term care services, in nursing facilities in Maryland according to results from a study conducted by The Hilltop Institute at the University of Maryland, Baltimore Campus (UMBC). The study also found that the longer a person with TBI stays in a nursing facility, the higher the Medicaid costs over time. Additionally, the average costs to Medicaid for a long stay (over 300 days) is \$101,064 for Medicaid beneficiaries with brain injury and a few individuals have costs as high as \$423,006 annually.

#### **RECOMMENDED ACTIONS:**

- Require the Department of Health and Mental Hygiene to gather CMS and stakeholder input to review and modify the definition of traumatic brain injury found in COMAR 10.09.46.
- Require the Department of Health and Mental Hygiene to conduct a study of the 2000 individuals that have been identified in Maryland nursing facilities to determine what

types of home and community based services would best meet their needs in order to transition to the community and whether the Department's current options counseling efforts to Maryland nursing home residents are reaching this population and/or resulting in successful community transitions.

- Require MHA to increase the number of qualified TBI waiver providers to meet the increasing demands for the program.

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## RECOMMENDATION # 3

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### **Develop a continuum of care to meet the complex neurobehavioral and medical needs of individuals with moderate to severe brain injuries.**

**FACT:** *It has been estimated that approximately three (3%) to ten percent (10%) of individuals who sustain a brain injury require long term, intensive supports because of neurobehavioral issues (BIAA/McMorrow).*

#### **JUSTIFICATION:**

While awareness of the cognitive and physical changes that occur after a brain injury and the subsequent rehabilitative needs are becoming increasingly familiar to the public and to healthcare providers, the behavioral changes and challenges resulting from a brain injury remain an under-recognized and under-treated issue. Yet behavioral deficits are a major impediment to the brain injury recovery process and impact an individual's ability to engage in rehabilitation, return home to family, return to work, maintain personal safety, and adapt to societal expectations. Common behavioral challenges include verbal and physical aggression, agitation, limited self-awareness, altered sexual functioning, impulsivity and social disinhibition (*NASHIA, 2006*). The literature suggests that agitation and aggression develops in 20-49% of children who sustain a TBI and 25-33% of adults who sustain a TBI, usually within one year of sustaining the injury (*Kim et. al. 2007 & Baguley, Cooper, Flemingham 2006* ). Risk factors for developing aggression and agitation include frontal lobe lesions, preinjury history of substance abuse, preinjury aggression, multiple brain injuries, and depression.

While the prevalence of significant, chronic neurobehavioral disorders are low, the acuity of the problem is high. Individuals with brain injury who experience significant neurobehavioral and neuropsychiatric challenges require specialized and integrated treatment programs designed for those with brain injury that do not readily exist in Maryland. These programs are essential to ensuring the safety of these individuals as well as the communities they live in. Those who reach this level of need have almost always depleted any personal resources they or their family may have and often are not successful when participating in those available services that are not equipped to deal with complex neurobehavioral issues, which are also often coupled with co-occurring mental health and substance abuse disorders. The majority of these individuals therefore become dependent on public resources and state funding to access the neurobehavioral treatment that is needed. When such services are not available within a state, many states (including Maryland) resort to paying for specialized services out of state ranging in price from \$500-\$900.00/ per day.

An increasing number of states (AL, GA, FL) have created taskforces, studies, and neurobehavioral state plans to address the missing points on the state's service continuum. States have begun to identify the economic and social costs associated with the lack of appropriate services such as high rates of incarceration and hospitalization and homelessness among the brain injured population. The CDC reports that as much as 87% of the prison population in the U.S. has sustained at least one TBI. States have experienced class action lawsuits on behalf of individuals with brain injury who are institutionalized in nursing facilities (MA, FL), some of whom are being managed in secure behavioral units, or state psychiatric hospitals (MD) because

of the lack of available resources in the community. Individuals get “stuck” in Emergency Departments and community hospitals because appropriate and safe discharge options are not available.

**RECOMMENDED ACTION:**

- Require the Department of Health and Mental Hygiene to obtain stakeholder input and develop a plan to expand inpatient and outpatient neurobehavioral treatment options. This plan will include expansion of the capacity of Maryland’s neurorehabilitation programs to address the neurobehavioral needs of individuals with brain injury and expansion of the TBI Waiver program as a step down from the inpatient programs.

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## RECOMMENDATION # 4

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### Fund Brain Injury Resource Coordination Services Statewide

**FACT:** *In 2009, there were 6,946 individuals with TBI admitted to hospitals and 40,765 individuals diagnosed with a TBI, treated and released from emergency rooms across the State of Maryland, an increase of 68% over the past 4 years.*

**JUSTIFICATION:**

Only 5 counties out of 24, have brain injury resource coordination.

Brain Injury Resource Coordination → Faster access to appropriate and cost effective services  
→ Better outcomes for survivors and families → Less dependency on State funding and resources

Brain injury causes long-term catastrophic changes to an individual and their family. Most individuals who sustain a brain injury are unable to navigate Maryland's complex human service system in order to access the services they need to maximize their function and potential. Additionally, human service professionals are not familiar with brain injury and the type of specialized rehabilitation this population needs. Timely and specialized rehabilitation is needed for this population to gain as much function, both cognitively and physically, in order to decrease dependency on publicly funded long-term care.

The Brain Injury Resource Coordination Project was developed by the Mental Hygiene Administration (MHA) in 2003 but has been funded to provide resource coordination in only 5 of the 23 counties in Maryland: Montgomery, Baltimore, Howard, Frederick, and Washington. Some of the many services provided are listed below. The Brain Injury Association of Maryland receives over 9000 calls per year from other individuals with brain injury and caregivers for help in finding and coordinating these services. Given the numbers of Maryland residents who have sustained a brain injury, the State is currently not providing adequate resource coordination for these individuals or their caregivers, which includes access to and assistance with:

Residential services	Medication Management	Legal Assistance
Rehabilitative services	Mental Health Services	Transportation
Benefit assistance	Crisis Intervention	Long-term care issues
Vocational services	Substance Abuse Services	Family Education
Physician Referral	Workers Compensation	
Military System Navigation	Military/ Veteran's Systems	
Ethical & End of Life Issues	Ombudsman Services	
Return to School issues	Insurance Explanation/Advocacy	

The consequences of not providing resource coordination are costly and dire, to the individual, the family and the State of Maryland. National brain injury related data across the country on homelessness, incarceration, families in crisis, use and abuse of emergency rooms for care, and substance abuse is staggering. Resource coordination is a nationally recognized, cost-effective, client-centered approach to managing services and maximizing outcomes.

**RECOMMENDED ACTION:**

- Allocate 1.2 million dollars to expand Resource Coordination statewide.

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## RECOMMENDATION # 5

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### **Appropriately identify and provide services for children and youth with brain injuries.**

**FACT:** *“In Maryland, in 2009 alone there were 1,112 documented hospital admissions from individuals aged birth – 21 that received the diagnosis of traumatic brain injury (TBI). The total for the years 2005 – 2009 is 6,571. At the same time there are only 306 students identified, statewide in both public and non-public educational settings, as having TBI.”*

#### **JUSTIFICATION:**

There is a significant discrepancy between medical data and data from the Maryland State Department of Education regarding the number of school aged individuals that incur a TBI every year compared to the number of students currently identified as having a TBI. Without proper identification, students with a diagnosis of TBI cannot be served appropriately and therefore their ability to be successful in school as well as in their transition to adulthood is compromised. As a result, the lack of proper identification increases the likelihood of this population of children consuming valuable State resources both now and in the future, as adults. The Maryland State Department of Education (MSDE) and the Brain Injury Association of Maryland (BIAM) have collaborated on several initiatives including concussion awareness and the provision of training in several counties related to TBI. In addition, the MSDE has provided grant funds to support local school systems’ attendance at the annual BIAM conference.

#### **RECOMMENDED ACTIONS:**

- Increase public and professional awareness of brain injury in children and youth.
  - Assist in the identification of students with brain injuries and provide strategies and resources to support them.
  - Target key personnel in the diagnosis process, including parents and key stakeholders and role players in the school system such as school psychologists, school nurses, guidance counselors, general and special educators, pupil personnel workers, athletic directors and coaches, etc.
  - Include a question regarding TBI or head trauma on screening paperwork and in response to intervention meetings.
  - Support training opportunities for families, students, and school personnel related to all degrees of brain injury.
- Increase the awareness of “moderate” and “mild” TBI including concussions and their prevalence in school aged children, as well as improve dissemination of concussion awareness trainings to athletic departments, coaches, and trainers.
- The creation of a “Brain Injury Specialist” position to be piloted in a specific region. This position would include providing technical assistance, support, and trainings to local education agencies.
- Assist in updating the existing education module and the dissemination of that resource.
- Continue to foster the relationship between BIAM and MSDE to include continued participation in and sponsorship of the annual BIAM conference, as well as other resources.

## **History of the Board:**

The Maryland Traumatic Brain Injury (TBI) Advisory Board was established in 2005 by House Bill 309 (Article Health General Section 13-2101 through 13-21-06) and was given the charge of advising the state legislature and the governor on the impact of brain injury on the state of Maryland. The Board is responsible for writing an annual report with recommendations regarding needed services and supports for individuals living with brain injury as well as prevention efforts. The board consists of experts in the field of brain injury, professionals who work with individuals with brain injuries, representatives from state agencies, advocacy organizations, individuals with brain injury and family members and caregivers of individuals with brain injuries. A list of Advisory Board members is attached as Appendix A.

The Board has established one standing committee, SAFE (Survivors and Families Empowered). The SAFE committee was created as a place for the members of the Maryland Traumatic Brain Injury Advisory Board who are living with a brain injury or who are family members of individuals with brain injuries, to feel support and to foster a sense of unity in board matters.

Prior to each Advisory Board, the SAFE Committee meets for an hour to review issues and allows survivors and family members to work together to be able to “speak” for individuals and families living with brain injury. One of the main goals of the committee is to ensure that individuals with brain injury and family members are active participants in Advisory Board meetings and activities. The “meetings before the meeting” allow members to clarify any misunderstandings as well as provide members the opportunity to join together and discuss issues with which they are living as survivors of brain injury and as family members. It is this sense of camaraderie that is one of the most valued aspects of the SAFE subcommittee. The Board is truly fortunate to have the SAFE committee and Maryland is fortunate to have this consumer led advisory board.

## **Maryland Accomplishments:**

Since the establishment of the Maryland TBI Advisory Board progress has been made to improve the system of services and supports available to Marylanders with brain injury. Through active participation in a multitude of committees, workgroups, and task forces, the Board has been able to promote public and private collaborations. Some of the Board’s successes include:

- Initiated in July 2006, the goal of the Governor’s Employment Initiative for People with Acquired Brain Injuries was to assure the employment success of individuals with acquired brain injuries who require long-term ongoing support services through the provision of intensive vocational rehabilitation services. To date 180 individuals have been identified for the program with an active census of 135; the rehabilitation rate is an impressive 77%; the average wage is \$10.70/hour and the average hours employed per week is 24.
- Maryland families and the provider community continually advised the Board about the lack of insurance coverage for medical and rehabilitative services for both acute and long-term care needs. Responding to these concerns, the Board requested that the Maryland Insurance Administration (MIA) conduct a market analysis to identify patterns

and practices of insurers, health maintenance organizations and non-profit health service plans. While the MIA survey did not find a pattern of inappropriate denials of care for this population, it did uncover problems with prompt payment to providers of rehabilitation services. It also underscored the need for carriers and providers to work together to assist families coping with brain injury to understand coverage limitations and to explore other options for coverage. The Board thanks Delegate Kumar Barve for his responsiveness to the TBI Advisory Board and his leadership in this initiative.

- The Board is committed to brain injury prevention and minimizing the severity of injury after an accident and wearing motorcycle helmets has been proven to prevent or minimize the severity of injury. Louisiana's all-rider helmet repeal in 1999 caused motorcycle deaths to double (*National Highway Traffic Safety Administration [NHTSA] 2003*). This resulted in reinstatement of Louisiana's helmet law in 2004. Texas repealed its all-rider helmet law in 1997. The number of motorcycle fatalities increased by 31 percent. Arkansas also repealed its all-rider helmet law in 1997 and experienced a 21 percent increase in motorcycle deaths (NHTSA 2000). An evaluation of data collected for the Florida Department of Transportation demonstrates that since its all helmet law repeal in 2000, motorcycle deaths have risen almost 42 percent (NHTSA).

# APPENDIX A

## Maryland Traumatic Brain Injury Advisory Board Members

### **Stefani O’Dea**

Department of Health and Mental Hygiene  
Mental Hygiene Administration  
Catonsville, Maryland

### **Greg Ayotte**

Brain Injury Association of Maryland  
Towson, Maryland

### **Mary Beachley**

Maryland Institute for Emergency Medical Services Systems  
Baltimore, Maryland

### **Diane Bolger**

Department of Health and Mental Hygiene  
Developmental Disabilities Administration  
Baltimore, Maryland

### **Theresa Thompson**

Department of Health and Mental Hygiene  
Office for Genetics and Children with Special Healthcare Needs  
Baltimore, Maryland

### **Teresa Ingle**

Representing Individuals with Brain Injury  
Annapolis, Maryland

### **Grace Anyadike**

Department of Health and Mental Hygiene  
Alcohol and Drug Abuse Administration  
Catonsville, Maryland

### **Mary Lou Coppinger**

Representing Families/Caregivers of Individuals with Brain Injury  
Baltimore, Maryland

### **Pamela Harman**

Veteran’s Administration  
Washington D.C.

### **Sandy Davis**

Brain Injury Association of Maryland  
Owings Mills, Maryland

### **Adrienne Walker Pittman**

Representing Individuals with Brain Injury  
Baltimore, Maryland

**Nathaniel Fick**  
Brain Injury Association of Maryland  
Fick & May  
Towson, Maryland

**Gayle Hafner**  
Maryland Disability Law Center  
Baltimore, Maryland

**Paul Hartman**  
Representing Individuals with Brain Injury  
Frederick, Maryland

**Renata Henry**  
Representing Maryland Department of Health and Mental Hygiene  
Baltimore, Maryland

**Martin Kerrigan**  
Representing Individuals with Brain Injury  
Columbia, Maryland

**Vassilis Koliatsos, MD**  
The Neuropsychiatry Program at Sheppard Pratt  
Baltimore, Maryland

**Karen McQuillan**  
R Adams Cowley Shock Trauma Center  
Baltimore, Maryland

**Sharon West**  
Maryland State Department of Education  
Baltimore, Maryland

**Major Randall B. Russin**  
Representing Maryland Law Enforcement  
Baltimore County Police Department  
Towson, Maryland

**Laurie Elinoff**  
Representing Individuals with Brain Injury  
Millersville, Maryland

**Terry Kirtz**  
Representing Families/Caregivers of Individuals with Brain Injury  
Washington Grove, Maryland

**Jan Caughlan**  
Healthcare for the Homeless  
Baltimore, Maryland

**Jo Anne Materkowski**  
Maryland State Department of Education  
Baltimore, Maryland

**Diane Triplett**  
Brain Injury Association of Maryland  
Baltimore, Maryland

**George Thorpe**  
Family Health Administration  
Department of Health and Mental Hygiene  
Baltimore, Maryland

**Christine Deeley Wood**  
Representing Families & Caregivers  
Montgomery County, Maryland

**Cari Watrous**  
Maryland Department of Disabilities  
Baltimore, Maryland

**Michael Weinreich, PhD**  
National Institute of Health  
Bethesda, Maryland

**Denise White**  
Department of Health and Mental Hygiene  
Baltimore, Maryland

**Sean Westley**  
Representing Families/Caregivers of Individuals with Brain Injury  
Baltimore, Maryland

**Richard Zeidman**  
Representing Families/Caregivers of Individuals with Brain Injury  
Rockville, Maryland

**Angela Baldwin**  
Representing Individuals with Brain Injury  
Silver Spring, Maryland

Staff To The Board

**Nikisha Marion**  
Mental Hygiene Administration  
Catonsville, Maryland

**James Reinsel**  
Maryland Department of Disabilities  
Baltimore, Maryland

# APPENDIX B

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## Maryland Data

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Traumatic Brain Injury (TBI-related) Deaths, Hospitalizations, and  
Emergency Department Visits – Five Year Experience, 2003 – 2007,  
Family Health Administration, Maryland Department of Health and Mental  
Hygiene

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See data tables and charts prepared by Family Health Administration on pages 20 to 22.  
TBI- related Deaths, Maryland Residents, 5-year experience: 2004-2008 inclusive

**Years**

	2004	2005	2006	2007	2008	04-08
<b>No. of Deaths</b>	667	661	675	730	701	<b>3,434</b>

**Age of decedents** - 2 records did not specify the decedent's age (less than 0.06%)

00 - 04	XX	XX	XX	XX	XX	<b>32</b>
05 - 14	18	7	6	11	10	<b>52</b>
15 - 24	103	112	107	104	78	<b>504</b>
25 - 34	77	73	79	78	86	<b>393</b>
35 - 44	94	86	86	99	72	<b>437</b>
45 - 54	88	89	90	84	104	<b>455</b>
55 - 64	62	67	79	79	59	<b>346</b>
65 - 74	58	61	58	59	61	<b>297</b>
75 - 84	90	101	85	117	120	<b>513</b>
85 & Over	72	60	75	90	106	<b>403</b>

**Gender of decedents**

Female	149	152	171	194	202	<b>868</b>
Male	518	509	504	536	499	<b>2,566</b>

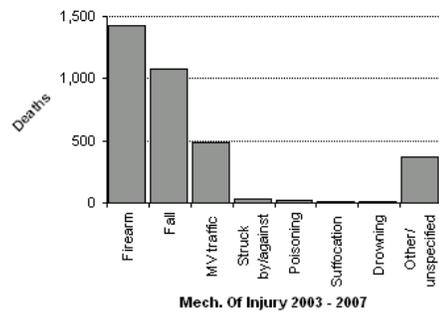
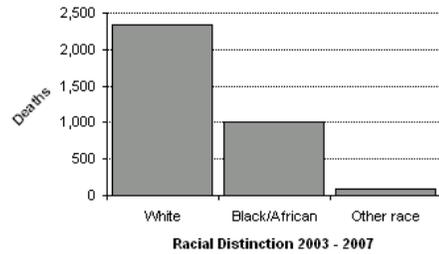
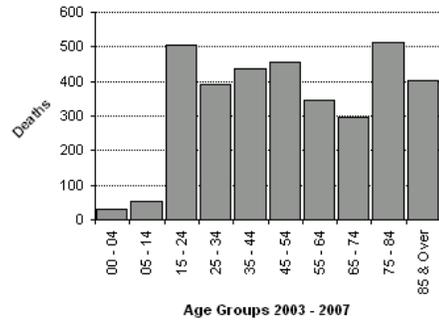
**Race of decedents**

White	450	447	449	508	493	<b>2,347</b>
Black/African	200	197	213	205	188	<b>1,003</b>
Other race	17	17	13	17	20	<b>84</b>

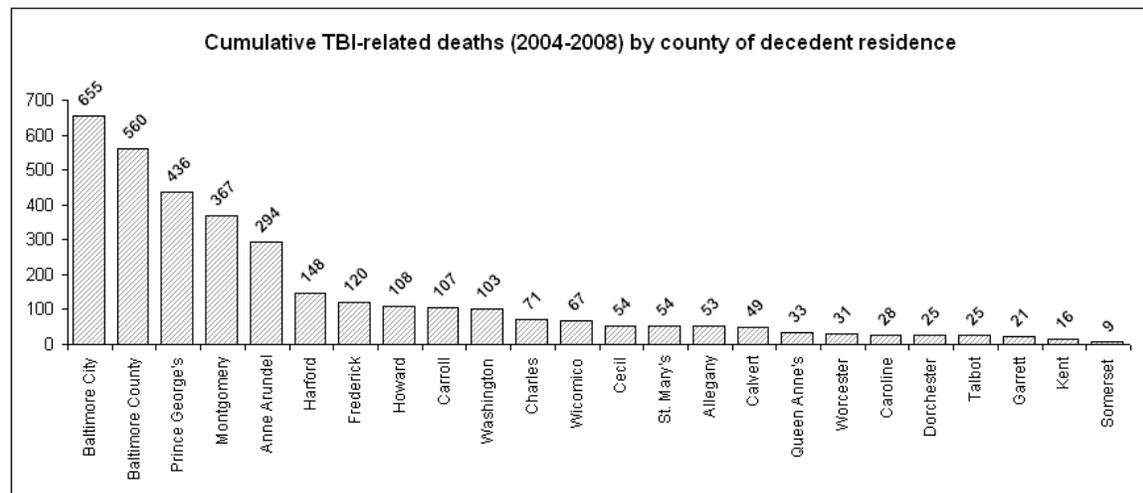
**Mechanism [or agent] of injury**

Firearm	274	298	295	280	262	<b>1,429</b>
Fall	185	193	209	244	246	<b>1,077</b>
MV traffic	108	78	95	108	94	<b>483</b>
Struck by/against	XX	XX	XX	XX	XX	<b>32</b>
Poisoning	XX	XX	XX	XX	XX	<b>17</b>
Suffocation	XX	XX	XX	XX	XX	<b>14</b>
Drowning	XX	XX	XX	XX	XX	<b>10</b>
Other/ unspecified	78	72	67	87	68	<b>372</b>

XX = suppressed cell counts to preserve confidentiality



**Geography: Decedent's County of Residence**

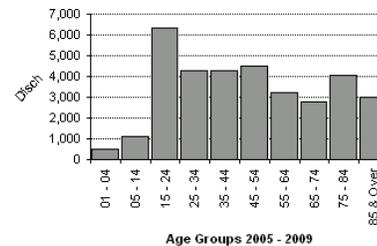


**TBI- related Inpatient Hospital Discharges (non-fatal), Maryland Residents/Maryland Hospitals**  
**5-year experience: 2005-2009 inclusive**

	Years					05-09
	2005	2006	2007	2008	2009	
<b>Hospital Discharges</b> <sup>1,2</sup>	6,619	6,792	7,039	7,056	6,946	<b>34,452</b>

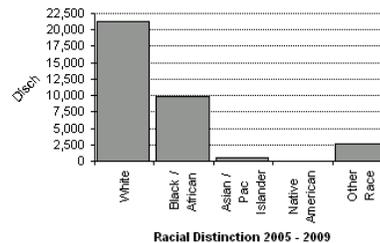
**Age of Injured**<sup>1,2</sup> - 2 discharges did not specify the patient's age (less than 0.01%)

00 < 01	89	82	99	95	107	<b>472</b>
01 - 04	102	103	97	93	96	<b>491</b>
05 - 14	240	226	251	191	194	<b>1,102</b>
15 - 24	1,311	1,394	1,322	1,238	1,045	<b>6,310</b>
25 - 34	862	890	868	878	770	<b>4,268</b>
35 - 44	944	898	877	805	750	<b>4,274</b>
45 - 54	850	881	862	944	957	<b>4,514</b>
55 - 64	565	610	640	674	710	<b>3,199</b>
65 - 74	479	453	571	605	658	<b>2,766</b>
75 - 84	696	740	827	871	898	<b>4,032</b>
85 & Over	479	515	605	662	761	<b>3,022</b>



**Gender of Injured**<sup>1,2</sup> - 12 discharges did not specify the patient's gender (less than 0.04%)

Male	4,234	4,344	4,411	4,397	4,258	<b>21,644</b>
Female	2,380	2,448	2,625	2,655	2,688	<b>12,796</b>

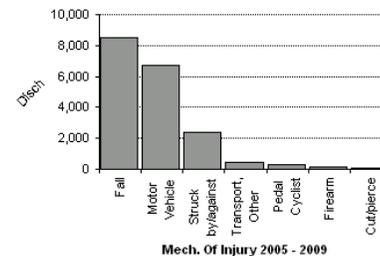


**Race of Injured**<sup>1,2</sup> - 108 discharges did not specify the patient's race (approx 0.3%)

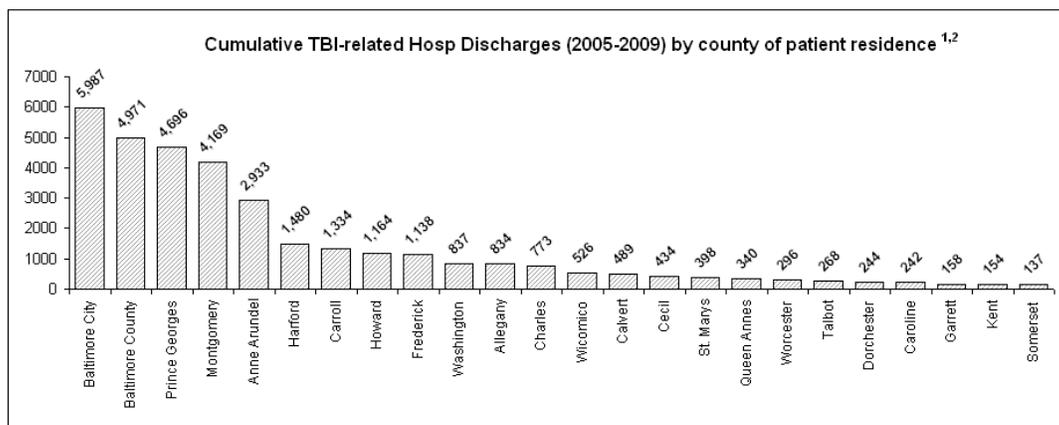
White	3,997	4,124	4,417	4,433	4,308	<b>21,279</b>
Black / African	1,944	2,020	1,981	1,938	1,975	<b>9,858</b>
Asian / Pac Islander	86	92	109	113	121	<b>521</b>
Native American	6	6	13	10	21	<b>56</b>
Other Race	525	543	498	551	513	<b>2,630</b>

**Mechanism of injury**<sup>1,3</sup> - based on 20,729 discharges having Principal Dx of TBI

Fall	1,450	1,467	1,776	1,824	1,964	<b>8,481</b>
Motor Vehicle Traffic	1,369	1,551	1,427	1,256	1,100	<b>6,703</b>
Struck by/against	480	544	440	472	453	<b>2,389</b>
Transport, Other	108	99	92	70	68	<b>437</b>
Pedal Cyclist (not MVA)	65	54	66	61	61	<b>307</b>
Firearm	28	41	35	21	34	<b>159</b>
Cut/pierce	21	30	31	19	9	<b>110</b>
Other/ Unspecified	461	369	404	462	427	<b>2,143</b>



**Geographical distribution**<sup>1,2</sup> - County of Residence - not including 450 discharges of Marylanders whose resident county was not specified.



<sup>1</sup> All cases are Discharges of persons who Survived to discharge. Any hospital stay during which the victim died is not counted.

<sup>2</sup> Based on cases where a TBI diagnosis was identified anywhere among the several diagnoses associated with the patient's hospitalization.

<sup>3</sup> Table is limited to cases where a TBI diagnosis was the Principal Discharge Diagnosis - clearly the main reason for the hospital stay. A valid External Cause code found in the primary 'E-Code' position of the discharge record indicates the mechanism.

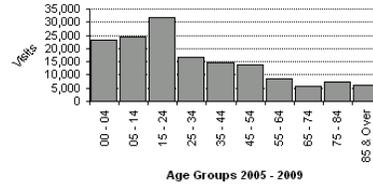
If no valid E-Code was found, then the record was classified to the 'Other/Unspecified' category.

## TBI- related Emergency Department Contacts, Maryland Residents/Maryland Hospitals 5-year experience: 2005-2009 inclusive

	Years					05-09
	2005	2006	2007	2008	2009	
<b>Emerg. Dept. Visits<sup>1</sup></b>	24,312	24,995	30,857	31,983	40,725	<b>152,872</b>

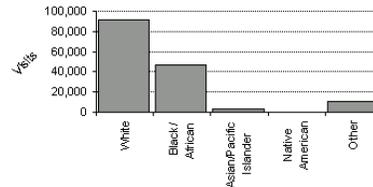
**Age of Injured<sup>1</sup>** - 2 visits did not specify the patient's age (less than 0.002%)

00 - 04	3,714	3,897	4,667	4,718	6,128	<b>23,124</b>
05 - 14	4,076	4,052	4,907	4,921	6,641	<b>24,597</b>
15 - 24	5,101	5,478	6,461	6,601	8,216	<b>31,857</b>
25 - 34	2,749	2,689	3,361	3,596	4,451	<b>16,846</b>
35 - 44	2,497	2,532	3,042	3,086	3,668	<b>14,825</b>
45 - 54	2,141	2,152	2,726	2,909	3,779	<b>13,707</b>
55 - 64	1,214	1,261	1,684	1,833	2,521	<b>8,513</b>
65 - 74	829	866	1,216	1,238	1,683	<b>5,832</b>
75 - 84	1,124	1,162	1,547	1,671	1,983	<b>7,487</b>
85 & Over	867	905	1,246	1,410	1,654	<b>6,082</b>



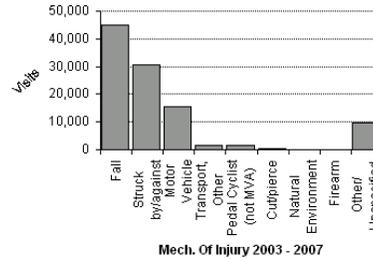
**Gender of Injured<sup>1</sup>** - 20 visits did not specify the patient's gender (less than 0.02%)

Male	13,621	13,953	17,238	17,487	21,627	<b>83,926</b>
Female	10,690	11,041	13,618	14,489	19,098	<b>68,926</b>



**Race of Injured<sup>1</sup>** - 479 visits did not specify the patient's race (approx 0.3%)

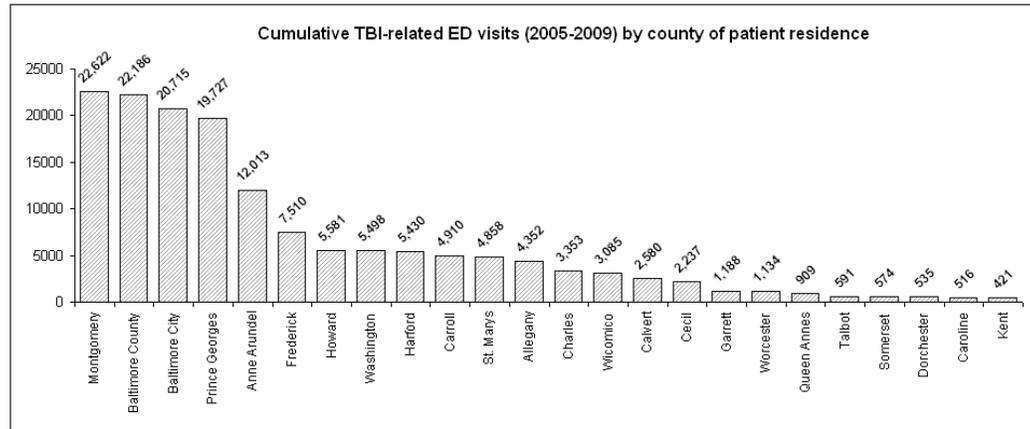
White	14,690	15,465	18,574	18,854	24,250	<b>91,833</b>
Black/ African	7,547	7,391	9,494	10,089	12,600	<b>47,121</b>
Asian/Pacific Islander	407	449	547	569	775	<b>2,747</b>
Native American	53	52	87	86	87	<b>365</b>
Other	1,527	1,564	2,052	2,289	2,895	<b>10,327</b>



**Mechanism [or agent] of injury<sup>2</sup>** - based on 105,091 visits w/ *Principal Dx* of TBI

Fall	6,982	7,059	8,940	9,253	12,910	<b>45,144</b>
Struck by/against	4,931	5,393	5,967	5,992	8,356	<b>30,639</b>
Motor Vehicle Traffic	2,647	2,728	3,084	3,142	4,010	<b>15,611</b>
Transport, Other	283	324	351	329	400	<b>1,687</b>
Pedal Cyclist (not MVA)	279	248	296	333	447	<b>1,603</b>
Cut/pierce	45	50	50	79	60	<b>284</b>
Natural Environment	24	30	34	38	51	<b>177</b>
Firearm	17	38	38	20	29	<b>142</b>
Other/ Unspecified	1,537	1,742	2,028	1,984	2,513	<b>9,804</b>

**Geographical distribution<sup>1</sup>** - County of Residence - not including 347 Emergency visits of Marylanders whose resident county was not specified.



<sup>1</sup> Based on cases where a TBI diagnosis was identified anywhere among the several diagnoses associated with the patient's visit AND a specific Emergency Dept. service charge was recorded in the outpatient/ambulatory care record.

After July 2007, it is possible to discern that during 1180 of these visits, the patient died in the Emergency Department.

<sup>2</sup> Table is limited to cases where a TBI diagnosis was the *Principal Emergency Diagnosis* - clearly the main reason for the visit. A valid External Cause code found in the primary 'E-Code' position of the discharge record indicates the mechanism.

If no valid E-Code was found, then the record was classified to the 'Other/Unspecified' category.

After July 2007, it is possible to discern that during 966 of these visits, the patient died in the Emergency Department.

# APPENDIX C

## Trust Fund Development At A Glance

“A Look at TBI Trust Fund Programs” 2006. Department of Health and Human Services Health Resource and

### TRUST FUND DEVELOPMENT AT-A-GLANCE

Date Ratified	State	Revenue Sources	Estimated Revenue	Program Focus
1985	PA	All traffic violations	\$3 million	Assessment, short-term community-based rehabilitation services, transition case management
1988	CA	.066 of state penalty fund	\$1 million	7 regionally based projects addressing community support needs
1988	FL	DUI, BUI, moving viol, motorcycle tag, temp license tag	\$17 million	Acute care, rehabilitation, community integration, nursing home transition, case management, Medicaid match, prevention, registry, special project grants
1991	MA	speeding, DUI	\$6.8 million	Non-recurring, short-term community support services
1991	MN	DUI	\$1 million	Registry, resource and service coordination
1991	TX	felonies and misdemeanor	\$10.5 million	Inpatient, outpatient, and post-acute rehabilitation services
1992	AZ	civil & criminal	\$2 million	Public information, prevention, education, community rehabilitation, transitional living, surveillance
1993	AL	DUI	\$1.5 million	Registry, resource coordination
1993	LA	DUI, speeding	\$1.5 million	Community-based services and supports
1993	TN	speeding, reck. op., DUI, rev. license.	\$750-950,000	Registry, grants for 10 community-based projects
1996	MS	DUI moving viol.	\$3.5 million	Registry, waiver match, services, transitional living, prevention, education, recreation
1997	NM	moving violations	\$1.5 million	Service coordination, life skills training, crisis interim services
1997	VA	license reinst. fee	\$1.2 million	Grants for community-based rehabilitation projects, applied research projects
1998	GA	DUI	\$2.3 million	Community-based services and supports, support groups, AT
1998	KY	percent of court costs	\$3.3 million	Community-based services and supports, surveillance registry
2002	CO	speeding DUI	\$1.5 million	Care coordination, services, research, education
2002	HI	traffic offenses	\$600,000	Service coordination, education, public awareness, registry
2002	MO	Cost of court	\$800,000	Counseling, mentoring, education
2002	NJ	car registration	\$3.8 million	Community-based services and supports, public awareness, education
2003	MT	car registration	\$8,117	Advisory Council, grants for public awareness, prevention education
2004	CT	reckless driv., speeding DUI	\$300,000	Undetermined – may focus on resource coordination